



HPAT: At-Home and In-Office Tests

Digestion

- HCl Challenge

Acid-Alkaline Balance

- pH Assessment – Urine and Saliva
- pH Acid Challenge

Blood Sugar

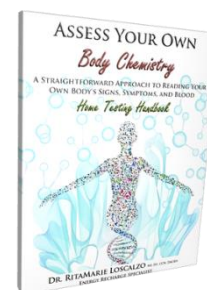
- Blood Sugar Monitoring
- Basal Body Temperature

Adrenals

- Konisburg Adrenal Fatigue
- Postural Blood Pressure
- Pupillary Constriction
- Raglan's

Vitamins, Minerals and Antioxidants

- Minerals
 - Zinc Assay
 - Iodine Skin Test
 - Neuro-Lingual Mineral Testing
- Oxidata
- Vitamin C Urine



Assess Your Own Body Chemistry: Home Testing Handbook

<http://www.drritamarie.com/go/HomeTestingHandbook>