

## DISCUSSION GUIDE

### Confession (ACTS of Prayer #2)

Week of Nov 11, 2018

While this Discussion Guide is intended for use in a Riverwood Growth Group, it can be used personally as well. To get the most from these questions, we suggest you take 10-15 minutes to read, think, and pray through this Guide before participating in your Growth Group. The point of this guide is to not just "get through the questions" (there's no quiz at the end!) but to pursue Jesus and grow spiritually.

### ICEBREAKER (Optional)

Choose one of the following events:

Where were you when you heard the news:

- a. President Kennedy had been shot on November 22, 1963?
- b. The Space Shuttle Challenger exploded on January 28, 1986?
- c. The Twin Towers in New York had been attacked on Sept 11, 2001?
- d. Of one of the mass shootings that have rocked our nation?

### DISCUSSION

*Psalm 51 is said to be the confessional prayer King David wrote after being confronted by a prophet named Nathan, who exposed David's sins: adultery with Bathsheba and ensuring the death of her husband. (To learn more about this story, read 2 Samuel 11 & 12 sometime.)*

Read Psalm 51:1-17

1. What stands out to you about David's confession?



2. On Sunday, Erin said "A proper perspective of God leads to a proper perspective of self." Where do you see this in David's words?

### MAKING IT PERSONAL

3. Why do you think some people find confession difficult?

Read 1 John 1:8-9 & James 5:16

4. a. What does God do in response to confession?

b. In light of this, what should our approach to confession be?

5. Is there anything you feel the Holy Spirit calling you to confess?

### MEMORY VERSE

*"Create in me a clean heart, O God, and renew a right spirit within me." (Psalm 51:10)*

### PRAYER

*Spend some time in prayer. If you are compelled, spend some time confessing sin.*

