



2025 FALL PROGRAMS & EVENTS



Resident Registration begins **Thursday, July 31**
Non-resident Registration begins **Thursday, August 7**

Calendar of EVENTS



Resident Registration	Thursday, July 31
Non-Resident Registration	Thursday, August 7
Grandparents Day	Friday, August 29
Patriots Day Tribute	Thursday, September 11
Barks & Brews	Friday, September 26
Campfire in the Park	Wednesday, October 15
Trunk or Treat/Movie in the Park	Saturday, October 18
Holiday Tree Lights	December 1 - January 2
Santa Visits	Tuesday, December 16

BOARD OF PARK COMMISSIONERS

The Community Park District Board of Commissioners is comprised of five commissioners elected by Park District residents to serve unpaid, four-year terms. The Board governs, on behalf of residents, all activities of the Park District.

Regular Park Board meetings are held on the second Monday of each month at the Recreation Center, 1501 Barnsdale Road, at 6:30 pm. Your attendance is both welcome and encouraged.



Robert Corte, President
Sheri Sauer, Vice President
Mike Marusic, Commissioner
Alex Zuck, Secretary
Tim Ogden, Treasurer

MEET THE TEAM

Jessica Cannaday, CPRP
 Executive Director

Juan Montes, CPRP
 Superintendent of Recreation

Sara Earhart, CPSI, ISA
 Superintendent of Parks

Susan Zander
 Marketing & Special Events Manager

Michele Ritacco
 Recreation Manager

Spencer Clark
 Fitness Manager

Rachel Demes
 Finance & Administrative Coordinator

Laura Raimondi
 Marketing & Special Events Assistant

Brittany Kuchynka
 Executive & Human Resource Assistant

Filemon Sanchez
 Parks 1, Lead Mechanic

Joseph Stastny
 Parks 1

Olga Viramontes
 Lead Custodian

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Park District Office Hours
Monday–Friday 8:30am–5pm

PROGRAM ICONS



ENRICHMENT CLASSES:

This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschoolers, whether or not they attend Ready Teddy Preschool.



CO-OP PROGRAMMING:

This icon indicates a co-op program. Please make a note of the location when you register for a class.

PARK DISTRICT MISSION

The Community Park District of La Grange Park supports a healthy and inclusive community by positively impacting physical, social, emotional, and environmental well being.

CORE VALUES

Community Wellness
Preserve Park Land
Dedicated to Transparency
Leadership
Generational Opportunities
Play for All

Park District Office & Recreation Center

1501 Barnsdale Road
La Grange Park, IL 60526
Phone: (708) 354-4580











Website: www.communityparkdistrict.org
info@communityparkdistrict.org

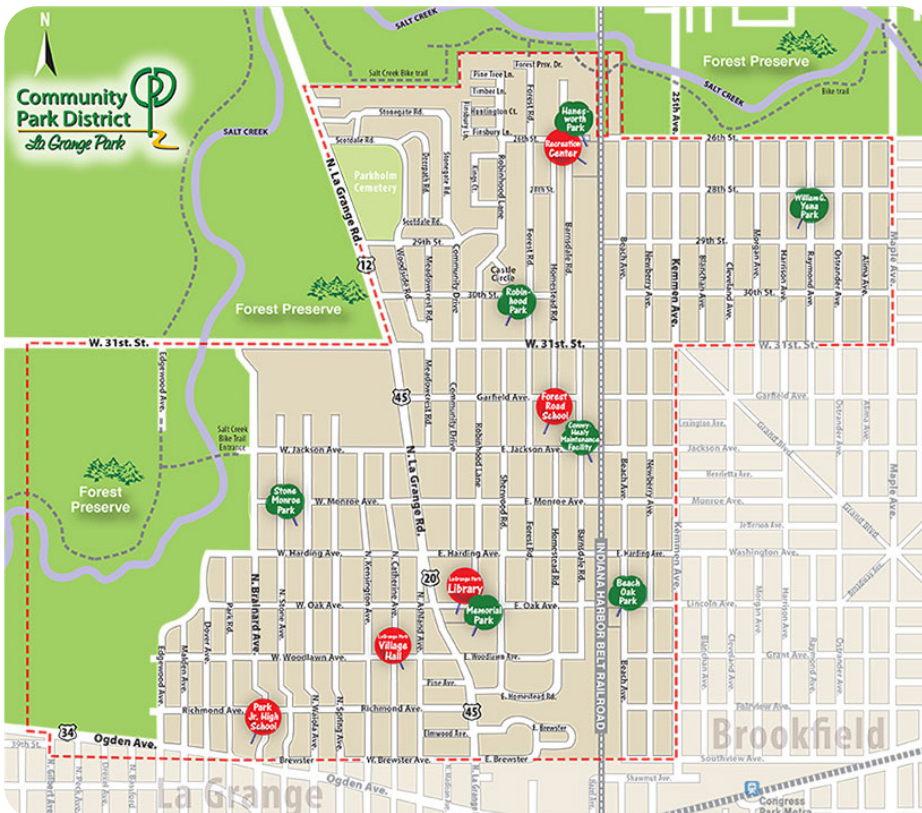


Stay up to date!








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PROGRAM LOCATIONS

-  **RECREATION CENTER**
Park District Office (LP)
1501 Barnsdale Road, La Grange Park
-  **MEMORIAL PARK**
La Grange Road at Woodlawn, LP
-  **ROBINHOOD PARK**
30th and Robinhood Lane, LP
-  **STONE-MONROE PARK**
Stone and Monroe Avenues, LP
-  **WILLIAM G. YENA PARK**
29th and Harrison Avenue, LP
-  **HANESWORTH PARK**
26th and Barnsdale Road, LP
-  **EHLERT PARK**
4338 Congress Park Ave, Brookfield
-  **RECREATION CENTER**
La Grange (LG)
536 East Avenue, La Grange
-  **RECREATION CENTER**
Western Springs (WS)
1500 Walker Street, Western Springs
-  **VETERAN'S MEMORIAL**
Corner of Sherwood Road & E. Oak Avenue



PARK LOCATIONS

-  **MEMORIAL PARK**
132 Oak Avenue
-  **ROBINHOOD PARK**
30th and Robinhood Lane
-  **HANESWORTH PARK**
26th and Barnsdale Road
-  **BEACH-OAK PARK**
Beach and Oak Avenues
-  **WILLIAM G. YENA PARK**
29th and Harrison Avenue
-  **STONE-MONROE PARK**
Stone and Monroe Avenues
-  **VILLAGE CHURCH**
1150 Meadowcrest Road, LP

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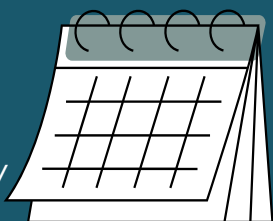
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**MARK YOUR
CALENDARS**

for the digital release of the Winter/
Spring Brochure on Nov. 24



Stay up to date!

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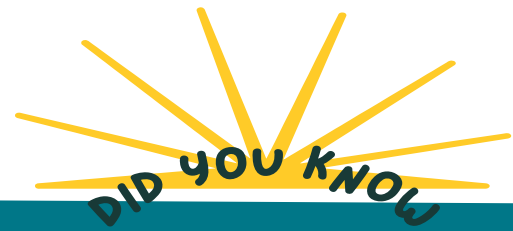
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The "Library of Things" makes a day at Memorial Park a Breeze.

From yoga mats and bocce balls to bubble machines, if you're spending a day at Memorial Park, the La Grange Park Library's Library of things may have what you need to help you make the best of your visit. Do you need a karaoke machine for a party, want some binoculars for a ball game, or have interest in Instant Pots or air fryers. Check them (along with dozens of other cool things) out from the La Grange Park Library's Library of Things! Visit lplibrary.org/things to see a complete list and check on availability. Visit our Childrens



Stay up to date!

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Fall 2025 Executive Director's Letter

Well, this summer has been a whirlwind! On top of finalizing construction drawings for the Recreation Center expansion, maintenance at the Meadowcrest property (La Grange Park's first new park since 1978), starting the Yena Park renovation, and developing plans for renovations at Robinhood and Stone Monroe Parks – the park district is taking over operations of the fitness center at 1100 E. 31st Street!

We are so very excited to introduce **Community Park Fitness-** A Community Powered fitness and wellness center right here in La Grange Park. The existing facility will be closed from July 18-27. During this time, the park district staff will be deep cleaning, painting, completing immediate repairs, and installing essential IT infrastructure. On July 28, Community Park Fitness will open under park district management and will be overseen by ***Fitness Manager Spencer Clark.***



Spencer has been with the Community Park District since 2019 as our Footlight Players Youth Theater Director. Spencer dedicated tireless nights and weekends over the past 6 years to providing inclusive programming for our young artists. During this time, Spencer was also building significant experience in the fitness industry. Spencer brings private studio management AND nonprofit fitness experience to his new role, and we couldn't be more thrilled that we had the opportunity for him to continue to grow with us.

Please make sure to check our website for more information on Fitness Memberships, steam shower renovation information, fitness programming and more.

This summer, the Community Park District also welcomed our ***new Superintendent of Recreation, Juan Montes***, to our team. Juan comes to La Grange Park from Addison Park District and his experience in recreation management, athletics, and fitness have already been an incredible asset to our community. This summer, Juan introduced our first adult Pickleball Tournament, developed operational strategies for Community Park Fitness, helped to oversee our first Teen Travel Camp, and helped the park district reach record breaking revenue for summer programs.

If you have ever wondered how the park district is managing to accomplish so much, it truly comes from the response our community has to our programming. As of July 5, our summer program revenue has exceeded \$380,000 - due in large part to the introduction of our summer day camp programs in 2021. This new bank of programs provides essential out-of-school programming and summer experiences for more than 150 local children and their families.

Summer Revenue Trends

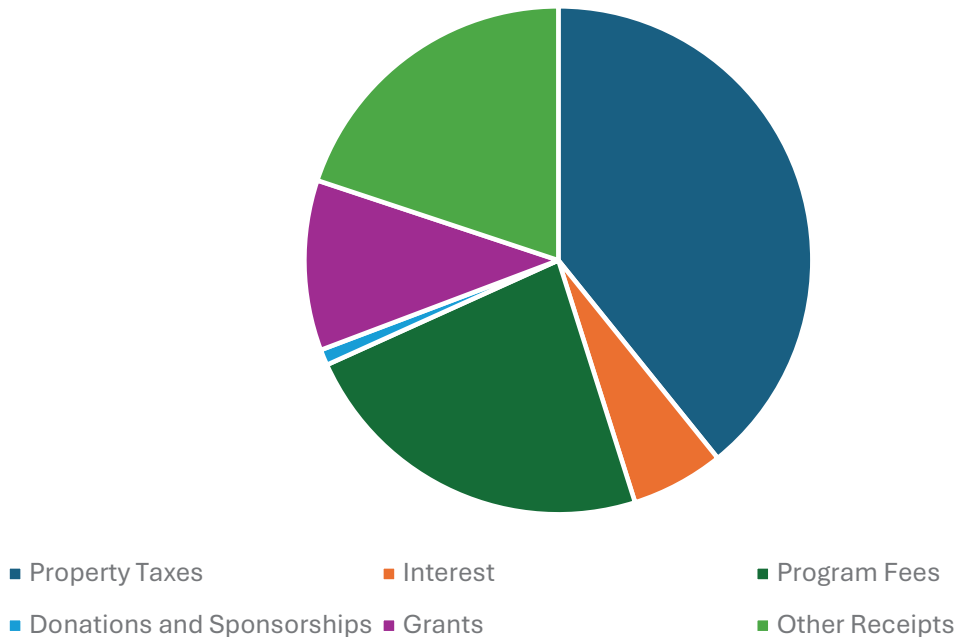
2018	2019	2020*	2021	2022	2023	2024	2025**
\$100,496	\$116,000	\$66,000	\$185,417	\$199,420	\$260,501	\$325,795	\$384,726

*COVID Response year

** Through July 5, 2025 - There's still a month to go as of the end of this report.

The Community Park District of La Grange Park anticipates generating approximately \$ 5,926,554 in revenue this Fiscal Year – 39% or \$2,323,694 is revenue derived from property taxes. We anticipate seeing \$1,370,800 in recreational program revenue, approximately \$390,000 of which we expect to generate through new fitness center memberships from August 2025-April 2026. We are designing operations to be self-sustaining, meaning that it will not depend on tax dollars for operations.

2025/2026 Park District Revenue Sources



Jessica Cannaday, CPRP
 Executive Director
 Community Park District of La Grange Park
jcannaday@communityparkdistrict.org
 708-354-4580

Jessica Cannaday

Community Park FITNESS

1100 E. 31st Street

MEMBERSHIP RATES ●

Membership Type	R/NR Fee
Adult	\$35/\$40
Couple	\$65/\$70
Family	\$85/\$90 - <i>Childcare Included!</i>
Senior	\$30/\$35
Senior Couple	\$60/\$70
Student	\$30/\$35
Veterans	\$30
First Responders	\$30

Membership Definitions, Inclusions and Restrictions

- **Adult:** Individual person, age 18 years or older, without valid student ID. Membership includes non-premium classes. **No** childcare included.
- **Couple:** Two adults residing at the same address. Membership includes non-premium classes. **No** childcare included.
- **Family:** Two adults & one or more unmarried children residing at the same address. Any minor children residing in the household will need to bring birth certificate to set up the household. Membership includes non-premium classes. **Childcare is included.**
- **Student:** Individual person, age 14-23 years, must present valid student ID upon enrollment. Membership includes non-premium classes. **No** childcare included.
- **Senior:** Individual person, age 62 or older. Membership includes non-premium classes. **No** childcare included.
- **Veterans and First Responders:** Proof of employment/Military ID.

DAILY DROP-IN FEE

R/NR: \$10/\$15

Basic Group Exercise Schedule

Starting Opening Day

The following classes are included in your membership!

Sundays

8:30am **CYCLE** with Sandy

Mondays

11:30am **YOGA** with Freya

Tuesdays

7am **AOA** (Active Older Adult) with Spencer

9am **POWER HOUR** with Liam

10:15am **WERQ Dance Fitness** with Spencer

5:45pm **ZUMBA** with Laima

Wednesdays

5:30am **Total Body Strength and Conditioning** with Kathy

6pm **Pilates** with Stacy

Thursdays

7am **AOA** (Active Older Adult) with Spencer

9am **POWER HOUR** with Liam

10:15am **WERQ Dance Fitness** with Spencer

5:45pm **ZUMBA** with Laima

Fridays

5:30am **TOTAL BODY STRENGTH** with Kathy

Saturdays

9am **POWER HOUR** with Liam

Thank you to our sponsors & community partners!

Hitzeman Funeral Home

JSD

**First National Bank of
Brookfield**

The Bandits

Snip Snip Landscaping

**La Grange Park
Chamber of Commerce**

Just Pest Solutions

**Village of La Grange
Park**

Hop District Brewing

Happier Now Cafe

Little League

AYSO

**la Grange Park Public
Library**

SPECIAL EVENTS



Soda Pop Social- Grandparents Day

[REGISTER](#)

Step back in time and celebrate the special bond between generations! Join us for a "back in the day" themed evening filled with retro fun, light dinner, and activities designed for grandparents and their grandchildren to enjoy together. Play classic games like Bingo, try your luck at 'fishing,' get crafty at the creation station, and make memories that last. Everyone attending **MUST** be registered. **Age: All**

Date	Day	Time	Fee R/NR
8/29	F	5:30-7:00pm	\$40/\$50

***Fee includes admission for 1 adult and 1 child; each additional person is \$10R/\$15NR.**

📍 Recreation Center, 1501 Barnsdale, LP



Chili Cook Off

Join the La Grange Park Chamber of Commerce and Park District in this fun community event. You can enter as a chef or participate as a taster.

Date	Day	Time	Fee
9/18	Th	6:00-8:00pm	\$5/person

📍 Memorial Park, LP

Touch a Truck



Get up close and climb aboard at our family-favorite Touch-a-Truck event! Explore a variety of vehicles including fire trucks, police cars, construction equipment, and more. Kids can honk horns, meet the heroes who operate the vehicles, and enjoy hands-on fun in a safe, supervised environment. Perfect for curious kids and truck-loving adults alike! **All ages welcome.**

Date	Day	Time
9/20	Sa	10:00am-12:00pm

📍 Recreation Center, 1501 Barnsdale, LP

Patriots Day

Gather with us for a meaningful 30-minute tribute honoring the lives lost on September 11, 2001—especially the brave first responders who made the ultimate sacrifice. As we reflect on the impact of that day 24 years ago, we invite the community to come together in remembrance and unity. All are welcome.

Date	Day	Time
9/11	Th	6:45pm

📍 Veteran's Memorial (Sherwood & Oak Ave), LP

Barks & Brews



Celebrate fall with your four-legged friend at this laid-back afternoon in Meadowcrest Park. Enjoy craft beer from a local brewery, tasty eats, and simple seasonal fun for you and your pup—featuring a dog costume contest, pup cups, yard games, and photo ops. Free to attend.

All ages welcome. *Dogs must remain leashed.*

Date	Day	Time	Fee
9/26	F	5:00-7:00pm	\$5.00/beer

📍 1150 Meadowcrest, LP



SPECIAL EVENTS

Campfire in the Park-Spooky Stories

with the La Grange Park Public Library

Make s'more friends! Spend the evening at Memorial Park roasting marshmallows and hearing spooky stories from the La Grange Park Public Library. We will provide marshmallows, sticks, chocolate and graham crackers; you are welcome to bring any other ingredients you'd like to add. **Age: All**

Date	Day	Time
10/15	W	6:30-7:30pm

📍 Memorial Park, LP



Scarecrow Showdown

REGISTER

Get ready for a fall tradition full of fun, creativity, and a little friendly competition! We're calling all residents and businesses to take part in our Scarecrow Showdown — where your imagination is the only limit. Register to receive your Scarecrow Starter Kit (available for pickup starting October 2). Once your scarecrow is built, proudly display it at your home or business and email us a photo by October 13. Community judging will take place October 15–22, and winners will be crowned on October 23 — with bragging rights and a featured spot in our Fall 2026 Program Brochure!

Date	Day	Fee - Resident only
10/13	M	\$15

Trunk or Treat and Movie in the Park

with the La Grange Park Public Library

Dress up in your Halloween costume and join the La Grange Park Public Library for music, tricks, and treats. Stay for the Community Park District's 6:45 showing of a Halloween short in the park!

Date	Day	Time
10/18	Sa	Trunk or Treat - 5:00pm Movie - 6:45pm

📍 Memorial Park, LP

Family Pumpkin Carving

REGISTER

Bring your creative ideas to Family Pumpkin Carving Wednesday, October 22nd from 5:00-6:00pm at the Memorial Park Pavilion. Each registered participant will receive one pumpkin to carve and decorate.

Date	Day	Time	Fee R/NR
10/22	W	5:00-6:00pm	\$10/\$15

📍 Memorial Park, Oak Street Pavilion



Nightmare at the Park District

A Halloween Bash for Teens

REGISTER

Glow up your Halloween at this spook-tacular night just for tweens. Take on zombie escape room challenges, win prizes in our costume contest, glow crazy on the dance floor, and enjoy ghoulish games and treats with friends. Whether you're into puzzles or just want to dance under the black lights, there's something for everyone. Costumes encouraged!

Age: 9-13

Date	Day	Time	Fee R/NR
10/17	F	6:00-7:30pm	\$20/\$30

📍 Recreation Center, 1501 Barnsdale Road, LP



Thankful Creations

[REGISTER](#)

Celebrate the season of gratitude with a cozy morning of family crafting and connection. Each group will create their own festive Gratitude Tree and Harvest Basket—perfect centerpieces for your Thanksgiving table. Add a personal touch at our tag-making station, then enjoy hot apple cider, take a photo at our fall-themed photo spot, and contribute to our community gratitude wall. All supplies are included—just bring your creativity and your favorite people. One registration per family/kit. Space is limited!

Date	Day	Time	Fee R/NR
11/15	Sa	10:00-11:30am	\$25/\$35

2025 Holiday Home Decorating Contest

[REGISTER](#)

La Grange Park Families Only

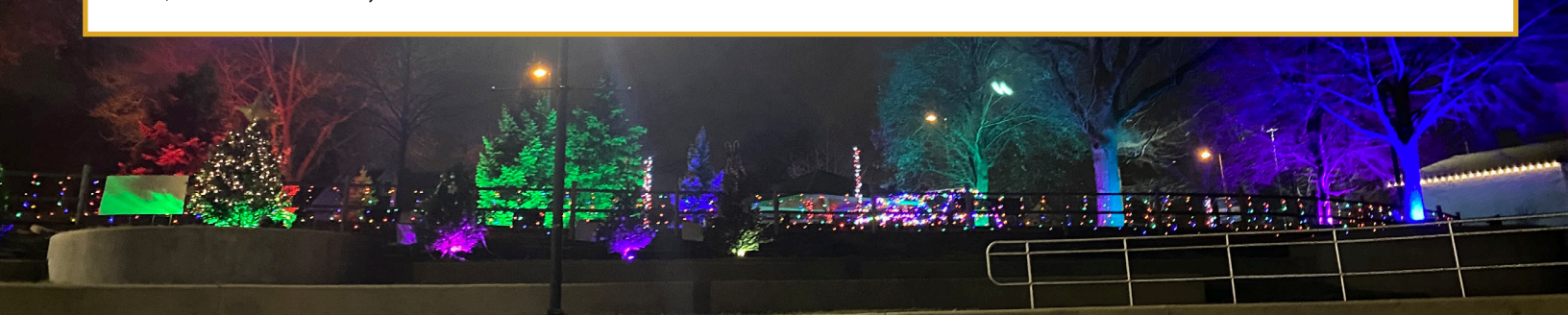
'Tis the season to make the holidays extra merry & bright! Untangle those lights and show off your decorating skills! There is no cost to participate, but registration is required to be eligible for judging. Participants must submit a photo of their home. **Photos will be posted on our website, along with a poll for community voting. Each registered participant will also receive a lawn sign featuring a QR code linking directly to the poll, making it easy for passersby to cast their vote!** Judging will run from December 18-20 until 4pm. Winners will be announced December 20 at 5pm. There are 2 categories - Best in Show (decided by the Park District Staff) and People's Choice (community based via website.) Prize baskets from local businesses will be awarded to both winners. Please note that registrants agree to share their addresses to be posted online for the community.

Holiday in the Park

Memorial Park shines bright all December long! Stroll through a festive wonderland of lights and holiday cheer. Enjoy dazzling displays throughout the month, with special highlights including the Village's Tree Lighting early in the season. Make Memorial Park part of your holiday tradition!

Date	Time
December 1 - January 2	Dusk - Dawn

📍 Memorial Park, LP





SPECIAL EVENTS

new

Brunch with Santa

REGISTER

Celebrate the season with a magical morning at our Brunch with Santa! Families will enjoy a fully catered brunch, complete with festive favorites sure to delight kids and grown-ups alike. Little ones can meet Santa himself for a photo opportunity, and holiday cheer continues with hands-on crafts to take home. Don't forget your wish list—Santa's making his rounds!

Pre-registration is required. Space is limited—this event is sure to fill quickly!

Date	Day	Time	Fee R/NR
12/6	Sa	11:00am	\$25/\$30

📍 Recreation Center, 1501 Barnsdale, LP



Santa Visits

REGISTER

La Grange Park Families Only

Santa is coming to La Grange Park and he wants to make a stop at your home to wish everyone a Merry Christmas! Santa will set up a time for a visit (lasting approximately 10 minutes). Any gifts to be passed out must be given to Santa when he arrives or left on the front step prior to his arrival. An email will be sent home about a week before the visit giving you instructions. Spots fill up quickly. One family per visit. La Grange Park residents only.

Date	Day	Time	Fee R
12/16	Tu	Visits start at 5pm	\$30

Santa Paws

REGISTER

Here comes Santa Claus! 'Tis the season to snap the cutest, sweetest and sometime most hilarious photo of your furry friend with the big fellow. Once you are registered, you will receive a designated time slot for you to bring your animal to have their photo taken with Santa. Your assigned time will be emailed to you December 3rd. **All animals must be leashed or caged.**

Date	Day	Time	Fee R/NR	Reg. by
12/6	Sa	10:00am	\$10/\$15	11/28





SCHOOL YEAR
SEPTEMBER 9, 2024 - MAY 16, 2025



At Ready Teddy Preschool, we offer a nurturing environment where children ages 1.5-5 years can explore, grow, and build essential skills. Our program is designed to foster development through engaging social play and hands-on learning experiences. With a focus on interactive centers, we lay the foundation for future academic success while encouraging curiosity, creativity and a love for learning.

Registration:

Registration for 2025-2026 School Year requires a non-refundable registration fee of \$100.00.

Proof of residency is required for La Grange Park residents (Ex: water, gas or electric bill).

All necessary paperwork can be found on our Community Park District website starting in early August.

Enrichment Classes

Our enrichment classes offer engaging opportunities for preschoolers to explore special interests. Look for the Ready Teddy icon to find classes that will enhance your child's day. Additional fees vary by class. Full descriptions and schedules can be found in the fall brochure. Children are supervised to and from all classes.

ABC Before and After School Care

Before and After School Care is an optional program that can be paired with our Ready Teddy Preschool classes. Care is available from 8:00 am to 5:00 pm and is scheduled based on the needs of each student. (Please note: ABC is not offered on party days or school holidays.) Ready Teddy students may register for ABC on their designated class days, with a limit of 4 hours per day. For more information, contact the Park District office at (708) 354-4580.



Friday Learn & Play

[REGISTER](#)

Age: 1.5-2 years

This Learn & Play class offers a teacher-led experience with full parent participation, providing a nurturing environment where your child can grow and explore. Activities are designed to encourage early learning through play, socialization, and creative development, while also supporting your child's language, motor, and cognitive skills.

Parents are required to attend with their child, creating a special opportunity for you to engage in your child's learning journey. Through guided activities like music, sensory play, art projects, and interactive games, children will build confidence and begin to develop essential skills. This class is the perfect way to introduce your child to our Ready Teddy community and provide a strong foundation for future preschool experiences. ***Tuition is paid per session**

Date	Day	Time	Fee R/NR
9/19-10/24	F	9:00-10:00am	\$100/\$110
		10:30-11:30am	\$100/\$110
		1:30-2:30pm	\$100/\$110
11/7-12/19	F	9:00-10:00am	\$100/\$110
		10:30-11:30am	\$100/\$110
		1:30-2:30pm	\$100/\$110



2-Year-Old Program - Cubbie Bears

[REGISTER](#)

Our 2-year old preschool class is designed to provide a warm and welcoming environment where your child can begin their journey of exploration and learning. At this stage, we focus on building foundational skills through play-based activities that encourage curiosity, social interaction, and early development.

We've redesigned this class structure to better prepare your preschooler for their academic journey ahead. As a parent or guardian, we kindly ask for your active involvement in supporting your child during the first few weeks to help them build the independence needed to attend class on their own.

2 YEAR OLDS

Progressive build to a 2 hour a day program in January 2026

***Tuition is paid per month**

Date	Day	Time	Fee R/NR
9/9-5/14	T/Th	8:30-10:30am	\$183/\$193
		8:30-9:30am (Sept/Oct.)	
		8:30-10:00am (Nov/Dec)	
		8:30-10:30am (Jan-May)	\$183/\$193
		11:00-1:00pm	
		11:00-12:00am (Sept/Oct.)	
		11:00-12:30am (Nov/Dec)	
		11:00-1:00pm (Jan-May)	

2.5 YEAR OLDS

Date	Day	Time	Fee R/NR
9/8-5/13	M/W	8:30-10:30am	\$183/\$193
		11:00-1:00pm	\$183/\$193

2.5 Year Enrichment Classes:

Little Chefs
Creative STEAM
Ready for Sports
Miss Angie Music

3-Year-Old Program - Koalas

[REGISTER](#)

Our 3-year-old preschool class is designed to foster curiosity, independence, and creativity in a fun and nurturing environment. Through hands-on activities, we introduce children to foundational concepts such as shapes, colors, numbers, and the alphabet. Play-based learning is at the heart of our program with engaging activities like art projects, music, storytelling, and interactive games that promote social skills, emotional growth, and cognitive development.

In this class, children begin to build strong friendships, learn to follow simple routines, and develop their fine and gross motor skills. Our goal is to create a supportive space where children feel confident, loved, and excited about learning as they take their first steps in their educational journey.

3-year-olds have the option to register for MWF and T/Th sessions to create a 5-day experience. Curriculum will be repetitive and Fridays are designed to provide additional social/emotional learning through play opportunities. Students cannot register for morning and afternoon classes to create a full day.

Date	Day	Time	Fee R/NR Monthly
9/8-5/15	M/W/F	8:30-11:30am	\$254/\$264
		12:30-3:30pm	\$254/\$264
9/9-5/14	T/Th	8:30-11:30am	\$175/\$185
		12:30-3:30pm	\$175/\$185

3 Year Enrichment Classes:

Little Chefs
Creative STEAM
Ready for Sports
Ready to Read
Ready, Set... Math
Dance Movement for 3s

4 & 5 Pre-Kindergarten Program - Panda & Brown Bears

[REGISTER](#)

This is the final step in our Preschool program, where our dedicated teachers are preparing your child for a smooth transition into kindergarten. Following the Illinois Early Childhood Standards and Benchmarks, we explore new themes each week, with a strong focus on math, literacy, and gross motor skills. Through hands-on activities and engaging lessons, your preschooler will build the foundational skills they need for academic success and continued growth. We are excited to help your child take the final steps toward kindergarten readiness in a fun, supportive, and enriching environment. **(Tuition is paid monthly.)**

Date	Day	Time	Fee R/NR Monthly
9/8-5/15	M-F	8:30-2:30pm	\$680/\$690
9/8-5/15	M-F	8:30-12:00pm	\$365/\$375

4 Year Enrichment Classes:

Little Chefs
Creative STEAM
Ready for Sports
Ready to Read
Ready, Set... Math
Add on Lunch
Dancing 4's



★ Creative STEAM

[REGISTER](#)

In this hands-on program, young learners will dive into exciting projects that spark creativity and curiosity. Using a variety of materials, students will discover new concepts, experiment with ideas, and design their own creations—all while building a strong foundation for future classroom success. With a dynamic blend of Science, Technology, Engineering, Arts, and Math, every session is a fun, interactive adventure in learning. **Age: 2.5-5**

Date	Day	Time	Age	Fee R/NR
9/15-10/27	M	10:30-11:15am	2.5-3	\$58/\$68
9/15-10/27	M	11:30am-12:15pm	3's	\$58/\$68
9/15-10/27	M	12:30-1:15pm	4-5	\$58/\$68

Skip: 10/13

11/5-12/17	W	10:30-11:15am	2.5-3	\$58/\$68
11/5-12/17	W	11:30am-12:15pm	3's	\$58/\$68
11/5-12/17	W	12:30-1:15pm	4-5	\$58/\$68

Skip: 11/26

📍 Recreation Center, 1501 Barnsdale, LP



★ Little Chefs

[REGISTER](#)

Learn to handle basic kitchen tools and follow simple steps to create healthy and yummy treats! Safety and accuracy will be emphasized. Our curriculum is strictly peanut free. If the participant has food allergies, please list all allergies on the registration form. Notify the Park District office as well! (708-354-4580) **Age: 2.5-5**

Date	Day	Time	Age	Fee R/NR
9/17-10/22	W	10:30-11:15am	2.5-3	\$72/\$82
9/17-10/22	W	11:30am-12:15pm	3's	\$72/\$82
9/17-10/22	W	12:30-1:15pm	4-5	\$72/\$82

Skip: (Field trip??)

11/3-12/15	M	10:30-11:15am	2.5-3	\$72/\$82
11/3-12/15	M	11:30am-12:15pm	3's	\$72/\$82
11/3-12/15	M	12:30-1:15pm	4-5	\$72/\$82

Skip: 11/24

📍 Recreation Center, 1501 Barnsdale, LP



★ Ready For Sports

[REGISTER](#)

This class is meant to get out those mid-day wiggles and introduce fitness through play! The kiddos will play games, be introduced to a variety of sports, and build friendships! Sharing, throwing, and catching will all be a part of play for this beginning age group. Required: Gym Shoes. **Age: 2.5-5**

Date	Day	Time	Age	Fee R/NR
9/19-10/24	F	10:30-11:15am	2.5-3	\$51/\$61
9/19-10/24	F	11:30am-12:15pm	3's	\$51/\$61
9/19-10/24	F	12:30-1:15pm	4-5	\$51/\$61

11/7-12/12	F	10:30-11:15am	2.5-3	\$41/\$51
11/7-12/12	F	11:30am-12:15pm	3's	\$41/\$51
11/7-12/12	F	12:30-1:15pm	4-5	\$41/\$51

Skip: 11/28

📍 Recreation Center, 1501 Barnsdale, LP



★ Ready, Set...Math!

[REGISTER](#)

Fun with numbers, learning, shapes, and sorting! Each child can develop a positive attitude toward math and numbers from an early age. The curriculum is designed to include games and learning activities that will prepare each student for the classroom. Sessions can be repeated. NEW material will be introduced each time! **Age: 3-5**

Date	Day	Time	Fee R/NR
9/18-10/23	Th	11:30am-12:15pm	\$61/\$71
11/4-12/16	Tu	11:30am-12:15pm	\$61/\$71

Skip: 11/25

📍 Recreation Center, 1501 Barnsdale, LP



★ Ready for Reading

[REGISTER](#)

Empower emergent readers. Each day is filled with phonics, fun, and language skills through games, rhymes, and "hands-on" activities. Sessions can be repeated. NEW material will be introduced each time! **Age: 3-5**

Day	Day	Time	Fee R/NR
9/16-10/27	Tu	11:30am-12:15pm	\$61/\$71
11/6-12/18	Th	11:30am-12:15pm	\$61/\$71

Skip: 11/26

📍 Recreation Center, 1501 Barnsdale, LP



★ Add on Lunch

[REGISTER](#)

Designed for our half-day 4-5 year old preschoolers, this lunch option bridges the half-hour gap between morning classes and afternoon enrichment programs. Supervised and relaxed, it's the perfect way for your child to enjoy a mid-day break. Families may register and pay on a weekly basis for added flexibility. **Age: 4-5**

Day	Day	Time	Fee R/NR
9/16-12/18	MWF	12:00-12:30	\$5

📍 Recreation Center, 1501 Barnsdale, LP

★ ABC Before and After School Care

ABC is an optional program that can be paired with our Ready Teddy Preschool classes. Care is available from 8:00 am to 5:00 pm and is scheduled based on the needs of each student. (Please note: ABC is not offered on party days or school holidays.) Ready Teddy students may register for ABC on their designated class days, with a limit of 4 hours per day. **For more information, contact the Park District office at (708) 354-4580.**



MISS ANGIE

Miss Angie's Rocking Tots

REGISTER

Instructor: Miss Angie

Participate with your toddler in singing, chanting, moving, dancing, listening, and playing percussion instruments. Activities will bridge the natural connection between music and movement; improve listening abilities and increase exposure and appreciation to different types of music. Class is designed for child and adult to participate in together. **Age: 12-36 months**

Date	Day	Time	FeeR/NR
9/16-10/21	Tu	9:00-9:45am	\$80/\$90
		10:00-10:45am	\$80/\$90
11/4-12/16	Tu	9:00-9:45am	\$80/\$90
		10:00-10:45am	\$80/\$90

Skip: 11/25

📍 Recreation Center, 1501 Barnsdale, LP

Mighty Music Makers

REGISTER

Instructor: Miss Angie

Celebrate your child's growing independence through fun music and movement activities. These classes will work on the child's attention and self-expression and include singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement, and storytelling. A variety of musical types will be included to widen your child's exposure and appreciation of different musical types. Class is designed for children and adults to participate together. **Age: 3-5**

Date	Day	Time	Fee R/NR
9/16-10/21	Tu	11:00-11:45am	\$80/\$90
11/4/12/16	Tu	11:00-11:45am	\$80/\$90

Skip: 11/25

📍 Recreation Center, 1501 Barnsdale, LP



save the date Easter Egg Hunt

Saturday, March 28 | Memorial Park





Si, hablo español

[REGISTER](#)


I Speak Spanish

Instructor: Language In Action, Inc.

Did you know that young children learn language naturally and much more easily than older children and adults? Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. New material is covered in each session! **Age: 3-6**

Date	Day	Time	Fee R/NR
9/17-10/22	W	4:30-5:15pm	\$94/\$118
10/29-12/10	W	4:30-5:15pm	\$94/\$118
Skip Dates: 11/26			

save the date
**Spring Break
Camp**

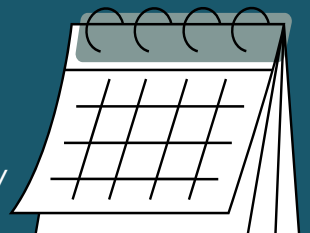
March 30–April 3



Stay up to date!
@communityparkdistrict

**MARK YOUR
CALENDARS**

for the digital release of the Winter/
Spring Brochure on Nov. 24



The Community Park District

Footlight Players

La Grange Park

COMING
SOON

Improv & Acting

Instructor: M. Piebenga

Develop those improv chops! Through spontaneous game play and activities, young actors will hone their physical, mental, and emotional awareness to improve their scenecraft and stage ability. Fun and surprising developments abound as the actor's creative voice and ideas are the basis for onstage work. Let's make it up together!

Age: 7-11

Date	Day	Time	R/NR
TBD	Th	6:00-7:00pm	\$55/\$65

📍 Recreation Center, 1501 Barnsdale Road, LP



Youth Dance Classes

Dance Instructors: M. Ritacco, C.Selig

A variety of dance instruction for girls and boys of all ages where participants will have fun learning new steps and routines while gaining grace, poise, and self-confidence.

The program will be minimum 20 weeks.

Dance-Nastics

This class will combine balance strength and flexibility with hip hop moves. Dancers will have a warm-up, learn combinations along with tumbling skills.

Dance Movement for Three's (3 year olds)

This class offers younger children an exciting and fun introduction to the world of dance. Emphasis is on having fun through a variety of activities using music interpretation, movement, and imaginative thinking.

Dancing Fours (4 year olds)

This class offers your dancer a glimpse in to three forms of dance. We will explore the basics of ballet, tap and jazz. This class is great for your first-time dancer as well as dancers who have little to no experience. Dancers must have tap shoes or a hard sole shoe for tap.

Ballet

Ballet is the foundation of dance; it helps to build a strong base for all other dance styles. Positions, technique, and musicality are learned from ballet and applied to all other dance styles.

Attire:

Proper footwear for each class required (ballet, jazz, tap shoes, and a gym or fitness shoe for Hip Hop).

Tap dancers **MUST** have tap shoes by the second week of class.

If your dancer has a tap class, tap shoes will be required for the recital.

Tap

Tap is a percussive footwork that develops a dancer's rhythm, style and sound.

Jazz

Jazz is a classic dance and is incorporated in everything from Lyrical to Hip Hop to musical theater and tap.

Pom

This class is structured to teach strong arm movements and body isolations, while incorporating kicks, turns, leaps, and extensions from jazz. Learn to pass, toss and create fun formations with your pom poms.

Lyrical

Lyrical combines ballet and jazz with a little contemporary. This dance style helps the dancer express themselves through movement.

Hip-Hop

Strength, agility, and coordination. Hip Hop is full of high energy moves, and yet sometimes it is in learning the small moves that make this style so intricate.

Musical Theater Dance Lyrical Dance /Hip Hop

As a musical theatre performer, you will want to be well trained in all forms of dance. Ballet, Tap, Jazz, Theatrical (Broadway), ballroom, and even hip-hop.

Intermediate/Advanced Tap

Tap is a percussive footwork that develops a dancer's rhythm, style, and sound. 5+ consecutive tap years needed, or instructor permission.



Youth Dance Classes

[REGISTER](#)

Tuesday Classes - 9/9-4/28*

Skip: 11/25, 12/23, 12/30, 3/31 **

Class	Age	Time	Fee R/NR
Dancing Four's	4	3:30-4:15pm	\$188/\$198
Ballet/Tap/Jazz	5-6	4:15-5:15pm	\$203/\$213
Ballet/Hip Hop/Tap	8-9	5:15-6:15 pm	\$203/\$213
Intermediate/Advanced Tap	10+	6:15-7:00 pm	\$188/\$198
Jazz/Lyrical/Hip Hop	12+	7:00-8:15 pm	\$213/\$223

Thursday Classes - 9/11-4/30*

Skip: 11/27, 12/25, 1/1, 1/29, 4/2**

Class	Age	Time	Fee R/NR
Dance Movement for Three's	3	3:30-4:00 pm	\$178/\$188
Jazz/Tap	5-6	4:00-5:00 pm	\$203/\$213
Tap/Ballet/Jazz	7-8	4:00-5:00 pm	\$203/\$213
Dance-Nastics	8-10	5:00-6:15pm	\$213/\$223
Musical Theater/Lyrical / Hip Hop	8-10	5:00-6:15pm	\$213/\$223

📍 Recreation Center, 1501 Barnsdale Road, LP

**End dates are tentative, with the dance recital expected the proceeding week.*

*** Skip dates are tentative. Check the website for updates.*

Please note: A \$40 fee will apply for a second costume. This fee will be collected separately.

Community Park District
DANCEXPRESS



The Program will be minimum 20 weeks: Classes run from Sept. '25 through Spring '26

Dance will break for the holidays starting the week of 12/22. Keep an eye on our website for skip dates and recital information for Winter & Spring.

Note: Ms. Michele reserves the rights to place dancers in the appropriate class according to ability.





Dino Dig

[REGISTER](#)

Instructor: LG Park Staff

Dig Up some fun as children discover dinosaurs! We may even find dinosaur eggs! All supplies are included in this excavation. All participants will receive a goody bag at the end of class. **Age: 3-6**

Date	Day	Time	Fee R/NR
10/4	Sa	9:30-10:30am	\$23/\$30
10/4	Sa	11:00am-12:00pm	\$23/\$30

📍 LG Recreation Center



Dino Explorers Adventures

[REGISTER](#)

Instructor: LG Park Staff

Get ready for a wild adventure as children dive into the fascinating world of dinosaurs! Each week, young explorers will discover different dinosaurs, from the land to the ocean. Through hands-on activities, interactive games, and creative crafts, kids will learn about the unique habitats, diets, and behaviors of these amazing creatures. Don't miss out on this exciting journey into the dinosaur kingdom! **Age: 3-6**

Date	Day	Time	Fee R/NR
9/6-9/27	Sa	11:00am-12:00pm	\$66/\$76
10/4-10/25	Sa	11:00am-12:00pm	\$66/\$76
11/1-11/22	Sa	11:00am-12:00pm	\$66/\$76
12/6-12/27	Sa	11:00am-12:00pm	\$66/\$76

📍 Sedgwick Park, LG



Little Veterinarian School

[REGISTER](#)

Instructor: Little Medical School

After "adopting" their very own plush puppy, students will roleplay the key responsibilities of a veterinarian, including how to properly perform a nose-to-tail exam. These future veterinarians will learn how to sew stitches, remove ticks, make healthy treats, and vaccinate their dog. **Age: 4-10**

Date	Day	Time	Age	Fee R/NR
11/16-12/18	Th	4:30-5:30pm	4-6	\$192/\$250
11/16-12/18	Th	5:45-6:45pm	6-10	\$192/\$250

📍 LG Recreation Center



Fairy Garden

[REGISTER](#)

Instructor: Kidscreate Studio

Do you believe in fairies? I do! We'll use clay, paint, glitter, and more as we sculpt our very own enchanted fairy gardens. These adorable little fairy retreats will have sparkling streams, colorful flowers, a fairy swing, and more! You don't want to miss this magical class. Please pack a nut free snack and drink for your child. **Age: 4-9**

Date	Day	Time	Fee R/NR
9/27	Sa	1:00-4:00pm	\$48/\$60

📍 Recreation Center, WS



Healthy Habits Club

[REGISTER](#)

Instructor: Afterschool Enrichment Solutions

This club provides a fun, action-packed and positive environment to promote physical, mental and emotional health! Participants will explore themes of communication, compassion for self and others, active listening, conflict resolution, gentle exercise, nutrition, mindfulness, and respect. A qualified instructor will guide the participants in hands-on learning through games, movement, creative writing, problem-solving exercises and journaling. **Age: 5-13**

Date	Day	Time	Fee R/NR
10/29-12/10	W	4:30-5:30pm	\$130/\$163

📍 Recreation Center, WS



Double the Fun Drawing with Young Rembrandts

[REGISTER](#)

Instructor: Young Rembrandts

Awaken your inner Artist! Participants will explore all the basics of visual arts, in a fun and confident setting that ensures success for every child. Basic drawing, portraits, action, and cartooning will be taught. Participants will complete several different projects and learn to draw whimsical characters, animals, everyday objects, and action scenes. Young Artists will gain so much confidence in their creative spirit and art skills. Each month's lessons will be different, so no repeats. Don't miss out, sign up today! **Age: 5-12**

Date	Day	Time	Fee R/NR
9/6-9/27	Sa	10:00-12:00pm	\$115/\$144
10/4-10/25	Sa	10:00-12:00pm	\$115/\$144
11/1-11/22	Sa	10:00-12:00pm	\$115/\$144
12/6-12/20	Sa	10:00-12:00pm	\$90/\$113

📍 Recreation Center, WS



Chess

[REGISTER](#)

Instructor: Chess Wizards

This class has an interactive, discovery-based curriculum inspiring child to think ahead, visualize their goals, treat others with respect and to learn from mistakes. Classes are geared to suit children of all skill levels; from castling to checkmate artist, participants will build upon their knowledge through lessons, tournaments, variation games and more! **Age: 5-12**

Date	Day	Time	Fee R/NR
9/12-11/14	F	4:30-5:30pm	\$250/\$312

Skip: 10/10, 10/31

📍 Recreation Center, WS



Slime Time

[REGISTER](#)

Instructor: LG Staff

Let's create some SLIME together! Each participant will help make their own bag of slime to take home. This is a child only class. **Age: 5-7**

Date	Day	Time	Fee R/NR
11/11	Tu	3:30-4:30pm	\$26/\$34

📍 LG Recreation Center



Let's Code It

[REGISTER](#)

Instructor: After School Enrichment Solutions

Take a deep dive into computer programming with the we-based platform Tynker! Learn the art of digital animation, create video games that run on physics, math and art concepts and experiment with HTML, Python and Java. Have fun in the Tynker playground under the instruction of a coding coach! Participants must bring a laptop/tablet to class with a charger. **Age: 7-13**

Date	Day	Time	Fee R/NR
9/10-10/22	W	5:30-6:30pm	\$130/\$163

📍 Recreation Center, WS



Pokemon Palooza

[REGISTER](#)

Instructor: Kidscreate Studio

Experience the ultimate Pokémon-inspired art camp! Unleash your creativity alongside other young enthusiasts in a supportive and exciting environment. Our skilled instructors will guide you as you dive into the magical world of Pokémon, creating iconic characters like Jigglypuff and Magikarp. Each day will be filled with sketching, painting, sculpting, and more, as you embark on a vibrant exploration of artistic expression. Bringing your Pokémon dreams to colorful life. Please pack a nut-free snack and drink for your child. **Age: 5-12**

Date	Day	Time	Fee R/NR
10/1-11/5	W	4:30-5:30pm	\$135/\$169

📍 Recreation Center, WS



Creative Writing Club

[REGISTER](#)

Instructor: After School Enrichment Solutions

This writing club is designed to ignite the imaginations of young writers, foster their love for language, and cultivate their creative expression. Through exploration of classic literature, inspiring writing exercises, creative language games and collaboration, participants will explore different genres, learn and practice grammatical concepts, develop their writing skills, and build confidence in their ability to communicate effectively. **Age: 5-13**

Date	Day	Time	Fee R/NR
9/10-10/15	W	4:30-5:30pm	\$130/\$163

📍 **Recreation Center, WS**



Reveal Candle Making

[REGISTER](#)

Instructor: Kidscreate Studio

Welcome to our magical art class where we will be exploring the world of reveal candles! We will be crafting unique candles, infused with your favorite scents, colors, and hidden surprises. With the addition of delightful charms into the warm wax, you reveal candle will transform into a stunning masterpiece as the flame slowly burns down and reveals the secret treasures waiting to be discovered within. The possibilities are endless, from sparkling jewels and glittery gems to adorable animals! At the end of this class, you will have a one-of-a-kind candle! **Age: 9-14**

Date	Day	Time	Fee R/NR
9/22	M	4:30-5:30pm	\$135/\$169
11/12	W	4:30-5:30pm	\$135/\$169

📍 **Recreation Center, WS**



PJ Sleep Under Spa Night

[REGISTER](#)

Instructor: Glitzy Girlz

Come join us for a relaxing Spa session in your jammies! Staff will be pampering and teaching the girls how to do Mini-Manicures and Mini-Pedicures. Toe and Finger polishing with beautiful color selection and nail stickers. We will have "Zen time" with a nourishing under eye pads section (take home eyes mask) and make a fun charm bracelet to accessorize your wardrobe and take home. A foot/nail brush and mini buffer is part of take home along with a pretty Satin Organza Bag filled with "girly" goodies! Sign up with friends for "sleep-under" fun! **Age: 5-10**

Date	Day	Time	Fee R/NR
9/29	M	6:00-7:15pm	\$35/\$44

📍 **Location: Recreation Center, WS**



We Love Movies/Musicals Glam Night

[REGISTER](#)

Instructor: Glitzy Girlz

Come join us and celebrate the love of Musicals/ Movies from Favs like WICKED & DESCENDANTS! Staff will do a fun glam-up with neon hair clip-ins, sparkle and cool neon nail polish application. Each participant will decorate a cool craft with paints, personalization stencils, stickers and embellishments. A themed musical charm bracelet will also be designed by each guest. Our class ends with a finale of dancing to popular musical/movie soundtracks with Freeze Dance & Limbo games! Each person leaves with a fun themed Glam Bag of Goodies! **Age: 4-10**

Date	Day	Time	Fee R/NR
10/21	Tu	6:00-7:30pm	\$35/\$44

📍 **Recreation Center, WS**



Parent/Child Holiday Gift Memories

[REGISTER](#)

Instructor: Glitzy Girls

This class is an annual treasured memory for over 25 years. Join us for a memorable night with your child and celebrate the season of giving! Staff will assist in each couple decorating/designing and wrapping up their surprises. Each couple makes/take home (3) adorable gifts for family members: a wood, ceramic and jewelry item perfect for male and female recipients. Paints, stickers, embellishments, personalization and a large selection of unique beads will be provided for all gifts. A holiday wrapping table with tags, wrapping paper ideas and gift bags provided to each couple for decorating & sealing presents. *Adult must accompany & participate in class. **Age: 3-10**

Date	Day	Time	Fee R/NR
12/9	Tu	6:00-7:00pm	\$35/\$44

📍 Recreation Center, WS



Santa's Little Helper

[REGISTER](#)

Instructor: Kidscreate Studio

This holiday class is sure to help your child feel the Christmas spirit! During Santa's Little Helper we will read holiday stories and make a cool holiday craft! Each participant will create a special project to display at home during the holiday season! This class does include a snack. This is a child only class. **Age: 3-6**

Date	Day	Time	Fee R/NR
12/16	Tu	3:30-4:30pm	\$30/\$40

📍 LG Recreation Center



Frosty Fun

[REGISTER](#)

Instructor: Kidscreate Studio

Let's get artsy this winter! Participants will whip up a flurry of projects full of frosty fun. From making your own snow globe to designing your own winter wonderland scenes, the possibilities are endless. With a variety of materials at your disposal and guidance from our instructors, you'll be amazed at what you can create. Come warm up with us and bring some artistic joy to this chilly season! Please pack a nut free snack and drink for your child each day. **Age: 4-9**

Date	Day	Time	Fee R/NR
12/22-12/23	M-Tu	9:00am-12:00pm	\$109/\$136

📍 Recreation Center, WS



New Years Eve Party

Instructor: Kidscreate Studio

Mom, you deserve a break from your crazy holiday schedule! Send your young artist to class to make all they will need for a fabulous New Year's Eve celebration. We will create noisemakers, party poppers, and New Year's Eve hats. What a fun way to ring in the New Year! Please pack a nut free snack and drink for your child. **Age: 4-9**

Date	Day	Time	Fee R/NR
12/31	W	9:00am-12:00pm	\$48/\$60

📍 Recreation Center, WS



WORK HARD.

PLAY HARD.

HAVE FUN.



📍 Recreation Center, 1501 Barnsdale Road, LP

Nerf Warz

REGISTER

Instructor: Staff

Participants will battle in our Nerf Battleground, consisting of obstacles and barriers for a fun, safe activity that involves strategy and physical fitness. Please bring one dart gun and we will supply the Nerf N-Strike foam darts and eye protection for all participants. Battle modes consist of capture the flag, elimination, zombies, and many more!

Date	Ages	Day	Time	R/NR
10/13	5-8	M	4:00-5:00pm	\$10/\$15
	8-12		5:00-6:00pm	\$10/\$15

COMING SOON!

1/16	5-8	F	4:00-5:00pm	\$10/\$15
	8-12		5:00-6:00pm	\$10/\$15
2/16	5-8	M	4:00-5:00pm	\$10/\$15
	8-12		5:00-6:00pm	\$10/\$15
4/6	5-8	M	4:00-5:00pm	\$10/\$15
	8-12		5:00-6:00pm	\$10/\$15



Kids Karate Club

REGISTER

Instructor: Sensei Eric and Sensei Marie

Kids Karate Club is a high energy, progressive, motivational martial arts program developed specifically for kids to have fun while learning. Students will learn stances, strikes, blocks, kicks and sparring techniques all while building confidence. They will learn about strangers and how to combine the techniques they learn to protect themselves. This program targets many building blocks for children today; respect, self-esteem, leadership, and making good choices. **This is a year-round progressive martial arts program with belt progression through Black Belt.**

This program comes with the "Never Miss a Class Guarantee." If a student misses a class (i.e. schedule conflict, sick, etc) or the center closes for any reason, the missed classes will be available with pre-recorded, instructor led classes by belt level.

Kids Karate Club uniforms are required and are available at www.KidsKarate.com or from the instructor at class (needed by the second week of class). Parents may participate with their children at no cost other than purchasing a parent helper karate club uniform. Please bring a water bottle to class.

For more info visit: www.KidsKarate.com. **Age: 4-14**

Date	Day	Time	R/NR	Level
10/25-12/13	Sa	9:00-9:45am	\$78/\$88	Beginner
10/25-12/13	Sa	9:50-10:35am	\$78/\$88	Advanced

Testing/ Date: 12/20

Skip: 11/29, Double Class: 11/22

📍 Recreation Center, 1501 Barnsdale Road, LP



Little Lyons Soccer Camp

[REGISTER](#)

Instructor: Little Lyons Soccer Club

Little Lyons is a fun, recreational, soccer experience for boys and girls ages 3-8 years old. Little Lyons takes aim at developing each child's cognitive, motor, and social abilities through dynamic, fun, and engaging soccer activities. Participants will learn proper technical skills from our team of enthusiastic coaches. Each child will feel encouraged and comfortable during every session as they experience new activities week to week. Each player must bring a soccer ball and a water bottle to class.

Age: 3-8

Date	Day	Time	R/NR
9/13-10/18	Sa	12:15-1:00pm	\$70/\$80
9/13-10/18	Sa	1:00-2:00pm	\$70/\$80

📍 **Memorial Park, Baseball Outfield, LP**

11/1-12/13	Sa	12:15-1:00pm	\$70/\$80
11/1-12/13	Sa	1:00-2:00pm	\$70/\$80

Skip: 11/29

📍 **Park Jr High, 325 N. Park Ave, LP**



Beginner Horseback Riding

[REGISTER](#)

Instructor: New Traditions Riding Academy, LLC

You will learn to master the walk, sitting and posting trot, steering basic maneuvers such as circles and reverses, standing up in the stirrups at the walk, walk without the stirrup irons, halt, reverse both on the wall and through the center of the ring, mount and dismount correctly, switch whip correctly, basic, grooming skills and attend a youth group meeting. The facility is indoors, there is no cancellations for inclement weather. All participants will be asked to rent a helmet (\$2/lesson) or purchase one for themselves onsite. **Age: 7 and older**

Date	Day	Time	Fee R/NR
9/13-10/11	Sa	2:30-3:30pm	\$265/\$275

📍 **New Traditions Riding Academy, 101000 S Kean Ave, Palos Hills, IL**



Parent-Tot Tumbling**REGISTER**

Instructor: M. Dawson

Toddlers can develop body awareness, balance, flexibility, and coordination while having fun doing gymnastics. Parents assist with skills in a safe and caring environment. Please bring a water bottle to class.

Age: 2-3 with parent or guardian

Date	Day	Time	R/NR
9/7-10/19	Su	9:45-10:15am	\$62/\$72
Skip: 10/12			
10/26-12/14	Su	9:45-10:15am	\$62/\$72
Skip: 11/23, 11/30			

📍 Recreation Center, 1501 Barnsdale Road, LP

Pre-Tumbling**REGISTER**

Instructor: M. Dawson

Start out learning the proper way to perform rolls, handstands, and cartwheels. This class is a great introduction to tumbling, and it opens the door to gymnastics possibilities. Please bring a water bottle to class. **Age: 4-6**

Date	Day	Time	R/NR
9/7-10/19	Su	9:00-9:45am	\$62/\$72
Skip: 10/12			
10/26-12/14	Su	9:00-9:45am	\$62/\$72
Skip: 11/23, 11/30			

📍 Recreation Center, 1501 Barnsdale Road, LP

Gymnastics 101

Instructor: SportsKids

REGISTER

This class is perfect for kids who are full of energy and ready to be introduced to the basics of soccer and t-ball. Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this non-competitive environment. About half of the time will be dedicated to each sport. Parent participation is encouraged but not required.

Age: 4-6

Date	Day	Time	Fee R/NR
9/4-10/16	Th	6:30-7:30pm	\$131/\$170
9/8-10/20	M	6:30-7:30pm	\$131/\$170
10/23-12/11	Th	6:30-7:30pm	\$131/\$170
Skip: 11/27			
10/27-12/15	M	6:30-7:30pm	\$131/\$170
Skip: 11/24			

📍 LG Recreation Center

Gymnastics 102

Instructor: SportsKids

REGISTER

This class is an advancement from Gymnastics 101 with more technique. Prerequisite for this class is to perform a successful cartwheel, swing and supports on the bars, and squat on the vault. **Age: 5-7**

Date	Day	Time	Fee R/NR
9/4-10/16	Th	6:30-7:30pm	\$131/\$170
9/8-10/20	M	6:30-7:30pm	\$131/\$170
10/23-12/11	Th	6:30-7:30pm	\$131/\$170
Skip: 11/27			
10/27-12/15	M	6:30-7:30pm	\$131/\$170
Skip: 11/24			

📍 LG Recreation Center

Parent/Tot Soccer & T-Ball

Instructor: Sports R Us

REGISTER

This class is perfect for kids who are full of energy and ready to be introduced to the basics of soccer and t-ball. Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this non-competitive environment. About half of the time will be dedicated to each sport. Parent participation is encouraged but not required. **Age: 3-4**

Date	Day	Time	Fee R/NR
9/15-10/13	M	4:00-4:45pm	\$52/\$62

📍 Memorial Park, LP

Lil Pint T-Ball

Instructor: Sports R Us

REGISTER

Join us for our skill enhancing, non-competitive class for all skill levels. We will practice throwing, catching, base running and batting of the tee. Our goal is for each child to have fun, experience success and understand the fundamentals of baseball. **Age: 5-6**

Date	Day	Time	Fee R/NR
9/15-10/13	M	5:00-5:45pm	\$52/\$62

📍 Memorial Park, LP

Parent & Me Fun with Football

Instructor: SportsKids

REGISTER

Enjoy nerf football with your son or daughter. You, along with our accomplished coaches, will help the little athlete learn the proper form and technique of catching, throwing, center skills, hands-off, kick-offs and more in our fun and friendly setting. **Age: 3-5, with adult**

Date	Day	Time	Fee R/NR
9/4-10/16	Th	5:45-6:30pm	\$74/\$84

📍 Memorial Park, LP

T-Ball Skills & Games

Instructor: SportsKids

REGISTER

Boys and girls - enjoy America's favorite pastime in this class. Participants will learn the fundamentals used in baseball such as running the bases, throwing, catching, and fielding as well as the skills to hit the ball off a tee and maybe live pitching. Exciting drills and games will help children learn about teamwork and good sportsmanship in an atmosphere where participation and fun are top priority. Bring mitt. **Age: 4-6**

Date	Day	Time	Fee R/NR
9/5-10/17	F	4:15-5:00pm	\$74/\$84

📍 Memorial Park, LP

Soccer Training Camp

[REGISTER](#)

Instructor: Sports R Us

Join us for a non-competitive, skill development program. We will go over the basic skills of dribbling, passing, shooting, goaltending, and positions. There will be weekly progress on the technical aspects of the game. Our speed and agility training session is built to make our participants faster, stronger, and more agile athletes. **Age: 7-9**

Date	Day	Time	Fee R/NR
9/15-10/13	M	6:00-7:00pm	\$55/\$65

📍 Memorial Park, LP

Junior Flag Football

[REGISTER](#)

 new

Instructor: SportsKids

Are you ready for some football? Children in this no-contact class learn skills including throwing, hiking, offense/defense and flag pulling. Controlled scrimmages are played once the basic skills have been taught. Pee Wee-sized footballs will be used. Please bring a labeled water bottle. **Age: 6-8**

Date	Day	Time	Fee R/NR
9/4-10/16	Th	4:00-4:45pm	\$74/\$84

📍 Memorial Park, LP

Youth Archery

[REGISTER](#)

Instructor: SportsKids

Archery participants will learn the parts of an arrow and recurve bow, the basics of using a reserve bow, and fundamental shooting skills in an extremely safe environment. They also will learn excellent, nationally recognized beginner's 9-step to the 10 ring progressio. Blunt tipped arrows, bows, and targets are provided. **Age: 7-14**

Date	Age	Day	Time	Fee R/NR
9/3-10/15	7-10	W	4:00-4:45pm	\$74/\$84
9/3-10/15	11-14	W	4:45-5:30pm	\$74/\$84

📍 Beach Oak Park, LP

Family Archery

[REGISTER](#)

Instructor: SportsKids

You and your family members will meet new friends while learning the parts of an arrow and recurve bow, the basics of using a bow and the fundamental shooting skills in an extremely safe environment. You will learn excellent, nationally recognized beginner's 9-step to the 10 ring progressio. Blunt tipped arrows, bows, and targets are provided. **Age: 6 + with adult**

Date	Age	Day	Time	Fee R/NR
9/3-10/15	7-10	W	5:30-6:15pm	\$74/\$84

📍 Beach Oak Park, LP



Stay up to date!

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Parent & Me Tennis**REGISTER**

Instructor: SportsKids

You and your youngster can experience the sport of a lifetime together. We will teach you how to interact with your child on the court and how to keep things fun while your child learns the basics of tennis. Equipment will be provided and age appropriate.

Age: 3, with adult

Date	Day	Time	Fee R/NR
9/6-10/18	Sa	9:00-9:30am	\$49/\$59

📍 **Memorial Park, LP****Pee Wee Tennis****REGISTER**

Instructor: SportsKids

Your child will learn proper grip, basic strokes, and other beginning tennis fundamentals through lots of fun drills and tennis-like games. This class also will help children to develop hand-eye coordination, movement skills, and get a feel for the ball. Equipment will be provided and age appropriate. Boys and girls will have a blast and gain the proper foundation on which they may continue to build and develop their interest in tennis. **Age: 4-6**

Date	Day	Time	Fee R/NR
9/6-10/18	Sa	9:30-10:15am	\$74/\$84

📍 **Memorial Park, LP****Junior Tennis****REGISTER**

Instructor: SportsKids

Youngsters enrolled in this class will learn the basic strokes, serve, volleys, and rules of the game. Racket face control, ball bounce judgment, receiving skills, space management, rallying skills, and court movement will be emphasized. Kids will develop the agility and coordination needed for effective tennis play. Situational drills and games will help them to establish a solid foundation for future development in the sport and build a lifelong love of tennis. Please bring a labeled water bottle..

Age: 7-9

Date	Day	Time	Fee R/NR
9/6-10/18	Sa	10:15-11:15am	\$98/\$108

📍 **Memorial Park, LP****Youth Tennis****REGISTER**

Instructor: SportsKids

Young players concentrate on stroke development, rallying skills, and learning to play matches at a faster pace. Ball receiving and placement, court movement, and overall tennis strategy will be emphasized. Players will focus on their power and accuracy to improve their performance. Through challenging and exciting drills and matches, youngsters will develop the racket skills, coordination, agility, and stamina needed for recreational and competitive tennis play. **Age: 10-12**

Date	Day	Time	Fee R/NR
9/6-10/18	Sa	11:15am-12:15pm	\$98/\$108

📍 **Memorial Park, LP**



save the date

Spring Break Camp

March 31 – April 4





Stay up to date!

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The Park District is excited to welcome the newest addition to our fleet... a 14-passenger van! This will enable us to take our active adults on more adventures throughout the year. Stop by the office with any suggestions for future trips!



Let's Go Places


[REGISTER](#)

Join Us for Fun-Filled Senior Trips!

Instructor: Staff

WE GOT A BUS! Let's enjoy some exciting day trips and outings designed especially for seniors! Each trip includes visits to local attractions, scenic spots, and group-friendly restaurants where you can relax and enjoy a delicious meal with friends. Whether it's a museum tour, live show, shopping stop, or seasonal event, these outings offer the perfect blend of entertainment, good food, and great company. **Transportation is included in the cost of the trip. Participants are responsible for bringing money to cover the cost of their meal and any personal purchases. Age: 50 and better**

Trip	Dates	Day	Time	Fee R/NR	Register by:
Freddy's Pizza	9/9	Tu	11:00am-1:15pm	\$15/\$20 (bring cash)	9/5
Pinecone Cottage	10/16	Th	10:30am-1:30pm	\$15/\$20	10/10
Cracker Barrel	11/13	Th	10:30am-2:30pm	\$15/\$20	11/7
Hemingway Tour	12/9	Tu	10:30am-2:00pm	\$15/\$20	12/5

📍 **Recreation Center, 1501 Barnsdale Road, LP**

Matinee Movie Club


[REGISTER](#)

We'll meet at the Recreation Center every 3rd Wednesday for a movie and light meal (Pizza, Sandwiches). Participants get to vote on the movie for the next month, which ranges from new releases to timeless classics. Please call our office at 708-354-4580 to place your name on the mailing list. **Age: 50 and better. Please register in advance to ensure the program runs. Any registration after the 'register by' day will not be guaranteed lunch.**

Dates	Day	Time	Fee	Register by:
9/17	W	12:00pm-2:30pm	\$10	9/12
10/15	W	12:00pm-2:30pm	\$10	10/10
11/19	W	12:00pm-2:30pm	\$10	11/14
12/17	W	12:00pm-2:30pm	\$10	12/12



easy, leisure stroll



moderate, more active

WALKING GUIDE



high activity, extensive walking

new

Bada Bingo Bites



REGISTER

Instructor: Staff

Get ready for an afternoon of fun, food and fantastic company! Come enjoy a lively game of bingo, complete with prizes, laughter and good cheer. Plus, we'll be serving up delicious bites to keep the energy high and the conversation flowing. Don't miss out—grab your lucky charm and bring your appetite! Additional bingo cards available for \$1. **Age 50 and better**

Dates	Day	Time	Fee R/NR	Register by:
9/8	M	12:00-2:00pm	\$15/\$20	9/1
10/6	M	12:00-2:00pm	\$15/\$20	9/29
11/10	M	12:00-2:00pm	\$15/\$20	11/3
12/5	F	12:00-2:00pm	\$15/\$20	11/26

📍 Recreation Center, 1501 Barnsdale Road, LP

The minimum number of registrants to run a program is 10. Please register early to ensure the programs run!

Senior Casino Getaway

A Jackpot of Fun Awaits

REGISTER

Instructor: Staff

Ready to roll the dice on an unforgettable adventure? Join us for a thrilling senior trip to the casino, where the lights are bright, the laughter is endless and luck is just a spin away! Whether you're a card shark, a slot machine enthusiast or simply looking for a lively day out with great company, this trip is your chance to enjoy games, gourmet dining and fantastic entertainment. Let's make some winning memories—because life is too short not to take a chance! Who's ready to hit the jackpot? **Age: 50 and better**

Dates	Day	Time	Fee R/NR	Register by:
10/30	Th	10:15am-3:00pm	\$25/\$30	10/16

📍 Recreation Center, 1501 Barnsdale Road, LP



Pinochle Club

Do you want to join fellow card players in a friendly game of Pinochle? Come to the Recreation Center and play a few hands of this very fun and social game. No Registration Required. **Age: 50 and better**

Dates	Day	Time
Ongoing	Th	12:00-2:00pm

📍 Recreation Center, 1501 Barnsdale Road, LP



new

Salt Creek Silver Trekkers

REGISTER

Step into nature, embrace adventure and rediscover the joy of the great outdoors! Our hiking group is designed for seniors who love fresh air, scenic trails and good company. Whether you're a seasoned hiker or just starting out, we tailor our hikes to different ability levels, ensuring everyone enjoys the beauty of nature at their own pace. Join us for invigorating walks, meaningful connections and the thrill of exploration. **Age: 50 and better**

Dates	Day	Time	Fee R/NR
9/5	F	9:30am-12:00pm	\$5/\$10
9/12	F	9:30am-12:00pm	\$5/\$10
9/19	F	9:30am-12:00pm	\$5/\$10
9/26	F	9:30am-12:00pm	\$5/\$10

📍 Recreation Center, 1501 Barnsdale Road, LP



DOG OBEDIENCE

Instructor: Barb Clish & Mary Keefe

Beginner Class

[REGISTER](#)

Is your dog becoming a little monster and driving you crazy? If you are tired of being kept up all night from constant barking, if your home furnishings and personal belongings are being chewed up, or just want to master basic commands, sign up for this class!

For beginners only: The first session is a mandatory two-hour orientation (without your dog) on Thursday, September 18 from 7:00–9:00pm

Dogs must be at least 4 months old. Handlers must be able to manage their dog in a group setting.

Date	Day	Time	Fee R/NR
9/18-11/13	Th	7:00-8:00pm	\$125/\$135

[REGISTER](#)

Intermediate Class

You must have completed the beginner course with our trainers Barb Clish/Mary Keefe or elsewhere. Your dog will need to hold a solid sit stay, down stay and come on recall. Our trainers have the right to evaluate your dog, to ensure they are placed in the proper training class.

Date	Day	Time	Fee R/NR
9/25-11/13	Th	8:00-9:00pm	\$125/\$135

"Dogs do speak, but only to those who know how to listen."

– Orhan Pamuk

Adult Horseback Riding

[REGISTER](#)

Instructor: New Traditions Riding Academy

Adults will learn to master the walk, sitting and posting trot, steering basic maneuvers such as circles and reverses, standing up in the stirrups at the walk, walk without the stirrup irons, halt, reverse both on the wall and through the center of the ring, mount and dismount correctly, switch whip correctly, basic, grooming skills and attend a group meeting. The facility is indoors, there is no cancellations for inclement weather. All participants will be asked to rent a helmet (\$2/lesson) or purchase one for themselves onsite. **Age: 18+**

Date	Date	Time	Fee R/NR
9/14-10/12	Su	12:00-1:00pm	\$265/\$275



Suncatcher Make & Take Class

[REGISTER](#)

Instructor: Katherine Granato Einhorn

Do you love how crystals catch the sun? Make your own suncatcher by choosing your colors. These are interesting pieces to put around your house (especially outside or in a window) or give as a gift. All materials will be provided, and no artistic ability is needed. Come create with us **Age: 16+**

Date	Date	Time	Fee R/NR
9/18	Th	6:00-8:00pm	\$39/\$49

📍 Grand Ave Community Center - WSCCA Rm



Pyrography Class

[REGISTER](#)

Instructor: Katherine Granato Einhorn

This class is for the wood burning beginner. Learn how to use a Pyrography pen and what the different tips are for. Also learn the different ways of creating an image onto wood. No artistic ability needed. You can purchase a Pyrography pen from a store or online and bring it with you OR, purchase a very basic Pyrography pen for the market price with the class (\$18 - advanced notice needed). **Age: 16+**

Date	Day	Time	Fee R/NR
11/10	M	6:00-8:00pm	\$26/\$33

📍 Grand Ave Community Center - WSCCA Rm



Holiday Shadow Box Make & Take Class

[REGISTER](#)

Instructor: Katherine Granato Einhorn

Wondering how to make a piece 3-D? Make your own holiday shadow box by choosing your colors cut outs, and style. These are interesting pieces to put around your house or give as a gift. All materials will be provided, and no artistic ability is needed. Come create with us! **Age: 16+**

Date	Day	Time	Fee R/NR
12/2	Tu	6:00-8:00pm	\$23/\$29

📍 Grand Ave Community Center - WSCCA Rm

Pickleball Private & Semi-Private Lessons**REGISTER**

Instructor: Certified USA Pickleball Coaches

Are you looking for a one on one experience? Taught by experienced instructors, this course will cover the exact facets of the game that matter to you. Interested participants will sign up through the park district and be assigned a time for their lesson, based on the participant's schedule. Equipment can be provided or you can bring your own. Private/Semi-Private lessons are limited to 3 total attendees. Every attempt will be made to make up classes cancelled due to weather. Please bring a water bottle to class. **Age: 18 and older**

Date	Day	Time	Fee R/NR
9/1-11/15	All	9:00am-3:00pm	\$50 per hour of instruction

Pickleball Beginner**REGISTER**

Instructor: Certified USA Pickleball coaches

If you've never played Pickleball before, this is designed especially for you! Taught by experienced instructors, this course will cover the basics of Pickleball rules, terminology, primary skills, coordination, beginner court time, and more. These sessions help develop technique and strategy for social play. Every attempt will be made to make up classes cancelled due to weather. Please bring a water bottle to class. **Age: 18 and older**

Date	Day	Time	Fee R/NR
9/8-9/22	M	8:30-10:00am	\$68/\$78
9/8-9/22	M	6:00-7:30pm	\$68/\$78
9/8-9/22	M	7:30-9:00pm	\$68/\$78

**Pickleball Advanced Beginner****REGISTER**

Instructor: Certified USA Pickleball Coaches

If you have taken the beginner pickleball class and want to continue to improve your game, learn new skills and develop your playing strategy, this class is for you! Some of the intermediate skills covered in this class include comfort zone, dinks, footwork for dinks, push it forward, keep it low, third shot drop, lobs, over-heads, court positioning, and playing with a partner. Every attempt will be made to make up classes cancelled due to weather. Please bring a water bottle to class. **Age: 18 and older**

Date	Day	Time	Fee R/NR
9/2-9/16	Tu	8:30-10:00am	\$68/\$78



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Adult Beginner Pickleball League [REGISTER](#)

Players must know the basics of play and how to keep score. Each season will consist of 6 games, followed by a playoff tournament. Games consist of (3) matches to 11. Games are self officiated. Players will register as a team of 2, but must pay and sign up for the league individually. All games are doubles format. Registration deadline is a week before the start of the season. League prizes will be awarded to the top 4 teams at the end of the season.

Captains' information will go out one week ahead of the season start date. Age: 18 and older

Note: Start and end dates are weather dependent.

Dates	Day	Time	Fee R/NR	Register by:
starting 10/7	Tu	6:00-9:00pm	\$55/\$65	9/24

📍 Memorial Park Pickleball Courts

Adult Intermediate Pickleball League [REGISTER](#)

Players must know more than the basics of play and how to keep score. Each season will consist of 6 games, followed by a playoff tournament. Games consist of (3) matches to 11. Games are self officiated. Players will register as a team of 2, but must pay and sign up for the league individually. All games are doubles format. Registration deadline is a week before the start of the season. League prizes will be awarded to the top 4 teams at the end of the season.

Captains' information will go out one week ahead of the season start date. Age: 18 and older

Note: Start and end dates are weather dependent.

Dates	Day	Time	Fee R/NR	Register by:
starting 10/9	Th	6:00-9:00pm	\$55/\$65	9/26

📍 Memorial Park Pickleball Courts

Competitive Pickleball League [REGISTER](#)

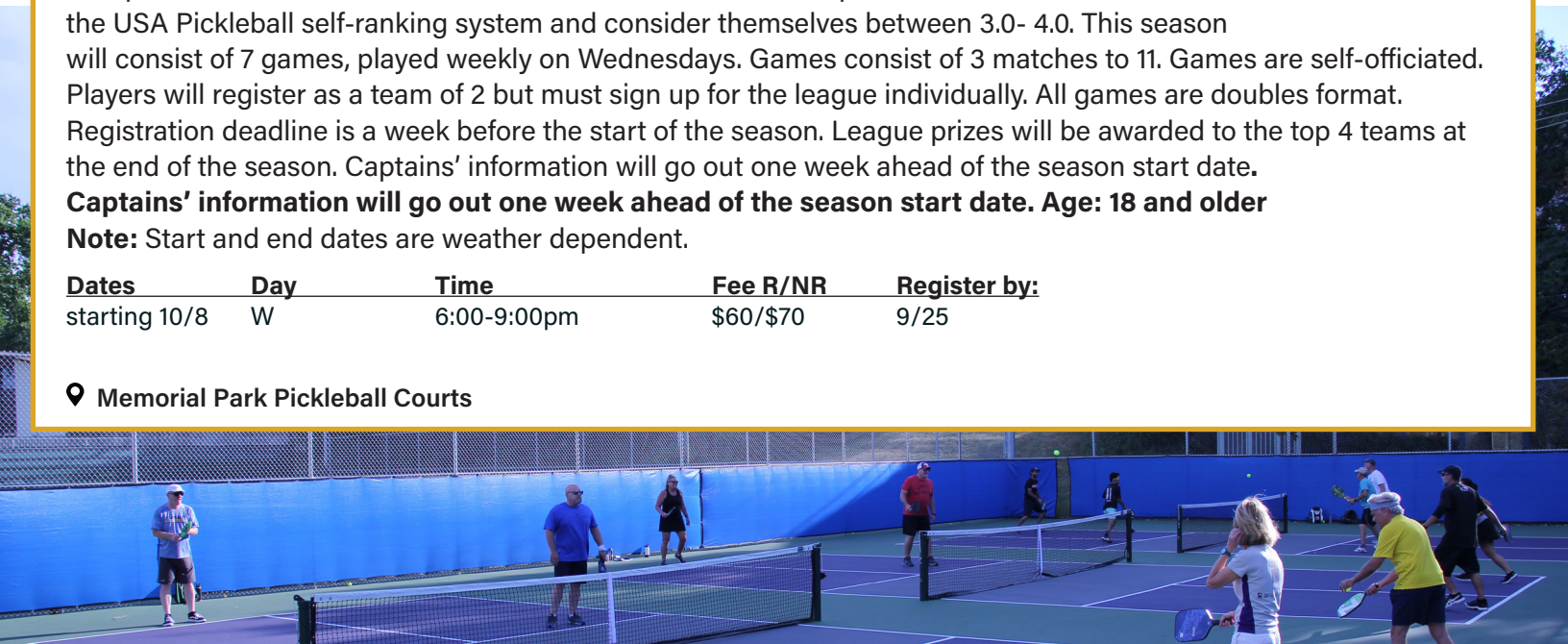
Competition in town has raised the bar and so have we! Participants should be familiar with the USA Pickleball self-ranking system and consider themselves between 3.0- 4.0. This season will consist of 7 games, played weekly on Wednesdays. Games consist of 3 matches to 11. Games are self-officiated. Players will register as a team of 2 but must sign up for the league individually. All games are doubles format. Registration deadline is a week before the start of the season. League prizes will be awarded to the top 4 teams at the end of the season. Captains' information will go out one week ahead of the season start date.

Captains' information will go out one week ahead of the season start date. Age: 18 and older

Note: Start and end dates are weather dependent.

Dates	Day	Time	Fee R/NR	Register by:
starting 10/8	W	6:00-9:00pm	\$60/\$70	9/25

📍 Memorial Park Pickleball Courts



Indoor Pickleball League [REGISTER](#)

Players must know more than the basics of play and how to keep score. Each season will consist of 6 games, followed by a single-elimination tournament. Games consist of (3) matches to 11. Games are self-officiated. Players will register as a team of 2, but must sign up for the league individually. All games are doubles format. The registration deadline is a week before the start of the season. Awards will be given to the top 4 teams in the league.

Note: Captain's information will go out 1 week ahead of the season start date. **Age: 18 and older**

Date	Day	Time	Fee R/NR	Register by
TBD				

Women's Volleyball League [REGISTER](#)

Players must know the basics - how to play and keep score. This volleyball league features teams of 12 players registered as one team and will face off in a 10 game season plus single elimination tournament. All games will have a patched official. Registration deadline is a week before the start of the season. Awards will be given to the league champion.

Note: A captain's meeting will be scheduled in October on Zoom. Zoom link will be sent out that morning. **Age: 18 and older**

Date	Day	Time	Fee R/NR	Register by
TBD				





Basic Yoga

[REGISTER](#)

Instructor: T. Mikuls

Yoga in the evening will produce a more restful night's sleep. Yoga brings tranquility, balance and strength to your life. We'll focus on meditation, breathing exercises, alignment, and basic yoga poses. Awaken your inner spirit with yoga philosophy and challenge your body to stretch. This class is suitable for all experience levels. Dress for comfort. Bring a yoga mat, towel, and water bottle. **Age: 16 and older**

Dates	Day	Time	Fee R/NR
8/20-9/24	W	6:30-7:30pm	\$52/\$62
10/1-11/5	W	6:30-7:30pm	\$52/\$62
11/12-1/7	W	6:30-7:30pm	\$52/\$62

Skip: 11/26, 12/24, 12/31

📍 Recreation Center, 1501 Barnsdale, LP

Yoga Fitness

[REGISTER](#)

Instructor: T. Mikuls

Experience this slow flow yoga fitness class. The instructor leads you through a balanced approach to a toned and strong body. The class will begin with simple breathing exercises to release the thoughts and calm the mind. A warm-up of stretches will be followed by a slow stepping through yoga poses. We will work at the wall on balancing. Some Pilates and fitness balls, blocks, and straps will be used to strengthen both small and large muscles. Dress for comfort; bring a sturdy mat, and a water bottle.

Age: 16 and older

Dates	Day	Time	Fee R/NR
8/21-9/25	Th	8:30-9:30am	\$52/\$62
10/2-11/6	Th	8:30-9:30am	\$52/\$62
11/13-1/8	Th	8:30-9:30am	\$52/\$62

Skip: 11/27, 12/25, 1/1

📍 Recreation Center, 1501 Barnsdale, LP



Stay up to date!

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Pilates**REGISTER**

Instructor: M. Dawson

The Pilates method of body conditioning promotes physical harmony while providing a refreshing and energizing workout. The program focuses on the core postural muscles such as the abdomen, lower back, and hips, which help keep the body balanced and are essential to providing support for the spine. Please bring a mat & water bottle to class. **Age: 16 and older**

Dates	Day	Time	Fee R/NR
9/5-10/10	F	8:20-9:05am	\$62/\$72
10/17-11/21	F	8:20-9:05am	\$62/\$72

📍 Recreation Center, 1501 Barnsdale, LP

Adult Tap Workout**REGISTER**

Instructor: M. Dawson

Tap is an upbeat dance form that is a great way to exercise your mind and body, so come along and join the fun! Class includes warm-ups, basic step, and traveling combinations. Tap shoes are required. Please bring a water bottle to class.

Age: 16 and older

Dates	Day	Time	Fee R/NR
10/10-12/12	F	7:00-7:45pm	\$62/\$72

Skip: 10/17, 10/31, 11/21, 11/28

📍 Recreation Center, 1501 Barnsdale, LP

Adult Ballet**REGISTER**

Instructor: M. Dawson

Reconnect with your grace and flexibility! This class is perfect for those who haven't danced in years or brand-new beginners. Learn proper ballet technique while improving muscle tone, balance, and memory. Ballet shoes are recommended, but not required. Please bring a water bottle to class. **Age: 16 and older**

Dates	Day	Time	Fee R/NR
10/10-12/12	F	7:45-8:30pm	\$62/\$72

Skip: 10/17, 10/31, 11/21, 11/28

📍 Recreation Center, 1501 Barnsdale, LP

Strength Training with Abs**REGISTER**

Instructor: M. Dawson

This strength training class is designed to increase your metabolism and help with muscle endurance by lifting weights. This intense but easy-to-follow workout will give you a total body workout. This class is great for burning fat and will have you feeling stronger by the end of the session. Please bring a mat & water bottle to class. **Age: 16 and older**

Dates	Day	Time	Fee R/NR
9/7-10/19	Su	8:15-8:50am	\$62/\$72
10/26-12/14	Su	8:15-8:50am	\$62/\$72

Skip: 11/23, 11/30

📍 Recreation Center, 1501 Barnsdale, LP



VETERANS

MEMORIAL



The Veterans Memorial was dedicated on September 20, 2014. Our Memorial is unlike many memorials in that it will continue to grow each year as memorial bricks are purchased and placed in the Memorial Plaza. The Community Park District of LaGrange Park's Veterans Memorial was built to honor ALL active duty and military veterans whether they served in times of conflict or times of peace. We feel that it is important to recognize all men and women who have served or are now serving because they never knew what tomorrow would bring as they protected America. There is no better way to honor your favorite active duty or military veteran than by placing a brick in his or her honor in our Plaza.

Memorial bricks can be purchased by submitting an order form found on the following page. You can also visit our website and download the form. If you have any questions you can call the park district office at 708-354-4580 and speak with Susan Zander.

In response to community requests, donors who have purchased a memorial brick for the plaza will have the opportunity to buy a replica brick that can be given as a gift or kept for their own special memorial. Special prices for replica bricks are as follows: 4x8 Bricks are \$60.00 and 8x8 Bricks are \$75.00. Brick orders are placed once during the year, with January 31st as the deadline for all orders. A replica brick form can be found on our website at communityparkdistrict.org.





VETERANS MEMORIAL FUND DONATION AND BRICK ORDER FORM

Donor's Name: _____ Phone # _____

Address: _____

Email Address: _____

Donation Amount (Check One) ☐ \$100 ☐ \$200 ☐ \$500 ☐ Other

Paid by (Check One) ☐ Check # _____ ☐ Visa ☐ Master Card

Check Payable To: Community Park District

(For security, we will phone you for credit card info.)

Any donation over \$500 will have On Site
Recognition & Two 8x8 Bricks

\$ 200 One 8" x 8" or Two 4" x 8" Bricks
\$ 100 One 4" x 8" Brick

Any donation is greatly appreciated. Donations of \$100 or more are invited to order an engraved paver brick(s) to honor the contributions of a family member or friend. All inscriptions are in capital letters and centered for uniformity and readability. **Please use the correct grid below to provide your engraving instructions.**

Please use this form if ordering a 4"x8" brick

Please use this form if ordering an 8"x8" brick

NEW: Replica Brick(s) A Replica Brick may be added to your order. A 4x8 Brick will be \$60.00 and an 8x8 Brick will be \$75.00 You can also-make arrangements to have your brick shipped to an alternate address. See Park District Staff for additional shipping and handling charges.

Replica Amount: _____ Shipping & Handling _____

PLEASE RETURN TO:
Community Park District of La Grange Park
Veterans Memorial Brick Order
1501 Barnsdale Road
La Grange Park, IL 60526
or: Fax: 708-354-4577
or: szander@communityparkdistrict.org

Registration Form

Insert this form, along with your check or money order payable to the Community Park District and drop off or mail to the Community Park District, 1501 Barnsdale Road, LaGrange Park, IL 60526. To pay by cash or credit card, visit the front desk during normal business hours. Credit cards are also accepted for most programs through on-line registration at www.communityparkdistrict.org.

PRIMARY CONTACT		EMAIL ADDRESS	
ADDRESS		CITY	ZIP
1ST NUMBER TO CALL CIRCLE: <input type="radio"/> CELL <input type="radio"/> HOME <input type="radio"/> WORK	2ND NUMBER TO CALL CIRCLE: <input type="radio"/> CELL <input type="radio"/> HOME <input type="radio"/> WORK	3RD NUMBER TO CALL CIRCLE: <input type="radio"/> CELL <input type="radio"/> HOME <input type="radio"/> WORK	
WOULD YOU LIKE TO RECEIVE TEXT ALERTS? <input type="radio"/> YES <input type="radio"/> NO IF YES, WHO IS YOUR CARRIER?			

Community Park District desires to meet the leisure needs of all our residents. We will do our best to accommodate requests.

1. Do you or a family member require special assistance? ☐ Yes ☐ No If Yes, please contact the office at 708-354-4580.

2. Are there any allergies the CPD needs to be aware of that would affect participation in class? ☐ Yes ☐ No

If Yes, please state allergies in writing and attach to the registration form.

PARTICIPANTS NAME	SEX	DATE OF BIRTH	AGE	PROGRAM NAME	SESSION (IF APPLICABLE)	FEE

PHOTO INFORMATION

On occasion, the park district staff or local newspaper photographers may take pictures of participants in our programs, classes or events. Please be aware that these pictures are only for Park District use, most likely in future catalogues, brochures, pamphlets, flyers, or for publication in a local newspaper including Facebook.

IMPORTANT INFORMATION

The Community Park District is committed to conducting its recreation program and activities in a safe manner and holds the safety of participants in high regard. The Community Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen.

Depending on the particular activity, participant must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to outdoor and indoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Community Park District to guarantee absolute safety.

Total Due _____

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the risk of any and all injuries, damages or loss regardless of severity, that my child/ward or I sustain as a result of said participation. I further agree to waive and relinquish all claims I or my child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Community Park District, including its officials, agents, volunteers, and the employees (herein collectively referred as Community Park District of LaGrange Park).

I do hereby fully release and forever discharge the Community Park District from any and all claims for injuries, damages, or loss that minor child/ward or I may have or which may accrue to my child/ward or me and arising out or connected with, or in any way associated with this program/activity. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims.

Signature _____

(If under 18 years of age, this form must be signed by a parent or guardian)

Date _____

Receipt # (For office use)

CODE OF CONDUCT

To ensure an enjoyable and safe program for all participants, the Community Park District has developed a code of conduct. Participants and spectators must:

- ✓ Show respect to all participants and staff
- ✓ Refrain from using foul language
- ✓ Refrain from causing bodily harm
- ✓ Treat equipment, supplies and facilities with respect

Temporary removal or permanent suspension from the program and/or facility may result if behavioral standards are not maintained.

NOTE TO PARENT OR GUARDIAN

When present in the classroom with the assigned teacher, children are under the instructor's supervision. In all cases, it is understood that children eight years and older are responsible for their own behavior and whereabouts while they are at a program site. Parents should establish and discuss with their children both drop-off and pick-up arrangements, and guidelines relative to expectations of on-site conduct.

EMPLOYMENT OPPORTUNITIES

Stop by the Park District office and ask for an application. Available positions are based on programming needs. Please visit communityparkdistrict.org for more information.



ENRICHMENT CLASSES

This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschoolers, whether or not they attend Ready Teddy Preschool.

MEMORIAL PARK LIGHTED SIGN

Resident, non-profit groups may reserve a space on our lighted sign located on LaGrange Road and Woodlawn Avenue. You can download a lighted sign request form from our website at cpdlgp.org. If you need additional information, please call us at (708) 354-4580.

LIVING TREE MEMORIAL/BENCH MEMORIAL

A tree or park bench is offered through the Community Park District. If you would like to commemorate a date, person, event, or organization, you may have a tree planted or a park bench installed in one of our six beautiful parks. It is a thoughtful way to remember a loved one as well as beautify a park site. A nameplate honoring your loved one will also be placed on our "Tree of Life" Memorial Wall located in the Recreation Center. If you are interested or have any further questions, please contact us at 708-354-4580.

SAFETY FIRST!

Safety is of the utmost importance to us. Please report any safety hazards at any Park District property to the Park District office at 708-354-4580. In case of an immediate emergency and the Park District office is closed please call the La Grange Park Police at 708-352-2151 or dial 911.

NON-DISCRIMINATION

The Community Park District of La Grange Park is an Equal Opportunity Employer and does not discriminate based on race, color, national origin, sex, disability or age in the offering and administering any of its recreation programs, services, park areas, and facilities.

PETS IN THE PARKS POLICY

Animals - No person shall bring any animal in or upon any CPD property without first obtaining a permit from the CPD, unless enrolled in a park district sponsored dog training program. Service animals are excluded from this policy.

1. Dogs are strictly prohibited from all CPD events, except for special events where animals are part of the event with prior CPD approval; from all athletic fields, all tennis courts, all basketball courts; all playgrounds; and parks, except those designated as "Dog Friendly".
 2. CPD "Dog Friendly Parks" are defined as:
 - A. Memorial Park
 - B. Hanesworth Park
 - C. Robinhood Park
 - D. Stone Monroe Park
 3. No person owning or keeping a dog shall allow such dog to run freely in any park, including "Dog Friendly Parks."
 4. Dogs must be securely fastened and restrained by a leash not more than six feet in length at all times.
 5. Dog licenses and proof of vaccinations must be displayed on the dog's collar.
 6. No person owning or keeping a dog shall allow such dog to enter upon or remain upon any area of the park utilized as an athletic field, court, children's play area, or posted to prohibit dogs.
 7. Owners or keepers of dogs shall carry appropriate equipment to and shall immediately clean the dog's waste and deposit the waste in an appropriate waste receptacle.
 8. Aggressive or nuisance animals are prohibited from all parks.
 9. Dogs that exhibit aggressive behavior or nuisance barking, must be removed from the park immediately.
 10. Any person found in violation of this section shall be fined not less than \$50 or more than \$250
- Please notify us if you see violations of this policy by emailing jcanaday@communityparkdistrict.org.

RESIDENT POLICY

Non-resident enrollment into any Community Park District program is gladly accepted. Please make note of the following:

1. Non-residents will pay no more than \$10.00 additional for a program, or 50% of the program fee, whichever is the lesser amount (unless otherwise noted).
2. Non-resident registration begins one week after resident registration.
3. Residents on a waiting list are given priority when an enrollment becomes available.

Do not know if you are a Park District resident?

Any address within La Grange Park boundaries will have a 60526 zip code.

LA GRANGE PARK LITTLE LEAGUE

Contact Little League President Nicholas Michaels (nicholas.michaels@gmail.com) or visit their website at www.lgplittleleague.com.

AYSO

American Youth Soccer Organization parent hotline (708) 930-3034, or visit their website at www.ayso300.org

VILLAGE FIELD CLUB (VFC)

The Village Field Club is a private pool. E-mail them at general@villagefieldclub.com

THE GARDEN CLUB OF LA GRANGE PARK

Club meetings are held at 12:00 on the first Monday of each month from October through June at the LaGrange Park Village Hall. Please call Irene Deyoung at 708-531-1143 for membership information.

LA GRANGE AREA NEWCOMERS AND NEIGHBORS ASSOCIATION

Welcome to La Grange Park! If you are a new resident and would like some additional information about La Grange Park or surrounding communities, please visit their website at www.lgnewcomers.com.

SEASPAR

SPECIAL RECREATION ASSOCIATION

SEASPAR (the South East Association for Special Parks And Recreation) enriches lives through recreation by providing programs and services for individuals with disabilities served by the Community Park District of La Grange Park and twelve other communities.

📍 4500 BELMONT ROAD
DOWNERS GROVE, IL 60515

☎ 630.960.7600
FAX 630.960.7601

🌐 SEASPAR.ORG



Year-Round Recreational Programs

- Weekly Programs
- Special Events
- 2 Multi-Sensory Rooms
- EAGLES Adult Day Program
- Special Olympics Training
- Cooperative Programs
- Inclusion Services
- Adapted Sports

Follow our adventures through
Facebook, Instagram, YouTube, and Flickr!

