Recommendation Letter Request Form

Students should complete this form when requesting a recommendation letter.

Choose five adjectives to describe yourself:

1. 2. 3. 4. 5.

What do you like to do when you don't have to do anything (and why)?

What is your strongest non-academic trait? Give a recent example of that trait in action.

List your most important extracurricular activity (or activities), and what are you most proud of about your participation in it or your jobs during your high school years?

How do your friends describe you?

Complete this statement and explain why: (Think literature, movies, TV, history textbooks) "I am a lot like the fictional (or historical) character_____ because…"

How does your family affect your college-going plans?

List the colleges to which you currently plan to apply:

What is your planned major and why?

In a one-page recommendation, which part(s) of your story do you want to be told about you to colleges? (Specifics are particularly helpful.)

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