

GB-20

Point Name: 風池 (fēng chí) "Wind Pool"

Meridian: Gall Bladder

Element: Wood

Polarity: Yang

Peak Time: 11PM to 1AM

Location

In the depression between the upper portion of muscle sternocleidomastoideus and muscle trapezium, on the same level with Fengfu (GV-16).

Local Anatomy: In the posterior aspect of the neck, below the occipital bone, in the depression between the upper portion of the sternocleidomastoideus muscle and the Trapezius muscle.

Vasculature: The branches of the occipital artery and vein.

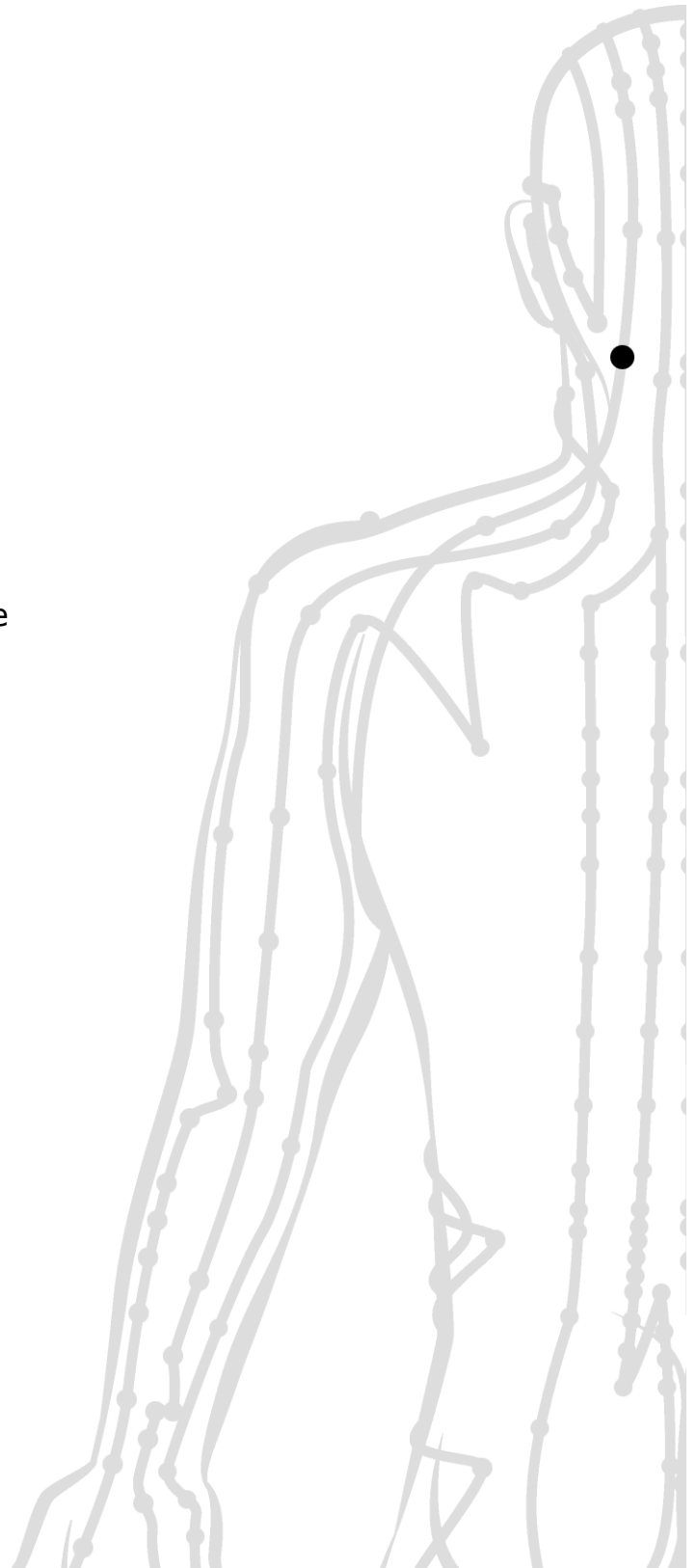
Innervation: The branch of the lesser occipital nerve.

Martial Arts Usage

- 108 Vital Point
- Attack Nervous System
- Dangerous
- Fight Ender
- Joint Manipulation
- Knockouts

Traditional Chinese Medicine (TCM) Classes

- Intersection Point of the Liver Meridian
- Intersection Point of the Yang Linking Vessel



- Intersection Point of the Yang Heel Vessel
- Origin Point
- Trigger Point of the Suboccipital muscles muscle

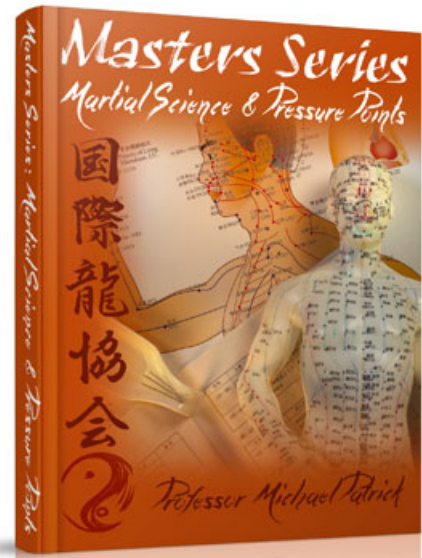
Attack Method: 0.5 - 0.8 inch, toward the tip of the nose. Angle is 45°.

Description

Very common knock out point! Strikes made in an upward direction may cause a knockout. Hard strikes may injure the brain and cause death.

The Source of this Information:

- Professor Michael Patrick of Dragon Society International
- Professor Rick MoneyMaker, Founder of Dragon Society International
- Paperback: 630 pages. 8.5" x 11" 1.4" (3.9 lbs)
- Over 1,670 medical illustrations
- Over 80 detailed tables
- Over 100 photos demonstrating Kyusho Jutsu applications
- Over 30 special Pressure Point categories
- Western and Eastern anatomical illustrations
- Traditional Chinese Medicine principles and sciences
- Cross-reference of nerves, muscles, blood vessels, and arteries
- Main Meridians, Divergent Meridians, Connecting Vessels, Extraordinary Vessels, Sinew Channels
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