

Non-Alcoholic Fatty Liver Disease (NAFLD): Epidemiology, Pathophysiology, Diagnosis



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Webinar Session – 1.5 hrs
Thursday, October 20, 2016

8:00 PM – 9:30 PM EST | 5:00 PM – 6:30 PM PST

Presented by:

Mikhael Adams BSc ND



Current research indicates that the prevalence and impact of NAFLD is continuing to increase. The term NAFLD encompasses a wide range of conditions marked by accumulation of fat in the liver. NASH represents the more severe end of the spectrum of non-alcoholic fatty liver disease and differs from the simple accumulation of fat in the liver, which has a more vague set of

symptoms and diagnostic criteria. However, NAFLD is associated with higher levels of glycated haemoglobin, triglyceride to high density lipoprotein cholesterol ratio, insulin resistance, and liver enzymes (alanine aminotransferase, aspartate aminotransferase, and glutamyltransferase). NAFLD is universally considered as the hepatic manifestation of the metabolic syndrome (MS) and insulin resistance is regarded as its key pathophysiological hallmark. Symptoms of NAFLD are vague, but it has a strong association with central obesity, reduced glucose tolerance, type 2 diabetes mellitus, arterial hypertension and hypertriglyceridaemia.

KEY LEARNING HIGHLIGHTS

- Brief review of current epidemiology
- Pathophysiology
- Diagnosis
- Lifestyle and dietary modifications for patient support
- Support for associated symptoms

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CONTINUING EDUCATION CREDITS

- ELIGIBLE FOR CONO CATEGORY B CREDITS (ON)
- 1.5 HOURS CNPBC (BC)
- 1.5 HOURS SANP (SK)
- 1.5 HOURS MNA (MB)
- 1.5 HOURS (AB)
- 1.5 CEUs (WA)

ADDITIONAL CE CREDITS APPLIED FOR

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Speaker Profile



Mikhael Adams BSc ND, received his Doctor of Naturopathy from the National College of Naturopathic Medicine in 1981. He practiced for ten years in Seattle, and is now in private practice in Milton, Ontario. He uses drainage, nutrition, homeopathy, acupuncture and auricular medicine as his primary therapeutic tools. He has studied homeopathy since 1977 with such renowned Doctors as Robin Murphy, George Vithoulkas, Bill Gray, Francisco Eizayga and Michel Bouko-Levy. Dr. Adams is the president of the International Association of Auricular and Bioenergetic Medicine, past president of the North American Association of Auricular Medicine, and has studied extensively with Dr. Paul Nogier in France. Dr. Adams taught Clinical Pathology at the Northwest Institute of Acupuncture & Oriental Medicine from 1987 to 1993 and has been giving workshops internationally on auricular medicine since 1984. Dr. Adams has been lecturing in North America on homeopathy and drainage since 1988, and has been lecturing for Seroyal since 1991.

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