

GI EffectsSM Stool Profiles

Specimen Collection Instructions

This specimen collection kit can be used for the following test(s):

2100 GI Function Profile - Stool

2105 Microbial Ecology Profile - Stool

2110 Mycology Profile - Stool

2115 Parasitology Profile - Stool

2120 Chemistries Profile - Stool

IMPORTANT:

All patient specimens require two unique identifiers

(*patient's name and date of birth*), as well as *date of collection*.

Patient's first and last name, date of birth, gender, and date of collection must be recorded on the **Test Requisition Form** as well as all tube(s) and/or vial(s), using a permanent marker, or the test may not be processed.

Specimen

Stool, 3 vials (filled per instructions), refrigerated

Collection Materials

- Collection container
- Orange cap C&S vial
- Pink cap 10% Formalin vial
- White cap nucleic acid vial
- 2 Disposable gloves
- Black disposable bag

Shipping Materials*

- Absorbent pad
- Personal Health Assessment Form
- Test Requisition Form
- Biohazard bag with side pocket
- Specimen collection kit box
- FedEx® Clinical Lab Pak and Billable Stamp

*International shipping may vary, please see shipping instructions for more details.

Please read all instructions carefully before beginning.

Patient Preparation

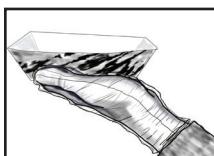
- It is best to **ship your specimen within 48 hours of collection**. Please refer to the enclosed shipping instructions **before** you collect to determine what days you can ship your specimen.
- **Refrain** from taking digestive enzymes, antacids, and aspirin for two days prior to specimen collection, unless otherwise instructed by your healthcare provider
- **Finish** taking antifungal or antibiotic medications and wait three days before beginning collection
- **Never discontinue** prescription medications without consulting your healthcare provider first

CAUTION: FLUID IN VIALS. KEEP OUT OF REACH OF CHILDREN.

- **Use caution** when opening the vials. At high altitudes, vials may be under pressure. **Cover** vial cap with a cloth and **remove cap slowly**.
- **Avoid** contact with the skin and eyes. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your local poison control center immediately.

Stool Collection

1. **Write** patient's **first and last name, date of birth, gender and date of collection** on the Test Requisition Form (located in the pouch on top of the Specimen Collection Kit Box), as well as on all 3 vials, using a permanent marker.
 - **IMPORTANT:** To ensure accurate test results you **MUST** provide the requested information.
2. **Put on** the disposable gloves.
3. **Collect** your stool specimen using the enclosed collection container. **DO NOT contaminate** the specimen with either urine or water from the toilet.
4. **Record** stool consistency on the tube labels using a permanent marker. On the Test Requisition Form **write** the actual consistency of your stool specimen on the "stool consistency" line.



Hard/constipated



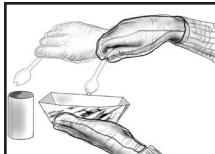
Formed/normal



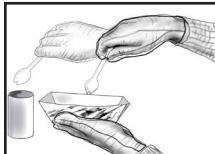
Loose stool



Watery/diarrhea



5. **Remove** the cap from the **orange** cap vial and, using the attached spoon, **transfer** stool specimen into the vial. **Take** multiple portions from different areas of the collection container. **Fill** the vial to the “fill line”. **DO NOT OVERFILL**. **Screw** the cap on tightly.



6. **Remove** the cap from the **pink** cap vial and, using the attached spoon, **transfer** stool specimen into the vial. **Take** multiple portions from different areas of the collection container. **Fill** the vial to the “fill line”. **DO NOT OVERFILL**. **Screw** the cap on tightly.



7. **Remove** the cap from the **white** cap vial and, using the attached spoon, **transfer** stool specimen into the vial. **Take** multiple portions from different areas of the collection container. **Fill** the vial to the “fill line”. **DO NOT OVERFILL**. **Screw** the cap on tightly.

8. **Shake** all vials vigorously for approximately 30 seconds to mix the stool specimen with the preservative in the vial.
9. **Dispose** of the remaining specimen and the collection container appropriately using the black disposable bag.
10. **Refrigerate** all vials until ready to ship.

Specimen Preparation

1. **Place** the refrigerated stool specimens and absorbent pad into the biohazard bag.
2. **Staple** payment to the bottom right-hand corner of the completed Test Requisition Form. **Fill** out the Personal Health Assessment Form. **Fold** and **place** them in the side pocket of the biohazard bag.
3. **Seal** the biohazard bag; **Place** it into the specimen collection kit box and close the box.

Checklist (Prior to Shipping)

1. Tubes

- Patient's first and last name, date of birth, gender, and date of collection are written on all the vials
- All the vials are capped tightly

2. Refrigerated

- Pink cap 10% Formalin vial
- Orange cap C&S vial
- White cap nucleic acid vial

3. Test Requisition Form with Payment

- Test Requisition Form is complete - Test is marked, Patient's first and last name, date of birth, gender, date of collection, and consistency of stool specimen are recorded
- Personal Health Assessment Form is complete
- Payment is included



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