



BIOFIT

BLUEPRINTBOOTCAMP

History Taking

Past Health and Family History

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Past Health and Family History

- ✓ Illnesses
- ✓ Injuries
- ✓ Surgeries
- ✓ Hospitalizations
- ✓ Childhood health history and diet
- ✓ Prenatal care
- ✓ Trauma: emotional and physical
- ✓ Family history: past and present



Past Health Questionnaire