Objectives

• Describe formal systems of care
• Define Centers of Excellence
• Describe role of Centers of Excellence in formal systems of care
• Understand role and function of the South Carolina Center of Excellence in Evidence-Based Intervention within the Palmetto Coordinated System of Care
• Become familiar with the activities of the SC Center of Excellence in Evidence-Based Intervention

The Problem

• Behavioral health conditions impact 1 in 20 youth
  • 3-6% of school age youth have severe emotional or behavioral disorders
  • Less than half have access to services
  • Cost is high ($247 billion, 2009 IOM estimate)
  • Fragmented services, restrictive settings
  • Calls for reform began in the 1960’s
Solution: Formal Systems of Care

Outcomes

• For Children and Youth
  • Decreased suicide rates, substance use, and juvenile justice involvement
  • Increased strengths, school attendance and grades, and stability of living situation

• For Families
  • Reduced caregiver strain
  • Improved family functioning

Outcomes

• For Service Delivery Systems
  • Expanded service array of home and community-based services and supports
  • Individualization of services
  • Increased family and youth involvement in services
  • Increased coordination of care
  • Increased use of evidence-based practices
Another Problem

Why the gap?

• Implementation: the bazillion variable problem
Diffusion of Innovations

Let it happen  Make it happen  Help it happen


Solution: Centers of Excellence

- A COE is an organization or group of partnering organizations whose primary role is to support/inform systems level reform efforts that are using evidence based/promising practices as a core strategy

The Institute for Innovation & Implementation (The Institute) at the University of Maryland School of Social Work
• Funded by Substance Abuse and Mental Health Services Administration
• Lead by the SC Department of Health and Human Services (https://msp.scdhhs.gov/pcc)
• Focus on wraparound model of care
• Improve care quality and coordination with families at the core
• Wide range of stakeholders

• Issued an RFP for the development of a South Carolina Center of Excellence in 2015
• SC Center of Excellence in Evidence-Based Intervention began in January of 2016
Mission Statement

To support agencies and organizations in the selection and implementation of evidence-based interventions to **promote youth and family well-being** and to address challenges related to behavioral health problems and substance use.

Vision

- Make evidence-based support and intervention available when and where youth and families need them
- Promote excellence and accountability in service provision
- Encourage a ready workforce

Based on Prevention Model

- Indicated
- Selective
- Universal
Center Role in the PCSC

- Identify and help select evidence-based (EB) interventions for youth and families
- Serve as a resource for information on EB interventions for parents, families, providers, and policy makers
- Serve as an intermediary organization
  - Create training and technical assistance plans for identified EB interventions
  - Support high quality implementation of EB interventions with fidelity
  - Establish mechanisms for data collection and feedback
- Evolving!

Center of Excellence Activities

Infrastructure

- Center Director
- Center Coordinator
- Logo
- Website: bestpracticesforyouthsc.org
- Multidisciplinary and multi-organization advisory board
  - representatives from state agencies, private providers, non-profit organizations, families, youth, and national experts
  - Meets quarterly
Evidence-Based Intervention Identification and Support

- Report to PCSC Leadership on evidence-based interventions
  - Intensive Family Service Models
  - Family Interventions
  - Parenting and Youth Interventions
- Exploration Work Group
  - Diverse stakeholders
  - Rated interventions in report based on implementation factors, made recommendations to PCSC Leadership
- Report for South Carolina First Steps to School Readiness
- Discussions on specific evidence-based models

Engagement & Collaboration

- PCSC Planning Committee
- Joint Council on Children and Adolescents
  - Workforce Committee
  - Learning Management System
  - Cultural and Linguistic Committee
- SC Department of Mental Health
- SC Department of Alcohol and Other Drug Abuse Services
- The Children’s Trust
- SC First Steps to School Readiness
- Interagency Trauma Team
- Evidence-based intervention purveyors

Education

- Blog
- Lunch and Learns (TBS)
- Organizing the PCSC Pre-Conference on Evidence Based Interventions
  - September 13, 2017, Columbia, SC
- Supporting PCSC Conference Planning
  - September 14, 2017
Workforce Development

- Managing and Adapting Practice
- Modular Approach to Treatment of Children with Anxiety, Depression, Trauma, and Conduct Problems

Research

- South Carolina Behavioral Health Provider Survey underway
  - Landscape survey
  - Open until May 15, 2017
  - Workforce characteristics
  - Training and implementation of evidence-based interventions for children, youth, and families
- Organization level survey on implementation of evidence-based interventions in planning stage

Next Steps

- Further dissemination of information on evidence-based approaches
- Explore training options for providers in evidence-based interventions
  - Coordinate with existing provider training efforts
- Create training and implementation plan for an evidence-based approach
- Support implementation and/or expansion of existing evidence-based intervention
- Link to pre-service educational efforts
The Future

- Oversee ongoing training and TA efforts for selected interventions
- Provide dissemination and implementation support for selected interventions
- Establish systems for ongoing data collection
- Enhance and establish connections with academic training programs across multiple disciplines
- Pilot test methods of implementation supports
- Work toward sustainability

Stay Tuned!

Thank you
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Disclosure

• Cheri Shapiro, Ph.D. is a Training Consultant for Triple P America