



INE | INSTITUTE OF
NUTRITIONAL
ENDOCRINOLOGY

Nutritionally Oriented Physical Exam: Face

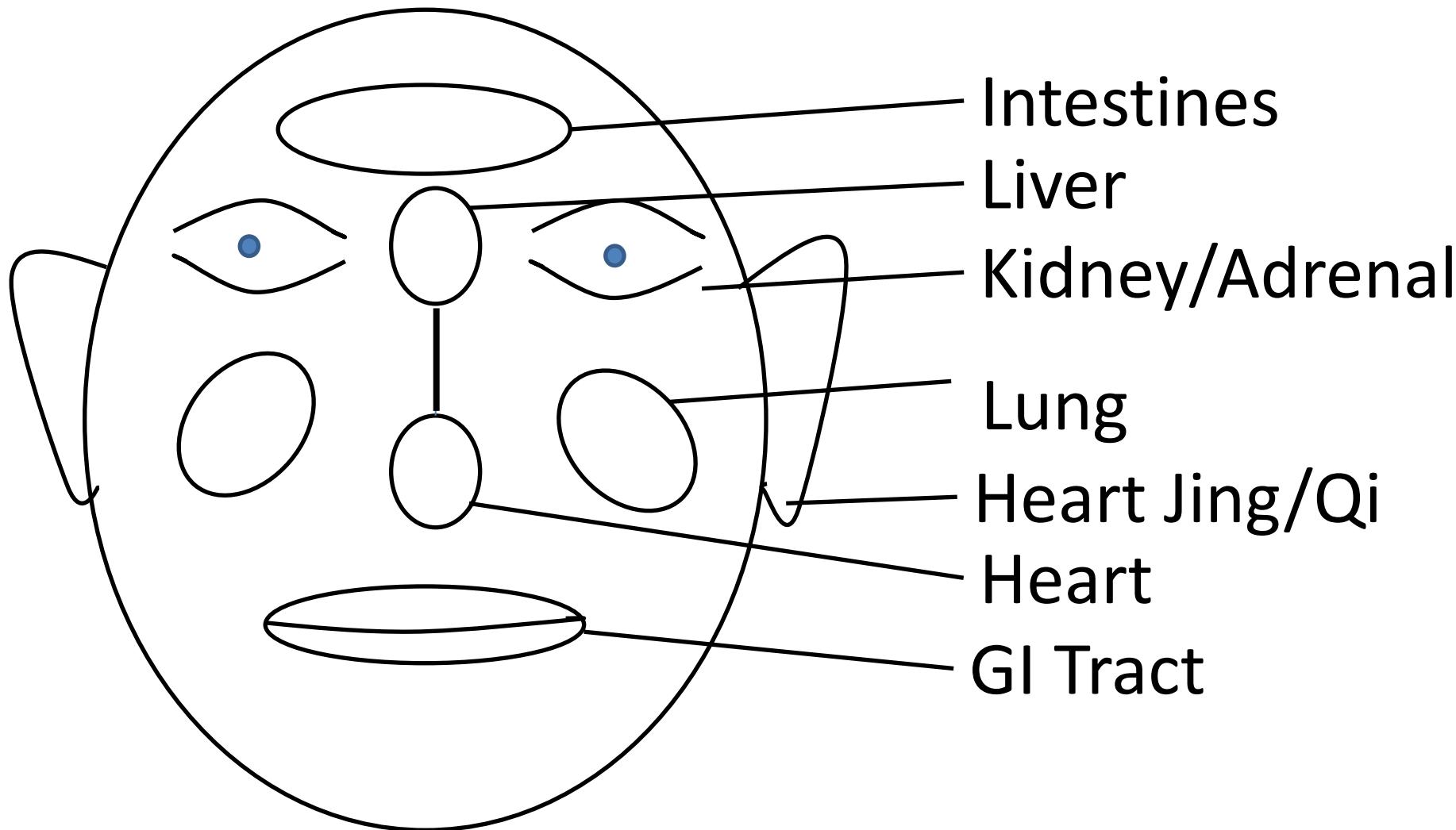
Dr. Ritamarie Loscalzo



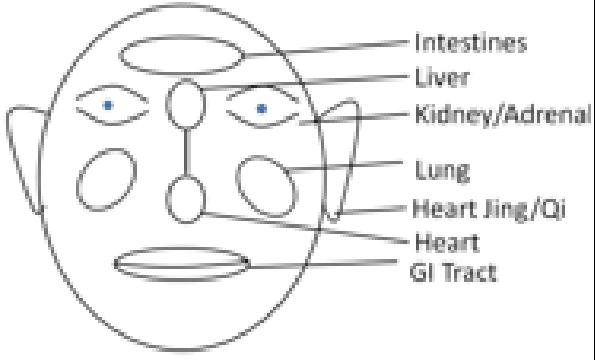
Medical Disclaimer: The information in this presentation is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Ritamarie Loscalzo, drritamarie.com, and the experts who have contributed. We encourage you to make your own health care decisions based upon your research and in partnership with a qualified health care professional.



Face Mapping



Face Evaluation

	Circle all that apply	Possible interpretation
	Facial color: Yellow	Liver, gallbladder issues
	Facial color: Ashen gray	Lung problems, shock
	Facial color: Red	High blood pressure, alcoholism
	Facial color: Bluish	Heart stress
	Facial color: Copper	Iron overload
	Facial color: Brown	Kidney stress
	Red cheeks	Lung heat
	Ear lobe creases	Heart stress
	Long earlobes	Strong constitution
	Creases between eyes	Liver stress
	Crack between chin and lips	Ileocecal valve problems
	Bulbous nose	Alcohol excess, acne
	Acne	Decreased stomach acid, deficiencies of zinc, essential fatty acids, consumption of "bad" oils

