GDX Genova Diagnostics
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0076 Bloodspot IgG Food Antibody Assay (30 Antigen)

Methodology: ELISA

Negative	Foods to Avoid		
	Mild **+1 and +2**	**Moderate** **+3 and +4**	**Severe** **+5**
Aspergillus Beef Cantaloupe Cashew Chicken Corn Crab Garlic Lobster Oat Orange Pea, Green Pinto Bean Pork Rice Salmon Shrimp Soybean Sunflower Tomato Tuna Turkey Walnut Wheat	**Strawberry** **Almond** **Mustard Seed**	**Milk** **Peanut**	**Egg, Whole**

Responses reflect IgG levels measured by ELISA with standardized food extracts. The assay yields semi-quantitative antibody concentrations for each food. The concentration readings are categorized into four reaction levels (Negative, Mild, Moderate, or Severe) corresponding to semi quantitative responses (0/1, +1, +2, +3, +4 and +5), based on relative absorbance readings. The likelihood of adverse reactions to a given food increases as the response level for that food becomes more positive.