



INE | INSTITUTE OF
NUTRITIONAL
ENDOCRINOLOGY

History Taking: Past Health and Family History

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Medical Disclaimer: The information in this presentation is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Ritamarie Loscalzo, drritamarie.com, and the experts who have contributed. We encourage you to make your own health care decisions based upon your research and in partnership with a qualified health care professional.



Components of a Thorough History

Past Health and Family History

- ✓ Illnesses
- ✓ Injuries
- ✓ Surgeries
- ✓ Hospitalizations
- ✓ Childhood health history and diet
- ✓ Prenatal care
- ✓ Trauma: emotional and physical
- ✓ Family history: past and present



Past Health Questionnaire

