

Which Skills You've Mastered & Which Ones You Need to Develop

In order to get what you want in life and reach to the peak of success, you need to master some skills. Below are seven skill categories to consider when trying to fulfill your dreams, achieve your goals, or overcome your challenges. With each category/skill, give yourself a rating of 1-10 as described. After you rate yourself in all categories, find out your total score and its implications by adding all of your ratings.

Categories

Your Rating

Yes, very much = 10, No, not at all = 1

TUNE UP SKILL

Tune Up skill is the ability to upgrade your belief system and tune up your dream manifestation machine. Are you able to easily transform your limiting beliefs to positive and empowering ones?

1 2 3 4 5 6 7 8 9 10

PRECISION SKILL

Precision skill is the ability to define exactly what you want in your life. Are you able to precisely explain what you are looking for and what success means to you?

1 2 3 4 5 6 7 8 9 10

VISION SKILL

Vision skill is the ability to visualize, connect the dots, and see the big picture vividly. Are you able to create a powerful and clear vision that not only motivates you but also excites others to help you get to the peak of success?

1 2 3 4 5 6 7 8 9 10

PLANNING SKILL

Planning skill is the ability to plan ahead for success. Are you able to breakdown your big goals and dreams to smaller steps and then create a detailed yet flexible action plan for taking each step?

1 2 3 4 5 6 7 8 9 10

SELF-DISCIPLINE SKILL

Self-discipline skill is the ability to take consistent and committed action. Are you able to do whatever it takes to get to the peak of success by saying "no" to your bad habits and developing new positive habits? Have you mastered your will power?

1 2 3 4 5 6 7 8 9 10

PROPER RESPONSE SKILL

Proper Response skill is the ability to respond properly to the challenges that come on your way in any shape and form. Are you able to resist reactive response and instant gratification?

1 2 3 4 5 6 7 8 9 10

GROWTH SKILL

Growth skill is the ability to scale up and go beyond what you want so that you can serve others and help them grow with you. Are you able to lead others and help them get to the peak of success with you?

1 2 3 4 5 6 7 8 9 10

Total Score _____

Results: If your total score is less than 50, then it is likely that you will not feel competent, confident, and content about pursuing your dreams and getting to the peak of success. Spend some time and reflect on each area or skill that didn't get at least a score of 8. Ask yourself, "What could I do to boost my skills in this area and get closer to the mastery level (score of 10)?" Then look for opportunities to gain more knowledge and experience in the skill categories that you want to improve.