



### Request for Confidential Communication

I, \_\_\_\_\_ hereby request *Family Medical Care, LTD*  
(Name of Patient or Guardian)

to keep communications regarding my protected health information confidential. Please take a moment to complete this form to ensure that we can contact you efficiently while maintaining the privacy of your healthcare information.

I authorize Family Medical Care, LTD, to contact me regarding my medical information by means of the listed methods:

**Cell Telephone #** \_\_\_\_\_

May we leave messages on your cell phone voicemail?      **Yes**      **No**

**Work Telephone #** \_\_\_\_\_

May we leave messages on your work voicemail?      **Yes**      **No**

**Home Phone #** \_\_\_\_\_

May we leave messages on your home answering machine?      **Yes**      **No**

**Email Address** \_\_\_\_\_

May we send messages to your email account?      **Yes**      **No**

**Mailing Address** \_\_\_\_\_

May we mail information or documents to this address?      **Yes**      **No**

The providers may disclose the following health information only to the following list of people:

- All test results      **Yes**      **No**
- The entire medical record      **Yes**      **No**
- Most recent visit      **Yes**      **No**
- Financial Information      **Yes**      **No**
- Pick up prescriptions on my behalf      **Yes**      **No**

**Spouse:**      **Yes**      **No**      **Name** \_\_\_\_\_

**Parent(s):**      **Yes**      **No**      **Name** \_\_\_\_\_

**Children:**      **Yes**      **No**      **Name** \_\_\_\_\_

**Other:**      **Yes**      **No**      **Name** \_\_\_\_\_ **Relationship** \_\_\_\_\_

**Other Requests for Confidential Communications** \_\_\_\_\_

**Patient/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_