Shared Lives

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Life at home
Differences to my life now in Shared Lives

- Freedom
- Own house
- Family
- Do more things for myself
- Health has improved
- More friends
- Support when I need it
- Happy
Connecting Lives

LocalSocial

SharedLivesPlus
THE UK NETWORK FOR SHARED LIVES AND HOMESHARE
Shared Lives Plus

- UK network and membership charity for Shared Lives and Homeshare
- Members are Shared Lives carers and schemes and Homeshare schemes
- Unique overview which informs our support and guidance
- Voice with governments and other decision makers
- We support schemes and Shared Lives carers through policy, guidance, advice and legal support. We also help diversify and establish new schemes
- Funded by our Membership, and grants including the UK Government, Welsh Government, NHS England, Big Lottery Fund Accelerating Ideas, and Nesta, Lloyds Bank Foundation of England and Wales, Pears, and Dunhill Medical Trust
- We have over 5,000 members: 150 schemes and 5,500 Shared Lives carers
About Shared Lives

- In Shared Lives, a young person or adult who needs care and support moves in with, or visits an approved Shared Lives carer
- Together they share family and community life
- Over 14,000 people use Shared Lives across the UK
Shared Lives carers support people

- Leaving hospital
- With a learning disability
- Older people, and those living with dementia
- Mental ill health
- Under 18
- Parents with learning disabilities and their children
- Ex-offenders and people who have misused substances
About Shared Lives

- People say they feel settled, valued and like they belong for the first time in their lives.
- They make friends and get involved in clubs, activities and volunteering, all of which strengthens their relationships and our communities.
Shared Lives offers better outcomes

- Shared Lives costs £26,000 less per year to support someone with a learning disability, compared to residential care.
- In addition to other savings through a healthier and contented life, for example, fewer hospital visits, reduced medication.
Shared Lives schemes

- There are 150 Shared Lives schemes across the UK – nearly one in every area.
- Schemes recruit, train and approve Shared Lives carers.
- Match someone who needs support with a Shared Lives carer and they spend time getting to know each other.
- Provide supervision, reviews and support and is inspected by care inspectors.
- Safest form of care! 92% of schemes are rated good or outstanding by the Care Quality Commission in England, in Scotland, no scheme received below a ‘good’, Wales and NI?
Shared Lives carers

- Provide a mix of paid and unpaid support
- Support people to manage their health
- Provide a break for family & unpaid carers
- Support people to learn skills and have new experiences
- Link people in to the local community
- Support people to make friends and maintain relationships
- Support people to go on holiday
- Support people to have a good life
What do people who use Shared Lives say

Where I live now is the best place I have ever lived. I have my freedom but I know people care about me and I feel safe.

I love everything about my life with my carers, now I feel like I belong to a family.

A chance to have a life with their family.

When I moved into shared lives my carers saved my life, I was depressed and being bullied before I went to live with them. Now I feel so much better.
Get in touch with us.....

- To find out more about Shared Lives and Homeshare, visit www.sharedlivesplus.org.uk @SharedLivesPlus on Twitter, Facebook and Instagram

- To find out more about HomeShare visit www.homeshareuk.org or @HomeShare_UK on Twitter and Facebook

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