Riverwood Growth Group

DISCUSSIONGUIDE

Redefining Religion (Mark #9)

Week of May 3, 2020

While this Discussion Guide is intended for use in a Riverwood Growth Group, it can be used personally as well. To get the most from these questions, we suggest you take 10-15 minutes to read, think, and pray through this Guide before participating in your Growth Group. The point of this guide is to not just "get through the questions" (there's no quiz at the end!) but to pursue Jesus and grow spiritually.

ICEBREAKER (Optional)

If you could live in one time period for the rest of your life, which would it be? (e.g. Bible times, medieval, the 80s, etc.) Share yours with the group!

DISCUSSION

Read Mark 2:18-3:6

- 1. a. Who seems to benefit from Jesus' teaching on fasting and the Sabbath?
 - b. What are the benefits?

- 2. a. How did the Pharisees respond to each of Jesus's teachings?
 - b. Why do you think they reacted that way?



3.	What do	you think is .	Jesus's main	focus on	fasting	and the	Sabbath?
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4. What do Jesus's words tell you God's care for His people?

MAKING IT PERSONAL

- 5. This week, we heard Jesus redefine fasting and the Sabbath for the Pharisees (and us). If you are a follower of Jesus, what do you sense God's Spirit calling you to do when it comes to...
 - a. Fasting?
 - b. Rest?

MEMORY VERSE

"Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from Your presence, and take not Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me with a willing spirit." (Psalm 51:10-12)

PRAYER

Closing in prayer to God, thank Him for the redemption and joy we have in Jesus Christ! Share any prayer requests, including those for our church family, our local community, and the world around us.