



INSULIN RESISTANCE
— SOLUTION —
PRACTITIONER TRAINING

Certification Requirements

With Dr. Ritamarie Loscalzo



THE INSTITUTE OF NUTRITIONAL ENDOCRINOLOGY

on the recommendation of Dr. Ritamarie Loscalzo has conferred on

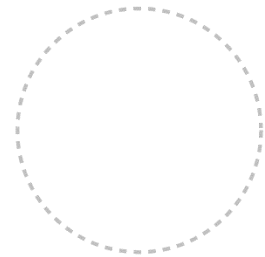
who has successfully completed the prescribed course of study and clinical requirements for certification as a

INSULIN RESISTANCE COACH

with all the rights and privileges thereto appertaining.

In testimony whereof the Institute of Nutritional Endocrinology has caused its seal to be affixed hereto
attested by the signature of Dr. Ritamarie Loscalzo, MS, DC, CCN, DACBN on this day

Dr. Ritamarie Loscalzo, MS, DC, CCN, DACBN



INE | INSTITUTE OF
NUTRITIONAL
ENDOCRINOLOGY

CHANGING LIVES WITH
ROOT CAUSE HEALTH CARE

Certification

Case Histories: Submit 2 recorded 20-minute audio sessions demonstrating your capability to establish rapport with clients, take a case history, and create a plan.

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Certification

Case Write-Ups: Submit 2 Case Write-Ups in standard format, so that any colleagues or specialists the client is referred to can easily interpret. An example template is in Appendix A.

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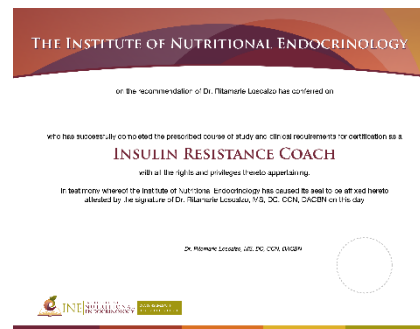
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Certification

Coaching Practicum Hours: Submit documentation pertaining to a case you've done, either guiding someone through the ***Sweet Spot Solution*** program or one of your own. Guidelines for what needs to be done/submitted is in Appendix B. As an alternative, you can be assigned a client in ***Sweet Spot*** to coach and report on.



Certification

IRSPT Module Exams: Pass the open-book comprehensive examinations covering each module in the IRSPT.

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