

**CMDs Chat Log – 01-14-2016**

Beverly@All: Good Morning All!

Toni@All: Hi Beverly

Beverly@All: Glenn, Do you think you could have had a prick from a rose bush or other similar injury?

Beverly@All: Hi Toni!

You@All: Good day, Beverly!

Beverly@All: Hey Lynn!

Beverly@All: Lynn did you see my Spreadsheet or just the Toxic Metal lab uploaded?

You@All: I did see both.

Beverly@All: Cool! I did it!

You@All: Could it be something like ringworm?

Sequoia@All: Hi Lynn can you see my messages they are not showing up on my chat

You@All: I do see this, Sequoia.

Sequoia@All: did you see the one about the enema bags?

Beverly@All: Is there something about enema bags on chat? Don't see it.

You@All: Just now? No.

You@All: This is the first message I've seen come through from you, Sequoia.

Sequoia@All: You can get clear tubing disposable enema bags in Canada for around \$5 CDN at Rexall medical supplies

You@All: Nice!

Sequoia@All: ihad to log out and come back in again

You@All: I'm glad you did. I've had to do that in the past.

Beverly@All: Yes Ritamarie, 401 H or H.Pylori from BioHealth.

Beverly@All: 401 H for H.Pylori

Isabelle@All: I signed up 6 months ago and I have credit for a free test.

You@All: Resources, NEPT Resources, and then Lab Resources.

You@All: <http://www.inemembers.com/nept/nept-resources/lab-resources/>

Beverly@All: Which was the call recording mentioned the FMT?

Isabelle@All: What are signs of sluggish liver?

You@All: Dr. Wetherby did an ACR call for those in NEPT.

You@All: Nervous system disorders, allergies, lumps, swellings, crofula, mastitis, distended abdomen, chest or breasts, chronic indigestion, menstrual problems, stress, neck and back tension, fatigue, rigid, inflexible body, eye problems, impure blood, skin disorders, finger- or toe nail problems, slow rising in the morning, muscular pain, tendon problems, wiry, tight radial pulse.

You@All: <http://www.NEPTApply.com>

Sequoia@All: not feeling good after eating fats

Beverly@All: trouble digesting fat

Beverly@All: blurry vision

You@All: Sequoia, here is the link to the Canada Facebook group. You can share that information there about the enema bags - <https://www.facebook.com/groups/1626470580900257/>

Beverly@All: Jarrow IBS 299V Lactobacilus Plantarum

Beverly@All: Not good for SIBO. I figured I would take it back. Thanks Steph.

You@All: I bought this book. It's fascinating! <http://www.amazon.com/Medical-Medium-Secrets-Chronic-Mystery/dp/1401948294>

Beverly@All: I've got EBV big time now.

You@All: I find celery juice is pleasant.

Michele@All: Can you give us name of that book you're reading, Ritamarie?

You@All: Zinc is good with EBV, too, as well as heavy metals.

Michele@All: How many ounces of celery juice would you do before each meal?

You@All: It's the link I gave above, Michele. I'm reading it, too.

You@All: Medical Medium.

Beverly@All: That sounds like a great idea for increasing HCL but are you worried about the high amount of naturally occurring nitrate in celery juice at that high a dose .

Beverly@All: The Medical Medium, by who please?

Sequoia@All: the celery juice reminds me of the treatment for leaky gut which I've used for 30 years- cabbage juice-excellent for healing may gut issues

You@All: Anthony William.

Sequoia@All: in the UK I used to be able to get capsules from BioCare of cabigin

Sequoia@All: cabbage juice in dried form

You@All: <http://www.medicalmedium.com/>

You@All: It is also a diuretic.

Beverly@All: Could you get the same effect from a very clean cabbage soup? I won't have my juicer in Pennsylvania for a month starting Sunday while caring for my cousin after his brain surgery.

Sequoia@All: cabigin

Beverly@All: Yes, that's how I'll be making juice.

Sequoia@All: constituent in cabbage is called 'cabagin'

Vanessa@All: Fasting has helped me a lot!

You@All: Cabbage is mucilaginous, moistens the intestines, benefits the stomach, improves digestion, and is used in many cultures to beautify the skin. It is also used for treating constipation, the common cold, whooping cough (cabbage soup or tea), frostbite, mental depression and irritability; helps rid the digestive system of worms (take cabbage with garlic for greater effectiveness against parasites). Contains vitamin U, an ulcer remedy. For either stomach or duodenal ulcers drink one-half cupful of freshly made cabbage juice two or three times a day between meals. Continue for at least two weeks even though symptoms may disappear sooner. If too pungent-tasting, mix with celery juice.

You@All: I started a 21-day cleanse on Monday. During this, I'll have one day of water fasting.

Sequoia@All: active ingredient cabbage water - cabagin - is available in the UK from a very high quality company <https://www.biocare.co.uk/default.aspx?GroupGuid=21> they also offer high quality probiotics

Michele@All: When will more of the new modules be released in the CMDS program?

Michele@All: And can you speak a little bit about what Steph is doing in Feb - you mentioned a Feb training call? I did come on late.

You@All: There is a virtual retreat February 6.

Michele@All: I thought you mentioned 2 calls to put on our calendar. I want to be sure about those dates and topics.

Sequoia@All: you asked for the active ingredient cabbage water - cabagin - I Know it is available in the UK from a very high quality company <https://www.biocare.co.uk/default.aspx?GroupGuid=21> they also offer high quality probiotics

You@All: Right. Steph's is January 27, and the virtual retreat is February 6.

Michele@All: What's the virtual retreat about?

Michele@All: And when is Steph releasing her practitioner training that was a bonus for NEPT signups at SHINE?

Toni@All: What time is Steph's event?

You@All: I believe it's at 7:30 PM CST, Toni.

Sequoia@All: you asked for the active ingredient cabbage water - cabagin - I Know it is available in the UK from a very high quality company <https://www.biocare.co.uk/default.aspx?GroupGuid=21> they also offer high quality probiotics

Toni@All: Thanks Lynn. I have an event at Whole Foods @ 5:30 pm CST. Just wanted to see if I can get home in time.

Ritamarie@All: <http://www.inemembers.com/ine-home/schedule/#CMDS>

You@All: That's important, Toni! It is recorded, so you can relax and concentrate on that.

You@All: Yes, February 6, 11:00 AM CST.

Toni@All: Yep..Lynn, but I love LIVE so much better! :-)

You@All: Me, too!

Toni@All: I plan to be there!!

You@All: Yay!

Toni@All: Good bye all!!

You@All: Bye!

Vanessa@All: Bye