



ACCREDITED
ARBORETUM



2026 Scarecrow Contest Winner



Fall 2026

Resident Registration
THURSDAY, JULY 30 AT 8:30AM

Non-Resident Registration
THURSDAY, AUGUST 6 AT 8:30AM

www.communityparkdistrict.org

Calendar of EVENTS



Resident Registration	Thursday, July 30
Non-Resident Registration	Thursday, August 6
Touch-a-Truck	Saturday, September 12
Grandparents Day	Sunday, September 13
Barks & Brews	Saturday, October 3
Thankful Creations	Saturday, November 14
Breakfast with Santa	Saturday, December 5
Holiday Lights at Memorial	December 1 - January 2

BOARD OF PARK COMMISSIONERS

The Community Park District Board of Commissioners is comprised of five commissioners elected by Park District residents to serve unpaid, four-year terms. The Board governs, on behalf of residents, all activities of the Park District.

Regular Park Board meetings are held on the second Monday of each month at the Recreation Center, 1501 Barnsdale Road, at 6:30 pm. Your attendance is both welcome and encouraged.



Robert Corte, President
Sheri Sauer, Vice President
Alex Zuck, Secretary

Tim Ogden, Treasurer
Mike Marusic, Commissioner

MEET THE TEAM

Jessica Cannaday, CPRP
 Executive Director

Katherine Cervantes
 Recreation Coordinator

Spencer Clark
 Fitness Manager

Rachel Demes
 Finance & Administrative Coordinator

Sara Earhart, CPSI, ISA
 Superintendent of Parks

Juan Montes CPRP
 Superintendent of Recreation

Michele Ritacco
 Recreation Manager

Filemon Sanchez
 Parks 1, Lead Mechanic

Olga Viramontes
 Building Custodian

Susan Zander
 Marketing & Special Events Manager

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Park District Office & Recreation Center

1501 Barnsdale Road
La Grange Park, IL 60526
Phone: (708) 354-4580

Community Park Fitness

1100 E. 31st Street
La Grange Park, IL 60526
Phone: (708) 354-3580

Website: www.communityparkdistrict.org



Stay up to date!
@communityparkdistrict

Park District Office Hours

Monday–Friday 8:30am–5:00pm

Program Icons



ENRICHMENT CLASSES:

This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschool aged children, whether or not they attend Ready Teddy.



CO-OP PROGRAMMING:

This icon indicates a co-op program. Please make a note of the location when you register for a class.

Park District Mission

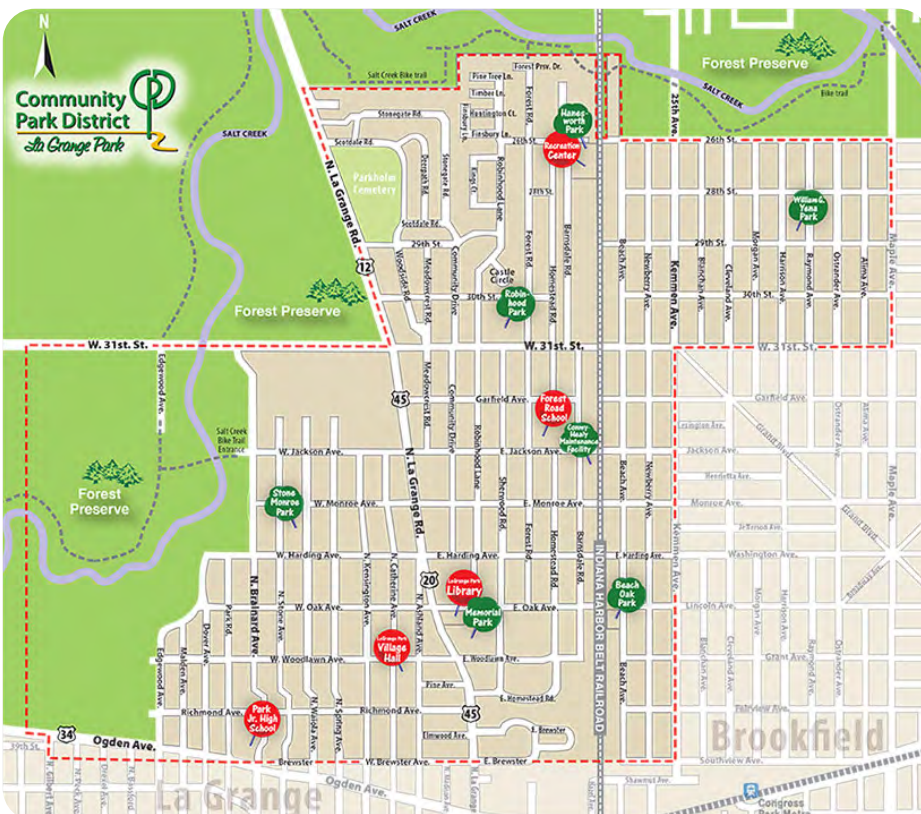
The Community Park District of La Grange Park supports a healthy and inclusive community by positively impacting physical, social, emotional, and environmental well being.

Core Values

Community Wellness
Preserve Park Land
Dedicated to Transparency
Leadership
Generational Opportunities
Play for All

PROGRAM LOCATIONS

- RECREATION CENTER**
Park District Office (LP)
1501 Barnsdale Road, La Grange Park
- COMMUNITY PARK FITNESS**
1100 E. 31st Street, LP
- MEMORIAL PARK**
La Grange Road at Woodlawn, LP
- ROBINHOOD PARK**
30th and Robinhood Lane, LP
- STONE-MONROE PARK**
Stone and Monroe Avenues, LP
- WILLIAM G. YENA PARK**
29th and Harrison Avenue, LP
- HANESWORTH PARK**
26th and Barnsdale Road, LP
- VILLAGE CHURCH**
1150 Meadowcrest Road, LP
- EHLERT PARK**
4338 Congress Park Ave, Brookfield
- RECREATION CENTER**
536 East Avenue, La Grange
- RECREATION CENTER**
1500 Walker Street, Western Springs
- VETERAN'S MEMORIAL**
Corner of Sherwood Road & E. Oak Avenue



PARK LOCATIONS

- MEMORIAL PARK**
132 Oak Avenue
- ROBINHOOD PARK**
30th and Robinhood Lane
- HANESWORTH PARK**
26th and Barnsdale Road
- BEACH-OAK PARK**
Beach and Oak Avenues
- WILLIAM G. YENA PARK**
29th and Harrison Avenue
- STONE-MONROE PARK**
Stone and Monroe Avenues
- VILLAGE CHURCH**
1150 Meadowcrest Road, LP

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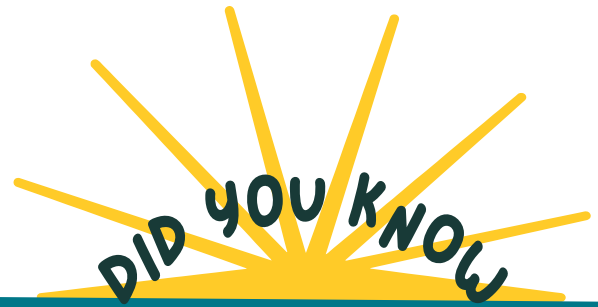
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The "Library of Things" makes a day at Memorial Park a Breeze.

From yoga mats and bocce balls to bubble machines, if you're spending a day at Memorial Park, the La Grange Park Library's Library of things may have what you need to help you make the best of your visit. Do you need a karaoke machine for a party? Want some binoculars for a ball game? Have interest in Instant Pots or air fryers? Check them (along with dozens of other cool things) from the La Grange Park Library's Library of Things! Visit lplibrary.org/things to see a complete list and check on availability. Visit our Childrens Services Department for a list of items for children.



Start Today

LIVE STRONG. LIFT LOCAL

Strength, Sweat, and Smiles!

Stop by 1100 E. 31st. Street or call 708-354-3580 for more details!

Fall 2026 Executive Director's Letter

Dear Residents and Neighbors,

This summer truly was a transformative one for recreation here in La Grange Park!

- The nearly \$2 million renovation of Yena Park was completed and the park is now open for all to enjoy! Watch for details on our grand re-opening celebration in the spring!
- Robinhood and Stone Monroe Parks both received new surfacing.
- Interior painting as well as tuckpointing and parking lot work was completed at Community Park Fitness.
- Significant progress was made on the Recreation Center expansion project
- The Memorial Park Sport Courts received new surfacing
- Significant landscaping and hardscaping projects were completed at the Meadowcrest property.
- New pollinator gardens were established at Memorial Park.
- New outdoor group exercise classes were offered for our community.
- Young artists enjoyed brand new cultural arts camps this past season.

And we are so excited to continue this momentum into the fall!

We hope you enjoy all of the exciting programs and opportunities here in La Grange Park, from our new Sourdough Starter class to community favorites like Breakfast with Santa! Of course, if you haven't yet, we highly recommend that you stop by Community Park Fitness or try one of our premium fitness classes this fall.

In addition to planning a comprehensive catalog of new and exciting program offerings for the expanded recreation center, our team is diligently working on planning for the demolition of the building at Meadowcrest, as well as conducting feasibility studies for new saunas at Community Park Fitness.

Please make sure to continue to check our website and follow us on social media for updates!

Jessica Cannaday, CPRP
Executive Director
Community Park District of La Grange Park
jcannaday@communityparkdistrict.org
708-354-4580



Community Park District of La Grange Park Presents



Join us for this FREE EVENT where kids can get up close and personal with fire trucks, buses, diggers & other fun vehicles!

1501 Barnsdale Rd.





GRANDPARENTS DAY

Age: All

Make lasting memories at our Grandparents Day celebration! Grandparents and grandchildren will enjoy a variety of fun activities together. Please note that all attendees, including grandparents and grandchildren, must be registered to participate.

📍 **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
9/13	Su	TBA	TBA

PATRIOTS DAY

Gather with us for a 30-minute tribute honoring the lives lost on September 11, 2001, especially the brave first responders who made the ultimate sacrifice. As we reflect on the impact of that day 25 years ago, we invite the community to come together in remembrance and unity.

📍 **Veteran's Memorial (Sherwood & Oak Ave),**

Date	Day	Time
9/11	F	TBA



CHILI COOK OFF

A COMMUNITY TRADITION!



**JOIN THE LA GRANGE PARK
CHAMBER OF COMMERCE
& COMMUNITY PARK DISTRICT**

for a flavorful evening of friendly competition and community spirit. Whether you're competing or coming to sample, it's a taste of fall you won't want to miss!



**THURSDAY,
OCTOBER 17TH**



**OAK AVENUE PAVILION,
MEMORIAL PARK**



**BE A CONTESTANT,
SPONSOR, OR TASTER!**

SUPPORT LOCAL. CELEBRATE COMMUNITY



The Community Park District of La Grange Park presents...

Barks and Brews



Oct. 3rd, 5-7pm

1150 Meadowcrest
La Grange Park, IL



www.communityparkdistrict.org

Enjoy craft beer, music, food and
fun- all in the company of your
dog!





CAMPFIRE IN THE PARK

with the La Grange Park Public Library



Make s'more friends! Spend the evening at Memorial Park roasting marshmallows and hearing spooky stories from the La Grange Park Public Library. We will provide marshmallows, sticks, chocolate and graham crackers; you are welcome to bring any other ingredients you'd like to add. 📍 **Memorial Park, LP**

Date	Day	Time
10/14	W	6:30-7:30pm

SCARECROW SHOWDOWN

REGISTER

Get ready for a fall tradition full of fun, creativity, and a little friendly competition! We're calling all residents and businesses to test the limit of their imaginations. Register to receive your Scarecrow Starter Kit (available for pickup starting 10/2). Once your scarecrow is built, proudly display it at your home or business and email us a photo by 10/14. Community judging will take place 10/15-10/22. Winners will get bragging rights and a featured spot in our Fall 2027 Program Brochure!

Date	Day	Fee Resident only
10/14	W	\$15

FAMILY PUMPKIN CARVING

REGISTER

Age: All

Bring your creative ideas to this fun annual event for the entire family! Each registered participant will receive one pumpkin to carve and decorate. We will have carving tools, stencils, candles and apple cider on hand. (And heaters if it's cool out!)

📍 **Memorial Park, LP**

Date	Day	Time	Fee R/NR
10/21	W	5:00-6:00pm	\$10/\$15

HALLOWEEN FUN

WITH OUR COMMUNITY PARTNERS!



TRUNK OR TREAT

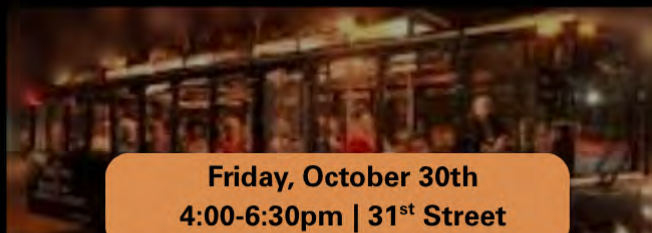
with the La Grange Park Public Library



Saturday, October 17th
6:00-7:30m | Memorial Park

HAUNTED TROLLEY

with the La Grange Park Chamber of Commerce



Friday, October 30th
4:00-6:30pm | 31st Street



SUPPORT LOCAL. CELEBRATE COMMUNITY





THANKFUL CREATIONS

[REGISTER](#)

Celebrate the season of gratitude with a cozy morning of family crafting and connection. Each group will make crafts, then enjoy hot apple cider, and take a photo at our fall themed photo spot. All supplies are included - just bring your creativity and your favorite people. One registration per family/kit. Space is limited!

📍 **Recreation Center, 1501 Barnsdale Rd.**

Date	Day	Time	Fee
11/14	Sa	10:00-11:30am	\$25/\$35

SANTA VISITS

[REGISTER](#)

Santa is coming to La Grange Park and he wants to make a stop at your home to wish everyone a Merry Christmas! Santa will set up a time for a visit, lasting approximately 10 minutes. Any gifts to be passed out must be given to Santa when he arrives or left on the front step prior to his arrival. An email will be sent home about a week before the visit giving you instructions. Spots fill up quickly. One family per visit. La Grange Park residents only

Date	Day	Fee Resident only
12/15	Tu	\$30

HOLIDAY IN THE PARK

Memorial Park shines bright all December long! Stroll through a festive wonderland of lights and holiday cheer. Enjoy dazzling displays throughout the month, with special highlights including the Village's Tree Lighting early in the season. Make Memorial Park part of your holiday tradition!

📍 **Memorial Park, LP**

Date	Time
12/1-1/2	Dusk-Dawn





BREAKFAST

With Santa

REGISTER

Join us for a festive morning with Santa!
Enjoy a catered breakfast of scrambled egg
bake, sausage, potatoes, pancakes, and rolls—
plus holiday cheer and family fun.



Saturday December 5
Starts at: 9:30am

www.communityparkdistrict.org





meet friends

make memories

build community





SCHOOL YEAR
SEPTEMBER 14, 2026 - MAY 14, 2027

At Ready Teddy Preschool, we offer a nurturing environment where children ages 1-5 years can explore, grow, and build essential skills. Our program is designed to foster development through engaging social play and hands-on learning experiences. With a focus on interactive centers, we lay the foundation for future academic success while encouraging curiosity, creativity and a love for learning.

Enrichment Classes

Our enrichment classes offer engaging opportunities for preschoolers to explore special interests. Look for the Ready Teddy icon to find classes that will enhance your child's day. Additional fees vary by class. Full descriptions and schedules can be found in the fall brochure. Children are supervised to and from all classes.

ABC Before and After School Care

Before and After School Care is an optional program that can be paired with our Ready Teddy Preschool classes. Care is available from 8:00 am to 5:00 pm and is scheduled based on the needs of each student. (Please note: ABC is not offered on party days or school holidays.) Ready Teddy students may register for ABC on their designated class days, with a limit of 4 hours per day. For more information, contact the Park District office at (708) 354-4580.



Friday Learn and Play

Age: 1-2 years

This Learn & Play class offers a teacher-led experience with full parent participation, providing a nurturing environment where your child can grow and explore. Activities are designed to encourage early learning through play, socialization, and creative development, while also supporting your child's language, motor, and cognitive skills.

Parents are required to attend with their child, creating a special opportunity for you to engage in your child's learning journey. Through guided activities like music, sensory play, art projects, and interactive games, children will build confidence and begin to develop essential skills. This class is the perfect way to introduce your child to our Ready Teddy community and provide a strong foundation for future preschool experiences. *Tuition is paid per session

Date	Day	Time	Fee R/NR (Tuition is paid per session)
9/18-10/23	F	9:00-10:00am	\$100/\$110
		10:30-11:30am	\$100/\$110
		1:30-2:30pm	\$100/\$110
11/6-12/11	F	9:00-10:00am	\$100/\$110
		10:30-11:30am	\$100/\$110
		1:30-2:30pm	\$100/\$110



2 Year Old Program - Cubbie Bears

Our 2-year old preschool class is designed to provide a warm and welcoming environment where your child can begin their journey of exploration and learning. At this stage, we focus on building foundational skills through play-based activities that encourage curiosity, social interaction, and early development.

We've redesigned this class structure to better prepare your preschooler for their academic journey ahead. As a parent or guardian, we kindly ask for your active involvement in supporting your child during the first few weeks to help them build the independence needed to attend class on their own.

Progressive build to a 2 hour a day program in January 2027

*Tuition is paid per month

Session	Date	Day	Time	Fee R/NR per month
8:30-10:30am 2 Year Olds	9/15-5/13	Tu/Th	8:30-9:30am (Sept/Oct)	\$183/\$193
			8:30-10:00am (Nov/Dec)	
			8:30-10:30am (Jan-May)	
11:00am-1:00pm 2 Year Olds	9/15-5/13	T/Th	11:00-12:00pm (Sept/Oct)	\$183/\$193
			11:00-12:30pm (Nov/Dec)	
			11:00-1:00pm (Jan-May)	
8:30-10:30/11:00-1:00 2.5 Year Olds	9/14-5/12	M,W	8:30-10:30am (Sept-May)	\$183/\$193
			11:00-1:00pm (Sept - May)	

3 Year Old Program - Koalas

Our 3-year-old preschool class is designed to foster curiosity, independence, and creativity in a fun and nurturing environment. Through hands-on activities, we introduce children to foundational concepts such as shapes, colors, numbers, and the alphabet. Play-based learning is at the heart of our program with engaging activities like art projects, music, storytelling, and interactive games that promote social skills, emotional growth, and cognitive development.

In this class, children begin to build strong friendships, learn to follow simple routines, and develop their fine and gross motor skills. Our goal is to create a supportive space where children feel confident, loved, and excited about learning as they take their first steps in their educational journey.

3-year-olds have the option to register for MWF and T/Th sessions to create a 5-day experience. Curriculum will be repetitive and Fridays are designed to provide additional social/emotional learning through play opportunities. Students cannot register for morning and afternoon classes to create a full day.

Date	Day	Time	Fee R/NR per month
9/14-5/14	M,W,F	8:30-11:30am	\$254/\$264
		12:30-3:30pm	\$254/\$264
9/15-5/13	Tu/Th	8:30-11:30am	\$175/\$185
		12:30-3:30pm	\$175/\$185

4 & 5 Pre-Kindergarten Program - Panda & Brown Bears

This is the final step in our Preschool program, where our dedicated teachers are preparing your child for a smooth transition into kindergarten. Following the Illinois Early Childhood Standards and Benchmarks, we explore new themes each week, with a strong focus on math, literacy, and gross motor skills. Through hands-on activities and engaging lessons, your preschooler will build the foundational skills they need for academic success and continued growth. We are excited to help your child take the final steps toward kindergarten readiness in a fun, supportive, and enriching environment. (Tuition is paid monthly.)

Date	Day	Time	Fee R/NR per month
9/14-5/14	M-F	8:30am-2:30pm	\$680/\$690
9/14-5/14	M-F	8:30am-12:00pm	\$365/\$375



★ Creative STEAM

Age: 2.5-5

REGISTER

In this hands-on program, young learners will dive into exciting projects that spark creativity and curiosity. Using a variety of materials, students will discover new concepts, experiment with ideas, and design their own creations—all while building a strong foundation for future classroom success. With a dynamic blend of Science, Technology, Engineering, Arts, and Math, every session is a fun, interactive adventure in learning. **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Age	Fee R/NR
9/14-10/26	M	10:30-11:15am	2.5-3	\$58/\$68
9/14-10/26	M	11:30am-12:15pm	3's	\$58/\$68
9/14-10/26	M	12:30-1:15pm	4-5	\$58/\$68
Skip 10/14				
11/4-12/16	W	10:30-11:15am	2.5-3	\$58/\$68
11/4-12/16	W	11:30am-12:15pm	3's	\$58/\$68
11/4-12/16	W	12:30-1:15pm	4-5	\$58/\$68
Skip: 11/25				



★ Little Chefs

Age: 2.5-5

REGISTER

Learn to handle basic kitchen tools and follow simple steps to create healthy and yummy treats! Safety and accuracy will be emphasized. Our curriculum is strictly peanut free. If the participant has food allergies, please list all allergies on the registration form. Notify the Park District office as well! (708-354-4580) **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Age	Fee R/NR
9/16-10/21	W	10:30-11:15am	2.5-3	\$72/\$82
9/16-10/21	W	11:30am-12:15pm	3's	\$72/\$82
9/16-10/21	W	12:30-1:15pm	4-5	\$72/\$82
11/2-12/14	M	10:30-11:15am	2.5-3	\$72/\$82
11/2-12/14	M	11:30am-12:15pm	3's	\$72/\$82
11/2-12/14	M	12:30-1:15pm	4-5	\$72/\$82
Skip: 11/23				



★ Ready for Sports

Age: 2.5-5

REGISTER

This class is meant to get out those mid-day wiggles and introduce fitness through play! The kiddos will play games, be introduced to a variety of sports, and build friendships! Sharing, throwing, and catching will all be a part of play for this beginning age group. Required: Gym Shoes.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Age	Fee R/NR
9/18-10/23	F	10:30-11:15am	2.5-3	\$51/\$61
9/18-10/23	F	11:30am-12:15pm	3's	\$51/\$61
9/18-10/23	F	12:30-1:15pm	4-5	\$51/\$61
11/6-12/11	F	10:30-11:15am	2.5-3	\$41/\$51
11/6-12/11	F	11:30am-12:15pm	3's	\$41/\$51
11/6-12/11	F	12:30-1:15pm	4-5	\$41/\$51

Skip: 11/27

Add on lunch
is available for
4-5 year olds!



★ Ready, Set, Math!

Age: 3-5

REGISTER

Fun with numbers, learning, shapes, and sorting! Each child can develop a positive attitude toward math and numbers from an early age. The curriculum is designed to include games and learning activities that will prepare each student for the classroom. Sessions can be repeated. NEW material will be introduced each time! **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
9/17-10/22	Th	11:30am-12:15pm	\$61/\$71
11/3-12/15	Tu	11:30am-12:15pm	\$61/\$71

Skip: 11/24

★ Ready for Reading

Age: 3-5

REGISTER

Empower emergent readers. Each day is filled with phonics, fun, and language skills through games, rhymes, and hands-on" activities. Sessions can be repeated. NEW material will be introduced each time! **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
9/15-10/20	Tu	11:30am-12:15pm	\$61/\$71
11/5-12/17	Th	11:30am-12:15pm	\$61/\$71

Skip: 11/26



★ Add on Lunch

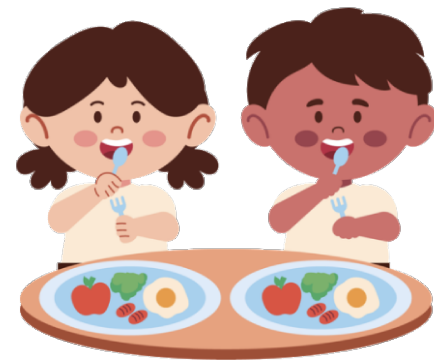
Age: 4-5

REGISTER

Designed for our half-day 4–5 year old preschoolers, this lunch option bridges the half-hour gap between morning classes and afternoon enrichment programs. Supervised and relaxed, it's the perfect way for your child to enjoy a mid-day break. Families may register and pay on a weekly basis for added flexibility. **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
Daily fee	M/W/F	12:00-12:30pm	\$5/day

Date	Day	Time	Fee R/NR
9/14-10/26	M	12:00-12:30pm	\$30/\$40
9/16-10/21	W	12:00-12:30pm	\$30/\$40
9/18-10/23	F	12:00-12:30pm	\$30/\$40
11/2-12/14	M	12:00-12:30pm	\$30/\$40
11/4-12/16	W	12:00-12:30pm	\$30/\$40
11/6-12/11	F	12:00-12:30pm	\$30/\$40



★ ABC Before and After School Care

ABC is an optional program that can be paired with our Ready Teddy Preschool classes. Care is available from 8:00 am to 5:00 pm and is scheduled based on the needs of each student. (Please note: ABC is not offered on party days or school holidays.) Ready Teddy students may register for ABC on their designated class days, with a limit of 4 hours per day. **For more information, contact the Park District office at (708) 354-4580.**





Miss Angie's Rockin' Tots

[REGISTER](#)

Age: 1-2

Instructor: Miss Angie

Participate with your toddler in singing, chanting, moving, dancing, listening, and playing percussion instruments. Activities will bridge the natural connection between music and movement; improve listening abilities and increase exposure and appreciation to different types of music. Class is designed for children and adults to participate in together.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
9/15-10/20	Tu	9:00-9:45am 10:00-10:45am	\$85/\$95 \$85/\$95
11/3-12/15 Skip 11/24	Tu	9:00-9:45am 10:00-10:45am	\$85/\$95 \$85/\$95

Mighty Music Makers

[REGISTER](#)

Age: 3-5

Instructor: Miss Angie

Celebrate your child's growing independence through fun music and movement activities. These classes will work on the child's attention and self-expression and include singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement, and storytelling. A variety of musical types will be included to widen your child's exposure and appreciation of different musical types. Class is designed for children and adults to participate together.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
9/15-10/20	Tu	11:00-11:45am	\$85/\$95
11/3-12/15 Skip 11/24	Tu	11:00-11:45am	\$85/\$95

Dance Movement for Three's

[REGISTER](#)

Instructor: M. Ritacco

AGE: 3

This class offers younger children an exciting and fun introduction to the world of dance. Emphasis is on having fun through a variety of activities using music interpretation, movement, and imaginative thinking. 📍 **Recreation Center, 1501 Barnsdale Road, LP**

Date	Day	Time	Fee R/NR
9/17-12/17	Th	3:30-4:00pm	\$75/\$85
Skip: 11/26			

YOUTH DANCE CLASSES

Dance Instructors: M. Ritacco

A variety of dance instruction for girls and boys of all ages where participants will have fun learning new steps and routines while gaining grace, poise, and self-confidence.

The program will be minimum 20 weeks.

Classes run from Sept. 2026 to Spring 2027.

Dance-Nastics

This class will combine balance strength and flexibility with hip hop moves. Dancers will have a warm-up, learn combinations along with tumbling skills.

Dance Movement for Three's (3 year olds)

This class offers younger children an exciting and fun introduction to the world of dance. Emphasis is on having fun through a variety of activities using music interpretation, movement, and imaginative thinking.

Dancing Fours (4 year olds)

This class offers your dancer a glimpse in to three forms of dance. We will explore the basics of ballet, tap and jazz. This class is great for your first-time dancer as well as dancers who have little to no experience. Dancers must have tap shoes or a hard sole shoe for tap.

Ballet

Ballet is the foundation of dance; it helps to build a strong base for all other dance styles. Positions, technique, and musicality are learned from ballet and applied to all other dance styles.

Attire:

Proper footwear for each class required (ballet, jazz, tap shoes, and a gym or fitness shoe for Hip Hop).

Tap dancers **MUST** have tap shoes by the second week of class.

If your dancer has a tap class, tap shoes will be required for the recital.

Tap

Tap is a percussive footwork that develops a dancer's rhythm, style and sound.

Jazz

Jazz is a classic dance and is incorporated in everything from Lyrical to Hip Hop to musical theater and tap.

Pom

This class is structured to teach strong arm movements and body isolations, while incorporating kicks, turns, leaps, and extensions from jazz. Learn to pass, toss and create fun formations with your pom poms.

Lyrical

Lyrical combines ballet and jazz with a little contemporary. This dance style helps the dancer express themselves through movement.

Hip-Hop

Strength, agility, and coordination. Hip Hop is full of high energy moves, and yet sometimes it is in learning the small moves that make this style so intricate.

Musical Theater Dance

Lyrical Dance /Hip Hop

As a musical theatre performer, you will want to be well trained in all forms of dance. Ballet, Tap, Jazz, Theatrical (Broadway), ballroom, and even hip-hop.

Intermediate/Advanced Tap

Tap is a percussive footwork that develops a dancer's rhythm, style, and sound. 5+ consecutive tap years needed, or instructor permission.



YOUTH DANCE CLASSES

Tuesday Classes - 9/15-4/13*

Skip: 11/24, 12/22, 12/29, 1/26, 3/30

Class	Age	Time	R/NR
Dancing Four's	4	3:30-4:15pm	\$195/\$205
Ballet/Tap/Jazz	5-6	4:15-5:15pm	\$215/\$225
Ballet/Hip Hop/Tap	8-9	5:15-6:15pm	\$215/\$225
Intermediate/Advanced Tap	10+	6:15-7:00pm	\$195/\$205
Jazz/Lyrical/Hip Hop	12+	7:00-8:15pm	\$225/\$235

Wednesday Classes – 9/16-4/14*

Skip: 11/25, 12/9, 12/23, 12/30, 1/27, 3/31

Class	Age	Time	R/NR
Beginner Pom Dance	5-6	4:30-5:15pm	\$195/\$205
Junior Jazzy Pom Dance	7-8	5:15-6:15pm	\$215/\$225
Jazzy Pom Lyrical Dance	10+	6:15-7:30pm	\$228/\$238
Technique for Leaps & Turns *	9+	7:30-8:30pm	\$125/\$135

(*Not a recital class)

Thursday Classes – 9/17-4/15*

Skip: 11/26, 12/24, 12/31, 1/28, 4/1

Class	Age	Time	R/NR
Jazz/Tap	5-6	4:00-5:00pm	\$203/\$213
Tap/Ballet/Jazz	7-8	4:00-5:00pm	\$203/\$213
Dance-Nastics	8-10	5:00-6:15pm	\$213/\$223
Musical Theater/Lyrical / Hip Hop	8-9	5:00-6:15pm	\$213/\$223
Musical Theater/Lyrical / Hip Hop	10+	6:15-7:30pm	\$228/\$238

📍 **Recreation Center, 1501 Barnsdale Road, LP**

REGISTER

Community Park District
DANCEXPRESS



*The Program will be
minimum 20 weeks:
Classes run from
Sept. '26 through
Spring '27*

*A \$40 additional costume
fee will be added to your
account for a second dance
recital costume. This fee is
separate from your class
registration and may be paid
at the time of registration or
by December 1, 2026.*

**Note: Ms. Michele
reserves the rights
to place dancers in
the appropriate class
according to ability.**



SMALL BUT MIGHTY IMPROV

Age: 5-7

REGISTER

Instructor: M. Piebenga

Improv theater is for everyone! Young children will experience theater and improv games in a fun, energetic setting. Through creative warmups, physical expression, and spontaneous activities, children will develop their natural expression and use their voice to contribute to games and scenes. A short demonstration for families and friends will complete the last class!

Recreation Center, 1501 Barnsdale Rd, LP

Date	Day	Time	Fee R/NR
9/17-10/15	Th	5:00-6:00pm	\$55/\$65
10/29-12/3	Th	5:00-6:00pm	\$55/\$65

Skip 11/26**IMPROV FOR ACTING**

Age: 7-11

REGISTER

Instructor: M. Piebenga

Develop those improv chops! Through spontaneous game play and activities, young actors will hone their physical, mental, and emotional awareness to improve their scenecraft and stage ability. Fun and surprising developments abound as the actor's creative voice and ideas are the basis for onstage work. Let's make it up together! **Recreation Center, 1501 Barnsdale Rd, LP**

Date	Day	Time	Fee R/NR
9/17-10/15	Th	6:00-7:00pm	\$55/\$65
10/29-12/3	Th	6:00-7:00pm	\$55/\$65

Skip 11/26**IMPROV FOR TEENS**

Age: 12-17

REGISTER

Instructor: C. Beresheim

We are going off script! Open to new and experienced improv performers alike. Participants will develop their skills both individually and as a group through a variety of improv games and exercises. Participants will practice and hone their ability to think quickly, use "yes, and" to sharpen their skills work with partners, and develop a scene. During the last class there will be a small optional showcase.

Recreation Center, 1501 Barnsdale Rd, LP

Date	Day	Time	Fee R/NR
9/15-10/20	Tu	6:00-7:00pm	\$65/\$75

The Community Park District

Footlight Players

La Grange Park



Fall 2026 Production
DETAILS COMING SOON!

Sí, hablo español



I SPEAK SPANISH

REGISTER

Age: 3-6 years

Instructor: Language In Action, Inc.

Did you know that young children learn language naturally and much more easily than older children and adults? Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. New material covered in each section!

📍 **Grand Ave Community Center - WSCCA Run**

Date	Day	Time	Fee R/NR
9/16-10/21	W	4:30-5:15pm	\$112/\$140
10/28-12/9	W	4:30-5:15pm	\$112/\$140

Skip: 11/25



CHILI COOK OFF

A COMMUNITY TRADITION!



**JOIN THE LA GRANGE PARK
CHAMBER OF COMMERCE
& COMMUNITY PARK DISTRICT**

for a flavorful evening of friendly competition and community spirit. Whether you're competing or coming to sample, it's a taste of fall you won't want to miss!

THURSDAY

OAK AVENUE PAVILION

BE A CONTESTANT

ADVENTURES WITH BLUEY

Age: 2-6 years, with adult

Instructor: PDLG Staff

Join Bluey for playful adventures full of imagination and fun! Each class features a different Bluey story, followed by a themed craft and creative play inspired by the book. This class encourages creativity, socialization, and cooperative play with peers. **This is a child/adult class.**

📍 Park District of LaGrange Rec Center, LG

Date	Day	Time	Fee R/NR
9/19	Sa	9:00-9:45am	\$17/\$20
10/3	Sa	9:00-9:45am	\$17/\$20
10/10	Sa	9:00-9:45am	\$17/\$20
12/5	Sa	9:00-9:45am	\$17/\$20

REGISTER

COOKING WITH FAMILIES

Age: 3+ years, with adult

Instructor: Schoolhouse Kitchen + Studio

These weekend cooking classes are the perfect opportunity for families to cook and bake together in a relaxing and engaging atmosphere while we work through our kid-friendly recipes. While our food is cooking, we will read a book that relates to our recipe or do a craft. **This is a child/adult class and every participant must register.**

📍 Park District of LaGrange Rec Center, LG

Date	Day	Time	Fee R/NR	Recipe
9/26	Sa	11:30-1:00pm	\$36/\$42	Donuts
10/17	Sa	11:30-1:00pm	\$36/\$42	Alfredo
11/14	Sa	11:30-1:00pm	\$36/\$42	Pumpkin Pie Tarts
12/12	Sa	11:30-1:00pm	\$36/\$42	Holiday Cookie

REGISTER

LITTLE GARDENERS

Age: 4-10 years

Instructor: PDLG Staff

Dig in and grow with us! In this hands-on class, children will learn about plants and gardens through fun outdoor activities (weather permitting). We will plant, water, and care for our own greenery while discovering what plants need to thrive. Occasional plant-related stories will round out this fun and educational experience for our budding gardeners! **This is a child-only class.**

📍 Park District of LaGrange Rec Center, LG

Date	Day	Time	Fee R/NR
9/2-9/16	W	4:30-5:30pm	\$55/\$65

REGISTER

WEEKEND COOKING CLASSES FOR KIDS

Age: 6+ years

Instructor: Schoolhouse Kitchen + Studio

These weekend cooking classes are the perfect opportunity for kids to learn confidence and skills in the kitchen while expressing their creativity and having fun with friends. While our food is cooking, we will read a book that relates to our recipe or do a craft. **This is a child only class.**

📍 Park District of LaGrange Rec Center, LG

Date	Day	Time	Fee R/NR	Recipe
9/26	Sa	9:00-10:30am	\$55/\$65	Donuts
10/17	Sa	9:00-10:30am	\$55/\$65	Alfredo
11/14	Sa	9:00-10:30am	\$55/\$65	Pumpkin Pie Tarts
12/12	Sa	9:00-10:30am	\$55/\$65	Holiday Cookie

REGISTER

JURASSIC WORLD EXPLORERS

REGISTER

Age: 3-7

Instructor: PDLG Staff

Stomp, roar, and explore the world of dinosaurs! Travel back in time to the age of dinosaurs through stories, crafts, and imaginative play. Each class features a different dinosaur themed adventure that encourages creativity, social interaction, and a love for dinosaurs. This is a child only class.

📍 Park District of LaGrange Rec Center, LG

Date	Day	Time	Fee R/NR
9/19	Sa	10:00-10:45am	\$17/\$20
10/3	Sa	10:00-10:45am	\$17/\$20
10/10	Sa	10:00-10:45am	\$17/\$20
12/5	Sa	10:00-10:45am	\$17/\$20

DINO DIG

REGISTER

Age: 3-7 years, with adult

Instructor: PDLG Staff

Grab your tools and get ready to dig! Young dinosaur lovers will uncover the exciting world of dinosaurs as they search for fossils, excavate dinosaur bones, and participate in hands-on prehistoric activities. Children will enjoy dinosaur-themes crafts, stories, snacks, and their very own fossil dig. **This is an adult/child class!**

📍 Park District of LaGrange Rec Center, LG

Date	Day	Time	Fee R/NR
11/14	Sa	9:30-10:30am	\$39/\$46

CRITTER CLASS: HANDS-ON REPTILE & BUG EXPERIENCE!

REGISTER

Age: 3-13 years, with adult

Instructor: PDLG Staff

Discover the wild world of reptiles, amphibians, and insects with Crosstown Exotics! This is not just a show – it's a fully interactive, hands-on experience where children can safely touch, hold, and engage with live animals like snakes, lizards, tortoises, frogs, and bugs. Participants will learn why these animals are important to our ecosystem, explore fun facts about their behaviors, and even get an inside look at what it takes to care for them as pets. Each class features a rotating variety of animals, making every session a unique and exciting adventure! **This is an adult/child class.**

📍 Park District of LaGrange Rec Center, LG

Date	Day	Time	Fee R/NR
11/5	Th	6:30-7:30pm	\$36/\$42



THE VERY HUNGRY CATERPILLAR

REGISTER

Age: 3-6 years

Instructor: Kidscreate Studio

"And he was still hungry!" What will that hungry caterpillar eat next? Participants will cut, tear, glue, collage, and sculpt the day away as they create cute caterpillars, colorful ladybugs, and more, all inspired by the art and stories of beloved children's author Eric Carle. You'll want to make room on the fridge to display all of these adorable masterpieces!

📍 WS Rec Center

Date	Day	Time	Fee R/NR
10/26-12/7	M	9:30-10:30am	\$110/\$138
Skip: 11/23			

ECO EXPLORERS LAB

REGISTER

Age: 5-12 years

Instructor: Kidscreate Studio

Unleash your inner explorer in this wild science class! Participants will create a storm in a jar, build animal habitats, and stamp animal tracks while learning about weather and wildlife. It's a hands-on adventure packed with creativity, discovery, and fun! Please pack a nut free snack and drink for your child each day.

📍 WS Rec Center

Date	Day	Time	Fee R/NR
11/7	Sa	1:00-4:00pm	\$54/\$67

ART EXPLORERS

REGISTER

Age: 3-6, with adult, or 7-12 years

Instructor: PDLG Staff

Every masterpiece starts with a story! Young artists will enjoy imaginative books before creating hands-on art projects inspired by the characters, themes, and adventures they discover. Through painting, collages, and other creative techniques, children will explore new materials and let their imaginations shine.

📍 Park District of La Grange Recreation Center

Date	Day	Time	Fee R/NR
9/12	Sa	9:00-9:45am	\$17/\$20
9/12	Sa	10:00-10:45am	\$17/\$20
11/21	Sa	9:00-9:45am	\$17/\$20
11/21	Sa	10:00-10:45am	\$17/\$20

DOUBLE THE FUN DRAWING WITH YOUNG REMBRANDTS

REGISTER

Age: 5-12 years

Instructor: Young Rembrandts

Awaken your inner Artist! Participants will explore all the basics of visual arts, in a fun and confident setting that ensures success for every child. Basic drawing, portraits, action, and cartooning. Participants will complete several different projects and learn to draw whimsical characters, animals, everyday objects, and action scenes. Young Artists will gain so much confidence in their creative spirit and art skills. Each month lessons will be different so, no repeats. Don't miss out, sign up today!

📍 WS Rec Center

Date	Day	Time	Fee R/NR
9/5-9/26	Sa	10:00am-12:00pm	\$125/\$156
10/3-10/24	Sa	10:00am-12:00pm	\$125/\$156
11/7-11/21	Sa	10:00am-12:00pm	\$100/\$125
12/5-12/19	Sa	10:00am-12:00pm	\$100/\$125

KPOP DEMON HUNTERS

REGISTER

Age: 5-12

Instructor: KidsCreate Studio

Step into the world of KPop Demon Hunters and bring Derpy and Sussie to life in this exciting drawing class! Participants will learn to draw these lovable characters as they explore techniques to capture their playful personalities. With step-by-step guidance, this class combines creativity, fandom fun, and artistic skill-building! Please pack a nut free snack and drink for your child.

WS Rec Center

Date	Day	Time	Fee R/NR
10/12	M	1:00-4:00pm	\$110/\$138

CHESS

REGISTER

Age: 5-12

Instructor: Chess Wizards

This class has an interactive, discovery-based curriculum inspiring child to think ahead, visualize their goals, treat others with respect and to learn from mistakes. Classes are geared to suit children of all skill levels; from castling to checkmate artist, participants will build upon their knowledge through lessons, tournaments, variation games and more

WS Rec Center

Date	Day	Time	Fee R/NR
9/16-10/21	W	5:00-6:00pm	\$170/\$213
10/28-12/9	W	5:00-6:00pm	\$170/\$213
Skip: 11/25			

LET'S CODE IT

REGISTER

Age: 8-13

Instructor: After School Enrichment

Participants will have a blast in this exciting STEM program. Our innovative approach to coding is sure to spark your child's interest in computer science, using a simple, relatable, block-based programming system called Scratch, developed by the MIT Media Lab. This fun-filled class stresses critical thinking, creativity, confidence, teamwork, and problem-solving skills to prepare them for the 21st century and beyond. Class topics include video game design, loops, control structure, conditional expressions, control statements, object-oriented design concepts, data structures and variables, and mathematical expressions. Laptop/Tablet Required. Headphones, mouse, and keyboard recommended

WS Rec Center

Date	Day	Time	Fee R/NR
9/10-10/22	Th	5:30-6:30pm	\$108/\$126
10/29-12/10	Th	5:30-6:30pm	\$108/\$126



work hard.

play hard.

have fun.



KIDS KARATE CLUB

[REGISTER](#)

Age: 4-14 years

Instructor: Sensei Eric and Sensei Marie

Kids Karate Club is a high energy, progressive, motivational martial arts program developed specifically for kids to have fun while learning. Students will learn stances, strikes, blocks, kicks and sparring techniques all while building confidence. They will learn about strangers and how to combine the techniques they learn to protect themselves. This program targets many building blocks for children today; respect, self-esteem, leadership, and making good choices. **This is a year-round progressive martial arts program with belt progression through Black Belt.**

This program comes with the "Never Miss a Class Guarantee." If a student misses a class (i.e. schedule conflict, sick, etc) or the center closes for any reason, the missed classes will be available with pre-recorded, instructor led classes by belt level.

Kids Karate Club uniforms are required and are available at www.KidsKarate.com or from the instructor at class (needed by the second week of class). Parents may participate with their children at no cost other than purchasing a parent helper karate club uniform. For more info visit: www.KidsKarate.com
Please bring a water bottle to class.

📍 **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR	Level
10/24-12/12	Sa	9:00-9:45am	\$79/\$89	Beginner
10/24-12/12	Sa	9:45-10:30am	\$79/\$89	Advanced

Skip: 10/31

Double Class: 11/14

Testing Date: 12/19



GYMNASTICS 101

REGISTER

Age: 4-6 years

Instructor: SportsKids Inc.

Four events will be covered in this introductory class. Age appropriate tricks for bar, vault, floor and rings will be introduced. Students can learn the basic movements for each event in a well-supervised and safe environment. Please bring a labeled water bottle.

📍 Park District of LaGrange Rec Center, LG

Date	Day	Time	Fee
9/10-10/15	Th	6:30-7:30pm	\$120/\$130
9/12-10/17	Sa	10:00-11:00am	\$120/\$130
10/22-12/10	Th	6:30-7:30pm	\$120/\$130
10/24-12/19	Sa	10:00-11:00am	\$120/\$130

GYMNASTICS 102

REGISTER

Age: 5-6 years

Instructor: SportsKids Inc.

This class is an advancement from Gymnastics 101 with more technique. Prerequisite for this class is to perform a successful cartwheel, swing and supports on the bars, and squat on the vault. Please bring a labeled water bottle.

📍 Park District of LaGrange Rec Center, LG

Date	Day	Time	Fee
9/10-10/15	Th	6:30-7:30pm	\$120/\$130
9/12-10/17	Sa	10:00-11:00am	\$120/\$130
10/22-12/10	Th	6:30-7:30pm	\$120/\$130
10/24-12/19	Sa	10:00-11:00am	\$120/\$130



PARENT & TOT TUMBLING

[REGISTER](#)

Age: 2-3 years, accompanied by adult
Instructor: M. Dawson

Toddlers can develop body awareness, balance, flexibility, and coordination while having fun doing gymnastics. Parents assist with skills in a safe and caring environment. Please bring a water bottle to class.

📍 **Recreation Center, 1501 Barnsdale Road, LP**

Date	Day	Time	Fee R/NR
10/18-12/13	Su	9:45-10:15am	\$55/\$65
Skip 11/1, 11/29			

PRE-TUMBLING

[REGISTER](#)

Age: 4-7 years
Instructor: M. Dawson

Start out learning the proper way to perform rolls, handstands, and cartwheels. This class is a great introduction to tumbling, and it opens the door to gymnastics possibilities.

📍 **Recreation Center, 1501 Barnsdale Road, LP**

Date	Day	Time	Fee R/NR
10/18-12/13	Su	9:00-9:45am	\$55/\$65
Skip 11/1, 11/29			

MULTI-SPORT MANIA

[REGISTER](#)

Age: 4-6 years
Instructor: SportsKids Inc.

Let's play! Your child explores the wide world of sports as they participate in a different sport each week, such as t-ball, track & field, Nerf football and soccer. Children get a lot of practice with skills through creative and fun drills and games. Don't miss out on the fun!

Date	Day	Time	Fee R/NR	Location
9/14-10/19	M	4:00-4:45pm	\$63/\$73	Memorial Park
11/7-12/19	Sa	9:30-10:15am	\$63/\$73	Park Jr. High
Skip: 11/28				

PEE WEE SOCCER & TRACK

REGISTER

Age: 3-4 years

Instructor: Sports R Us

Set sail in this tasty combination of soccer and track & field! Where tiny ones will be guided to develop skills such as kicking, catching, throwing and running at different speeds. A great opportunity to be part of a non-competitive friendly group. Following instructions and confident participation will be instilled.

📍 **Recreation Center, 1501 Barnsdale Rd, LP**

Date	Day	Time	Fee R/NR
9/18-10/23	F	4:00-4:45pm	\$70/\$80
11/6-12/18	F	4:00-4:45pm	\$70/\$80
Skip: 11/27			

LITTLE LYONS SOCCER CAMP

REGISTER

Age: 3-8 years

Instructor: Lyons Township Soccer Club

Little Lyons is a fun, recreational, soccer experience for kids aged 3-8 years old. Little Lyons aims at developing each child's cognitive, motor, and social abilities through dynamic, fun, and engaging soccer activities. Participants will learn proper technical skills from our team of enthusiastic coaches. Each child will feel encouraged and comfortable during every session as they experience new activities week to week. Each player must bring a soccer ball to class. 📍 ?

Date	Day	Time	Fee R/NR	Age
		4:00-4:45pm	\$85/\$95	3-5
		5:00-6:00pm	\$85/\$95	6-8
		4:00-4:45pm	\$85/\$95	3-5
		5:00-6:00pm	\$85/\$95	6-8



ADULT & TOT T-BALL

[REGISTER](#)

Age: 2-3 years, with adult
Instructor: SportsKids Inc.

Adults can enjoy America's favorite pastime with their child. Young children will develop motor skills while having fun throwing, catching, batting and base running like the big kids. Parents and their little athletes will enjoy making new friends and working together to learn the basics of game play in this exciting class! Parent or caregiver participation is required. Please bring a labeled mitt and water bottle.

Date	Day	Time	Fee R/NR	Location
9/11-10/16	F	5:00-5:30pm	\$42/\$52	Memorial Park
11/7-12/19	Sa	9:00-9:30am	\$42/\$52	Park Jr. High
Skip: 11/28				

T-BALL SKILLS & GAMES

[REGISTER](#)

Age: 4-6 years
Instructor: SportsKids Inc.

Boys and girls can come enjoy America's favorite pastime in this class. Participants will learn the basic fundamentals used in baseball such as running the bases, throwing, catching and fielding as well as the skills to hit the ball off a tee and maybe live pitching. Exciting drills and games will help children learn about teamwork and good sportsmanship in an atmosphere where participation and fun are top priority. Please bring a labeled water bottle and mitt.

📍 **Memorial Park**

Date	Day	Time	Fee R/NR
9/11-10/16	F	4:15-5:00pm	\$63/\$73

PARENT & ME TENNIS

[REGISTER](#)

Age: 3 years with an adult
Instructor: SportsKids Inc.

You and your youngster can experience the sport of a lifetime together. We will teach you how to interact with your child on the court and how to keep things fun while your child learns the basics of tennis. Equipment will be provided and age appropriate. Please bring a labeled water bottle.

📍 **Memorial Park, LP**

Date	Day	Time	Fee R/NR
9/12-10/17	Sa	9:00-9:30am	\$42/\$52

PEE WEE TENNIS

[REGISTER](#)

Age: 4-6 years

Instructor: SportsKids Inc.

Your child will learn proper grip, basic strokes, and other beginning tennis fundamentals through lots of fun drills and tennis-like games. This class also will help children to develop hand-eye coordination, movement skills, and get a feel for the ball. Equipment will be provided and age appropriate. Boys and girls will have a blast and gain the proper foundation on which they may continue to build and develop their interest in tennis. Please bring a labeled water bottle. **📍 Memorial Park, LP**

Date	Day	Time	Fee R/NR
9/12-10/17	Sa	9:30-10:15am	\$63/\$73

JUNIOR TENNIS

[REGISTER](#)

Age: 7-9 years

Instructor: SportsKids Inc.

Youngsters enrolled in this class will learn the basic strokes, serve, volleys, and rules of the game. Racket face control, ball bounce judgment, receiving skills, space management, rallying skills, and court movement will be emphasized. Kids will develop the agility and coordination needed for effective tennis play. Situational drills and games will help them to establish a solid foundation for future development in the sport and build a lifelong love of tennis. Please bring a labeled water bottle. **📍 Memorial Park, LP**

Date	Day	Time	Fee R/NR
9/12-10/17	Sa	10:15-11:15am	\$84/\$94

YOUTH TENNIS

[REGISTER](#)

Age: 10-12 years

Instructor: SportsKids Inc.

Young players concentrate on stroke development, rallying skills, and learning to play matches at a faster pace. Ball receiving and placement, court movement, and overall tennis strategy will be emphasized. Players will focus on their power and accuracy to improve their performance. Through challenging and exciting drills and matches, youngsters will develop the racket skills, coordination, agility, and stamina needed for recreational and competitive tennis play. Please bring a labeled water bottle. **📍 Memorial Park, LP**

Date	Day	Time	Fee R/NR
9/12-10/17	Sa	11:15am-12:15pm	\$84/\$94

BASKETBALL BLAST

[REGISTER](#)

Age: 5-6 years

Instructor: Sports R Us

Slam dunk fun in this pint-sized class! With the use of a low-height basketball hoop, participants will get familiarized with the basic skills of the game, such as dribbling, passing, shooting, pivoting and more. Teamwork, participation, and good sportsmanship are all stressed throughout the class. Bring your water bottle!

Date	Day	Time	Fee R/NR	Location
9/18-10/23	F	5:00-6:00pm	\$80/\$90	Memorial Park
11/6-12/18	F	5:00-6:00pm	\$80/\$90	Recreation Center, 1501 Barnsdale Rd, LP
Skip 11/27				

BASKETBALL SKILLS & GAMES

[REGISTER](#)

Age: 6-12 years

Instructor: SportsKids Inc.

Break a sweat and sharpen your skills! Boys and girls get skill instruction in the offensive points of the game of basketball such as ball handling, shooting, passing, and setting screens. They are also introduced to defensive aspects including proper defensive stance and concepts such as zone and man-to-man defense. Players develop their shot using proper form and mechanics to be effective from various distances from the basket. Don't miss out on the opportunity to learn new skills and develop a more thorough understanding of the game of basketball in this exciting program. Please bring a labeled water bottle.

Date	Age	Day	Time	Fee R/NR	Location
9/14-10/19	7-10	M	4:45-5:30pm	\$63/\$73	Memorial Park
11/7-12/19	6-8	Sa	10:15-11:00am	\$63/\$73	Park Jr. High
11/7-12/19	9-12	Sa	11:00am-12:00pm	\$84/\$94	Park Jr. High
Skip: 11/28					

YOUTH VOLLEYBALL

[REGISTER](#)

Age: 8-13 years

Instructor: SportsKids Inc.

Bump up your game! We will assist players with their skills and knowledge of passing, serving, defense, setting, blocking and hitting in this exciting class. Players will also work on technique, set location, play sets, footwork and overall knowledge of the game. They will learn offensive and defensive systems through team drills and game play aimed at developing the whole player as well as learning teamwork and sportsmanship.

📍 **Memorial Park**

Date	Day	Time	Fee R/NR
9/14-10/19	M	5:30-6:30pm	\$84/\$94

YOUTH ARCHERY

Age: 7-14 years

Instructor: SportsKids Inc.

REGISTER

Archery participants will learn the parts of an arrow and recurve bow, the basics of using a recurve bow, and fundamental shooting skills in an extremely safe environment. They also will learn an excellent, nationally recognized beginner's 9-step to the 10 ring progression which was created by the Coaches Development Committee of the National Archery Association. Blunt tipped arrows, bows, and targets are provided. Please bring a labeled water bottle. 📍 **Beach Oak Park, LP**

Date	Age	Day	Time	Fee R/NR
9/9-10/14	7-10	W	4:00-4:45pm	\$63/\$73
9/9-10/14	11-14	W	4:45-5:30pm	\$63/\$73

FAMILY ARCHERY

Age: 6 years and older with an adult

Instructor: SportsKids Inc.

REGISTER

You and your family members will meet new friends while learning the parts of an arrow and recurve bow, the basics of using a bow and the fundamental shooting skills in an extremely safe environment. You will also learn the nationally recognized beginner's 9-step to the 10 ring progression method which was created by the National Archery Association. Blunt tipped arrows, bows and targets are provided. 📍 **Beach Oak Park, LP**

Date	Day	Time	Fee R/NR
9/9-10/14	W	5:30-6:15pm	\$63/\$73



CHILI COOK OFF

A COMMUNITY TRADITION!



JOIN THE LA GRANGE PARK CHAMBER OF COMMERCE & COMMUNITY PARK DISTRICT

for a flavorful evening of friendly competition and community spirit. Whether you're competing or coming to sample, it's a taste of fall you won't want to miss!



THURSDAY, OCTOBER 17TH



OAK AVENUE PAVILION, MEMORIAL PARK



BE A CONTESTANT, SPONSOR, OR TASTER!

SUPPORT LOCAL. CELEBRATE COMMUNITY



Introducing our Active Adult Club... PRIME TIME!

PRIME TIME CLUB is a new, membership-based community for **adults 55+**, designed to provide social, creative, and recreational opportunities in a welcoming environment. The club fosters connection, enrichment, and fun while giving members exclusive benefits, including free or discounted programs and events.



Membership & Fees

Annual Membership:
\$25/Residents, \$35/Non Residents
Movie Matinee & Snack:
\$0/Members, \$5 Non-Members

Membership Benefits

- Reduced or free access to select programs and socials
- Priority registration for limited-enrollment events
- Monthly newsletter with updates & special offers
- Access to creative, social, and recreational opportunities

Pinochle Club

Age: 50+

Do you want to join fellow card players in a friendly game of Pinochle? Come to the Recreation Center and play a few hands of this very fun and social game. No Registration Required. ♡ **Recreation Center, 1501 Barnsdale Road, LP**

Date	Day	Time
Ongoing	Thu	10:30-2:30pm

Prime Time Coffee

Age: 50+

♡ **Recreation Center, 1501 Barnsdale Road, LP**

Date	Day	Time
Ongoing	Tu	10:30-11:30am



Active Older Adult Programs Now Available!



Call 708-354-3580 or stop by

Let's Go Places

Instructor: Staff

Age: 50+

Let's enjoy some exciting day trips and outings designed especially for seniors! Each trip includes visits to group-friendly restaurants where you can relax and enjoy a delicious meal with friends.

Transportation is included in the cost of the trip. Participants are responsible for bringing money to cover the cost of their meal and any personal purchases. Bus leaves at 11:15am and returns 1:30-2:00pm

📍 Recreation Center, 1501 Barnsdale Road, LP

Trip	Date	Day	Member/Non Member	Activity Level
Buck's Pit Stop	9/17	Th	\$5/\$10	Moderate
Cafe Salsa	10/22	Th	\$5/\$10	Moderate
Cracker Barrel	11/19	Th	\$5/\$10	Moderate

Matinee Movie Club

Age: 50+

We'll meet at the Recreation Center every 3rd Wednesday for a movie and light snack. Participants get to vote on the movie for the next month, which ranges from new releases to timeless classics. Please call our office at 708-354-4580 to place your name on the mailing list. **Please register in advance to ensure the program runs. Any registration after the 'register by' day will not be guaranteed.**

📍 Recreation Center, 1501 Barnsdale Road, LP

Date	Day	Time	Member/Non Member	Register By	Activity Level
9/16	Wednesday	12:00-2:30pm	\$0/\$5	9/9	Leisurely
10/21	Wednesday	12:00-2:30pm	\$0/\$5	10/14	Leisurely
11/18	Wednesday	12:00-2:30pm	\$0/\$5	11/11	Leisurely
12/6	Wednesday	12:00-2:30pm	\$0/\$5	12/6	Leisurely
1/20	Wednesday	12:00-2:30pm	\$0/\$5	1/13	Leisurely



SOURDOUGH

Made Simple

Age: 16+

Instructor: J. Marshall

REGISTER

Ready to begin your sourdough journey? This hands-on three-hour class is designed for complete beginners who want to learn the fundamentals of creating and maintaining a healthy sourdough starter and baking bread at home. You will learn how to create, feed, and maintain a sourdough starter. Our instructor will take you through mixing, folding, shaping and scoring techniques, as well as, tips for baking beautiful artisan loaves in your home oven.



📍 Recreation Center, 1501 Barnsdale Road, LP

DANCING BALLROOM STYLE

Instructor: M. Ritacco

REGISTER

Winter bringing you down? Rhumba, Swing, Cha Cha and Foxtrot your way through the winter blues. In this class we will learn traditional Ballroom holds and how to lead and follow. **Registration fee is per person.** You are not guaranteed a partner if you register as a single. Partners will not rotate. Wear comfortable shoes. **Sedgwick Park, La Grange** Age: 18+

Date	Day	Time	Fee R/NR
9/30-10/21	W	7:00-8:30pm	\$75/\$85

DREAM SCENE

Instructor: C. Beresheim

REGISTER

Have a character you've always wanted to play? In this scene study class, participants will dissect scenes, explore character emotions, and perform partnered scenes or monologues in a supportive environment, all the while focusing on the type of performances they have always dreamed of. The instructor will be taking scene suggestions during the first class; however final scene selections are at the discretion of the instructor. All experience levels are welcome. **Sedgwick Park, La Grange**

Date	Day	Time	Fee R/NR
9/15-10/20	TU	7:00-8:00pm	\$65/\$75

Dog Obedience

Beginner Class

Instructors: Bob Clish & Mary Keefe

[REGISTER](#)

Is your dog becoming a little monster and driving you crazy? If you are tired of being kept up all night from constant barking, if your home furnishings and personal belongings are being chewed up, or just want to master basic commands, sign up for this class!

For beginners only: the first class will be a two hour mandatory orientation from 7:00-9:00pm, without your dog. *You must attend this informative meeting*

Dogs: Must be at least 4 months old. Handlers: Old enough to handle dog in a group setting.

Date	Day	Time	Fee R/NR
9/17-11/12	Thursday	7:00-8:00pm	\$135/\$145

"Dogs do speak, but only to those who know how to listen."
- Orhan Pamuk

Intermediate Class

Instructors: Bob Clish & Mary Keefe

[REGISTER](#)

You must have completed the beginner course with our trainers Barb Clish/Mary Keefe or elsewhere. Your dog will need to hold a solid sit stay, down stay and come on recall. Our trainers have the right to evaluate your dog, to ensure they are placed in the proper training class.

Dogs: Must be at least 4 months old. Handlers: Old enough to handle dog in a group setting.

Date	Day	Time	Fee R/NR
9/24-11/12	Thursday	8:00-9:00pm	\$135/\$145

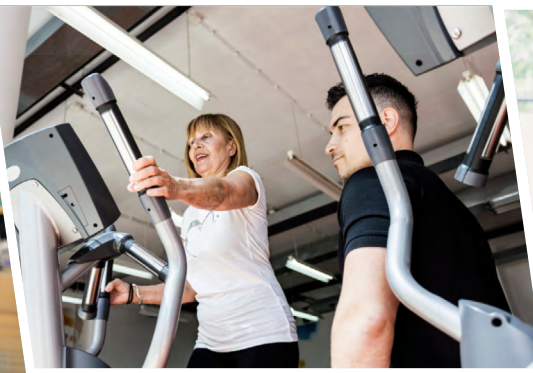


Community Park FITNESS

Memberships
start at \$30!



Unlimited Fitness Classes



Cardio & Strength Training



Personal Training

POWERED by COMMUNITY

FITNESS CENTER HOURS

Monday - Friday 5:00am-9:00pm

Saturday-Sunday 7:00am-5:00pm

CHILDCARE HOURS

Monday - Friday 8:30am-12:00pm

Monday - Thursday 5:00pm-8:00pm

Saturday-Sunday 8:00am-12:00pm

HOLIDAY HOURS

Labor Day 5:00am-9:00pm

Thanksgiving 7:00am-1:00pm

Christmas Eve 7:00am-1:00pm

Christmas Day Closed

New Years Eve 7:00am-1:00pm

New Years Day 7:00am-1:00pm



Start Today

LIVE STRONG. LIFT LOCAL

Strength, Sweat, and Smiles!

**Regular exercise can reduce
stress, improve heart health
& sharpen your mind!**

Call for details! 708-354-3580

Dates & Times subject to change

MEMBERSHIPS

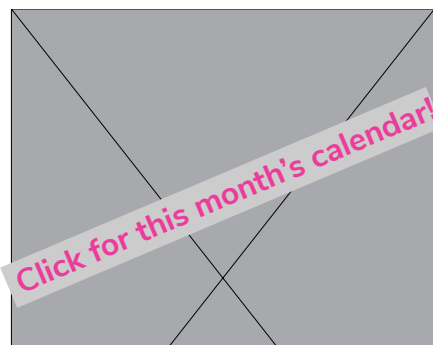
Community Park FITNESS

Membership Type	R/NR Fee (Monthly)
Adult Individual person, age 18 years or older, without valid student ID. Membership includes non-premium classes. No childcare included.	\$35/\$40
Couple Two adults residing at the same address. Membership includes non-premium classes. No childcare included.	\$65/\$70
Family Two adults & one or more unmarried children residing at the same address. Any minor children residing in the household will need to bring birth certificate to set up the household. Membership includes non-premium classes. Childcare is included.	\$85/\$90
Senior Individual person, age 55 years or older. Membership includes non-premium classes. No childcare included.	\$30/\$35
Senior Couple Two adults age 55+ residing at the same address. Membership includes non-premium classes. No childcare included.	\$60/\$70
Student Individual person, age 14-23 years, must present valid student ID upon enrollment. Membership includes non-premium classes. No childcare included.	\$30/\$35
Summer Break Membership This 3-month summer membership is available for students 12-23	\$90/no enrollment fee
Veterans & First Responders Proof of employment/Military ID.	\$30
Enrollment Fee: There is a one-time \$50 Enrollment Fee	
Daily Fee (R/NR): \$10/\$15	

Childcare is only included in the family membership. You may add childcare on to any membership for \$25 per month.

INSTRUCTION

Community Park FITNESS



GROUP EXERCISE CLASSES

Power Hour
HIIT training

Zumba
Dance-fitness program

WERQ
A high-energy cardio dance class

Total Body Strength & Conditioning
Work from muscle to muscle

Cycle
Schwinn cycle classes

Yoga Flow
A vinyasa style yoga class

HIIT Pilates Fusion
Short bursts of intense exercise

Yoga
Deepen the mindbody connection

Pilates
Improve balance, strength and flexibility

Active Older Adult (AOA)
Promote the physical & mental well-being of older adults.

Fit Kids Club
Young fitness enthusiasts aged 8-11

TABATA Bootcamp
60-minute HIIT style burn

Yoga Sculpt
More intense than a traditional yoga class

Chair Yoga
Breathing exercises

Hatha Yoga
Foundational and slower-paced

Call and ask about
**Personal Training &
Group Training**

708-354-3580

Adult Ballet

[REGISTER](#)

Age: 16+ years

Instructor: M. Dawson

Reconnect with your grace and flexibility! This class is perfect for those who haven't danced in years or brand-new beginners. Learn proper ballet technique while improving muscle tone, balance, and memory. Ballet shoes are recommended, but not required.

📍 **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
9/11-10/23	F	7:45-8:30pm	\$66/\$76
10/30-12/18	F	7:45-8:30pm	\$66/\$76
Skip: 11/27			

Adult Tap Workout

[REGISTER](#)

Age: 16+ years

Instructor: M. Dawson

Tap is an upbeat dance form that is a great way to exercise your mind and body, so come along and join the fun! Class includes warm-ups, basic step, and traveling combinations. Tap shoes are required. Please bring a water bottle to class.

📍 **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
9/11-10/23	F	7:00-7:45pm	\$66/\$76
10/30-12/18	F	7:00-7:45pm	\$66/\$76
Skip: 11/27			

Pilates

[REGISTER](#)

Age: 16+ years

Instructor: M. Dawson

The Pilates method of body conditioning promotes physical harmony while providing a refreshing and energizing workout. The program focuses on the core postural muscles such as the abdomen, lower back, and hips, which help keep the body balanced and are essential to providing support for the spine. Please bring a mat to class.

📍 **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
9/11-10/23	F	8:20-9:05am	\$66/\$76
10/30-12/18	F	8:20-9:05am	\$66/\$76
Skip: 11/27			

Strength Training with Abs

[REGISTER](#)

Age: 16+ years

Instructor: M. Dawson

This strength training class is designed to increase your metabolism and help with muscle endurance by lifting weights. This intense but easy-to-follow workout will give you a total body workout. This class is great for burning fat and will have you feeling stronger by the end of the session. Please bring a mat and water bottle to class. ♡ **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
10/18-12/13	Su	8:15-8:50am	\$55/\$65

Skip: 11/1, 11/29

Basic Yoga

[REGISTER](#)

Age: 16+ years

Instructor: T. Mikuls

Yoga in the evening will produce a more restful night's sleep. Yoga brings tranquility, balance and strength to your life. We'll focus on meditation, breathing exercises, alignment, and basic yoga poses. Awaken your inner spirit with yoga philosophy and challenge your body to stretch. This class is suitable for all experience levels. Wear comfortable clothes. Bring a yoga mat, towel, and water bottle.

♡ **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
?	W	6:30-7:30pm	\$52/\$62

Yoga Fitness

[REGISTER](#)

Age: 16+ years

Instructor: T. Mikuls

Yoga Fitness is a combination of yoga poses, stretching, weightlifting, Pilates balls, and the use of the ballet bar. This class works at a slower pace, allowing accommodations for all fitness levels. A combination of yoga standing poses and ballet bar exercise will focus on developing strength, flexibility and coordination. Enjoy the benefits of upward and downward facing dog with the support of a balance bar for comfort and stability. This class will keep you off your hands and knees!

♡ **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
?	Th	8:30-9:30am	\$52/\$62

Pickleball Beginner

Age: 18+ years

Instructor:

REGISTER

If you've never played Pickleball before, this is designed especially for you! Taught by experienced instructors, this course will cover the basics of Pickleball rules, terminology, primary skills, coordination, beginner court time, and more. These sessions help develop technique and strategy for social play. Every attempt will be made to make up classes cancelled due to weather. Please bring a water bottle to class. ♡ **Memorial Park Pickleball Courts**

Date	Day	Time	Fee R/NR
9/14-9/28	M	6:30-8:00pm	\$68/\$78
10/12-10/26	M	8:30-10:00am	\$68/\$78



Pickleball Advanced Beginner

Age: 18+ years

Instructor:

REGISTER

If you have taken the beginner pickleball class and want to continue to improve your game, learn new skills and develop your playing strategy, this class is for you! Some of the intermediate skills covered in this class include comfort zone, dinks, footwork for dinks, push it forward, keep it low, third shot drop, lobs, overheads, court positioning, and playing with a partner. Every attempt will be made to make up classes cancelled due to weather. Please bring a water bottle to class. **Memorial Park Pickleball Courts**

Date	Day	Time	Fee R/NR
9/15-9/29	Tu	6:30-8:00pm	\$68/\$78
10/13-10/27	Tu	8:30-10:00am	\$68/\$78



Dancing Ballroom Style

Winter bringing you down? Rhumba, Swing, Cha Cha and Foxtrot your way through the winter blues.

Pickleball Double Header Beginner League- Fall Outdoor 2.0-2.5

[REGISTER](#)

Age: 18+ years

Players must know the basics of play and how to keep score. Each season will consist of 6 games, 2 games per night, followed by playoff tournament. Games consist of (3) matches to 11. Games are self officiated. Players will register as a team of 2, but must pay and sign up for the league individually. All games are doubles format. Registration deadline is a week before the start of the season. League prizes will be awarded to the top 2 teams (regular season) and Playoff Champ and Runner up. Captains' information will go out one week ahead of the season start date. Note: Start and end dates are weather dependent.

📍 Memorial Park Pickleball Courts

Date	Day	Time	Fee R/NR
10/6-11/17	Tu	6:00-9:00pm	\$55/\$65

Pickleball Double Header Intermediate League - Fall Outdoor 2.6-3.5

[REGISTER](#)

Age: 18+ years

Players must know the basics of play and how to keep score. Each season will consist of 6 games, 2 games per night followed by playoff tournament. Games consist of (3) matches to 11. Games are self officiated. Players will register as a team of 2, but must pay and sign up for the league individually. All games are doubles format. Registration deadline is a week before the start of the season. League prizes will be awarded to the top 2 teams (regular season) and Playoff Champ and Runner up. Captains' information will go out one week ahead of the season start date. Note: Start and end dates are weather dependent.

📍 Memorial Park Pickleball Courts

Date	Day	Time	Fee R/NR
10/7-11/18	W	6:00-9:00pm	\$55/\$65

Pickleball Double Header Competitive League - Fall Outdoor 3.6-4.0

[REGISTER](#)

Age: 18+ years

Players must know the basics of play and how to keep score. Each season will consist of 6 games, followed by playoff tournament. Games consist of (3) matches to 11. Games are self officiated. Players will register as a team of 2, but must pay and sign up for the league individually. All games are doubles format. Registration deadline is a week before the start of the season. League prizes will be awarded to the top 2 teams (regular season) and Playoff Champ and Runner up. Captains' information will go out one week ahead of the season start date. Note: Start and end dates are weather dependent.

📍 Memorial Park Pickleball Courts

Date	Day	Time	Fee R/NR
10/8-11/19	Th	6:00-9:00pm	\$55/\$65

Pickleball Double Header Indoor Beginner 2.0-2.5 League

Age: 18+ years

[REGISTER](#)

Players must know the basics of play and how to keep score. Each season will consist of 6 games, followed by playoff tournament. Games consist of (3) matches to 11. Games are self officiated. Players will register as a team of 2, but must pay and sign up for the league individually. All games are doubles format. Registration deadline is a week before the start of the season. League prizes will be awarded to the top 2 teams (regular season) and Playoff Champ and Runner up. Captains' information will go out one week ahead of the season start date. Note: Start and end dates are weather dependent.

📍 Park Jr. High

Date	Day	Time	Fee R/NR
11/5-12/17	Th	6:00-9:00pm	\$55/\$65
Skip: 11/26			

Women's Volleyball League

[REGISTER](#)

Age: 18+ years

Players must know the basics - how to play and keep score. This volleyball league features teams of 12 players registered as one team and will face off in a 10 game season plus single elimination tournament. All games will have a patched official. Registration deadline is a week before the start of the season. Awards will be given to the league champion. Note: A captain's meeting will be scheduled in October on Zoom. Zoom link will be sent out that morning

📍 Park Jr. High

Date	Day	Time	Fee R/NR
10/6-12/16	Tu	6:00-9:00pm	\$480/\$560
Skip: TBA			





VETERANS

MEMORIAL



The Veterans Memorial was dedicated on September 20, 2014. Our Memorial is unlike many memorials in that it will continue to grow each year as memorial bricks are purchased and placed in the Memorial Plaza. The Community Park District of LaGrange Park's Veterans Memorial was built to honor ALL active duty and military veterans whether they served in times of conflict or times of peace. We feel that it is important to recognize all men and women who have served or are now serving because they never knew what tomorrow would bring as they protected America. There is no better way to honor your favorite active duty or military veteran than by placing a brick in his or her honor in our Plaza.

Memorial bricks can be purchased by submitting an order form found on the following page. You can also visit our website and download the form. If you have any questions you can call the park district office at 708-354-4580 and speak with Susan Zander.

In response to community requests, donors who have purchased a memorial brick for the plaza will have the opportunity to buy a replica brick that can be given as a gift or kept for their own special memorial. Special prices for replica bricks are as follows: 4x8 Bricks are \$60.00 and 8x8 Bricks are \$75.00. Brick orders are placed once during the year, with January 31st as the deadline for all orders. A replica brick form can be found on our website at communityparkdistrict.org.





VETERANS MEMORIAL FUND DONATION AND BRICK ORDER FORM

Donor's Name: _____ Phone # _____

Address: _____

Email Address: _____

Donation Amount (Check One) ☐ \$100 ☐ \$200 ☐ \$500 ☐ Other

Paid by (Check One) ☐ Check # _____ ☐ Visa ☐ Master Card

Check Payable To: Community Park District

(For security, we will phone you for credit card info.)

Any donation over \$500 will have On Site
Recognition & Two 8x8 Bricks

\$ 200 One 8" x 8" or Two 4" x 8" Bricks
\$ 100 One 4" x 8" Brick

Any donation is greatly appreciated. Donations of \$100 or more are invited to order an engraved paver brick(s) to honor the contributions of a family member or friend. All inscriptions are in capital letters and centered for uniformity and readability. **Please use the correct grid below to provide your engraving instructions.**

Please use this form if ordering a 4"x8" brick

Please use this form if ordering an 8"x8" brick

NEW: Replica Brick(s) A Replica Brick may be added to your order. A 4x8 Brick will be \$60.00 and an 8x8 Brick will be \$75.00 You can also-make arrangements to have your brick shipped to an alternate address. See Park District Staff for additional shipping and handling charges.

Replica Amount: _____ Shipping & Handling _____

PLEASE RETURN TO:
Community Park District of La Grange Park
Veterans Memorial Brick Order
1501 Barnsdale Road
La Grange Park, IL 60526
or: Fax: 708-354-4577
or: szander@communityparkdistrict.org

Registration Form

Insert this form, along with your check or money order payable to the Community Park District and drop off or mail to the Community Park District, 1501 Barnsdale Road, LaGrange Park, IL 60526. To pay by cash or credit card, visit the front desk during normal business hours. Credit cards are also accepted for most programs through on-line registration at www.communityparkdistrict.org.

PRIMARY CONTACT		EMAIL ADDRESS	
ADDRESS		CITY	ZIP
1ST NUMBER TO CALL CIRCLE: ☐ CELL ☐ HOME ☐ WORK	2ND NUMBER TO CALL CIRCLE: ☐ CELL ☐ HOME ☐ WORK	3RD NUMBER TO CALL CIRCLE: ☐ CELL ☐ HOME ☐ WORK	
WOULD YOU LIKE TO RECEIVE TEXT ALERTS? ☐ YES ☐ NO IF YES, WHO IS YOUR CARRIER?			

Community Park District desires to meet the leisure needs of all our residents. We will do our best to accommodate requests.

1. Do you or a family member require special assistance? ☐ Yes ☐ No If Yes, please contact the office at 708-354-4580.

2. Are there any allergies the CPD needs to be aware of that would affect participation in class? ☐ Yes ☐ No

If Yes, please state allergies in writing and attach to the registration form.

PARTICIPANTS NAME	SEX	DATE OF BIRTH	AGE	PROGRAM NAME	SESSION (IF APPLICABLE)	FEE

PHOTO INFORMATION

On occasion, the park district staff or local newspaper photographers may take pictures of participants in our programs, classes or events. Please be aware that these pictures are only for Park District use, most likely in future catalogues, brochures, pamphlets, flyers, or for publication in a local newspaper including Facebook.

IMPORTANT INFORMATION

The Community Park District is committed to conducting its recreation program and activities in a safe manner and holds the safety of participants in high regard. The Community Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program.

Understandably, not all hazards and dangers can be foreseen.

Depending on the particular activity, participant must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to outdoor and indoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Community Park District to guarantee absolute safety.

Total Due _____

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the risk of any and all injuries, damages or loss regardless of severity, that my child/ward or I sustain as a result of said participation. I further agree to waive and relinquish all claims I or my child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Community Park District, including its officials, agents, volunteers, and the employees (herein collectively referred as Community Park District of LaGrange Park).

I do hereby fully release and forever discharge the Community Park District from any and all claims for injuries, damages, or loss that minor child/ward or I may have or which may accrue to my child/ward or me and arising out or connected with, or in any way associated with this program/activity. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims.

Signature _____

(If under 18 years of age, this form must be signed by a parent or guardian)

Date _____

Receipt # (For office use)

1. **Resident Registration:** Online and walk-in resident registration will begin on Thursday, July 30, at 8:30 am. To register online, go to www.communityparkdistrict.org. For walk-in registration, visit the Park District office at 1501 Barnsdale Road, during business hours. Residents may only register their own family members.
2. **Non-resident Registration:** Online and walk-in registration for non-residents begins Thursday, August 6 at 8:30 am. To register online, go to www.communityparkdistrict.org. For walk-in registration, visit the Park District office during normal business hours.
3. **First Come, First Served:** All programs have a minimum and maximum enrollment and will be filled on a first come, first served basis.
4. **Program Waiting Lists:** Maximum enrollments for programs ensure quality and safety for all participants. Waiting lists will be established. Program rosters are monitored for withdrawals and waiting lists are contacted as spots become available. Residents on a waiting list are given priority when an enrollment becomes available.
5. **Cancellations:** All classes are subject to cancellation if they do not meet the minimum enrollments a week before the class starts, unless otherwise noted. A full refund will be given.
6. **Refund Policy:** A full refund will be issued if requested within five business days prior to the start of the class. A 20% administrative fee will be applied if request is received within four or fewer business days prior to the start of the class. Prorated refunds MAY be issued, once a class starts, in case of injury or illness. A physician's note may be required. No administrative fee will be applied for a medical release. The following EXCEPTIONS to all above rules apply: Ready Teddy Preschool registration fee and tuition, sports leagues fees, and contractual programs such as tickets to entertainment and special events and trips.
7. **NSF:** A non-sufficient fund fee will apply, in the event that a program is paid for by a check and that check is returned to the District stamped NSF or Closed Account. A full payment will be required in cash or cashier's check before attendance in a class can continue. A fee will be added, up to \$25.00 for all checks returned.
8. **Proof of Residency:** Proof of residency may be required to qualify for resident rates for program registration. A state ID or current utility bill is acceptable.
9.  **Co-Op Programming:** If the graphic symbol appears next to a program title, it is a cooperative program and resident rates will apply to all agencies included.
10. **Proof of Age:** The Community Park District reserves the right to require proof of age for participants when age is a factor.
11. **Payment Methods:** We accept VISA, MasterCard, Discover, American Express, cash and checks. Proper ID might be required.
12. **Absolutely NO money or registration will be accepted at any class site. All registrations must** be processed and completed either online or at the Park District office during normal business hours.

DISCLAIMER

The Community Park District of La Grange Park makes every effort to provide complete and accurate information about our programs contained within this brochure. If any error has occurred, the Park District has the right to revise, delete, or change any information it deems necessary.

FEE ASSISTANCE-SCHOLARSHIP FUND

If you are aware of any La Grange Park resident who is being denied the right to participate in recreation programs due to financial hardship, please call the Park District Office at (708) 354-4580. Requests will be considered on an individual basis and should be made as soon as possible. Funds are limited and distributed on an equal basis.

REGISTRATION INFORMATION

CODE OF CONDUCT

To ensure an enjoyable and safe program for all participants, the Community Park District has developed a code of conduct. Participants and spectators must:

- Show respect to all participants and staff
- Refrain from using foul language
- Refrain from causing bodily harm
- Treat equipment, supplies and facilities with respect

Temporary removal or permanent suspension from the program and/or facility may result if behavioral standards are not maintained.

NOTE TO PARENT OR GUARDIAN

When present in the classroom with the assigned teacher, children are under the instructor's supervision. In all cases, it is understood that children eight years and older are responsible for their own behavior and whereabouts while they are at a program site. Parents should establish and discuss with their children both drop-off and pick-up arrangements, and guidelines relative to expectations of on-site conduct.

EMPLOYMENT OPPORTUNITIES

Stop by the Park District office and ask for an application. Available positions are based on programming needs. Please visit communityparkdistrict.org for more information.



ENRICHMENT CLASSES

This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschoolers, whether or not they attend Ready Teddy Preschool.

MEMORIAL PARK LIGHTED SIGN

Resident, non-profit groups may reserve a space on our lighted sign located on LaGrange Road and Woodlawn Avenue. You can download a lighted sign request form from our website at cpdlgp.org. If you need additional information, please call us at (708) 354-4580.

LIVING TREE MEMORIAL/BENCH MEMORIAL

A tree or park bench is offered through the Community Park District. If you would like to commemorate a date, person, event, or organization, you may have a tree planted or a park bench installed in one of our six beautiful parks. It is a thoughtful way to remember a loved one as well as beautify a park site. A nameplate honoring your loved one will also be placed on our "Tree of Life" Memorial Wall located in the Recreation Center. If you are interested or have any further questions, please contact us at 708-354-4580.

SAFETY FIRST!

Safety is of the utmost importance to us. Please report any safety hazards at any Park District property to the Park District office at 708-354-4580. In case of an immediate emergency and the Park District office is closed please call the La Grange Park Police at 708-352-2151 or dial 911.

NON-DISCRIMINATION

The Community Park District of La Grange Park is an Equal Opportunity Employer and does not discriminate based on race, color, national origin, sex, disability or age in the offering and administering any of its recreation programs, services, park areas, and facilities.



PETS IN THE PARKS POLICY

1. Dogs are strictly prohibited from all CPD events, except for special events where animals are part of the event with prior CPD approval; from all athletic fields, all tennis courts, all basketball courts; all playgrounds; and parks, except those designated as "Dog Friendly".
 2. CPD "Dog Friendly Parks" are defined as:
 - A. Memorial Park
 - B. Hanesworth Park
 - C. Robinhood Park
 - D. Stone Monroe Park
 3. No person owning or keeping a dog shall allow such dog to run freely in any park, including "Dog Friendly Parks."
 4. Dogs must be securely fastened and restrained by a leash not more than six feet in length at all times.
 5. Dog licenses and proof of vaccinations must be displayed on the dog's collar.
 6. No person owning or keeping a dog shall allow such dog to enter upon or remain upon any area of the park utilized as an athletic field, court, children's play area, or posted to prohibit dogs.
 7. Owners or keepers of dogs shall carry appropriate equipment to and shall immediately clean the dog's waste and deposit the waste in an appropriate waste receptacle.
 8. Aggressive or nuisance animals are prohibited from all parks.
 9. Dogs that exhibit aggressive behavior or nuisance barking, must be removed from the park immediately.
 10. Any person found in violation of this section shall be fined not less than \$50 or more than \$250
- Please notify us if you see violations of this policy by emailing jcannaday@communityparkdistrict.org.

MATINEE MOVIE CLUB

The Park District hosts a Matinee Movie Club group, which meets once a month. A variety of activities are planned each month. Call 708-354-4580 and give us your email address. We will send you information about the next scheduled meeting. If you do not have an email address, simply leave us your name and address and we will mail you the information.

RESIDENT POLICY

Non-resident enrollment into any Community Park District program is gladly accepted. Please make note of the following:

1. Non-residents will pay no more than \$10.00 additional for a program, or 50% of the program fee, whichever is the lesser amount (unless otherwise noted).
2. Non-resident registration begins one week after resident registration.
3. Residents on a waiting list are given priority when an enrollment becomes available.

Do not know if you are a Park District resident?

Any address within La Grange Park boundaries will have a 60526 zip code.

AGING CARE CONNECTIONS

Located in LaGrange, Aging Care Connections is a private, not-for-profit organization dedicated to making a difference in the lives of older adults and their families through community-based services that promote dignity, self-respect and independence. Aging Care Connections provides comprehensive services to adults age 60 and older, their caregivers, and their families in La Grange Park and 37 other communities in suburban Cook County. Our mission is "to enrich the quality of life in our community by providing older adults and their families with guidance and support that enhance the ability to age well" through programs delivered by a team of highly skilled, objective, and unbiased experts. Aging Care Connections is located at 111 West Harris Avenue, LaGrange and is open Monday – Friday, 8:30 a.m. to 4:30 p.m. If you have a question about aging, please stop by, call 708-354-1323 or email www.agingcareconnections.org for more information.

REGISTRATION INFORMATION

LA GRANGE PARK LITTLE LEAGUE

Contact Little League President Nicholas Michaels (nicholas.michaels@gmail.com) or visit their website at www.lgplittleleague.com.

AYSO

American Youth Soccer Organization parent hotline (708) 930-3034, or visit their website at www.ayso300.org

LA GRANGE PARK CHAMBER OF COMMERCE

The Chamber promotes local businesses and helps them grow and make valuable connections. There are speakers monthly and an effort to educate the group on the ever-changing ways to advertise, build brand awareness and prosper. <https://www.lagrangeparkchamber.org/>

THE GARDEN CLUB OF LA GRANGE PARK

Club meetings are held at 12:00 on the first Monday of each month from October through June at the LaGrange Park Village Hall. Please call Irene Deyoung at 708-531-1143 for membership information.

LA GRANGE AREA NEWCOMERS AND NEIGHBORS ASSOCIATION

Welcome to La Grange Park! If you are a new resident and would like some additional information about La Grange Park or surrounding communities, please visit their website at www.lgnewcomers.com.

THE LA GRANGE AREA HISTORICAL SOCIETY

The society is devoted to the collection and dissemination of the history of the LaGrange area. The Vial House Museum is located at 444 S. La Grange Road, La Grange is open each Wednesday 9:30am-12pm & the last Sunday of the month 1pm-4pm. You can also make an appointment by using the contact form on their website or by calling 708-482-4248 for research, tours, and school groups. Please watch their website www.lagrangehistory.org or Facebook for information about the many special events they host throughout the year. Join today and experience the many benefits of membership including free admission to select programs and to receive their monthly newsletter.

INTERFAITH COMMUNITY PARTNERS

Interfaith Community Partners is a non-profit organization which provides transportation to older adults to physician appointments, grocery shopping, and other quality life errands like trips to the bank, hairdresser, and church. If you or a friend could benefit from these services or if you are able to volunteer to drive, please call Interfaith Community Partners at (708) 354-9328 or visit their website at <http://www.interfaithcommunitypartners.org>.

AGING CARE CONNECTIONS

Located in LaGrange, Aging Care Connections is a private, not-for-profit organization dedicated to making a difference in the lives of older adults and their families through community-based services that promote dignity, self-respect and independence. Aging Care Connections provides comprehensive services to adults age 60 and older, their caregivers, and their families in La Grange Park and 37 other communities in suburban Cook County. Our mission is "to enrich the quality of life in our community by providing older adults and their families with guidance and support that enhance the ability to age well" through programs delivered by a team of highly skilled, objective, and unbiased experts. Aging Care Connections is located at 111 West Harris Avenue, LaGrange and is open Monday – Friday, 8:30 a.m. to 4:30 p.m. If you have a question about aging, please stop by, call 708-354-1323 or email www.agingcareconnections.org for more information.



Community Park District of
La Grange Park

Facility Rentals

Call for more information!

(708) 354-4580

For additional information, please
contact the Park District office or
visit our website at

www.communityparkdistrict.org



Planning your next event?

Let the Community Park District host your next birthday, baby shower or family get together! Our Multi-Purpose Room is great option for groups up to 150 guests. MPR Rentals include setup of provided tables & chairs, access to our full kitchen, and an onsite attendant to address any needs that may arise. Rental times must include all time needed including setup and take down of event.

Parks make life better!

Take your family to the park!

Community Park District offers several outdoor picnic spaces for your next gathering. Looking for a covered pavilion at Memorial Park, close to the sports? Or a quiet, tucked away picnic at Beach Oak Park? We have a setting that will fit any occasion. Please reach out in advance for larger gatherings to ensure we can accommodate your needs.

