A Universal Arts on Prescription Service?

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Summary

• The problem
• A Short Story
• Outcomes
• Social Prescribing Plus
• How can we ensure a universal arts on prescription service throughout England
A short story

• 2000- artist in residence-ceramics-education funding
• 2006 – Artlift – arts council funding
• 2009 onwards- universal arts on prescription – 8 GP surgeries in Glos – CCG funding
• 2013 – arts on Rx for Wiltshire
• >1,500 completed data sets – socio economic mix
• Social Prescribing Plus
The Gloucestershire social prescribing model

Clinical intervention

Social Prescribing Plus

Social Prescribing

Medical intervention for medical need

Non-medical intervention for medical need

Non-medical intervention for non-medical need
Clinical examples

• Music and dance for children with diabetes
• Arts and crafts for men with chronic pain
• Comedy to engage BME community
• Dance for balance
• Poetry/ music Dementia
• Singing for breathing
• Magic for hemiplegia
• Ballet for post breast cancer surgery
Effects of Artlift

Wellbeing scores before and after Art
GP consultation rate (n=90)
Hospital spend (n=90)
Universal Arts on Prescription

• £65,000 cost of providing AoP to 620,000 people in Gloucestershire.

• 8 weeks- 2 hrs per week. Groups of 8-12 people. Surgery and non surgery settings.

• Follow on groups ?

• Every CCG to have cultural commissioning statement?

• APPG
Remember – stories and beauty.

Thank you for listening

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www.artlift.org