











Glucose Meter Comparison Chart

	BEST	#2	#3					
	Excellent	Very Good	Good	Good	Good	Good	Fair	Fair
	True2Go / True Results ** 	One Touch Ultra Mini 	Bayer Contour Next EZ 	Dario 	True Metrix Go 	True Metrix 	iHealth Align 	iHealth Smart Glucometer 
Meter Cost	\$10-20	\$10 - \$20	\$3.99 - \$40	\$29.99 - \$47	\$12 - \$20	<\$9.00 - < \$20	\$14.99 - <\$45	\$29.99 - \$59.95
Strip Cost	<.25 up to .35 per strip	Generic Strips Gen Ultimate .19 - .23 per strip	<.25 - \$1.00 per strip	.25 - .50 per strip	<.13 - .74 per strip	<.13 - .74 per strip	<.24 per strip	<.24 per strip
Where to Buy	Walgreens, CVS, Amazon, other pharmacies and online retailers	Amazon, other online retailers	Walgreen's, CVS, Amazon, eBay, other pharmacies and online retailers	Amazon, My Dario.com, eBay	Walgreen's, CVS, other pharmacies	Walgreen's, CVS, Amazon, other pharmacies and online retailers	Amazon, eBay, Walmart, Fry's, iHealthlabs.com	Amazon, eBay, Walmart iHealthlabs.com
Advantages	Most reliable and repeatable results of all meters tested. Test strips are inexpensive online.	Inexpensive, small, compact, inexpensive generic strips available.	Inexpensive meter; inexpensive strips are available online.	Small, compact - all in one unit. Very portable. Meter plugs into iPhone - and automatically tracks the results on phone.	Inexpensive meter; inexpensive strips are available online. Portable and easy to use.	Inexpensive meter; inexpensive strips are available online.	Small, plugs into iPhone or android and has software app to track. Warning when strips low. Strips are easy to find and inexpensive.	Small, plugs into iPhone or android and has software app to track. Warning when strips low. Strips are easy to find and inexpensive.
Disadvantages	Discontinued and hard to find - still available though. Last of the strips expires in May 2019.	A little more variability than True2Go when tested 5 tests in 5 minutes. In general, slightly a little higher number compared to True2Go - about 10%.	Fairly tight range when tested 5 tests in 5 minutes, although more variability than True2Go. In general, a little higher numbers compared to True2Go.	Overall, readings are a little higher than the True2Go in side-by-side tests. Similar to Bayer. Replacement strips are slightly more expensive than other units.	Inconsistent in 5 tests in 5 minutes on older lot of strips, which, according to the rep at manufacturer, are and less reliable. More consistent with newer lot. Check lot # and be sure it's greater than MT2000.	Inconsistent in 5 tests in 5 minutes on older lot of strips, which, according to the rep at manufacturer, are and less reliable. More consistent with newer lot. Check lot # and be sure it's greater than MT2000.	Individual tests are considerably higher than the True2Go, Bayer, and Dario. Wide range of results with 5 tests in 5 minutes.	Rechargeable battery - needs to be plugged in periodically. Mine died in less than 10 tests. Individual tests are considerably higher than other meters, and wide range of results with 5 tests in 5 minutes.
Online Links Meters	http://www.thesweetspotsolution.com/go/True2Go	http://www.drritamarie.com/go/OneTouchUltraMini	http://www.thesweetspotsolution.com/go/BayerContourNext	http://www.thesweetspotsolution.com/go/Dario	NOT available online	http://www.thesweetspotsolution.com/go/TrueMetrix	http://www.thesweetspotsolution.com/go/IHealthSmart	http://www.thesweetspotsolution.com/go/IHealthSmart
Canada	http://www.thesweetspotsolution.com/go/True2GoMeter2							
Strips	http://www.thesweetspotsolution.com/go/True2GoMeterCanada http://www.thesweetspotsolution.com/go/true2gostrips	http://www.drritamarie.com/go/GenUltimateStrips	http://www.thesweetspotsolution.com/go/BayerStrips	http://www.thesweetspotsolution.com/go/DarioStrips	http://www.thesweetspotsolution.com/go/TrueMetrixStrips	http://www.thesweetspotsolution.com/go/TrueMetrixStrips		
	Excellent		Good	Good	Good	Good	Fair	Fair
	NOT Recommended: True Balance: Very erratic results in testing. Eliminated from test 2016-12-19 after conversation with manufacturer - old meter, not reliable, not sold much anymore.							