

Sequoia@All: i can hear

Sequoia@All: that's sounds a great idea to track your progress online what is the platform called?

Sequoia@All: what about the food dogma module, will that come before or after sleep?

Sequoia@All: looks interesting <http://ambitionally.com/accessally/>

martha SV@All: MY PIN # IS NOT WORKING AND i'VE TRIED BOTH

martha SV@All: THE EMAIL ONE WAS WRONG AND i FIGURED IT OUT BY USING JOINME

martha SV@All: YES

martha SV@All: HELLO

You@All: 428920

martha SV@All: OK THANKS

Sequoia@All: what about the food dogma module, will that come before or after sleep?

Sequoia@All: <https://www.nlm.nih.gov/bsd/pmresources.html>

Sequoia@All: <http://www.greenmedinfo.com/>

martha SV@All: a good ethical search engine recommended by Carolyn Dean Md is goodgopher

Jamie@All: <http://www.sci-hub.io/>

Michele@All: how can i get the websites mentioned on the chat before I joined?

Michele@All: will the chat be saved so I can go back and find those resources?

Jamie@All: is it possible to share my screen and go over a DUTCH test? I have a question about the effects of taking oral hormones

Sequoia@All: Oh yes when are we going to share those micronutrient papers?

Michele@All: I came on the chat late so the older posts are not showing up for me.

Jamie@All: just downloading

Michele@All: thank you, Ritamarie

Sequoia@All: can we share the dutch test on the screen?

Michele@All: If your saliva tests show that your progesterone is higher than estrogen levels, would there be a need to get a Dutch Test?

You@All: <http://s3.amazonaws.com/drritamarie/materials/INE/INE-TheIntricateWebOfHormoneRelationships-VideoSlides.pdf>

Valerie@All: Thank you for going through that

Sequoia@All: Yes that was very useful to go through while being able to see the Dutch test

Sequoia@All: Thanks Jamie

Jamie@All: tks Squoia, you're welcome, glad you found it helpful, I find the DUTCH tests very helpful

Jamie@All: \*Sequoia

Toni@All: Great information! Thanks for sharing Jamie!

Michele@All: I just wanted to share that even through I'm new to NEPT, I found your going over the DUTCH test with Jamie very educational. It really inspires me to learn more so that I can help clients in this way also.

martha SV@All: love the sharing...great way to learn. and be encouraged

Sequoia@All: can I ask a question about security?

Jamie@All: Toni, Michele, Martha - you're all very welcome. Tks Ritamarie for reviewing it :)

Jamie@All: Dr Carrie Jones from Precision Hormones (DUTCH) is also really helpful if you have questions

Michele@All: will you be sending out an email when the recording and chat are ready to listen and read?

Michele@All: okay. thanks! I'd like to get the info about the resources for studies

Sequoia@All: security <https://www.hushmail.com/business/healthcare/>

Michele@All: okay thanks so much!!!!

Sequoia@All: im on the phone

Jamie@All: dutchtest.com

Jamie@All: tks everyone