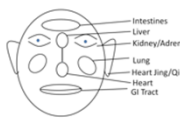


INE: Nutritionally Oriented Physical Exam - Face



Face Evaluation	
Circle all that apply	Possible interpretation
Facial color: Yellow	Liver, gallbladder issues
Facial color: Ashen gray	Lung problems, shock
Facial color: Red	High blood pressure, alcoholism
Facial color: Bluish	Heart stress
Facial color: Copper	Iron overload
Facial color: Brown	Kidney stress
Red cheeks	Lung heat
Ear lobe creases	Heart stress
Long earlobes	Strong constitution
Creases between eyes	Liver stress
Crack between chin and lips	Ileocecal valve problems
Bulbous nose	Alcohol excess, acne
Acne	Decreased stomach acid, deficiencies of zinc, essential fatty acids, consumption of "bad" oils

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