

Fall 2015













Resident registration forms are due Thursday, August 13 by 5:00 pm to be part of the random draw process

BOARD OF COMMISSIONERS



Board of Commissioners

Karen Boyd
Jeff Kilrea
Tim Ogden
Lucy Stastny
Robert Corte

President
Vice President
Treasurer
Secretary
Commissioner

The Community Park District Board of Commissioners is comprised of five commissioners elected by Park District residents to serve unpaid, four-year terms. The Board governs, on behalf of residents, all activities of the Park District. Regular Park Board meetings are held on the second Monday of each month at the Recreation Center, 1501 Barnsdale Road, at 6:30 pm. Your attendance is both welcome and encouraged.

Administrative Staff

Aleks Briedis, CPRP **Executive Director Martin Healy** Maintenance Supervisor Dean Carrara, CPRP Superintendent of Recreation Darla Goudeau Recreation Supervisor Recreation Supervisor **Dave Romito** Peggy Ronovsky Office Manager Assistant Office Manager Nancy Daum Cristina Marconi **Recreations Specialist** Maintenance Assistant **Brian Stuart Building Maintenance Roy Rogers Phil Mesi Finance Consultant** Safety Coordinator Megan Jadron

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Park District Office Location Recreation Center

1501 Barnsdale Road LaGrange Park, IL 60526

Phone: 708.354.4580 Fax: 708.354.4577 Website: communityparkdistrict.org

Park District Office Hours

Monday through Friday 8:30 am - 5:00 pm

Saturday Hours after Labor Day 9:00 am - 12:00 pm

Park Locations

Memorial Park, 132 Oak Avenue
Robinhood Park, 30th and Robinhood Lane
Hanesworth Park, 26th and Barnsdale Road
Beach-Oak Park, Beach and Oak Avenue
William G. Yena Park, 29th and Harrison Avenue
Stone-Monroe Park, Stone and Monroe Avenue

Program Locations

Recreation Center/Park District Office

1501 Barnsdale Road, LaGrange Park

Denning Park, LG

4903 S. Gilbert Avenue, La Grange

Forest Road School

920 Barnsdale Road, LP

Grand Avenue Community Center, WS

4211 Grand Avenue, Western Springs

Hanesworth Park, LP

1545 Barnsdale Road, La Grange Park

Katherine Legge Memorial Lodge

5901 S. County Line Road, Hinsdale

Memorial Park, LP

132 Oak Avenue, La Grange Park

Park Junior High School

333 N. Park Road I.P.

Recreation Center LP

1501 Barnsdale Road, La Grange Park

Recreation Center, LG

536 East Avenue, La Grange

Recreation Center, WS

1500 Walker, Western Springs

Village Hall, LP

447 N. Catherine, La Grange Park

Village Potters, LP

333 N. La Grange Road, La Grange Park

TOUTH Programs	Z3
Adult and Senior Interests	
Fitness Programs	
Sports	
Calendar of Events	
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	SP	ORT FIELD	S		SPORT COURTS			OTHER FACILITIES						BUILDINGS
Park Name	Baseball	Softball	Soccer	Basketball	Multi-Use Play Court	Volleyball	Tennis	Playground	Picnic Shelter	Fitness Trail	Parking Spaces	Sleding Hill	Toilets	
Beach/Oak .6 Acre				2	1			2	1				YES	
Hanesworth 5.0 Acre	2 Lighted							1 Lighted		.3 Miles	94		YES	Rec Center Concessions
Memorial 7.0 Acre	1		1	1 Lighted	1 Lighted	2 Lighted	2 Lighted	1	1	.4 Miles	30	1	YES	Activity Bldg Ampitheatre
Robinhood 3.0 Acre	1	1					2	1	1		18		YES	
Stone/Monroe 2.5 Acre	0	2	1	1			2	1	1		10		YES	
William G. Yena 5.0 Acre	2	0	1	3		1	2	2	2				YES	

Park Board News

The Board of Commissioners for the Community Park District of La Grange Park (CPD) recently passed its annual Combined Budget and Appropriation Ordinance for the coming fiscal year as well as its property tax levy filed with Cook County. The Board thought that it would be a good idea to share the budget process with residents so that the CPD's revenues and expenditures were better understood.

The Board attempts each year in its budget process to keep expenses to a minimum while providing a high level of service to the community. The CPD has 9 full time employees and also employs many part time staff to help offer classes as well as eight staff members who teach eleven preschool classes each year. The Board is consistently impressed how hard staff works to save money for the CPD. For example, staff annually seeks bids from utility providers, telephone service (both business and cellular), portable toilets and refuse collectors in order to get the best price for the District. There is a continued effort by staff to serve the community well and efficiently.

The CPD will actually levy slightly less in property taxes in the coming year. We estimate that a house with an assessed value of \$100,000 would have paid \$85.99 in property taxes for the CPD in taxes collected in 2014 and will pay \$81.46 in taxes collected in 2015. The amount of money levied in a given tax year is limited by state law to increase by the change in the Consumer Price Index as determined by the federal government, but any increase may not be greater than 5.0%. The CPD property tax levy has grown by a total of 4.0% over the last 4 tax years.

Property taxes are used to fund a variety of CPD expenses. The foremost use is salaries for staff. Property taxes are levied as well to pay for our pension liability as required by the State of Illinois and to pay social security obligations. We are proud to say that our pensions are fully funded and there will be no unexpected increases in pension costs as staff begins to retire. We also must pay for liability insurance which we receive from PDRMA, an insurance group that protects municipal organizations. Due to staff efforts, we consistently receive the highest rating from PDRMA which results in lower annual liability insurance costs.

Property taxes are also levied to pay for capital expenses. The Board refinanced its bonds in 2010 in order to take advantage of historically low bond interest rates. The savings that resulted has allowed us to begin to work on a Master Plan to improve our parks and to have available funds for any matching grants that we might be eligible. As you may know, the Board has been notified that we have received three OSLAD grants from the State to use to upgrade parks and to purchase property to expand Beach Oak Park. The CPD has not received the grant money for Memorial Park or for improvements to Beach Oak and so work cannot commence until we better understand the State's willingness to fund the promised grants.

The CPD's budget is funded by other means besides property taxes. We offered 327 different classes in 2014 plus preschool instruction for three different age groups. Classes and activities generated \$524,800 to pay for the many activities and classes. For the most part, the fees charged for these classes and activities have not increased over the last four years. The philosophy of the Board and staff is that we offer all of these events in order to benefit the community and to help to keep residents active.

The CPD also offers various events that are free to the public. Wednesday nights during the summer offer free concerts at Memorial Park and there are other events such as the Christmas tree lighting and the Easter egg hunt that are provided without any fee to the public. We are fortunate to work with sponsors in order to host these events. We have 8 sponsors for this summer's concerts and Costco recently partnered with us to host the Easter egg hunt event. We also partner with area businesses and community organizations such as the Chamber of Commerce and AYSO in order to offer various activities without using tax dollars.

The CPD tries very hard to live up to its Mission Statement which we read at the beginning of every meeting: Our mission is to encourage a healthy lifestyle by providing appropriate parks and facilities, affordable, accessible, and meaningful recreational and instructional programs and services. The Board sincerely hopes that residents of La Grange Park agree. We welcome you to attend a Board Meeting which is held on the second Monday of each month at 6:30. We have a special section of the agenda each month to hear any comments from community members.

Stay active La Grange Park! Karen Boyd, Park Board President Community Park District Board of Commissioners

GENERAL INFORMATION

STAFF NEWS

I have been the Executive Director for almost six months and I couldn't be happier. Everyone has been so supportive, from the Board, to the staff to the community. I have witnessed the smiling faces of Ready Teddy preschoolers, the excitement of the Willy Wonka cast members, the accomplished looks of the Run for the Roses racers, the amazement of Easter Egg Hunt participants and so much more. I am thankful and humbled to be your new director. I will continue to work very hard for you, the community.

What is going on with Memorial Park? Memorial Park construction was scheduled to begin a few months ago. We are already under contract with a construction company. At the beginning of March, we were informed that our and all state OSLAD grants, including our grants for improvements at Memorial and Beach Oak parks have been suspended. We were told to immediately cease incurring any costs for the project. Luckily, these grant funds have not yet been swept with the other funds when the state was balancing the budget. OSLAD grants are dedicated funds for the grant program and, by state law, cannot be used for other purposes. The Governor has yet to release the grant funds. We hope he does sooner, rather than later, so we can begin Memorial Park this year.

If you would like to keep informed of the grant situation or other happenings at the District, my weekly reports and staff's monthly reports can be found at www.communityparkdistrict.org on the Meeting Packets page. The web site is new and we will continue to improve it. Our Board meetings are always open to the public and include a public comment agenda item, where the audience can address the Board directly. A meeting schedule can be found on the web site. And my door is almost always open, so feel free to stop by, email or call me with any questions or suggestions.

Thank you for your support. Aleks Briedis, CPRP **Executive Director** 708-354-4580 abriedis@communityparkdistrict.org

Non-Discrimination

The Community Park District is an Equal Opportunity Employer and does not discriminate on the basis of race, color, national origin, sex, disability or age in the course of offering and administering any of its recreation programs, services, park areas, and facilities.

Random Draw Process

To ensure equal opportunity, all resident registrations received by 5:00 pm on Thursday, August 13 will be pulled in a random order. A confirmation enrollment status sheet will be either emailed or mailed to the address provided on your registration form after Friday, August 14. In the event the program is filled you will be placed on a waiting list and your money returned. Wait-listed residents of La Grange Park have the highest priority. In the event a program is cancelled for any reason your money will be refunded in full. Once random draw registration is complete, residents will be accommodated on a first-come first-served basis. Non-resident registration begins on Friday, August 21 at 8:30 am.

Registration Procedures

- Enrollment in any of our programs requires a registration form like the one provided on page 42. Additional registration forms can be downloaded from our Community Park District website, www.communityparkdistrict.org. Please follow these steps when submitting a registration form:
- Review the brochure and choose your program(s).
- Print all required information and date of birth for minors.
- On the form, include both the program name and program code in the spaces provided.
- Complete form by signing at the bottom, including date.
- When mailing your registration, do not enclose cash. We accept personal checks, VISA, Discover, and MasterCard as payment. Forms can be mailed to our 1501 Barnsdale Road address, faxed to 708-354-4577 (include credit card information as payment when faxing) or dropped off at our registration desk. There is also a secure, outside drop box for after-hours use.
- Those with special needs related to a disability or allergy should check the box provided on the registration form. If box is checked, please notify the park district by phone at 708-354-4580 and speak with the department head in charge of program requested. If there is a food allergy or special food need, also state that in writing and attach to your registration form. Every reasonable effort will be made to accommodate the situation.

Absolutely NO money or registrations will be accepted at any class site. All registrations must be processed at the Park District office, 1501 Barnsdale Road, during normal business hours Monday through Saturday.

Refund Procedure

Refunds will be issued in the following manner. A full refund will be issued if requested within five business days prior to the start of the class. A 20% administrative fee will be applied if request is made within four or fewer business days prior to the start of the first class. Prorated refunds may be issued, once a class has started, in cases of injury or serious illness. A physician's note is required. No administrative fee will be applied for a medical release. The following exceptions apply: Ready Teddy Preschool, sports leagues, and contractual programs such as tickets to entertainment, special events and trips.

Disdaimer

The Community Park District of LaGrange Park makes every effort to provide complete and accurate information about our programs contained within this brochure. If any error has occurred, the Park District has the right to revise, delete, or change any information it deems necessary.

Don't Be Disappointed

If you want to take a class, don't delay, sign up by the random draw registration date. Make sure your registration arrives at the Park District office by 5:00 pm, Thursday, August 13, 2015. Many programs fill up quickly, so please submit your registration on time.

Fee Assistance Scholarship Fund

If you are aware of any La Grange Park resident who is being denied the right to participate in recreation programs due to a financial hardship, please call the Park District office at 708-354-4580. Requests will be considered on an individual basis and should be made as soon as possible. Funds are limited and distributed on an equal basis.

Waiting Lists

If a class reaches its maximum, a waiting list will be maintained. First priority will be given to La Grange Park residents, regardless of their placement on the waiting list.

Resident Policy

Non-resident enrollment into any Community Park District program is gladly accepted. Please make note of the following:

- 1. Non-residents will pay no more than \$10.00 additional for a program, or 50% of the program fee, whichever is the lesser amount (unless otherwise noted).
- 2. Non-resident registration begins one week after resident registration (based on availability).
- 3. Residents on a waiting list are given first priority when an enrollment becomes available.
- 4. Do not know if you are a Park District resident? The easiest and most positive identification is found on your property tax bill. If the Community Park District is among those services listed, all residents of that household are residents and receive all resident benefits. Additionally, any address within La Grange Park boundaries will have a 60526 zip code.

Enrichment Classes



This icon represents a program which will extend the Ready Teddy preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschoolers, whether or not they attend Ready Teddy Preschool.

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Co-Op What Does It Mean?



In order to increase the variety of recreation programs, we have joined forces on some programs with neighboring recreation agencies. If the graphic symbol of a handshake appears after a program please pay attention to the program location.

Code of Conduct

To ensure an enjoyable and safe program for all participants, the Community Park District has developed a behavioral code of conduct. Participant must:

- Show respect to all participants and staff
- Refrain from using foul language
- Refrain from causing bodily harm
- Treat equipment, supplies and facilities with respect

Temporary removal or permanent suspension from the program and or facility may result if behavioral standards are not maintained.

A Note to Parent or Guardian

When present in the classroom with the assigned teacher, children are under the instructor's supervision. In all cases, it is understood that children eight years and older are responsible for their own behavior and whereabouts while they are at a program site. Parents should establish and discuss with their children both drop-off and pick-up arrangements, and guidelines relative to expectations of on-site conduct.

Senior Friends

The Park District hosts a Senior Friends group, which meets once a month. A variety of activities are planned each month. Call 708-354-4580 and give us your email address. We will email you what is planned for the next scheduled meeting. If you do not have an email address, simply leave us your name and address and we will mail you the information.

Volunteers

A big THANK YOU to the volunteers who are invaluable in helping all our special events run smoothly. We had our third annual "Thank You Volunteers" picnic in August, and it was well attended. If you are interested in assisting us at a special event please contact Superintendent of Recreation Dean Carrara at 708-354-4580.

The La Grange Area Historical Society

The society devoted to the collection and dissemination of the history of the La Grange area. The Vail House Museum located at 444 S. La Grange Road, La Grange is open each Wednesday from 9:30 to noon and the last Sunday of each month from 1:00 to 4:00 pm. You can also make an appointment by calling 708-482-4248 for research, tours, and school groups. Please watch our website at www. lagrangehistory.org, Facebook, and Twitter for information about the many special events we host throughout the year. Join today and experience the many benefits of membership including free admission to select programs and receive our quarterly newsletter.

Safety First!

Safety is of the utmost importance to us. Please report any safety hazards at any Park District property, to the Park District office at 708-354-4580. In case of emergency call the La Grange Park Police Department at 708-352-2151, or dial 911.

Memorial Park Lighted Sign

Resident, non-profit groups may reserve a space on our lighted sign located on La Grange Road at Woodlawn. You can download a lighted sign request form from our website, cpdlagrangepark.org. Call 708-354-4580 for any additional information.

Living Tree Memorial/Bench Memorial

Trees and benches are offered through the Community Park District for placement in our parks. If you would like to commemorate a date, person, event, or an organization, you may have a tree of your choice planted or a bench installed in one of our six beautiful parks. It is a thoughtful way to remember a loved one as well as beautify a park site. A nameplate honoring your loved one will also be placed on our "Tree of Life" Memorial located in the Recreation Center. The cost for a tree is \$400.00 and bench prices start at \$800.00. If you are interested or have any further questions, please contact Office Manager Peggy Ronovsky at 708-354-4580, or email her at pronovsky@communityparkdistrict.org

Employment Opportunities

Stop by the Park District office and ask for an application. Available positions are based on programming needs.

Pets in the Parks Policy

It is the policy of the Community Park District not to allow pets in our parks. Out of respect to the welfare and full enjoyment of other park patrons, we ask that you leave your pets at home when visiting the park.

LaGrange Park Little League

Contact President Ryan McQueeny at 708-979-0614, or visit their web site at www.eteamz.com/lgpll

AYSO

American Youth Soccer Organization parent hotline 708-930-3034, or visit their web site at www.ayso300.org.

Village Field Club (VFC) Private Pool Organization

The Village Field Club is a private outdoor pool. Email them at villagefieldclub@yahoo.com.

The Garden Club of LaGrange Park

The Garden Clubs of Illinois meetings are held at noon on the first Monday of each month from October through June at the La Grange Park Village Hall. Please contact Joan Kuchar at 708-579-1935 for membership information.

LaGrange Area Newcomers and Neighbors Association

Welcome to LaGrange Park. If you are a new resident and would like some additional information about La Grange Park or surrounding communities, please contact Kym Iffert, President of the La Grange Area Newcomers and Neighbors Association, at 708-482-7347. You can visit their web site at www.lgnewcomers.com.

Greater La Grange Areas Moms Club (GLAM)

This group welcomes working and at-home mothers in the La Grange Park area. This member-organized group holds activities during weekdays and in the evenings. They also lead several service projects throughout the year. For more information, please visit their website at www.meetup.com/GLAM-Greater_La-Grange-Area-Moms-Club/.

Interfaith Community Partners

We're here for you! The Interfaith Community Partners, a network of trained volunteers from local churches, help older adults in the community maintain their independence and remain connected to the community. They assist through home visits, transportation to medical appointments, grocery shopping, and phone calls for reassurance. If you or a friend could benefit from these services, or if you are able to volunteer to help, please call Interfaith Community Partners at 708-579-8929.

BOOM!

That's the sound our computer makes when we have to cancel a class because everyone waited until the last minute to sign up. If there are not enough registrants two days prior to the start of the program, "Boom" it will be cancelled.

If you see something you like, sign up early. It's the only way to ensure that a class will run.

PARTY PACKAGES AND RENTALS

Let the Community Park District plan your children's birthday party or rent our facility for your own party needs. Below are the details for our children's party packages and the details about renting our facility. You can also visit our website for all forms and rules and regulations on rental agreements.

Children's Birthday Party Package Themes

Recommended for ages 4 through 10

- Dinosaurs
- Pirate/Pink Pirate
- "Frozen"
- Princess

- Science
- Jurassic
- Fiesta
- · Super Hero's

Please select from options listed and we will create a party just for you. Rental includes use of kitchen, party room, party hostess, theme-related decorations plus party package selected. Bringing in your own cake is acceptable. Fees are based on a maximum of 12 children and 2 adults. Extra children are \$5.00 each. See party planner for details. Reservations are required at least three weeks in advance. Full payment of fees is required at the time of party package reservation.

Facility Rental

Basic resident room rental fees begin at \$60.00 per hour for groups of 80 or fewer, \$85.00 per hour for groups of 81 to 120 and \$95.00 per hour for groups of 121 to 200, with a minimum of two hours. Non-resident fees are slightly higher. Your fee includes the use of the room and kitchen plus the set up and take down of all tables and chairs. For additional information, rental brochure and fees please contact the Park District office at 708-354-4580 extension 231 and speak with rental coordinator Darla Goudeau. Additional fees will apply for additional services requested. Visit our website at communityparkdistrict.org and choose our forms library, Facility Rental.

PACKAGE 1

1.5 hours Party Hostess Theme Decorations Games Fee: \$132.00

PACKAGE 2

1.5 hours Party Hostess Theme Decorations Theme-Related Craft Fee: \$147.00

PACKAGE 3

2 hours
Party Hostess
Theme Decorations
Theme-Related Craft
Drink
Goodie Bags
Fee: \$183.00

DELUXE PACKAGE

2 hours
Party Hostess
Theme Decorations
Hot Dogs or Pizza
Games
Theme-Related Craft
Drink
Goodie Bags
Fee: \$219.00





Some trips require more walking and/or standing than others. Please use this quide to help decide which trips you will be most comfortable in attending.



Very little walking



Quite a lot of walking





Quite a lot of walking plus stairs and/or standing

Senior Day at the Races **Arlington International Racecourse** Thursday, September 24

Arlington Park Racecourse is saluting senior citizens on this special day. Combine the excitement of thoroughbred racing, gorgeous grounds with fantastic food to create an extraordinary experience. The fee includes transportation, admission, program book, and an extravagant lunch buffet in the International Room. Relax in air conditioning and you can also view and stroll outside. Please note the International Room has a dress code: NO shorts are allowed and men must wear a collared shirt. Registration deadline is September 10, 2015.

Adult, 21 and older AGE:

All participants must have proper identification

TIME: Bus will depart at 11:00 am

Recreation Center, La Grange Park

Bus will return at 4:30 pm

FEE: \$68.00 per person CODE: 210001.01

Oktoberfest and Small Museums Thursday, October 15

This trip has it all. We will start out by visiting the "Smart Art Museum" and gift shop. Next we will tour the famous Hull House Museum and finish our trip with an Oktoberfest dinner and celebration at the Chicago Brauhaus Restaurant, including live entertainment! Dinner is included but beverages are not. Please indicate your entrée when registering. You may choose from the following:

Sauerbraten (marinated beef served with spätzle and red cabbage) Weiner Schnitzel (Vienna cutlet, breaded and fried with potato and house veggie)

Kassler Rippchen (smoked pork loin served with squerkraut and potato) Registration deadline is October 5, 2015

AGE: Adult, 21 and older TIME:

Bus will depart at 2:00 pm

Recreation Center, La Grange Park

Bus will return at 8:30 pm

FEE: \$55.00 per person 210005.01 CODE:



Paradise Playhouse Wednesday, November 4

We are living in a world shaped by Hedda Hopper! Scorned by some as a crackpot in a hat...Hedda Hopper has a broad and enduring effect on film and politics. Her column, with a readership of 32 million, was the voice of small town America. In "Hedda! A Musical Conversation", she is brought to life through the art of Jillann Gabrielle. "Hedda!" is multifaceted, fascinating and funny! We will also be lunching (included) at the Camelot Banquet Hall in Hickory Hills with live music playing. The family style lunch features beef. chicken, mostaccioli, mashed potatoes, mixed vegetables, soup, salad, coffee, and ice cream.

Registration deadline is October 22, 2015

AGE: Adult

TIME: Bus will depart at 11:00 am

Recreation Center, La Grange Park

Bus will return at 4:00 pm

FEE: \$64.00 per person 210002.01 CODE:

Fireside Theater Ff. Atkinson, Wisconsin Wednesday, December 2

Just in time for Christmas, "A Wonderful Life" the musical! Frank Capra's classic film has brought hope and inspiration to many hearts. "A Wonderful Life" captures the magic of the film and so much more. Humor, beautiful dancing and brilliant musical score, this Fireside production will shine with the true spirit of Christmas. The fee includes transportation, live production and lunch. Menu includes: Appetizer, fresh baked breads from the Artisan Bakery, roast holiday capon chicken with herb stuffing and gravy, potato, asparagus, cranberry sauce and baked southern style corn pudding, coffee, tea or milk. Before or after dining you can browse the charming specialty shops. Registration deadline is November 2, 2015.

AGE: Adult

TIME: Bus will depart at 7:45 am

Recreation Center, La Grange Park

Bus will return at 6:30 pm

FEE: \$109.00 CODE: 210004.01

Park Pursuit Saturday, September 12

A bulk of the details regarding the Park Pursuit will be kept confidential until the day of the event. We can tell you this, after meeting outside the Village Hall in La Grange (53 South La Grange Road), for check-in, you will receive your tee shirts and the clue to your first task. Your team will be challenged throughout the Park Pursuit. All testing your knowledge and adding some fun activities we could not resist. You must strategically plan your course of action to complete each task. How you complete the task is up to you. Try and outsmart your competitors too! Each team will need a chaperone. Fee is per person and chaperones are free. The Park District of La Grange Staff will be your host for this event.

11 years and older AGE: TIME: 8:30 am - 11:30 am

\$25.00 Non-resident \$35.00 FEE:

LOCATION: Meet outside the La Grange Village Hall

53 South La Grange Road, La Grange

210007.01 CODE:



Fall Fireside Stories Friday, October 2

A campfire, marshmallows and good stories all equal a magical evening. Professional storytellers will weave some seasonal but gentle tales. This is a fall fun family evening. All children must be accompanied by an adult. Please bring your lawn chairs and maybe a story of your own to share. In the event of rain, event will be cancelled.

Family AGE:

TIME: 7:00 - 8:30 pm

FFF: Adults and under two years free

\$3.00 per child over two

LOCATION: Recreation Center, La Grange Park

210003.01 CODE:

Parent Workshop "The Myth and Misconception of ADHD" Tuesday, September 22

Presented by Dr. Thomas W. Phelan, this workshop will cover diagnosis, basic symptoms, treatment and medications. Plenty of time will be allowed for questions from the audience. Dr. Phelan maintains as active schedule of international lectures and is a frequent quest on radio and television. He received his doctorate from Loyola University in Chicago in 1970 and an author of many books and videos. He was inducted into the CHADD Hall of Fame in 1977. You will leave this 90 minute workshop with a better understanding of ADHD and information that will help with the hassles of making decisions.

AGE: Adults Only TIME: 6:30 - 8:00 pm \$5.00 per person FEE:

\$8.00 per couple

LOCATION: Recreation Center, LP

CODE: 210008.01

Teen Costume Party Thursday, October 8

Come and have a spooktacular time at our ghoulish party where costumes are optional but encouraged to then be able to participate in the costume contest. Enjoy some time to socialize amongst friends and make new ones while getting into the spirit of Halloween and enjoying scream wormy snacks. Registration deadline is Thursday, October 1.

AGE: 11 - 14 years TIME: 7:00 - 8:30 pm

FEE: \$10.00 Non-resident \$15.00

LOCATION: Recreation Center, LG CODE: 210009.01

Halloween Costume Party Friday, October 30

Recreation Center, La Grange Park

TIME: 4:30 - 6:00 pm

FREE event for anyone eight years and under (All participants must be accompanied by an adult.)

Calling all ghosts and goblins! Put on your costumes and enjoy a night of eerie fun at the Recreation Center. Carnival games will start the night out from 4:30 to 5:30 pm, followed by an enjoyable show. At 6:00 pm, mount your brooms and head for home. Juice and cookies will be served. The La Grange Park Chamber of Commerce will be hosting a Haunted Trolley from 4:00 – 6:30 that will make stops at local businesses in La Grange Park. Keep in mind the Park District event runs from 4:30 to 6:00 only.

HAPPY HALLOWEEN!!

Family Bingo Night Friday, November 13

Join us at the Park District on Friday night, November 13 for our Annual Family Bingo Night! Get out of the house and enjoy an affordable, fun, family night of bingo. We have some great prizes which will be awarded to the winners that are donated by local businesses! Children must be accompanied by an adult. Registration deadline is November 3.

AGE: 3 and older with adult TIME: 7:00 – 8:30 pm FEE: \$4.00 per participant LOCATION: Recreation Center, LG

CODE: 210010.01



Santa Visits La Grange Park Families Only Tuesday, December 15

Santa is coming to La Grange Park and he wants to make a stop at your home and wish everyone a Merry Christmas. Santa will set up a time for a visit (lasting approximately 10 minutes). Any gifts to be passed out must be given to Santa when he arrives. A special letter will be mailed home about a week before the visit giving you instructions. Spots fill up quickly. One family per visit.

AGE: La Grange Park residents only TIME: Starting after 5:00 pm

FEE: \$20.00

MIN/MAX: 12 families maximum

CODE: 210014.01

Phone Calls from Santa Wednesday, December 16

Tis the season to be jolly!! Santa is ready to hear your child's Christmas wishes. Pick up a form at the Park District office after November 27, and return it prior to December 15. Calls will be placed starting at 5:00 pm. (La Grange Park residents only)

AGE: 3-8 years old

FEE: Free

READY TEDDY PRESCHOOL

September 8, 2015 - May 20, 2016

Our preschool is designed for children ages 2 through 5 years old, including pre-kindergarten.

Our curriculum is based on a non-repetitive four-year cycle.

The followindg is a brief outline of what the curriculum offers for each age group.

Illinois Early Childhood Standards and Benchmarks are used for learning curriculum.

Additional information is available in our Parent Handbook.

(Tuition is monthly)

Age: 2.5 – 3 years

Monthly fee: \$102.00 Non-resident fee is \$112.00

Mondays/Wednesdays

8:45 – 10:45 am 11:00 – 1:00 pm Tuesdays/Thursdays 8:45 – 10:45 am 11:00 – 1:00 pm

Additional classes start January 2016

Tuesday/Thursdays 8:45 - 10:45 am 11:00 - 1:00 pm



Age: 3 years

Monthly fee: \$106.00 Non-resident fee is \$120.00

Mondays/Wednesdays/Fridays

8:30 - 10:30 am 10:45 - 12:45 pm 1:30 - 3:30 pm

This three day a week class has been designed for children who are 3 years of age. Focus is on readiness skills through small and large group activities. Social, emotional and physical needs of this age group will be developed. Art projects, music, letters, numbers, colors, and daily gym are all incorporated.

Age: 4, 5 and Pre-Kindergarten

Mondays/Tuesdays/Wednesdays/Thursdays

3-hour mornings

Monthly fee: \$186.00 Non-resident fee is \$196.00

8:30 - 11:30 am 2.5 hours afternoons

Monthly fee: \$171.00 Non-resident fee is \$181.00

12:30 - 3:00 pm

Reading and math readiness skills are integrated into a program designed to stimulate learning and build self-confidence. Good work habits develop social and communication skills. Individual achievement is recognized and creativity encouraged. Art, music, drama and computer workshop are all included. Gym is daily. "Book-It" and "Lets Find Out" are integrated into the Pre-Kindergarten curriculum. 5 and 5+ year children will be preparing for kindergarten.



Here is the perfect opportunity to get your toddler acquainted with other children and take a small step into preschool. Socializing with others, music, and simple art projects will all be a part of the fun. Children should be ready to stay at class without the assistance of a parent. Children completing the fall session will be given priority placement in the January 2.5 – early 3 classes.

AGE: 2 years DAY: Fridays

TIME: 8:45 - 10:15 am

FEE: Teddy Toddler sessions are 13 weeks

\$137.00 Non-resident \$147.00

SESSION: Fall: September 11 - December 11

(skip November 27)

CODE: 202999.14

SESSION: Winter/Spring: January 15th thru April 15th

(skip April 1)

CODE: 202999.15

Registration for Preschool

Registration for preschool is open throughout the year, as long as there is space available in the class. Register at the Park District office. Please make an appointment by calling Recreation Supervisor, Darla Goudeau at 708-354-4157.

Parent Orientation Night Wednesday, September 2, 2015

6:00 - 7:30 pm (without child)

The evening will provide an opportunity to meet the preschool staff, tour the school and receive additional information pertinent to the 2015-2016 School Year. Class curricula, field trips, special events, and discipline are a few of the topics to be discussed. Parent Preschool Handbooks, school calendar and other handouts will be available.

Open House for families:

Thursday, September 3, 2015 or Friday, September 4, 2015.

This is the opportunity for all children and their parents registered for Ready Teddy Preschool to come and meet the teacher, preview the classroom, and become familiar with the school surroundings.

First day of school for children will be:

Tuesday, September 8, 2015.

Enrichment Classes



Our selectin of enrichment classes will provide a focus for special interests. Look for the Ready Teddy icon and match classes that will enrich your preschooler's day. Additional fees vary. Class descriptions and times are detailed within the fall brochure. Children are supervised to and from classes.

Flex Scheduling

Before and after school care is an optional program which can be combined with our Ready Teddy Preschool Classes and is available between 10:00 and 5:00 pm. Students of Ready Teddy can register for the flex-scheduling program. Information is available by calling the Ready Teddy Preschool hotline at 708-354-4157.







THE FOOTLIGHT PLAYERS OF LA GRANGE PARK PRESENT...



A musical for ages 6 through 17 years! The 6th production from The Footlight Players is a brand new children's play! This family-friendly musical comedy follows the adventures of an ogre named Shrek who sets off on a quest to save a princess from a dragon. However, it turns out that in order to ultimately succeed, Shrek must battle an even bigger obstacle: learning how to believe in himself and open his heart to others.

Tech Week: December 8-10

Performance Dates: Friday, December 11 at 7:30 pm

Saturday, December 12 at 2:00 pm and 7:30 pm

Sunday, December 13 at 2:00 pm

Performances will be located at Park Junior High School, LP

Auditions: Saturday, September 26 from 11:00 am to 8:00 pm

> Sunday, September 27 from 11:00 am to 8:00 pm Monday, September 28 from 5:00 pm to 8:00 pm Tuesday, September 29 from 5:00 pm to 8:00 pm

NOTE: All auditions MUST be scheduled by Tuesday, September 22. Not everyone is guaranteed an audition. Auditions are scheduled on a first come first serve basis. We will have 10 auditions (individual) scheduled for each 1 hour time slot. Children are to come prepared with a sona they will sing.

To schedule an audition and request a time slot, please email dromito@communityparkdistrict.org

Auditions will be held at the Community Park District Recreation Center (1501 Barnsdale Rd., LP).

Call Backs for specific roles will be on Wednesday, September 30 from 5:00-8:00 pm.

Rehearsals: Rehearsals will be held at the Community Park District Recreation Center and are typically on Fridays from 6:00-8:00pm and on Sundays from 2:00-6:00 pm. There will be some Saturday rehearsals that will be TBD. Conflicts should be stated on the rehearsal form filled out at time of audition. All undocumented conflicts will be counted as an absence. Cast members are allowed ONLY 2 unexcused absences. Tech week is MANDATORY, Rehearsal schedule will be handed out at the first full cast rehearsal on Sunday, October 4.

Fee: \$119.00 (due when cast)

Directed by Dee Hamilton & Dave Romito

Mystery Theatre

Just in time for Halloween! This is the season for suspense and mystery. The class will perform a new and exciting play that will test their memory and help enhance their acting skills. Specific theatre terms and vocabulary, as well as how to develop characters will be explored. Stage movement and vocal skills will be developed. The play will be presented to an audience during the Halloween Party on Friday, October 30 at 6:00 pm.

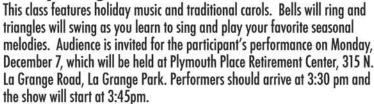
AGE: 7-14 years
DAY: Fridays
TIME: 5:00 -6:30 pm

FEE: \$49.00 Non-resident \$59.00 INSTRUCTOR: D. Hamilton and D. Romito LOCATION: Recreation Center, LP

CODE:

220002.01 September 18 - October 30





AGE: 3 –5 years
DAYS: Tuesday
TIME: 3:40 – 4:30 pm

FEE: \$35.00 Non-resident \$45.00

INSTRUCTOR: D. Hamilton

LOCATION: Recreation Center, LP

CODE: Class instruction is from 220011.01 November 3 – December 1

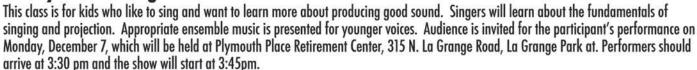
(skip November 24)

Performance date is Monday, December 7





Oh Say Can You Sing



AGE: 7-12 years
DAY: Tuesdays
TIME: 5:00 - 6:00 pm

FEE: \$37.00 Non-resident \$47.00

INSTRUCTOR: D. Hamilton

LOCATION: Recreation Center, LP

CODE: Class instruction is from 220004.01 November 3 – December 1

(skip November 24)

Performance date is Monday, December 7

Dance

Dance Express

A variety of dance instruction for girls and boys of all ages where participants will have fun learning new steps and routines while gaining grace, poise and self-confidence. Dance studio is located in our Recreation Center, 1501 Barnsdale Road, La Grange Park.

Proper dance attire is required (leotard and tights, or dance top and pants for girls, shorts or sweat pants and tee shirts for boys).

Proper footwear for each class required (ballet, jazz or tap shoes). Creative Movement participants may wear ballet, jazz or gym shoes.

Dance Recital Information

Our annual dance recital, showcasing the yearlong effort and enthusiasm of our dance participants, will be held at Park Junior High School, 333 N. Park Road, La Grange Park, on Saturday, March 5, 2016. Rehearsals will be on Saturday, February 27, and Friday, March 4. The recital is free for all to attend. All costume fees are included in the cost of the program.

Dance Shoe Exchange

Whether you need to buy or sell shoes, the shoe exchange is for you!

- To sell shoes, place them in a zip-lock bag, clearly marked with your name and phone number.
- Shoes can be dropped off at the Park District office any time prior to September 1.
- Used dance shoes will be available for purchase during all classes.
- All shoes cost \$5.00 (exact change is required).
- We accept all dance shoe donations.
- All unmarked shoes are offered on an exchange basis: "Leave a pair Take a pair".

Class Descriptions are as follows:

Creative Movement (3-4 years old)

These classes offer younger children an exciting and fun introduction to the world of dance. Emphasis is on having fun through a variety of activities using music interpretation, movement, and imaginative thinking.

Beginning Ballet, Tap and Jazz (Grades K – 1)

These classes include warm-up exercises, stretching, steps, and more advanced combinations with emphasis on flexibility, rhythm, and dance positions. These classes are for students with no previous ballet, tap or jazz experience.

Level I (Grades 2 - 5)

These classes include warm-up exercises, stretching, steps, and more advanced combinations with emphasis on flexibility, rhythm, and dance positions. These classes are designed to review all previous skills and continue with more complex steps and combinations. These classes are for students with previous ballet, tap or jazz experience.

Hip Hop (Grades 3 - 8)

This class will include some of today's hottest dance steps. Participants will be introduced to the basics plus some cool new steps along with helping choreograph their own routines. Dance like your favorite artist from warm-up to cool-down.

Lyrical Jazz & Hip Hop (Grades 3 thru 8)

This class combines the freedom of jazz dance with the technical elements of ballet and the popping in of some hip hop funk! The students will expand on basic ballet knowledge while moving more freely through the space during the first part of class. Also, hip hop moves will be taught during the second part of the class including steps that the latest hip hop stars are performing. Jazz/ballet shoes are required for lyrical jazz dance and gym shoes or dance sneakers for the second half of class for hip hop dance.

Fusion Funk (Grades 5 thru 8)

This class is a funky blend of jazz and hip hop styles. It fuses fun and funky choreography combining fluid jazz movement, hard-hitting funk and hip hop styles.

Dance Instructors: Dance Techs, Inc.

Dance Studio Location: Recreation Center, LP

Fee: 30 minute classes are \$125.00 Non-resident \$135.00

40 minute classes are \$150.00 Non-resident \$160.00 (Fees include all costume purchases and recital fees)

Classes run from September through March, 2016
Fall and Winter Sessions for a total of 20 weeks of instruction

Tuesdays: Fall, September 15 - December 15

(skip September 22 and November 24)

Winter, January 12 - March 1

Thursdays: Fall, September 10 - December 10

(skip November 26 and December 3)

Winter, January 14 - March 3

Saturdays: Fall, September 19 - December 19

(skip November 28 and December 12)

Winter, January 9 – February 27

Final Rehearsal – February 27, 2016 Dress Rehearsal – Friday, March 4, 2016 Dance Recital – Saturday, March 5, 2016

Tuesdays

Creative Movement, 3 years old, 4:15 – 4:45 pm
Jazz 1, grades 2–5, 4:50 – 5:30 pm
Code: 220018.01
Code: 220018.02
Code: 220018.03
Beginning Ballet, grades K-1, 6:20 – 7:00 pm
Code: 220018.04

Tuesdays, Miss Michele

Creative Movement, 4 years old, 4:15 – 4:45 pm
Beginning Jazz, grades K–1, 4:50 – 5:30 pm
Code: 220018.05
Code: 220018.06
Code: 220018.07
Code: 220018.07
Code: 220018.08
Lyrical Jazz/Hip Hop, grades 3–5, 7:05 – 7:45 pm
Code: 220018.09

Thursdays

Creative Movement 4 years old, 4:15 - 4:45 pm
Beginning Jazz, grades K -1, 4:50 - 5:30 pm
Code: 220018.11
Fusion Funk, Grades 5 - 8, 5:35 - 6:15pm
Code: 220018.12

Thursdays, Miss Michele

 Creative Movement 3 years old, 4:15 – 4:45 pm
 Code: 220018.13

 Beginning Ballet, grades K – 1, 4:50 – 5:30 pm
 Code: 220018.14

 Beginning Tap, grades K – 1, 5:35 – 6:15 pm
 Code: 220018.15

Saturdays, Miss Michele

Creative Movement, 3 years old, 9:15 – 9:45 am
Creative Movement, 4 years old, 9:50 – 10:20 am
Kindergarten Ballet/Tap, 10:25 – 11:05 am
Code: 220018.18
Jazz & Tap 1, grades 1-2, 11:10 – 11:50 am
Code: 220018.19



IRISH STEP DANCING



Open your child's eyes and heart to Ireland's traditional dances. This tot program is designed to introduce each dancer to the basic steps of Irish dance and the traditional music used for these steps. Students work to develop concentration skills, coordination and self-confidence that will serve them well in all facets of life. Dancers begin learning the basic promenade step and touch on the traditional Irish Jig. Dance attire is T-shirts, shorts, socks, and Irish, jazz, ballet or light gym shoes. Leotards with shorts over them are acceptable. No long pants of any kind.

AGE: 3-6 years
DAY: Mondays
TIME: 10:30 - 11:00 am

FEE: \$55.00 Non-resident \$65.00 INSTRUCTOR: McNulty School of Irish Dance

LOCATION: Recreation Center 536 East Avenue, LG

MIN/MAX: 2/4 per agency

CODE: 220019.01

September 14 – October 26

EARLY CHILDHOOD

Baby Tunes

Music is one of the most fun and natural ways to bond a parent and child! Songs, poems, games, and playing of basic percussion instruments are all part of this 35 minute class. Activities will increase your child's curiosity about music, develop listening skills and sense of beat, and establish a foundation for singing and musical thought. Bouncing songs, rocking songs, and wiggle and peek-a-boo games are featured. Class is designed for child and adult to participate in together.

AGE: Birth to 12 months

DAY: Fridays

TIME: 9:00 - 9:35 am

FEE: \$59.00 Non-resident \$69.00

INSTRUCTOR: Miss Angie

Recreation Center, LP LOCATION:

CODE:

220022.01 September 18 - October 23 220022.02 November 6 - December 18 (skip November 27)

Rockin' Tots

Participate with your toddler in singing, chanting, moving, dancing, listening and playing percussion instruments. Activities will bridge the natural connection between music and movement, improve listening abilities, and increase exposure and appreciation to different types of music. Class is designed for child and adult to participate in together.

1 and 2 years old AGE:

DAY: Fridays

TIME: 9:45 - 10:30 am

\$65.00 Non-resident \$75.00 FFF:

INSTRUCTOR: Miss Angie

LOCATION: Recreation Center, LP

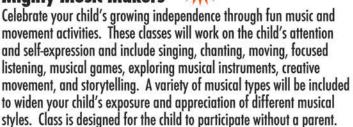
CODE:

220023.01 September 18 – October 23 220023.02 November 6 - December 18

(skip November 27)



Mighty Music Makers



3, 4 and 5 years old AGE:

DAY: Fridays

10:45 - 11:30 am TIME:

FFF: \$65.00 Non-resident \$75.00

INSTRUCTOR: Miss Angie

LOCATION: Recreation Center, LP

CODE:

220024.01 September 18 – October 23 220024.02 November 6 - December 18

(skip November 27)

Little Chefs

NEW! 6 Week Sessions

Learn to handle basic kitchen tools and follow simple steps to create yummy cookies, snacks, cakes and candy! Safety and accuracy will be emphasized. Allergies must be stated in writing and attached to original registration form. Children should be able to participate without parent.

AGE: 3-5 years DAY: Wednesdays

\$41.00 Non-Resident \$51.00 FEE:

INSTRUCTOR: Staff

Recreation Center, LP LOCATION:

CODE:

September 16 – October 28

(skip October 7)

220001.01 10:30 - 11:15 am 220001.02 11:30 - 12:15 pm 220001.03 12:45 - 1:30 pm

> November 4 - December 16 (skip November 25)

220001.04 10:30 - 11:15 am 220001.05 11:30 - 12:15 pm 220001.06 12:45 - 1:30 pm

Rocket Readers NEW! 6 Week Sessions

Empower emergent readers as they explore initial sound concepts. Phonics fun and language skills through games, rhymes, and dozens of "hands-on" activities. We will be creating a "word wave" and making a mini-book. This class can be combined with Mickey Math on Fridays. Additional sessions feature new materials. Consecutive sessions recommended.

AGE: 4-6 years

FEE: \$35.00 Non-Resident \$45.00

Combined Friday Rocket Readers/ Mickey Math

\$55.00 Non-resident \$65.00

INSTRUCTOR: Staff

LOCATION: Recreation Center, LP

CODE:

Tuesdays, 11:30 – 12:15 pm 220007.01 September 22 – October 27

220007.02 November 3 – December 15

(skip November 24)

Fridays, 9:00 – 9:45 am

220007.03 September 11 – October 16 220007.04 October 23 – December 11

(skip October 30 and November 27)

Mickey Math New! 6 Week Sessions

Fun with numbers! Children can develop a positive attitude toward math and numbers at an early age. Activities designed just for this age group. Games, experiments and hands-on learning by doing. This is an enrichment class. Can be combined with Rocket Readers on Fridays. Sessions can be repeated, new material each time.

AGE: 4-6 years

FEE: \$35.00 Non-Resident \$45.00

Combined Friday Mickey Math/Rocket Readers

\$55.00 Non-Resident \$65.00

INSTRUCTOR: Staff

LOCATION: Recreation Center, LP

CODE:

220008.01

Thursdays, 11:30 – 12:15 pm September 10 – October 15

220008.02 October 22 – December 10

(skip October 29 and November 26)

Fridays, 10:00 – 10:45 am 220008.03 September 11 – October 16

220008.04 October 23 – December 11

(skip October 30 and November 27)

Kiddie High Five Sports 12 Weeks of Gym Fun!



This class is just for the preschool age athlete. We will cover very basic skills, which will be developed for future sports such as soccer, basketball, and volleyball. Sharing, throwing, catching, and dribbling will all be part of ball play for this beginning age group. Participants will receive a T-shirt. Gym shoes are a must.

AGE: Boys and Girls 3-5 years

DAY: Fridays

FEE: \$49.00 Non-Resident \$59.00

INSTRUCTOR: J. Sulc

LOCATION: Recreation Center, LP

CODE:

September 11 - December 11

(skip October 30 and November 27)

220009.01 9:45 - 10:30 am 220009.02 10:45 - 11:30 am 220009.03 12:45 - 1:30 pm

Creative Art For Preschoolers NEW! 6 Week Sessions



Children love to paint and create! Boys and girls will mix their own colors, cut, shape, and mold as they experiment with all forms of art. Projects are different each session so you may register for more than one session. Children should be able to participate without a parent.

AGE: 3-5 years DAYS: Mondays

FEE: \$33.00 Non-Resident \$43.00

INSTRUCTOR: Staff

LOCATION: Recreation Center, LP

CODE:

September 14 - October 26

(skip October 12) 220010.01 10:30 – 11:15 am 220010.02 11:30 – 12:15 pm 220010.03 12:45 – 1:30 pm

November 2 - December 14

(skip November 23) 220010.04 10:30 – 11:15 am 220010.05 11:30 – 12:15 pm 220010.06 12:45 – 1:30 pm



EARLY CHILDHOOD

Spanish For Children

Spanish is a fun and useful second language for children. Greetings, songs, games and stories are fun as you learn to speak a little and learn about a different culture too! Session is 8 weeks.

5-8 years AGE: DAY: Tuesdays TIME: 4:30 - 5:30 pm

\$47.00 Non-resident \$57.00 FEE:

INSTRUCTOR: G. Rochas

Recreation Center, LP LOCATION:

CODE:

220025.01 September 22 - November 10

Tot Rock



Musical fun for everyone! Tot Rock is a unique combination of music and movement and sensory, stimulation and socialization. Tot Rock provides structure and unstructured time for tots to improve fine motor skills and coordination, and work on newly-acquired gross motor skills. Activities involve a variety of manipulatives, including maracas, tambourines, bean bags, bubbles, parachute play and much more! New curriculum presented each session.

1 -2 years old with parent/caregiver AGE:

DAY: Tuesdays 5:15 - 5:55 pm TIME:

FEE: \$55.00 Non-resident \$65.00

Rock-It Productions INSTRUCTOR: LOCATION: Recreation Center, LG

CODE:

220015.01 September 8 - October 13 220015.02 October 27 - December 8 (skip November 24)

Kid Rock I / Kid Rock II



This is a multi-faceted music and movement program that focuses on songs and dance, rhythm and rhyme, imaginative play, fine and gross motor skills, and following directions. Instruments and props include hand bells, maracas, tambourines, scarves, bean bags, parachute play and much more! New curriculum presented each session. Enjoy this program where music and fun are rolled into one!

Kid Rock I is for ages 1.8 - 3 years old AGE:

(Parents participate in Kid Rock I) Kid Rock II is for ages 3 – 4 years (Kid Rock II is without parent)

Tuesdays DAY:

FEE: \$55.00 Non-resident \$65.00

INSTRUCTOR: **Rock-It Productions** Recreation Center, LG LOCATION:

September 8 - October 13 CODE: Kid Rock I, 6:00 - 6:40 pm 220016.01 220016.02 Kid Rock II, 6:45 - 7:25 pm

October 27 - December 8

(skip November 24)

220016.03 Kid Rock I, 6:00 - 6:40 pm 220016.04 Kid Rock II, 6:45 - 7:25 pm

Pom & Cheer



Girls, have you always wished you could learn cheers and pom routines just like the other girls, but there was not a class available for your age group? Well now is your chance! Have a great time learning simple cheers, partner stunts and an awesome pom routine. No experience necessary. All you need to do is bring your strong voice and enthusiastic spirit. If you have taken our class in the past, rest assured, you will have a completely different program this time around. Each participant will need a set of poms by the second class. We will have inexpensive poms available for purchase.

AGE: 4-10 years old

Classes can be divided into two age groups

DAY: Fridays TIME: 4:45 - 5:30 pm

\$58.00 Non-resident \$68.00 FEE: **Ultimate Classes & Parties** INSTRUCTOR:

LOCATION: Grand Avenue Community Center Gym, WS

CODE:

220012.01 September 18 – October 16 October 23 - November 20 220012.02

Little Builders



Come learn, discover and play with DUPLO and LEGO bricks! In this session children will build a simple model of a different zoo animal each week, practicing essential preschool skills including letter recognition, colors, counting, fine motor skills, and position and ordering. Introduce your preschooler to the fun of learning, building, and playing the Bricks 4 Kidz way.

AGE: 3-5 years DAY: Mondays

10:00 - 10:45 am TIME:

\$75.00 Non-resident \$85.00 FEE:

INSTRUCTOR: Bricks 4 Kidz LOCATION: Recreation Center, LG

CODE:

220026.01 September 21 - October 26 November 9 - December 14 220026.02

Fall Fest Time With Your American Girl



Girls, bring your American Girl doll or any other similar sized doll to this awesome class. We will be designing adorable outfits to celebrate the fall. This class will also include holiday themed jewelry making. Our activity wouldn't be complete without a trip to the beauty shop, where you will find a variety of hair clips and ribbons perfect for any Fall Festival celebration.

AGE: 3-10 years

3-5 must be accompanied by an adult

DAY: Thursday 6:30 - 7:30 pm TIME:

\$34.00 Non-resident \$44.00 FFF: INSTRUCTOR: **Ultimate Classes & Parties** LOCATION: Recreation Center, WS

CODE:

220027.01 September 24

Ice Princess Social



Enjoy a night of celebrating as a princess of ice! Dress up is optional. Our staff will pamper you with a crown hair updo, make-up sparkle and crystal blue nails. The girls will decorate a craft complete with personalization, paints and jewels and design a crystal bracelet with snowflake charm. As the end of class we will enjoy a sweet treat and beverage.

AGE: 3-9 years Friday DAY: TIME:

6:30 - 7:45 pm

FEE: \$29.00 Non-resident \$39.00

INSTRUCTOR: Glitzy Girlz

LOCATION: Recreation Center, WS

CODE:

220028.01 September 25

Tumbling



Introduce your child to tumbling and gymnastics skills. Kids move, stretch, jump and tumble! This program is non-competitive in nature, but children are encouraged to set goals and follow to achieve them. Bring your active youngster to progress from the first somersault to the first cartwheel.

DAY: Mondays

\$57.00 Non-resident \$67.00 FEE:

INSTRUCTOR: Dance Techs

Recreation Center, WS LOCATION:

CODE:

September 28 - October 26

Ages 3-5 years, 4:15 - 4:55 pm 220014.01 220014.02 Ages 5-6 years, 5:00 - 5:45 pm

Halloween Happenings



Participants can come dressed to spook! This is a great chance to test out your Halloween costume for "spookability". We will celebrate Halloween with fun stories, crafts, and games. Participants will enjoy our festive gathering and will also bring home a haunting project which is sure to get the whole family into the spooktacular spirit of Halloween.

AGE: 4-6 years DAY: Monday 4:00 - 5:00 pm TIME:

\$15.00 Non-resident \$22.00 FEE:

INSTRUCTOR: Staff

LOCATION: Recreation Center, LG

CODE:

220029.01 October 26

Mother/Daughter Holiday Glamour Hair



Moms bring your daughters to this amazing class and learn the skills in order to create a variety of simple up do's and braids. Forget going to the beauty shop every time she needs her hair done for dance, cheer, gymnastics, school play or even the holidays. A variety of styles will be taught to accommodate different age groups. Each girl will choose from a sparkly collection of clips and glitters to polish off their new look. Goodie bags are included.

AGF: 4-12 years with adult

DAY: Thursday 6:30 - 7:30 pm TIME:

\$37.00 Non-resident \$47.00 FEE:

Each additional child is \$22.00

INSTRUCTOR: **Ultimate Classes & Parties** Recreation Center, WS LOCATION:

CODE:

220030.01 November 12

Dinosaur Dig



Dig up some fun as children discover dinosaurs! We may even discover eggs! Don't miss out on the games, crafts and snacks. All supplies included on this excavation.

AGE: 3-5 years DAY: Saturday

\$19.00 Non-resident \$28.00 FEE:

Staff INSTRUCTOR:

LOCATION: Recreation Center, LG

Code:

November 14 220021.01 9:30 - 10:30 am 220021.02 11:30 - 12:30 pm

Parent & Me Holiday Reindeer



Calling all moms and dads! Ultimate Classes has found the most adorable reindeers for you and your child to create. Each participant will stuff his or her own reindeer, add a star to make a wish, decorate a holiday tee shirt, and create a rhinestone collar. Birth certificates are also provided. Don't delay and sign up quickly so you can guarantee a fun filled holiday activity.

3-10 years AGE:

3-5 must be accompanied by an adult

DAY: Friday 6:00 - 7:00 pm TIME:

\$34.00 Non-resident \$44.00 FEE: INSTRUCTOR: Ultimate Classes & Parties LOCATION: Recreation Center, WS

CODE:

220031.01 December 11

EARLY CHILDHOOD

Beanie Baby Christmas Stocking

This class is great for the Christmas season. Come and select from a variety of beanie babies and attach to a Christmas stocking. Bring your creativity to decorate your stocking with different crafty items and embellishments. This stocking can be a keepsake for you or can be a gift for someone else. Come join the fun!

AGE: 3-10 years

3-5 must be accompanied by an adult

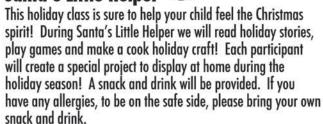
Tuesdays DAY: 6:00 - 7:00 pm TIME:

\$31.00 Non-Resident \$41.00 FEE: INSTRUCTOR: **Ultimate Parties & Classes** Recreation Center, WS LOCATION:

CODE:

December 15 220032.01

Santa's Little Helper



AGE: 3-6 years Wednesday DAY: 3:30 - 4:30 pm TIME:

\$15.00 Non-resident \$22.00 FFF:

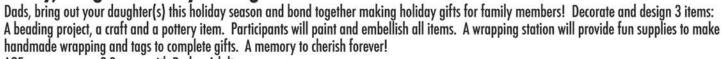
INSTRUCTOR: Staff

LOCATION: Recreation Center, LG

CODE:

220033.01 December 16

Daddy/Daughter Holiday Gift Night



3-9 years with Dad or Adult AGE:

DAY: Friday

TIME: 6:30 - 8:00 pm

\$32.00 Non-resident \$42.00 FEE:

Glitzy Girlz INSTRUCTOR:

Recreation Center, WS LOCATION:

CODE:

December 18 220034.01



First Up Sports

Sports for 12 Weeks

Individual skill and team play will be all part of the fun. We will focus on running, passing, hand-eye coordination, and basic skills for appropriate age level in sports such as soccer, baseball, basketball and many others. Weather permitting most classes will take place outdoors. Dress for the weather. Each participant will receive a tee shirt. Gym shoes required.

Grades K - 1 AGE: DAY: Fridays 3:40 - 4:30 pm TIME:

\$49.00 Non-resident \$59.00 FEE:

INSTRUCTOR: J. Sulc

LOCATION: Recreation Center, LP

CODE:

230001.01 September 11 - December 11

(skip October 30 and November 27)

Chess

Learn to play chess or improve your game. This program is designed to be maximally conducive to the student's chess growth, as well as providing a safe, stimulating, and positive structured learning environment.

AGE: 6-13 years DAY: Saturdays 9:30 - 10:30 am TIME:

\$74.00 Non-resident \$84.00 FEE:

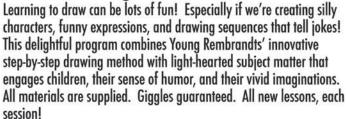
Chess Scholars INSTRUCTOR: LOCATION: Recreation Center, LP

CODE:

230009.01 September 12 - October 17 230009.02 October 24 - December 5

(skip November 28)

Cartoon Drawing Class



AGES: 6-12 DAYS: Mondays 4:00 - 4:45 pm TIME:

\$45.00 Non-resident \$55.00 FEE:

INSTRUCTOR: Young Rembrandts LOCATION: Recreation Center, LP

CODE:

September 14 - October 5 230010.01 October 19 - November 9 230010.02 230010.03 November 16 - December 14

(skip November 23)

Elementary Drawing Class



Let's get ready to draw amazing things together! Young Rembrandts' innovative, step-by-step drawing method can teach children how to draw regardless of artistic ability, giving them skills to express their creativity that will last a lifetime. We provide all materials and brand new subject matter every week, ranging from animals, landscapes, still lives, even art history. Our philosophy is to give children a very positive, nurturing environment, as we teach fundamental drawing techniques. All new material each session!

AGE: 6-12 DAYS: Saturdays TIME: 11:00 - 11:45 am

FEE: \$45.00 Non-resident \$55.00

INSTUCTOR: Young Rembrandts Recreation Center, LP LOCATION:

CODE:

230011.01 September 12 - October 3 230011.02 October 10 - October 31 230011.03 November 7 - December 5

(skip November 28)

Mining & Crafting

Running on "survival" mode? Get "creative" and join crafting forces with us. Experience the world of Minecraft with LEGO bricks in this fun program! At night monsters come out, make sure to build a shelter before that happens. Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO bricks. Children will face new challenges by building motorized models and crafting key elements from the popular Minecraft game. Children will work in teams of two and each child will take home a custom mini-figure at the end of the session. This program is not affiliated with Minecraft.net.

AGE: 6-12 years DAY: Tuesdays 4:30 - 5:30 pm TIME:

FEE: \$101.00 Non-resident \$111.00

INSTRUCTOR: **Bricks 4 Kidz** LOCATION: Recreation Center, LG

CODE:

230003.01 September 22 – October 27

Transportation Timeline



If you like planes, trains and automobiles, then this session is for you! Each week, children will build motorized models such as a dragster, a railroad crossing gate, an airplane and more all using LEGO bricks. Explore the history of transportation from horse and buggy and trains to the development of the automobile and flight. There will be lots of building fun with some motorized models to be made. Students will work in teams of two and each child will take home a custom mini-figure at the end of the session.

AGE: 6-12 years DAY: Tuesdays TIME: 4:30 - 5:30 pm

FEE: \$101.00 Non-resident \$111.00

Bricks 4 Kidz INSTRUCTOR:

LOCATION: Recreation Center, LG

CODE:

230004.01 November 10 - December 15

Magic Class

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind reading and more. While tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided and each child will receive a magic kit to take home. Children are grouped by age and will learn age-appropriate tricks. Brand new tricks are taught at each class.

AGE: 5-12 years

\$21.00 Non-Resident \$31.00 FEE:

INSTRUCTOR: G. Kantor

LOCATION: Recreation Center, WS

CODE:

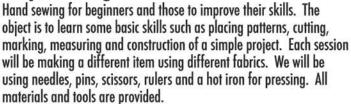
230017.01 Tuesday, September 22

5:00 - 5:55 pm

230017.02 Wednesday, November 18

6:45 - 7:40 pm

Simple Sewing



AGE: 7-12 years DAY: Tuesdays TIME: 4:00 - 5:30 pm

\$75.00 Non-resident \$85.00 FFF:

INSTRUCTOR: D. Bobak

Recreation Center, WS LOCATION:

CODE:

230016.01 September 15 - October 6 230016.02 October 13 - November 3

Model Ship Building



Learn to assemble plastic ship models from kits and craft materials. Have some fun customizing your model ship and building a diorama to show it at sea. Each week, a different part of the model ship will be cut out, glued together and painted. Learn how to safely use simple tools, plastic cement and paint supplies.

AGE: 8-12 years DAY: Wednesday TIME: 4:00 - 5:00 pm

\$37.00 Non-resident \$47.00 FEE:

INSTRUCTOR: B. Magin

Recreation Center, WS LOCATION:

CODE:

230006.01 September 9 - October 7

Make a Gingerbread House



Get out of the cold and build a warm house for the gingerbread family. We will provide everything that you will need to help you be creative. While building your gingerbread house, enjoy some snowman soup.

11 - 14 years AGE: DAY: Monday TIME: 4:00 - 5:00 pm

\$10.00 Non-resident \$15.00 FEE:

INSTRUCTOR: Staff

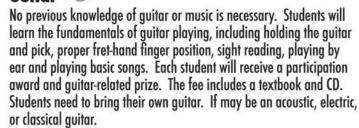
LOCATION: Recreation Center, LG

CODE:

December 14 230007.01



Guitar



AGE: 7-14 years DAY: Thursdays TIME: 5:00 - 6:00 pm

\$99.00 Non-resident \$109.00 FEE:

INSTRUCTOR: **Guitar Stars**

LOCATION: Recreation Center, LP

CODE:

230002.01 September 10 - October 15 October 22 - December 3 230002.02

(skip November 26)

Pinochle Club

Do you want to join fellow card players in a friendly game of Pinochle? Come to the Recreation Center and play a few hands of this very fun and social game. Nominal fees are collected on game day for weekly prizes conducted by the players who participate. The Pinochle room can hold up to 36 players.

AGE: Seniors DAY: Thursdays 12:00 - 3:00 pm TIME: LOCATION: Recreation Center, LP September 3 - December 17 DATES:

(skip November 26)

Let's Play Bridge

Just drop in for some fun play and more playing time. You don't need to be an expert, but you do have to know how to play basic bridge. Tables will be made us as players arrive.

Adult AGE: DAY: Tuesdays 1:00 - 3:00 pm TIME:

FEE: Free D. Goudeau **HOSTESS:**

LOCATION: Recreation Center, LP September 15 - December 8 DATES:

(skip November 24)

Senior Club

The Park District hosts a Senior Friends group which meets once a month August through May. Please call our office at (708)354-4580 to place your name on the email list or provide us with your address. Each month a mailer is sent out describing the activity or topic of that month. Small fees are collected at each event to subsidize costs.

AGE: Senior, 55 and older

DAY: Mondays

August 31, October 12, November 23 and DATES:

December 14

TIME: 10:00 am - 12:00 pm LOCATION: Recreation Center, LP

CPR

In compliance with the American Heart Association, the Heart Saver CPR certification is intended for people who need or desire certification in CPR but are NOT healthcare professionals. Taught by the members of the La Grange Park Fire Department, this class includes instruction. testing, and certification. Certification is good for two years.

AGE: Adults, 16 and older

DAY: Wednesday 7:00 - 10:00 pm TIME:

FEE: \$30.00 Non-resident \$40.00 INSTRUCTOR: LaGrange Park Firefighters LOCATION: Village Hall, La Grange Park

CODE:

November 4 240025.01

Senior Halloween Party



Spend some time with your friends and meet new people while getting in the spirit of the holiday. Make one of-a-kind decorations that you can add to your home or give as a gift. Enjoy some cookies and hot chocolate while letting your creative side take over.

AGE: Seniors, 55 and older

DAY: Friday

TIME: 12:00 - 2:00 pm

FEE: \$10.00 Non-resident \$13.00

INSTRUCTOR: Staff

LOCATION: Recreation Center, LG

CODE:

240023.01 October 9



Holiday Crafting



Spend some time with your friends and meet new people while getting in the holiday spirit. Make one of a kind Christmas holiday decorations that you can add to your home or give as a gift. Enjoy some cookies and hot chocolate while letting your creative side take

over. AGE: Adult DAY: Thursday 1:00 - 3:00 pm TIME:

FEE: \$10.00 Non-resident \$15.00

INSTRUCTOR: Staff

LOCATION: Recreation Center, LG

CODE:

December 3 240002.01

ADULT AND SENIOR INTERESTS

Beginning Spanish for Adults



Want to pick up some Spanish speaking skills? Come learn some basic Spanish conversation effectively and build a foundation of vocabulary that you will use and feel comfortable using. This class is taught in a casual, low stress environment.

16 years and older AGE:

DAY: Tuesdays TIME: 6:00 - 7:30 pm

\$57.00 Non-resident \$67.00 FEE:

INSTRUCTOR: J. Bowers

LOCATION: Recreation Center, LP

CODE:

240021.01 September 22 - November 10

Adult Intermediate Spanish



If you are looking to improve your beginning Spanish and continue to expand your vocabulary, then this is the class for you. You will experience conversing and learning in a small group setting. Some previous knowledge of Spanish is necessary. Session is 8 weeks.

AGE: 16 years and older DAY: **Thursdays** 6:00 - 7:30 pm TIME:

\$61.00 Non-resident \$71.00 FEE:

INSTRUCTOR: J. Bowers

Recreation Center, LP LOCATION:

CODE:

240022.01 September 24 - November 12

Resume Writing/Rewriting Workshop

Do you want to build a new resume or update a current resume? We'll discuss how to build and rebuild a resume that best highlights your skills, experiences and incorporates the most out of current hiring trends. Interested in recrafting your resume for a different field? That will be covered too. You'll have a new or refreshed resume by the conclusion of the workshop. Join us!

AGE: Adult DAY: Wednesday 6:00 - 8:00 pm TIME:

\$59.00 Non-resident \$69.00 FEE:

INSTRUCTOR: J. Bower

LOCATION: Recreation Center, LP

CODE:

September 9 - September 30 240027.01

Wedding/Social Dance



This is the perfect class for anyone with any type of upcoming social engagement. From backyard barbeque bashes, weddings, or black tie formal events, this class will prepare you for many types of music, such as live Rock Band, Top 40 Dance, Latin, Big Band, or a Waltz. Couples are recommended. Couples will not rotate partners. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes.

AGE: Adult Tuesdays DAY: TIME: 8:00 - 9:30 pm

\$46.00 Non-resident \$56.00 FFF:

INSTRUCTOR: Dance Techs, Inc. LOCATION: Recreation Center, LP

CODE:

September 29 - October 20 240033.01

Splendid Ballroom & Latin Dance



Discover the wonderful world of Ballroom and Latin dancing in this introductory/refresher course. Improve your skills, learn new steps and how to lead & follow. You will have fun dancing the Waltz. Foxtrot, and Salsa with just a few hours of enjoyable instruction. Couples are recommended, but not necessary. Couples will not rotate partners and singles are not guaranteed a partner. Please wear comfortable clothing and shoes.

AGE: Adult DAY: Tuesdays 8:00 - 9:30 pm TIME:

FEE: \$46.00 Non-resident \$56.00

INSTRUCTOR: Dance Techs, Inc. LOCATION: Recreation Center, LP

CODE:

240034.01 October 27 - November 17

Interview Skills Workshop

Looking to enhance your interview skills/techniques so you can land that perfect job or get that much overdue promotion? This class will provide you with an overview of how hiring managers and HR people make their hiring decisions. This class will also give you interview tips and let you practice your new learned skills. The more you practice the better you become.

AGE: Adult DAY: Wednesday TIME: 6:00 - 8:00 pm

\$59.00 Non-resident \$69.00 FFF:

INSTRUCTOR: I. Rower

Recreation Center, LP LOCATION:

CODE:

October 7 - October 28 240028.01

ADULT AND SENIOR INTERESTS

Cooking Healthy - Veggie Style

Get comfortable with vegetarian cooking! This class will teach you to start with a flavor medley, and then add lentils or chick peas and vegetables. Learn to put together a meal that will give you protein and a variety of vegetables. Don't be intimidated! There are two sessions for this class. Sign up for both or just one. Material will be different for each class.

AGE: Adult DAY: Mondays TIME: 7:00 - 8:30 pm INSTRUCTOR: J. Vasan

LOCATION: Recreation Center, LP

CODE:

Single class \$30.00 Non-resident

\$40.00

240030.01 October 12 240030.02 October 19

Both classes \$50.00 Non-resident

\$60.00

240030.03 October 12 and 19

Supper (Lunch) Club

We will meet once a month and travel in the La Grange Park District bus to experience a new restaurant. All trips will depart from the Recreation Center in La Grange. The meal cost is on you. Registration deadline is one week prior to trip date(s).

AGE: 55 and older DAY: Tuesdays TIME: 12:00 - 3:00 pm **BUS FEE:** \$15.00 per date LOCATION: Bus departs from

536 East Avenue, La Grange

CODE:

240001.01 October 13, the Irish Legend November 10, Benihana 240001.02

Dog Obedience

BEGINNER CLASS

Dogs must be at least 4 months old

Handlers: Old enough to handle dog in a group setting. Is your dog becoming a monster and driving you crazy? If you are tired of being kept up all night from constant barking, or if your home furnishings and personal belongings are being chewed up, sign up for this class. For beginners only, the first class will be a two-hour orientation from 7:00 - 9:00 pm without your dog. You must attend this informative meeting.

ADVANCED CLASS

To qualify for the advanced course, you must have completed the beginner course with Barb Clish.

DAYS: Thursdays

FEE: \$110.00 Non-resident \$120.00

B. Clish INSTRUCTOR:

Recreation Center, LP LOCATION:

CODE:

Beginners 7:00 - 8:00 pm

240026.01

September 17 – November 12

Advanced 8:00 - 9:00 pm

240026.02

September 24 – November 12



FITNESS

Yoga Open

This is a challenging class in which you will flow through sun salutes. This will be complimented with holding some postures as well. Participants can work at their own level on strength, flexibility and inversions. Some Yoga experience is suggested, but not required. Wear comfortable clothing; bring a Yoga mat and water bottle.

AGE: Adult DAY: Fridays 8:30 - 9:30 am TIME:

\$30.00 Non-resident \$40.00 FEE:

INSTRUCTOR: R. Chadesh

LOCATION: Recreation Center, LP

CODE:

September 18 - October 23 240007.01 240007.02 October 30 - December 11

(Skip November 27)

Yoga Next

This class takes a yoga flow class to the next level! Get ready to flow through postures building strength with the use of specific poses and added free weights (provided). Short cardio blasts increase endurance. This all happens in an appropriately heated room to keep muscles warm. Wear form fitting athletic clothing. Bring a yoga mat, water bottle, towel and your energy!

Adult AGE:

\$30.00 Non-resident \$40.00 FFF:

INSTRUCTOR: R. Chadesh

Recreation Center, LP LOCATION:

CODE:

Tuesdays, 8:45 - 9:45 am 240009.01 September 15 - October 20 October 27 - December 15 240009.02

(Skip November 24)

Thursdays, 5:30 - 6:30 am

240009.03 September 17 – October 22 October 29 - December 10 240009.04

(Skip November 26)

Basic Yoga

Yoga in the evening will produce a more restful night's sleep. Yoga brings tranquility, balance and strength to your life. We'll focus on meditation, breathing exercises, alignment, and basic yoga poses. Awaken your inner spirit with yoga philosophy and challenge your body to stretch. This class is suitable for all experience levels. Wear comfortable clothes. Bring a yoga mat, towel, and water bottle.

Adult AGE:

Wednesdays DAY: TIME: 7:00 - 8:00 pm

\$30.00 Non-resident \$40.00 FEE:

INSTRUCTOR: T. Mikuls

LOCATION: Recreation Center, LP

CODE:

240005.01 September 16 - October 21 240005.02 October 28 - December 9

(Skip November 25)

Yoga Fitness for All

Experience this slow flow your fitness class. The instructor leads you through a balanced approach to a toned and strong body. The class will begin with simple breathing exercises to release the thoughts and calm the mind. A warm-up of stretches will be followed by a slow stepping through yoga poses. We will work at the wall on balancing. Some Pilates and fitness balls, blocks, and straps will be used to strengthen the smaller muscles to add strength for the larger muscles. Dress for comfort: bring a sturdy mat, and water bottle.

Adult AGE: DAY: **Thursdays** TIME: 8:30 - 9:30 am

\$30.00 Non-resident \$40.00 FEE:

INSTRUCTOR: T. Mikuls

Recreation Center, LP LOCATION:

CODE:

240006.01 September 17 - October 22 October 29 - December 10 240006.02

(Skip November 26)



Basic Yoga with Weights

this class will work on strength building key muscle groups through holding yoga poses with weights. This class is suitable for all experience levels. We will focus on the upper back, shoulders, arms, and wrists for the upper body. To focus on the lower body we will use specific yoga stretches without weights. To protect your lower back and improve your posture we will include abdominal stretches. Strengthening your core muscles also enhances your balance. The class includes breathing exercises, balancing and leg work. You will need a sturdy yoga mat and a small blanket.

AGE: Adult
DAY: Mondays
TIME: 8:00 - 9:00 am

FEE: \$30.00 Non-resident \$40.00

INSTRUCTOR: T. Mikuls

LOCATION: Recreation Center, LP

CODE:

240003.01 September 14 – October 19 240003.02 October 26 – December 7

(Skip November 23)

ZUMBA - Mornings

Are you ready to party yourself into shape? The ZUMBA program is an exhilarating, effective, and easy-to-follow dance fitness-party. Experience one exciting hour of Latin, international and modern dance fitness routines where fast and slow rhythms and resistance training are combined to tone and sculpt your body all while burning fat. So what are you waiting for? Ditch the workout, join the party!

AGE: Adult

DAY: Wednesdays

TIME: 8:30 - 9:30 am

FEE: \$28.00 Non-resident \$38.00

INSTRUCTOR: A. Krueger

LOCATION: Recreation Center, LP

CODE:

240015.01 September 16 – October 21 240015.02 November 4 – December 16



ZUMBA – Evenings

Come Zumba with Michele and see what fun your dancers are having during the dance season. Zumba will inspire you to dance away the pounds while having fun! Class will incorporate Latin dances as well as some popular hip hop moves. Dance routines are easy to follow and can be modified for any level. Wear comfortable cloths, bring a water bottle and towel, and come join the party!

AGE: Adult
DAY: Mondays
TIME: 6:15- 7:15 pm

FEE: \$30.00 Non-resident \$40.00

INSTRUCTOR: M. Ritacco

LOCATION: Recreation Center, LP

CODE:

240014.01 September 14 – October 26

(Skip September 21 and October 19)

240014.02 November 2 - December 14

(Skip November 23)

Yoga

Experience the benefits of yoga: flexibility and strength, complimented with relaxation and calming. Bring a yoga mat and wear comfortable clothing.

AGE: Adult, 16 and older

FEE: \$57.00 Non-resident \$67.00

INSTRUCTOR: Tuesdays, S. Chilton
Wednesdays, K. Herndon

Saturdays, T. Mikuls

LOCATION: Recreation Center, LG

CODES:

Tuesdays, 6:00 – 7:00 pm

240008.01 September 1 – October 13 240008.02 October 27 – December 8

Tuesday, 7:15 – 8:15 pm

240008.03 September 1 – October 13 240008.04 October 27 – December 8

Wednesday, 8:30 – 9:30 am

240008.05 September 2 – October 14 240008.06 October 28 – December 9

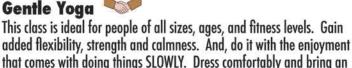
Saturday, 8:30 - 9:30 am

240008.07 September 5 – October 24 (Skip September 19)

240008.08 October 31 – December 12

FITNESS

Gentle Yoga



exercise mat.

AGE: Adult, 16 and older

Fridays DAY: TIME: 9:45 - 10:45 am

\$57.00 Non-resident \$67.00 FEE:

INSTRUCTOR: K. Herndon

LOCATION: Recreation Center, LG

CODE:

240010.01 September 4 - October 23

(Skip September 18)

October 30 - December 18 240010.02

(Skip November 27)

Toned & Strong

Let us help you become toned and strong as we focus on toning and firming all of the muscles. Participants will learn the correct way to warm-up, stretch, and condition the major muscle groups. Xertubes tubes and small weights will be provided. Bring a mat, water bottle and resistance ball. Good quality aerobic shoes are highly recommended.

AGE: Adult

TIME: 6:30 - 7:30 pm

\$53.00 Non-resident \$63.00 FEE:

INSTRUCTOR: R. Rexing

Recreation Center, LG LOCATION:

CODE:

Mondays

240013.01 August 31 - October 19

(Skip September 7)

October 26 - December 7 240013.02

Thursdays

240013.03 September 3 – October 22

(Skip September 17)

(Skip November 26)

October 29 - December 17 240013.04

Step Variety

Increase your cardio and strength results by alternating step aerobics, weight resistance, and low-impact moves. Calorie-burn high with fast results! Bring a mat, water bottle, all other equipment provided.

AGE: Adult

TIME: 7:40 - 8:40 pm

\$53.00 Non-resident \$63.00 FEE:

INSTRUCTOR: R. Rexing

Recreation Center, LG LOCATION:

CODE:

Mondays

240017.01 August 31 - October 19

(Skip September 7)

October 26- December 7 240017.02

Thursdays

September 3 - October 22 240017.03

(Skip September 17)

240017.04 October 29 - December 17

(Skip November 26)

Body Sculpting and Fat Loss Secrets Revealed



Let your instructor show you the correct way to lose fat and tone your body without losing valuable muscle tissue. How to burn calories longer through proper exercise and nutrition will be discussed was well as a free body fat analysis.

AGE: Adult, 18 and older

DAY: Thursday 6:30 - 7:45 pm TIME: \$5.00 per person FEE:

L. Witek INSTRUCTOR:

LOCATION: Recreation Center, WS

CODE:

240004.01 September 17



Karate

Learn a new skill and have fun doing it. Children age six and up will develop self-confidence and learn the fundamentals of Karate. This course teaches the basics of self-defense as well as simple exercises and drills to increase attention span, concentration, and motor skills. Class content includes various blocks, kicks, punches, focus pad work and eventually, light contact sparring. No special equipment necessary. Uniforms required, see instructor on first day of class.

6-14 years AGE:

DAYS: Mondays and Wednesdays

TIME: 5:00 - 6:00 pm

FFF: \$91.00 Non-resident \$101.00

INSTRUCTOR: M. Rivera

LOCATION: Recreation Center, LP

CODE:

250004.01 August 24 - October 14

(Skip September 2 and September 7)

250004.02 October 19 - December 9

(Skip November 23 and November 25)

Men's Open Basketball



Ages 16 - 34 years

Are you looking to get in shape or condition the shape you're in? Then this "open-gym" basketball forum for 16-34 years old is for you. Run, dribble, dunk and score your way to a healthier you. New teams are formed each week. Pre-registration is required to participate.

AGE: 16 through 34 years DAY: Wednesdays TIME: 7:00 - 9:00 pm FEE: \$36.00 per participant

SUPERVISOR: D. Floto

Forest Road School Gym LOCATION:

CODE:

250005.01 September 16 - December 9

(Skip November 25)

Men's Open Basketball



Ages 35 and older

Players must be 35 years and older. New teams are chosen weekly and you pay as you go each week. Maximum per week is 20 players. Get a workout and meet your neighbors too. Locker room and shower facilities available but bring your own lock, towel and soap.

35 and older AGE: Thursdays DAY: TIME: 8:15 - 9:45 pm FEE: \$5.00 per evening

Money collected at the door

SUPERVISOR: T. Toomey

LOCATION: Recreation Center, WS October 1 - December 16 DATES:

Women's Volleyball League

This is a competitive women's volleyball league. An organizational meeting is scheduled for Tuesday,

October 6, 2015 at 6:30 pm at the Recreation Center, 1501 Barnsdale, La Grange Park. All fees are due the night of the meeting.

Adults, 16 and older AGE:

DAY: **Tuesdays**

Games start at 7:00 pm TIME: \$360.00 Resident Team FFF. \$435.00 Non-resident Team

LOCATION: Park Junior High School

CODE:

250006.01 League will start on October 13

Co-Rec Volleyball



Come out and enjoy some friendly volleyball competition where exercise and fun will be the emphasis of the program. Experience is not required. New teams will be formed each week.

Adult, 16 and older AGE: DAY: Wednesdays 7:00 - 9:00 pm TIME: FEE: \$28.00 per person

SUPERVISOR: L. Rizzo

Park Junior High School LOCATION:

CODE:

250026.01 September 16 - December 9

(skip November 25)

Men's Wiffleball League

Looking to play some ball during the off-season? Join us for some exciting wiffleball. Sign up as a team today. An organizational meeting will be held on Tuesday, October 13, 2015 at 6:30 pm, Recreation Center, 1501 Barnsdale Road, La Grange Park. Rules and regulations will be discussed.

AGE: Adult, 16 and older DAY: Wednesdays

TIME: Starting games at 6:30 pm \$110.00 Resident Team FFF: \$135.00 Non-resident Team

SUPERVISOR: R. Demes

Park Junior High School LOCATION:

CODE:

250027.01 League will start on October 21



SPORTS

Table Tennis

Join us on Monday evenings for a few hours of open table tennis. The Edgeball Table Tennis Agency will provide all supplies needed for this activity. Pre-registration is required. No drop-ins allowed.

Adult, 14 and older AGE:

DAY: Mondays 7:30 - 9:30 pm TIME:

\$36.00 Non-resident \$46.00 FEE:

SUPERVISOR: T. McCormack LOCATION: Recreation Center, LP

CODE:

250008.01 September 14 - December 7

(skip November 23)

Kids First Track and Field



Coaches will focus on teaching sprints, hurdles, jumps, distance running, and throws in a safe and fundamental way. The program consists of body balance techniques: speed, quickness and agility drills, which will help produce a quicker, safer, more powerful performer. A wide variety of timed events will take place each day, with an event championship series on the final day.

AGE: 5-14 years DAY: Saturdays

\$69.00 Non-resident \$79.00 FEE:

INSTRUCTOR: Kids First

CODE:

250010.01

September 12 - October 10

Hanesworth Park 10:15 - 11:15 am

November 7 - December 12

(skip November 28) Park Junior High School

250010.02 3:00 - 4:00 pm

Tennis/Youth

Learn the game of tennis and/or improve your skills. Our staff will combine instruction, drills, and game situations that will help players increase their appreciation for the game. Fundamentals, strokes, rules and scoring will all be taught. Participants must supply their own rackets. Weather may be a factor for this program. Every attempt will be made to make up classes cancelled due to weather; including extending class/time weeks.

AGE: Grades 1 - 8 DAY: Saturdays

\$30.00 Non-resident \$40.00 FEE:

INSTRUCTOR: L. Grisafe Memorial Park LOCATION:

CODE:

September 12 – October 10 9:30 - 10:30 am, grades 1-3

250023.01 10:30 - 11:30 am, grades 4-8 250023.02

Flag Football

This class will focus on safety and skills preparation for the first two weeks and prior to games. Players will learn football through fundamentals and experience individual and team competitive drills to develop skills. Beginning in week three, 55 minute football games will be played: coaches will prepare football plays in huddles, and participants will gain confidence in making plays safely and skillfully.

AGE: 6-12 years DAY: Saturdays 9:00 - 10:15 am TIME:

\$85.00 Non-resident \$95.00 FEE:

INSTRUCTOR: Kids First Hanesworth Park LOCATION:

CODE:

250009.01 September 12 - October 17

Girls Softball Fast and Slow Pitch



This program challenges all players through fun competitive softball drills and games that will maximize player potential. Focus will be on pitching. hitting, fielding, throwing, base running and sportsmanship. Instructors raise the skill and excitement level with approximately 50% of the time devoted to fundamentals, safety, speed and fitness and 50 % dedicated to game activity.

AGE: 7-12 years DAY: Saturdays TIME:

11:15 - 12:30 pm FFF: \$85.00 Non-resident \$95.00

Kids First INSTRUCTOR:

Hanesworth Park LOCATION:

CODE:

250001.01 September 12 - October 17



Flag Football Games Only



Players will be assigned to a team the first two weeks of the season. Teams assignments will remain the same beginning in week three and a championship game will be held on the final week.

AGE: 6-12 years DAY: Saturdays 9:00 - 10:15 am TIME:

FEE: \$59.00 Non-resident \$69.00

INSTRUCTOR: Kids First

Hanesworth Park LOCATION:

CODE:

October 24 - November 14 250014.01

LTSC Mini Soccer Academy



A five-week soccer program focused on fun and development. This program utilizes experienced professional Lyons Township Soccer Club coaches who know how to create a fun environment and develop a love of soccer. Each week players will learn fundamental soccer skills such as dribbling, passing and shooting from professional coaches. Each player must bring a soccer ball.

AGE: 3-8 years

FEE: \$45.00 Non-resident \$55.00

INSTRUCTOR:

CODE:

Thursdays, September 10 - October 8

Hanesworth Park

250016.01 3-5 years, 4:00 - 5:00 pm 250016.02 6-8 years, 5:00 - 6:00 pm

Saturdays, November 7 - December 12

(skip November 28) Park Junior High School

250016.03 3-5 years, 1:00 - 2:00 pm 6-8 years, 2:00 - 3:00 pm 250016.04

Kids First Baseball



An instructional baseball program that will focus on safety. fundamentals, and skills. Baseball advantage methods, and techniques per position, body balance, throwing, fielding, hitting, bunting, base running and sportsmanship will all be a part of this program.

AGE: 5-11 years DAY: Saturdays

\$69.00 Non-resident \$79.00 FEE:

INSTRUCTOR: Kids First

LOCATION: Park Junior High School

CODE:

November 7 - December 12

(skip November 28)

9:00 - 10:00 am, ages 5-6 250012.01 250012.02 10:00 -11:00 am, ages 7-11

Cheerleading ***



If your child dreams of being on the cheerleading squad then this program is perfect. Experienced coaches will focus on the sport of teaching cheerleading skills that are fun, safe and fundamental. The program will also include drills to enhance cheerleading techniques, body balance movements, timing, rhythm, pompon bebop dance, jumps, stunts, cheers, rah-rah awareness and sportsmanship. The last day of class features a competitive cheer challenge contest.

AGF: 6-11 years DAY: Saturdays 11:00 - 12:00 pm TIME:

\$69.00 Non-resident \$79.00 FFF:

INSTRUCTOR: Kids First

Park Junior High School LOCATION:

CODE:

250019.01 November 7 - December 12

(skip November 28)





SPORTS

Kids First Badminton

This camp will teach the participant preparation training such as handgrips, racket positioning, and serving, plus spiking techniques for this fast and quick-paced game. You will also be taught body balance, first step directional movements, badminton awareness and sportsmanship.

AGE: 7-14 years DAY: Saturdays 12:00 - 1:00 pm TIME:

\$69.00 Non-resident \$79.00 FEE:

INSTRUCTOR: Kids First

Park Junior High School LOCATION:

CODE:

250013.01

November 7- December 12 (skip November 28)

Kids First Basketball



This program teaches proper techniques on shooting, dribbling, passing, speed, body balance, plus basketball safety awareness and sportsmanship. A series of drills will help develop ball control, first step directional movements, floor spacing, sharing and listening skills. Fundamentals, games and contests will all be part of your time on the court.

AGF: 6-14 years DAY: Saturdays

\$69.00 Non-resident \$79.00 FEE:

INSTRUCTOR: Kids First

Park Junior High School LOCATION:

November 7 - December 12 CODE:

(skip November 28)

1:00 - 2:00 pm, 6-8 years old 250011.01 2:00 - 3:00 pm, 9-14 years old 250011.02

Nerf Football



This is the perfect introductory class for your little one! Through basic drills, we will teach the skills to get them started on how to catch, throw, kick, and basic positions. A "game" will be played each day, non-contact, of course.

AGE: 4 - 6 years Saturdays DAY: 10:00 - 10:45 am TIME:

\$45.00 Non-resident \$55.00 FEE:

INSTRUCTOR: Sports R Us

LOCATION: Park Junior High School

CODE:

November 7 - December 12 250024.01

(skip November 28)

Flag Football



Good old American classic! Not yet old enough for the helmet and pads? We will use junior size footballs and flags just right for grabbing. Enjoy the sport of football as we learn how to pass, catch and use teamwork to our advantage. No contact sport.

7-9 years AGE: Saturdays DAY: 11:00 - 12:00 pm TIME:

\$45.00 Non-resident \$55.00 FEE:

INSTRUCTOR: Sports R Us

Park Junior High School LOCATION:

CODE:

November 7 - December 12 250015.01

(skip November 28)

T-Ball and Soccer Combo



This class is perfect for toddlers who are full of energy and parents who are looking for an introduction to t-ball and soccer. Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this non-competitive environment. The first two weeks of class we will concentrate on t-ball and the second two weeks on soccer skills. The last class we will play a fun game of each sport. This class is a drop- off class. Child must be three years old by the first day of class. Parents are welcome to watch what their child has learned during the last class on December 7.

3-4 years AGE: DAY: Saturdays 9:00 - 9:45 am TIME:

FEE: \$45.00 Non-resident \$55.00

INSTRUCTOR: Sports R Us

Park Junior High School LOCATION:

CODE:

250017.01 November 7 - December 12

(skip November 28)



Volleyball ***

Bump! Set! Spike! These and other skills are learned in this class for both boys and girls. This class starts off with the basic skills and will advance week to week accordingly. Teamwork, participation, and good sportsmanship are our top proprieties. Games will be played at the end of each class.

AGE: 10- 13 years
DAY: Saturdays
TIME: 12:00 - 1:00 pm

FEE: \$45.00 Non-resident \$55.00

INSTRUCTOR: Sports R Us

LOCATON: Park Junior High School

CODE:

250003.01 November 7 – December 12

(skip November 28)

Junior Golf

This four week class, led by Matt Lovelace, will teach the fundamentals and proper hand grip, alignment, motion and preshot routine in regards to iron shots, driving techniques, chipping and putting. Participants are encouraged to bring their own clubs; however, clubs may be borrowed from the Park District of La Grange.

AGE: 7-14 years
DAY: Tuesdays
TIME: 6:00 - 7:00 pm

FEE: \$60.00 Non-resident \$70.00

INSTRUCTOR: M. Lovelace

LOCATION: Recreation Center, LG

CODE:

250028.01 September 9 - October 6

(skip September 15)

250028.02 October 27 – November 17 250028.03 December 1 – December 22 **Archery**

Learn the basics of a recurve bow in an extremely safe environment. A nationally recognized nine step program is taught. Blunt tipped arrows, bows and targets are provided. Technique will be stressed. Games will be played during every class.

AGE: 7 years and older

FEE: \$59.00 Non-resident \$69.00

INSTRUCTOR: Sports Kids, Inc. LOCATION: Denning Park

CODE:

Beginner Level, ages 7-10 years

September 14 – October 19

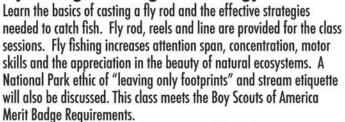
250020.01 Mondays, 4:30 – 5:15 pm

Intermediate Level, ages 11 and older

September 10 – October 15

250020.02 Thursday, 5:30 - 6:15 pm

Fly Fishing – Casting and Strategy



AGE: Children 10 years and older with adult

DAY: Sundays TIME: 1:00 - 2:00 pm

FEE: \$69.00 Non-resident \$79.00

INSTRUCTOR: J. Miao

LOCATION: Grand Avenue Community Center Gym, WS

CODE:

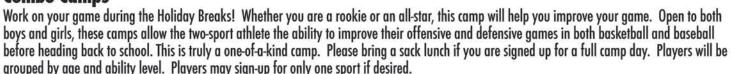
250030.01 October 4 - October 18



SPORTS



Bulls/Sox Thanksgiving and Holiday **Combo Camps**



INSTRUCTOR: Bulls/Sox Academy

LOCATION: Recreation Center, LG

AGES: 5-14 years

Thanksgiving Camp (2 days)

Friday and Saturday November 27 and 28

Full Day Camp is 9:00 - 4:00 pm Fee: \$205.000 Non-resident \$215.00

CODE: 250021.01

Half Day Camp Baseball

9:00 - 12:00 pm

Fee: \$115.00 Non-resident \$125.00

CODE: 250021.02

Half Day Camp Basketball

1:00 - 4:00 pm

Fee: \$115.00 Non-resident \$125.00

CODE: 250021.03

Holiday Camp (3 days)

Monday, Tuesday and Wednesday December 28, 29 and 30

Full Day Camp is 9:00 - 4:00 pm

Non-resident \$325.00 Fee: \$315.00

CODE: 250022.01

Half Day Camp Baseball

9:00 - 12:00 pm

Fee: \$175.00 Non-resident \$185.00

CODE: 250022.02

Half Day Camp Basketball

1:00 - 4:00 pm

Fee: \$175.00 Non-resident \$185.00

CODE: 250022.03



White Sox Pitching Club

The White Sox Pitching Club will give you a firsthand look at the pitching mechanics that all great pitchers use! Pitching with accuracy, velocity and minimal arm strain is no accident. There is a process that should be followed from the Big League to Little League and is exactly what White Sox players use. The White Sox Pitching Club will teach you that process. Even if pitching is not in your plans, throwing correctly is critical to becoming a good baseball player. Get on the mound and get on the right track with the White Sox Pitching Club.

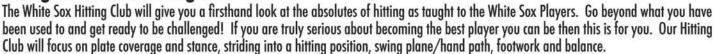
AGE: 8-10 years
DAY: Mondays
TIME: 6:00 - 7:00 pm

FEE: \$95.00 Non-resident \$105.00 INSTRUCTOR: Chicago White Sox Academy LOCATION: Recreation Center, LG

CODE:

250031.01 November 2 - November 23

Chicago White Sox Hitting Club



AGE: 8-10 years
DAY: Mondays
TIME: 5:00 - 6:00 pm

FEE: \$95.00 Non-resident \$105.00 INSTRUCTOR: Chicago White Sox Academy LOCATION: Recreation Center, LG

CODE:

250032.01 November 2 - November 23



VETERANS MEMORIAL

The Veterans Memorial was dedicated on September 20, 2014. Our Memorial is unlike many Memorials in that it will continue to grow each year as memorial bricks are purchased and placed in the Memorial Plaza. The Community Park District of La Grange Park's Veterans Memorial was built to honor ALL active duty and military veterans whether they served in times of conflict or times of peace. We feel that it is important to recognize all of our men and women who have served or are now serving because they never knew what tomorrow would bring as they protected America. There is no better way to honor your favorite active duty or military veteran than by placing a brick in his or her honor in our Plaza.

Memorial bricks can be purchased by submitting an order form found on page 39. You can also visit our website and download the form. If you have any questions you can call the park district office at 708-354-4580 and speak with Amanda Kennedy.

Something New: In response to community requests, donors who have purchased a memorial brick for the plaza will have the opportunity to buy a replica brick that can be given as a gift or kept for their own special memorial. Special prices for replica bricks are as follows: 4x8 Bricks are \$60.00 and 8x8 Bricks are \$75.00. Brick orders will be placed twice during the year, with January 31 and June 30 deadlines for all orders. A replica brick order form can be found on our website.

ARMY-AIRBORNE SIGNAL OPS NGO COLD WAR CMC FT BRAGG NO 1961-1964

VIC MAZYLE





VETERANS MEMORIAL FUND DONATION AND BRICK ORDER FORM

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Calendar of Events

Resident Registration mail/ drop off by 5:00 pm Thursday, August 13 Senior Day At The Races......Thursday, September 24 Fireside Stories..... Friday, October 2 Octoberfest and Small Museums Trip......Thursday, October 15 Halloween Party......Friday, October 30 Paradise Playhouse Trip Wednesday, November 4 Santa Visits (La Grange Park Residents Only) Tuesday, December 15 **Phone Call From Santa** (La Grange Park Residents Only) Wednesday, December 16 Winter/Spring Brochure mailed out week of November 16











Registration Form

Insert this form, along with your credit card information, check, or money order payable to the Community Park District and drop off or mail to the Community Park District, 1501 Barnsdale Road, LaGrange Park, IL 60526. Registrations paid by credit card may be faxed to (708) 354-4577. Unless otherwise notified, participants are accepted upon receipt of application and payment. Please refer to the registration procedures and random

lead of Household:			E	mail Address				
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ddress:				City			Zip	
st Number to Call		2nd Number to Call			3rd	Number to Call		
ommunity Park District desires to meet t	he leisure	needs of all our residents. V	Ne will do	our best to a	ccommodate y	our requests.		
1. Do you or a family member require	special as	sistance? Yes	No	If Yes, ple	ease contact the	Park District o	office at 354-4580.	
2. Are there any allergies the CPD need the Please state allergies in writing and		450 5107 2200	articipatio	on in a class?	Yes	No		
PARTICIPANT'S NAME	SEX	18 and under DATE OF BIRTH	AGE	GRADE	PROGRAI	И НАМЕ	CODE	FEE
PHOTO INFORMATION Do occasion, the park district staff or local occurrence of participants in our programs, classes occurrence are only for Park District use, most I samphlets, flyers, or for publication in a local new	or events. P ikely in futu	lease be aware that these re catalogues, brochures,	defect stance it mus	tive equipment es inherent to o	, inadequate supe utdoor and indoo	ervision, instruction r recreational act	premises defects, ina on or officiating, and al tivities/programs exist. mmunity Park District	l other circum In this regard
IMPORTANT INFORMATION The Community Park District is committed to a cativities in a safe manner and holds the safe community Park District continually strives to participants follow safety rules and instructionarticipants' safety. However, participants and proor this program/activity must recognize that choosing to participate in recreational activitie You are solely responsible for determinionly sically fit and/or skilled for the activities always advisable, especially if the participant recently suffered an illness or impairment, to can physical activity.	conducting in the production of the production o	ts recreation program and pants in high regard. The hrisks and insists that all edesigned to protect the dians of minors registering inherent risk of injury when your minor child/ward are by this agreement. It is t, disabled in any way or	Please progra releasi sustain with 1 provid partici injurie of said	VER AND Tread this form Im/activity, you Ing all claims for In as a result of Ithis program/a	a carefully and be will be expressly ir injuries, damage participating in a activity (includin id acknowledge ogram/activity, ar oss regardless of further agree to v	aware that in si assuming the ris so or loss which y and all activiting transportation that there are of all voluntarily ag severity, that my vaive and relinque	DN OF RISK igning up and particip, is and legal liability and you or your minor child ies connected with and services/vehicle operetain risks of physical pree to assume the risk or child/ward or I sustain ish all claims I or my ch	I waiving and I/ward might I associated eration, whe cal injury to
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Failure to sign this form could void your registration.

FOR YOUR SECURITY, PLEASE DO NOT EMAIL THIS COMPLETED FORM



Providing year-round recreation services for individuals with disabilities.

For additional information, call 630-960-7600 or check us out on the web at www.seaspar.org.

4500 Belmont Road, Downers Grove, IL 60515









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