



2023 FALL

PROGRAMS & EVENTS



**winner
of 2022
scarecrow
contest**



Register online
www.communityparkdistrict.org

Resident registration begins **Thursday, August 3**
Non-Resident registration begins **Thursday, August 10**



Calendar of EVENTS

Resident Registration begins at 8:30 am
 Non-resident Registration begins at 8:30 am
 9/11 Tribute
 Glow in the Dark Scavenger Hunt
 Scarecrow Decorating Contest
 Campfire in the Park-Spooky Stories
 LGP Library Trunk or Treat
 Tree Lighting
 Santa Paws
 Santa Visits
 Phone Calls from Santa

Thursday, August 3
 Thursday, August 10
 Sunday, September 10
 Friday, October 13
 Monday, October 16
 Wednesday, October 18
 Saturday, October 21
 Friday, December 1
 Saturday, December 9
 Tuesday, December 12
 Wednesday, December 13

BOARD OF PARK COMMISSIONERS

The Community Park District Board of Commissioners is comprised of five commissioners elected by Park District residents to serve unpaid, four-year terms. The Board governs, on behalf of residents, all activities of the Park District.

Regular Park Board meetings are held on the second Monday of each month at the Recreation Center, 1501 Barnsdale Road, at 6:30 pm. Your attendance is both welcome and encouraged.



Robert Corte, President
Lucy Stastny, Vice President
Sheri Sauer, Commissioner
Alex Zuck, Secretary
Tim Ogden, Treasurer

STAFF

Jessica Cannaday, CPRP
 Executive Director

Zak Kerby, CPRP
 Superintendent of Recreation

Jackie Newton
 Recreation Manager

Susan Zander
 Marketing and Special Events Manager

Rachel Demes
 Finance & Administrative Coordinator

Laura Raimondi
 Executive & Human Resource Assistant

Filemon Sanchez
 Parks 1, Lead Mechanic

Olga Viramontes
 Lead Custodian

Park District Office & Recreation Center
 1501 Barnsdale Road
 La Grange Park, IL 60526
 Phone: (708) 354-4580
 Fax: (708) 354-4577
 Website: www.communityparkdistrict.org

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Park District Office Hours
Monday–Friday 8:30am–5pm

PROGRAM ICONS



ENRICHMENT CLASSES:

This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschoolers, whether or not they attend Ready Teddy Preschool.



CO-OP PROGRAMMING:

This icon indicates a co-op program. Please make a note of the location when you register for a class.

PARK DISTRICT MISSION

The Community Park District of La Grange Park supports a healthy and inclusive community by positively impacting physical, social, emotional, and environmental well being.

CORE VALUES

Community Wellness
Preserve Park Land
Dedicated to Transparency
Leadership
Generational Opportunities
Play for All

Park District Office & Recreation Center

1501 Barnsdale Road
La Grange Park, IL 60526
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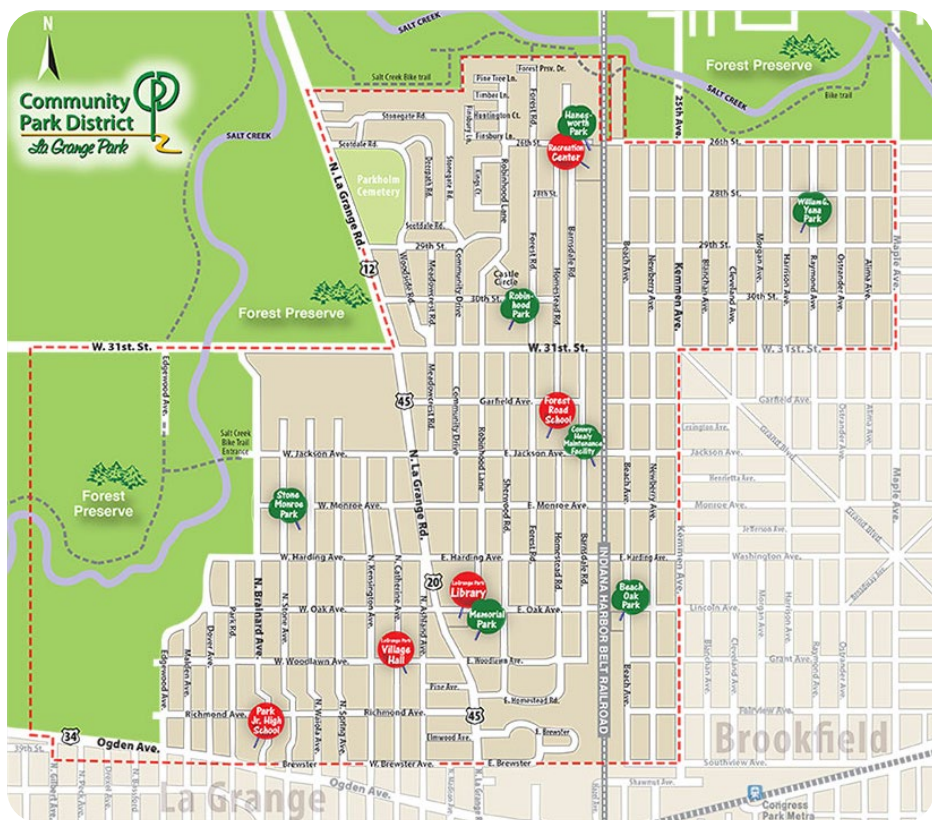


Stay up to date!

@communityparkdistrict

PROGRAM LOCATIONS 🔍

- RECREATION CENTER**
Park District Office (LP)
1501 Barnsdale Road, La Grange Park
- MEMORIAL PARK**
La Grange Road at Woodlawn, LP
- ROBINHOOD PARK**
30th and Robinhood Lane, LP
- BEACH-OAK PARK**
Beach and Oak Avenues, LP
- STONE-MONROE PARK**
Stone and Monroe Avenues, LP
- WILLIAM G. YENA PARK**
29th and Harrison Avenue, LP
- HANESWORTH PARK**
26th and Barnsdale Road, LP
- PARK JUNIOR HIGH SCHOOL**
333 N. Park Road, LP
Corner of Brainard and Ogden Avenues
- RECREATION CENTER**
La Grange (LG)
536 East Avenue, La Grange
- LYONS TOWNSHIP HIGH SCHOOL – SOUTH CAMPUS GYM**
4900 Willow Springs Road, Western Springs
- RECREATION CENTER**
Western Springs (WS)
1500 Walker Street, Western Springs



PARK LOCATIONS

- MEMORIAL PARK**
132 Oak Avenue
- ROBINHOOD PARK**
30th and Robinhood Lane
- HANESWORTH PARK**
26th and Barnsdale Road
- BEACH-OAK PARK**
Beach and Oak Avenues
- WILLIAM G. YENA PARK**
29th and Harrison Avenue
- STONE-MONROE PARK**
Stone and Monroe Avenues

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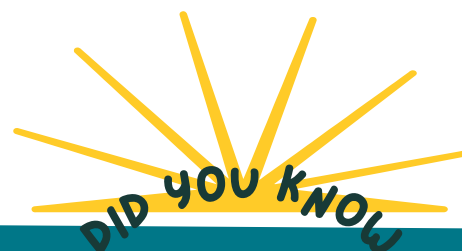
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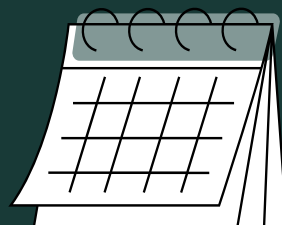
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Community Park District of La Grange Park (Co-Sponsor)

-PRESENT-

**CHILI
COOK-OFF****SEPT. 21 MEMORIAL PARK 5-8:00 PM****COME ON OUT AND GET TO KNOW THE BUSINESSES
FROM YOUR COMMUNITY!****KICK OFF THE FALL WITH AN EVENING OF FUN!
TASTE DELICIOUS CHILIS MADE BY LOCAL CHEFS!
BEER WILL BE SOLD! PLAY SOME BOCCIE BALL, TOO!****The "Library of Things" makes a day at Memorial Park a Breeze.**

From yoga mats and bocce balls to bubble machines, if you're spending a day at Memorial Park, the La Grange Park Library's Library of Things may have what you need to help you make the best of your visit. Do you need a karaoke machine for a party, want some binoculars for a ball game, or have interest in Instant Pots or air fryers. Check them (along with dozens of other cool things) out from the La Grange Park Library's Library of Things! Visit lplibrary.org/things to see a complete list and check on availability. Visit our Childrens Services Department for a list of items for children.

**MARK YOUR
CALENDARS***for the digital release of the
winter brochure on Nov. 20th*

A Letter from the Executive Director

Dear Residents,

As we gear up for the fall, I'm proud to report that we've had a record-breaking summer here at the Community Park District. Our summer camp program ran at capacity providing a season full of fun activities, field trips, and friendship for more than 100 local children each week. On top of that, we had 160 kids participate in our unique Afternoon Antics program at Stone Monroe and Robinhood Parks. As of the writing of this letter, the Community Park District has generated more than \$256,000 in summer program revenue. To put things in perspective, prior to 2019, the district's summer revenue record was \$103,421.

Summer Camp provided a safe summer full of fun and friendship for **100 children** each week.

160 kids participated in **Afternoon Antics**

Summer programming and operations created **40 seasonal jobs** in La Grange Park.

Our summer programs and operational activities also provided seasonal employment for 40 individuals. From camp counselors to park maintenance, these jobs provide invaluable experience and the opportunity to do work that positively impacts the community.

Summer of 2023 kicked off our new partnership with the La Grange Park Little League. This season, the League replaced the fence guards at Hanesworth Park and **invested nearly \$45,000** in the renovation of the Hanesworth Park Pressbox. In addition to providing ball field mix and reimbursing the park district for direct costs such as electric and water, **the league has also contributed close to \$10,000 to offset the cost of maintaining the fields for play.** This partnership has vastly improved the field conditions and safety at each and every one of our parks, making La Grange Park an enviable destination location for youth baseball and softball.



SUMMER REVENUE TRENDS

2023	\$256,000+
2022	\$199,424
2021	\$185,417
2020*	\$66,129
2019	\$116,000
2018	\$100,469

*COVID-19 restrictions in place



Additionally, thanks to the ComEd Energy Efficiency Program, the park district was able to replace 33 stadium floodlights at Hanesworth Park with new energy efficient LED flood lamps. The program also replaced 159 fixtures in the Recreation Center with new LED fixtures. The total cost of this project was \$113,096. **ComEd awarded the park district \$87,888.25 in incentives and bonuses**, and the Community Park District invested \$25,207.75 out of pocket. ComEd estimates that **the park district will save nearly \$3,400 per year in energy costs alone.** A portion of that annual savings will be passed on to Little League. However, even more exciting is the environmental impact of **this small project**, which ComEd estimates **will remove 21 metric tons of CO₂ from our shared environment on an annual basis.** That's the equivalent of taking four cars off the road every year. This fall, we are looking forward to the complete renovation of Beach Oak Park, and the addition of

the park district's first ever full day, Pre-K classroom at Ready Teddy Preschool.

\$87,888.25 in ComEd incentives and bonuses allowed us to convert to LED lighting at Hanesworth Park and the Recreation Center, which will remove 21 metric tons of CO₂ from the environment each year.

With the increasing demand for recreational programming, the Community Park District Board and staff are committed to exploring solutions to our indoor space limitations. We also look forward to implementing your feedback in creating a diverse range of opportunities to meet the needs of our community.

Here's to a healthy and happy fall season!

Jessica Cannaday, CPRP
Executive Director

special EVENTS



SEPTEMBER 11TH TRIBUTE

BSA Troop 33 is sponsoring a 30-minute tribute to remember the men and women, especially first responders, who lost their lives. The public is invited to attend.

Date	Day	Time
9/10	Su	6:45pm

📍 Veteran's Memorial (Sherwood & Oak Ave), LP

SCARECROW DECORATING CONTEST

REGISTER

SPONSORED by: La Grange Park Ace Hardware
Join your neighbors for this fun community challenge and build your own scarecrow. Make yours scary or funny, silly or ridiculous- this is your chance to express yourself! You must register in order to pick up your scarecrow starter kit and compete. Display your scarecrow and email us a picture by October 16th. Judging will take place between October 17th -23rd. Winners will be announced October 27th and will be featured on our Fall 2024 brochure cover. You may pick up your scarecrow starter kit at the Recreation Center any time after October 2nd.

This is for La Grange Park residents only.

Date	Day	Fee R/NR
10/16	M	\$15

📍 Recreation Center, 1501 Barnsdale Road, LP

GLOW IN THE DARK SCAVENGER HUNT

REGISTER

Work with your team on this exciting glow in the dark scavenger hunt. Clues will be hidden throughout the Recreation Center for you to uncover on your race to 1st place. Bring your flashlights and we will provide the team glowsticks. Pizza will be served before the hunt. This is a drop-off event. Can work in teams of up to 4 people. **Age: 9-13**

Date	Day	Time	Fee R/NR
10/13	F	6:00-7:30pm	\$15/\$20

📍 Recreation Center, 1501 Barnsdale Road, LP

CAMPFIRE IN THE PARK- SPOOKY STORIES

Make s'more friends! Spend the evening at Memorial Park roasting marshmallows and hearing Spooky stories from the La Grange Park Library. We will provide the standard s'more materials, but please feel welcome to bring any other ingredients you'd like to add.

Date	Day	Time
10/18	W	6:30pm

📍 Memorial Park



LA GRANGE PARK LIBRARY TRUNK OR TREAT

Dress up in your Halloween costume and join the La Grange Park Library for music, tricks, and treats.

Date	Day	Time
10/21	Sa	5:00-7:00pm

📍 Memorial Park

SANTA PAWS

[REGISTER](#)

Saturday, December 9th

Here comes Santa Claus! 'Tis the season to snap the cutest, sweetest and sometimes most hilarious photo of your pooch with the big fellow. Once you are registered, you will receive a designated timeslot for you to bring your dog to have their photo taken with Santa. After your visit with Santa, your pet will have the opportunity to create a special holiday gift that your family will treasure for years. Your assigned time will be emailed to you on Wednesday, December 6th. All dogs must be wearing their current rabies tag to participate in the event.

Date	Day	Time	Fee R/NR	Reg. By
12/9	Sa	10am-12pm	\$10/\$15	12/4

📍 **Recreation Center, 1501 Barnsdale Road, LP**

ANNUAL TREE LIGHTING

Friday, December 1, 2023 at 6pm

The Village's annual tree lighting ceremony will take place on Friday, December 2 at 6:00 p.m. at Memorial Park. The celebration, led by Village President Jim Discipio, will include performances, refreshments, and other festivities. Residents are invited to bring the whole family to this free event and enjoy hot chocolate, caroling, and lots of holiday cheer.

📍 **Memorial Park, LP**



PHONE CALLS FROM SANTA

[REGISTER](#)

La Grange Park Families Only

'Tis the season to be jolly!! Santa is ready to hear your child's Christmas wishes. Pick up a form at the Park District office after November 27th and return it prior to December 8th. **Age: 3-8**

Date	Day	Time	Fee R/NR	Reg. By
12/13	W	Calls start at 5pm	Free	12/8

SANTA VISITS

[REGISTER](#)

La Grange Park Families Only

Santa is coming to La Grange Park and he wants to make a stop at your home and wish everyone a Merry Christmas! Santa will set up a time for a visit (lasting approximately 10 minutes). Any gifts to be passed out must be given to Santa when he arrives or left on the front step prior to his arrival. An email will be sent home about a week before the visit giving you instructions. Spots fill up quickly. One family per visit. La Grange Park residents only.

Date	Day	Time	Fee R/NR	Reg. By
12/12	Tu	Visits start at 5pm	\$20	12/8





SCHOOL YEAR
SEPTEMBER 11, 2023 - MAY 17, 2024



Preschool Coordinator: Jill Cannizzo

Our preschool is designed for children ages 2-5 years.
 Our curriculum is based on a non-repetitive 4-year cycle.

The Illinois Early Childhood Standards and Benchmarks are implemented into our innovative learning curriculum. Registration for the 23/24 school year opens in February. Additional info is available in our Parent Handbook.

Registration for Preschool

You may make an appointment to see what is new and exciting at Ready Teddy Preschool. To schedule a tour or for more information call 708-354-4580. You may register online, at the Park District Office at 1501 Barnsdale Road or over the phone at 708-354-4580.

Parent Orientation Night

Wednesday, September 6th, 2023

The preschool director and staff will discuss class curricula, daily schedule, tuition, and discipline. The Parent Preschool Handbook, school calendar and other handouts are available on the Community Park District website.

Meet the Teachers

Meet the teachers is scheduled for either Thursday, September 7th or Friday, September 8th depending on your child's class assignment. January 2.5 Year Old Classes and Winter/Spring Teddy Toddler open house is scheduled for January 2024. This is the opportunity for all children and their parents registered for Ready Teddy to come and meet the teacher, preview the classroom, and become familiar with the school surroundings.

First day of school is Monday, September 11th, 2023.



Enrichment Classes

Our selection of enrichment classes will provide a focus for special interests. Look for the Ready Teddy icon and match classes that will enrich your preschooler's day. Additional fees vary. Class descriptions and times are detailed within the fall brochure. Children are supervised to and from classes.

Before and After School Care

Before and after school care is an optional program which can be combined with our Ready Teddy Preschool and Enrichment Classes and is available between 8:00am and 5:00pm. BAC is available only to registered Ready Teddy students. BAC is not guaranteed to run.



SPONSORED BY:

Huntington
LEARNING CENTER®

Teddy Toddlers, 2-Year-Old Program

REGISTER

Here is the perfect opportunity to get your toddler acquainted with other children while taking a small step into preschool. Socializing with others, music, and simple art projects will all be part of the fun! Children must be ready to stay in class without a parent. Session is 13 weeks. **Tuition is paid per session.**

Day	Date	Time	Fee R/NR
F	9/15-12/15	8:45-10:15am 10:45-12:15pm	\$200/\$210

Skip: November 24

F	1/19-5/10	8:45-10:15am 10:45-12:15pm	\$200/\$210
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Skip: February 16, March 1, March 29 & April 26

2 ½ Early 3-Year-Old Program

REGISTER

During the early years, socializing with others is an important part in preparing for school. Learning centered play will aid in enhancing social skills and self-esteem. Each child will be introduced to ABC's, shapes, numbers, and colors! **Tuition is paid monthly.**

Day	Date	Time	Fee R/NR
M/W	9/11-5/15	8:45-10:45am 11:15-1:15pm	\$146/\$156
T/TH	9/12-5/16	8:45-10:45am 11:15-1:15pm	\$146/\$156
T/TH	1/9-5/16	8:45-10:45am 11:15-1:15pm	\$146/\$156

Additional classes start 1/9 - Tuesdays & Thursdays





3-Year-Old Program

[REGISTER](#)

This three day program focuses on preschool readiness skills through social, emotional, and physical activities such as daily art projects, music and gym time. Each child will dig deeper into learning their ABC's, colors, and numbers! **Tuition is paid monthly.**

Day	Date	Time	Fee R/NR
M/W/F	9/11-5/17	8:30-10:30am 11:00-1:00pm 1:30-3:30pm	\$150/\$160

4 & 5 Pre-Kindergarten Program

[REGISTER](#)

This program is designed to promote reading and math readiness. In preparation for Kindergarten, each student will build confidence while working on their social and emotional skills. Art, music, roleplaying, and tablet centers are all a part of the fun! **Tuition is paid monthly.**

Day	Date	Time	Fee R/NR	Length of Class
M-F	9/11-5/17	8:45-2:45pm	\$624/\$634	Full Day
M-Th	9/11-5/16	8:45-2:45pm	\$508/\$518	Full Day
M-F	9/11-5/17	8:30-11:30am 12:30-3:30pm	\$312/\$322	Half Day Half Day
M-TH	9/11-5/16	8:30-11:30am 12:30-3:30pm	\$254/\$264	Half Day Half Day

30
years

THIS SCHOOL YEAR WE WILL BE CELEBRATING THE
30TH ANNIVERSARY OF READY TEDDY PRESCHOOL.

**FUN
FACT**

THE PARENT OF ONE OF OUR CURRENT READY TEDDY
STUDENTS WAS IN OUR 1993-1994 GRADUATING CLASS!

SPONSORED BY:  **Huntington**
LEARNING CENTER®



CREATIVE STEAM REGISTER

Instructor: Sarina Diaz

Science, Technology, Engineering, Arts and Math are infused together for a fun and interactive learning experience. Using a variety of materials with a hands-on, minds-on approach we will discover, create, experiment and design, all while preparing students for future concepts in the classroom. **Age: 3-5**

Date	Day	Time	R/NR
9/18 - 10/23	M	10:30-11:15am	\$51/\$61
		11:30-12:15pm	\$51/\$61
		1:00-1:45pm	\$51/\$61
		3:30-4:15pm	\$51/\$61

Skip: 10/9

10/30 - 12/11	M	10:30-11:15am	\$51/\$61
		11:30-12:15pm	\$51/\$61
		1:00-1:45pm	\$51/\$61
		3:30-4:15pm	\$51/\$61

Skip: 11/20

📍 Recreation Center, 1501 Barnsdale, LP



MICKEY MATH REGISTER

Instructor: Sarina Diaz

Fun with numbers! Each child can develop a positive attitude toward math and numbers at an early age! The curriculum designed for this age group includes games and learning activities that will prepare each student for the classroom! Sessions can be repeated, new material each time! **Age: 4-5**

Date	Day	Time	R/NR
9/21 - 10/26	Th	11:30-12:15pm	\$64/\$74
11/2 - 12/14	Th	11:30-12:15pm	\$64/\$74

Skip: 11/23

📍 Recreation Center, 1501 Barnsdale, LP



LITTLE CHEFS REGISTER

Instructor: Sarina Diaz

Learn to handle basic kitchen tools and follow simple steps to create healthy and yummy treats! Safety and accuracy will be emphasized. Our curriculum follows a strict peanut free diet. If the participant has food allergies, please list all allergies on the registration form. Notify Park District office as well! (708-354-4580)

Age: 3-5

Date	Day	Time	R/NR
9/20-10/25	W	10:30-11:15am	\$64/\$74
		11:30-12:15pm	\$64/\$74
		1:00-1:45pm	\$64/\$74
		3:30-4:15pm	\$64/\$74
11/1-12/13	W	10:30-11:15am	\$64/\$74
		11:30-12:15pm	\$64/\$74
		1:00-1:45pm	\$64/\$74
		3:30-4:15pm	\$64/\$74

Skip: 11/22

📍 Recreation Center, 1501 Barnsdale, LP



ROCKET READERS REGISTER

Instructor: Sarina Diaz

Empower emergent readers as they explore literary concepts. Each day is filled with phonics fun and language skills through games, rhymes, and dozens of "hands-on" activities. Sessions can be repeated, new material each time!

Age: 4-5

Date	Day	Time	R/NR
9/19 - 10/24	Tu	11:30-12:15pm	\$64/\$74
11/7 - 12/12	Tu	11:30-12:15pm	\$51/\$61

Skip: 11/21

📍 Recreation Center, 1501 Barnsdale, LP



SPONSORED BY:  **Huntington**
LEARNING CENTER®



HIGH 5 SPORTS

REGISTER

Instructor: Sarina Diaz

This class is meant to get out those mid-day wiggles and introduce fitness through play! The kiddos will play games, be introduced to a variety of sports, and build friendships! Sharing, throwing, and catching will all be a part of play for this beginning age group. **Required: Gym Shoes**

Age: 3-5

Date	Day	Time	R/NR
9/22 - 10/27	F	10:30-11:15am	\$51/\$61
		11:30-12:15pm	\$51/\$61
		1:00-1:45pm	\$51/\$61
		3:30-4:15pm	\$51/\$61
Skip: 10/9			
11/3 - 12/15	F	10:30-11:15am	\$51/\$61
		11:30-12:15pm	\$51/\$61
		1:00-1:45pm	\$51/\$61
		3:30-4:15pm	\$51/\$61
Skip: 11/20			

📍 Recreation Center, 1501 Barnsdale, LP

WONDERING IF YOUR CHILD
IS READY FOR A FULL DAY OF
KINDERGARTEN NEXT YEAR?
EXTEND THEIR PRESCHOOL
DAY BY SIGNING THEM UP
FOR AN ENRICHMENT CLASS
AND UTILIZING OUR BEFORE
AND AFTER CARE PROGRAM
A FEW TIMES A WEEK!



MISS ANGIE'S ROCKING TOTS

REGISTER

Instructor: Miss Angie

Participate with your toddler in singing, chanting, moving, dancing, listening, and playing percussion instruments. Activities will bridge the natural connection between music and movement; improve listening abilities and increase exposure and appreciation to different types of music. Class is designed for child and adult to participate in together. **Age: 1-2**

Date	Day	Time	R/NR
9/12-10/17	Tu	9:00-9:45am	\$75/\$85
		10:00-10:45 am	\$75/\$85

📍 Robinhood Park

10/31-12/12	Tu	9:00-9:45 am	\$75/\$85
		10:00-10:45 am	\$75/\$85

Skip: 11/21

📍 Recreation Center, 1501 Barnsdale LP

MIGHTY MUSIC MAKERS

REGISTER

Instructor: Miss Angie

Celebrate your child's growing independence through fun music and movement activities. These classes will work on the child's attention and self-expression and include singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement and storytelling. A variety of musical types will be included to widen your child's exposure and appreciation of different musical types. Class is designed for child and adult to participate in together. **Age: 3-5**

Date	Day	Time	R/NR
9/12-10/17	Tu	11:00am-11:45am	\$75/\$85

📍 Robinhood Park

10/31-12/12	Tu	11:00am-11:45am	\$75/\$85
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Skip: 11/21

📍 Recreation Center, 1501 Barnsdale LP



BEGINNER TUMBLING**REGISTER**

Instructor: M. Dawson

Our next step for those tiny tumblers, this class will focus on proper technique and reinforce movements learned in pre-tumbling. Students will develop functional strength that will aid them as they advance toward gymnastics. Please bring a water bottle to class. **Age: 6-8**

Date	Day	Time	R/NR
9/10-10/15	Su	8:45-9:30am	\$48/\$58
10/29 - 12/10	Su	8:45-9:30am	\$48/\$58

Skip: 11/26

📍 **Recreation Center, 1501 Barnsdale, LP**

PARENT-TOT TUMBLING**REGISTER**

Instructor: M. Dawson

Toddlers can develop body awareness, balance, flexibility, and coordination while having fun doing gymnastics. Parents assist with skills in a safe and caring environment. Please bring a water bottle to class. **Age: 2-3 with parent or caregiver**

Date	Day	Time	R/NR
9/8-10/20	F	5:30-6:00pm	\$54/\$64
10/27-12/15	F	5:30-6:00pm	\$54/\$64

Skip: 11/24

9/10-10/15	Su	9:30-10:00am	\$48/\$58
10/29 - 12/10	Su	9:30-10:00am	\$48/\$58

Skip: 11/26

📍 **Recreation Center, 1501 Barnsdale LP**

PRE-TUMBLING**REGISTER**

Instructor: M. Dawson

Start out learning the proper way to perform rolls, handstands, and cartwheels. This class is a great introduction to tumbling, and it opens the door to gymnastics possibilities. Please bring a water bottle to class. **Age: 4-6**

Date	Day	Time	R/NR
9/8-10/20	F	4:45-5:30pm	\$54/\$64
10/27-12/15	F	4:45-5:30pm	\$54/\$64

Skip: 11/24

9/10-10/15	Su	10:00-10:45am	\$48/\$58
10/29-12/10	Su	10:00-10:45am	\$48/\$58

Skip: 11/26

📍 **Recreation Center, 1501 Barnsdale, LP**



YOUTH DANCE CLASSES

Dance Instructor: M. Ritacco, C.Selig

A variety of dance instruction for girls and boys of all ages where participants will have fun learning new steps and routines while gaining grace, poise, and self-confidence.

The Program will be 24 weeks: Classes run from September 2023 through April 2024.

DANCE-NASTICS

This class will combine balance strength and flexibility with hip hop moves. Dancers will have a warm-up, learn combinations along with tumbling skills. This class will be taught by Miss Cassidy.

DANCE MOVEMENT FOR THREE'S (3 YEAR OLDS)

This class offers younger children an exciting and fun introduction to the world of dance. Emphasis is on having fun through a variety of activities using music interpretation, movement, and imaginative thinking.

DANCING FOURS (4 YEAR OLDS)

This class offers your dancer a glimpse in to three forms of dance. We will explore the basics of ballet, tap and jazz. This class is great for your first-time dancer as well as dancers who have little to no experience. Dancers must have tap shoes or a hard sole shoe for tap.

BALLET

Ballet is the foundation of dance; it helps to build a strong base for all other dance styles. Positions, technique, and musicality are learned from ballet and applied to all other dance styles.

TAP

Tap is a percussive footwork that develops a dancer's rhythm, style and sound.

JAZZ

Jazz is a classic dance and is incorporated in everything from Lyrical to Hip Hop to musical theater and tap.

LYRICAL

Lyrical combines ballet and jazz with a little contemporary. This dance style helps the dancer express themselves through movement.

HIP-HOP

Strength, agility, and coordination. Hip Hop is full of high energy moves, and yet sometimes it is in learning the small moves that make this style so intricate.

MUSICAL THEATER DANCE LYRICAL DANCE /HIP HOP

As a musical theatre performer, you will want to be well trained in all forms of dance. Ballet, Tap, Jazz, Theatrical (Broadway), ballroom, and even hip-hop.

INTERMEDIATE/ADVANCED TAP

Tap is a percussive footwork that develops a dancer's rhythm, style, and sound. 5+ consecutive tap years needed, or instructor permission.

ATTIRE:

Proper footwear for each class required (ballet, jazz, tap shoes, and a gym or fitness shoe for Hip Hop).

Tap dancers MUST have tap shoes by the second week of class.

If your dancer has a tap class, tap shoes will be required for the recital.



YOUTH DANCE CLASSES**REGISTER****Tuesday Classes – 9/26-4/16****Skip: 10/31, 11/14, 11/21, 12/26, 1/2, 1/23, 3/26**

Class	Age	Time	R/NR
Dancing Four's	4	3:30-4:15pm	\$160/\$170
Ballet/Tap/Jazz	5-6	4:15-5:15pm	\$175/\$185
Ballet/Hip Hop/Tap	8-9	5:15-6:15 pm	\$175/\$185
Intermediate/Advanced Tap	10+	6:15-7:00 pm	\$185/\$195
Jazz/Lyrical/Hip Hop	12+	7:00-8:15 pm	\$185/\$195

Thursday Classes – 9/28-4/18**Skip: 11/16, 11/23, 12/28, 1/4, 1/25, 3/28**

Class	Age	Time	R/NR
Dance Movement for Three's	3	3:30-4:00 pm	\$150/\$160
Jazz/Tap	5-6	4:00-5:00 pm	\$185/\$195
Tap/Ballet/Jazz	7-8	4:00-5:00 pm	\$165/\$175
Dance-Nastics	8-10	5:00-6:15pm	\$150/\$160
Musical Theater/Lyrical / Hip Hop	8-10	5:00-6:15pm	\$160/\$170

📍 Recreation Center, 1501 Barnsdale Road, LP**Ms. Michele reserves the rights to place dancers in the appropriate class according to ability.*

*The Program will be
24 weeks: Classes run
from September 2023
through April 2024.*



RECITAL DAY

SATURDAY, APRIL 21ST ♦ 2:00PM ♦ PARK JR. HIGH

Tickets go on sale the week of March 18th.

Adults (18 & Older): \$10.00 Students: \$5.00

Children 5 & Under: Free

Costume fees are included in the cost of the program.
One costume per dancer regardless of multiple dances.

FUN**FACTS**

MICHELE RITACCO HAS BEEN TEACHING DANCE AT THE COMMUNITY PARK DISTRICT OF LA GRANGE PARK FOR 12 YEARS! SHE HELPS KIDS BUILD CONFIDENCE AND TEACHES THEM POISE.

The Community Park District of La Grange Park
Footlight Player Presents

Seussical, Jr.

Directed by Spencer Douglas Clark



Horton the Elephant, the Cat in the Hat and all of your favorite Dr. Seuss characters spring to life onstage in Seussical JR., a fantastical musical extravaganza from Tony-winners, Lynn Ahrens and Stephen Flaherty. Transporting audiences from the Jungle of Nool to the Circus McGurkus, the Cat in the Hat narrates the story of Horton the Elephant, who discovers a speck of dust containing tiny people called the Whos. Horton must protect the Whos from a world of naysayers and dangers, and he must also guard an abandoned egg that's been left in his care by the irresponsible Mayzie La Bird. Although Horton faces ridicule, danger and a trial, the intrepid Gertrude McFuzz never loses faith in him. Ultimately, the powers of friendship, loyalty, family, and community are challenged and emerge triumphant!



Age: 8-18

Fee: \$250 (Due by September 15th)

Auditions: Saturday, September 9th from 9:00am-5:00pm

Call Backs: Sunday, September 10th from 9:00am-5:00pm

NOTE: All auditions **MUST** be scheduled by Tuesday, September 5th. Auditions are scheduled on a first come first serve basis.

SPOTS/ROLES ARE LIMITED. We will have 10 auditions (individual) scheduled for each 1-hour time slot. Video auditions are permitted if there is a conflict preventing attendance on the day of auditions, email Spencer before sending in a video.

Audition materials to prepare will be sent in an email following your request along with a designated audition time.

AUDITIONS will be held at the Community Park District Recreation Center (1501 Barnsdale Rd, LP).

To schedule an audition and request a time slot, please email Spencer Clark at sclark@communityparkdistrict.org.

REHEARSALS will be held at the Community Park District Recreation Center and are typically held on Saturdays and Sundays from 12:00-4:00 pm.

Conflicts should be stated on the rehearsal form filled out at the time of audition. All undocumented conflicts will be counted as an absence. Cast members are allowed **ONLY 2** unexcused absences.

Rehearsal schedule will be emailed out prior to the start of rehearsals on Saturday, September 16th.

**TECH
WEEK**

Nov. 14th–Nov. 16th

TECH WEEK IS MANDATORY.

Performance Dates: Friday, November 17th at 7:30 pm, Saturday, November 18th at 2:00 pm and 7:30 pm, Sunday, November 19th at 2:00 pm.

Performances will be located at Park Junior High School, La Grange Park.

I SPEAK SPANISH**REGISTER**

Instructor: Language In Action, Inc.

Expand your child's world! Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. Each session will cover new and exciting material! **Ages: 3-6 Years**

Date	Day	Time	R/NR
9/13-10/18	W	4:30-5:15pm	\$80/\$100
10/25-12/6	W	4:30-5:15pm	\$80/\$100


Skip: 11/22📍 **Western Springs Rec Center, WS****VÁMANOS YOUTH SPANISH****REGISTER**

Instructor: Language In Action, Inc.

Learning a second language can open a world of possibilities for your child. In this class students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities. Each session covers new and exciting materials!

Ages: 7-11 years

Date	Day	Time	R/NR
9/13-10/18	W	5:30-6:15	\$80/\$100
10/25-12/6	W	5:30-6:15	\$80/\$100

Skip: 11/22📍 **Western Springs Rec Center, WS**


Sí, hablo
español



DOG OBEDIENCE

Instructor: Barb Clish

"Dogs do speak, but
only to those who
know how to listen."
- Orhan Pamuk

BEGINNER CLASS [REGISTER](#)

Is your dog becoming a monster and driving you crazy? If you are tired of being kept up all night from constant barking, if your home furnishings and personal belongings are being chewed up, or just want basic commands mastered, sign up for this class.

For beginners only, the first class will be a two-hour mandatory orientation from 7:00-9:00pm, without your dog. *You must attend this informative meeting*

Dogs: Must be at least 4 months old. Handlers: Old enough to handle dog in a group setting.

INTERMEDIATE CLASS [REGISTER](#)

To qualify for the intermediate course, you must have completed the beginner course with our trainers Barb Clish/Mary Keeffe or elsewhere. Your dog will need to hold a solid sit stay, down stay and come on recall. Our trainers have the right to evaluate your dog, to ensure they are placed in the proper training class.

Date	Day	Class	Time	R/NR
9/14 - 11/9	Th	Beginner	7:00-8:00pm	\$125/\$135
9/21 - 11/9	Th	Intermediate	8:00-9:00pm	\$125/\$135

📍 Recreation Center, 1501 Barnsdale, LP



MATINÉE MOVIE CLUB REGISTER

Instructor: Staff

We'll meet at the Recreation Center every 3rd Wednesday for a movie and light meal (pizza, sandwiches). Participants get to vote on the movie for the next month, which ranges from new releases to timeless classics. Please call our office at 708-354-4580 to place your name on the mailing list. **Age: 55 and better**

Date	Day	Time	R/NR
8/16	W	12pm-2pm	\$8
9/20	W	12pm-2pm	\$8
10/18	W	12pm-2pm	\$12 (<i>Halloween Party</i>)
11/15	W	12pm-2pm	\$8
12/20	W	12pm-2pm	\$12 (<i>Holiday Party</i>)

📍 Recreation Center, 1501 Barnsdale, LP

PINOCHLE CLUB

REGISTER

Do you want to join fellow card players in a friendly game of Pinochle? Come to the Recreation Center and play a few hands of this very fun and social game. No Registration Required. **Age: 55 and better**

Dates	Day	Time	R/NR
Ongoing	Th	12:00-2:00pm	Free

📍 Recreation Center, 1501 Barnsdale, LP



**ARTISTS DREAM****REGISTER**

Instructor: Ultimate Classes and Parties

Do you dream about becoming an artist? In this class participants will design two 16x20 art pieces. Canvas, paints, brushes, chalks, colored sand, and glitter to design your own masterpieces will be provided. If time permits, an additional surprise art craft will be included! Don't miss out on this one! Bring your imagination and dress for a mess. **Age: 7-13**

Date	Day	Time	R/NR
9/25	M	6:30-7:30pm	\$37/\$46

📍 Western Springs Rec Center, WS

**DINOSAUR DIG****REGISTER**

Instructor: LaGrange Staff

Dig up some fun as children discover dinosaurs! We may even discover dinosaur eggs! Don't miss out on the games, crafts, and snacks. All supplies included in this excavation. **Age: 3-5**

Date	Day	Time	R/NR
10/7	Sa	9:30-10:30am 11:45-12:45pm	\$27/\$35

📍 Park District of LaGrange Rec Center, LG

**UP, UP, AND AWAY BUILDING FLYING****REGISTER**

Instructor: R. Magin

Learn to make a new rubber band powered flying model from balsa wood. Have fun building, flying, and learning how to fix the models if they break. Each week a new model will be assembled. All models will be tested and then taken home.

Age: 8-12

Date	Day	Time	R/NR
10/4 – 11/8	W	4:00-5:00pm	\$47/\$59

📍 Recreation Center, WS

**SMART START ART****REGISTER**

Instructor: After School Enrichment Solutions

"Every child is an artist" - Pablo Picasso. Explore your artistic side with this class! Blast off your imagination, explore faraway galaxies, and meet outrageous space creatures! Discover your creativity and imagination as an artist, developing fine motor skills, style, and vision as we explore different artistic techniques through a variety of inspiring projects. Sketch and draw, shade and color, cut, glue, fold... create! See your imagination come to life! Learn about great artists from throughout history and the present day, through a weekly featured artist and fun, exciting games. No experience necessary. **Age: 5-8**

Date	Day	Time	R/NR
9/21-10/26	Th	4:30-5:30pm	\$107/\$134

📍 Western Springs Rec Center, WS

**DOUBLE THE FUN DRAWING WITH YOUNG REMBRANDTS****REGISTER**

Instructor: Young Rembrandts

Awaken your inner Artist! Participants will explore all the basics of visual arts, in a fun and confident setting that ensures success for every child. Basic drawing, portraits, action, and cartooning. Participants will complete several different projects and learn to draw whimsical characters, animals, everyday objects, and action scenes. Young Artists will gain so much confidence in their creative spirit and art skills. Each month lessons will be different. Don't miss out, sign up today! **Age: 5-12**

Date	Day	Time	R/NR
9/9-9/30	Sa	10:00-12:00pm	\$113/\$141
10/14-10/28	Sa	10:00-12:00pm	\$88/\$110
11/4-11/18	Sa	10:00-12:00pm	\$88/\$110
12/2-12/16	Sa	10:00-12:00pm	\$88/\$110

📍 Western Springs Rec Center, WS

**LEGO ENGINEERING****REGISTER**

Instructor: LaGrange Staff

Do your kids like to play with Legos? Design, build and experiment, then test to see how well they work! We'll explore programming and we'll be building moving assemblies, bridges and robots! This class is a fun way to explore an introduction to engineering! **Age: 5-12**

Date	Day	Time	R/NR
9/11 - 11/13	M	4:00-5:00pm	\$210 /\$273

📍 Park District of LaGrange Rec Center, LG

**SLIME TIME!****REGISTER**

Instructor: LaGrange Staff

Let's create some SLIME together! Each participant will go home with a bag of slime.

Age: 5-7

Date	Day	Time	R/NR
10/19	Th	6:00-7:00pm	\$15 /\$20
11/16	Th	6:00-7:00pm	\$15 /\$20
12/14	Th	6:00-7:00pm	\$15 /\$20

📍 Park District of LaGrange Rec Center, LG

**CHESS****REGISTER**

Instructor: Chess Wizards

This class has an interactive, discovery-based curriculum inspiring children to think ahead, visualize their goals, treat others with respect and to learn from mistakes. Our classes are geared to suit children of all skill levels; from castling to checkmate artist, participants will build upon their knowledge through lessons, tournaments, variation games and more! **Age: 6-12**

Date	Day	Time	R/NR
9/11 - 10/23	M	4:45-5:45pm	\$139/\$174

Skip: 10/9

📍 Western Springs Rec Center, WS

**MAGIC CLASS****REGISTER**

Instructor: Gary Kantor

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child will receive a magic kit to take home. Children are grouped by age and learn age-appropriate tricks. Brand new tricks taught at each class. **Age: 5-12**

Date	Day	Time	R/NR
9/27	W	6:45-7:40pm	\$23/\$28
10/23	M	5:00-5:50pm	\$23/\$28
12/19	Tu	6:45-7:40pm	\$23/\$28

📍 Recreation Center, WS

**GNO: GET PAMPERED SPA DIVAS****REGISTER**

Instructor: GLITZY GIRLZ

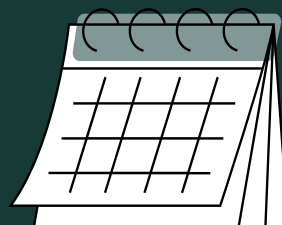
Each participant is welcome to come in their PJs! Our staff will be pampering them with hairdo fun braids and sparkle. We will teach a mini pedicure and mani section along with polishing nails and toes with glitter, neon and pastel polishes. A foot nail brush, cuticle stick and buffer will be take home goodies along with a mini polish and jewelry glam bag. Our night ends with some music and fun dancing to some disco lights and props for pictures! **Age: 5-11**

Date	Day	Time	R/NR
9/27	W	6:00-7:15pm	\$34/\$42

📍 Western Springs Rec Center, WS

MARK YOUR CALENDARS

for the digital release of the
winter brochure on Nov. 20th





FALL FEST SWEETS & TREATS

[REGISTER](#)

Instructor: Ultimate Classes and Parties

What better way to celebrate fall, but with a class full of goodies!! Each child will receive a Fall-Fest tray that will be filled with cookies and brownies. We will use frosting and toppings to design a baker's masterpiece to show off to our family and friends. This special class would not be complete without designing awesome trick-or-treat bags. The perfect class for all ages! **Age: 5-10**

Date	Day	Time	R/NR
10/16	M	6:30-7:30pm	\$36/\$45

📍 Western Springs Rec Center, WS



ETIQUETTE 101

[REGISTER](#)

Instructor: L. Geneser

Have your child ready to enjoy the holidays with ease and confidence! By learning basic etiquette skills, your child will navigate in various social situations with ease and certainty. My focus is on teaching manners as a demonstration of kindness, consideration, and respect toward others. This class offers the "other voice" to convey the common courtesies that parents try to teach at home. A snack will be served to practice their new etiquette skills.

Dress code: young ladies - dress/skirt and blouse, and young men - khakis and collared shirt (sport coat optional) **Age: 9-14**

Date	Day	Time	R/NR
11/12	Su	2:00-3:15pm	\$60/\$75

📍 Western Springs Rec Center, WS



PARENT & TOT PUMPKIN CARVING

[REGISTER](#)

Instructor: LaGrange Staff

Hey kids! Grab your pumpkin and your parent to create your own pumpkin creation for Halloween! We'll provide the carving materials, decorations, as well as a Halloween snack. All you need to bring is a pumpkin along with your imagination!

Age: 2-6 with parent

Date	Day	Time	R/NR
10/25	W	6:00-7:00pm	\$18 /\$23

📍 Park District of LaGrange Rec Center, LG

GET GRIT, GET GREAT!

[REGISTER](#)

Instructor: R. Cavaliere

Grit is a positive, non-cognitive trait based on an individual's perseverance of effort combined with the passion for a particular long-term goal or end state. So much of our lives is wrapped up in our Grit, but no one ever explains how to train this skill. That's where this class takes over. Students will learn how to handle those moments of pressure, how to dedicate the time when not stressed, and how to channel those stressors into success! Class is broken down into 5 1-hour classes, each participant will receive a T-shirt and a personal Grit poster.

Dates TBD

📍 Recreation Center, 1501 Barnsdale, LP



Stay up to date!

@communityparkdistrict



MY FIRST HOLIDAY ETIQUETTE CLASS

[REGISTER](#)

Instructor: L. Geneser

Have your child ready to enjoy the holidays with ease and confidence! By learning basic etiquette skills, your child will navigate in various social situations with ease and certainty. My focus is on teaching manners as a demonstration of kindness, consideration, and respect toward others. This class offers the “other voice” to convey the common courtesies that parents try to teach at home. A snack will be served to practice their new etiquette skills. Dress code: young ladies - dress/skirt and blouse, and young men - khakis and collared shirt (sport coat optional) **Age: 9-14**

Date	Day	Time	R/NR
11/12	Su	12:30-1:30p	\$55/\$69

📍 Western Springs Rec Center, WS



HOLIDAY TIME WITH YOUR AMERICAN GIRL

[REGISTER](#)

Instructor: Ultimate Classes and Parties

Girls, bring your American Girl doll or any other similar sized doll to this awesome class. We will be designing adorable outfits to celebrate the holiday. This class will also include holiday themed jewelry making. Our program wouldn't be complete without a trip to the beauty shop, where you will find a variety of hair clips and ribbons perfect for any holiday celebration. This has been a favorite, so sign up early. **Age: 3-10 (Ages 3-5 must be accompanied by an adult)**

Date	Day	Time	R/NR
11/20	M	6:30-7:30pm	\$36/\$45

📍 Western Springs Rec Center, WS



HOLIDAY REINDEER

[REGISTER](#)

Instructor: Ultimate Classes and Parties

Calling all Holiday fans!! We have found the most adorable reindeer for you and your child to create. Each participant will stuff his or her own reindeer, add a star to make a wish, decorate a holiday T-shirt, and create a rhinestone collar. Birth certificates are also provided. Space is limited, so if you're looking for a fun-filled holiday activity, sign up early! **Age: 3-10 (Ages 3-5 must be accompanied by an adult)**

Date	Day	Time	R/NR
12/11	M	6:30-7:30pm	\$36/\$45

📍 Western Springs Rec Center, WS



ADORABLE CHRISTMAS PUPPIES

[REGISTER](#)

Instructor: Ultimate Classes and Parties

Have you dreamed of having a pet? Each child will receive an adorable puppy to stuff and bring to life. Then select a special name for their new friend to fill out on the birth certificate. Participants will also be decorating t-shirts, a rhinestone collar and a blanket. **Age: 3-10 (Ages 3-5 must be accompanied by an adult)**

Date	Day	Time	R/NR
12/4	M	6:30-7:30pm	\$36/\$45

📍 Western Springs Rec Center, WS



PARENT/CHILD ANNUAL HOLIDAY GIFT BOUTIQUE

[REGISTER](#)

Instructor: GLITZY GIRLZ

Come for a memorable night with your sons/daughters and celebrate the Spirit of the Season by making gifts! Staff will assist in this unique class with each couple designing/decorating and wrapping surprises. Each couple makes and takes home 3 adorable gifts of wood, ceramic and beading/jewelry with paints, embellishments, stickers and more. Perfect for any recipient this holiday. A station for making tags, wrapping paper and decorating gift bags is available to conceal gifts. This class will be a treasured memory of the 2023 holiday season! **Age: 3-10**

Date	Day	Time	R/NR
12/5	Tu	6:00-7:00pm	\$34/\$42

📍 Western Springs Rec Center, WS



SANTA'S LITTLE HELPER

[REGISTER](#)

Instructor: LaGrange Staff

This holiday class is sure to help your child feel the Christmas spirit! During Santa's Little Helper we will read holiday stories, play games and make a cool holiday craft! Each participant will create a special project to display at home during the holiday season! **Age: 3-5**

Date	Day	Time	R/NR
12/5	Tu	2:00-3:00pm	\$20 /\$25
12/12	Tu	2:00-3:00pm	\$20 /\$25

📍 Park District of LaGrange Rec Center, LG



WORK HARD.

PLAY HARD.

HAVE FUN.





NERF WARZ

[REGISTER](#)

Instructor: Staff

Participants will battle in our Nerf Battleground, consisting of obstacles and barriers for a fun, safe activity that involves strategy and physical fitness. Please bring one dart gun and we will supply the Nerf N-Strike foam darts and eye protection for all participants. Battle modes consist of capture the flag, elimination, zombies and many more!

Date	Day	Time	Ages	R/NR
9/18	M	4:00-5:00pm	5-8	\$10/\$15
		5:00-6:00pm	8-12	\$10/\$15
10/16	M	4:00-5:00pm	5-8	\$10/\$15
		5:00-6:00pm	8-12	\$10/\$15
11/13	M	4:00-5:00pm	5-8	\$10/\$15
		5:00-6:00pm	8-12	\$10/\$15
12/18	M	4:00-5:00pm	5-8	\$10/\$15
		5:00-6:00pm	8-12	\$10/\$15

📍 Recreation Center, 1501 Barnsdale Road, LP



KIDS KARATE CLUB REGISTER

Instructor: Sensei Eric and Sensei Marie

Kids Karate Club is a high energy, progressive, motivational martial arts program developed specifically for kids to have fun while learning. Students will learn stances, strikes, blocks, kicks and sparring techniques all while building confidence. They will learn about strangers and how to combine the techniques they learn to protect themselves. This program targets many building blocks for children today; respect, self-esteem, leadership, and making good choices. This is a year-round progressive martial arts program with belt progression through Black Belt.

This program comes with the "Never Miss a Class Guarantee." If a student misses a class (i.e. schedule conflict, sick, etc) or the center closes for any reason, the missed classes will be available with pre-recorded, instructor led classes by belt level.

Kids Karate Club uniforms are required and are available at www.KidsKarate.com or from the instructor at class (needed by the second week of class). Parents may participate with their children at no cost other than purchasing a parent helper karate club uniform. Please bring a water bottle to class.

For more info visit: www.KidsKarate.com. **Age: 4-14**

Date	Day	Time	R/NR	Level
8/19 - 10/7	Sa	9:00-9:45am	\$76/\$86	Beginner
8/19 - 10/7	Sa	9:50-10:35am	\$76/\$86	Advanced
Testing Date: Oct 14				
10/21 - 12/9	Sa	9:00-9:45am	\$76/\$86	Beginner
10/21 - 12/9	Sa	9:50-10:35am	\$76/\$86	Advanced

Testing Date: Dec 16

Skip: Nov 25, Double class on Nov 18

📍 **Recreation Center, 1501 Barnsdale Road, LP**

LITTLE LYONS SOCCER CAMP

[REGISTER](#)

Instructor: Little Lyons Soccer Club

Little Lyons is a fun, recreational, soccer experience for boys and girls ages 3-8 years old. Little Lyons takes aim at developing each child's cognitive, motor, and social abilities through dynamic, fun, and engaging soccer activities. Participants will learn proper technical skills from our team of enthusiastic coaches. Each child will feel encouraged and comfortable during every session as they experience new activities week to week. Each player must bring a soccer ball and a water bottle to class. **Age: 3-8**

Date	Day	Time	R/NR	Age
9/6-10/11	W	4-4:45pm	\$62/\$72	3-5
9/6-10/11	W	5-6pm	\$62/\$72	6-8

📍 Grass field behind the Recreation Center, 1501 Barnsdale Road, LP

10/28-12/02	Sa	12-12:45pm	\$62/\$72	3-5
10/28-12/02	Sa	1-2pm	\$62/\$72	6-8

📍 Park Jr High, 325 N. Park Ave, LP

SOCCER & T-BALL

[REGISTER](#)

Instructor: Sports R Us

This class is perfect for little ones who are full of energy and parents who are looking for an introduction to soccer and t-ball. Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this non-competitive environment. For the first two weeks of class, we will focus on soccer skills and the second two weeks we will work on baseball skills. A fun game will be played at the end of each class. **Age: 3-4, accompanied by a parent or guardian**

Date	Day	Time	R/NR
9/16 - 10/14	Sa	9:00-9:50am	\$63/\$73
10/28 - 12/02	Sa	9:00-9:50am	\$63/\$73

Skip: 11/25

📍 Park Jr High, 325 N. Park Ave, LP

NERF FLAG FOOTBALL

[REGISTER](#)

Instructor: Sports R Us

Tackle the fun with this instructional, non-contact class. Using mini-sized nerf-like footballs along with the introduction of flags, players will learn the skills to get them started in football. Along with the core skills of passing and catching, players will learn the rules, positions on the field, as well as strategies for both offense and defense. Games will be played at the end of each class. **Age: 6-8**

Date	Day	Time	R/NR	Age
9/16-10/14	Sa	10:00-10:50am	\$63/\$73	5-6
9/16-10/14	Sa	11:00-12:00pm	\$63/\$73	6-8

📍 Park Jr High, 325 N. Park Ave, LP

BABY BALLERS

[REGISTER](#)

Instructor: Staff

Baby Ballers will get the littlest hoopers out on the court and bouncing our way to strong fundamentals. Class will focus on gross motor skills, bouncing the ball, shooting baskets on age appropriate hoops, and being on a team. All equipment will be supplied. Please bring a labeled water bottle to class. **Age: 5-8**

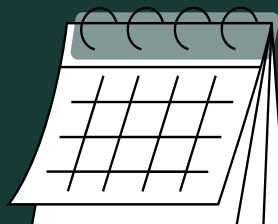
Date	Day	Time	R/NR
9/16-10/14	Sa	10:00-10:50am	\$55/\$65
10/28-12/02	Sa	10:00-10:50am	\$55/\$65

Skip: 11/25

📍 Park Jr High, 325 N. Park Ave, LP

MARK YOUR CALENDARS

for the digital release of the
Winter Brochure on Nov. 20th



BIG KID BADMINTON**REGISTER**

Instructor: Staff

This class is a great introduction to the sport of Badminton! Socialization, teamwork, good sportsmanship, fun and learning are pillars of this fast-paced game. Class will begin with fundamental drills, followed by pairing up with partners, and then into doubles games. All equipment will be supplied. Please bring a labeled water bottle to class. **Age: 5-8**

Date	Day	Time	R/NR
9/16 - 10/14	Sa	9:00-9:50am	\$55/\$65
10/28 - 12/02	Sa	9:00-9:50am	\$55/\$65

Skip: 11/25

📍 Park Jr High, 325 N. Park Ave, LP

LIL PINT BASKETBALL**REGISTER**

Instructor: Sports R Us

Slam dunk fun in this pint-sized class. With the use of age-appropriate equipment, participants will start building the fundamentals for simple drills. Participants will learn skills in passing, shooting, dribbling, and rules of the game. Teamwork, participation, and good sportsmanship are all stressed throughout the class. Games will be played at the end of each class. **Age: 5-6**

Date	Day	Time	R/NR
10/28 - 12/02	Sa	10:00-10:50am	\$63/\$72

Skip: 11/25

📍 Park Jr High, 325 N. Park Ave, LP

PILLO POLO POWER PLAY**REGISTER**

Instructor: Staff

Pillo Polo is a fun game very similar to sports such as ice hockey. It is a fast-paced sport that encourages constant moving and teamwork. Players work together to defend their goal while attempting to gain possession of the ball to try to score on the opposing team's goal. Players use sticks that look like big Q-tips. The hitting end of the stick consists of one large foam piece. We will work on some core movement, scoring, and teamwork skills, and end class with a scrimmage. All equipment will be supplied. Please bring a labeled water bottle to class. **Age: 5-8**

Date	Day	Time	R/NR
9/16 - 10/14	Sa	11:00-11:50am	\$55/\$65
10/28 - 12/02	Sa	11:00-11:50am	\$55/\$65

Skip: 11/25

📍 Park Jr High, 325 N. Park Ave, LP

BASKETBALL TRAINING CAMP**REGISTER**

Instructor: Sports R Us

This 5-week basketball class will help you get to the next level. We will enhance the basics you may have learned, along with advancing your skills that will concentrate on more teamwork and game strategies. Our speed, agility, and jump training session is built to make our participants faster, stronger, and more agile athletes. We use SKLZ equipment for our class which is highly recommended by multiple coaches and trainers. A scrimmage game will be played at the end of each class. **Age: 6-8**

Date	Day	Time	R/NR
10/28 - 12/02	Sa	11am-12pm	\$63/73

Skip: 11/25

📍 Park Jr High, 325 N. Park Ave, LP

FAMILY ARCHERY REGISTER

Instructor: SportsKids Inc.

You and your family members will meet new friends while learning the parts of an arrow and recurve bow, the basics of using a bow and the fundamental shooting skills in an extremely safe environment. You will also learn the nationally recognized beginner's 9-step to the 10-ring progression method which was created by the National Archery Association. Blunt tipped arrows, bows and targets are provided. Please bring a labeled water bottle. **Age: 6+ with an accompanying adult**

Date	Day	Time	R/NR
9/11 - 10/16	M	5:45-6:30pm	\$50/\$60

📍 Denning Park, LG

GYMNASTICS 101 REGISTER

Instructor: Sports Kids Inc

Four events will be covered in this introductory class. Age-appropriate tricks for bar, vault, floor and rings will be introduced. Students can learn the basic movements for each event in a well-supervised and safe environment. Please bring a labeled water bottle. **Age: 4-6**

Date	Day	Time	R/NR
9/11 - 10/23	M	6:30-7:30pm	\$86/\$96

Skip: 10/9

9/14 - 10/19	Th	6:30-7:30pm	\$86/\$96
10/30 - 12/18	M	6:30-7:30pm	\$100/\$110

Skip: 11/20

10/26 - 12/14	Th	6:30-7:30pm	\$100/\$110
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Skip: 11/23

📍 L.T. South Campus Gymnastics Gym, LG

YOUTH ARCHERY REGISTER

Instructor: SportsKids Inc.

Archery participants will learn the parts of an arrow and recurve bow, the basics of using a recurve bow, and fundamental shooting skills in an extremely safe environment. They also will learn and excellent, nationally recognized beginner's 9-step to the 10-ring progression which was created by the Coaches Development Committee of the National Archery Association. Blunt tipped arrows, bows, and targets are provided. Please bring a labeled water bottle. **Age: 7-10**

Date	Day	Time	R/NR
9/11-10/16	M	5:00-5:45pm	\$65/\$75

📍 Denning Park, LG

GYMNASTICS 102 REGISTER

Instructor: SportsKids Inc

This class is an advancement from Gymnastics 101 with more technique. Prerequisite for this class is to perform a successful cartwheel, swing and supports on the bars, and squat on the vault. Please bring a labeled water bottle. **Age: 5-7**

Date	Day	Time	R/NR
9/11 - 10/23	M	6:30-7:30pm	\$86/\$96

Skip: 10/9

9/14 - 10/19	Th	6:30-7:30pm	\$86/\$96
10/30 - 12/18	M	6:30-7:30pm	\$100/\$110

Skip: 11/20

10/26 - 12/14	Th	6:30-7:30pm	\$100/\$110
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Skip: 11/23

📍 L.T. South Campus Gymnastics Gym, LG



BOYS BEGINNER GYMNASTICS**REGISTER**

Instructor: SportsKids Inc

This beginner class will cover basic skills and safety techniques for each event. Boys will cover the 6 Olympic Events: floor, parallel bars, low bar, vault, pommel horse, and rings. Please bring a labeled water bottle. **Age: 7-10**

Dates	Day	Time	R/NR
9/11 - 10/23	M	7:30-8:30pm	\$86/\$96
Skip: 10/9			
10/30 - 12/18	M	7:30-8:30pm	\$100/\$110
Skip: 11/20			

📍 L.T. South Campus Gymnastics Gym, LG

GIRLS BEGINNER GYMNASTICS**REGISTER**

Instructor: SportsKids Inc

Basic skills on the vault, bars, floor, low beam and more. Many lead-up progressions will be taught to help a gymnast have a good core knowledge of the sport. Please bring a labeled water bottle. **Age: 7-10**

Dates	Day	Time	R/NR
9/14 - 10/19	Th	7:30-8:30pm	\$86/\$96
10/26 - 12/14	Th	7:30-8:30pm	\$100/\$110
Skip: 11/23			

📍 L.T. South Campus Gymnastics Gym, LG

TUMBLING FOR BEGINNERS**REGISTER**

Instructor: SportsKids Inc

Start out learning the proper way to perform rolls, handstands, and cartwheels. A great way to have an introduction to tumbling and to open the door to gymnastics possibilities. Please bring a labeled water bottle. **Age: 7-18**

Dates	Day	Time	R/NR
9/14 - 10/19	Th	6:30-7:30pm	\$86/\$96
10/26 - 12/14	Th	6:30-7:30pm	\$100/\$110
Skip: 11/23			

📍 L.T. South Campus Gymnastics Gym, LG

TUMBLING ON**REGISTER**

Instructor: SportsKids Inc

This class continues the tumbling skills past handstands and cartwheels to limbers, walkovers, handsprings, and possibly flip-flops. Round-offs and pirouettes will also be included. Please bring a labeled water bottle. **Age: 9-18**

Dates	Day	Time	R/NR
9/11 - 10/23	M	7:30-8:30pm	\$86/\$96
Skip: 10/9			
10/30 - 12/18	M	7:30-8:30pm	\$100/\$110
Skip: 11/20			

📍 L.T. South Campus Gymnastics Gym, LG

SPIRIT KIDS**REGISTER**

Instructor: M. Dawson

Get in the spirit of cheerleading and pom poms by learning a variety of basic jumps, kicks, mounts, chants, cheers, and 'pom' routines. Each class will also include stretches, warm-ups, exercises encouraging strength, balance, and endurance, and the practice of simple tumbling skills. Through trusting others, your child will experience the fun and importance of being part of a team. Loose clothing and gym shoes recommended. **Age: 6-11**

Dates	Day	Time	R/NR
9/8 - 10/13	F	6:00-6:45pm	\$48/\$58
10/27 - 12/15	F	6:00-6:45pm	\$48/\$58
Skip: 11/17, 11/24			

📍 Recreation Center, 1501 Barnsdale Road, LP

BEGINNER HORSEBACK RIDING**REGISTER**

Instructor: New Traditions Riding Academy, LLC

You will learn to master the walk, sitting and posting trot, steering basic maneuvers such as circles and reverses, standing up in the stirrups at the walk, walk without the stirrup irons, halt, reverse both on the wall and through the center of the ring, mount and dismount correctly, switch whip correctly, basic, grooming skills and attend a youth group meeting. **Age: 7 and older**

Dates	Day	Time	R/NR
9/11-10/9	M	4:30-5:30pm	\$250
9/13-10/11	W	4:30-5:30pm	\$250
9/16-10/14	Sa	2:30-3:30pm	\$250

📍 New Traditions Riding Academy, 101000 S Kean Ave, Palos Hills

CO-ED ADULT BAGS LEAGUE REGISTER

Teams will play three games up to 21 points each night, with the possibility of teams playing double headers. League will follow America Cornhole Association rules. Prizes will be awarded to the top teams, depending upon registration. Registration is per team, with a roster max of 3 players per team.

Captains' information will go out 1 week ahead of the season start date.

Age: 18 and older

Dates	Day	Time	R/NR	Reg by:
9/13-11/15	W	6-8pm	\$100/\$150	Sep 6

📍 Robinhood Park Tennis Courts

ADULT INDOOR PICKLEBALL LEAGUE REGISTER

Players must know how to play, keep score, and know the basics. Each season will consist of 6 games, followed by a Single-elimination tournament. Games consist of (3) matches to 11. Games are self-officiated. Players will register as a team of 2 but must sign up for the league individually. All games are doubles format. Registration deadline is a week before the start of the season. Awards will be given to the top 4 teams in the league. Captains' information will go out 1 week ahead of the season start date.

Age: 18 and older

Dates	Day	Time	R/NR	Reg by:
10/3-11/21	Tu	6-9pm	\$50/\$60	Sep 28

Skip: 10/31

11/28 – 1/23	Tu	6-9pm	\$50/\$60	Nov 21
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Skip: 12/26

📍 Park Jr High School



WOMEN'S VOLLEYBALL LEAGUE REGISTER

Players must know how to play, keep score, and know the basics. This volleyball league features teams of 12 players registered as one team and will face off in a 10-game season plus single elimination tournament. All games will have a patched official. Registration deadline is a week before the start of the season. Awards will be given to the league champion.

Note: A captain's meeting will be scheduled for October 4th at 6:30pm on Zoom. Zoom link will be sent out that morning. Age: 18 and older

Dates	Day	Time	R/NR	Reg by:
10/10-1/16	Tu	6-10pm	\$450/\$525	10/3

📍 Park Jr High School

PICKLEBALL BEGINNER

[REGISTER](#)

Instructor: Certified USA Pickleball coaches

If you've never played Pickleball before, this is designed especially for you! Taught by experienced instructors, this course will cover the basics of Pickleball rules, terminology, primary skills, coordination, beginner court time, and more. These sessions help develop techniques and strategies for social play. Equipment provided or bring your own. Every attempt will be made to make up classes cancelled due to weather. Please bring a water bottle to class. **Age: 18+**

Dates	Day	Time	R/NR
9/11-9/25	M	8:30-10:00am	\$68/\$78
9/13-9/27	W	10:00-11:30am	\$68/\$78
9/13-9-27	W	6:00-7:30pm	\$68/\$78
9/13-9-27	W	7:30-9:00pm	\$68/\$78
10/9-10/23	M	6:00-7:30pm	\$68/\$78
10/9-10/23	M	7:30-9:00pm	\$68/\$78
10/10-10/12	Tu,W,Th	8:00-9:30am	\$68/\$78
10/17-10/19	Tu,W,Th	8:00-9:30am	\$68/\$78

📍 Memorial Park Pickleball Courts



PICKLEBALL ADVANCED BEGINNER

[REGISTER](#)

Instructor: Certified USA Pickleball Coaches

If you have taken the beginner pickleball class and want to continue to improve your game, learn new skills and develop your playing strategy, this class is for you! Some of the intermediate skills covered in this class include comfort zone, dinks, footwork for dinks, push it forward, keep it low, third shot drop, lobs, overheads, court positioning, and playing with a partner. Equipment provided or bring your own. Every attempt will be made to make up classes cancelled due to weather. Please bring a water bottle to class. **Age: 18+**

Dates	Day	Time	R/NR
9/11-9/25	M	6:00-7:30pm	\$68/\$78
10/11-10/25	W	6:30-8:00pm	\$68/\$78

📍 Memorial Park Pickleball Courts

PICKLEBALL PRIVATE & SEMI-PRIVATE LESSONS

[REGISTER](#)

Instructor: Certified USA Pickleball Coaches

Are you looking for one on one experience? Taught by experienced instructors, this course will cover the exact facets of the game that matter to you. Interested participants will sign up through the park district and be assigned a time for their lesson, based on the participants schedule. Equipment provided or bring your own. Every attempt will be made to make up classes cancelled due to weather. Please bring a water bottle to class. **Age: 18+**

Dates	Day	Time	R/NR
9/1-10/27	F	9:00-3:00pm	\$45 per hour of instruction

📍 Memorial Park Pickleball Courts



BASIC YOGA

[REGISTER](#)

Instructor: T. Mikuls

Yoga in the evening can produce a more restful night's sleep. Yoga brings tranquility, balance and strength to your life. We'll focus on meditation, breathing exercises, alignment, and basic yoga poses. Awaken your inner spirit with yoga philosophy and challenge your body to stretch. This class is suitable for all experience levels. Wear comfortable clothes and bring your yoga mat. **Age: 16 and older**

Dates	Day	Time	R/NR
9/20 - 10/25	W	6:30-7:30pm	\$49/\$59
11/1 - 12/6	W	6:30-7:30pm	\$49/\$59
12/13 - 1/24	W	6:30-7:30pm	\$49/\$59

Skip: 12/27

📍 Recreation Center, 1501 Barnsdale, LP

CHAIR EXERCISE

[REGISTER](#)

Instructor: M. Dawson

Using exercise equipment doesn't have to be complicated or expensive! This class is designed for adults ages 50 & better to reduce arthritis pain and stiffness, build muscle around your joints, increase your energy, and prevent other health problems. Modifications will be made for those who are unable to perform certain moves. Please bring a water bottle to class. **Age: 50 and older**

Dates	Day	Time	R/NR
9/12-10/17	Tu	10:45-11:30am	\$39/\$49
10/24-12/5	Tu	10:45-11:30am	\$39/\$49

Skip: 11/21

📍 Recreation Center, 1501 Barnsdale, LP

YOGA FITNESS

[REGISTER](#)

Instructor: T. Mikuls

Experience Yoga Fitness with a combination of Pilates, weightlifting, yoga poses and balance work. We use the ballet bar for balancing and many other strength building movements. Experience this slow flow yoga fitness class. The instructor leads you through a balanced approach to a toned and strong body. The class will begin with simple breathing exercises to release the thoughts and calm the mind. A warm-up of stretches will be followed by a slow stepping through yoga poses to strengthen both small and large muscles. Bring a yoga mat.

Age: 16 and older

Dates	Day	Time	R/NR
9/28-11/2	Th	8:30-9:30am	\$49/\$59
11/9-12/21	Th	8:30-9:30am	\$49/\$59

Skip: 11/23

📍 Recreation Center, 1501 Barnsdale, LP



Stay up to date!

@communityparkdistrict

STRENGTH TRAINING WITH ABS REGISTER

Instructor: M. Dawson

This strength training class is designed to increase your metabolism and help with muscle endurance by lifting weights. This intense but easy-to-follow workout will give you a total body workout. This class is great for burning fat and will have you feeling stronger by the end of the session. Please bring a mat to class.

Age: 16 and older

Date	Day	Time	R/NR
9/12 - 10/17	Tu	9:15-9:50am	\$32/\$42
10/24 - 12/5	Tu	9:15-9:50am	\$32/\$42
Skip: 11/21			
9/10 - 10/15	Su	8:05-8:40am	\$32/\$42
10/29 - 12/10	Su	8:05-8:40am	\$32/\$42

Skip: 11/26

📍 Recreation Center, 1501 Barnsdale Road, LP

ADULT TAP WORKOUT REGISTER

Instructor: M. Dawson

Tap is an upbeat dance form that is a great way to exercise your mind and body, so come along and join the fun! Class includes warm-ups, basic step, and traveling combinations. Tap shoes are required. Please bring a water bottle to class.

Age: 16 and older

Date	Day	Time	R/NR
10/27-12/15	F	6:45-7:30pm	\$48/\$58

Skip: 11/17, 11/24

📍 Recreation Center, 1501 Barnsdale Road, LP

ZUMBA REGISTER

Instructor: M. Dawson

Ditch the workout - join the party! ZUMBA has easy to follow moves and routines. Featuring interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got ZUMBA! Please bring a water bottle to class. **Age: 16 and older**

Date	Day	Time	R/NR
10/27-12/15	F	8:15-9:00pm	\$39/\$49

Skip: 11/17, 11/24

📍 Recreation Center, 1501 Barnsdale Road, LP

PILATES REGISTER

Instructor: M. Dawson

The Pilates method of body conditioning promotes physical harmony while providing a refreshing and energizing workout. The program focuses on the core postural muscles such as the abdomen, lower back, and hips, which help keep the body balanced and are essential to providing support for the spine. Please bring a mat & water bottle to class. **Age: 16 and older**

Date	Day	Time	R/NR
9/12-10/17	Tu	9:55-10:40am	\$39/\$49
10/24 - 12/5	Tu	9:55-10:40am	\$39/\$49

Skip: 11/21

📍 Recreation Center, 1501 Barnsdale Road, LP

ADULT BALLET REGISTER

Instructor: M. Dawson

Reconnect with your grace and flexibility! This class is perfect for those who haven't danced in years or brand-new beginners. Learn proper ballet technique while improving muscle tone, balance, and memory. Ballet shoes are recommended, but not required. Please bring a water bottle to class. **Age: 16 and older**

Date	Day	Time	R/NR
10/27-12/15	F	7:30-8:15pm	\$48/\$58

Skip: 11/17, 11/24

📍 Recreation Center, 1501 Barnsdale Road, LP



VETERANS

MEMORIAL



The Veterans Memorial was dedicated on September 20, 2014. Our Memorial is unlike many memorials in that it will continue to grow each year as memorial bricks are purchased and placed in the Memorial Plaza. The Community Park District of LaGrange Park's Veterans Memorial was built to honor ALL active duty and military veterans whether they served in times of conflict or times of peace. We feel that it is important to recognize all men and women who have served or are now serving because they never knew what tomorrow would bring as they protected America. There is no better way to honor your favorite active duty or military veteran than by placing a brick in his or her honor in our Plaza.

Memorial bricks can be purchased by submitting an order form found on the following page. You can also visit our website and download the form. If you have any questions you can call the park district office at 708-354-4580 and speak with Susan Zander.

In response to community requests, donors who have purchased a memorial brick for the plaza will have the opportunity to buy a replica brick that can be given as a gift or kept for their own special memorial. Special prices for replica bricks are as follows: 4x8 Bricks are \$60.00 and 8x8 Bricks are \$75.00. Brick orders are placed once during the year, with January 31st as the deadline for all orders. A replica brick form can be found on our website at communityparkdistrict.org.





VETERANS MEMORIAL FUND DONATION AND BRICK ORDER FORM

Donor's Name: _____ Phone # _____

Address: _____

Email Address: _____

Donation Amount (Check One) ☐ \$100 ☐ \$200 ☐ \$500 ☐ Other

Paid by (Check One) ☐ Check # _____ ☐ Visa ☐ Master Card

Check Payable To: Community Park District

(For security, we will phone you for credit card info.)

Any donation over \$500 will have On Site
Recognition & Two 8x8 Bricks

\$ 200 One 8" x 8" or Two 4" x 8" Bricks
\$ 100 One 4" x 8" Brick

Any donation is greatly appreciated. Donations of \$100 or more are invited to order an engraved paver brick(s) to honor the contributions of a family member or friend. All inscriptions are in capital letters and centered for uniformity and readability. **Please use the correct grid below to provide your engraving instructions.**

Please use this form if ordering a 4"x8" brick

Please use this form if ordering an 8"x8" brick

NEW: Replica Brick(s) A Replica Brick may be added to your order. A 4x8 Brick will be \$60.00 and an 8x8 Brick will be \$75.00 You can also-make arrangements to have your brick shipped to an alternate address. See Park District Staff for additional shipping and handling charges.

Replica Amount: _____ Shipping & Handling _____

PLEASE RETURN TO:
Community Park District of La Grange Park
Veterans Memorial Brick Order
1501 Barnsdale Road
La Grange Park, IL 60526
or: Fax: 708-354-4577
or: szander@communityparkdistrict.org

Registration Form

Insert this form, along with your check or money order payable to the Community Park District and drop off or mail to the Community Park District, 1501 Barnsdale Road, LaGrange Park, IL 60526. To pay by cash or credit card, visit the front desk during normal business hours. Credit cards are also accepted for most programs through on-line registration at www.communityparkdistrict.org.

PRIMARY CONTACT		EMAIL ADDRESS	
ADDRESS		CITY	ZIP
1ST NUMBER TO CALL CIRCLE: <input type="radio"/> CELL <input type="radio"/> HOME <input type="radio"/> WORK	2ND NUMBER TO CALL CIRCLE: <input type="radio"/> CELL <input type="radio"/> HOME <input type="radio"/> WORK	3RD NUMBER TO CALL CIRCLE: <input type="radio"/> CELL <input type="radio"/> HOME <input type="radio"/> WORK	
WOULD YOU LIKE TO RECEIVE TEXT ALERTS? <input type="radio"/> YES <input type="radio"/> NO IF YES, WHO IS YOUR CARRIER?			

Community Park District desires to meet the leisure needs of all our residents. We will do our best to accommodate requests.

1. Do you or a family member require special assistance? ☐ Yes ☐ No If Yes, please contact the office at 708-354-4580.

2. Are there any allergies the CPD needs to be aware of that would affect participation in class? ☐ Yes ☐ No

If Yes, please state allergies in writing and attach to the registration form.

PARTICIPANTS NAME	SEX	DATE OF BIRTH	AGE	PROGRAM NAME	SESSION (IF APPLICABLE)	FEE

PHOTO INFORMATION

On occasion, the park district staff or local newspaper photographers may take pictures of participants in our programs, classes or events. Please be aware that these pictures are only for Park District use, most likely in future catalogues, brochures, pamphlets, flyers, or for publication in a local newspaper including Facebook.

IMPORTANT INFORMATION

The Community Park District is committed to conducting its recreation program and activities in a safe manner and holds the safety of participants in high regard. The Community Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen.

Depending on the particular activity, participant must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to outdoor and indoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Community Park District to guarantee absolute safety.

Total Due _____

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the risk of any and all injuries, damages or loss regardless of severity, that my child/ward or I sustain as a result of said participation. I further agree to waive and relinquish all claims I or my child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Community Park District, including its officials, agents, volunteers, and the employees (herein collectively referred as Community Park District of LaGrange Park).

I do hereby fully release and forever discharge the Community Park District from any and all claims for injuries, damages, or loss that minor child/ward or I may have or which may accrue to my child/ward or me and arising out or connected with, or in any way associated with this program/activity. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims.


Signature _____

(If under 18 years of age, this form must be signed by a parent or guardian)

Date _____

Receipt # (For office use)

REGISTRATION INFORMATION:

1. **Resident Registration:** Online and walk-in resident registration will begin on Thursday, August 3, at 8:30 am. To register online, go to www.communityparkdistrict.org. For walk-in registration, visit the Park District office at 1501 Barnsdale Road, during business hours. Residents may only register their own family members.
2. **Non-resident Registration:** Online and walk-in registration for non-residents begins Thursday, August 10, at 8:30 am. To register online, go to www.communityparkdistrict.org. For walk-in registration, visit the Park District office during normal business hours.
3. **First Come, First Served:** All programs have a minimum and maximum enrollment and will be filled on a first come, first served basis.
4. **Program Waiting Lists:** Maximum enrollments for programs ensure quality and safety for all participants. Waiting lists will be established. Program rosters are monitored for withdrawals and waiting lists are contacted as spots become available. Residents on a waiting list are given priority when an enrollment becomes available.
5. **Cancellations:** All classes are subject to cancellation if they do not meet the minimum enrollments a week before the class starts, unless otherwise noted. A full refund will be given.
6. **Refund Policy:** A full refund will be issued if requested within five business days prior to the start of the class. A 20% administrative fee will be applied if request is received within four or fewer business days prior to the start of the class. Prorated refunds MAY be issued, once a class starts, in case of injury or illness. A physician's note may be required. No administrative fee will be applied for a medical release. The following EXCEPTIONS to all above rules apply: Ready Teddy Preschool registration fee and tuition, sports leagues fees, and contractual programs such as tickets to entertainment and special events and trips.
7. **NSF:** A non-sufficient fund fee will apply, in the event that a program is paid for by a check and that check is returned to the District stamped NSF or Closed Account. A full payment will be required in cash or cashier's check before attendance in a class can continue. A fee will be added, up to \$25.00 for all checks returned.
8. **Proof of Residency:** Proof of residency may be required to qualify for resident rates for program registration. A state ID or current utility bill is acceptable.
9.  **Co-Op Programming:** If the graphic symbol appears next to a program title, it is a cooperative program and resident rates will apply to all agencies included.
10. **Proof of Age:** The Community Park District reserves the right to require proof of age for participants when age is a factor.
11. **Payment Methods:** We accept VISA, MasterCard, Discover, American Express, cash and checks. Proper ID might be required.
12. **Absolutely NO money or registration will be accepted at any class site. All registrations must** be processed and completed either online or at the Park District office during normal business hours.

DISCLAIMER

The Community Park District of La Grange Park makes every effort to provide complete and accurate information about our programs contained within this brochure. If any error has occurred, the Park District has the right to revise, delete, or change any information it deems necessary.

FEE ASSISTANCE-SCHOLARSHIP FUND

If you are aware of any La Grange Park resident who is being denied the right to participate in recreation programs due to financial hardship, please call the Park District Office at (708) 354-4580. Requests will be considered on an individual basis and should be made as soon as possible. Funds are limited and distributed on an equal basis.

CODE OF CONDUCT

To ensure an enjoyable and safe program for all participants, the Community Park District has developed a code of conduct. Participants and spectators must:

- ✓ Show respect to all participants and staff
- ✓ Refrain from using foul language
- ✓ Refrain from causing bodily harm
- ✓ Treat equipment, supplies and facilities with respect

Temporary removal or permanent suspension from the program and/or facility may result if behavioral standards are not maintained.

NOTE TO PARENT OR GUARDIAN

When present in the classroom with the assigned teacher, children are under the instructor's supervision. In all cases, it is understood that children eight years and older are responsible for their own behavior and whereabouts while they are at a program site. Parents should establish and discuss with their children both drop-off and pick-up arrangements, and guidelines relative to expectations of on-site conduct.

EMPLOYMENT OPPORTUNITIES

Stop by the Park District office and ask for an application. Available positions are based on programming needs. Please visit communityparkdistrict.org for more information.



ENRICHMENT CLASSES

This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschoolers, whether or not they attend Ready Teddy Preschool.

MEMORIAL PARK LIGHTED SIGN

Resident, non-profit groups may reserve a space on our lighted sign located on LaGrange Road and Woodlawn Avenue. You can download a lighted sign request form from our website at cpdlgp.org. If you need additional information, please call us at (708) 354-4580.

LIVING TREE MEMORIAL/BENCH MEMORIAL

A tree or park bench is offered through the Community Park District. If you would like to commemorate a date, person, event, or organization, you may have a tree planted or a park bench installed in one of our six beautiful parks. It is a thoughtful way to remember a loved one as well as beautify a park site. A nameplate honoring your loved one will also be placed on our "Tree of Life" Memorial Wall located in the Recreation Center. If you are interested or have any further questions, please contact us at 708-354-4580.

SAFETY FIRST!

Safety is of the utmost importance to us. Please report any safety hazards at any Park District property to the Park District office at 708-354-4580. In case of an immediate emergency and the Park District office is closed please call the La Grange Park Police at 708-352-2151 or dial 911.

NON-DISCRIMINATION

The Community Park District of La Grange Park is an Equal Opportunity Employer and does not discriminate based on race, color, national origin, sex, disability or age in the offering and administering any of its recreation programs, services, park areas, and facilities.

PETS IN THE PARKS POLICY

Animals - No person shall bring any animal in or upon any CPD property without first obtaining a permit from the CPD, unless enrolled in a park district sponsored dog training program. Service animals are excluded from this policy.

1. Dogs are strictly prohibited from all CPD events, except for special events where animals are part of the event with prior CPD approval; from all athletic fields, all tennis courts, all basketball courts; all playgrounds; and parks, except those designated as "Dog Friendly".
 2. CPD "Dog Friendly Parks" are defined as:
 - A. Memorial Park
 - B. Hanesworth Park
 - C. Robinhood Park
 - D. Stone Monroe Park
 3. No person owning or keeping a dog shall allow such dog to run freely in any park, including "Dog Friendly Parks."
 4. Dogs must be securely fastened and restrained by a leash not more than six feet in length at all times.
 5. Dog licenses and proof of vaccinations must be displayed on the dog's collar.
 6. No person owning or keeping a dog shall allow such dog to enter upon or remain upon any area of the park utilized as an athletic field, court, children's play area, or posted to prohibit dogs.
 7. Owners or keepers of dogs shall carry appropriate equipment to and shall immediately clean the dog's waste and deposit the waste in an appropriate waste receptacle.
 8. Aggressive or nuisance animals are prohibited from all parks.
 9. Dogs that exhibit aggressive behavior or nuisance barking, must be removed from the park immediately.
 10. Any person found in violation of this section shall be fined not less than \$50 or more than \$250
- Please notify us if you see violations of this policy by emailing jcanaday@communityparkdistrict.org.

SENIOR FRIENDS

The Park District hosts a Senior Friends group, which meets once a month. A variety of activities are planned each month. Call 708-354-4580 and give us your email address. We will send you information about the next scheduled meeting. If you do not have an email address, simply leave us your name and address and we will mail you the information.

RESIDENT POLICY

Non-resident enrollment into any Community Park District program is gladly accepted. Please make note of the following:

1. Non-residents will pay no more than \$10.00 additional for a program, or 50% of the program fee, whichever is the lesser amount (unless otherwise noted).
2. Non-resident registration begins one week after resident registration.
3. Residents on a waiting list are given priority when an enrollment becomes available.

Do not know if you are a Park District resident?

Any address within La Grange Park boundaries will have a 60526 zip code.

AGING CARE CONNECTIONS

Located in LaGrange, Aging Care Connections is a private, not-for-profit organization dedicated to making a difference in the lives of older adults and their families through community-based services that promote dignity, self-respect and independence. Aging Care Connections provides comprehensive services to adults age 60 and older, their caregivers, and their families in La Grange Park and 37 other communities in suburban Cook County. Our mission is "to enrich the quality of life in our community by providing older adults and their families with guidance and support that enhance the ability to age well" through programs delivered by a team of highly skilled, objective, and unbiased experts. Aging Care Connections is located at 111 West Harris Avenue, LaGrange and is open Monday – Friday, 8:30 a.m. to 4:30 p.m. If you have a question about aging, please stop by, call 708-354-1323 or email www.agingcareconnections.org for more information.

FRIENDS OF THE LIBRARY, LA GRANGE PARK

The La Grange Park Friends of the Library Book Shop is staffed entirely by volunteers. Presently, we have 25 volunteers, but could always use more. We save and recycle books, magazines, DVD's and CD's, selling them at modest prices and providing unsold materials free to community institutions. The shop hours are the same as the library hours and open when there is a volunteer present. To be sure the shop is open, or if you would like to become a volunteer, please call the Library at 708-352-0100.

LA GRANGE PARK LITTLE LEAGUE

Contact Little League President Nicholas Michaels (nicholas.michaels@gmail.com) or visit their website at www.lgplittleleague.com.

AYSO

American Youth Soccer Organization parent hotline (708) 930-3034, or visit their website at www.ayso300.org

VILLAGE FIELD CLUB (VFC)

The Village Field Club is a private pool. E-mail them at general@villagefieldclub.com

THE GARDEN CLUB OF LA GRANGE PARK

Club meetings are held at 12:00 on the first Monday of each month from October through June at the LaGrange Park Village Hall. Please call Irene Deyoung at 708-531-1143 for membership information.

LA GRANGE AREA NEWCOMERS AND NEIGHBORS ASSOCIATION

Welcome to La Grange Park! If you are a new resident and would like some additional information about La Grange Park or surrounding communities, please visit their website at www.lgnewcomers.com.

GREATER LA GRANGE AREA MOMS CLUB (GLAM)

This group welcomes working and at-home mothers in the La Grange Park area. This member-organized group holds activities during weekdays and in the evenings. They also lead several service projects throughout the year. For more information, please visit their website at: meetup.com/GLAM-Greater-La-Grange-Area-Moms-Club/.

THE LA GRANGE AREA HISTORICAL SOCIETY

The society is devoted to the collection and dissemination of the history of the LaGrange area. The Vial House Museum is located at 444 S. La Grange Road, La Grange is open each Wednesday 9:30am-12pm & the last Sunday of the month 1pm-4pm. You can also make an appointment by using the contact form on their website or by calling 708-482-4248 for research, tours, and school groups. Please watch their website www.lagrangehistory.org or Facebook for information about the many special events they host throughout the year. Join today and experience the many benefits of membership including free admission to select programs and to receive their monthly newsletter.

INTERFAITH COMMUNITY PARTNERS

Interfaith Community Partners is a non-profit organization which provides transportation to older adults to physician appointments, grocery shopping, and other quality life errands like trips to the bank, hairdresser, and church. If you or a friend could benefit from these services or if you are able to volunteer to drive, please call Interfaith Community Partners at (708) 354-9328 or visit their website at <http://www.interfaithcommunitypartners.org>.

FACILITY RENTAL

Basic resident room rental fees begin at \$70.00 per hour for groups of 80 or fewer, \$95.00 per hour for groups of 81 to 120, and \$100.00 per hour for groups of 121-180, with a minimum of two-hour rentals required. Non-resident fees are slightly higher. (Rental hourly fees subject to change). Your fee includes the use of the room, kitchen and set up to your desired layout. For additional information, including a rental brochure and a list of additional fees, please contact the Park District at 708-354-4580. For online viewing, visit our website at www.communityparkdistrict.org, choose forms, facility rental.

Community Park District of
La Grange Park

Facility Rentals

Call for more information!
(708) 354-4580

For additional information, please
contact the Park District office or
visit our website at
www.communityparkdistrict.org



Planning your next event?

Let the Community Park District host your next birthday, baby shower or family get together! Our Multi-Purpose Room is great option for groups up to 150 guests. MPR Rentals include setup of provided tables & chairs, access to our full kitchen, and an onsite attendant to address any needs that may arise. Rental times must include all time needed including setup and take down of event.

PARKS MAKE LIFE BETTER!

Take your family to the park!

Community Park District offers several outdoor picnic spaces for your next gathering. Looking for a covered pavilion at Memorial Park, close to the sports? Or a quiet, tucked away picnic at Beach Oak Park? We have a setting that will fit any occasion. Please reach out in advance for larger gatherings to ensure we can accommodate your needs.



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HLC4157

SEASPAR (the South East Association for Special Parks And Recreation) enriches lives through recreation by providing programs and services for individuals with disabilities served by the **Community Park District of La Grange Park** and eleven other communities.

SEASPAR offers a wide variety of year-round recreational opportunities for all ages, including:

- Physical Fitness
- Creative Programs
- Social Activities
- Trips and Community Outings
- Day Camps
- Adapted Sports
- Athletics & Special Olympics Training
- Adult Day Program
- Multi-Sensory Rooms

FUN
Designed
FOR INDIVIDUALS WITH DISABILITIES



SEASPAR SERVES THE RESIDENTS OF:

- Village of Brookfield
- Clarendon Hills Park District
- Darien Park District
- Downers Grove Park District
- Village of Indian Head Park
- Park District of La Grange
- ★ **Community Park District of La Grange Park**
 - Lemont Park District
 - Lisle Park District
 - Village of Western Springs
 - Westmont Park District
 - Woodridge Park District

See what we're all about! Follow **SEASPAR** on your favorite social media app for the latest news, photos, videos, and happenings.



Lorenzo F.
SEASPAR Participant

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JUNE 22
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JULY 6
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JULY 20
THE SECRET LIVES



AUGUST 17
CHERYL RODEY



AUGUST 31
GOOD JIM & KELLY



SEPTEMBER 7
JASON PAUL JEKA



SEPTEMBER 21
THE SIMPLE REMEDY

In the event of rain, the show will be moved inside.

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