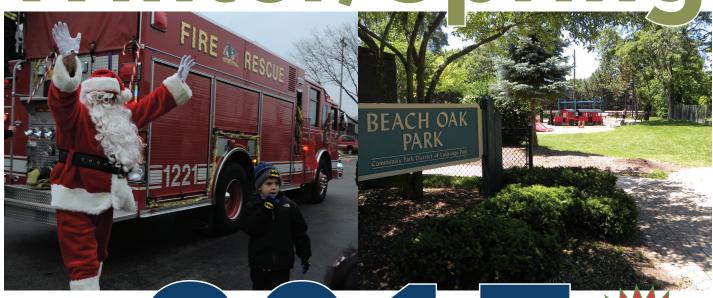




Winter/Spring



2017



Resident Registration Begins Friday, December 2nd at 8:30 am.







BOARD OF COMMISSIONERS



Board of Park Commissioners

Karen Bovd President Jeff Kilrea Vice President Tim Oaden Treasurer Lucy Stastny Secretary Robert Corte Commissioner

The Community Park District Board of Commissioners is comprised of five commissioners elected by Park District residents to serve unpaid, four-year terms. The Board governs, on behalf of residents, all activities of the Park District. Regular Park Board meetings are held on the second Monday of each month at the Recreation Center, 1501 Barnsdale Road, at 6:30 pm. Your attendance is both welcome and encouraged.

Staff

Aleks Briedis, CPRP **Executive Director** Martin Healy **Maintenance Supervisor** Dean Carrara, CPRP Superintendent of Recreation **Dave Romito Recreation Supervisor** Ashley Simoncelli **Recreation Supervisor** Peggy Ronovsky Office Manager Nancy Daum Assistant Office Manager **Brian Stuart** Maintenance Assistant **Building Maintenance Rov Rogers** Phil Mesi **Finance Consultant** Megan Jadron Safety Coordinator

Park District Office Location

Recreation Center 1501 Barnsdale Road La Grange Park, Il 60526

Phone: (708) 354-4580 Fax: (708) 354-4577

Website: communityparkdistrict.org

Park District Office Hours

Monday through Friday, 8:30 am - 5:00 pm Saturday Hours 9:00 - 12:00 pm

Park Locations

Memorial Park, 132 Oak Avenue Robinhood Park, 30th and Robinhood Lane Hanesworth Park, 26th and Barnsdale Road Beach-Oak Park, Beach and Oak Avenue William G. Yena Park, 29th and Harrison Avenue Stone-Monroe Park. Stone and Monroe Avenue

Program Locations

Recreation Center/Park District Office (LP)

1501 Barnsdale Road, La Grange Park

Hanesworth Park

1545 Barnsdale Road, La Grange Park

Memorial Park

La Grange Road at Woodlawn, La Grange Park

Park Junior High School

333 N. Park Road, La Grange Park Corner of Brainard and Ogden Avenues

Recreation Center, La Grange (LG)

536 East Avenue, La Grange

Western Springs Community Center

4211 Grand Avenue, Western Springs

Recreation Center, Western Springs (WS)

1500 Walker Street, Western Springs

Village Hall, La Grange Park

447 N. Catherine, La Granae Park

William G. Yena Park

29 th and Harrison Avenue, La Grange Park

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BOARD NEWS

La Grange Park lost an integral member of our community this fall. William G. Yena, who served on the Community Park District Park Board of Commissioners from 1997-2003, passed away on September 15, 2016.

Bill grew up in South Bend Indiana, and graduated from Western Michigan University with a BS in Education, and later, a Master's Degree in Administration. While in college, he was active in sports, wrote for the student newspaper, umpired, and worked for the Kalamazoo Park District. Bill began his career in Michigan, but moved to La Grange Park in 1956 when he was hired to work as a Physical Education and Industrial Arts teacher for grades 6-8 at Forest Road School. He went on to serve as assistant principal, coach, and athletic director at both Forest Road and Park Junior High. He received many awards in recognition of his efforts working with students including: Illinois Association for Health, Physical Education, and Recreation Quarter Century Award, 1982-83 Outstanding Coach of the Year from the Illinois Basketball Coaches Association, and the "POPS" Award from the Nazareth Baseball Program. He was beloved by many, many students.

That's only the beginning of Bill's contribution to our Village. In addition to his career in education he:

- Was the first manager of the Village Field Club
- Umpired for La Grange Park Little League, where he estimated he had umpired at least 2,000 baseball games in his lifetime
- Helped form the Citizens Committee for Recreation (precursor to the Park District)
- Was the first paid employee when he was named Director when the Recreation Department was created in 1971
- Was an early proponent of girls sports and started the Girl's Softball League

Bill retired from both the Park District and School District 102 in 1990, but continued to remain active in the community. In 1997 he was elected to the Park Board of Commissioners, serving as President from 2003 to 2007. He received a Resolution from the Illinois Association of Park Districts in 2008, to celebrate a lifetime of promoting recreational activities. In 1990, Northeast Park was re-named William G. Yena Park, in honor of Bill's dedication to the Park District.

I used to see Bill at the ball parks during Little League Games, where we would talk about baseball and the Park District. He encouraged me and fellow Commissioner Lucy Stastny to run for Park Board Commissioner. We were invited to attend Board meetings prior to the election so that we could observe the workings of the Board. Bill was always gracious and accommodating in sharing his wealth of knowledge and experience. He was always prepared and supportive of his fellow Board members, as well as the mission of the CPD.

After he retired from the Board, Bill became the unofficial photographer of various Park District events. His work is presently in the hallways of the Recreation Center. A talented wood worker, Bill gifted many staff and Board members with wooden trains he handcrafted to memorialize their work with the Park District.

Bill is survived by his wife, Jean, and his four children, Barb, Nancy, John and Larry. He was a loving Grandfather to five grandchildren and three great grandchildren.

Bill applied his energy and gifts toward making La Grange Park a better place to live. The many amenities and programs we enjoy within our Park District today are a result of Bill's vision, determination, and commitment to promoting quality recreational activities for all. Like so many, I was lucky to know him. Thank you, Bill.

Sincerely, Karen Boyd, Park Board President And Commissioners





	SPORT FIELDS SPORT COURTS							BUILDINGS						
Park Name	Baseball	Softball	Soccer	Basketball	Multi-Use Play Court	Volleyball	Tennis	Playground	Picnic Shelter	Fitness Trail	Parking Spaces	Sleding Hill	Toilets	
Beach/Oak .6 Acre				2	1			2	1				YES	
Hanesworth 5.0 Acre	2 Lighted							1 Lighted		.3 Miles	94		YES	Rec Center Concessions
Memorial 7.0 Acre	1		1	1 Lighted	1 Lighted	2 Lighted	2 Lighted	1	1	.4 Miles	30	1	YES	Activity Bldg Ampitheatre
Robinhood 3.0 Acre	1	1					2	1	1		18		YES	
Stone/Monroe 2.5 Acre	0	2	1	1			2	1	1		10		YES	
William G. Yena 5.0 Acre	2	0	1	3		1	2	2	2				YES	



Join the Village of La Grange Park and the Community Park District in celebrating the Village's 125th Anniversary in 2017.

Throughout the year, the Village along with our community partners, will be celebrating this momentous occasion and honoring the past, present and future of our community.

Specific events and initiatives will be announced in January 2017.

Save the Date for the Village's 125th Birthday Party!
Saturday, July 15, 2017
Memorial Park

REGISTRATION INFORMATION:

- 1. Resident Registration: Online and walk-in resident registration will begin on Friday, December 2, 2016 at 8:30 am. To register online, go to www.communityparkdistrict.org. For walk-in registration, visit the Park District office at 1501 Barnsdale Road during business hours. Residents may only register their own family members.
- 2. Non-Resident Registration: Online and walk-in registration for nonresidents begins on Friday, December 9, 2016 at 8:30 am. To register online, go to www.communityparkdistrict.org. For walk-in registration, visit the Park District office at 1501 Barnsdale Road during business hours.
- 3. First Come, First Served: All programs have a minimum and maximum enrollment and will be filled on a first come, first served basis.
- 4. Waiting Lists: If a class reaches its maximum, a waiting list will be maintained. First priority will be given to La Grange Park residents, regardless of their placement on the waiting lists.
- 5. Cancellations: All classes are subject to cancellation if they do not meet minimum enrollments a week before class starts, unless otherwise noted. A full refund will be given.
- 6. Refunds: A full refund will be issued if requested within five business days prior to the start of the class. A 20% administrative fee will be applied if request is received within four or fewer business days prior to the start of the first class. Prorated refunds may be issued, once a class starts, in cases of injury or serious illness. A physician's note may be required. No administrative fee will be applied for a medical release. The following exceptions apply: Ready Teddy Preschool tuition, sports leagues fees, and contractual programs such as tickets to entertainment and special events and trips.
- 7. Payment Methods: Payment methods accepted are: Visa, MasterCard, Discover, American Express, cash and check. Proper ID may be required.
- 8. Absolutely NO money or registrations will be accepted at any class site. All registrations much be processed either online or at the Park District offices during normal business hours.
- 9. Insufficient Funds Fee: In the event that a program is paid for by check, and that check is returned to the District stamped NSF, full payment will be required in cash or cashier's check before attendance in a class can continue. A fee will be added, up to \$25.00 for all NSF checks.
- 10. Proof of Residency: Proof of residency may be required to qualify for resident rates for program registration. A state ID and a utility bill are acceptable.
- 11. Co-op Programming: If the graphic symbol appears next to a program title, it is a coop program and resident rates will apply to all agencies indicated. Coop codes are LG-La Grange, WS-Western Springs, and BF-Brookfield.
- 12. Proof of Age: The Community Park District reserves the right to require proof of age for participants when age is a factor.

Non-Discrimination

The Community Park District of La Grange Park is an Equal Opportunity Employer and does not discriminate on the basis of race, color, national origin, sex, disability or age in the course of offering and administering any of its recreation programs, services, park areas, and facilities.

Disdaimer

The Community Park District of La Grange Park makes every effort to provide complete and accurate information about our programs contained within this brochure. If any error has occurred, the Park District has the right to revise, delete, or change any information it deems necessary.

Don't Be Disappointed

If you want to take a class, don't wait to register. Many programs fill up quickly, so please submit your registration in a timely manner.

Fee Assistance-Scholarship Fund

If you are aware of any La Grange Park resident who is being denied the right to participate in recreation programs due to financial hardship, please call the Park District Office at (708) 354-4580. Requests will be considered on an individual basis and should be made as soon as possible. Funds are limited and distributed on an equal basis.

Resident Policy

Non-resident enrollment into any Community Park District program is gladly accepted, however, please make note of the following:

- 1. Non-residents will pay no more than \$10.00 additional for a program, or 50% of the program fee, whichever is the lesser amount (unless otherwise noted)
- 2. Non-resident registration begins one week after resident registration.
- 3. Residents on a waiting list are given priority when an opening becomes available.

Do you know if you are a Park District resident? The easiest and most positive identification is found on your property tax bill. If the Community Park District is among those services listed, all members of that household are residents and will receive all associated benefits. Additionally, any address within La Grange Park boundaries will have a 60526 zip code.

Enrichment Classes



This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschoolers, whether or not they attend Ready Teddy Preschool.

Co-op: What Does It Mean?



In order to increase the variety of recreation programs, we have joined forces on some programs with neighboring recreation agencies. If the graphic symbol of a handshake appears after a program please pay special attention to the program location.



Note to Parent or Guardian

When present in the classroom with the assigned teacher, children are under the instructor's supervision. In all cases, it is understood that children eight years and older are responsible for their own behavior and whereabouts while they are at a program site. Parents should establish and discuss with their children both drop-off and pick-up arrangements, and guidelines relative to expectations of on-site conduct.

Code of Conduct

To ensure an enjoyable and safe program for all participants, the Community Park District has developed a behavioral code of conduct. Participants and spectators must:

- Show respect to all participants and staff
- Refrain from using foul language
- Refrain from causing bodily harm
- Treat equipment, supplies and facilities with respect

Temporary removal or permanent suspension from the program and/or facility may result if behavioral standards are not maintained.

Senior Friends

The Park District hosts a Senior Friends group, which meets once a month. A variety of activities are planned each month. Call 708.354.4580 and give us your email address. We will send you information about the next scheduled meeting. If you do not have an email address, simply leave us your name and address and we will mail you the information.

Volunteers

A big THANK YOU to the volunteers who help all of our special events run smoothly. We had our fourth annual "Thank You Volunteers" event in August and it was well attended. If you are interested in helping us at any special event please contact Superintendent of Recreation Dean Carrara at 708.354.4580.

Safety First!

Safety is of the utmost importance to us. Please report any safety hazards at any Park District property to the Park District office at 708.354.4580. In case of an immediate emergency and the Park District office is closed please call the La Grange Park Police at 708.352.2151, or dial 911.

Memorial Park Lighted Sign

Resident, non-profit groups may reserve a space on our lighted sign located on LaGrange Road and Woodlawn Avenue. You can download a lighted sign request form from our website at codlap.org. If you need additional information, please call us at 708.354.4580.

Living Tree Memorial/Bench Memorial

A tree or park bench is offered through the Community Park District. If you would like to commemorate a date, person, event, or organization, you may have a tree of your choice planted or a park bench installed in one of our six beautiful parks. It is a thoughtful way to remember a loved one as well as beautify a park site. A nameplate honoring your loved one will also be placed on our "Tree of Life" Memorial Wall located in the Recreation Center. The cost for a tree is \$400.00 and bench prices start at \$800.00. If you are interested or have any further questions, please contact Office Manager Peggy Ronovsky at 708.354.580 or email her at pronovsky@communityparkdistrict.org.

Employment Opportunities

Stop by the Park District office and ask for an application. Available positions are based on programming needs.

BOOM!

That's the sound our computer makes when we have to cancel a class because everyone waited until the last minute to sign up. If there are not enough registrants two days prior to the start of the program, "Boom" it will be cancelled.

If you see something you like, sign up early. It's the only way to ensure that a class will run

Pets in the Parks Policy

It is the policy of the Community Park District not to allow pets in our parks. Out of respect for the welfare and full enjoyment of other park patrons, we ask that you leave your pets at home when visiting the park.

La Grange Park Little League

Contact Little League President Jim Biskupic at 773.459.7213, or visit their web site at Iglittleleague.com.

AYSO

American Youth Soccer Organization parent hotline 708.930.3034, or visit their web site at www.ayso300.org

Village Field Club (VFC)

The Village Field Club is a private pool. E-mail them at villagefieldclub@yahoo.com

The Garden Clubs of La Grange Park

Club meetings are held at 12:00 on the first Monday of each month from October through June at the LaGrange Park Village Hall. Please call Liz Garske at 708.482.8027 for membership information.

La Grange Area Newcomers and Neighbors Association

Welcome to La Grange Park! If you are a new resident and would like some additional information about La Grange Park or surrounding communities, please contact Kym Iffert, President of the La Grange Area Newcomers and Neighbors Association, at 708.482.7347. You can visit their web site at www.lgnewcomers.com.

Greater La Grange Area Moms Club (GLAM)

This group welcomes working and at-home mothers in the La Grange Park area. This member-organized group holds activities during weekdays and in the evenings. They also lead several service projects throughout the year. For more information, please visit their website at: meetup.com/GLAM-Greater-La-Grange-Area-Moms-Club/.

Interfaith Community Partners

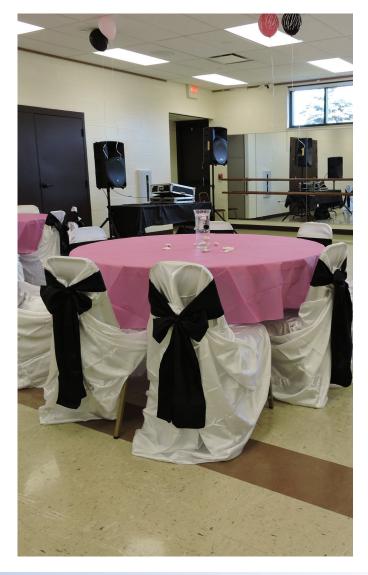
We're here for you! The Interfaith Community Partners, a network of trained volunteers from local churches help older adults in the community maintain their independence and remain connected to the community. They assist through home visits, transportation to medical appointments, grocery shopping, and phone calls for reassurance. If you or a friend could benefit from these services, or if you are able to volunteer to help, please call Interfaith Community Partners at 708.579.8929.

The La Grange Area Historical Society

The society devoted to the collection and dissemination of the history of the La Grange area. The Vail House Museum, located at 444 S. La Grange Road, La Grange is open each Wednesday from 9:30 to noon and the last Sunday of each month from 1:00 to 4:00 pm. You can also make an appointment by calling 708.482.4248 for research, tours, and school groups. Please watch their website at www.lagrangehistory.org, Facebook, and Twitter for information about the many special events they host throughout the year. Join today and experience the many benefits of membership including free admission to select programs and receive their quarterly newsletter.

Facility Rental

Basic resident room rental fees begin at \$65.00 per hour for groups of 80 or fewer, \$90.00 per hour for groups of 81 to 120 and \$100.00 per hour for groups of 121 to 200, with a minimum of two hours. Non-resident fees are slightly higher. Your fee includes the use of the room and kitchen plus the set up and take down of all tables and chairs. For additional information, rental brochure and fees please contact the Park District office at 708.354.4580 extension 231 and speak with rental coordinator Ashley Simoncelli. Additional fees will apply for additional services requested. Visit our website at communityparkdistrict.org and choose room rental sites.



Holiday in the Park Saturday, December 10

Recreation Center, 1501 Barnsdale Road, La Grange Park 12:00 - 3:00 pm

This annual event is free of charge and a holiday hit for the entire family. The La Grange Park Chamber of Commerce sponsors the day's events and your Community Park District as its host. Featured activities include a hayride, petting zoo, bonfire, holiday crafts, snacks and refreshments and, of course, pictures with Santa. The La Grange Park Chamber of Commerce can be reached at 708.354.4205 or by visiting www.lagrangeparkchamber.org.

Family Fun Night Friday, February 17

Come down to the Park District of La Grange for their 9th Annual Family Fun Night! There will be lots to do. There will be everything from dodgeball, basketball, hockey shot, crafts, 3-in-1 fun jump, playground fun and much more. All children must be accompanied by an adult.

AGE: All ages TIME: 6:00 - 8:00 pm FEE: \$5.00 per resident \$7.00 per non-resident LOCATION: Recreation Center, LG

Daddy Daughter Date Night Friday, February 24

Hear ye, hear ye! The Community Park District summons all Kings and their Princesses for a gala evening of fun. For one magical night, the Recreation Center will be transformed into a dreamy ballroom. Guests will enjoy pizza and other light refreshments as they dance the night away to music provided by a DJ. Don your finest attire, hope into your carriage, and join us for a memorable evening. Take home a photo and a small gift as a keepsake.

AGE: 3-8 years TIME: 6:30 - 8:30 pm

\$32.00 Non-resident \$42.00 FEE:

\$6.00 each additional airl

LOCATION: Recreation Center, LP



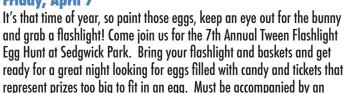


Easter Egg Hunt Saturday, April 1

11:00 am SHARP! Memorial Park

This free event is for children 8 years and younger. Kids, bring your baskets and get ready for fun. The Easter Bunny will be on hand at Memorial Park to hand out goodies before the fun of hunting for eggs beains. Children will be grouped by age. Hop on down and join us at 11:00 am sharp, rain or shine.

Tween Flashlight Egg Hunt Friday, April 7



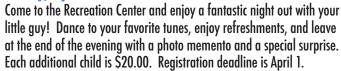
adult.

AGE: 9-14 years, with adult TIME: 8:00 - 8:30 pm

FEE: \$5.00 Non-resident \$7.00

LOCATION: Sedgwick Park, LG

Mommy/Son Dance Friday, April 7



AGE: 2 - 10 years TIME: 6:00 - 8:00 pm

FEE: \$47.00 per couple resident

\$57.00 per couple non-resident

LOCATION: Recreation Center, LG

Villa Olivia Teen Ski Trip Monday, January 16

Join us for an all-day Ski Trip. There is supervisory staff on the slopes and in the lodge to insure a safe, fun time for all. The Park District can only guarantee rentals to participants who register before the deadline. We will be taking the PDLG 15 passenger motor coach bus. Sign up with your friends early to ensure a spot. Motor coach bus will depart the Park District of La Grange, 536 East Avenue. **Registration deadline is**January 9th. Waivers must be completed and submitted to the Park District the day of the trip.

AGE: 10-14 years

TIME: Bus leaves La Grange Recreation Center, LG

At 8:45 am and will return at 3:00 pm

FEE: \$85.00 Non-resident \$95.00

Fee includes ski rental and lift ticket

A Day at the Museum Of Science and Industry Tuesday, April 11

Join us as we explore the Museum of Science and Industry. We will visit over twenty exhibits as well as participate in two guided tours. Discover the mining methods machinery through the years as we travel through a "working" coal mine in this 25 minute tour. The U-505 submarine has amazed museum guests since 1954, spanning a city block long and weighing three times the weight of the Statue of Liberty. In this 25 minute tour we will be able to explore a 1944 German Submarine as well. Lunch is on your own at one of two cafes located inside the Museum. **Registration deadline is March 28**.

AGE: Adult

TIME: Bus will depart the Recreation Center, LP

at 9:00 am and return at 4:00 pm

FEE: \$68.00 per person





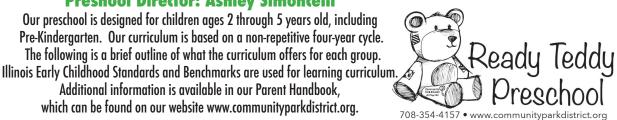
READY TEDDY PRESCHOOL

September 12, 2016 — May 19, 2017 **Preshool Director: Ashley Simoncelli**

Our preschool is designed for children ages 2 through 5 years old, including Pre-Kindergarten. Our curriculum is based on a non-repetitive four-year cycle. The following is a brief outline of what the curriculum offers for each group.

Additional information is available in our Parent Handbook,

which can be found on our website www.communityparkdistrict.org.



Teddy Toddlers, 2 Year Old Program

Tuition is paid per session Each Session is 13 weeks

\$144.00 Non-resident \$154.00

Fridays

8:45 - 10:15 am

10:30 - 12:00 pm

Winter/Spring Session

January 13 - April 21

(skip March 31 and April 14)

Here is the perfect opportunity to get your toddler acquainted with other children and take a small step into preschool. Socializing with others, music, and simple art projects will all be part of the fun. Children must be ready to stay in class without the assistance of a parent. Session is 13 weeks.

2 ½ Early 3 Year Old Program

Tuition is paid monthly based on a full school year

\$109.00 Non-resident \$119.00

Mondays/Wednesdays

8:45 - 10:45 am

11:00 - 1:00 pm

Tuesdays/Thursdays

8:45 - 10:45 am

11:00 - 1:00 pm

Additional classes start January, 2017

Tuesdays/Thursdays

8:45 - 10:45 am

11:00 - 1:00 pm

Learning centered on play! In the early years, socializing with others is important in getting ready for school. Social skills and self-esteem will be enhanced. Alphabet time, counting time, painting, music, and colors are all part of the learning fun.

3 Year Old Program

Tuition is paid monthly based on a full school year

\$113.00 Non-resident \$123.00

Mondays/Wednesdays/Fridays

8:30 - 10:30 am

10:45 - 12:45 pm

1:30 - 3:30 pm

This three-day-a-week class has been designed for children who are 3 years of age. Focus is on readiness skills through small and large group activities. Social, emotional and physical needs of this age group will be developed. Art projects, music, letters, numbers, colors, and daily gym are all incorporated.

Pre-Kindergarten Program

Tuition is paid monthly based on a full school year

4, 5 and Pre-Kindergarten Mondays/Tuesdays/Wednesdays/Thursdays

3-hour mornings

\$197.00 Non-resident \$207.00

8:30 - 11:30 am

2 ½ hour afternoons

\$181.00 Non-resident \$191.00

12:30 - 3:00 pm

Reading and math readiness skills are integrated into a program designed to stimulate learning and build self-confidence. Good work habits develop social and communication skills. Individual achievement is recognized and creativity encouraged. Art, music, drama and tablet centers are all included. Gym is daily. "BookIt" and "Lets Find Out" are integrated into the Pre-Kindergarten curriculum. Five and five-year plus children will be preparing for kindergarten.

Registration for Preschool

Registration for Preschool is open throughout the year, as long as there are spaces available in the class. Call the Park District office for availability. You may also make an appointment to see what is new and exciting at Ready Teddy Preschool. To schedule a tour or speak with the Preschool Director Ashley Simoncelli call 708.354.4157.

Fall 2017 Registration

Registration for School Year 2016-2017 requires a non-refundable registration fee of \$50.00.

Proof of residency is required for La Grange Park Residents. (ie: water, gas or electric bill)

All necessary paperwork can be picked up prior to registration at the Recreation Center.

Registration applications will be accepted as follows:

Current preschool class resident families will be on Monday, February 13 at 8:30 am.

All resident families will be on Tuesday, February 14 at 8:30 am. Current preschool class non-resident families will be on Thursday, February 16 at 8:30 am.

Registration is open to all on Friday, February 17 at 8:30 am.

Spring Open House and Science Fair

Wednesday, March 22, 2017 from 6:30 - 8:00 pm.

Enrichment Classes



Our selection of enrichment classes will provide a focus for special

interests. Additional fees vary. Class descriptions and times are detailed within this brochure. Children are supervised to and from classes. Select from the following to enrich and lengthen your preschooler's day: Cooking, Creative Arts, French, Spanish, Music, Sports, Mickey Math and Rocket Readers.

Flex

Before and after school care is an optional program which can be combined with our Ready Teddy Preschool Classes and is available between 10:45 and 5:00 pm. Students of Ready Teddy can register for the flex program. Information is available by calling the Ready Teddy Preschool hotline at 708.354.4157.





THE FOOTLIGHT PLAYERS OF LA GRANGE PARK PRESENT...



A musical for ages 7 through 17 years! The 9th production from "The Footlight Players" takes audiences to the streets of Victorian England, as Oliver, a malnourished orphan in a workhouse, becomes the neglected apprentice of an undertaker. Oliver escapes to London and finds acceptance amongst a group of petty thieves and pickpockets led by the elderly Fagin. When Oliver is captured for a theft he did not commit, the benevolent victim, Mr. Brownlow takes him in. Fearing the safety of his hideout, Fagin employs the sinister Bill Sikes and the sympathetic Nancy to kidnap him back, threatening Oliver's chances of discovering the true love of a family.

Tech Week: April 4-6 Performance Dates:

Friday, April 7 at 7:30 pm Saturday, April 8 at 2:00 pm and 7:30 pm Sunday, April 9 at 2:00 pm Performances will be located at Park Junior High School, LP

Auditions:

Saturday, January 21 from 11:00 am to 8:00 pm Sunday, January 22 from 11:00 am to 8:00 pm Monday, January 23 from 5:00 pm to 8:00 pm Tuesday, January 24 from 5:00 pm to 8:00 pm

To schedule an audition and request a time slot, please email dromito@communityparkdistrict.org

Auditions will be held at the Community Park District Recreation Center (1501 Barnsdale Rd., LP).

Call Backs for specific roles will be on Wednesday, January 25 from 5:00-8:00 pm.

Rehearsals: They will be held at the Community Park District Recreation Center and are typically on Fridays from 6:00-8:00 pm, Saturdays from 1-5 pm, and Sundays from 2:00-6:00 pm. Not all characters are needed at all rehearsals.

Conflicts should be stated on the rehearsal form filled out at time of audition. All undocumented conflicts will be counted as an absence. Cast members are allowed ONLY 2 unexcused absences. Tech week is MANDATORY. Rehearsal schedule will be handed out at the first full cast rehearsal on Sunday, January 29.

FEE: \$119.00 (due when cast)

Directed by Dee Hamilton & Dave Romito

Glee/Musical Theater

Enjoy this intense yet entertaining musical experience. The journey toward producing a show from start to finish will create a noncompetitive environment for kids to stretch their dramatic wings. Celebrate the "broadway beat" with hits from Hairspray, The Music Man, The King and I, Wicked, Grease, and more. All participants will learn songs and choreography at an age appropriate level while also examining the history of Broadway. On the last day of the program our talented stars will perform for friends and family.

AGE: 8 - 16 years DAY: Fridays TIME: 5:15 - 7:15 pm

\$80.00 Non-Resident \$90.00 FEE:

INSTRUCTOR: D. Romito, D. Hamilton DATES: January 13 - February 17



Little Active Actors



Dramatization and use of linguistic, bodily kinesthetic, musical, and spatial intelligences. It's also a ton of fun! Children will be introduced to acting through songs, dancing, costumes, theatre games, and much more! We will be acting out "A Soup Opera" and parents are invited for a performance during our last class.

AGE: 4, 5 and 6 years DAY: Thursday TIME: 3:45 - 4:45 pm

\$41.00 Non-Resident \$51.00 FEE:

INSTRUCTOR: D. Hamilton LOCATION: Recreation Center, LP DATES: March 2 - April 6 (skip March 30)

Youth Acting



This exciting group will begin to explore the world of live theater. Introduction to acting, props, and costumes for play staging will all add to the fun. Learning theater terms and working on themed scenes will encourage spontaneity and build self-esteem. Coaching is available for those scheduled to audition for the Footlight Players of La Grange Park's spring production.

AGE: 6-12 years DAY: Fridays TIME: 4:00 - 5:00 pm

FFF: \$50.00 Non-resident \$60.00

INSTRUCTOR: D. Hamilton

Recreation Center, LP LOCATION: January 13 - February 17 DATES:

Beginning Voice



In a non-competitive, nurturing environment, learn to sing great songs from musical theater, Disney, pop songs, etc. This voice class is perfect for kids who love to sing but may not be ready for private lessons. Young singers learn how to sing together, harmonize, and make beautiful music in a relaxing and healthy environment.

AGE: 6-12 years DAY: Tuesdays TIME: 6:30 - 7:30 pm

\$104.00 Non-resident \$114.00 FEE:

INSTRUCTOR: American Music Institute LOCATION: Recreation Center, LG January 10 - February 28 SESSION 1:

SESSION 2: March 7 - May 2

(skip March 28)



No previous knowledge of guitar or music is necessary. Students will learn the fundamentals of auitar playing, including holding the auitar and pick, proper fret-hand finger position, sight reading, playing by ear and playing basic songs. Each student will receive a participation award and auitar-related prizes. The fee includes a textbook and CD. Students should bring their own guitar. It may be an acoustic, electric, or classical auitar.

AGE: 7-14 years DAY: **Thursdays** TIME: 5:00 - 6:00 pm

FEE: \$104.00 Non-resident \$114.00

INSTRUCTOR: **Guitar Stars**

IOCATION: Recreation Center, LP SESSION 1: January 19 - February 23 SESSION 2: March 2 – April 13

(skip March 30)

Beginning Violin



Get started on learning violin fundamentals. Group violin classes provide a great introduction and foundation for future music instruction. Students will learn proper violin technique and music-reading skills in a group setting, where they will receive proper personal attention while allowing for small ensemble playing. Note: instruments not provided. For information on instrument purchase and/or rental options please contact La Grange Park District at 708-352-1762.

AGE: 6-12 years DAY: Saturdays 2:00 - 3:00 pm TIME:

\$104.00 Non-resident \$114.00 FEE:

INSTRUCTOR: American Music Institute LOCATION: Recreation Center, LG SESSION 1: January 21 - March 18

(skip February 4)

SESSION 2: **April 1 – May 20**

Dance Express Spring Session

Six weeks of dance fun! Learn some dance steps in a fun and exciting atmosphere. Anyone can join. Parents: During the last class, come and watch the short performance.

- Proper dance attire is required (leotard and tights, or dance top and pants for girls, shorts or sweat pants and tee shirts for boys).
- Proper footwear for each class required (ballet, jazz or tap shoes).
- No black soles.
- Creative Movement participants may wear ballet, jazz or gym shoes.

Creative Movement (Ages 3-4)

These classes offer younger children an exciting and fun introduction to the world of dance. Emphasis is on having fun through a variety of activities using music interpretation, movement, and imaginative thinking.

Ballet and Tap (Ages 5-7)

This is a unique and fun class where children will explore the wonderful world of dance through movement. The participants will learn how to follow direction, stretch, perform steps and combinations with emphasis on flexibility, rhythm, and dance positions.

Hip Hop & Jazz (Ages 6-9)

Come and learn moves from some popular dances! This class will consist of warm ups, center floor hip hop and jazz steps. We'll learn a combination routine with steps from some of today's coolest stars! Gym shoes or jazz shoes are required.

Tuesdays DAY: April 4 - May 9 DATES: **INSTRUCTOR:** Dance Techs., Inc.

30 Minute Classes: Creative Movement: FEE:

\$37.00 /Non-resident \$47.00

40 Minute Classes: Ballet, Tap, Jazz and Hip Hop

\$47.00 Non-resident \$57.00

4:00 - 4:30 pm, Creative Movement 3 years SESSION 1: **SESSION 2:** 4:30 – 5:00 pm, Creative Movement 4 years

5:05 - 5:45 pm, Ballet 5-7 years **SESSION 3:** 5:45 - 6:25 pm, Tap, 5-7 years **SESSION 4:** 6:25 - 7:05 pm, Jazz, 6-9 years **SESSION 5:**

7:05 - 7:45 pm, Hip Hop/Jazz, 6-9 years **SESSION 6:**



Irish Step Dancing

Please read class description from Mommy & Me Irish Dance, except no adult participation required.

AGE: 3-6 years DAY: Thursday

TIME: 10:00 – 10:30 am

FEE: \$70.00 Non-resident \$80.00

INSTRUCTOR: McNulty Irish Dance
LOCATION: Recreation Center, LG
SESSION 1: January 5 - February 23

(skip January 26 and February 2)

SESSION 2: April 6 – May 18

(skip April 13)

Mommy & Me Irish Dance

Mommy, help to open your child's eyes and heart to Ireland's traditional dances! The McNulty School of Irish Dance program for mom and tots is designed to introduce each dancer to the basic steps of Irish dance and the traditional music used for these steps. Adult and child work to develop concentration skills, coordination and self-confidence that serve them well in all facets of life. Dancers begin learning the basic promenade step and touch on the traditional Irish Jig. Class attire includes: T-shirts, shorts, socks and Irish, jazz, ballet or light gym shoes. Leotards with shorts over them are acceptable. No long pants of any kind.

AGE: 2-6 years with adult

DAY: Thursday

TIME: 10:30 – 11:00 am

FEE: \$70.00 Non-resident \$80.00

INSTRUCTOR: McNulty Irish Dance
LOCATION: Recreation Center, LG
SESSION 1: January 5 – February 23

(skip January 26 and February 2)

SESSION 2: April 6 – May 18

(skip April 13)





Baby Tunes

Music is one of the most fun and natural ways to bond a parent and child! Songs, poems, games, and playing the basic percussion instruments are all part of this 35 minute class. Activities will increase your child's curiosity about music, develop listening skills and sense of beat, and establish a foundation for singing and musical thought. Bouncing songs, rocking songs, and wiggle and peek-a-boo games are featured. Class is designed for child and adult to participate in together.

Birth to 12 months AGE:

DAY: Fridays 9:00 - 9:35 pm TIME:

\$57.00 Non-resident \$67.00 FFF:

INSTRUCTOR: Miss Angie

Recreation Center, LP LOCATION: February 3 - March 17 SESSION 1:

(skip February 17)

April 7 – May 12 SESSION 2:

(skip April 14)

Rockin' Tots

Participate with your toddler in singing, chanting, moving, dancing, listening and playing percussion instruments. Activities will bridge the natural connection between music and movement, improve listening abilities, and increase exposure and appreciation of different types of music. Class is designed for child and adult to participate together.

AGE: 19 months - 36 months

Fridays DAY:

TIME: 9:45 - 10:30 am

\$65.00 Non-resident \$75.00 FEE:

INSTRUCTOR: Miss Angie

Recreation Center, LP LOCATION: February 3 - March 17 SESSION 1:

(skip February 17)

SESSION 2: April 7 - May 12

(skip April 14)

Mighty Music Makers



Celebrate your child's growing independence through fun music and movement activities. These classes will work on the child's attention and self-expression and include singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement, and storytelling. A variety of musical types will be included to widen your child's exposure and appreciation of different musical styles. Class is designed for child to participate without a parent.

3, 4, and 5 years old AGE:

DAY: Fridays

TIME: 10:45 - 11:30 am

\$65.00 Non-resident \$75.00 FEE:

INSTRUCTOR: Miss Angie

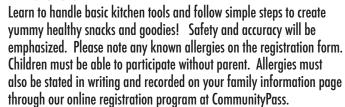
Recreation Center, LP LOCATION: **SESSION 1:** February 3 - March 17

(skip February 17)

April 7 - May 12 **SESSION 2:**

(skip April 14)

Little Chefs



AGE: 3 - 5 years Wednesdays DAY:

\$44.00 Non-resident \$54.00 FEE:

INSTRUCTOR: J. Robinson

LOCATION: Recreation Center, LP

DATES: January 11 – March 1

(skip January 18 and February 22)

SESSION 1: 10:30 - 11:15 am SESSION 2: 11:30 - 12:15 pm **SESSION 3:** 12:45 - 1:30 pm

DATES: March 8 - May 3

(skip March 22, 29 and April 19)

SESSION 4: 10:30 - 11:15 am SESSION 5: 11:30 - 12:15 pm **SESSION 6:** 12:45 - 1:30 pm



Creative Art for Preschoolers



Children love to paint and create! Boys and airls will mix their own colors, cut, shape, and mold as they experiment with all forms of art. Children should be able to participate without a parent.

AGES: 3-5 years Mondays DAY:

\$36.00 Non-resident \$46.00 FEE:

INSTRUCTOR: Staff

LOCATION: Recreation Center, LP

DATES: January 9 - February 27

(skip January 16 and February 20)

10:30 - 11:15 am SESSION 1: SESSION 2: 11:30 - 12:15 pm 12:45 - 1:30 pm SESSION 3:

DATES: March 6 – May 1

(skip March 20, 27 and April 17)

10:30 - 11:15 am SESSION 4: SESSION 5: 11:30 - 12:15 pm **SESSION 6:** 12:45 - 1:30 pm



Rocket Readers

Empower emergent readers as they explore initial sound concepts. Phonics fun and language skills will be taught through games, rhymes, and dozens of hands-on activities. This class can be combined with Mickey Math on Fridays. Additional sessions feature new materials. Consecutive sessions recommended.

AGE: 4 - 6 vears

\$38.00 Non-resident \$48.00 FEE:

INSTRUCTOR: Staff

LOCATION: Recreation Center, LP

Tuesdays, 11:30 - 12:15 pm DAYS: January 10 - February 28 SESSION 1:

(skip January 17 and February 21)

March 7 - May 2 **SESSION 2:**

(skip March 21, 28 and April 18)

DAYS: Fridays, 9:00 - 9:45 am January 13 – March 3 **SESSION 3:**

(skip January 20 and February 24)

March 10 - May 5 SESSION 4:

(skip March 24, 31 and April 14)

Mickey Math



Fun with numbers! Children can develop a positive attitude toward math and numbers at an early age. Games, experiments and hands-on learning activities designed just for this age group! This class can be combined with Rocket Readers on Fridays. Additional sessions feature new materials. Consecutive sessions recommended.

AGE: 4 - 6 years

\$38.00 Non-resident \$48.00 FEE:

INSTRUCTOR: Staff

Recreation Center, LP LOCATION:

DAY: Thursdays, 11:30 - 12:15 pm January 12 - March 2 SESSION 1:

(skip January 19 and February 23)

SESSION 2: March 9 - May 4

(skip March 23, 30 and April 20)

DAY: Fridays, 10:00 - 10:45 am SESSION 3: January 13 - March 3

(skip January 20 and February 24)

March 10 - May 5 SESSION 4:

(skip March 24, 31 and April 14)

Kiddie High Five Sports



This class is just for the preschool age athlete. We will cover basic skills, which will be developed for future sports such as soccer, basketball, and volleyball. Sharing, throwing, catching, and dribbling will all be part of ball play for this beginning age group. All participating students will receive a T-shirt. Gym shoes are a must!

AGE: Boys and Girls, 3 – 5 years

DAY: Fridays

FEE: \$51.00 Non-resident \$61.00

INSTRUCTOR: Staff

LOCATION: Recreation Center, LP

DATES: January 13 - March 3

(skip January 20 and February 24)

9:45 - 10:30 am SESSION 1: 10:45 - 11:30 am **SESSION 2: SESSION 3:** 12:45 - 1:30 pm

DATES: March 10 - May 5

(skip March 24, 31 and April 14)

9:45 - 10:30 am SESSION 4: 10:45 - 11:30 am SESSION 5: 12:45 - 1:30 pm **SESSION 6:**

EARLY CHILDHOOD PROGRAMS

My French Neighborhood

What fun it is to be in the neighborhood. My French Neighborhood is dedicated to nos petits enfants and is an interactive time both in French and English featuring puppets, music and much more. Lots of story time and playing in our neighborhood as we learn some greetings, phrases and songs. Come meet Monsieur Lapin and ses amis. It's fun to be in the neighborhood and you will fit right in.

16 months - 36 months AGE:

DAY: Mondays 9:00 - 9:45 am TIME:

\$55.00 Non-resident \$65.00 FEE:

INSTRUCTOR: S. Doliget

Recreation Center, LP LOCATION: TES: January 9 - February 27

(skip January 16 and February 20)





Sing, dance and play, make a musical day! Your tot will move to the beat while using rhythm instruments like hand bells, tambourines, and maracas. Coordination and motor skills will improve with movement props such as scarves, ribbons, and parachute play. Tot Rock is a structured program with educational, sensory and socialization components. An exciting new theme is presented each session. Children have been enjoying Tot Rock for over 21 years. Have some fun today!

1-2 years with parent/caregiver AGE:

INSTRUCTOR: **Rock It Productions** LOCATION: Recreation Center, LG

SESSION 1: FEE: \$73.00 Non-resident \$83.00 DAY/DATE: Tuesdays, January 17 - March 7

5:15 - 5:55 pm TIME:

SESSION 2: FEE: \$73.00 Non-resident \$83.00

DAY/DATE: Tuesdays, April 4 - May 23

5:15 - 5:55 pm TIME:

SESSION 3: FEE: \$73.00 Non-resident \$83.00 DAY/DATE: Saturdays, January 21 - March 11

TIME: 9:30 - 10:10 am

SESSION 4: Fee: \$46.00 Non-resident \$56.00 Saturdays, April 8 - May 20 DAY/DATE:

(skip April 15 and 29)

9:30 - 10:10 am TIME:

Kid Rock I, II, III

SING familiar songs, DANCE to the beat, and PLAY with musical instruments like maracas and tambourines! Combining imaginative play with sensory activities and motor skills using movement props like a parachute, scarves and beanbags. Kid Rock has provided a creative and energetic environment for children to socialize and learn for over 21 years. Kid Rock is a structured educational music program with an exciting new program each session.

Parents participate in Kid Rock I. Kid Rock III is for siblings and older children who prefer parental support as well. Kid Rock II is structured without parental involvement.

INSTRUCTOR: Rock It Productions LOCATION: Recreation Center, LG

Kid Rock I, with parent

Age: 20 months to 36 months Tuesdays, 6:00 - 6:40 pm

FEE: \$73.00 Non-resident \$83.00

SESSION 1: January 17 - March 7 **SESSION 2:** April 4 – May 23

SESSION 3:

Kid Rock II, without parent

Age: 3-4 years

Saturdays, 11:00 – 11:40 am FEE: \$73.00 Non-resident \$83.00

January 21 - March 11

SESSION 4: FEE: \$46.00 Non-resident \$56.00

April 8 - May 20

(skip April 15 and April 29)

Kid Rock III, with parent

Age: 18 month - 5 years

SESSION 5: FEE: \$73.00 Non-resident \$83.00 Tuesdays, January 17 - March 7 DAY/DATE:

6:45 - 7:20 pm TIME:

SESSION 6: FEE: \$73.00 Non-resident \$83.00

DAY/DATE: Tuesday, April 4 - May 23

TIME: 6:45 - 7:25 pm

SESSION 7: FEE: \$73.00 Non-resident \$83.00 Saturday, January 21 - March 11 DAY/DATE:

TIME: 10:15 - 10:55 am

SESSION 8: FEE: \$46.00 Non-resident \$56.00

DAY/DATE: Saturday, April 8 – May 20 (skip April 15 and April 29)

TIME: 10:15 - 10:55 am

Giving Artfully Kids

Your child will learn new ways of how to be kind, respectful, thankful, helpful, and giving to themselves, others, and their community. Each session, your child will listen to an interactive story, engage in a fun and meaningful discussion, and participate in many activities that involve crafting, art, singing, and acting. We also will provide you with ideas of how you can continue to instill these pillars at home. It is our goal to inspire children to be kind, respectful, helpful, giving, and thankful.

AGE: 3-6 years
DAY: Thursday

TIME: 10:15 – 11:00 am

FEE: \$95.00 Non-resident \$105.00

INSTRUCTOR: Giving Artfully Instructor
LOCATION: Recreation Center, WS
SESSION 1: January 12 – February 23
SESSION 2: March 2 – April 20

(skip March 30)

Little Builders

This is a DUPLO and LEGO bricks class. In this session children will build a simple model of a different animal each week, practicing essential preschool skills including letter recognition, colors, counting, fine motor skills, position and ordering. Introduce your preschoolers to the fun of learning, building and playing with bricks.

AGE: 3-5 years
DAY: Mondays

TIME: 10:00 - 10:45 am

FEE: \$75.00 Non-resident \$85.00

INSTRUCTOR: Bricks 4 Kidz

LOCATION: Recreation Center, LG SESSION 1: January 30 – March 13

(skip February 20)

SESSION 2: April 3 – May 8

Winter Glamour Hair Instruction



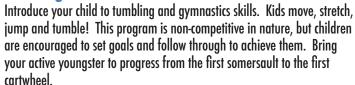
Moms, bring your daughter to this amazing class and learn the skills to create a variety of simple updo's and braids. No more trips to the beauty shop every time she needs her hair done for dance, cheer, gymnastics or the school play! A variety of styles will be taught to accommodate different age groups. Each girl will choose from a colorful collection of clips and hairbands to polish off their new look. Goodie bags are included.

AGE: 5-12 years
DAY: Thursday
TIME: 6:30 - 7:30 pm

FEE: \$37.00 Non-resident \$47.00 INSTRUCTOR: Ultimate Classes & Parties LOCATION: Recreation Center, WS

DATE: January 26

Tumbling



DAY: Mondays

FEE: \$57.00 Non-resident \$67.00

INSTRUCTOR: Dance Techs

LOCATION: Recreation Center, WS

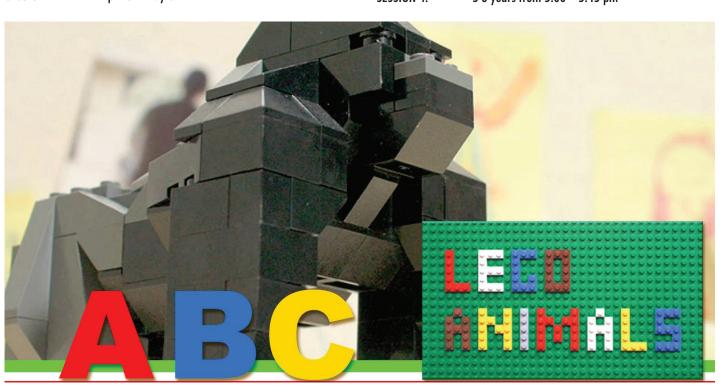
January 23 - February 27

(skip February 20)

SESSION 1: 3-4 years from 4:15 – 4:55 pm SESSION 2: 5-6 years from 5:00 – 5:45 pm

April 10 - May 8

SESSION 3: 3-4 years from 4:15 – 4:55 pm SESSION 4: 5-6 years from 5:00 – 5:45 pm



Parent/Child Princess & Pirates Hidden Treasurers

Come to hunt for some hidden fun! Each princess/pirate will be crowned with headgear. Participants will decorate a wooden treasure box and a beaded key chain craft with cool assorted beads. Then team up together to find a hidden treasure trunk full of dress up props, costume items, boa scarfs, etc. A themed backdrop will be set-up for photos. Please bring a camera.

3-9 years AGE: DAY: Wednesday 6:00 - 7:30 pm TIME: FEE: \$29.00 per couple

Non-resident \$39.00 per couple

INSTRUCTOR: Glitzy Girlz

Recreation Center, WS LOCATION:

February 1 DATE:



My Funny Valentine



Nothing says I LOVE YOU like a gift with your own personal touch! Each child will be able to create a valentine aift for someone they love. A snack and drink will be included.

AGE: 3-6 years DAY: Tuesday 4:00 - 5:15 pm TIME:

\$16.00 Non-resident \$24.00 FEE:

INSTRUCTOR: Staff

LOCATION: Recreation Center, LG

February 14 DATE:

Happy Birthday American Girl Doll

Girls, let's honor your favorite American Girl doll with a birthday party. Other similar sized dolls welcome. Each participant will enjoy decorating a special birthday outfit, jewels, and crown for their doll along with a birth certificate. A party wouldn't be complete without decorating yummy cupcakes to enjoy with juice. Sign up today for this fun class.

AGE: **3-10** years

3-5 years, must be accompanied by an adult

DAY: Friday 6:30 - 7:30 pm TIME:

\$35.00 Non-resident \$45.00 FEE: INSTRUCTOR: **Ultimate Classes & Parties** LOCATION: Recreation Center, WS

February 24 DATE:

Lucky Leprechauns



Come out to the Park District to celebrate St. Patrick's Day and become a lucky leprechaun! During this afternoon event we will make a creative St. Patrick's Day craft and play games! We may even find a pot of gold! Remember to wear green. A snack and drink are included.

AGE: 3-6 years DAY: Friday 4:00 - 5:15 pm TIME:

\$16.00 Non-resident \$24.00 FEE:

INSTRUCTOR: Staff

LOCATION: Recreation Center, LG

DATE: March 17

St. Paddy's Day Cake Decorating



Join us while we celebrate St. Patrick's Day and bring home dessert for the night. Participants will get into the spirit decorating the perfect St. Paddy's Day cake, cupcakes, cake box and chef's hat to take home. Our celebration will include all the toppings, frosting, candy, and decorations to make your own special masterpiece. This is the perfect class on the perfect day.

AGE: 4-10 years DAY: Friday 4:30 - 5:30 pm TIME:

\$34.00 Non-resident \$44.00 FEE:

INSTRUCTOR: Ultimate Classes & Parties LOCATION: Recreation Center, WS

DATE: March 17

Spring Break Escape



No need to spend another Spring Break sitting at home watching TV or playing video games. Our Spring Break Escape will be filled with a variety of games, activities, and sports. Escapers will be required to wear play clothes and bring a water bottle to each class.

AGE: 3-6 years

DAY: Monday, Wednesday, and Friday

INSTRUCTOR: Staff

LOCATION: Recreation Center, LG DATES: March 27, 29 and 31

AM Camp Only, 9:00 - 11:30 am SESSION 1: \$53.00 Non-resident \$63.00 FEE:

SESSION 2: AM Camp and Lunch, 9:00 - 12:30 pm

FEE: \$68.00 Non-resident \$78.00

SESSION 3: PM Camp only, 12:30 – 3:00 pm FEE: \$53.00 Non-resident \$63.00

SESSION 4: PM Camp and Lunch, 11:30 - 3:00 pm

\$68.00 Non-resident \$78.00 FEE:

Parent/Child Cuddle Bears



Come and make the cutest bear you have ever seen. First we will stuff your new friend, wish upon a star, and think of a unique name to place on his/her birth certificate. After your new bear comes to life you will be designing a special T-shirt and soft cuddly blanket to carry your best friend home in. A simply adorable class and a perfect way for you to enjoy quality time with your child.

2-8 years with adult AGE:

DAY: Thursday 6:00 - 7:00 pm TIME:

\$33.00 Non-resident \$43.00 FEE: **INSTRUCTOR: Ultimate Classes & Parties** LOCATION: Recreation Center, WS

DATE: April 27

Krafty Kids Art Camp

Looking for something fun to do during Spring Break? This two-day art camp will get your creative ideas flowing. We will be making a variety of crafts with paint, glitter and much more, so be sure to dress for a mess!

AGE: 3-6 years

Tuesday and Thursday DAY:

FEE: \$37.00 Non-resident \$47.00

Recreation Center, LG LOCATION: DAYS: March 28 and 30

AM Camp only, 9:00 - 11:30 am SESSION 1: \$35.00 Non-resident \$45.00 FEE:

AM Camp and Lunch, 9:00 - 12:30 pm SESSION 2:

FEE: \$50.00 Non-resident \$60.00

SESSION 3: PM Camp only, 12:30 - 3:00 pm FEE: \$35.00 Non-resident \$45.00

SESSION 4: PM Camp and Lunch, 11:30 - 3:00 pm

\$50.00 Non-resident \$60.00 FEE:

Glitzy Girlz Neon Night



Come dressed in your favorite neon outfit! Each girl will receive a makeover with neon hairspray, braid, make-up and neon polish application on nails. Guests will design their own cool neon beaded bracelet. Our staff will give out neon jewelry and the class will dance to disco lights with glow limbo, freeze dance and hula hoops. Take home a neon goodie bag.

AGE: 4-10 years DAY: Wednesday 6:15 - 7:45 pm TIME:

FEE: \$27.00 Non-resident \$37.00

INSTRUCTOR: Glitzy Girlz

LOCATION: Recreation Center, WS

March 15 DATE:

Girlz Night Out – Flower Power



Join Glitzy Girlz for a jump start into SPRING! Their staff will pamper the girls with hair updo's with flower accents, sparkle make-up and nail application with flower nail decals. Each participant will design her own flower ceramic craft and a beaded bracelet with flower charm. Class ends with participants dressing up in a flowered hula skirt to use (not keep) and play maracas, all while learning to hula dance to music.

AGE: 4-10 years DAY: Friday 6:30 - 8:00 pm TIME:

\$28.00 Non-resident \$38.00 FEE:

INSTRUCTOR: Glitzy Girlz

LOCATION: Recreation Center, WS

April 28 DATE:



Bloomin' Bunnies



Spring time is full of bloomin' hop-enings! Do you know how to dance the bunny hop or sing "Here Comes Peter Cottontail"? After this class you will! During this class you will create a bloomin' spring time craft. A snack and drink are included.

AGE: 3-6 years DAY: Wednesday TIME: 4:00 - 5:15 pm

\$16.00 Non-resident \$24.00 FEE:

INSTRUCTOR: Staff

LOCATION: Recreation Center, LG

DATE: April 12

Marvelous Moms



Kids, are you looking for a way to show mom how much you care? During this one-day event you will have the chance to create a one of a kind aift that your mom is sure to love! Join us at the Park District for your chance to make mom a gift she will want to keep forever. A snack and drink are included.

AGE: 3-6 years DAY: Wednesday 4:00 - 5:15 pm TIME:

FEE: \$16.00 Non-resident \$24.00

INSTRUCTOR: Staff

LOCATION: Recreation Center, LG

DATE: May 10

Chess



Learn to play chess to improve your game. This program is designed to be maximally conducive to the student's chess growth, as well as providing a safe, stimulating and positive structured learning environment.

AGE: 6 - 13 years DAY: Saturdays 9:30 - 10:30 am TIME:

FEE: \$78.00 Non-resident \$88.00

INSTRUCTOR: Chess Scholars LOCATION: Recreation Center, LP January 14 - February 18 SESSION 1: SESSION 2: February 25 - April 8

(skip April 1)

Elementary Drawing



Ring in the New Year with Young Rembrandts class for your elementary student. Our budding artists will have the opportunity to flex their creative muscle as they take on fun, artistic challenges like our Jack Russell Terrier and even More Emoiis in the month of January (Session 1). February (Session 2) brings fun and culture into the classroom as our students' learn about masquerade and dive into the mind of master artist Romero Britto. And in the month of March (Session 3), get ready for some dinosaur-sized excitement as your young artist recreates the ferocious T-Rex.

AGE: 6 - 12 years DAY: Saturdays TIME: 11:00 - 11:45 am

\$48.00 Non-resident \$58.00 FEE:

INSTRUTOR: Young Rembrandts Recreation Center, LP LOCATION: January 21 - February 11 SESSION 1: **SESSION 2:** February 18 - March 11 April 1 - April 29 **SESSION 3:**

(skip 4/15)



Cartoon Drawina



What runs from ear-to-ear and is contagious? Give up? It's the SMILE your child will have as they get to explore the fun, artistic world of Young Rembrandts cartooning. Your child will wear the biggest smile as they laugh and learn while drawing our fun superhero expressions lesson in the month of January (Session 1). Then in February (Session 2), our students will jump for joy and spring into action with our heroic unlikely hero's lesson. And there's no better way to prepare for spring (Session 3) that with our bird versus worm drawing sequence. These and many more hilarious and entertaining lessons wait.

AGE: 6 - 12 years DAY: Mondays TIME: 4:00 - 4:45 pm

FFF: \$48.00 Non-resident \$58.00

INSTRUCTOR: Young Rembrandts Recreation Center, LP LOCATION: January 23 - February 13 SESSION 1: February 27 - March 20 SESSION 2: April 3 - April 24 SESSION 3:

French Club - Afterschool Club



Learning French is easy and you might be surprised that you already know some. We will learn a collection of phrases, words and greetings then jump into the culture with cuisine, holidays and traditions all interactive and presented in both French and English. Join us for this fun and inspiring trip into the French language.

AGE: 6-9 years DAY: **Thursdays** 4:00 - 5:00 pm TIME:

FEE: \$72.00 Non-resident \$82.00

INSTRUCTOR: S. Doliget

Recreation Center, LP LOCATION: DATES: January 19 - February 23

Spanish For Children



Spanish is a fun and useful second language for children. Greetings, songs, games and stories are fun as you learn to speak Spanish as well as learning about a different culture. This class is an eight week session.

AGE: 5-8 years DAY: **Tuesdays** TIME: 5:30 - 6:30 pm

\$47.00 Non-resident \$57.00 FFF:

INSTRUCTOR: G. Rocha

Recreation Center, LP LOCATION: DATES: January 10 - March 14 (skip January 17 and February 21)

Simply Sewing

Hand sewing for beginners and those wanting to improve their skills. The object is to learn some basic skills such as placing patterns, cutting, marking, measuring and construction of a simple project. Each four week session will complete a fun and useful project to take home. We may use needles, pins, scissors and a hot iron for pressing. Learn about different fabrics and patterns and how to follow directions to create your project. All materials and tools are provided.

AGE: 7 - 12 years
DAY: Tuesdays
TIME: 4:00 - 5:30 pm

FEE: \$75.00 Non-resident \$85.00

INSTRUCTOR: D. Bobak

LOCATION: Recreation Center, WS
SESSION 1: January 10 – January 31
SESSION 2: February 7 – February 28

Model Ship Building

Learn to assemble plastic ship models from kits and craft materials. You will have fun customizing your model and building a diorama to show it at sea. Each week, a different part of the model ship will be cut out, glued together and painted. Learn how to safely use simple tools, plastic cement and paint supplies (brush and spray).

AGE: 8 - 12 years
DAY: Wednesdays
TIME: 4:00 - 5:00 pm

FEE: \$50.00 Non-resident \$60.00

INSTRUCTOR: R. Magin

LOCATION: Recreation Center, WS

DATES: January 11 - February 22



Giving Artfully Youth

Children will be exploring their creative side, having fun and all the while making an impact on important causes and organizations.

Don't miss this opportunity to help shape your child into a young philanthropist! We will spend each day exploring a social issue and then creating an item to give to either an organization or someone in the community. It is our goal to inspire children to continue to give to others. Projects MAY include: toys for local animal shelters, letters/gifts to servicemen abroad, hats, scarves and slippers for the homeless, placemats for meals on wheels, random acts of kindness for the community, gratitude bags for those in need, and other ideas generated during this giving class.

AGE: 6-11 years
DAY: Wednesdays
TIME: 4:00 - 5:00 pm

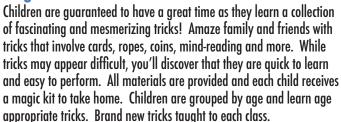
FEE: \$95.00 Non-resident \$105.00 INSTRUCTOR: Giving Artfully Instructor

LOCATION: Recreation Center, WS
SESSION 1: January 11 – February 22
SESSION 2: March 1 – April 19

(skip March 29)



Magic Class



AGE: 5-12 years

FEE: \$21.00 Non-resident \$31.00

INSTRUCTOR: G. Kantor

LOCATION: Recreation Center, WS

SESSION 1: Friday, January 13, 5:00 – 5:55 pm
SESSION 2: Wednesday, March 22, 6:45 – 7:40 pm
SESSION 3: Thursday, May 18, 5:00 – 5:55 pm



Tween Clay Camp



Participants will have fun making unique treasures from clay. Class includes learning the process of hand-building by creating different forms and trying several decorating techniques. The small class size allows for individualized attention by a professional art instructor. All clay, tools, supplies and firings are included in this class. Kids supply the imagination!

AGE: 10-13 years DAY: Fridays TIME: 3:45 - 5:15 pm

FEE: \$180.00 Non-resident \$190.00

LOCATION: **Village Potters**

333 N. La Grange Road, Suite 2

La Grange Park

January 13 - March 3 SESSION 1: SESSION 2: March 10 - May 5

(skip April 14)

Create & Animate with Scratch 2.0



Students will learn the fundamentals involved in creating a video game world, using Scratch, the innovative programming language created just for kids by MIT. In this class, students will be introduced to programming by creating and editing spirits and game opponents. They will learn about sound and video as they "level up" through the building of their own game. Students work together in teams and will receive a copy of the software and their game at the end of class.

AGE: **8-11** years DAY: Thursdays TIME: 4:30 - 6:00 pm

\$83.00 Non-resident \$93.00 FEE:

INSTRUCTOR: **Computer Explorers** LOCATION: Recreation Center, LG January 19 - February 9 DATES:

Brick Critters



Ever wonder what your pets do while you are at school? In addition to imagining what pets do when left alone, build various critters, including motorized buzzing bees, fluttering butterflies, a slithering snake and more. Students will work in teams of two and each child will take home a custom mini-figure at the end of the session.

AGE: 6-12 years DAY: **Tuesdays** TIME: 5:00 - 6:00 pm

\$101.00 Non-resident \$111.00 FEE:

Bricks 4 Kidz **INSTRUCTOR:** LOCATION: Recreation Center, LG DATES: January 31 - March 7

Robotics Adventures



Yes, We CAN learn about Robotics! With the LEGO ™ WeDo Robotics System, young children can build and program their own robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming and so much more. Young imaginations soar!

AGE: 6-8 years DAY: Thursdays 4:30 - 6:00 pm TIME:

\$83.00 Non-resident \$93.00 FEE:

INSTRUCTOR: Computer Explorers Recreation Center, LG LOCATION: February 23 - March 16 DATES:

Jurassic Brick Land



You are about to enter Jurassic Brick Land! Students will build a world that comes to life with gentile Brontosaurus, ferocious Velociraptor, terrifying T. Rex. and more. We'll learn about amazing dinosaurs that lived during the Jurassic period, and other extinct, prehistoric animals that roamed the earth and swam the seas millions of years ago. Show us your building skills using our specialized project kits! Come, learn, build and play at Jurassic Brick Land. Students will work in pairs and at the end of each session each child will take home a customized mini-figure.

AGE: 6-12 years DAY: Tuesdays TIME: 5:00 - 6:00 pm

FEE: \$101.00 Non-resident \$111.00

Bricks 4 Kidz INSTRUCTOR: LOCATION: Recreation Center, LG DATES: April 4 - May 9

Pinochle Club

Do you want to join fellow card players in a friendly game of Pinochle? Come to the Recreation Center and play a few hands of this very fun and social game. Nominal fees are collected on game day for weekly prizes. Room holds 36 people.

AGE: **Adults** DAY: Thursdays 12:00 - 3:00 pm TIME: LOCATION: Recreation Center, LP DATES: January 5 - May 25

Senior Club

The Park District is hosting a Senior Club group, which is held once a month September through May. Please call our office at 708-354-4580 to place your name on the mailing list. Each month a mailer is sent out describing the activity or topic of that month. Past activities have included movies, Bingo, Bunco, and other entertainment, accompanied by lunch. Small fees are collected at each event to subsidize costs.

Seniors, 55 and older AGE:

Mondays DAY:

DATES: January 16, February 20, March 27,

April 24 and June 5

TIME: 10:00 am to 12:00 pm LOCATION: Recreation Center, LP



Movie Club

Just bring your lunch because we have everything else covered. Every month we will feature a different movie in the banquet room. We will provide soda, tea, coffee and dessert. For monthly movie selections, please call the Park District of La Grange 708-352-1762 one week prior to the movie date.

AGE: 55 and older DAY: Thursdays TIME: 12:00 - 2:00 pm

\$2.00 Non-resident \$4.00 FEE:

LOCATION: Recreation Center, LG

SESSION 1: January 12 SESSION 2: February 2 March 2 SESSION 3: SESSION 4: April 6 SESSION 5: May 4

Simply Medicare



Are you intimidated by Medicare? Would you like to understand the basics, to make it easier to understand your choices? A licensed insurance broker, certified my Medicare, will explain Medicare and the knowledge she will provide will be helpful in your choosing the right Medicare health plan. Registration deadline is February 16.

AGE: 55 and older DAY: Thursday TIME: 7:00 - 8:30 pm

FFF: Free, however, you must preregister

INSTRUCTOR: M. Fencl

Recreation Center, LG LOCATION:

February 23 DATE:

The Great Debate **Medicare Advantage vs Medicare Supplement Health Plans**

Learn how to distinguish between the two Medicare health plan options: Medicare Advantage vs. Medicare Supplement Discover "hidden" costs. Understand the mechanics of how these plans work with premium costs, co-pays, deductibles and maximum out-of-pocket costs. Determine how doctor provider networks work with these plans. Evaluate how these plans will meet your medical needs. Registration deadline is March 16.

55 and older DAY: Thursday 7:00 - 8:30 pm TIME:

Free, however, you must preregister FEE:

INSTRUCTOR: Staff

LOCATION: Recreation Center, LG

March 23 DATE:

Retirement 101:

Road Map to Covering Retirement Income

Take a look at three major areas that impact retirement costs: providing supplementary income during retirement, health insurance options, and cost savings opportunities. Discover ways to maximize IRA earnings and well as learning about senior discount opportunities. Registration deadline is April 13.

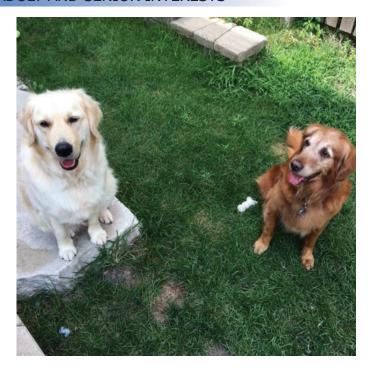
AGF: 55 and older DAY: Thursday TIME: 7:00 - 8:30 pm

Free, however, you must preregister FFF:

Staff **INSTRUCTOR:**

LOCATION: **Recreation Center**

DATE: April 20



Dog Obedience



Beginner Class

Dogs must be at least 4 months old

Handlers: Old enough to handle dog in a group setting. Is your dog becoming a monster and driving you crazy? If you are tired of being kept up all night from constant barking, if your home furnishings and personal belongings are being chewed up, or just want basic commands mastered, sign up for this class. **For beginners only, the first class will be a two-hour orientation from 7:00 - 9:00 pm, without your dog.

You must attend this informative meeting.

Advanced Class

To qualify for the advanced course you must have completed the beginner course with trainer's Barb Clish/Mary Keeffe or your dog must be evaluated by the trainers.

DAY: Thursdays

\$115.00 Non-resident \$125.00 FEE:

INSTRUCTOR: Barb Clish

LOCATION: Recreation Center, LP

SESSION 1: Beginner Class 7:00 - 8:00 pm

January 19 - March 16

Advanced Class 8:00 - 9:00 pm **SESSION 2:**

January 26 - March 16

In compliance with the American Heart Association, the Heartsaver CPR certification is intended for people who need or desire certification in CPR but are NOT healthcare professionals. Taught by the members of the La Grange Park Fire Department, this class includes instruction, testing, and certification. Certification is good for two years. AEDs are demonstrated.

16 years and older AGE: DAY: Wednesday TIME: 7:00 - 10:00 pm

FEE: \$35.00 Non-resident \$45.00 LaGrange Park Firefighters **INSTRUCTOR:** LOCATION: La Grange Park Village Hall

447 N. Catherine, La Grange Park

DATE: February 1

Ballroom Dance



Discover the wonderful of ballroom dancing in this introductory/refresher course. Improve your skills, learn new steps and how to lead and follow. You will be dancing Rumba, Foxtrot and Swing and learning some of the most popular dances that you see in shows and theaters today. Couples will not rotate partners. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes.

AGE: Adult DAY: **Tuesdays** TIME: 8:00 - 9:30 pm

\$49.00 Non-resident \$59.00 FEE:

INSTRUCTOR: Dance Techs, Inc. LOCATION: Recreation Center, LP DATE: February 7 - February 28

Wedding & Social Dance



This is the perfect class for anyone with any type of upcoming social engagement (wedding, birthdays and other parties). Come join us and you will learn the Waltz, Cha Cha and Swing. You will also learn some of the most popular dances that you see in shows and theaters today. Soon, you will be dancing to different types of music in this fun-filled dance class and WOWING them at parties. Couples will not rotate partners. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes.

AGE: Adult DAY: Tuesdays TIME: 8:00 - 9:30 pm

\$49.00 Non-resident \$59.00 FEE:

INSTRUCTOR: Dance Techs. Inc. LOCATION: Recreation Center, LP April 4- April 25 DATE:

Basic Yoga

Yoga in the evening will produce a more restful night's sleep. Yoga brings tranquility, balance and strength to your life. We'll focus on meditation, breathing exercises, alignment, and basic yoga poses. Awaking your inner spirit with yoga philosophy and challenge your body to stretch. This class is suitable for all experience levels. Wear comfortable clothes. Bring a yoga mat, towel, and water bottle.

AGE: Adult

DAY: Wednesdays

TIME: 7:00 – 8:00 pm

FEE: \$38.00 Non-resident \$48.00

INSTRUCTOR: T. Mikuls

LOCATION: Recreation Center, LP
SESSION 1: January 11 – February 22
SESSION 2: March 1 – April 26
(skip March 22 and 29)

Yoga Fitness

Experience this slow flow yoga fitness class. The instructor leads you through a balanced approach to a toned and strong body. The class will begin with simple breathing exercises to release the thoughts and calm the mind. A warm-up of stretches will be followed by a slow stepping through yoga poses. We will work at the wall on balancing. Some Pilate's and fitness balls, blocks, and straps will be used to strengthen both small and large muscles. Dress for comfort; bring a sturdy mat, and a water bottle.

AGE: Adult
DAY: Thursdays
TIME: 8:30 - 9:30 am

FEE: \$38.00 Non-resident \$48.00

INSTRUCTOR: T. Mikuls

LOCATION: Recreation Center, LP
SESSION 1: January 12 – February 23
SESSION 2: March 2 – April 20

(skip March 30)



ZUMBA

Come Zumba with Michele and see what fun the dancers are having during the dance season. Zumba will inspire you to dance away the pounds while having fun! Class will incorporate Latin dances as well as some popular hip hop moves. Dance routines are easy to follow and can be modified for any level. Wear comfortable clothes, bring a water bottle and towel, and come join the party!

AGE: Adult
DAY: Mondays
TIME: 6:15 - 7:15 pm

FEE: \$42.00 Non-resident \$52.00

INSTRUCTOR: M. Ritacco

LOCATION: Recreation Center, LP
SESSION 1: January 9 – February 27
SESSION 2: March 6 – May 1

(skip March 27)



Yoga Happy Hour

Unwind and recharge after your busy day. You will learn classic yoga poses and practices that cultivate strength, flexibility, balance, agility, stress reduction and equanimity. This class will combine slow-flow vinyasa and static holding with alignment. We will combine movement and stillness with the breath. Please bring your own yoga sticky mat, a towel and water bottle.

AGE: 16 and older
DAY: Tuesdays
TIME: 5:30 - 6:45 pm

FEE: \$56.00 Non-resident \$66.00

INSTRUCTOR: J. Binder

LOCATION: Grand Avenue Community Center, WS

SESSION 1: January 10 - February 21 SESSION 2: February 28 - April 18

(March 28)

SESSION 3: April 25 - June 6

Cardio Step and Core

Increase your cardio and strength results by alternating step aerobics, weight resistance, and low-impact moves. High calorie burn with fast results! Bring a mat and water bottle. All other equipment provided.

16 years and older AGE:

Mondays DAY: TIME: 7:40 - 8:40 pm

\$54.00 Non-resident \$64.00 FEE:

INSTRUCTOR: R. Rexina

Recreation Center, LG LOCATION: January 9 - February 20 SESSION 1: March 6 - April 24 SESSION 2:

(skip March 27)



Experience the benefits of youa: flexibility and strength, complimented with relaxation and calming. Bring a yoga mat and wear comfortable clothing.

AGE: 16 older

FEE: \$58.00 Non-resident \$68.00

Mondays, M. Mohrnusen INSTRUCTOR:

Tuesdays, S. Chillton Wednesdays, K. Herndon Saturdays, T. Mikuls

LOCATION: Recreation Center, LG

DAY/TIME: Mondays, 10:30 - 11:30 am SESSION 1: January 9 - February 20 SESSION 2: March 6 - April 24

(skip March 27)

DAY/TIME: Tuesdays, 6:00 - 7:00 pm **SESSION 3:** January 10 - February 21 SESSION 4: March 7 - April 25 (skip March 28)

Wednesdays, 8:30 - 9:30 am DAY/TIME: SESSION 5: January 4 - February 15 **SESSION 6:** March 1- April 19 (skip March 29)

DAY/TIME: Saturdays, 8:30 - 9:30 am SESSION 7: January 7 - February 18 **SESSION 8:** March 4- April 22

(skip April 1)

Gentle Yoga



This class is ideal for people of all sizes, ages, and fitness levels. Gain added flexibility, strength and calmness. And do it with the enjoyment that comes with doing things SLOWLY. Dress comfortably and bring an exercise mat.

AGE: 16 and older DAY: Fridays

9:45 - 10:45 am TIME:

FEE: \$59.00 Non-resident \$69.00

INSTRUCTOR: K. Herndon

Recreation Center, LG LOCATION: January 6 - February 17 SESSION 1: SESSION 2: March 3 - April 21

(skip March 31)

Yoga Level 2



Deepen your practice with this 75 minute Yoga Level 2 class. Build flexibility, strength, and stamina with this dynamic class that connects breath and movement. This class is designed with the serious yoga student in mind. Together through rhythmic and fluid transitions, poses will flow together. Move beyond beginner with more challenging postures such as arm balances, inversions and backbends. Prior yoga experience is highly recommended. Bring a sticky mat, towel, and water bottle to class.

AGE: 16 and older DAY: Thursdays 6:45 - 8:00 pm TIME:

\$65.00 Non-resident \$75.00 FEE:

INSTRUCTOR: K. Kitlica

Recreation Center, LG LOCATION: SESSION 1: January 5 - February 16 March 2- April 20 SESSION 2:

(skip March 30)

Toned & Strong



Let us help you become toned and strong as we focus on firming all of the muscles. Participants will learn the correct way to warm-up, stretch, and condition the major muscle groups. Xertubes and small weights will be provided. Bring a mat, water bottle, and resistance ball. Aerobic shoes are recommended.

16 and older AGE: DAY: Mondays 6:30 - 7:30 pm TIME:

FEE: \$54.00 Non-resident \$64.00

INSTRUCTOR: R. Rexing

LOCATION: Recreation Center, LG SESSION 1: January 9 - February 20 SESSION 2: March 6 - April 24

(March 27)



Tabata is the most intense HITT training there is for men and women. Each workout is only four minutes with work/reset intervals built in. You will train both cardio and strength without any wasted time. You will use your body, plus weights, barbells, gliders and ball. Bring a mat and water. Cross-trainer shoes recommended.

AGE: 16 and older

\$54.00 Non-resident \$64.00 FEE:

INSTRUCTOR: Mondays, C. Smith

> Wednesdays, C. Bravo Saturdays, L. Tongson

Recreation Center, LG LOCATION:

Mondays, 8:00 - 9:00 am DAY/TIME: **SESSION 1:** March 6 - April 24

(skip March 27)

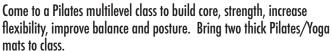
DAY/TIME: Wednesdays, 7:00 - 8:00 pm **SESSION 2:** January 4 - February 15 March 1 - April 19 SESSION 3:

(skip March 29)

DAY/TIME: Saturdays, 9:00 – 10:00 am SESSION 4: January 7 - February 18 March 4 - April 22 SESSION 5:

(skip April 1)

Pilates



AGE: 16 and older **Mondays** DAY: 6:00 - 7:00 pm TIME: **INSTRUCTOR:** S. Kafkes

Grand Avenue Community Center, WS LOCATION:

SESSION 1: January 9 - February 20 \$63.00 Non-resident \$73.00 FEE:

February 27 - April 17 SESSION 2:

FEE: \$63.00 Non-resident \$73.00

April 24 - June 5 SESSION 3:

(skip May 29)

\$54.00 Non-resident \$64.00 FEE:



Foam Roller and Ball Workshop



Come learn how to use a foam roller and ball to relax and loosen tight muscle. You can use a foam roller and ball for pre-exercise preparation, post-exercise cool down or between exercise sessions to keep you muscles healthy and flexible. Bring a Yoga mat to lay and roll on.

AGE: 16 and older DAY: Monday 7:15 - 8:15 pm TIME:

FFF. \$20.00 Non-resident \$30.00

INSTRUCTOR: S. Kafkes

LOCATION: **Grand Avenue Community Center, WS**

January 23 SESSION 1: February 20 SESSION 2: March 20 SESSION 3: **SESSION 4:** May 22

Women's 14" Slow-pitch Summer Softball League

Women ages 16 and older.

Organizational meeting: Tuesday, April 25, 2017, Recreation Center, 1501 Barnsdale Road, La Grange Park 6:30 pm. League begins May

15. Games will be played on Monday nights.

Cash prizes season and tournament winners, 1st and 2nd place. \$450.00 (guarantees minimum of 10 games) FEE:

Co-Rec Volleyball



Come out and enjoy some friendly volleyball competition where exercise and fun will be the emphasis of the program. Experience is not required. New teams will be formed each week.

AGF: 16 and older DAY: Wednesdays 7:00 - 9:00 pm TIME: FEE: \$32.00 per person

SUPERVISOR: L. Grisafe

LOCATION: Park Junior High School January 11 - April 12 DATES:

(skip March 29)

Men's Wiffleball League

Looking to play some ball during the off-season? Join us for some exciting wiffle ball. Sign up as a team today. An organizational meeting will be held on Tuesday, January 3, 2017 at

6:30 pm, Recreation Center, 1501 Barnsdale Road, LP. Rules and

regulations will be discussed. AGE: 16 and older

DAY: Wednesdays Game times start at 6:45 pm TIME: FEE: \$115.00 - resident team

\$140.00 - non-resident team

SUPERVISOR: R. Demes

Park Junior High School LOCATION: DATES: Start January 11

Karate

Learn a new skill and have fun doing it. Children age six and up will develop self-confidence and learn the fundamentals of Karate. This course teaches the basics of self-confidence as well as simple exercises and drills to increase attention span, concentration and motor skills. Class content includes various blocks, kicks, punches, focus pad work and eventually light contact sparring. Individual students will build upon levels of accomplishments and classifications of belt. No special equipment necessary. (Uniforms required, see instructor.)

AGE: 6 - 14 years

DAY: Mondays and Wednesdays

TIME: 5:00 - 6:00 pm

\$109.00 Non-resident \$119.00 FEE:

INSTRUCTOR: M. Rivera

LOCATION: Recreation Center, LP SESSION 1: January 9 - March 1 March 6 - May 8 SESSION 2:

(skip March 22, 27 and 29)

Table Tennis

Join us on Monday evenings for two hours of open table tennis. The Edgeball Table Tennis Agency will provide all supplies needed for this activity. This is a twelve-week program that you must pre-register for, no drop-ins permitted.

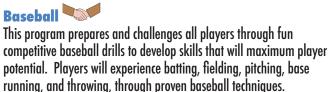
14 years and older AGE:

DAY: Mondays TIME: 7:30 - 9:30 pm

\$38.00 Non-resident \$48.00 FEE:

SUPERVISOR: T. McCormack LOCATION: Recreation Center, LP January 16 - April 10 DATES:

(skip March 27)



AGE: 5 - 11 years DAY: Saturdays

\$59.00 Non-resident \$69.00 FFF:

INSTRUCTOR: Kids First

LOCATION: Park Junior High School

January 14 - February 4

5-6 years, 9:00 - 10:00 am SESSION 1: 7-11 years, 10:00 - 11:00 am SESSION 2:

February 11 - March 4

SESSION 3: 5-6 years, 9:00 - 10:00 am 7-11 years, 10:00 - 11:00 am SESSION 4:

Basketball



This program teaches proper techniques on shooting, dribbling, passing, speed, body balance, plus basketball safety awareness and sportsmanship. A series of drills will help develop ball control, first step directional movements, floor spacing, sharing and listening skills. Fundamentals, games and contests will be part of your time on the court.

AGE: 6 - 14 years DAY: Saturdays

FEE: \$59.00 Non-resident \$69.00

INSTRUCTOR: Kids First

Park Junior High School LOCATION:

January 14 - February 4 6-8 years, 1:00 - 2:00 pm SESSION 1: 9-14 years, 2:00 - 3:00 pm SESSION 2:

February 11 - March 4 SESSION 3: 6-8 years, 1:00 - 2:00 pm SESSION 4: 9-14 years, 2:00 - 3:00 pm

Badminton



Learn basic training techniques such as handgrips, racket positioning, serving, spiking, body balance and sportsmanship. Instructors will plan strategic, preparation drills and games that will increase skills through fundamentals.

AGE: 7 - 14 vears DAY: Saturdays 12:00 - 1:00 pm TIME:

FEE: \$59.00 Non-resident \$69.00

INSTRUCTOR: Kids First

Park Junior High School LOCATION: SESSION 1: January 14 - February 4 SESSION 2: February 11 - March 4

Cheerleading



If your child dreams of being on the cheerleading squad then this program is perfect. Experienced coaches will focus on the sport of teaching cheerleading skills that are fun, safe and fundamental. The program will also include drills to enhance cheerleading techniques, body balance movements, timing, rhythm, pompom bebop dance, jumps, stunts, cheers, rah-rah awareness and sportsmanship. The last day of class features a competitive cheer challenge contest.

AGE: 6 - 11 years DAY: Saturdays TIME: 11:00 - 12:00 pm

\$59.00 Non-resident \$69.00 FEE:

INSTRUCTOR: Kids First

Park Junior High School LOCATION: January 14 - February 4 SESSION 1: SESSION 2: February 11 - March 4

Nerf Football



Tackle the fun with this instructional, non-contact class. Using mini-sized footballs along with the introduction of flags, players will learn the skills to get them started in football. Along with the core skills of passing and catching, players will learn the rules, positions on the field, as well as strategies for both offense and defense. Games will be played at the end of each class.

AGE: 4 - 6 years DAY: Saturdays 10:00 - 10:50 am TIME:

FEE: \$40.00 Non-resident \$50.00

INSTRUCTOR: Sports R Us

LOCATION: Park Junior High School January 14 - February 4 SESSION 1: February 11 - March 4 **SESSION 2:**



A good old American classic! Enjoy the sport of football in a non-contact environment where junior sized footballs and flags are used as an aid for developing an understanding for teamwork and individual attitude. Players will learn the rules of the game we well as practice passing, catching, and kicking along with building strategies for both offense and defense. Games will be played at the end of each class.

AGE: 7 - 9 vears DAY: Saturdays TIME: 11:00 - 12:00 pm

\$40.00 Non-resident \$50.00 FEE:

INSTRUCTOR: Sports R Us

Park Junior High School LOCATION: SESSION 1: January 14 - February 4 SESSION 2: February 11 - March 4

Pickle-Ball Youth

This fun paddle sport combines the many elements of tennis, badminton and ping-pong. The rules for Pickle-Ball are simple and the game is easy for anyone to learn, but can develop into a quick, fast-paced, competitive game for kids to enjoy. Each session will include both instruction and game play.

AGE: 7 - 14 years by grade

DAY: Saturdays

Non-resident \$40.00 FEE: \$30.00

INSTRUCTOR: L. Grisafe

LOCATION: Park Junior High School

DATES: January 14 - February 4

SESSION 1: 2nd - 5th grades, 3:00 - 4:00 pm SESSION 2: 6th - 8th grades, 4:00 - 5:00 pm

DATES: February 11 - March 4

2nd - 5th grades, 3:00 - 4:00 pm SESSION 3: SESSION 4: 6th - 8th grades, 4:00 - 5:00 pm

Pickle-Ball For Seniors



Join the pickle-ball craze. Pickle-ball, a game that combines elements of tennis, badminton and ping pong, is sweeping the country. Pickle-ball players use wooden paddles and whiffle balls to play on a badmintonsized court with a slightly modified tennis net. This low-impact sport is easier on the knees and shoulders than tennis as it does not involve as much running and arm strength. Pickle-ball is a recreational game that is designed to encourage an active lifestyle.

All equipment provided. We are offering two levels of beginner classes: Beginner and Advanced Beginner. The Beginner Level is for those who have never played pickle-ball before or who have very limited experience with the sport. It will focus on pickle-ball basics such as forehand and backhand shots, serving, and court positioning. Players will also learn scoring and the rules of the game through drills and playing time. The slower pace of this class will give players the opportunity to develop the skills needed to play this fun and energetic game. The Advanced Beginner Level is for those who have some experience and want to move at a faster pace to improve their basic shots and strategy. Players will participate in challenging drills to work on consistency in forehand and backhand shots, serving, volleying, dinks and lobs. Through matches each week, players will get the chance to take their game to the next level by learning how to play smarter, not harder.

AGE: 55 and older DAY: Mondays

\$62.00 Non-resident \$72.00 FFF:

INSTRUCTOR: Sports Kids Inc. LOCATION: Recreation Center, LG

DATES: January 9 - February 13 SESSION 1: Beginner, 9:45 - 10:45 am

SESSION 2: Advanced Beginner, 10:45 - 11:45 am

DATES: **April 3 – May 22** SESSION 3: Beginner, 9:45 - 10:45 am

Advanced Beginner, 10:45 - 11:45 am **SESSION 4:**

Flv Fishing – Casting and Strategy



Learn the basics of casting a fly rod and the effective strategies needed to catch fish. Fly rod, reels and line are provided for the class sessions. Fly fishing increases attention span, concentration, motor skills and the appreciation in the beauty of natural ecosystems. Fly fishing also increased creative awareness that is being lost to multi-tasking in the digital world.

AGE: Adult and children 10 and older with adult

DAY: Sundays TIME: 1:30 - 2:30 pm

\$69.00 Non-resident \$79.00 FEE:

INSTRUCTOR: J. Migo

LOCATION: Recreation Center, WS March 12 - March 26 DATE:

Track and Field



Coaches will focus on teaching sprints, hurdles, jumps, distance running and throws in a safe and fundamental way. The program consists of body balance techniques, speed, quickness and agility drills, which will help produce a quicker, safer, more powerful performer. A wide variety of timed events will take place each day, with an event championship series on the final day.

AGE: 5 - 14 years DAY: Saturdays

\$59.00 Non-resident \$69.00 FEE:

INSTRUCTOR: Kids First

SESSION 1: January 14 - February 4 \$59.00 Non-resident \$69.00 FEE: LOCATION: Park Junior High School

3:00 - 4:00 pm TIME:

SESSION 2: February 11 - March 4 \$59.00 Non-resident \$69.00 FEE: Park Junior High School LOCATION:

TIME: 3:00 - 4:00 pm

SESSION 3: April 8 - May 20 (skip 4/15) \$75.00 Non-resident \$85.00 FEE:

LOCATION: Hanesworth Park TIME: 10:15 - 11:15 am

T-Ball & Soccer Combo



This class is a perfect class for toddlers who are full of energy and parents who are looking for an introduction to t-ball and soccer. Socialization, teamwork, following directions, key motor skills, and having fun will be the focus in this non-competitive environment. For the first two weeks of class we will focus on t-ball and the second two weeks we will work on soccer skills. A fun game will be played at the end of each class. Parent participation welcomed.

3 - 4 years AGE: DAY: Saturdays 9:00 - 9:50 am TIME:

FEE: \$40.00 Non-resident \$50.00

INSTRUCTOR: Sports R Us

Park Junior High School LOCATION: **SESSION 1:** January 14 - February 4 February 11 - March 4 **SESSION 2:**



LTSC Soccer Academy



A four-week soccer program focused on fun and development. This program utilizes experienced professional Lyons Township Soccer Club coaches who know how to create a fun environment and develop a love of soccer. Each week players will learn fundamental soccer skills such as dribbling, passing and shooting from professional coaches. Each player must bring a soccer ball.

AGE: Ages 3-8 years

FFF: \$40.00 Non-resident \$50.00 INSTRUCTOR: Lyons Township Soccer Club

DAY/DATE: Saturdays, January 14 - February 4

LOCATION: Park Junior High School SESSION 1: 3-5 years, 1:00 - 2:00 pm 6-8 years, 2:00 - 3:00 pm **SESSION 2:**

DAY/DATE: Saturdays, February 11 - March 4

LOCATION: Park Junior High School 3-5 years, 1:00 - 2:00 pm **SESSION 3:** 6-8 years, 2:00 - 3:00 pm SESSION 4:

Thursdays, April 6 - April 27 DAY/DATE:

Hanesworth Park LOCATION:

SESSION 5: 3-5 years, 4:00 - 5:00 pm 6-8 years, 5:00 - 6:00 pm **SESSION 6:**

Volleyball



Bump! Set! Spike! These and other skills are learned in this class for both boys and girls. This class starts off with the basic skills and will advance week-to-week accordingly. Teamwork, participation, and good sportsmanship are our top priorities. Games will be played at the end of each class.

10 - 13 years AGE: DAY: Saturdays TIME: 12:00 - 1:00 pm

FEE: \$40.00 Non-resident \$50.00

Sports R Us **INSTRUCTOR:**

LOCATION: Park Junior High School January 14 - February 4 SESSION 1: **SESSION 2:** February 11 - March 4

Flag Football

Players will be assigned to a team the first two weeks of the season. Teams assignments will remain the same beginning in week three and a championship game will be held on the final week.

AGE: 6-12 years DAY: Saturdays TIME: 9:00 - 10:15 am

FEE: \$85.00 Non-resident \$95.00

INSTRUCTOR: Kids First LOCATION: Hanesworth Park DATES: **April 8 - May 20**

(skip April 15)

Tennis/Youth

Learn the game of tennis and/or improve your skills. Our staff will combine instruction, drills, and game situations that will help players increase their appreciation for the game. Fundamentals, strokes, rules and scoring will all be taught. Participants must supply their own rackets. Weather may be a factor for this program and every attempt will be made to make up classes cancelled, including extending classes beyond May 10th or increasing class time.

AGE: 6 – 14 years (based on grade)

DAY: Saturdays

FEE: \$32.00 Non-resident \$42.00

INSTRUCTOR: L. Grisafe

LOCATION: Memorial Park Tennis Courts

DATE: April 8 – May 6

SESSION 1: 9:30 - 10:30 am, 1st - 3rd grade SESSION 2: 10:30 - 11:30 am, 4th - 8th grade

Archery

Learn the basics of a recurve bow or test your skills in our intermediate class in this fun and extremely safe environment. A nationally recognized 9-step program is taught. Blunt tipped arrows, bows and targets are provided. Technique will be stressed. Games will be played during every class.

AGE: 7 years and older

FEE: \$59.00 Non-resident \$69.00

INSTRUCTOR: Sports Kids, Inc. LOCATION: Denning Park, LG

DATES: Mondays, April 17 – May 22

SESSION 1: Beginner, 7-10 years

4:45 - 5:30 pm

SESSION 2: Beginner, 11 and older

5:30 - 6:15 pm

DATES: Thursdays, April 20 - May 25

SESSION 3: Intermediate, 7-10 years

4:45 - 5:30 pm

SESSION 4: Intermediate, 11 and older

5:30 - 6:15 pm

Skyhawks Beginning Golf

Skyhawks Golf focuses on building the confidence of young athletes through training in proper technique and foundational skills. Golf is a challenging and lifelong sport, so young athletes need proper focus on the essentials of good swing, putting, and body positioning. To assist in the training, Skyhawks has adopted the SNAG (Starting New at Golf) technology to its curriculum.

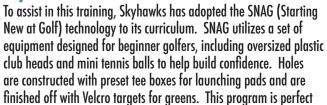
AGE: 5-9 years
DAY: Mondays
TIME: 5:45 - 6:30 pm

FEE: \$69.00 Non-resident \$79.00

INSTRUCTOR: Skyhawks

LOCATION: Recreation Center, LG
SESSION 1: January 9 - February 6
SESSION 2: February 13 - March 13

Skyhawks Pre-K Golf



for developing a love for the game of golf. Parent involvement is

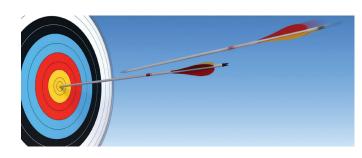
AGE: 3 ½ - 4 years
DAY: Mondays
TIME: 5:00 - 5:45 pm

FEE: \$69.00 Non-resident \$79.00

INSTRUCTOR: Skyhawks

encouraged.

LOCATION: Recreation Center, LG
SESSION 1: January 9 - February 6
SESSION 2: February 13 - March 13



White Sox Hitting Club

The White Sox Hitting Club will present your hitter with a step-by-step approach to hitting like a Major League Player. The White Sox Hitting Club will cover plate coverage and stance, stepping into a hitting position, hand path and lower body mechanics. There are hitting absolutes that must be presented in each at bat to be successful. These absolutes make all the difference. We know them and we will teach them to you.

AGE: 8-10 years
TIME: 5:00 – 6:00 pm
INSTRUCTOR: White Sox Academy
LOCATION: Recreation Center, LG

SESSION 1: Mondays, January 9 – January 30 FEE: \$100.00 Non-resident \$110.00

SESSION 2: Tuesdays, February 7 – February 28 FEE: \$100.00 Non-resident \$110.00

SESSION 3: Tuesdays, March 7 – March 21 FEE: S75.00 Non-resident S85.00

SESSION 4: Tuesdays, April 4 - April 25 FEE: \$100.00 Non-resident \$110.00

White Sox Pitching Club



The White Sox Pitching Club will give you a first-hand look at the pitching mechanics that all great pitchers use. Pitching with accuracy, velocity and minimal arm strain is no accident. There is a process that should be followed from the Big Leagues to Little League and is exactly what White Sox players use. The White Sox Pitching Club will teach you that process. Even if pitching isn't in your plans, throwing correctly is critical to becoming a good baseball player. Get on the mound and get on the right track with the White Sox Pitching Club.

AGE: 8-10 years TIME: 6:00 - 7:00 pm INSTRUCTOR: White Sox Academy Recreation Center, LG LOCATION:

Mondays, January 9 - January 30 SESSION 1: FFF: \$100.00 Non-resident \$110.00

SESSION 2: Tuesdays, February 7 - February 28 \$100.00 Non-resident \$110.00 FEE:

Tuesdays, March 7 - March 21 **SESSION 3:** FEE: \$75.00 Non-resident \$85.00

SESSION 4: Tuesdays, April 4 - April 25 FEE: \$100.00 Non-resident \$110.00





Baseball/Basketball Camp



Work on our game during your school day off! Whether you are a rookie or all-star, this camp will help you improve your game. These camps allow the two-sport athlete the ability to improve their offensive and defensive games in both basketball and baseball before heading back to school. Six hours of quality instruction in two sports is truly a one-of-a-kind camp experience. Players will be grouped by age and ability level. If you are staying for both camps, please bring a sack lunch.

AGE: 5-14 years DAY: Monday

INSTRUCTOR: **Bulls/Sox Academy** Recreation Center, LG LOCATION:

Martin Luther King Day, January 16

FULL DAY CAMP

SESSION 1: 9:00 - 4:00 pm

\$100.00 Non-resident \$110.00 FFF:

HALF DAY CAMP BASEBALL ONLY SESSION 2: 9:00 - 12:00 pm

\$55.00 Non-resident \$65.00 FEE:

HALF DAY CAMP BASKETBALL ONLY SESSION 3: 1:00 - 4:00 pm

FEE: \$55.00 Non-resident \$65.00

Presidents Day, February 20

FULL DAY CAMP

SESSION 1: 9:00 - 4:00 pm

FEE: \$100.00 Non-resident \$110.00

HALF DAY CAMP BASEBALL ONLY SESSION 2: 9:00 - 12:00 pm

FEE: \$55.00 Non-resident \$65.00

HALF DAY CAMP BASKETBALL ONLY SESSION 3: 1:00 - 4:00 pm

FFF: \$55.00 Non-resident \$65.00

Spring Break 3 Day Camp, March 27th - 29th

FULL DAY CAMP

SESSION 1: 9:00 - 4:00 pm

\$315.00 Non-resident \$325.00 FEE:

HALF DAY CAMP BASEBALL ONLY SESSION 2: 9:00 - 12:00 pm

\$175.00 Non-resident \$185.00 FEE:

HALF DAY CAMP BASKETBALL ONLY SESSION 3: 1:00 - 4:00 pm

\$175.00 Non-resident \$185.00 FEE:









CALENDAR OF EVENTS

VETERANS MEMORIAL

JAMES KRENEK ARMY-AIRBORNE SIGNAL OPS NCO COLD WAR CMC FT BRAGG NC

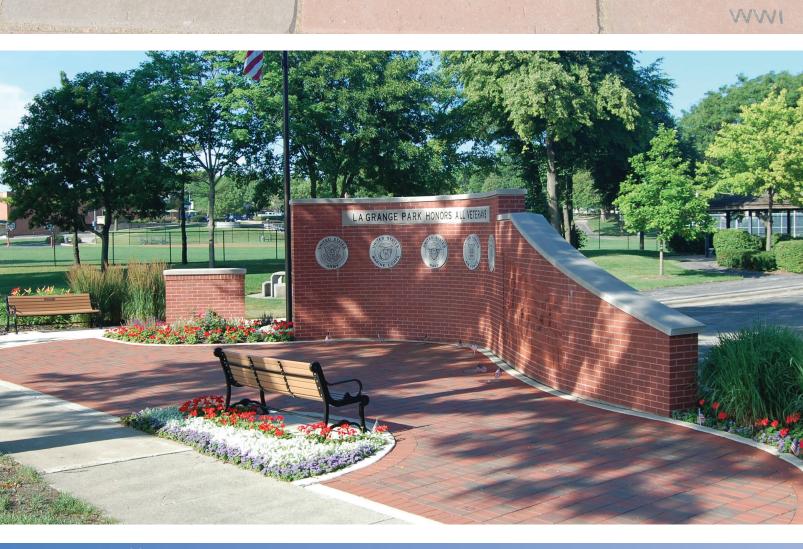
1961-1964

The Veterans Memorial was dedicated on September 20, 2014. Our Memorial is unlike many Memorials in that it will continue to grow each year as memorial bricks are purchased and placed in the Memorial Plaza. The Community Park District of La Grange Park's Veterans Memorial was built to honor ALL active duty and military veterans whether they served in times of conflict or times of peace. We feel that it is important to recognize all of our men and women who have served or are now serving because they never knew what tomorrow would bring as they protected America. There is no better way to honor your favorite active duty or military veteran than by placing a brick in his or her honor in our Plaza.

Memorial bricks can be purchased by submitting an order form found on page 37. You can also visit our website and download the form. If you have any questions you can call the park district office at 708-354-4580 and speak with Amanda Kennedy.

Something New: In response to community requests, donors who have purchased a memorial brick for the plaza will have the opportunity to buy a replica brick that can be given as a gift or kept for their own special memorial. Special prices for replica bricks are as follows: 4x8 Bricks are \$60.00 and 8x8 Bricks are \$75.00. Brick orders will be placed twice during the year, with January 31 and June 30 deadlines for all orders. A replica brick order form can be found on our website.

VIC MAZYLEW





VETERANS MEMORIAL FUND DONATION AND BRICK ORDER FORM

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NEW: Replica Brick(s) A Replica Brick may be your order. A 4x8 Brick will be \$60.00 and an 8 be \$75.00 You can also-make arrangements to						_				PLEASE RETURN TO: Community Park District of La Grange Park									
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brick shipped to an alternate address. See F Staff for additional shipping and handling ch								strict					La		Barns e Park,				
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Registration Form

Insert this form, along with your check or money order payable to the Community Park District and drop off or mail to the Community Park District, 1501 Barnsdale Road, LaGrange Park, IL 60526. To pay by cash or credit card, visit the front desk during normal business hours. Credit cards are

HEAD OF HOUSEHOLD		EMAIL ADDRES	S				
ADDRESS			CITY			ZIP	
1 ST NUMBER TO CALL	CIRCLE: CELL HOME WORK	2 ND NUMBER T	O CALL	CIRCLE: CELL HOME WORK	3 RD NUMBER	TO CALL	CIRCLE: CELL HOME
WOULD YOU LIKE TO RECEIVE TEXT		S? YES I	NO	IF YES, WHO IS YOU	R CARRIER?		WORK
Community Park District desi	res to me	et the leisure need	ds of all o	our residents. We will do	o our best to acc	commodate requests	S.
1. Do you or a family membe	er require	special assistance	?	Yes No	If Yes, please co	ntact the office at 70	08-354-4580
Are there any allergies the If Yes, please state allergie					ı class?	Yes No	
PARTICIPANTS NAME	SEX	DATE OF BIRTH	AGE	PROGRAM N		SESSION (IF APPLICABLE)	FEE
PHOTO INFORMATION On occasion, the park district staff or local newspa of participants in our programs, classes or events. are only for Park District use, most likely in future of flyers, or for publication in a local newspaper inclu IMPORTANT INFORMATION The Community Park District is committed to cond activities in a safe manner and holds the safety of Community Park District continually strives to reduparticipants follow safety rules and instructions the participants follow safety rules and instructions the participants' safety. However, participants and parfor this program/activity must recognize that there choosing to participate in recreational activities/pr You are solely responsible for determining if you of fit and/or skilled for the activities contemplated by advisable, especially if the participant is pregnant, suffered an illness or impairment, to consult a phy activity. WARNING OF RISK Recreational activities/programs are intended to comental and emotional resources of each participant preparation, instruction, medical advice, condition of serious injury when participating in any recreational industrial in the participating in any recreation of serious injury when participating in any	Please be a catalogues, iding Facebo lucting its reparticipants uce such risi at are designents/guard e is an inher rograms. or your minor y this agreed disabled in sician befor the lates of the lates	ware that these pictures brochures, pamphlets, book. cereation program and in high regard. The ks and insists that all ned to protect the ians of minors registering rent risk of injury when or child/ward are physical ment. It is always any way or recently re undertaking any physical and that certain risks, g, poor skill level or ct, premises defects, is addeduced.	isk		efully and be aware to be expressly assuming in injuries, damages of participating in any am/activity (including). If the community agrees of severity, that more to waive and reliming the community Park by essentially as a more than the community Park by essentially as a more damages, or loss the land or me and arising am/activity. I have rearning of risk, assuming the injuries of the community of the land or me and arising am/activity. I have rearning of risk, assuming the injuries of the community of the land or me and arising am/activity. I have rearning of risk, assuming the community of t	hat in signing up and parti- ing the risk and legal liabili- or loss which you or your no- y and all activities connect- ing transportation services/ ertain risks of physical injui- e to assume the risk of an- inquish all claims I or my chresult of participating in the District, including its officively referred as Commun er the Community Park Dist at minor child/ward or I m g out or connected with, ce and and fully understand to inption of risk and waiver an	ity and waiving ninor child/ward ed with and vehicle ry to participant y and all injuries is a result of said inild/ward may have been any ay have or which or in any way the above and release of all
defective equipment, inadequate supervision, inst circumstances inherent to outdoor and indoor reci	ruction or c	officiating, and all other		Date			
this regard, it must be recognized that it is imposs to guarantee absolute safety.				Date		Receipt # (For o	office use)



SEASPAR (the South East Association for Special Parks And Recreation) provides recreational programs and services for individuals with disabilities served by the Community Park District of La Grange Park and eleven other communities.

Sports • Trips • Social Programs • Special Events • And More!

Program Highlight: Stroke Support Group

SEASPAR is proud to partner with Adventist Hinsdale Hospital and Adventist La Grange Memorial Hospital to offer the Stroke Support Group.

The Stroke Support Group provides educational, social, and recreational opportunities to stroke survivors and their families and caregivers.

Meetings are held at various locations on the second Wednesday of the month from March through December. Meetings run from 10:30 a.m.-noon unless otherwise specified.

For more information, visit SEASPAR.org or call SEASPAR at 630.960.7600.



Look for our winter-spring program guide in December!

The South East Association for Special Parks And Recreation provides dynamic recreation programs and quality services for individuals with disabilities served by the park districts of Clarendon Hills, Darien, Downers Grove, La Grange, La Grange Park, Lemont, Lisle, Westmont, and Woodridge, and the villages of Brookfield, Indian Head Park, and Western Springs.

4500 Belmont Road Downers Grove, IL 60515 630.960.7600 630.960.7605 TDD

Discover Us! SEASPAR.org









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LAGRANGE PARK, IL
PERMIT NO 217

1501 Barnsdale Road LaGrange Park, IL 60526

