

Lab Resource List

For Licensed Practitioners:

If you are a licensed practitioner, you can set up an account with any of the following labs to run functional lab tests.

- **DiagnosTechs:** Adrenal Stress Index saliva panels, male, female premenopausal cyclic, post-menopausal; my favorite lab for Adrenal Testing. My preference is to use a panel that includes 4 cortisols (or 6 for people with sleep problems), 2 DHEAs, usually averaged, Secretory IgA and progesterone. <http://www.diagnostechs.com>
- **Genova/Metametrix:** 24-hour Comprehensive Urine Steroid panel, saliva, digestive tests, amino acids, organic acids, heavy metals, minerals testing, allergy testing and more. <http://www.gdx.net>
- **Meridian Valley Lab:** 24-hour Comprehensive Urine Steroid panel, saliva hormone panels, allergy testing. <http://meridianvalleylab.com>
- **Doctor's Data:** Offer hair, stool and urine, heavy metals, amino acid panels, and more. <http://www.doctorsdata.com>
- **Cyrex:** Cyrex is a Clinical Immunology Laboratory Specializing in Functional Immunology and Autoimmunity. Cyrex offers multi-tissue antibody testing for the early detection and monitoring of complex autoimmune conditions. <https://www.cyrexlabs.com/>
- **ALCAT:** The Alcat Test is a lab based immune stimulation test in which a patient's WBC's are challenged with various substances including foods, additives, colorings, chemicals, medicinal herbs, functional foods, molds, and pharmaceutical compounds. The patient's unique set of responses help to identify substances that may trigger potentially harmful immune system reactions. <https://www.alcat.com/>



For Unlicensed Practitioners:

If you are not licensed, you can order tests through the following:

- **Dr Ritamarie's Website:** If you are a member of a coaching program, you have access to this page via the membership portal. This is for your personal use only. Please do not send your clients here. Instead send them to one of the sites below. We are not set up to handle a large number of test orders.
<http://www.drritamarie.com/labtesting>
- **Direct Labs:** Blood tests and many of the functional tests from labs like Genova, Doctor's Data, and others. <http://www.DirectLabs.com/drritamarie>
- **Canary Club:** Uses a lab called ZRT -- includes a number of salivary hormone profiles.
<http://www.canaryclub.org>
- **Accessa Labs:** Has access to several of the labs above. Compare prices and availability before ordering. <http://www.accesalabs.com>
- **True Health Labs:** Offers a number of blood and functional tests, including ALCAT allergy tests. They did at one time offer Cyrex gluten related panels, but no longer appear to do so. <http://www.truehealthlabs.com>
- **Hakala Labs:** For Iodine Loading Test. <http://www.hakalalabs.com>
- **23andMe:** 23andMe provides ancestry-related genetic reports and uninterpreted raw genetic data. <https://www.23andme.com/>
- **My Labs for Life:** My Labs for Life provides confidential clinical laboratory services promoting wellness, prevention, and early detection of disease. My Labs for Life labs are collected at designated draw sites, which uphold all CLIA, HIPAA and OSHA regulations with the highest standards in phlebotomy collections and laboratory processing. <http://www.mylabsforlife.com/>
- **Great Plains Lab:** Great Plains Lab offers a variety of metabolic tests such as immune deficiency evaluations, amino acid tests, comprehensive fatty acid tests, organic acids testing, metal toxicity and food allergies tests.
<http://www.greatplainslaboratory.com/home/eng/home.asp>
- **Precision Analytical:** Precision Analytical exists to make it easier for patients and their health care providers to find answers to complex clinical questions that affect their lives every day. Their unique hormone testing and reporting methods create better tools for health care providers to explore hormone issues with their patients. They are fully committed to the mission of improving the lives of those who trust us for their laboratory testing needs. www.dutchtest.com