

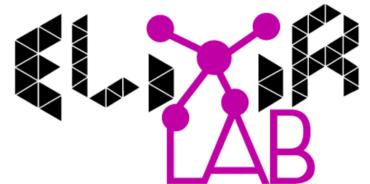


ELIXIR is the founder + Senior Educator behind ElixirLab.com and the Health Mixology Clinic. She is dedicated to demystifying holistic health modalities for the western world.

ELIXIR offers effective and affordable health mixology services at sliding scale price points.

She is passionately in love with her husband Ben. When she is not serving her clients or teaching health mixology ELIXIR is found wrestling or dancing with her husband & or two charming girls ages 3 and 8.

www.elixirlab.com



"I can not believe how fast my life transformed because of ELIXIR's support. ELIXIR customized a health program specific to my bodies so that now health is the easiest thing in my life! I used to struggle and fight my body until I met ELIXIR. Today my skin glows, my body is lean and sexy - and it's all easy to do now thanks to ELIXIR. You want to do whatever it takes to get mentored by ELIXIR. Go sell your car, go jump through any hoop that it takes. It's worth a hundred times your investment to live mind-body-spirit integrated!"

-Jeni Griffiths Burgess, Health Coach

Before I met ELIXIR I had some challenges with my **energy levels**. I used to consume obscene amounts of caffeine just to get through the work day. I worried about the health risks associated with such high levels of caffeine consumption.

Inside ELIXIR's program I not only have energy without caffeine now, but I am saving a great deal of money in the process.

Thanks to my work with Elixir I have more energy and greater focus on my life and in business.

During our work together Elixir demonstrated a great deal of professionalism. She has a deep knowledge of her work and I would absolutely recommend her for anyone interested in learning more about energy work. - Justin Saunders

"If you are interested in improving yourself from the inside out, spiritually, mentally, physical **spend some time with ELIXIR**, She teaches others simple ways to achieving optimal health. Your knowledge only knows the bounds of your own practice, **ELIXIR's practice reflects awesome health.**"

- James Sjostrom, owner Crossfit NRG

FACEOLOGY

Your face is your teacher!

What is your face trying to teach you?

Come find out with



The Secret Code
Of Your Face!

TRUTH #1

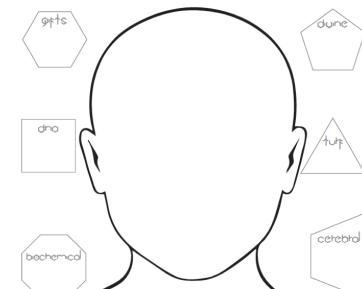
Truth #3

yes!

Please send me
an invitation for
My Faceology
Experience with
ELIXIR

My Faceology

Name: _____ Email (optional): _____
Date: _____ Time (photo): _____
 I agree to allow my face to be used for educational purposes for Elixir Labs.



Give yourself the gift of Health Mixology Evaluation
Payment is Sliding scale. 1st Session is \$45-\$90; subsequent sessions are \$18-\$45.
 Yes I want a Health Mixology Evaluation
Preferred Method of Contact: Phone/Email _____
www.healthmixology.com

name

email

I am looking forward to receiving fun
faceology tips and videos.

"This is profound! After our first session I had zero cravings for sugar for 6 days. It was like I wasn't even attached to that food. I am eating healthier. I have more energy. I have greater focus. I have taken my relationship with my body and my spirit to a significantly deeper level, Thank you!"
-C Clark, Provo, UT

"I am blessed to know Heidi! She is a constant trailblazer in the community, teaching innovative techniques that assist in personal growth and daily health care. Heidi always shows up as a valuable resource for life's fluctuating situations, offering reliable practical and accessible approach to holistic health. You will love Heidi's classes most of all her enthusiasm and most of all her committed passion to help ALL people."
Lyndsey Holm, owner of The Yoga Center

Truth #2