

WINTER & SPRING

2026



Resident Registration begins Thursday, December 4
Non-resident Registration begins Thursday, December 11



Calendar of EVENTS

Resident Registration	Thursday, December 4
Non-Resident Registration	Thursday, December 11
Family Magic Night	Friday, January 23
Daddy Daughter Date Night	Friday, February 13
Mother Son Superhero Night	Friday, March 13
Checkers & Chess Tournament	Saturday, March 7
Easter Egg Hunt	Saturday March 28
Hunt for the Golden Egg	Week of March 30
Memorial Day	Monday, May 25

BOARD OF PARK COMMISSIONERS

The Community Park District Board of Commissioners is comprised of five commissioners elected by Park District residents to serve unpaid, four-year terms. The Board governs, on behalf of residents, all activities of the Park District.

Regular Park Board meetings are held on the second Monday of each month at the Recreation Center, 1501 Barnsdale Road, at 6:30 pm. Your attendance is both welcome and encouraged.



Robert Corte, President
Sheri Sauer, Vice President
Alex Zuck, Secretary

Tim Ogden, Treasurer
Mike Marusic, Commissioner

MEET THE TEAM

Jessica Cannaday, CPRP
 Executive Director

Juan Montes CPRP
 Superintendent of Recreation

Sara Earhart, CPSI, ISA
 Superintendent of Parks
Spencer Clark
 Fitness Center Manager

Michele Ritacco
 Recreation Manager

Susan Zander
 Marketing & Special Events Manager

Rachel Demes
 Finance & Administrative Coordinator

Laura Raimondi
 Active Adult Coordinator

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Park District Office & Recreation Center

1501 Barnsdale Road
La Grange Park, IL 60526
Phone: (708) 354-4580

Community Park Fitness

1100 E. 31st Street
La Grange Park, IL 60526
Phone: (708) 354-3580

Website: www.communityparkdistrict.org



Stay up to date!

@communityparkdistrict

Park District Office Hours

Monday–Friday 8:30am–5:00pm

Program Icons



ENRICHMENT CLASSES:

This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschool aged children, whether or not they attend Ready Teddy.



CO-OP PROGRAMMING:

This icon indicates a co-op program. Please make a note of the location when you register for a class.

Park District Mission

The Community Park District of La Grange Park supports a healthy and inclusive community by positively impacting physical, social, emotional, and environmental well being.

Core Values

Community Wellness
Preserve Park Land
Dedicated to Transparency
Leadership
Generational Opportunities
Play for All

PROGRAM LOCATIONS 🔍

- 📍 **RECREATION CENTER**
Park District Office (LP)
1501 Barnsdale Road, La Grange Park
- 📍 **COMMUNITY PARK FITNESS**
1100 E. 31st Street, LP
- 📍 **MEMORIAL PARK**
La Grange Road at Woodlawn, LP
- 📍 **ROBINHOOD PARK**
30th and Robinhood Lane, LP
- 📍 **STONE-MONROE PARK**
Stone and Monroe Avenues, LP
- 📍 **WILLIAM G. YENA PARK**
29th and Harrison Avenue, LP
- 📍 **HANESWORTH PARK**
26th and Barnsdale Road, LP
- 📍 **VILLAGE CHURCH**
1150 Meadowcrest Road, LP
- 📍 **EHLERT PARK**
4338 Congress Park Ave, Brookfield
- 📍 **RECREATION CENTER**
536 East Avenue, La Grange
- 📍 **RECREATION CENTER**
1500 Walker Street, Western Springs
- 📍 **VETERAN'S MEMORIAL**
Corner of Sherwood Road & E. Oak Avenue



PARK LOCATIONS

- 📍 **MEMORIAL PARK**
132 Oak Avenue
- 📍 **ROBINHOOD PARK**
30th and Robinhood Lane
- 📍 **HANESWORTH PARK**
26th and Barnsdale Road
- 📍 **BEACH-OAK PARK**
Beach and Oak Avenues
- 📍 **WILLIAM G. YENA PARK**
29th and Harrison Avenue
- 📍 **STONE-MONROE PARK**
Stone and Monroe Avenues
- 📍 **VILLAGE CHURCH**
1150 Meadowcrest Road, LP

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VETERANS MEMORIAL DONATION ORDER AND

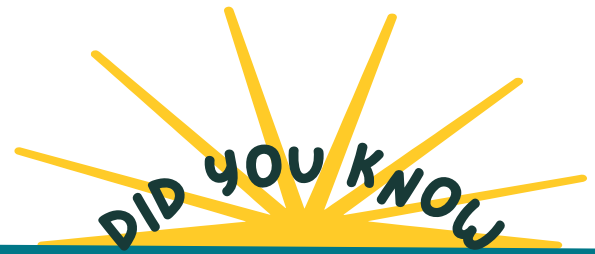
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SEASPAR.....



The "Library of Things" makes a day at Memorial Park a Breeze.

From yoga mats and bocce balls to bubble machines, if you're spending a day at Memorial Park, the La Grange Park Library's Library of things may have what you need to help you make the best of your visit. Do you need a karaoke machine for a party? Want some binoculars for a ball game? Have interest in Instant Pots or air fryers? Check them (along with dozens of other cool things) from the La Grange Park Library's Library of Things! Visit lplibrary.org/things to see a complete list and check on availability. Visit our Childrens Services Department for a list of items for children.



Stay up to date!
@communityparkdistrict

Winter Spring 2026 Executive Director's Letter

It has been quite the year here at the Community Park District! Last spring, we announced the Recreation Center Expansion Project, the acquisition of the new park at Meadowcrest, and the Yena Park overhaul. One thing we did not expect at this time last year, was the possibility of opening and operating a fitness center!

I'm pleased to report that despite the inevitable challenges that come with large projects, in addition to taking on the monumental task of operating a new fitness center here in La Grange Park, we are still on the schedules we anticipated last year!

1 - Community Park Fitness

This was the surprise of 2025! The Community Park District now operates Community Park Fitness, located at 1100 E 31st Street. Thanks to the support of the community and the Greater Metro YMCA, our staff and board were able to renovate and open Community Park Fitness in 10 days! **It is important to note that this facility is self-sustaining and does not rely on tax dollars for its operations.** So, if you are looking for a great place to start, maintain, or elevate your fitness journey, we hope you will give CPF a try! Memberships start at just \$30 per month! All memberships include non-premium group exercise classes and the Family membership includes childcare.

Continued Fitness Center Improvements Every penny that is earned at CPF is reinvested in the facility. The park district board has approved a 10-year lease for the facility, so we are in this with you for the long-haul! As our membership grows and funding becomes available, we will implement critical facility improvements like equipment upgrades, flooring improvements, upgraded member lounge, Community Kids upgrades, and the installation of dry saunas in the locker rooms. We appreciate our members' patience as we continue to make major improvements to this facility. If you would like to help support the capital improvement campaigns at CPF, please send me an email jcannaday@communityparkdistrict.org

2 - Recreation Center Expansion

La Grange Park residents will have access to expanded recreational space by the summer of 2027! At the December 8, 2025 meeting, our board will approve a construction contract and we plan to break ground in the early spring. In 12 short months, residents will enjoy access to the only public gymnasium in La Grange Park, an elevated walking track, additional recreational and community gathering space, and Ready Teddy will see significant security improvements.

What does this mean for existing programming?

We are working with our contractor to minimize program interruptions. Ready Teddy and Summer Camp will still be hosted at 1501 Barnsdale Road through 2026 and 2027. We will strategically schedule more intrusive work around holidays and built-in skip days. Please watch www.communityparkdistrict.org for project updates.



Winter Spring 2026 Executive Director's Letter

3 - La Grange Park is getting a NEW park!

Thanks to a successful Land Water Conservation Fund (LWCF) Grant and the continued success of our recreational programming, the Community Park District successfully acquired 1150 Meadowcrest. The acquisition of the new park resulted in ZERO tax impact to our residents. Our team has completed a portion of the improvements outlined in our grant application with more work scheduled for the spring. The design of the south end of the park was developed with input from our residents during the grant application process. We plan to remove the church building by 2027. We are very grateful to have had the support of the Village Church leadership and congregation to preserve this beautiful open space and the character of the Meadowcrest neighborhood for all future generations of La Grange Park. Per the terms of the LWCF Grant, 1150 Meadowcrest will serve our community as open space in perpetuity.

4 - Yena Park Renovation Near Completion

Despite unanticipated delays this summer, our project manager (JSD) and contractor (Landworks Limited), have worked diligently to keep the Yena Park project on track! This project is funded with \$600,000 in OSLAD Grant funding, \$600,000 in General Obligation Bond proceeds, and approximately \$400,000 in existing capital funding. Thanks to the hard work of our team, we are still on track to open the hard surfaces in the Spring of 2026 and the athletic fields in the fall of 2026 or early spring of 2027.

5 - NEW programming

Our team has worked hard to create innovative new recreational opportunities for you to enjoy. Please make sure to check out:

- The wide range of new active adult programming for individuals 55+
- The BRAND NEW group exercise opportunities available at CPF
- Our NEW Paint and Sip events
- Expanded Tennis and Pickleball programs
- Our NEW Family Magic Night
- Our NEW Mother Son Superhero Night



Yena Park

Last, but not least, make sure to get outside and enjoy a winter walk and the Memorial Park sled hill!

See you in the parks!

Jessica Cannaday, CPRP
Executive Director
Community Park District of La Grange Park
jcannaday@communityparkdistrict.org
708-354-4580

A handwritten signature in red ink that reads "Jessica Cannaday".

Community Park FITNESS

Memberships
start at \$30!



Unlimited Fitness Classes



Cardio & Strength Training



Personal Training

POWERED by COMMUNITY

FITNESS CENTER HOURS

Monday - Friday 5:00am-9:00pm

Saturday-Sunday 7:00am-5:00pm

CHILDCARE HOURS

Monday - Friday 8:30am-12:00pm

Monday - Friday 5:00pm-8:00pm

Saturday-Sunday 8:00am-12:00pm

HOLIDAY HOURS

New Year's Eve 7:00am-1:00pm

New Year's Day 7:00am-1:00pm

Good Friday 7:00am-1:00pm

Easter Sunday 7:00am-1:00pm

Memorial Day 7:00am-1:00pm

Dates & Times subject to change



Start Today

LIVE STRONG. LIFT LOCAL

Strength, Sweat, and Smiles!

**Regular exercise can reduce
stress, improve heart health
& sharpen your mind!**

Call for details! 708-354-3580

MEMBERSHIPS

Community Park FITNESS

Membership Type	R/NR Fee (Monthly)
Adult Individual person, age 18 years or older, without valid student ID. Membership includes non-premium classes. No childcare included.	\$35/\$40
Couple Two adults residing at the same address. Membership includes non-premium classes. No childcare included.	\$65/\$70
Family Two adults & one or more unmarried children residing at the same address. Any minor children residing in the household will need to bring birth certificate to set up the household. Membership includes non-premium classes. Childcare is included.	\$85/\$90
Senior Individual person, age 55 years or older. Membership includes non-premium classes. No childcare included.	\$30/\$35
Senior Couple Two adults age 55+ residing at the same address. Membership includes non-premium classes. No childcare included.	\$60/\$70
Student Individual person, age 14-23 years, must present valid student ID upon enrollment. Membership includes non-premium classes. No childcare included.	\$30/\$35
Veterans & First Responders Proof of employment/Military ID.	\$30
Enrollment Fee: There is a one-time \$50 Enrollment Fee	
Daily Fee (R/NR): \$10/\$15	

Childcare is only included in the family membership. You may add childcare on to any membership for \$25 per month.

Community Park FITNESS



GROUP EXERCISE CLASSES

Power Hour
HIIT training

Zumba
Dance-fitness program

WERQ
A high-energy cardio dance class

Total Body Strength & Conditioning
Work from muscle to muscle

Cycle
Schwinn cycle classes

Yoga Flow
A vinyasa style yoga class

HIIT Pilates Fusion
Short bursts of intense exercise

Yoga
Deepen the mindbody connection

Pilates
Improve balance, strength and flexibility

Active Older Adult (AOA)
Promote the physical & mental well-being of older adults.

Fit Kids Club
Young fitness enthusiasts aged 8-11

TABATA Bootcamp
60-minute HIIT style burn

Yoga Sculpt
More intense than a traditional yoga class

Chair Yoga
Breathing exercises

Hatha Yoga
Foundational and slower-paced

Call and ask about
**Personal Training &
Group Training**

708-354-3580



meet friends

make memories

build community





FAMILY MAGIC NIGHT

Age: 3-8, with adult

[REGISTER](#)

Step into a world of wonder at the Community Park District's Family Magic Night—an evening filled with laughter, amazement, and hands-on fun for the whole family! Start the night with dinner and refreshments, then sit back and enjoy a live magic show that will dazzle kids and adults alike. But the magic doesn't stop there—after the show, families will break off into small groups to learn real magic tricks they can perform at home! **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
1/23	Friday	5:30-7:30pm	\$20/\$30 per person

DADDY DAUGHTER DATE NIGHT

Age: 3-8, with adult

[REGISTER](#)

Step into a magical evening fit for a princess! Dads and daughters are invited to enjoy a night full of sparkle and smiles as the Recreation Center transforms into a fairyland. Dress in your royal best and enjoy dancing, dinner, sweet treats, a keepsake photo, and surprises along the way. It's an enchanting night to make memories that will last forever! **Recreation Center, 1501 Barnsdale, LP**

*\$20/each additional child

Date	Day	Time	Fee R/NR
2/13	Friday	5:00-6:30pm	\$40/\$50
		6:45-8:15pm	\$40/\$50



MOTHER SON SUPERHERO NIGHT

[REGISTER](#)

Age: 3-8, with adult

Calling all superheroes! Moms and sons are invited to suit up as their favorite heroes for an action-packed evening at the Community Park District. The Recreation Center will be transformed into a lively celebration with music from a professional DJ, dinner, cookie decorating, and a themed photo booth to capture the fun. Whether you're flying in as Spider-Man or dancing in as Wonder Woman, this night is all about making memories together. Don't miss your chance to be part of this heroic event! **Recreation Center, 1501 Barnsdale, LP**

*\$20/each additional child

Date	Day	Time	Fee R/NR
3/13	Friday	6:30-8:00pm	\$40/\$50





SALT CREEK CLASSIC CHECKERS AND CHESS TOURNAMENT

Instructor: CPD Staff

The Community Park District will be hosting a combination Checkers and Chess tournament this spring for all amateur players! Tournament will be played at the Community Park District Recreation Center and will not be ranked. All checkers games will adhere to Hasbro – Intro to Checkers rules. All chess games will adhere to FIDE Laws of Chess. Players will be paired up for games and will compete in multiple rounds of play in order to determine who takes home the championship trophies (1st and 2nd place). All materials will be provided. **Recreation Center, 1501 Barnsdale, LP**

*Checkers games will be limited to 30 minutes, whoever has the most pieces at the end of that time will be the winner. Turns will not be timed.

*Chess games will be limited to 60 minutes, whoever has the most points left on the board will be the winner. Turns will not be timed.

Tournaments will encompass all ages, unless enrollment allows us to break up into separate adult/youth brackets

SALT CREEK CLASSIC - CHECKERS

Age: All

[REGISTER](#)

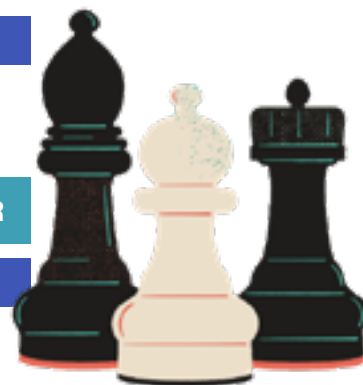
Date	Day	Time	Fee R/NR	Register by
3/7	Saturday	10:00am-12:30pm	\$10/\$20	2/27

SALT CREEK CLASSIC - CHESS

Age: All

[REGISTER](#)

Date	Day	Time	Fee R/NR	Register by
3/7	Saturday	1:00-4:00pm	\$15/\$25	2/27



FREE

HUNT FOR THE GOLDEN EGG

Age: 8 and younger

Join us as we welcome Spring with some fun! During spring break week Monday, March 30th through Thursday, April 2nd there will be (1) golden egg hidden in each of our (6) parks. Families may search for eggs during park hours (Sunrise to Sunset). If you are one of the lucky ones to find the Golden Egg, head over to the Community Park District for your prize & Facebook post. Limit one Golden Egg per family.

Memorial, Beach Oak, Stone Monroe, Robinhood, Meadowcrest & Hanesworth Parks

Date	Day	Time
3/30-4/2	M-Th	Sunrise-Sunset

FLASHLIGHT EGG HUNT

Age: 9-13

Join us for a cool spin on the egg hunt! We are bringing some "eggs-citing" fun to the older kids! This hunt is a night out at one of our parks, but the location will be kept secret until the Monday before the event. (The location and details will be sent out to all registered participants.) There will be candy, gift certificates and other fun prizes. Parents are welcome to stay for the duration.

Location TBA

REGISTER

Date	Day	Time	Fee R/NR
3/27	Friday	8:00-8:30pm	\$5/\$7

YOU'VE BEEN EGGED

REGISTER

Age: All

La Grange Park Families Only

We are bringing our Egg Hunt to your front door! Register to "egg" your own house, a neighbor or grandkids' house. The possibilities are "eggless"! Each registered household will receive eggs filled with candy and toys placed in their front yard during the week of 3/30-4/2. Families will receive a phone call to let them know when the house is being "egged" so they can be on the lookout. A yard sign will be placed in each family's yard.

Register by 3/21

Date	Day	Time	Fee R
3/30-4/2	M-Th	Sunrise	\$25

FREE EASTER EGG HUNT

Age: 8 and younger

Kids, grab your baskets and get ready for some fun! Each age group will have a designated area with a special egg hidden amongst them. The hunt schedule will be: 3 years and under, 10:00am, 4-5 years old, 10:10am, 6-8 years old, 10:20am. The Easter Bunny will be on hand for picture taking after the hunt. Please bring your own camera for pictures. Hop on down and join us at 10am sharp! In the event of rain, this event will be cancelled. **Memorial Park**

Date	Day	Time
3/28	Saturday	10:00am SHARP





PAINT & SIP BUBBLE TEA

[REGISTER](#)

Age: 8-13

Just like bubble tea, your day will be so much sweeter when you attend this super fun class. If you love bubble tea and painting, or want to try it for the first time, join us for this super cute Bubble-Tea themed painting experience. Yay Boba!

1501 Barnsdale Road, LP

Date	Day	Time	Age	Fee R/NR
1/10	Saturday	10:30am-12:00pm	8-10	\$35/\$45
1/10	Saturday	12:00-2:00pm	11-13	\$35/\$45

PAINT & SIP - GALENTINE'S

[REGISTER](#)

Age: 21+

Just another cold dark night in January? Don't let it get you down! Grab your favorite gal pals and come to our very first artist led Valentine's painting event. Each participant will be instructed in creating a one-of-a-kind Valentine themed painting that you'll be proud to display all year long. All experience levels welcome. BYOB

1501 Barnsdale Road, LP

Date	Day	Time	Fee R/NR
1/22	Thursday	7:00-9:00pm	\$45/\$55

PIKACHU PAINT & SIP

[REGISTER](#)

Age: 8-10

Do you love Pokemon AND painting? This is the class for you. Join us to sip some hot chocolate and create a painting of one of the original—and most popular—of all Pokemon characters: Pikachu. You'll be proud to hang this on your bedroom wall and say "Hey, I did that!!"

1501 Barnsdale Road, LP

Date	Day	Time	Fee R/NR
2/7	Saturday	1:30-3:00pm	\$35/\$45

PAINT & SIP - FLORALS

[REGISTER](#)

Age: 21+

Although Spring might feel like a long way off, it's not too soon to create your own Spring floral painting in this exciting one-night class. An experienced artist will lead you in creating your one-of-a-kind Spring themed canvas. Whether you paint regularly or have never picked up a paint brush before you're sure to have fun. Come on your own or bring a friend. BYOB

1501 Barnsdale Road, LP

Date	Day	Time	Fee R/NR
2/19	Thursday	7:00-9:00pm	\$45/\$55





TEDDY BEAR PICNIC

[REGISTER](#)

Age: All

Bring your favorite Teddy Bear and join The Community Park District and La Grange Park Library for a fun story time at one of our beautiful parks!

Date	Day	Time	Fee R/NR
------	-----	------	----------

Location TBA

PICNIC IN THE PARK

Age: All

[REGISTER](#)

The Community Park District and La Grange Park Library are excited to provide this fun and FREE program. Caregivers and children from birth and up are invited to join a member of the La Grange Park Library for a fun story time at one of our beautiful parks!

Date	Day	Time	Fee R/NR
------	-----	------	----------

Location TBA



TEA PARTY IN THE TREES

[REGISTER](#)

Age: All

Bring your favorite person and your favorite plush toy! The Community Park District and La Grange Park Library are excited to provide this fun, and FREE new program. Caregivers and children from birth and up are invited to join us for a Tea Party and story at one of our beautiful parks!

Date	Day	Time	Fee R/NR
------	-----	------	----------

Location TBA



SAVE THE DATE

FEB. 02

READY TEDDY OPEN HOUSE



FEB. 09

SUMMER CAMP & READY TEDDY ENROLLMENT

Ready Teddy & Summer Camp enrollment opens the week of Feb. 9th. Check our website for details!

APRIL 17

ARBOR DAY



MAY 25

MEMORIAL DAY SERVICE

Veterans Memorial Park

9:30am





SCHOOL YEAR
SEPTEMBER 8, 2025 - MAY 15, 2026



At Ready Teddy Preschool, we offer a nurturing environment where children ages 1.5-5 years can explore, grow, and build essential skills. Our program is designed to foster development through engaging social play and hands-on learning experiences. With a focus on interactive centers, we lay the foundation for future academic success while encouraging curiosity, creativity and a love for learning.

Registration:

Registration for 2025-2026 School Year requires a non-refundable registration fee of \$100.00.

Proof of residency is required for La Grange Park residents (Ex: water, gas or electric bill).

All necessary paperwork can be found on our Community Park District website starting in early August.

Enrichment Classes

Our enrichment classes offer engaging opportunities for preschoolers to explore special interests. Look for the Ready Teddy icon to find classes that will enhance your child's day. Additional fees vary by class. Full descriptions and schedules can be found in the fall brochure. Children are supervised to and from all classes.

ABC Before and After School Care

Before and After School Care is an optional program that can be paired with our Ready Teddy Preschool classes. Care is available from 8:00 am to 5:00 pm and is scheduled based on the needs of each student. (Please note: ABC is not offered on party days or school holidays.) Ready Teddy students may register for ABC on their designated class days, with a limit of 4 hours per day. For more information, contact the Park District office at (708) 354-4580.



Friday Learn & Play

Age: 1.5-2 years

REGISTER

This Learn & Play class offers a teacher-led experience with full parent participation, providing a nurturing environment where your child can grow and explore. Activities are designed to encourage early learning through play, socialization, and creative development, while also supporting your child's language, motor, and cognitive skills.

Parents are required to attend with their child, creating a special opportunity for you to engage in your child's learning journey. Through guided activities like music, sensory play, art projects, and interactive games, children will build confidence and begin to develop essential skills. This class is the perfect way to introduce your child to our Ready Teddy community and provide a strong foundation for future preschool experiences.

*Tuition is paid per session

Date	Day	Time	Fee R/NR
1/16-2/20	Friday	9:00-10:00am	\$100/\$110
		10:30-11:30am	\$100/\$110
		1:30-2:30pm	\$100/\$110
3/6-4/17	Friday	9:00-10:00am	\$100/\$110
		10:30-11:30am	\$100/\$110
		Skip: 4/3	\$100/\$110



2-Year-Old Program - Cubbie Bears

Our 2-year old preschool class is designed to provide a warm and welcoming environment where your child can begin their journey of exploration and learning. At this stage, we focus on building foundational skills through play-based activities that encourage curiosity, social interaction, and early development.

We've redesigned this class structure to better prepare your preschooler for their academic journey ahead. As a parent or guardian, we kindly ask for your active involvement in supporting your child during the first few weeks to help them build the independence needed to attend class on their own.

	Date	Day	Time	Fee R/NR Monthly
2 Year-Olds Progressive build to a 2 hour a day program in January 2026	9/9-5/14	T/Thu	8:30-10:30am	\$183/\$193
			8:30-9:30am (Sept./Oct.)	
			8:30-10:00am (Nov./Dec.)	
			8:30-10:30am (Jan.-May)	
			11:00am-1:00pm	
2.5 Year-Olds	9/8-5/13	M/W	8:30-10:30am	\$183/\$193
			11:00am-1:00pm	
			11:00am-12:00pm (Sept./Oct.)	
			11:00am-12:30pm (Nov./Dec.)	
			11:00 am-1:00pm (Jan.-May)	

Enrichment Classes
for 2.5 year-olds:



Little Chefs
Creative STEAM
Ready for Sports
Miss Angie Music

3-Year-Old Program - Koalas

Our 3-year-old preschool class is designed to foster curiosity, independence, and creativity in a fun and nurturing environment. Through hands-on activities, we introduce children to foundational concepts such as shapes, colors, numbers, and the alphabet. Play-based learning is at the heart of our program with engaging activities like art projects, music, storytelling, and interactive games that promote social skills, emotional growth, and cognitive development.

In this class, children begin to build strong friendships, learn to follow simple routines, and develop their fine and gross motor skills. Our goal is to create a supportive space where children feel confident, loved, and excited about learning as they take their first steps in their educational journey.

3-year-olds have the option to register for MWF and T/Th sessions to create a 5-day experience. Curriculum will be repetitive and Fridays are designed to provide additional social/emotional learning through play opportunities. Students cannot register for morning and afternoon classes to create a full day.

Date	Day	Time	Fee R/NR Monthly
9/8-5/15	M/W/F	8:30-11:30am 12:30-3:30pm	\$254/\$264 \$254/\$264
9/9-5/14	T/Th	8:30-11:30am 12:30-3:30pm	\$175/\$185 \$175/\$185



Check out Enrichment Classes for 3-year-olds on pages 22-25!



4 & 5 Pre-Kindergarten Program - Panda & Brown Bears

This is the final step in our Preschool program, where our dedicated teachers are preparing your child for a smooth transition into kindergarten. Following the Illinois Early Childhood Standards and Benchmarks, we explore new themes each week, with a strong focus on math, literacy, and gross motor skills. Through hands-on activities and engaging lessons, your preschooler will build the foundational skills they need for academic success and continued growth. We are excited to help your child take the final steps toward kindergarten readiness in a fun, supportive, and enriching environment.

Date	Day	Time	Fee R/NR Monthly
9/8-5/15	M-F	8:30am-2:30pm	\$680/\$690
9/8-5/15	M-F	8:30am-12:00pm	\$365/\$375



Check out Enrichment Classes for 4 and 5-year-olds on pages 22-25!

★ Creative STEAM

Age: 2.5-5

REGISTER

In this hands-on program, young learners will dive into exciting projects that spark creativity and curiosity. Using a variety of materials, students will discover new concepts, experiment with ideas, and design their own creations—all while building a strong foundation for future classroom success. With a dynamic blend of Science, Technology, Engineering, Arts, and Math, every session is a fun, interactive adventure in learning. **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Age	Fee R/NR
1/12-2/9	Monday	10:30-11:15am	2.5-3	\$38/\$48
1/12-2/9	Monday	11:30am-12:15pm	3's	\$38/\$48
1/12-2/9	Monday	12:30-1:15pm	4-5	\$38/\$48
Skip 1/19				
2/25-3/25	Wednesday	10:30-11:15am	2.5-3	\$48/\$58
2/25-3/25	Wednesday	11:30am-12:15pm	3's	\$48/\$58
2/25-3/25	Wednesday	12:30-1:15pm	4-5	\$48/\$58
4/13-5/11	Monday	10:30-11:15am	2.5-3	\$48/\$58
4/13-5/11	Monday	11:30am-12:15pm	3's	\$48/\$58
4/13-5/11	Monday	12:30-1:15pm	4-5	\$48/\$58



★ Little Chefs

Age: 2.5-5

REGISTER

Learn to handle basic kitchen tools and follow simple steps to create healthy and yummy treats! Safety and accuracy will be emphasized. Our curriculum is strictly peanut free. If the participant has food allergies, please list all allergies on the registration form. Notify the Park District office as well! (708-354-4580) **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Age	Fee R/NR
1/14-2/18	Wednesday	10:30-11:15am	2.5-3	\$72/\$82
1/14-2/18	Wednesday	11:30am-12:15pm	3's	\$72/\$82
1/14-2/18	Wednesday	12:30-1:15pm	4-5	\$72/\$82
2/23-3/23	Monday	10:30-11:15am	2.5-3	\$60/\$70
2/23-3/23	Monday	11:30am-12:15pm	3's	\$60/\$70
2/23-3/23	Monday	12:30-1:15pm	4-5	\$60/\$70
4/8-5/13	Wednesday	10:30-11:15am	2.5-3	\$72/\$82
4/8-5/13	Wednesday	11:30am-12:15pm	3's	\$72/\$82
4/8-5/13	Wednesday	12:30-1:15pm	4-5	\$72/\$82

Add on lunch is available for 4-5 year olds!



★ Ready for Sports

Age: 2.5-5

[REGISTER](#)

This class is meant to get out those mid-day wiggles and introduce fitness through play! The kiddos will play games, be introduced to a variety of sports, and build friendships! Sharing, throwing, and catching will all be a part of play for this beginning age group. Required: Gym Shoes.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Age	Fee R/NR
1/16-2/20	Friday	10:30-11:15am	2.5-3	\$51/\$61
1/16-2/20	Friday	11:30am-12:15pm	3's	\$51/\$61
1/16-2/20	Friday	12:30-1:15pm	4-5	\$51/\$61
3/6-3/27	Friday	10:30-11:15am	2.5-3	\$34/\$44
3/6-3/27	Friday	11:30am-12:15pm	3's	\$34/\$44
3/6-3/27	Friday	12:30-1:15pm	4-5	\$34/\$44
4/10-5/15	Friday	10:30-11:15am	2.5-3	\$51/\$61
4/10-5/15	Friday	11:30am-12:15pm	3's	\$51/\$61
4/10-5/15	Friday	12:30-1:15pm	4-5	\$51/\$61

Add on lunch is available for 4-5 year olds!



★ Ready, Set, Math!

Age: 3-5

[REGISTER](#)

Fun with numbers, learning, shapes, and sorting! Each child can develop a positive attitude toward math and numbers from an early age. The curriculum is designed to include games and learning activities that will prepare each student for the classroom. Sessions can be repeated. NEW material will be introduced each time! **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
1/15-2/19	Thursday	11:30am-12:15pm	\$61/\$71
2/24-3/24	Tuesday	11:30am-12:15pm	\$51/\$61
4/9-5/14	Thursday	11:30am-12:15pm	\$61/\$71

★ Ready for Reading

Age: 3-5

[REGISTER](#)

Empower emergent readers. Each day is filled with phonics, fun, and language skills through games, rhymes, and hands-on" activities. Sessions can be repeated. NEW material will be introduced each time! **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
1/13-2/17	Tuesday	11:30am-12:15pm	\$61/\$71
2/26-3/26	Thursday	11:30am-12:15pm	\$51/\$61
4/7-5/12	Tuesday	11:30am-12:15pm	\$61/\$71



★ Add on Lunch

Age: 4-5

REGISTER

Designed for our half-day 4–5 year old preschoolers, this lunch option bridges the half-hour gap between morning classes and afternoon enrichment programs. Supervised and relaxed, it's the perfect way for your child to enjoy a mid-day break. Families may register and pay on a weekly basis for added flexibility. **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Fee R/NR
1/5-5/15	M/W/F	12:00-12:30pm	\$5/day

Date	Day	Time	Fee R/NR
1/12-2/9	Monday	12:00-12:30pm	\$30/\$40
1/14-2/18	Wednesday	12:00-12:30pm	\$30/\$40
1/16-2/20	Friday	12:00-12:30pm	\$30/\$40
2/23-3/23	Monday	12:00-12:30pm	\$30/\$40
2/25-3/25	Wednesday	12:00-12:30pm	\$30/\$40
3/6-3/27	Friday	12:00-12:30pm	\$30/\$40
4/13-5/11	Monday	12:00-12:30pm	\$30/\$40
4/8-5/13	Wednesday	12:00-12:30pm	\$30/\$40
4/10-5/15	Friday	12:00-12:30pm	\$30/\$40



★ ABC Before and After School Care

ABC is an optional program that can be paired with our Ready Teddy Preschool classes. Care is available from 8:00 am to 5:00 pm and is scheduled based on the needs of each student. (Please note: ABC is not offered on party days or school holidays.) Ready Teddy students may register for ABC on their designated class days, with a limit of 4 hours per day. **For more information, contact the Park District office at (708) 354-4580.**

COMMUNITY KIDS

Onsite care for your kids so you can take care of you!



Stop by 1100 E. 31st. Street or call 708-354-3580 for more details!



Miss Angie's Rockin' Tots

[REGISTER](#)

Age: 1-2

Instructor: Miss Angie

Participate with your toddler in singing, chanting, moving, dancing, listening, and playing percussion instruments. Activities will bridge the natural connection between music and movement; improve listening abilities and increase exposure and appreciation to different types of music. Class is designed for children and adults to participate in together.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
1/13-2/17	Tuesday	9:00-9:45am 10:00-10:45am	\$85/\$95 \$85/\$95
2/24-4/7 Skip 3/31	Tuesday	9:00-9:45am 10:00-10:45am	\$85/\$95 \$85/\$95
4/14-5/26 Skip 5/19	Tuesday	9:00-9:45am 10:00-10:45am	\$85/\$95 \$85/\$95

Mighty Music Makers

[REGISTER](#)

Age: 3-5

Instructor: Miss Angie

Celebrate your child's growing independence through fun music and movement activities. These classes will work on the child's attention and self-expression and include singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement, and storytelling. A variety of musical types will be included to widen your child's exposure and appreciation of different musical types. Class is designed for children and adults to participate together.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
1/13-2/17	Tuesday	11:00-11:45am	\$85/\$95
2/24-4/7 Skip 3/31	Tuesday	11:00-11:45am	\$85/\$95
4/14-5/26 Skip 5/19	Tuesday	11:00-11:45am	\$85/\$95

Spring **BREAK** Camp

age: 4-12

REGISTER

Kids - don't spend the week at home!

Arts
Crafts
Physical fitness
Recreational activities
Friends &
Fun



Date	Day	Time	Fee R/NR
3/30-4/2	M-Th	8:30am-12:30pm	\$140/\$150
3/30-4/2	M-Th	8:30am-3:00pm	\$200/\$210

Before Care starts at 7:00am - \$30/\$40 for week
After care runs 3:00-6:00pm - \$60/\$70 for week

The Community Park District of LaGrange Park Footlight Players
-presents-



Friday January 16, 7:00 pm
Saturday January 17, 7:00pm
Sunday January 18 2:00pm, 7:00pm

The Community Park District of LaGrange Park Footlight Players



We are excited to announce the spring production of Peter Pan Jr! Scan the QR Code to sign up for an audition slot on 2/14.
Show dates- May 15th-17th at Park Jr. High

SMALL BUT MIGHTY IMPROV

Instructor: M. Piebenga

Age: 5-7

REGISTER

Improv theater is for everyone! Young children will experience theater and improv games in a fun, energetic setting. Through creative warmups, physical expression, and spontaneous activities, children will develop their natural expression and use their voice to contribute to games and scenes. A short demonstration for families and friends will complete the last class!

Recreation Center, 1501 Barnsdale Rd, LP

Date	Day	Time	Fee R/NR
2/5-3/5	Thursday	5:00-6:00pm	\$55/\$65
3/19-4/16	Thursday	5:00-6:00pm	\$55/\$65
Skip 4/2			

IMPROV FOR ACTING

Instructor: M. Piebenga

Age: 7-11

REGISTER

Develop those improv chops! Through spontaneous game play and activities, young actors will hone their physical, mental, and emotional awareness to improve their scenecraft and stage ability. Fun and surprising developments abound as the actor's creative voice and ideas are the basis for onstage work. Let's make it up together! **Recreation Center, 1501 Barnsdale Rd, LP**

Date	Day	Time	Fee R/NR
2/5-3/5	Thursday	6:00-7:00pm	\$55/\$65
3/19-4/16	Thursday	6:00-7:00pm	\$55/\$65
Skip 4/2			



The Community Park District of LaGrange Park Dance Express
-presents-

DANCING

with the *Divas*

Saturday, April 26th 2:00pm
Park Junior High School

DANCING BALLROOM STYLE

Instructor: M. Ritacco

Age: 16+

[REGISTER](#)

Winter bringing you down? Rhumba, Swing, Cha Cha and Foxtrot your way through the winter blues. In this class we will learn traditional Ballroom holds and how to lead and follow. Registration fee is per person. You are not guaranteed a partner if you register as a single. Partners will not rotate. Wear comfortable shoes. **Sedgewick Park, La Grange**

Date	Day	Time	Fee R/NR
2/4-2/25	Wednesday	7:00-8:15pm	\$60/\$70
3/11-4/8	Wednesday	7:00-8:15pm	\$60/\$70
Skip 4/1			

Starting in January
DANCING BALLROOM



¡Sí, hablo
español

I SPEAK SPANISH

Age: 3-6

[REGISTER](#)

Instructor: Language In Action, Inc.

Did you know that young children learn language naturally and much more easily than older children and adults? Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. New material is covered in each session! **Grand Ave Community Center - WSCCA Run**

Date	Day	Time	Fee R/NR
1/14-2/18	Wednesday	4:30-5:15pm	\$90/\$113
2/25-4/8	Wednesday	4:30-5:15pm	\$90/\$113
Skip 4/1			
4/15-5/20	Wednesday	4:30-5:15pm	\$90/\$113

FRENCH

Age: 11-14

[REGISTER](#)

Instructor: Lisa Blazevic

Curious about French language and culture? This class is specifically designed for those considering a transition to French in high school. In this course half of the time will be spent learning basic French phrases for everyday conversation, and the other half will be dedicated to cultural lessons. Topics covered include family life and education in France, geography including other Francophone countries, and culinary culture. Some lessons will be hands-on. For example, participants will learn how to make the traditional French vinaigrette. This course offers a great base for those planning to continue their study of French. Venez nombreux!

Grand Ave Community Center - WSCCA Run

Date	Day	Time	Fee R/NR
1/13-2/24	Tuesday	5:00-6:15pm	\$175/\$185
3/3-4/21	Tuesday	5:00-6:15pm	\$175/\$185
Skip: 3/31			



CHESS

Age: 5-12

Instructor: Chess Wizards

This class has an interactive, discovery-based curriculum inspiring children to think ahead, visualize their goals, treat others with respect and to learn from mistakes. Classes are geared to suit children of all skill levels; from castling to checkmate artist, participants will build upon their knowledge through lessons, tournaments, variation games and more.

Recreation Center, WS

REGISTER



DESIGN A PLAYGROUND

Age: 5-12

Instructor: Kidscreate Studio

Kids, get ready to dream big! Design and build your ultimate playground in this hands-on class. From wild slides to creative swings, bring your ideas to life using art and crafting techniques. A perfect mix of imagination, fun, and creative problem-solving awaits! Please pack a nut-free snack and drink for your child.

Recreation Center, WS

REGISTER

Date	Day	Time	Fee R/NR
1/9-3/13 Skip: 1/16, 2/13 3/20-5/15 Skip: 4/3	Friday	4:30-5:30pm	\$250/\$312
	Friday	4:30-5:30pm	\$250-\$312

Date	Day	Time	Fee R/NR
5/16	Saturday	1:00-4:00pm	\$54/\$68



DOUBLE THE FUN DRAWING WITH YOUNG REMBRANDTS

Age: 5-12

Instructor: Young Rembrandts

Awaken your inner Artist! Participants will explore all the basics of visual arts, in a fun and confident setting that ensures success for every child. Basic drawing, portraits, action, and cartooning will be taught. Participants will complete several different projects and learn to draw whimsical characters, animals, everyday objects, and action scenes. Young Artists will gain so much confidence in their creative spirit and art skills. Each month lessons will be different, so no repeats.

Don't miss out, sign up today! **Recreation Center, WS**

REGISTER

Date	Day	Time	Fee R/NR
1/10-1/31 Skip 1/17 2/7-2/28 Skip 2/14 3/7-3/28 4/11-4/25 5/2-5/16	Saturday	10:00am-12:00pm	\$100/\$125
	Saturday	10:00am-12:00pm	\$100/\$125
	Saturday	10:00am-12:00pm	\$100/\$125
	Saturday	10:00am-12:00pm	\$100/\$125
	Saturday	10:00am-12:00pm	\$100/\$125



BIG MACHINES

Age: 18 months – 6 with a caregiver
Instructor: Kidscreate Studio

Beep beep! Honk! Rumble rumble! Zoom! If your little one loves big machines, we've got the class for you. While exploring a variety of different art materials, artists will create a clay construction zone and design their own 3D rollercoaster; they'll even create a rocket ship that really glows in the dark! This class is great for boys AND girls! Come and create right along with your child. Children must be accompanied by a caregiver.

Recreation Center, WS

REGISTER



DINO DIG

Age: 3-6
Instructor: LG Staff

Children listen to a dinosaur fossil story, work together to dig up dinosaur fossils/eggs, do a related craft, and have a dinosaur related snack.

La Grange Recreation Center

REGISTER

PUPPIES & PJS

Age: 4-9
Instructor: Kidscreate Studio

Get ready for the coziest art class ever - Puppies and PJs! Kids will draw, paint, and sculpt adorable puppy-themed creations, all while snuggled up in their favorite pajamas. It's a playful mix of creativity, cuteness, and comfort that will make every artist's tail wag. Pack a nut-free snack and drink for your child each day.

Recreation Center, WS

REGISTER

Date	Day	Time	Fee R/NR
3/6-4/17	Friday	9:15-10:15am	\$125/\$156

Date	Day	Time	Fee R/NR
2/7	Saturday	9:30-10:30am	\$37/\$44
2/7	Saturday	11:00am-12:00pm	\$37/\$44
5/9	Saturday	9:30-10:30am	\$37/\$44
5/9	Saturday	11:00am-12:00pm	\$37/\$44

DINO EXPLORERS ADVENTURES

Age: 3-6
Instructor: LG Staff

Get ready for a wild adventure as children dive into the fascinating world of dinosaurs! Each week, young explorers will discover different dinosaurs, from the land to the ocean. Through hands-on activities, interactive games, and creative crafts, kids will learn about the unique habitats, diets, and behaviors of these amazing creatures. Don't miss out on this exciting journey into the dinosaur kingdom!

La Grange Recreation Center

REGISTER

Date	Day	Time	Fee R/NR
1/10-1/31	Saturday	9:00-9:45am	\$66/\$78
2/21-3/14	Saturday	9:00-9:45am	\$66/\$78
4/11-5/2	Saturday	9:00-9:45am	\$66/\$78



SNOWMAN SCIENCE

Age: 4-9

Instructor: Kidscreate Studio

Step into the frosty fun! Kids will uncover the wonders of cool chemistry as they build and melt a charming snowman, then create a shimmering snow slime to take home. This exciting class blends winter magic, sparkling creativity, and scientific discovery! Please pack a nut-free snack and drink for your child. **Recreation Center, WS**

Date	Day	Time	Fee R/NR
1/19	Monday	1:00-4:00pm	\$53/\$65


[REGISTER](#)

WINTER WHITE GLAM NIGHT

Age: 4-10

Instructor: Glitzy Girlz

Break those winter blues with a night of glam! Participants can dress in pretty winter whites. Staff will be giving a glam makeover - hair clips with tinsel, glitter make-up and nails with snowflake art. Each participant will decorate a snowflake photo frame as well as design a beautiful, beaded bracelet with our Winter Charm Selection. Our class ends with a group fashion show (with props!) against a winter scene backdrop to take a photo for your collection! A snowy surprise bag goes home with everyone! **THIS IS A DROP OFF CLASS**
Recreation Center, WS

Date	Day	Time	Fee R/NR
2/10	Tuesday	6:15-7:30pm	\$38/\$48

[REGISTER](#)

PEACE, LOVE & GLAM SLUMBER NIGHT

Age: 4-10

Instructor: Glitzy Girlz

Come in your PJs for some old-fashioned slumber fun! Staff will be giving fun makeovers with neon hair clip-ins, sparkle face gems and neon nails application with funky peace/love nail stickers. Each participant will decorate an overnight/drawstring backpack complete with personalization, paints & jewels. The night ends with neon disco lights in the dark to Freeze Dance & Limbo favorites. Each participant leaves with a "Peace Offering". **THIS IS A DROP OFF CLASS**
Recreation Center, WS

Date	Day	Time	Fee R/NR
4/8	Wednesday	6:15-7:30pm	\$38/\$48

[REGISTER](#)

CANDYOLOGY

Age: 4-9

Instructor: Kidscreate Studio

Step into the sweet world of Candy! This exciting STEAM adventure combines science, creativity, and hands-on fun with a sugary twist. Kids will design and build candy machines, craft vibrant candy fish aquariums, and engineer thrilling candy rollercoasters. It's a delicious mix of learning, building, and tasting that turns candy into an unforgettable educational experience! Please pack a nut-free snack and drink for your child. **Recreation Center, WS**

Date	Day	Time	Fee R/NR
2/21	Saturday	1:00-4:00pm	\$55/\$69

[REGISTER](#)




LUCKY LEPRECHAUNS

Age: 4-7

Children will listen to a St Patrick's Day story, do a related craft, play related games and activities, and eat St. Patrick's Day related snacks.

La Grange Recreation Center

REGISTER

Date	Day	Time	Fee R/NR
3/13	Friday	4:30-5:15pm	\$52/\$65

LITTLE GARDENERS

Age: 4-7

Instructor: LG Staff

We will learn about different plants each week. We will learn about what plants need to survive and how to care for them. Throughout the session, they will paint their own pot for their plants, plant their own seeds, and grow some vegetables or herbs. They will be able to take their plants home at the end of the session. (Parent/Child class)

La Grange Recreation Center

REGISTER

Date	Day	Time	Fee R/NR
2/17-3/24	Tuesday	4:30-5:30pm	\$110/\$130
4/7-5/12	Tuesday	4:30-5:30pm	\$110/\$130



FAIRY GARDEN LANTERN

Age: 4-9

Instructor: Kidscreate Studio

Kids will create enchanting Fairy Garden Lanterns that really light up! Using real dried flowers for decoration, they'll design magical lanterns that any fairy would love. Perfect for adding a little glow and fairy magic to bedtime! Please pack a nut free snack and drink for your child. **Recreation Center, WS**

REGISTER

Date	Day	Time	Fee R/NR
4/18	Saturday	9:00am-12:00pm	\$52/\$65

MASTERPIECES FOR MOM

Age: 4-9

Instructor: Kidscreate Studio

Get pumped to make an epic masterpiece for your amazing mom! Get ready to have a blast as we explore awesome watercolor techniques. This heartfelt painting will be the most cherished gift ever. Let's dive in and make mom feel like a total superstar! Please pack a nut-free snack and drink for your child. **Recreation Center, WS**

REGISTER

Date	Day	Time	Fee R/NR
5/2	Saturday	9:00am-12:00pm	\$52/\$65

3D ART ON CANVAS

Instructor: Katherine Einhorn

Age: 14+

REGISTER

Participants will create a painting on a canvas while learning about textured art and how to create different designs. All materials will be included and you will be able to choose your design and colors. No artistic ability needed, you will learn everything you need to know about creating a textured piece of art. **Grand Ave Community Center WSCCA Rm**

Date	Day	Time	Fee R/NR
2/18	Wednesday	6:00-8:00pm	\$40/\$50

DOOR HANGING MAKE & TAKE

Instructor: Katherine Einhorn

Age: 14+

REGISTER

Do you enjoy decorating your door for holidays, or even for the everyday use? Participants will be creating a unique wreath where you can learn the basics and be able to replicate in various ways making different wreaths that you can choose the colors, size and style to be more in tune with your home. All materials will be provided, no artistic ability needed.

Grand Ave Community Center WSCCA Rm

Date	Day	Time	Fee R/NR
3/9	Monday	6:00-8:00pm	\$40/\$50

FLORAL ARRANGING CLASS

Instructor: Katherine Einhorn

Age: 14+

REGISTER

Learn how to create a stunning flower arrangement or a centerpiece to adorn any space in your home. Make your own piece by choosing your colors and accessories. These are interesting pieces to put around your house or give as a gift. **Grand Ave Community Center WSCCA Rm**

Date	Day	Time	Fee R/NR
4/29	Wednesday	6:00-8:00pm	\$43/\$54

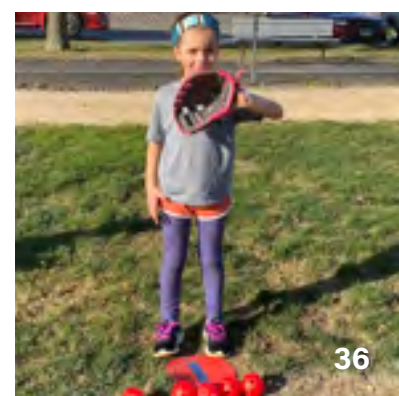




work hard.

play hard.

have fun.



NERF WARZ

Instructor: Staff

REGISTER

Participants will battle in our Nerf Battleground, consisting of obstacles and barriers for a fun, safe activity that involves strategy and physical fitness. Please bring one dart gun and we will supply the Nerf N-Strike foam darts and eye protection for all participants. Battle modes consist of capture the flag, elimination, zombies, and many more! **Recreation Center, 1501 Barnsdale, LP**

Date	Day	Time	Age	Fee R/NR
1/19 (Martin Luther King Jr. Day)	Monday	3:00-4:00pm	5-8	\$10/\$15
		4:00-5:00pm	8-12	\$10/\$15
2/16 (President's Day)	Monday	4:00-5:00pm	5-8	\$10/\$15
		5:00-6:00pm	8-12	\$10/\$15
2/27 (Institute Day)	Friday	4:00-5:00pm	5-8	\$10/\$15
		5:00-6:00pm	8-12	\$10/\$15
4/6 (Spring Break)	Monday	4:00-5:00pm	5-8	\$10/\$15
		5:00-6:00pm	8-12	\$10/\$15

KIDS KARATE CLUB

Age: 4-14

REGISTER

Instructor: Sensei Eric and Sensei Marie

Kids Karate Club is a high energy, progressive, motivational martial arts program developed specifically for kids to have fun while learning. Students will learn stances, strikes, blocks, kicks and sparring techniques all while building confidence. They will learn about strangers and how to combine the techniques they learn to protect themselves. This program targets many building blocks for children today; respect, self-esteem, leadership, and making good choices. **This is a year-round progressive martial arts program with belt progression through Black Belt.**

This program comes with the "Never Miss a Class Guarantee." If a student misses a class it will be available with pre-recorded, instructor led classes by belt level.

Kids Karate Club uniforms are required and are available at www.KidsKarate.com or from the instructor at class (needed by the second week of class). Parents may participate with their children at no cost other than purchasing a parent helper karate club uniform. Please bring a water bottle to class.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Level	Fee R/NR
1/10-2/28	Saturday	9:00-9:45am	Beginner	\$79/\$89
1/10-2/28	Saturday	9:50-10:35am	Advanced	\$79/\$89
Testing Date: 3/7				
3/14-5/2	Saturday	9:00-9:45am	Beginner	\$79/\$89
3/14-5/2	Saturday	9:50-10:35am	Advanced	\$79/\$89
Testing Date: 5/9				



LITTLE LYONS SOCCER CAMP

Instructor: Lyons Township Soccer Club

Age: 3-8

REGISTER

Little Lyons is a fun, recreational, soccer experience for kids ages 3-8 years old. Little Lyons takes aim at developing each child's cognitive, motor, and social abilities through dynamic, fun, and engaging soccer activities. Participants will learn proper technical skills from our team of enthusiastic coaches. Each child will feel encouraged and comfortable during every session as they experience new activities week to week. Each player must bring a soccer ball to class.

Date	Day	Time	Age	Fee R/NR	Location
1/17-2/7	Saturday	12:00-12:45pm	3-5	\$50/\$60	Park Jr High, 325 N. Park Ave, LP
1/17-2/7	Saturday	1:00-2:00pm	6-8	\$50/\$60	Park Jr High, 325 N. Park Ave, LP
2/21-3/14	Saturday	12:00-12:45pm	3-5	\$50/\$60	Park Jr High, 325 N. Park Ave, LP
2/21-3/14	Saturday	1:00-2:00pm	6-8	\$50/\$60	Park Jr High, 325 N. Park Ave, LP
4/8-5/13	Wednesday	4:00-4:45pm	3-5	\$70/\$80	Robinhood Park, LP
4/8-5/13	Wednesday	5:00-6:00pm	6-8	\$70/\$80	Robinhood Park, LP

ADULT-TOT SOCCER

Instructor: SportsKids Inc.

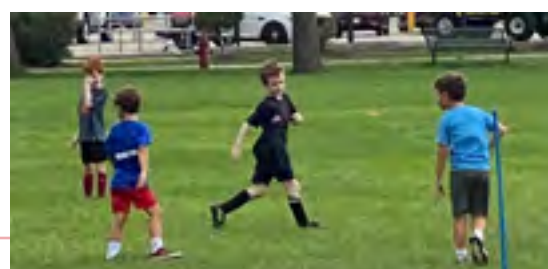
Age: 3, with adult

REGISTER

Adults will enjoy time with their toddlers learning the skills, moves and joy of playing America's most popular youth sport. This class will introduce soccer to kids and emphasize basic skills such as dribbling, passing, and shooting in a fun and relaxed environment. Age-appropriate drills, games, and equipment will be used to help tots develop motor skills, coordination, balance, listening and social skills. Adults will enjoy playing alongside their youngsters as they get their first taste of soccer fun!

Park Jr High, 325 N. Park Ave, LP

Date	Day	Time	Fee R/NR
1/10-1/31	Saturday	9:00-9:30am	\$28/\$38
2/7-2/28	Saturday	9:00-9:30am	\$28/\$38



MULTI-SPORT MANIA

Instructor: SportsKids Inc.

Age: 3-5

REGISTER

Let's play! Your child explores the wide world of sports as they participate in a different sport each week, such as t-ball, track & field, Nerf football, kickball, and soccer. Children get a lot of practice with skills through creative and fun drills and games. Don't miss out on the fun!

Park Jr High, 325 N. Park Ave, LP

Date	Day	Time	Fee R/NR
1/10-1/31	Saturday	9:30-10:15am	\$42/\$52
2/7-2/28	Saturday	9:30-10:15am	\$42/\$52





PARENT & ME TENNIS

Age: 3, with adult
Instructor: SportsKids Inc.

You and your youngster can experience the sport of a lifetime together. We will teach you how to interact with your child on the court and how to keep things fun while your child learns the basics of tennis. Equipment will be provided and age appropriate. **Memorial Park, LP**

REGISTER

Date	Day	Time	Fee R/NR
4/11-5/16	Saturday	9:00-9:30am	\$42/\$52

JUNIOR TENNIS

Age: 7-9
Instructor: SportsKids Inc.

Youngsters enrolled in this class will learn the basic strokes, serve, volleys, and rules of the game. Racket face control, ball bounce judgment, receiving skills, space management, rallying skills, and court movement will be emphasized. Kids will develop the agility and coordination needed for effective tennis play. Situational drills and games will help them to establish a solid foundation for future development in the sport and build a lifelong love of tennis. **Memorial Park, LP**

REGISTER

Date	Day	Time	Fee R/NR
4/11-5/16	Saturday	10:15-11:15am	\$84/\$94

PEE WEE TENNIS

Age: 4-6
Instructor: SportsKids Inc.

Your child will learn proper grip, basic strokes, and other beginning tennis fundamentals through lots of fun drills and tennis-like games. This class also will help children to develop hand-eye coordination, movement skills, and get a feel for the ball. Equipment will be provided and age appropriate. Boys and girls will have a blast and gain the proper foundation on which they may continue to build and develop their interest in tennis. **Memorial Park, LP**

REGISTER

Date	Day	Time	Fee R/NR
4/11-5/16	Saturday	9:30-10:15am	\$63/\$73

YOUTH TENNIS

Age: 10-12
Instructor: SportsKids Inc.

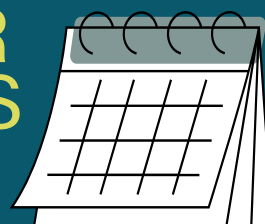
Young players concentrate on stroke development, rallying skills, and learning to play matches at a faster pace. Ball receiving and placement, court movement, and overall tennis strategy will be emphasized. Players will focus on their power and accuracy to improve their performance. Through challenging, and exciting drills and matches, youngsters will develop the racket skills, coordination, agility and stamina needed for recreational and competitive play. **Memorial Park, LP**

REGISTER

Date	Day	Time	Fee R/NR
4/11-5/16	Saturday	11:15am-12:15pm	\$84/\$94

MARK YOUR CALENDARS

for the digital release of the Summer
Camp Guide on January 29





BASKETBALL SKILL & GAMES

Instructor: SportsKids Inc.

Age: 6-10

REGISTER

Break a sweat and sharpen your skills! Boys and girls get skill instruction in the offensive points of the game of basketball such as ball handling, shooting, passing, and setting screens. They are also introduced to defensive aspects including proper defensive stance and concepts such as zone and man-to-man defense. Players develop their shot using proper form and mechanics to be effective from various distances from the basket. Don't miss out on the opportunity to learn new skills and develop a more thorough understanding of the game of basketball in this exciting program.

Date	Day	Time	Age	Fee R/NR	Location
1/10-1/31	Saturday	10:15-11:00am	6-8	\$42/\$52	Park Jr High, 325 N. Park Ave, LP
2/7-2/28	Saturday	10:15-11:00am	6-8	\$42/\$52	Park Jr High, 325 N. Park Ave, LP
4/13-5/18	Monday	4:45-5:45pm	7-10	\$42/\$52	Memorial Park Basketball Courts, LP

YOUTH VOLLEYBALL

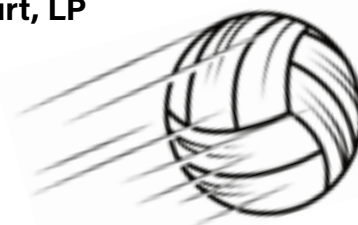
Instructor: SportsKids Inc.

Age: 8-13

REGISTER

Bump up your game! We will assist players with their skills and knowledge of passing, serving, defense, setting, blocking, and hitting in this exciting class. Players will also work on technique, set location, play sets, footwork, and overall knowledge of the game. They will learn offensive and defensive systems through team drills and game play aimed at developing the whole player as well as learning teamwork and sportsmanship. **Memorial Park Sand Volleyball Court, LP**

Date	Day	Time	Fee R/NR
4/13-5/18	Monday	5:45-6:45pm	\$84/\$94



ADULT & TOT BASKETBALL

Instructor: Sports R Us

Age: 3-4, with adult

REGISTER

This special program offers an opportunity for adults and their child to work together and develop basic basketball fundamentals. The clinic focuses on drills that adults can do one-on-one with their child. Basketball fundamentals covered include shooting, passing and dribbling.

Memorial Park, LP



Date	Day	Time	Fee R/NR
4/10-5/15	Friday	4:00-4:45pm	\$63/\$73

LIL PINT BASKETBALL

Instructor: Sports R Us

Age: 5-6

REGISTER

Slam dunk fun in this pint-sized class. With the use of age-appropriate equipment, participants will start building the fundamentals for simple drills. Participants will learn skills in passing, shooting, dribbling, and rules of the game. Teamwork, participation, and good sportsmanship are all stressed throughout the class. **Memorial Park, LP**

Date	Day	Time	Fee R/NR
4/10-5/15	Friday	5:00-5:45pm	\$63/\$73

BASKETBALL TRAINING CAMP

Instructor: SportsKids Inc.

Age: 7-9

REGISTER

This 5-week basketball class will help you get to the next level. We will enhance the basics you may have learned, along with advancing your skills that will concentrate on more teamwork and game strategies. Our speed, agility, and jump training session is built to make our participants faster, stronger, and more agile athletes. We use SKLZ equipment for our class which is highly recommended by multiple coaches and trainers. Scrimmages will be played at the end of each class. **Memorial Park, LP**

Date	Day	Time	Fee R/NR
4/10-5/15	Friday	6:00-7:00pm	\$63/\$73





YOUTH ARCHERY

Age: 7-14

Instructor: SportsKids Inc.

Archery participants will learn the parts of an arrow and recurve bow, the basics of using a recurve bow, and fundamental shooting skills in an extremely safe environment. They also will learn an excellent, nationally recognized beginner's 9-step to the 10-ring progression which was created by the Coaches Development Committee of the National Archery Association. Blunt tipped arrows, bows, and targets are provided. **Beach Oak Park, LP**

REGISTER

Date	Day	Time	Age	Fee R/NR
4/15-5/20	W	5:00-5:45pm	7-10	\$63/\$73
4/15-5/20	W	5:45pm-6:30pm	11-14	\$63/\$73

FAMILY ARCHERY

Age: 6+, with adult

Instructor: SportsKids Inc.

You and your family members will meet new friends while learning the parts of an arrow and recurve bow, the basics of using a bow and the fundamental shooting skills in an extremely safe environment. You will also learn the nationally recognized beginner's 9-step to the 10-ring progression method which was created by the National Archery Association. Blunt tipped arrows, bows and targets are provided.

Beach Oak Park, LP

REGISTER

Date	Day	Time	Fee R/NR
4/15-5/20	Wednesday	6:30-7:15pm	\$63/\$73

FIT KIDS CLUB

For kids age 8-11

Community Park
FITNESS

Stop by 1100 E. 31st. Street or call 708-354-3580 for more details!

ADULT & TOT T-BALL

Instructor: SportsKids Inc.

Age: 2-3, with adult

REGISTER

Parents can enjoy America's favorite pastime with their child. Young children will develop motor skills while having fun throwing, catching, batting and base running like the big kids. Parents and their little athletes will enjoy making new friends and working together to learn the basics of game play in this exciting class! Parent or caregiver participation is required. Please bring a labeled mitt and water bottle.

Date	Day	Time	Fee R/NR	Location
3/7-3/28	Saturday	9:45-10:15am	\$28/\$38	Park Jr High, 325 N. Park Ave, LP
4/17-5/22	Friday	5:00-5:30pm	\$42/\$52	Memorial Park

T-BALL SKILLS & GAMES

Instructor: SportsKids Inc.

Age: 4-6

REGISTER

Boys and girls can come enjoy America's favorite pastime in this class. Participants will learn the fundamentals used in baseball such as running the bases, throwing, catching and fielding as well as the skills to hit the ball off a tee and maybe live pitching. Exciting drills and games will help children learn about teamwork and good sportsmanship in an atmosphere where participation and fun are top priority. Please bring a labeled water bottle and mitt.

Date	Day	Time	Fee R/NR	Location
3/7-3/28	Saturday	9:00-9:45am	\$42/\$52	Park Jr High, 325 N. Park Ave, LP
4/17-5/22	Friday	4:15-5:00pm	\$53/\$63	Memorial Park

BASEBALL & SOFTBALL SKILLS CLINIC

Instructor: SportsKids Inc.

Age: 7-12

REGISTER

This clinic will include instruction in skill development, fundamentals and games. Drills for defense, hitting, base running and throwing will be taught. Outfield, infield, pitching and catching segments will all be included. Please bring a labeled mitt, bat and water bottle.

Date	Day	Time	Fee R/NR	Location
3/7-3/28	Saturday	10:15-11:00am	\$42/\$52	Park Jr High, 325 N. Park Ave, LP



PARENT TOT TUMBLING

REGISTER

Age: 2-3, with adult
Instructor: M. Dawson

Toddlers can develop body awareness, balance, flexibility, and coordination while having fun doing gymnastics. Parents assist with skills in a safe and caring environment. Please bring a water bottle to class.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
1/18-3/8	Sunday	9:45-10:15am	\$62/\$72
3/15-5/10	Sunday	9:45-10:15am	\$62/\$72
Skip: 3/29, 4/5, 5/3			

PRE-TUMBLING

REGISTER

Age: 4-6
Instructor: M. Dawson

Start out learning the proper way to perform rolls, handstands, and cartwheels. This class is a great introduction to tumbling, and it opens the door to gymnastics possibilities. Please bring a water bottle to class.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
1/18-3/8	Sunday	9:00-9:45am	\$62/\$72
3/15-5/10	Sunday	9:00-9:45am	\$62/\$72
Skip: 3/29, 4/5, 5/3			

GYMNASTICS 101

REGISTER

Age: 4-6
Instructor: SportsKids Inc.

Four events will be covered in this introductory class. Age-appropriate tricks for bar, vault, floor and rings will be introduced. Students can learn the basic movements for each event in a well-supervised and safe environment. Please bring a labeled water bottle.

La Grange Recreation Center

Date	Day	Time	Fee
1/5-2/2	Monday	6:30-7:30pm	\$100
1/8-2/5	Thursday	6:30-7:30pm	\$100
2/9-3/9	Monday	6:30-7:30pm	\$100
2/12-3/12	Thursday	6:30-7:30pm	\$100
3/16-4/20	Monday	6:30-7:30pm	\$100
3/19-4/23	Thursday	6:30-7:30pm	\$100
Skip: 3/30, 4/2			

GYMNASTICS 102

REGISTER

Age: 5-7
Instructor: SportsKids Inc.

This class is an advancement from Gymnastics 101 with more technique. Prerequisite for this class is to perform a successful cartwheel, swing and supports on the bars, and squat on the vault. Please bring a labeled water bottle.

La Grange Recreation Center

Date	Day	Time	Fee
1/5-2/2	Monday	6:30-7:30pm	\$100
1/8-2/5	Thursday	6:30-7:30pm	\$100
2/9-3/9	Monday	6:30-7:30pm	\$100
2/12-3/12	Thursday	6:30-7:30pm	\$100
3/16-4/20	Monday	6:30-7:30pm	\$100
3/19-4/23	Thursday	6:30-7:30pm	\$100
Skip: 3/30, 4/2			



Introducing our new Active Adult Club.... PRIME TIME!

PRIME TIME CLUB is a new, membership-based community for **adults 55+**, designed to provide social, creative, and recreational opportunities in a welcoming environment. The club fosters connection, enrichment, and fun while giving members exclusive benefits, including free or discounted programs and events.

Membership & Fees

Annual Membership:
\$25/Residents, \$35/Non Residents
Movie Matinee & Snack:
\$0/Members, \$5 Non-Members

Membership Benefits

- Reduced or free access to select programs and socials
- Priority registration for limited-enrollment events
- Monthly newsletter with updates & special offers
- Access to creative, social, and recreational opportunities



2026 Kick Off Coffee

[REGISTER](#)

Start the new year with friends, fresh coffee, and conversation! Meet fellow members of our new senior club, hear about upcoming activities and trips, and share your ideas for what you'd like to see this year. Light refreshments provided.

Date	Day	Time	Member/Non Member
1/13	Tuesday	10:00am-12:00pm	Free

Sweetheart Social

[REGISTER](#)

Celebrate friendship, laughter, and a little love! Join us for a cozy dessert social featuring sweet treats, light games, and classic tunes. Whether you come with friends or solo, you'll leave with a smile.

Date	Day	Time	Member/Non Member
2/10	Tuesday	1:00-3:00pm	\$10/\$15

Luck Of The Park St. Pat's Party

[REGISTER](#)

May the luck of the Irish be with you! Enjoy a festive St. Patrick's Day celebration with an Irish-themed lunch, music, and a few fun games. Don't forget to wear green!

Date	Day	Time	Member/Non Member
3/17	Tuesday	11:00am-12:30pm	\$10/\$15

Spring Fling Luncheon

[REGISTER](#)

Say hello to spring with good food and great company! Enjoy a catered lunch, cheerful entertainment, and plenty of time to mingle. A wonderful way to welcome warmer days.

Date	Day	Time	Member/Non Member
4/21	Tuesday	11:00am-12:30pm	\$10/\$15

Cinco De Mayo

[REGISTER](#)

Spice things up at this colorful celebration! Enjoy a light Mexican-themed lunch, festive games, and lively music. Ole!

Date	Day	Time	Member/Non Member
5/5	Tuesday	11:00am-12:30pm	\$10/\$15

Speaker Series: The Prime Time Talks

Day	Time	Member/Non Member	Activity Level
2nd Monday of Every Month	10:00-11:00am	Free/\$5	Leisurely

February 9– Staying Safe Online: Internet & Scam Awareness

[REGISTER](#)

Protect yourself from online scams, phishing emails, and identity theft. A tech expert will walk you through simple ways to keep your information secure and your devices protected.

March 9– Community Safety & Preparedness

[REGISTER](#)

Hear from local law enforcement about home safety, fraud prevention, and neighborhood awareness. Learn practical tips to help you feel secure at home and in the community.

April 13– Healthy Living for Every Season

[REGISTER](#)

A wellness expert will share realistic strategies for staying active, eating well, and maintaining energy year-round. Includes gentle movement tips and nutrition ideas for older adults.

May 11– Discover Local Gems

[REGISTER](#)

A fun, informative session highlighting local attractions, volunteer opportunities, and nearby day-trip ideas. Perfect for those looking to explore and engage right in their own backyard!



Activity Level Scale

Art & Wellness

Instructor: Jenny Kolinski

Age: 50+

[REGISTER](#)

Did you know that engaging in art can be a therapeutic outlet for emotions, a way to reduce stress, and a method to boost self-esteem and cognitive function? Join this 4 week program for active older adults to create a new Spring-themed project each week.

1100 E. 31st Street, Community Lounge

Date	Day	Time	Member/Non Member	Activity Level
2/3-2/24	Tuesday	11:00am-12:00pm	\$50/\$60	Leisurely



Let's Go Places

Instructor: Staff

Age: 50+

REGISTER

Let's enjoy some exciting day trips and outings designed especially for seniors! Each trip includes visits to group-friendly restaurants where you can relax and enjoy a delicious meal with friends. Whether it's a museum tour, live show, shopping stop, or seasonal event, these outings offer the perfect blend of entertainment, good food, and great company. **Transportation is included in the cost of the trip. Participants are responsible for bringing money to cover the cost of their meal and any personal purchases. Bus leaves at 11:15am and returns 1:30-2:00pm**

Recreation Center, 1501 Barnsdale Road, LP

Trip	Date	Day	Member/Non Member	Activity Level
Dell Rhea's Chicken Basket	1/15	Thursday	\$5/\$10	Moderate
Buck's Pit Stop	2/12	Thursday	\$5/\$10	Moderate
McCook Bohemian Restaurant	3/26	Thursday	\$5/\$10	Moderate
The Mood	4/23	Thursday	\$5/\$10	Moderate
Cracker Barrel	5/28	Thursday	\$5/\$10	Moderate

Matinee Movie Club

Age: 50+

REGISTER

We'll meet at the Recreation Center every 3rd Wednesday for a movie and light snack. Participants get to vote on the movie for the next month, which ranges from new releases to timeless classics. Please call our office at 708-354-4580 to place your name on the mailing list. **Please register in advance to ensure the program runs. Any registration after the 'register by' day will not be guaranteed.**

Recreation Center, 1501 Barnsdale Road, LP

Date	Day	Time	Member/Non Member	Register By	Activity Level
1/21	Wednesday	12:00-2:30pm	\$0/\$5	1/14	Leisurely
2/18	Wednesday	12:00-2:30pm	\$0/\$5	2/11	Leisurely
3/18	Wednesday	12:00-2:30pm	\$0/\$5	3/11	Leisurely
4/15	Wednesday	12:00-2:30pm	\$0/\$5	4/8	Leisurely
5/20	Wednesday	12:00-2:30pm	\$0/\$5	5/13	Leisurely





Salt Creek Silver Mall Trekkers

Age: 50+

REGISTER

Stay active, social, and on the move with our Silver Mall Trekkers program for adults 55+. Join us for relaxing outings to popular malls, where you can walk, shop, and enjoy the day at your own pace. We provide comfortable transportation on our 14-passenger bus—no driving, no parking, just fun.

Leave the Recreation Center at 9:30am

Return 11:30-12:00pm

Recreation Center, 1501 Barnsdale Road, LP

Date	Day	Time	Member/Non Member	Location	Activity Level
1/27	Tuesday	9:30am-12:00pm	\$5/\$10	Yorktown Mall	Active
2/27	Friday	9:30am-12:00pm	\$5/\$10	Orland Park Mall	Active
3/31	Tuesday	9:30am-12:00pm	\$5/\$10	Yorktown Mall	Active
4/30	Thursday	9:30am-12:00pm	\$5/\$10	Orland Park Mall	Active

Pinochle Club

Age: 50+

Do you want to join fellow card players in a friendly game of Pinochle? Come to the Recreation Center and play a few hands of this very fun and social game. No Registration Required. **Recreation Center, 1501 Barnsdale Road, LP**

Date	Day	Time	Activity Level
Ongoing	Thu	11:30-2:00pm	Leisurely



Active Older Adult Programs Now Available!



Call 708-354-3580 or stop by
1100 E. 31st Street for more information

Dog Obedience

Beginner Class

Instructors: Bob Clish & Mary Keefe

[REGISTER](#)

Is your dog becoming a little monster and driving you crazy? If you are tired of being kept up all night from constant barking, if your home furnishings and personal belongings are being chewed up, or just want to master basic commands, sign up for this class!

For beginners only: the first class will be a two hour mandatory orientation from 7:00-9:00pm, without your dog. *You must attend this informative meeting*

Dogs: Must be at least 4 months old. Handlers: Old enough to handle dog in a group setting.

Date	Day	Time	Fee R/NR
1/8-3/5	Thursday	7:00-8:00pm	\$135/\$145
3/19-5/21	Thursday	7:00-8:00pm	\$135/\$145
Skip 4/2			

"Dogs do speak, but only to those who know how to listen."
- Orhan Pamuk

Intermediate Class

Instructors: Bob Clish & Mary Keefe

[REGISTER](#)

You must have completed the beginner course with our trainers Barb Clish/Mary Keefe or elsewhere. Your dog will need to hold a solid sit stay, down stay and come on recall. Our trainers have the right to evaluate your dog, to ensure they are placed in the proper training class.

Dogs: Must be at least 4 months old. Handlers: Old enough to handle dog in a group setting.

Date	Day	Time	Fee R/NR
1/15-3/5	Thursday	8:00-9:00pm	\$135/\$145
3/26-5/21	Thursday	8:00-9:00pm	\$135/\$145
Skip 4/2			



Sound Journey Meditation

Age: 18+
Instructor: Macrocosm Roots

REGISTER

Step into a deep meditative experience through a guided sound journey designed to bring clarity, peace, and emotional release. Instructors will lead participants through a visualization that blends breath, intention, and healing frequencies of crystal bowls, chimes, and other sacred instruments. This session encourages a profound connection to the heart, self-healing, and a sense of renewal.
Grand Ave Community Center - Lower Level

Date	Day	Time	Fee R/NR
2/25	Wednesday	6:00-7:30pm	\$54/\$68

Crystal Bowl Sound Healing & Reiki Therapy

Age: 18+
Instructor: Macrocosm Roots

REGISTER

Immerse yourself in the healing power of sound and energy work. This session combines the soothing vibrations of crystal singing bowls with the gentle touch of Reiki to clear blockages, promote deep relaxation, and restore harmony to the mind, body, and spirit. Participants will lie down comfortably as they receive Reiki from the facilitators and bathe in high-frequency sound, creating a profound state of inner healing. Please bring a yoga mat, blanket, and anything else for comfort.

Grand Ave Community Center - Lower Level

Date	Day	Time	Fee R/NR
1/28	Wednesday	6:00-7:30pm	\$54/\$68
3/25	Wednesday	6:00-7:30pm	\$54/\$68



PAINT, SIP & RELAX

Galentine's
January 22nd
7:00 PM – 9:00 PM
1501 Barnsdale Rd, La Grange Park

Florals
February 19th
7:00 PM – 9:00 PM
1501 Barnsdale Rd, La Grange Park

**Age: 21+
B.Y.O.B.
More information on page 16**

Pickleball - Play with a Pro

Instructor: Certified USA Pickleball Coaches

Age: 16+

[REGISTER](#)

Are you looking to take your game to the next level? Play through games with a certified pickleball instructor, receive coaching on weaknesses, and learn how to better your game. Interested participants will sign up through the park district and schedule a lesson, based on the participants' availability. Equipment will be provided or bring your own. Lessons can be re-scheduled once, unless we are forced to cancel due to the weather. Each lesson is designed for a maximum of 3 people. Lessons are 90 minutes at a time. **Memorial Park Pickleball Courts**

Date	Fee R/NR
Call for availability	\$55/\$65

Pickleball Beginner

Instructor: Certified USA Pickleball Coaches

Age: 18+

[REGISTER](#)

If you've never played Pickleball before, this is designed especially for you! Taught by experienced instructors, this course will cover the basics of Pickleball rules, terminology, primary skills, coordination, beginner court time, and more. These sessions help develop technique and strategy for social play. Every attempt will be made to make up classes cancelled due to weather. Please bring a water bottle to class. **Memorial Park Pickleball Courts**

Date	Day	Time	Fee R/NR
4/6-4/20	Monday	8:30-10:00am	\$68/\$78
4/6-4/20	Monday	6:30-7:30pm	\$68/\$78
5/4-5/18	Monday	8:30-10:00am	\$68/\$78
5/4-5/18	Monday	6:30-7:30pm	\$68/\$78



Pickleball Advanced Beginner

Age: 18+

Instructor: Certified USA Pickleball Coaches

[REGISTER](#)

If you have taken the beginner pickleball class and want to continue to improve your game, learn new skills and develop your playing strategy, this class is for you! Some of the intermediate skills covered in this class include comfort zone, dinks, footwork for dinks, push it forward, keep it low, third shot drop, lobs, overheads, court positioning, and playing with a partner. Every attempt will be made to make up classes cancelled due to weather. Please bring a water bottle to class.

Memorial Park Pickleball Courts

Date	Day	Time	Fee R/NR
4/7-4/21	Tuesday	8:30-10:00am	\$68/\$78
5/5-5/19	Tuesday	8:30-10:00am	\$68/\$78

Pickleball - Indoor Beginner/Intermediate Double Header League

Age: 18+

[REGISTER](#)

Players must know how to play, keep score, and know the basics. Each season will consist of 6 games, followed by a Single-elimination tournament. Games consist of (3) matches to 11. Games are self-officiated. Players will register as a team of 2 but must sign up for the league individually. All games are doubles format. The registration deadline is a week before the start of the season. Awards will be given to the top 2 teams (regular season) and Playoff Champ and Runner up.

Captains' information will go out one week ahead of the season start date.

Park Jr. High, 325 N. Park Ave, LP

Date	Day	Time	Fee R/NR	Register by
2/24-3/24	Tuesday	6:30-9:00pm	\$55/\$65	2/17

Pickleball - Indoor Competitive

Age: 18+

[REGISTER](#)

Players must know how to play, keep score, and know the basics. Each season will consist of 5 games, followed by a Single-elimination tournament. Games consist of (3) matches to 11. Games are self-officiated. Players will register as a team of 2 but must sign up for the league individually. All games are doubles format. The registration deadline is a week before the start of the season. Awards will be given to the top 2 teams (regular season) and Playoff Champ and Runner up.

Captains' information will go out one week ahead of the season start date.

Park Jr. High, 325 N. Park Ave, LP

Date	Day	Time	Fee R/NR	Register by
1/10-3/7	Saturday	1:00-4:00pm	\$55/\$65	1/3

Skip: 1/31

Pickleball - Beginner/Intermediate

Age: 18+

[REGISTER](#)

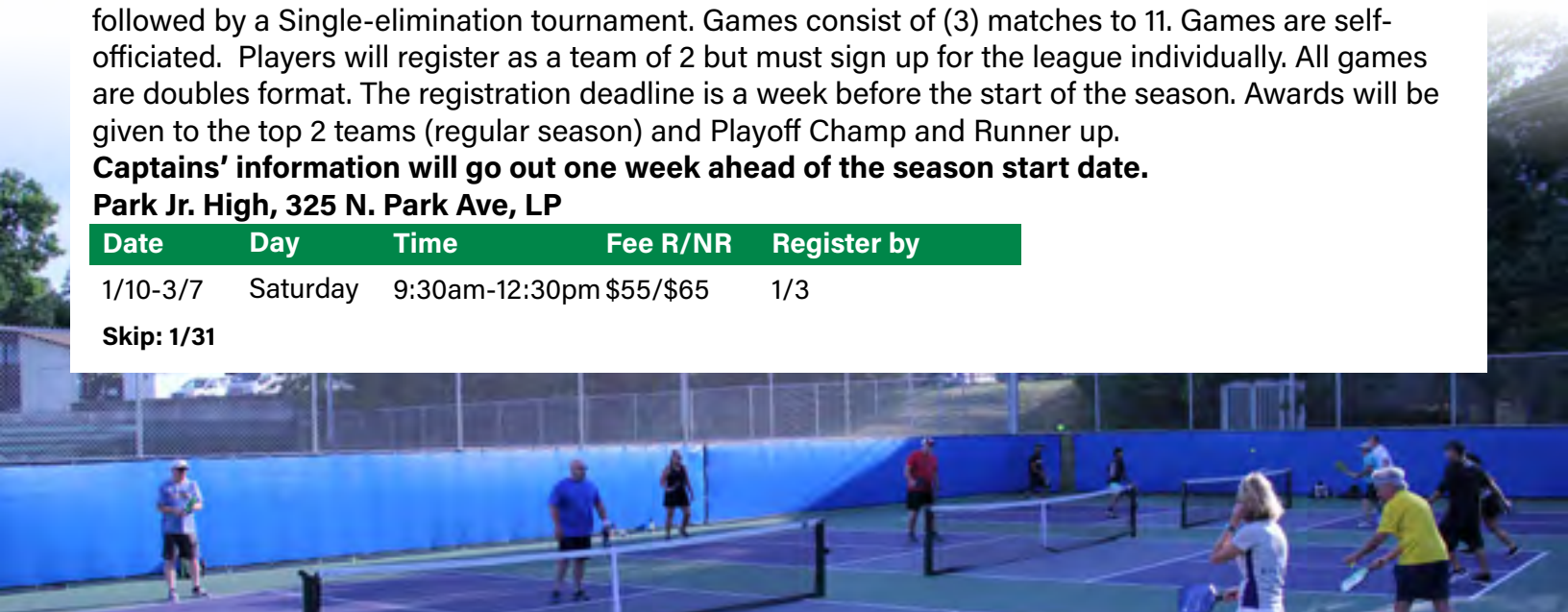
Players must know how to play, keep score, and know the basics. Each season will consist of 5 games, followed by a Single-elimination tournament. Games consist of (3) matches to 11. Games are self-officiated. Players will register as a team of 2 but must sign up for the league individually. All games are doubles format. The registration deadline is a week before the start of the season. Awards will be given to the top 2 teams (regular season) and Playoff Champ and Runner up.

Captains' information will go out one week ahead of the season start date.

Park Jr. High, 325 N. Park Ave, LP

Date	Day	Time	Fee R/NR	Register by
1/10-3/7	Saturday	9:30am-12:30pm	\$55/\$65	1/3

Skip: 1/31



Pickleball - Outdoor Beginner League

Age: 18+

[REGISTER](#)

Players must know how to play, keep score, and know the basics. Each season will consist of 6 games, followed by a Single-elimination tournament. Games consist of (3) matches to 11. Games are self-officiated. Players will register as a team of 2 but must sign up for the league individually. All games are doubles format. The registration deadline is a week before the start of the season. Awards will be given to the top 2 teams (regular season) and Playoff Champ and Runner up. **Captains' information will go out one week ahead of the season start date. Start and end dates are weather dependent.** Memorial Park Pickleball Courts

Date	Day	Time	Fee R/NR	Register by
4/7	Tuesday	6:00-9:00pm	\$55/\$65	3/24

Pickleball - Outdoor Competitive League

Age: 18+

[REGISTER](#)

Players must know how to play, keep score, and know the basics. Each season will consist of 6 games, followed by a Single-elimination tournament. Games consist of (3) matches to 11. Games are self-officiated. Players will register as a team of 2 but must sign up for the league individually. All games are doubles format. The registration deadline is a week before the start of the season. Awards will be given to the top 2 teams (regular season) and Playoff Champ and Runner up. **Captains' information will go out one week ahead of the season start date. Start and end dates are weather dependent.** Memorial Park Pickleball Courts

Date	Day	Time	Fee R/NR	Register by
4/8	Wednesday	6:00-9:00pm	\$55/\$65	3/24

Pickleball - Outdoor Intermediate Pickleball League

Age: 18+

[REGISTER](#)

Players must know how to play, keep score, and know the basics. Each season will consist of 6 games, followed by a Single-elimination tournament. Games consist of (3) matches to 11. Games are self-officiated. Players will register as a team of 2 but must sign up for the league individually. All games are doubles format. The registration deadline is a week before the start of the season. Awards will be given to the top 2 teams (regular season) and Playoff Champ and Runner up. **Captains' information will go out one week ahead of the season start date. Start and end dates are weather dependent.** Memorial Park Pickleball Courts



Date	Day	Time	Fee R/NR	Register by
4/9	Thursday	6:00-9:00pm	\$55/\$65	3/24

Men's Indoor Wiffleball League

Age: 18+

[REGISTER](#)

Get the guys together and leave the mitts at home. This league will consist of 4 players per team on the field at a time. Season will consist of 8 regular season games. Wiffleball is played with a live ball, with specific landmarks for homeruns, etc. Games played to six innings or time limit. Cash prizes are awarded to 1st and 2nd place finishers for the season. Games are self-officiated with a scorekeeper onsite. First night will be scrimmage games to learn the landmarks.

If you are a solo player, you can join the waitlist for a team. Solo players can be absorbed into an existing team, or if enough interest exists, we'll create a team from our solo player list. Solo fee due at time of placement, if openings are available. There is no guarantee of placement for solo players

Park Jr. High, 325 N. Park Ave, LP

Date	Day	Time	Fee R/NR	Register by
1/22-4/2	Thursday	Game starts at 6:30pm	\$180/\$200 per team	1/8

Women's 14" Slow-Pitch Softball League

Age: 16+

[REGISTER](#)

Grab your friends, make a team, and come out at Hanesworth Park this year to compete in slow-pitch softball! Games will be played Monday nights, weather dependent, beginning May 4th. Season will consist of 10 regular season games plus single elimination tournament. Cash prizes are awarded to 1st and 2nd place finishers for the regular season and the 1st and 2nd place in post-season tournament. Games are officiated by a patched umpire with a scorekeeper onsite.

If you are a solo player, you can join the waitlist for a team. Solo players can be absorbed into an existing team, or if enough interest exists, we'll create a team from our solo player list. Solo fee due at time of placement, if openings are available. There is no guarantee of placement for solo players

Coaches Meeting: 4/28 at 6:30pm on Zoom - Link will be sent out after deadline.

Park Jr. High, 325 N. Park Ave, LP

Date	Day	Time	Fee R/NR	Register by
Starts 5/4	Monday	Game starts at 6:15pm	\$545/\$595 per team	4/22



Start Today

LIVE STRONG. LIFT LOCAL

Strength, Sweat, and Smiles!

Stop by 1100 E. 31st. Street or call 708-354-4580 for more details!

Basic Yoga

Instructor: T. Mikuls

Age: 16+

[REGISTER](#)

Yoga in the evening will produce a more restful night's sleep. Yoga brings tranquility, balance and strength to your life. We'll focus on meditation, breathing exercises, alignment, and basic yoga poses. Awaken your inner spirit with yoga philosophy and challenge your body to stretch. This class is suitable for all experience levels. Wear comfortable clothes. Bring a yoga mat, towel, and water bottle.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
1/14-2/25 Skip 1/21	Wednesday	6:30-7:30pm	\$52/\$62
3/4-4/8	Wednesday	6:30-7:30pm	\$52/\$62
4/15-5/20	Wednesday	6:30-7:30pm	\$52/\$62

Yoga Fitness

Instructor: T. Mikuls

Age: 16+

[REGISTER](#)

Yoga Fitness is a combination of yoga poses, stretching, weightlifting, Pilates balls, and the use of the ballet bar. This class works at a slower pace, allowing accommodations for all fitness levels. A combination of yoga standing poses and ballet bar exercise will focus on developing strength, flexibility and coordination. Enjoy the benefits of upward and downward facing dog with the support of a balance bar for comfort and stability. This class will keep you off your hands and knees!

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
1/15-2/26 Skip 1/22	Thursday	8:30-9:30am	\$52/\$62
3/5-4/9	Thursday	8:30-9:30am	\$52/\$62
4/16-5/21	Thursday	8:30-9:30am	\$52/\$62



Pilates

Age: 16+

Instructor: M. Dawson

REGISTER

The Pilates method of body conditioning promotes physical harmony while providing a refreshing and energizing workout. The program focuses on the core postural muscles such as the abdomen, lower back, and hips, which help keep the body balanced and are essential to providing support for the spine. Please bring a mat to class.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
1/9-2/13	Friday	8:20-9:05am	\$62/\$72
2/20-3/27	Friday	8:20-9:05am	\$62/\$72

Adult Tap Workout

Age: 16+

Instructor: M. Dawson

REGISTER

Tap is an upbeat dance form that is a great way to exercise your mind and body, so come along and join the fun! Class includes warm-ups, basic step, and traveling combinations. Tap shoes are required.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
1/16-4/24	Friday	7:00-7:45pm	\$52/\$62
Skip: 1/23, 2/13, 3/13, 3/20, 4/3, 4/10			

Adult Ballet

Age: 16+

Instructor: M. Dawson

REGISTER

Reconnect with your grace and flexibility! This class is perfect for those who haven't danced in years or brand-new beginners. Learn proper ballet technique while improving muscle tone, balance, and memory. Ballet shoes are recommended, but not required.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
1/16-4/24	Friday	7:45-8:30pm	\$62/\$72
Skip: 1/23, 2/13, 3/13, 3/20, 4/3, 4/10			



Strength Training with Abs

Age: 16+

Instructor: M. Dawson

REGISTER

This strength training class is designed to increase your metabolism and help with muscle endurance by lifting weights. This intense but easy-to-follow workout will give you a total body workout. This class is great for burning fat and will have you feeling stronger by the end of the session. Please bring a mat and water bottle to class.

Recreation Center, 1501 Barnsdale, LP

Date	Day	Time	Fee R/NR
1/18-3/8	Sunday	8:15-8:50am	\$62/\$72
3/15-5/10	Sunday	8:15-8:50am	\$62/\$72
Skip: 3/29, 4/5, 5/3			





VETERANS

MEMORIAL



The Veterans Memorial was dedicated on September 20, 2014. Our Memorial is unlike many memorials in that it will continue to grow each year as memorial bricks are purchased and placed in the Memorial Plaza. The Community Park District of LaGrange Park's Veterans Memorial was built to honor ALL active duty and military veterans whether they served in times of conflict or times of peace. We feel that it is important to recognize all men and women who have served or are now serving because they never knew what tomorrow would bring as they protected America. There is no better way to honor your favorite active duty or military veteran than by placing a brick in his or her honor in our Plaza.

Memorial bricks can be purchased by submitting an order form found on the following page. You can also visit our website and download the form. If you have any questions you can call the park district office at 708-354-4580 and speak with Susan Zander.

In response to community requests, donors who have purchased a memorial brick for the plaza will have the opportunity to buy a replica brick that can be given as a gift or kept for their own special memorial. Special prices for replica bricks are as follows: 4x8 Bricks are \$60.00 and 8x8 Bricks are \$75.00. Brick orders are placed once during the year, with January 31st as the deadline for all orders. A replica brick form can be found on our website at communityparkdistrict.org.





VETERANS MEMORIAL FUND DONATION AND BRICK ORDER FORM

Donor's Name: _____ Phone # _____

Address: _____

Email Address: _____

Donation Amount (Check One) ☐ \$100 ☐ \$200 ☐ \$500 ☐ Other

Paid by (Check One) ☐ Check # _____ ☐ Visa ☐ Master Card

Check Payable To: Community Park District

(For security, we will phone you for credit card info.)

Any donation over \$500 will have On Site
Recognition & Two 8x8 Bricks

\$ 200 One 8" x 8" or Two 4" x 8" Bricks

\$ 100 One 4" x 8" Brick

Any donation is greatly appreciated. Donations of \$100 or more are invited to order an engraved paver brick(s) to honor the contributions of a family member or friend. All inscriptions are in capital letters and centered for uniformity and readability. **Please use the correct grid below to provide your engraving instructions.**

Please use this form if ordering a 4"x8" brick

Please use this form if ordering an 8"x8" brick

NEW: Replica Brick(s) A Replica Brick may be added to your order. A 4x8 Brick will be \$60.00 and an 8x8 Brick will be \$75.00 You can also make arrangements to have your brick shipped to an alternate address. See Park District Staff for additional shipping and handling charges.

Replica Amount: _____ Shipping & Handling _____

PLEASE RETURN TO:
Community Park District of La Grange Park
Veterans Memorial Brick Order
1501 Barnsdale Road
La Grange Park, IL 60526
or: Fax: 708-354-4577
or: szander@communityparkdistrict.org

Registration Form

Insert this form, along with your check or money order payable to the Community Park District and drop off or mail to the Community Park District, 1501 Barnsdale Road, LaGrange Park, IL 60526. To pay by cash or credit card, visit the front desk during normal business hours. Credit cards are also accepted for most programs through on-line registration at www.communityparkdistrict.org.

PRIMARY CONTACT		EMAIL ADDRESS	
ADDRESS		CITY	ZIP
1ST NUMBER TO CALL CIRCLE: ☐ CELL ☐ HOME ☐ WORK	2ND NUMBER TO CALL CIRCLE: ☐ CELL ☐ HOME ☐ WORK	3RD NUMBER TO CALL CIRCLE: ☐ CELL ☐ HOME ☐ WORK	
WOULD YOU LIKE TO RECEIVE TEXT ALERTS? ☐ YES ☐ NO IF YES, WHO IS YOUR CARRIER?			

Community Park District desires to meet the leisure needs of all our residents. We will do our best to accommodate requests.

1. Do you or a family member require special assistance? ☐ Yes ☐ No If Yes, please contact the office at 708-354-4580.

2. Are there any allergies the CPD needs to be aware of that would affect participation in class? ☐ Yes ☐ No

If Yes, please state allergies in writing and attach to the registration form.

PARTICIPANTS NAME	SEX	DATE OF BIRTH	AGE	PROGRAM NAME	SESSION (IF APPLICABLE)	FEE

PHOTO INFORMATION

On occasion, the park district staff or local newspaper photographers may take pictures of participants in our programs, classes or events. Please be aware that these pictures are only for Park District use, most likely in future catalogues, brochures, pamphlets, flyers, or for publication in a local newspaper including Facebook.

IMPORTANT INFORMATION

The Community Park District is committed to conducting its recreation program and activities in a safe manner and holds the safety of participants in high regard. The Community Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen.

Depending on the particular activity, participant must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to outdoor and indoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Community Park District to guarantee absolute safety.

Total Due _____

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the risk of any and all injuries, damages or loss regardless of severity, that my child/ward or I sustain as a result of said participation. I further agree to waive and relinquish all claims I or my child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Community Park District, including its officials, agents, volunteers, and the employees (herein collectively referred as Community Park District of LaGrange Park).

I do hereby fully release and forever discharge the Community Park District from any and all claims for injuries, damages, or loss that minor child/ward or I may have or which may accrue to my child/ward or me and arising out or connected with, or in any way associated with this program/activity. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims.

Signature _____

(If under 18 years of age, this form must be signed by a parent or guardian)

Date _____

Receipt # (For office use)

1. **Resident Registration:** Online and walk-in resident registration will begin on Thursday, Dec. 5, at 8:30 am. To register online, go to www.communityparkdistrict.org. For walk-in registration, visit the Park District office at 1501 Barnsdale Road, during business hours. Residents may only register their own family members.
2. **Non-resident Registration:** Online and walk-in registration for non-residents begins Thursday, Dec. 12 at 8:30 am. To register online, go to www.communityparkdistrict.org. For walk-in registration, visit the Park District office during normal business hours.
3. **First Come, First Served:** All programs have a minimum and maximum enrollment and will be filled on a first come, first served basis.
4. **Program Waiting Lists:** Maximum enrollments for programs ensure quality and safety for all participants. Waiting lists will be established. Program rosters are monitored for withdrawals and waiting lists are contacted as spots become available. Residents on a waiting list are given priority when an enrollment becomes available.
5. **Cancellations:** All classes are subject to cancellation if they do not meet the minimum enrollments a week before the class starts, unless otherwise noted. A full refund will be given.
6. **Refund Policy:** A full refund will be issued if requested within five business days prior to the start of the class. A 20% administrative fee will be applied if request is received within four or fewer business days prior to the start of the class. Prorated refunds MAY be issued, once a class starts, in case of injury or illness. A physician's note may be required. No administrative fee will be applied for a medical release. The following EXCEPTIONS to all above rules apply: Ready Teddy Preschool registration fee and tuition, sports leagues fees, and contractual programs such as tickets to entertainment and special events and trips.
7. **NSF:** A non-sufficient fund fee will apply, in the event that a program is paid for by a check and that check is returned to the District stamped NSF or Closed Account. A full payment will be required in cash or cashier's check before attendance in a class can continue. A fee will be added, up to \$25.00 for all checks returned.
8. **Proof of Residency:** Proof of residency may be required to qualify for resident rates for program registration. A state ID or current utility bill is acceptable.
9.  **Co-Op Programming:** If the graphic symbol appears next to a program title, it is a cooperative program and resident rates will apply to all agencies included.
10. **Proof of Age:** The Community Park District reserves the right to require proof of age for participants when age is a factor.
11. **Payment Methods:** We accept VISA, MasterCard, Discover, American Express, cash and checks. Proper ID might be required.
12. **Absolutely NO money or registration will be accepted at any class site. All registrations must be processed and completed either online or at the Park District office during normal business hours.**

DISCLAIMER

The Community Park District of La Grange Park makes every effort to provide complete and accurate information about our programs contained within this brochure. If any error has occurred, the Park District has the right to revise, delete, or change any information it deems necessary.

FEE ASSISTANCE-SCHOLARSHIP FUND

If you are aware of any La Grange Park resident who is being denied the right to participate in recreation programs due to financial hardship, please call the Park District Office at (708) 354-4580. Requests will be considered on an individual basis and should be made as soon as possible. Funds are limited and distributed on an equal basis.

CODE OF CONDUCT

To ensure an enjoyable and safe program for all participants, the Community Park District has developed a code of conduct. Participants and spectators must:

- Show respect to all participants and staff
- Refrain from using foul language
- Refrain from causing bodily harm
- Treat equipment, supplies and facilities with respect

Temporary removal or permanent suspension from the program and/or facility may result if behavioral standards are not maintained.

NOTE TO PARENT OR GUARDIAN

When present in the classroom with the assigned teacher, children are under the instructor's supervision. In all cases, it is understood that children eight years and older are responsible for their own behavior and whereabouts while they are at a program site. Parents should establish and discuss with their children both drop-off and pick-up arrangements, and guidelines relative to expectations of on-site conduct.

EMPLOYMENT OPPORTUNITIES

Stop by the Park District office and ask for an application. Available positions are based on programming needs. Please visit communityparkdistrict.org for more information.



ENRICHMENT CLASSES

This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschoolers, whether or not they attend Ready Teddy Preschool.

MEMORIAL PARK LIGHTED SIGN

Resident, non-profit groups may reserve a space on our lighted sign located on LaGrange Road and Woodlawn Avenue. You can download a lighted sign request form from our website at cpdlgp.org. If you need additional information, please call us at (708) 354-4580.

LIVING TREE MEMORIAL/BENCH MEMORIAL

A tree or park bench is offered through the Community Park District. If you would like to commemorate a date, person, event, or organization, you may have a tree planted or a park bench installed in one of our six beautiful parks. It is a thoughtful way to remember a loved one as well as beautify a park site. A nameplate honoring your loved one will also be placed on our "Tree of Life" Memorial Wall located in the Recreation Center. If you are interested or have any further questions, please contact us at 708-354-4580.

SAFETY FIRST!

Safety is of the utmost importance to us. Please report any safety hazards at any Park District property to the Park District office at 708-354-4580. In case of an immediate emergency and the Park District office is closed please call the La Grange Park Police at 708-352-2151 or dial 911.

NON-DISCRIMINATION

The Community Park District of La Grange Park is an Equal Opportunity Employer and does not discriminate based on race, color, national origin, sex, disability or age in the offering and administering any of its recreation programs, services, park areas, and facilities.



PETS IN THE PARKS POLICY

1. Dogs are strictly prohibited from all CPD events, except for special events where animals are part of the event with prior CPD approval; from all athletic fields, all tennis courts, all basketball courts; all playgrounds; and parks, except those designated as "Dog Friendly".
 2. CPD "Dog Friendly Parks" are defined as:
 - A. Memorial Park
 - B. Hanesworth Park
 - C. Robinhood Park
 - D. Stone Monroe Park
 3. No person owning or keeping a dog shall allow such dog to run freely in any park, including "Dog Friendly Parks."
 4. Dogs must be securely fastened and restrained by a leash not more than six feet in length at all times.
 5. Dog licenses and proof of vaccinations must be displayed on the dog's collar.
 6. No person owning or keeping a dog shall allow such dog to enter upon or remain upon any area of the park utilized as an athletic field, court, children's play area, or posted to prohibit dogs.
 7. Owners or keepers of dogs shall carry appropriate equipment to and shall immediately clean the dog's waste and deposit the waste in an appropriate waste receptacle.
 8. Aggressive or nuisance animals are prohibited from all parks.
 9. Dogs that exhibit aggressive behavior or nuisance barking, must be removed from the park immediately.
 10. Any person found in violation of this section shall be fined not less than \$50 or more than \$250
- Please notify us if you see violations of this policy by emailing jcannaday@communityparkdistrict.org.

MATINEE MOVIE CLUB

The Park District hosts a Matinee Movie Club group, which meets once a month. A variety of activities are planned each month. Call 708-354-4580 and give us your email address. We will send you information about the next scheduled meeting. If you do not have an email address, simply leave us your name and address and we will mail you the information.

RESIDENT POLICY

Non-resident enrollment into any Community Park District program is gladly accepted. Please make note of the following:

1. Non-residents will pay no more than \$10.00 additional for a program, or 50% of the program fee, whichever is the lesser amount (unless otherwise noted).
2. Non-resident registration begins one week after resident registration.
3. Residents on a waiting list are given priority when an enrollment becomes available.

Do not know if you are a Park District resident?

Any address within La Grange Park boundaries will have a 60526 zip code.

AGING CARE CONNECTIONS

Located in LaGrange, Aging Care Connections is a private, not-for-profit organization dedicated to making a difference in the lives of older adults and their families through community-based services that promote dignity, self-respect and independence. Aging Care Connections provides comprehensive services to adults age 60 and older, their caregivers, and their families in La Grange Park and 37 other communities in suburban Cook County. Our mission is "to enrich the quality of life in our community by providing older adults and their families with guidance and support that enhance the ability to age well" through programs delivered by a team of highly skilled, objective, and unbiased experts. Aging Care Connections is located at 111 West Harris Avenue, LaGrange and is open Monday – Friday, 8:30 a.m. to 4:30 p.m. If you have a question about aging, please stop by, call 708-354-1323 or email www.agingcareconnections.org for more information.

LA GRANGE PARK LITTLE LEAGUE

Contact Little League President Nicholas Michaels (nicholas.michaels@gmail.com) or visit their website at www.lgplittleleague.com.

AYSO

American Youth Soccer Organization parent hotline (708) 930-3034, or visit their website at www.ayso300.org

LA GRANGE PARK CHAMBER OF COMMERCE

The Chamber promotes local businesses and helps them grow and make valuable connections. There are speakers monthly and an effort to educate the group on the ever-changing ways to advertise, build brand awareness and prosper. <https://www.lagrangeparkchamber.org/>

THE GARDEN CLUB OF LA GRANGE PARK

Club meetings are held at 12:00 on the first Monday of each month from October through June at the LaGrange Park Village Hall. Please call Irene Deyoung at 708-531-1143 for membership information.

LA GRANGE AREA NEWCOMERS AND NEIGHBORS ASSOCIATION

Welcome to La Grange Park! If you are a new resident and would like some additional information about La Grange Park or surrounding communities, please visit their website at www.lgnewcomers.com.

THE LA GRANGE AREA HISTORICAL SOCIETY

The society is devoted to the collection and dissemination of the history of the LaGrange area. The Vial House Museum is located at 444 S. La Grange Road, La Grange is open each Wednesday 9:30am-12pm & the last Sunday of the month 1pm-4pm. You can also make an appointment by using the contact form on their website or by calling 708-482-4248 for research, tours, and school groups. Please watch their website www.lagrangehistory.org or Facebook for information about the many special events they host throughout the year. Join today and experience the many benefits of membership including free admission to select programs and to receive their monthly newsletter.

INTERFAITH COMMUNITY PARTNERS

Interfaith Community Partners is a non-profit organization which provides transportation to older adults to physician appointments, grocery shopping, and other quality life errands like trips to the bank, hairdresser, and church. If you or a friend could benefit from these services or if you are able to volunteer to drive, please call Interfaith Community Partners at (708) 354-9328 or visit their website at <http://www.interfaithcommunitypartners.org>.

AGING CARE CONNECTIONS

Located in LaGrange, Aging Care Connections is a private, not-for-profit organization dedicated to making a difference in the lives of older adults and their families through community-based services that promote dignity, self-respect and independence. Aging Care Connections provides comprehensive services to adults age 60 and older, their caregivers, and their families in La Grange Park and 37 other communities in suburban Cook County. Our mission is "to enrich the quality of life in our community by providing older adults and their families with guidance and support that enhance the ability to age well" through programs delivered by a team of highly skilled, objective, and unbiased experts. Aging Care Connections is located at 111 West Harris Avenue, LaGrange and is open Monday – Friday, 8:30 a.m. to 4:30 p.m. If you have a question about aging, please stop by, call 708-354-1323 or email www.agingcareconnections.org for more information.



Community Park District of
La Grange Park

Facility Rentals

Call for more information!
(708) 354-4580

For additional information, please
contact the Park District office or
visit our website at
www.communityparkdistrict.org



Planning your next event?

Let the Community Park District host your next birthday, baby shower or family get together! Our Multi-Purpose Room is great option for groups up to 150 guests. MPR Rentals include setup of provided tables & chairs, access to our full kitchen, and an onsite attendant to address any needs that may arise. Rental times must include all time needed including setup and take down of event.

Parks make life better!

Take your family to the park!

Community Park District offers several outdoor picnic spaces for your next gathering. Looking for a covered pavilion at Memorial Park, close to the sports? Or a quiet, tucked away picnic at Beach Oak Park? We have a setting that will fit any occasion. Please reach out in advance for larger gatherings to ensure we can accommodate your needs.



SEASPAR

SPECIAL RECREATION ASSOCIATION

SEASPAR (the South East Association for Special Parks And Recreation) enriches lives through recreation by providing programs and services for individuals with disabilities served by the Community Park District of La Grange Park and twelve other communities.

📍 4500 BELMONT ROAD
DOWNERS GROVE, IL 60515

☎ 630.960.7600
FAX 630.960.7601

🌐 SEASPAR.ORG



Year-Round Recreational Programs

- Weekly Programs
- Special Events
- 2 Multi-Sensory Rooms
- EAGLES Adult Day Program
- Special Olympics Training
- Cooperative Programs
- Inclusion Services
- Adapted Sports

Follow our adventures through
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