Housing & Mental Illness: Provider view

➢ Mark Yates (Director of Operations)
Our accommodation offer

- Accommodation based services across Mental Health pathway
  - Crisis & Recovery Houses (Hospital step-down/admission avoidance)
  - High support, enhanced recovery services (including CQC Registered)
  - Supported housing – high to low needs
  - Intensive Housing Management
  - Floating Support/Outreach
Housing & Mental Health

- Around 30,000 people live in mental health supported housing

- Our focus: Recovery / Independent living

- Centre for Mental Health evaluation of our services: improved outcomes

- Longer term impact: Reduced readmissions, reduced time spent in hospital, avoid tenancy breakdown and homelessness

- Cost: inpatient £13,000 per month; Supported Housing as little as £1,000 per month*

- Reduce out of area placements – e.g. Sheffield**

* Rethink Mental Illness: This could cost lives
** CQC: Mental health rehabilitation inpatient services
Challenges?

- Lack of joined up/connected decision making at a local level
- Funding and budget pressures
- Voids (!!)
- Early discharge of service users and engagement of other professionals = Pressure on emergency/other services
- Access to appropriate accommodation
- Workforce
Housing and the LTP

“A safe and secure place to call home is arguably the most important factor in supporting recovery and long-term independence for people severely affected by mental illness.

People cannot take full advantage of the improved clinical care promised in the NHS Long Term Plan, or risk having their progress undermined, if they have an insecure or poor-quality home.”

A blueprint for supporting people severely affected by mental illness in their local communities by 2024
Final thoughts

• Supported Housing has a crucial role to play in delivery Long-term plan
• Better connectivity needed between health, social care and housing providers
• Properly resourced supported housing can save the health and social care economy ££££’s
• Demonstrating impact and outcomes – meeting the unmet need