

Children's books about angry or mad feelings.

Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst (Ages 4-8)

Andrew's Angry Words by Dorothea Lackner (Ages 4-8)

Bootsie Barker Bites by Barbara Bottner (Ages 4-8)

The Chocolate Covered Cookie Tantrum by Deborah Blementhal (Ages 5-8)

How I Feel Frustrated by Marcia Leonard (Ages 3-8)

How I Feel Angry by Marcia Leonard (Ages 2-6)

Llama Llama Mad at Mama by Anna Dewdney (Ages 2-5)

Sometimes I'm Bombaloo by Rachel Vail (Ages 3-8)

That Makes Me Mad! by Steven Kroll (Ages 4-8)

The Rain Came Down by David Shannon (Ages 4-8)

When I'm Angry by Jane Aaron (Ages 3-7)

When I'm Feeling Angry by Trace Moroney (Ages 2-5)

When I Feel Angry by Cornelia Maude Spelman (Ages 5-7)

When Sophie Gets Angry – Really, Really Angry by Molly Garrett (Ages 3-7)

Lily's Purple Plastic Purse by Kevin Henkes. (Ages 4-8)