



Children's books about sad feelings.

Let's Talk About Feeling Sad by Joy Wilt Berry (Ages 3-5)

Franklin's Bad Day by Paulette Bourgeois & Brenda Clark (Ages 5-8)

How I Feel Sad by Marcia Leonard (Ages 2-6)

Hurty Feelings by Helen Lester (Ages 5-8)

Knuffle Bunny by Mo Willems (Ages 3-6)

Sometimes I Feel Awful by Joan Singleton Prestine (Ages 5-8)

The Very Lonely Firefly by Eric Carle (Ages 4-7)

When I'm Feeling Sad by Trace Moroney (Ages 2-5)

When I Feel Sad by Cornelia Maude Spelman (Ages 5-7)