

Family Health History Assessment

Family Health History													
Place a checkmark for any health problem(s) your family has suffered with, either now or in the past													
Check Family Members that Apply	Father	Mother	Brother(s)	Sister(s)	Children	Maternal Grandmother	Maternal Grandfather	Paternal Grandmother	Paternal Grandfather	Aunts	Uncles	Other	
Age (if still alive)													
Age at death (if deceased)													
ADD/ADHD													
ALS or other motor neuron diseases													
Alzheimer's													
Anemia													
Anxiety													
Arthritis													
Asthma													
Autism													
Autoimmune diseases (such as Lupus)													
Bipolar disease													
Bladder disease													
Blood clotting problems													
Cancer: Breast													
Cancer: Colon													
Cancer: Ovarian													
Cancer: Prostate													
Cancer: Skin													
Cancer: Uterine													
Celiac disease													



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Dementia													
Depression													
Diabetes													
Eczema													
Emphysema													
Environmental sensitivities													
Epilepsy													
Flu													
Food allergies, sensitivities, intolerances													
Genetic disorders													
Glaucoma													
Headache													
Heart attack													
Heart disease													
High blood pressure													
High cholesterol													
Inflammatory arthritis (Rheumatoid, psoriatic, ankylosing spondylitis)													
Inflammatory bowel disease													
Insomnia													
Irritable bowel syndrome													
Kidney disease													



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Multiple Sclerosis													
Nervous breakdown													
Obesity													
Osteoporosis													
Other													
Parkinson's													
Pneumonia / bronchitis													
Psoriasis													
Psychiatric disorders													
Schizophrenia													
Sleep apnea													
Smoking addiction													
Stroke													
Substance abuse (such as alcoholism)													
Ulcers													

Any other family history we should know about? ☐ Yes ☐ No

Anything else we should know? Please comment: