HEALTH AND WELLBEING – A CASE STUDY, BARKING RIVERSIDE

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“I don’t care about health – well, I take my diabetes tablets and hope for the best. I’d care if it was something serious, but this isn’t serious. I’ve been given guidance on diets, but haven’t been able to afford it. I want to fill my fridge up with the good stuff, the healthy stuff...but they (the kids) don’t eat vegetables”.

Why health needs to be high on the agenda?
THAMES WARD AND THE BARKING RIVERSIDE SITE
GROWTH AND CHANGING DEMOGRAPHICS

Risk: health inequalities widen
INCLUSIVE GROWTH

“No-one left behind”

Spreading the resource and investing on the ground in Thames View

Encouraging the whole ward to utilise the new services and Facilities at Barking Riverside

- LBBD vision statement

Successful projects therefore need to embed the following principles...

1. Share growth
2. Promote connectivity and cohesion
3. Delivered in a way that fosters community ownership
4. Builds capacity and agency
OVERVIEW OF THE HEALTHY NEW TOWNS
THEORY OF CHANGE

“Healthier lives for a Thames Ward of inspired and empowered citizens, supported by innovation”

Outcomes...

| 1. Healthy behaviours improve | 2. A cohesive community is created | 3. A healthy built environment is established | 4. There are positive mental health and well being indicators | 5. Better life expectancy is achieved |

Must establish projects that promote...

| HEALTHY MIND AND BODY | CONNECTED COMMUNITY | LIFELONG HEALTH | SENSE OF PLACE | FUTURE HEALTH AND CARE |

INCLUSIVE GROWTH THROUGHOUT
EXAMPLE PROJECT: CULTURAL INSTALLATION
THE DESIGN AND DELIVERY OF THE HEALTH HUB – A CONTINUATION OF THIS PRINCIPLE

An opportunity to turn rhetoric into reality

1. Share growth
2. Promote connectivity and cohesion
3. Delivered in a way that fosters community ownership
4. Builds capacity and agency

1. Have piloted innovations for the eventual health hub in Thames View first, and will remodel the current surgery
2. Using a mixed resident steering group so Thames View residents can feel included
3. Invested in dedicated community co-design resource
4. Have facilitated a local health champions group to bring forward other projects that people feel passionately about
PROPOSED LOCATION

New station

Phase 1 completed

Rivergate Primary School

New Primary School

New Primary School

New Primary School

Riverside Campus

Integrated Health & Wellbeing Hub

Older People’s Village?
CONCEPTS

- Community
- Accessible
- Dynamic
- Inviting
- Welcoming
- Vibrant
- Open
- Transparent
- Non-institutional
- Lively
- Friendly

Site and landscape Programme

- Wellness and Fitness
- Medical and Behavioral Health and Social support
- Social Space
- Multi-phased

Front of house
- Single shared reception desk
- Concierge space for navigation
- Community kitchen and seating space for popup restaurants/cafe
- Potentially, exhibitions space for local artists

Specialist Pool
- Semipermeable membranes between them
- Health group rooms, to be also community use (therefore need secure access on both sides – into community space and into (hotel)
- Changing facilities could be located between the pool and fitness

Shared back office

Shared front of house

Community
Health
Fitness & dance
Pool
SERVICES

Riverside Campus School

Views through

Entrance for school use

Micro-landscapes

Elevated railway

Healthcare/Community

Interaction centre

Health & Care

Stairs Lifts

‘Kiosks’

‘Forum’

Stairs Lifts

Cycle Surgery

Community kitchen

‘Loggia’

Welcome info

Covered area for events + markets

School access road

Main road
What does this mean for Thames View?

- Redesign of physical infrastructure as well as service model
- Integration, collaboration and innovation: health, social care and community co-located
- Easier navigation: one reception, simple signage, informative front of house
- Test and evaluate new health and care service model tested in Thames View to inform BR planning
- Community led: linked with schools, community groups and local businesses
INTEGRATING WITH EXISTING INFRASTRUCTURE

SOME EXAMPLES INCLUDE…

- Sue Bramley Children’s Centre
- Barking Riverside schools
- Thames View Junior School
- Rivergate Centre
- Thames View Health Centre
- Thames View Community Hall
- Thames View Health Centre
- Thames View Community Hall
Jun ‘18: Integrated System Development Board set up

Nov ‘18 – May ‘19: viability analysis; procurement design, planning Etc

Jul – Sept ‘18: CCG/Provider Alliance/LBBD host series of workshops to develop care model for health & wellbeing

Oct ‘18: Single integrated client brief to developers

Mid/late ‘21: Phase 1 of Integrated Health & Wellbeing hub opens
QUESTIONS WELCOMED