WELCOME

At UT Health Austin, every member of the Women’s Health Institute is dedicated to providing the specialized treatment and ongoing support all women need to live healthier lives. Led by a team of specialized doctors, the Women’s Health care team is introducing a coordinated, whole-woman approach to care.
ABOUT
UT HEALTH AUSTIN

ABOUT OUR PRACTICE

UT Health Austin, the group practice designed and managed by the faculty and staff of the Dell Medical School, focuses the expertise of a team of experienced medical professionals to deliver comprehensive care of uncompromising quality for all patients.

WHERE TO FIND US

Monday through Friday, 8 a.m. to 5 p.m. Parking for the Health Transformation Building is available in the Health Center Garage.

Health Transformation Building
9th Floor
1601 Trinity Street
Austin, 78712

DRIVING DIRECTIONS

FROM NORTHBOUND 1-35
Follow I-35 N to Exit 235A. Proceed onto I-35 Frontage Road. Turn left on 15th Street. Turn right onto Trinity Street. The entrance to the Health Center Garage will be immediately on your right. Experienced medical professionals to deliver comprehensive care of uncompromising quality for all patients.

FROM SOUTHBOUND 1-35
Follow I-35 S to Exit 235A. Turn right on 15th Street. Turn right onto Trinity Street. The entrance to the Health Center Garage will be immediately on your right.

WHERE TO CONTACT US

For questions or more information please call 1-833-UT-CARES or go to uthealthaustin.org

/uthealthaustin  @uthealthaustin  @uthealthaustin
ASSOCIATE PROVIDERS (AP)

The AP is dedicated to helping you meet your goals and improving your quality of life. The AP works in collaboration with other members of your care team to find the appropriate diagnosis and treatment of your condition.

MEDICAL ASSISTANT (MA)

Also called your care coordinator, the MA will be with you during most of your visit. Going forward, the MA helps advocate for your needs and assists you in receiving the mutually agreed upon care.

PELVIC FLOOR PHYSICAL THERAPIST (PFPT)

The PFPT is focused on treating the musculoskeletal and neuromuscular causes of complex pelvic floor issues, including bowel and bladder issues (sometimes called incontinence), chronic pain and sexual dysfunction.
REGISTERED DIETICIAN (RD)
The RD supports you through the process of creating healthy eating habits as you strive for a better quality of life.

CLINICAL SOCIAL WORKER (CSW)
Treating the whole woman means recognizing that anxiety, depression, substance use and overall well-being can have a significant impact on our health management. In order to get the best outcomes, the CSW may work with you to identify and treat any emotional health needs to help improve treatment and enhance your quality of life.

LEARNERS
Learners, which include medical students and residents, are a vital part of your care team. Not only can learners provide helpful insights, but your participation can help them learn how to better care for future generations of women.

PHYSICIANS
Physicians on your team may include fellowship-trained urogynecologists, doctors specializing in colon and rectal disorders, gynecologists, dermatologists, urologists and OB-GYN pelvic pain specialists.
PREPARING FOR YOUR APPOINTMENT

WHAT SHOULD I BRING TO MY APPOINTMENT?

Please arrive at least 30 minutes before your appointment. During this time, you will be asked to answer questions about your health, your history and your goals. Some of these questions may be sensitive, but they help determine the next steps and the right care team for you. You can do them privately or one of our trained concierge members can help answer them with you.

Please bring a list of current medications, any past medical records and your current insurance card.

ACCOMMODATE TIME FOR YOUR VISIT

Make sure to block up to 2 hours for your visit.

DURING YOUR APPOINTMENT

We work in a care team-based approach to help you reach your treatment goals. We may recommend that you see multiple providers on this care team during your visit.

WHAT DO WE TREAT AT THE WOMEN'S HEALTH INSTITUTE?

Pelvic organ prolapse
Bowel and bladder dysfunction
Sexual dysfunction
Chronic pelvic pain
Vulvar disorders

Endometriosis
Complex Contraception
Well Woman Care
Essure Removal
FILLING OUT PATIENT REPORTED OUTCOMES

The providers at UT Health Austin understand that successful outcomes may be different for each patient. In order to measure these outcomes, we ask patients to take an active role in your care, including answering questions about health and personal goals.

While scheduling your first appointment, the referral coordinator will ask a series of questions to help start your treatment on the right track. You will then be asked to fill out a series of questions about your health, lifestyle and personal goals by our outcomes specialist. It’s important to answer these questions. These answers help your care team develop a personalized treatment plan.

Before your first visit, the care team meets to discuss the information gathered by the outcomes specialist. We factor in things like personal goals, lifestyle, and support network to figure out what treatment options allow us to best partner with you in your health. We work with you to define your goals and remain committed throughout your treatment plan to measuring the things that matter most to you.

WHERE DO I PARK?

Parking is available in the Health Center Garage (HCG) next door to the Health Transformation Building.

WHERE DO I ENTER THE BUILDING?

You can enter the building on Trinity Street or through the Health Center Garage. Once you’ve entered the building, please check in on your clinic floor.

CAN I BRING FAMILY MEMBERS TO MY APPOINTMENT?

Family members or care givers are welcome to join you during your appointment.

I’M RUNNING LATE. WHAT SHOULD I DO?

Please arrive 30 minutes before the scheduled appointment time. If you are running late, please call 1-833-UT-CARES for information.