

Managing Inflammation With Dietary Fats and Other Nutrients

With

Dr. Ritamarie Loscalzo

LIVING YOUR UNLIMITED POTENTIAL:
ONE STEP, ONE THOUGHT, ONE BITE AT A TIME

ENERGY RECHARGE COACHING



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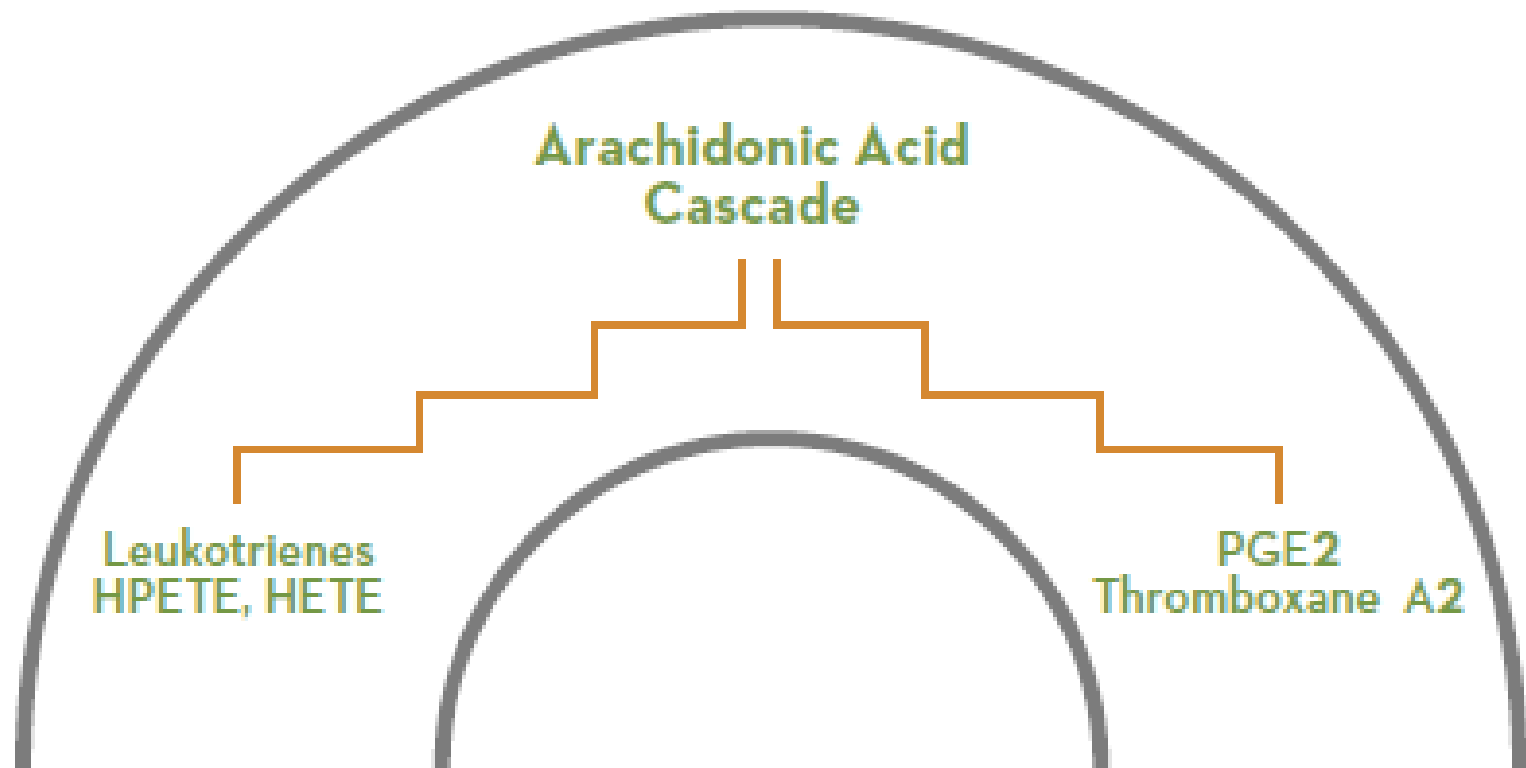
Dr. Ritamarie's

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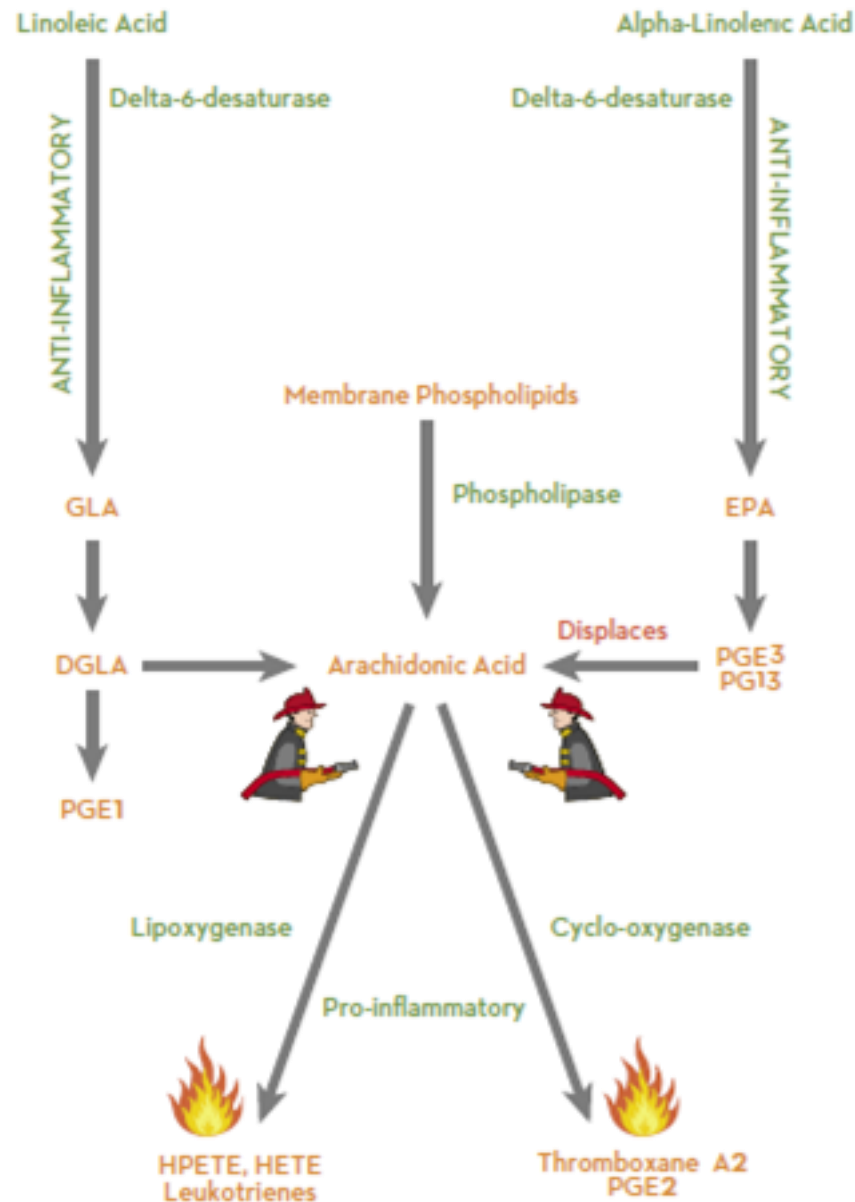
Medical Disclaimer: The information in this presentation is not intended to replace a one-on-one relationship with a qualified health care professional and is not intended as medical advice. It is intended as a sharing of knowledge and information from the research and experience of Dr. Ritamarie Loscalzo, drritamarie.com, and the experts who have contributed. We encourage you to make your own health care decisions based upon your research and in partnership with a qualified health care professional.

Mast Cell Membrane

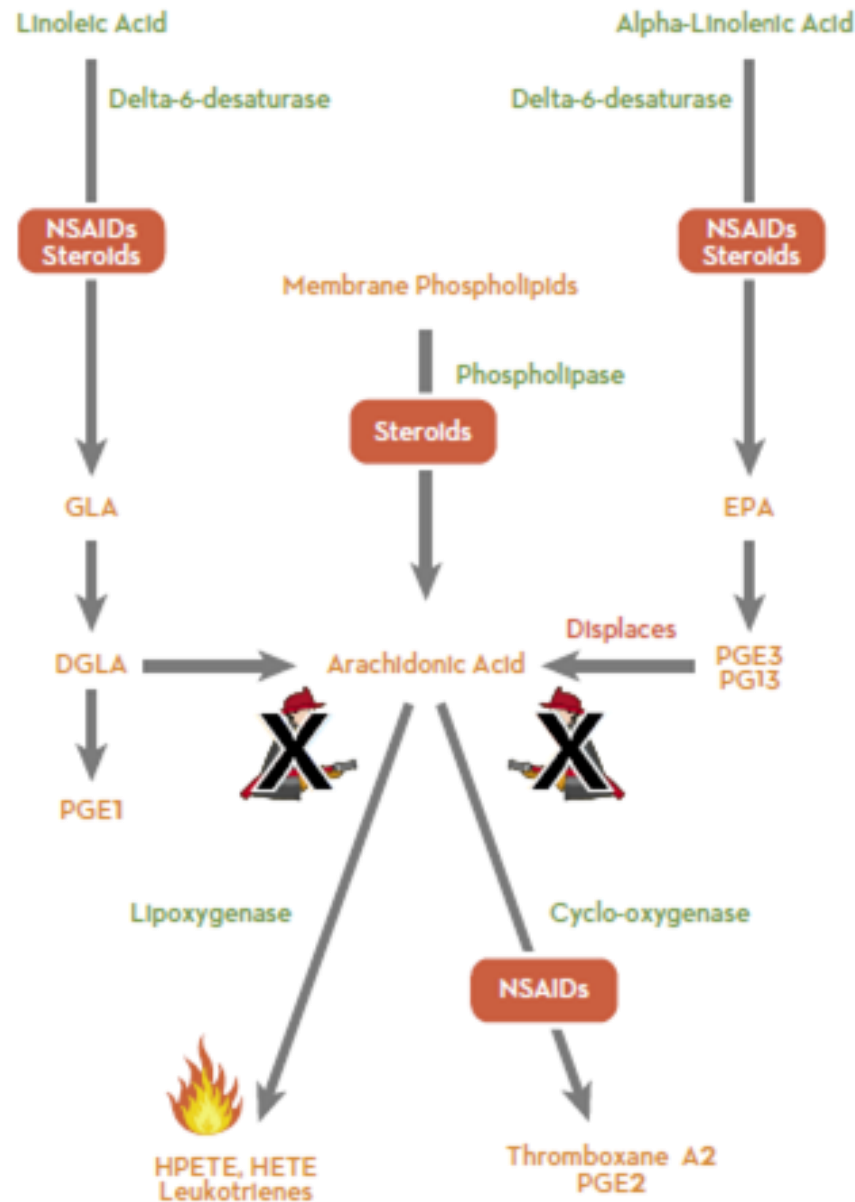


Producing Pro-Inflammatory Agents

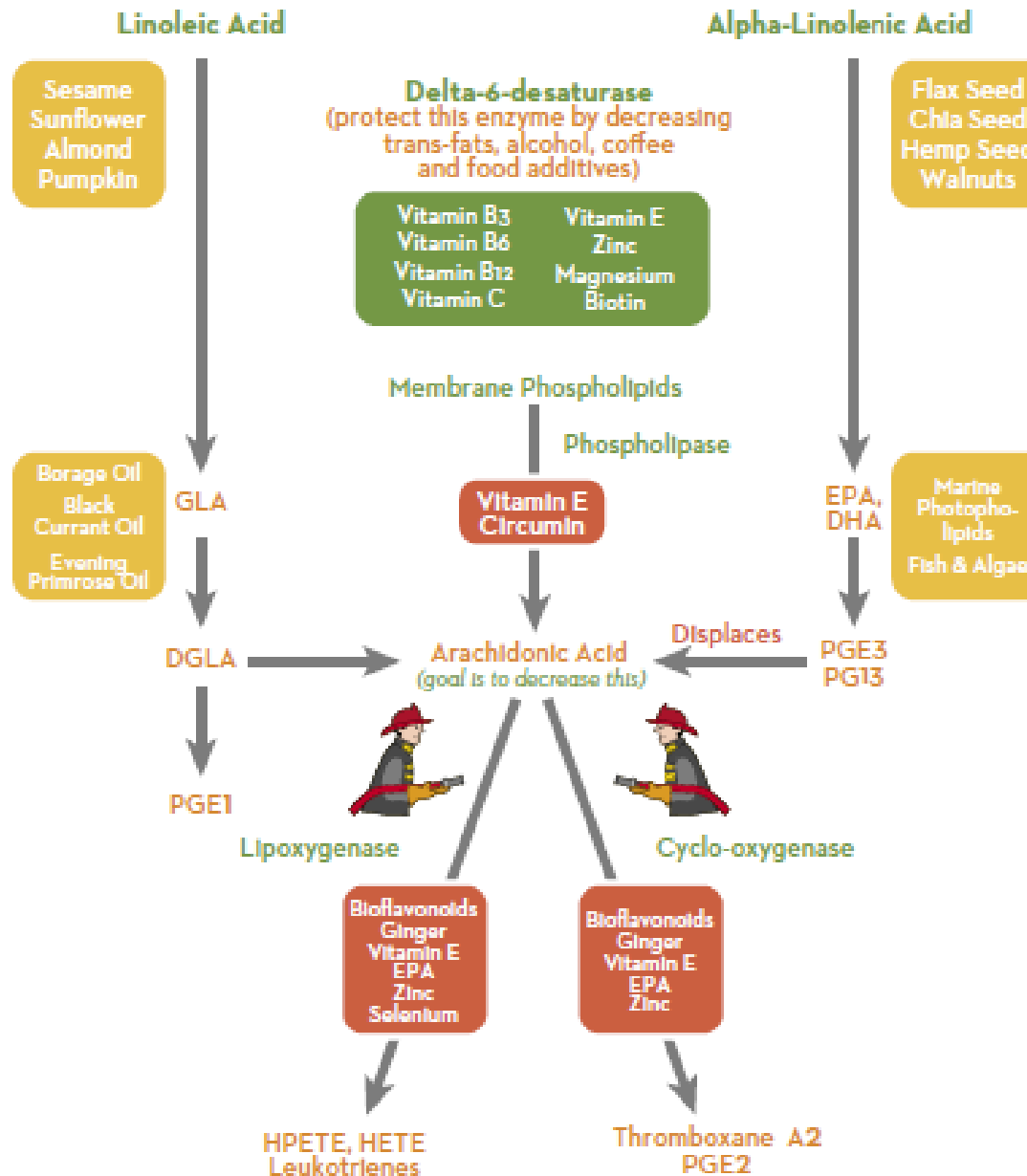
Inflammatory Cascade



Drug Modulation

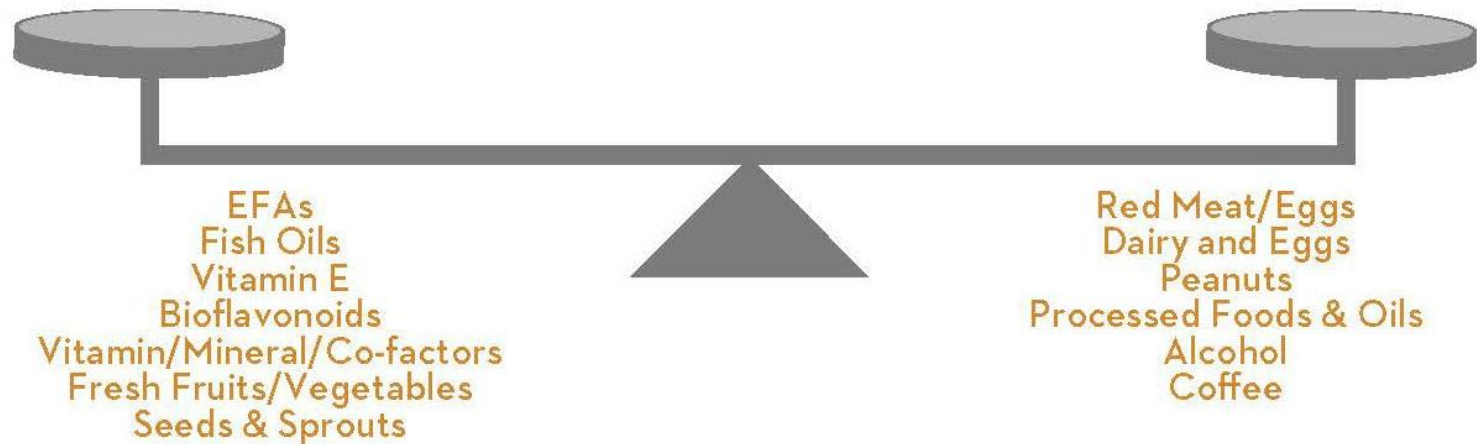


Nutritional Modulation



Anti-inflammatory

Pro-inflammatory



The Body's Clean-up Crew

Lungs, Lymph and Kidneys
Liver (anti-histamines, CP450, conjugation)
Circulating digestive enzymes (Proteases)
Anti-oxidant nutrients (Vitamins A,C,E, Zinc, Selenium, etc.)

Additional Anti-inflammatory Support

Acupuncture
Homeopathic Medicine
Botanical Medicine
Bodywork, manipulation and exercise
Physical therapy, etc.