Health and Social Care explained;

What’s it like to be a commissioner?

Amanda Philpott, Chief Officer
Eastbourne Hailsham and Rother CCG and Hastings and Rother CCG

NHS Clinical Commissioners (NHSCC) Board Member
Chair – Sussex & East Surrey STP Transforming Care Partnership Board
Chair – East Sussex Local A&E Delivery Board
Host – Kent Surrey Sussex Armed Forces Network

8th August 2018
Commissioning to meet the health needs of the local population in East Sussex
**Our current healthcare services in East Sussex**

<table>
<thead>
<tr>
<th>GP Registered Population</th>
<th>GP Practices</th>
<th>GPs</th>
<th>Acute Hospital Services</th>
<th>CCG Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>196,145 (Dec 2017)</td>
<td>20 (Jan 2018)</td>
<td>128 (Jan 2018)</td>
<td>Provided from two hospital sites</td>
<td>£299m 2017/18</td>
</tr>
<tr>
<td>188,441 (Dec 2017)</td>
<td>25 (Jan 2018)</td>
<td>110 (Jan 2018)</td>
<td>Provided from two hospital sites</td>
<td>£311m 2017/18</td>
</tr>
</tbody>
</table>

**East Sussex Healthcare NHS Trust**
- Our main acute and community healthcare provider

**Sussex Partnership Foundation Trust**
- Provide Mental Health care across East Sussex

**South East Coast Ambulance Trust**
- Provide our emergency patient transport services
Understanding the health of our local communities

Other factors we consider:

- Mortality factors: Cancer, circulatory and respiratory issues
- Growing ageing population including significant 85+
- High prevalence of chronic diseases
- Significant lifestyle factors
  - Obesity and smoking
  - Excessive alcohol intake
- Under 18s conception rate higher in East Sussex
- Significant variation in life expectancy
Sussex and East Surrey STP

Sussex and East Surrey STP Sustainability & Transformation Partnership

Acute and community providers 8
Mental health trusts 2
GP Surgeries 215

Ambulance trust 1
Social care
- Domiciliary care 296
- Nursing homes 268
- Care homes 651

CCGs 8

Local authorities 4
‘Places’ 4

Central Sussex and East Surrey Alliance – North
Coastal Care
Central Sussex and East Surrey Alliance – South
East Sussex Better Together
Our responsibilities, priorities and how we work
Our priorities: the 9 national ‘must dos’ for 2017/18 & beyond

1. Develop an agreed **Sustainability and Transformation Partnership (STP)** plan determining how we will achieve the aims of the FYFV by 2020.

2. Achieve **financial balance** across the local system.

3. Develop and implement a plan to address the **sustainability and quality of general practice**.

4. Deliver **access standards** for A&E and ambulance waits.

5. Deliver 18 weeks **referral to treatment target**.

6. Deliver the **cancer standards** and improve one-year survival rates.

7. Achieve the two new **mental health** access standards.

8. Deliver plans to transform care for people with **learning disabilities**.

9. Develop and implement a plan **improve quality** particularly for organisations in special measures.
Joint EHS and HR CCGs’ staff team

<table>
<thead>
<tr>
<th>Chief Operating Officer</th>
<th>Finance</th>
<th>Chief Nurse Sussex &amp; East Surrey STP</th>
<th>Performance and Delivery</th>
<th>Primary Care and Localities</th>
<th>Armed Forces Network Kent, Surrey, Sussex</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Business</td>
<td>Strategic Investment</td>
<td>Quality and Safety</td>
<td>Planned Care Contract &amp; Performance Monitoring</td>
<td>Primary Care Strategy</td>
<td>Service improvement</td>
</tr>
<tr>
<td>ESBT Alliance governance</td>
<td>IM&amp;T</td>
<td>Transforming Care Programme (TCP)</td>
<td>Unscheduled Care Daily system OPEX – planning</td>
<td>Primary Care Co-Commissioning Cttee</td>
<td>Raise awareness of the Armed Forces Covenant</td>
</tr>
<tr>
<td>Corporate Governance</td>
<td>Payments to Staff and Providers</td>
<td>Practice Nursing</td>
<td>Payments to Staff and Providers IFR and CQUINS</td>
<td>Primary Care Estate</td>
<td>Break down barriers between organisations</td>
</tr>
<tr>
<td>Communications and Engagement</td>
<td>Financial Planning and Monitoring</td>
<td>Safeguarding Adults/ Children</td>
<td>Any Qualified Providers (AQP)</td>
<td>Locality Development</td>
<td>Service Champions Training</td>
</tr>
<tr>
<td>Organisational Development</td>
<td>Financial Position Reporting to GB and NHSE</td>
<td>Serious Incident Scrutiny</td>
<td>Contract &amp; Performance Monitoring IPR</td>
<td>Healthy Hastings and Rother (inequalities)</td>
<td>Advice and signposting</td>
</tr>
<tr>
<td>Learning and Development</td>
<td>Provider Assurance Quality</td>
<td>Serious Incident Scrutiny</td>
<td>Monthly Activity Returns. Monthly Assurance Meetings</td>
<td>Medicines Management</td>
<td></td>
</tr>
<tr>
<td>Business Planning</td>
<td>Looked After Children</td>
<td>Winter Planning. NHS Contract planning</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Assurance with NHS England</td>
<td>SEND</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
‘The Triple Aims’

**Personal**
Enhance the quality and experience of patient care (the care and quality gap)

**Population**
Improve health outcomes of populations (the health and well being gap)

**System**
Reduce the per capita cost of care (the funding and efficiency gap)
Spending £850m wisely, not saving £200m badly

Headline: Year of care costs: £2,189 to £2,800 if we don’t change, we need to aim for c.£2,300

Available resource
Projection of current care cost plus BCF requirement (Do Nothing scenario)

Spending £850m wisely, not saving £200m badly

Headline: Year of care costs: £2,189 to £2,800 if we don’t change, we need to aim for c.£2,300
Our main focus
What does the ESBT Alliance mean for us?

6 GP-led Locality meetings

Sussex & East Surrey STP

GP Federations

Shaping Health & Care events

Eastbourne, Hailsham and Seaford Clinical Commissioning Group

Hastings and Rother Clinical Commissioning Group

East Sussex Healthcare NHS Trust

Sussex Partnership NHS Foundation Trust

Save the A&G

Improve ment

healthwatch East Sussex
The ESBT framework

We agreed a single framework to bring together the entire spectrum of services people need to be fully supported at every stage of their health and care needs.

We call this the ‘6 plus 2’ box model
The story so far …

- Our shared ambition is to **develop a fully integrated health and social care system in East Sussex by 2020** to make sure every patient and service user receives proactive, joined up care that supports them to live as independently as possible and achieve the best possible outcomes.

- Our shared objective is to make sure we use our **combined £850M annual budget to achieve the best possible services for local people.**

- We have very strong public and patient engagement, particularly having engaged and consulted early and successfully on the grounds of safety to centralise maternity, orthopaedic, surgical and stroke services on different sites

- We have an excellent investment programme for health inequalities

- We have demonstrably and consistently improved safety, quality and access for local people

**BUT**

- We are all now in special measures for finance
Next steps 2018/2019

• By working together through ESBT, we have already begun to make significant improvements across health and social care

• **But this isn’t enough**

• More work is needed to break down organisational barriers and incentivise professionals and providers to work more effectively together

• International examples of ‘accountable care’ or integrated health and care, indicate that we could achieve:
  
  • 20% reduction in transactional costs
  
  • Improved patient experience
  
  • Improved quality and safety of services
Our shared 5-year Strategic Investment Plan

<table>
<thead>
<tr>
<th>Change within Sector</th>
<th>Change across Sectors</th>
</tr>
</thead>
<tbody>
<tr>
<td>%</td>
<td>%</td>
</tr>
<tr>
<td>-21%</td>
<td>-10%</td>
</tr>
<tr>
<td>29%</td>
<td>2%</td>
</tr>
<tr>
<td>64%</td>
<td>0%</td>
</tr>
<tr>
<td>25%</td>
<td>5%</td>
</tr>
<tr>
<td>14%</td>
<td>0%</td>
</tr>
<tr>
<td>93%</td>
<td>3%</td>
</tr>
<tr>
<td>16%</td>
<td>0%</td>
</tr>
<tr>
<td>52%</td>
<td>0%</td>
</tr>
<tr>
<td>8%</td>
<td>0%</td>
</tr>
<tr>
<td>-1%</td>
<td>-1%</td>
</tr>
<tr>
<td>-1%</td>
<td>-1%</td>
</tr>
<tr>
<td>-26%</td>
<td>0%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Core Sectors</th>
<th>2015/16 Outturn</th>
<th>2020/21 Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Care</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primary Care</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prescribing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mental Health</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Community</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Acute - Local</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Spending Profiles: Change 2015/16 to 2020/21

- Social Care: -21% to -10%
- Primary Care: 29% to 2%
- Prescribing: 64% to 2%
- Mental Health: 25% to 0%
- Community: 14% to 0%
- Acute - Local: 93% to 5%
- Total: 16% to 0%
Choosing our future model to deliver all this
How will we know if we are delivering the improvements in health & care we are striving for?

**ESBT Outcomes Framework**

**Population health and wellbeing**
- 4.5% reduction in the gap in excess weight for 4-5 year olds between the most and least deprived areas
- 5% reduction in the gap in preventable deaths between the most and least deprived areas
- More than 19.9% of older people saying their quality of life has improved

**The experience of local people**
- More than 79% of people are able to find information and advice about social care support and services
- More than 90% of people over 65 will be at home 3 months after rehabilitation
- More than 83.6% of people will feel safe

**Here are some things we’re working towards in 2017/18**

**Transforming services for sustainability**
- On average, fewer than 7.8 **days** for long-stay emergency admissions to hospital
- A&E attendances falling below **112,572** in 2017/18

**Quality care and support**
- A reduction in healthcare related infections
- An increase in the number of people who report they are satisfied with the care and support they receive
- A reduction in the number of falls
Any questions?

www.eastbournehailshamandseafordccg.nhs.uk
www.hastingsandrotherccg.nhs.uk
eastsussex.gov.uk/esbt
@easthailseaccg   @hastrothccg