



## PROVIDERS

### NURSE PRACTITIONER (NP)

The NP is dedicated to helping you meet your goals and improving your quality of life. The NP works in collaboration with other members of your care team to find the appropriate diagnosis and treatment of your condition.

### MEDICAL ASSISTANT (MA)

Also called your care coordinator, the MA will be with you during most of your visit. Going forward, the MA helps advocate for your needs and assists you in receiving the mutually agreed upon care.

### CLINICAL SOCIAL WORKER (CSW)

Treating the whole woman means recognizing that anxiety, depression, substance use and overall well-being can have a significant impact on our health management. In order to get the best outcomes, the CSW may work with you to identify and treat any emotional health needs to help improve treatment and enhance your quality of life.

### PHYSICIANS

Physicians on your team may include fellowship-trained urogynecologists, doctors specializing in colon and rectal disorders, dermatologists, urologists and OB-GYN pelvic pain specialists.

### PELVIC FLOOR PHYSICAL THERAPIST (PFPT)

The PFPT is focused on treating the musculoskeletal and neuromuscular causes of complex pelvic floor issues, including bowel and bladder issues (sometimes called incontinence), chronic pain and sexual dysfunction.

### LEARNERS

Learners, which include medical students and residents, are a vital part of your care team. Not only can learners provide helpful insights, but your participation can help them learn how to better care for future generations of women.





The University of Texas at Austin  
**UT Health Austin**

# WELCOME TO THE WOMEN'S HEALTH INSTITUTE AT UT HEALTH AUSTIN.



## WHAT WE TREAT:

- Pelvic organ prolapse
- Bowel and bladder dysfunction
- Sexual dysfunction
- Chronic pelvic pain
- Vulvar disorders

## WHERE WE'RE LOCATED:

**HEALTH TRANSFORMATION BUILDING  
1601 TRINITY STREET  
AUSTIN, TEXAS 78712**

*Please see map on reverse for directions  
to our office and information about parking.*

Questions? Feel free to call our office at:  
**1-833-UT-CARES (1-833-882-2737)**

## ABOUT YOUR APPOINTMENT:

### ARRIVE 30 MINUTES EARLY

In order for you to have the best possible experience, please arrive 30 minutes before your appointment time.

### ACCOMMODATE TIME FOR YOUR VISIT

Make sure to block up to 2 hours for your visit.

### DURING YOUR APPOINTMENT

We work in a care team-based approach to help you reach your treatment goals. We may recommend that you see multiple providers on this care team during your visit.

### STAY UP-TO-DATE WITH YOUR CARE

Sign up for the My CareTeam patient portal at :  
<https://16041-1.portal.athenahealth.com/>

**HEALTH TRANSFORMATION BUILDING  
1601 TRINITY STREET  
AUSTIN, TEXAS 78712**

Parking for the Health Transformation Building is available in the Health Center Garage.

## DRIVING DIRECTIONS:

### FROM NORTHBOUND I-35

Follow I-35 N to Exit 235A. Proceed onto I-35 Frontage Road. Turn left on 15th Street. Turn right onto Trinity Street. The entrance to the Health Center Garage will be immediately on your right.

### FROM SOUTHBOUND I-35:

Follow I-35 S to Exit 235A. Turn right on 15th Street. Turn right onto Trinity Street. The entrance to the Health Center Garage will be immediately on your right.



## NOTES:

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