Shaping the ‘Leeds DNA’

One Yorkshire, Leeds and people powered health and care

Tom Riordan – Chief Executive, Leeds City Council
Tony Cooke – Chief Officer, Health Partnerships
LEEDS BEST CITY FOR HEALTH AND WELLBEING

STRONG ECONOMY IN A COMPASSIONATE CITY

- 3rd largest city in the UK
- 15 million people in the Northern Powerhouse
- Best big city in England for standard of life
- Leeds is the fastest growing city in the UK
- Generating a £64.6bn economic output

SIMPLE AND STRONG HEALTH AND CARE SECTOR

- £1.8bn annual Leeds spend on health and care
- 57,000 people employed across health & care
- 3 NHS Trusts including one of the largest teaching hospitals in Europe
- Leeds City Council: 2016 Local Authority of the Year

LEEDS BEST CITY FOR HEALTH AND WELLBEING

A LEARNING CITY

- 3 universities
- Totalling over 62,000 students

LEADING IN INNOVATION

- Home to 160 Med-tech & health informatics companies
- Largest concentration of health informaticians in the UK

SIMPLE AND STRONG HEALTH AND CARE SECTOR

- Single commissioning voice
- 57,000 people employed across health & care
- 3 NHS Trusts including one of the largest teaching hospitals in Europe
- Leeds City Council: 2016 Local Authority of the Year

Leeds has 22% of all digital health jobs in England

Leeds Care Record connects the data from half a million patient records
Improving the health of the poorest the fastest

CONCERNING HEALTH TRENDS

Leeds as a whole

- Female life expectancy (2011-2015): 82 yrs 1mth, down by 2.5mths

CAUSES - RISING DEATHS

- 93 female deaths in Leeds were from alcohol-specific conditions
- 139 people died from drug misuse in Leeds
- 213 deaths by suicide in Leeds (2011-2013)
- 16-24 age group women in Leeds have the highest rates of common mental health disorders, self-harm and PTSD

75% of those deaths were in men (in Leeds 2014-16)
83% of deaths were men

UNDERLYING FACTORS – INCREASING DEPRIVATION

- 175,000 are classified as being in ‘absolute poverty’ (around a quarter of our population)
- 38,000 households are in fuel poverty
- 15,000 households affected by in-work poverty
- 28,000 Leeds children are in poverty (around 20%) ...

...of those 64% are estimated to be from working families

For the whole report and recommendations see: http://www.leeds.gov.uk/residents/Pages/Director-of-Public-Health-Annual-Report.aspx
Leeds Health and Wellbeing Strategy 2016-2021

We have a bold ambition:

'Leeds will be the best city for health and wellbeing'.

And a clear vision:

'Leeds will be a healthy and caring city for all ages, where people who are the poorest improve their health the fastest'.

5 Outcomes

1. People will live longer and have healthier lives
2. People will live full, active and independent lives
3. People's quality of life will be improved by access to quality services
4. People will be actively involved in their health and their care
5. People will live in healthy, safe and sustainable communities

In our city... wellbeing starts with people and everything is connected

- The best care, in the right place, at the right time
- A valued, well trained and supported workforce
- Promote mental and physical health equally
- Support self-care, with more people managing their own conditions
- A stronger focus on prevention
- Maximise the benefits from information and technology
- Get more people, more physically active, more often
- A strong economy with quality, local jobs
- Housing and the environment enable all people of Leeds to be healthy
- In Leeds, as we grow up and as we grow old, the people around us help us find the places we live in, the work we do, the way we move and the connections we make

Indicators

- Infant mortality
- Good educational attainment at 16
- People earning a Living Wage
- Incidents of domestic violence
- Incidents of hate crime
- People affording to heat their home
- Young people in employment, education or training
- Adults in employment
- Physically active adults
- Children above a healthy weight
- Avoidable years of lost life
- Adults who smoke
- People supported to manage their health condition
- Children's positive view of their wellbeing
- Early death for people with serious mental illness
- Employment of people with a mental illness
- Unnecessary time patients spend in hospital
- Time older people spend in care homes
- Preventable hospital admissions
- Repeat emergency visits to hospital
- Carers supported
TWELVE BIG IDEAS

These act as an action plan to encourage inclusive growth in the city. Our big ideas are focused on supporting **PEOPLE, PLACE** and **PRODUCTIVITY**.

BEST CITY FOR HEALTH AND WELLBEING

PUTTING CHILDREN AT THE HEART OF THE GROWTH STRATEGY

EMPLOYERS AND PEOPLE AT THE CENTRE OF THE EDUCATION AND SKILLS SYSTEM

WORKING TOGETHER TO CREATE BETTER JOBS, TACKLING LOW PAY AND BOOSTING PRODUCTIVITY

SUPPORTING PLACES AND COMMUNITIES TO RESPOND TO ECONOMIC CHANGE

DOUBLING THE SIZE OF THE CITY CENTRE

BUILDING A FEDERAL ECONOMY - CREATING JOBS CLOSE TO COMMUNITIES

LEEDS AS A DIGITAL CITY

21ST CENTURY INFRASTRUCTURE

BACKING INNOVATORS AND ENTREPRENEURS IN BUSINESS AND SOCIAL ENTERPRISES

PROMOTING LEEDS AND YORKSHIRE

MAXIMISING THE ECONOMIC BENEFITS OF CULTURE
Leeds Left Shift

- Healthy
- Episodic illness
- Healthy at higher risk of developing health and social care needs
- Living with frailty
- Living at end of life

Stages of health and wellbeing people tend to be within at a point in time

Current emphasis of resources and focus
- Prevention
- Self Care
- Primary Care
- Secondary Care

Shift as a society we need to make

Future emphasis of resources and focus
- Prevention
- Self Care
- Primary Care
- Secondary Care
In Leeds we believe wellbeing starts with people: The connections, conversations and relationships between services and citizens and between people in their families and communities have a huge impact on us all.

Quality conversations make a difference, especially when used positively by services to work ‘with’ people to find solutions rather than things being done ‘to’ people or ‘for’ them.

Our commitment to working with people is about bringing these beliefs to life, by developing the skills and mind-set across Leeds’ health and care workforce to use solutions that work with people wherever it is safe, appropriate and the right thing to do.

Better conversations: A whole city approach to working with people

Working ‘with’ means...

- Focus on ‘what’s strong’ rather than ‘what’s wrong’
- Put people at the centre of all decisions
- Actively listen to what matters most to people
- Start with people’s lived experience
- Work as partners to achieve individual goals
- Be ‘restorative’. Offer high support and high challenge
- Build on the assets in ourselves, our families & our communities

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“Working in and with local communities”
Find out more

- Health.PartnershipsTeam@leeds.gov.uk
- @HWBBoardLeeds
- www.leeds.gov.uk/bestcity
- www.leedsgrowthstrategy.co.uk
- @HWBBoardLeeds
- @LeedsGrowth