



LAB#: U000000-0000-0  
PATIENT: Sample Patient  
ID: PATIENT-S-00091  
SEX: Female  
AGE: 64

CLIENT#: 12345  
DOCTOR:  
Doctor's Data, Inc.  
3755 Illinois Ave.  
St. Charles, IL 60174

## Urine Halides; Pre & Post Loading

Iodine	µg/mg cr	mg/24 hr	Reference Range
Sample 1 PRE	17		0.1- 0.45 µg/mg cr
Sample 2 POST	43	25	0.1- 0.45 mg/24 hr
% Excretion/24 hr		50%	

**Iodine** levels include iodine and iodide oxidized to iodine. **Excretion percentage** is calculated by dividing the patient's mg/24hour Iodine result by the Iodine/Iodide dosage (in mg) recorded on the requisition form, then multiplying by 100.

Bromine	µg/mg cr	mg/24 hr	Reference Range
Sample 1 PRE	1.7		< 7 µg/mg cr
Sample 2 POST	2.8	8	< 7 mg/24 hr

**Bromine** levels represent total bromine plus bromide, as measured by ICP-MS. Bromide is antagonistic to iodide, and is abundant in commercially produced baked goods, soft drinks, pesticides, brominated chemicals and some medications.

Fluoride	µg/mL	mg/24 hr	Reference Range
Sample 1 PRE	1.3		< 1.1 µg/mL
Sample 2 POST	1.5	0.86	< 1.3 mg/24 hr

**Fluoride** in urine is measured using an ion specific electrode. Fluoride is neurotoxic, compromises integrity of bone, and interferes with iodide metabolism. Primary sources of fluoride include fluoridated water, beverages, toothpaste/mouth washes, dental treatments and some medications.

Creatinine	Result	Reference Range
Sample 1 PRE	38	35- 225 mg/dL
Sample 2 POST	570	600- 1900 mg/24hr

**Urine Creatinine** is used to account for urinary dilution effects in less than 24-hour collections and to assess the collection completeness in 24-hour collections. For estimation of glomerular filtration rate (GFR), a Creatinine Clearance test is recommended.

### Comments:

#1 Date Collected: 12/28/2008  
#1 Collection Period: Random

#2 Date Collected: 12/29/2008 Date Received: 12/30/2008  
#2 Collection Period: 24 hr coll Date Completed: 12/31/2008  
#2 Volume: 3000 ml <dl: less than detection limit  
#2 Loading Dosage: 50 MG Method: I, Br by ICP-MS/ F by ISE  
Creatinine by Jaffe method

Reference ranges are representative of a healthy population under non-challenge or non-loading conditions.

V04.07