

ZILKHA RADIOLOGY

369 East Main Street; Suite 18; East Islip, NY 11730-2800
1161 Montauk Highway; West Islip, NY 11795-4930

Tele (631) 277-1600
Tele (631) 669-1717

Fax (631) 277-1638
Fax (631) 669-2227

Preparation for a Biopsy

What is a Biopsy?

A biopsy is the removal of tissue in order to examine it for disease. The tissue samples can be taken from any part of the body. The area of the biopsy will be numbed with lidocaine prior to the procedure. The tissue is removed by placing a needle through the skin (percutaneously) to the area of abnormality.

Biopsies can be safely performed with imaging guidance such as ultrasound, x-ray, computed tomography (CT), or magnetic resonance imaging (MRI). These types of imaging are used to determine exactly where to place the needle and perform the biopsy.

Prior to the test, please let us know if you are:

- Experiencing Bleeding Problems (such as Hemophilia)
- Taking a Blood Thinner (Some examples...Coumadin, Xarelto, Pradaxa, Warfarin, Heparin, Eliquis)
- Taking products that contain Aspirin or Ibuprofen (Advil, Motrin)

Thyroid Biopsy only...Have you had a Nuclear Medicine Thyroid exam within the past 4 weeks? If YES, please contact our office.

Preparation for the Exam:

- Please fast (nothing to eat or drink) 4 hours before the procedure. You can have water up to one hour prior to the test.
- **Do not** use any Advil, Aspirin or Aspirin containing medications for 7 days before your biopsy. Please consult with your physician to see if it is safe to discontinue use of these medications. Products containing Acetaminophen are fine (ex. Tylenol). If the Doctor says no to discontinuing medication, please contact our office ASAP.
- **Do not** use any anti-inflammatory medications for 7 days before your biopsy. Please consult with your physician to see if it is safe to discontinue use of these medications. If the Doctor says no to discontinuing medication, please contact our office ASAP.