Healthy Hearts

A systematic and targeted approach to finding those at highest risk of Cardiovascular Disease (CVD) in Greater Manchester

Overview

The Greater Manchester’s Healthy Hearts (GMHH) Programme is using the three-stage RightCare methodology (where to look, what to change, how to change) to examine pathways of care for each clinical commissioning group (CCG), and gain the insight needed on where potential opportunities for improvement lie.

According to RightCare data, if each CCG in Greater Manchester reached the level of the five best similar CCGs for circulation, there would be 356 fewer deaths for under 75-year-olds each year.

A targeted approach, identifying those at high risk of CVD systematically, aims to bring about quicker system change and reduce deaths.

Objectives

- Reduce deaths from CVD by at least 600 by 2021.
- Identify those at highest risk of heart attack or stroke to enable treatment, lifestyle interventions and self-management opportunities.
- Reduce the number of CVD events and associated morbidity.
- Identify and share best practice in Greater Manchester and elsewhere systematically.

The AHSN’s role

Taking learning from elsewhere, including innovative programmes around Greater Manchester, Health Innovation Manchester has brought together resources and a ‘menu of opportunities’ to support implementation and communications to find those at highest risk of cardiovascular disease across Greater Manchester.

Adoption and spread

A number of CCGs have expressed an interest in trialling some of the initial approaches. Engagement is ongoing, with stakeholders being identified, including NICE.

Health Innovation Manchester has also been working with some CCGs on more intensive work around atrial fibrillation and plans to expand this elsewhere.

Find out more

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