## COMMUNITY GUIDE

**2020 Winter/Spring**Recreational Programs & Events

Celebrating
75 YEARS
of Community Recreatio



Community Park District of La Grange Park visit communityparkdistrict.org

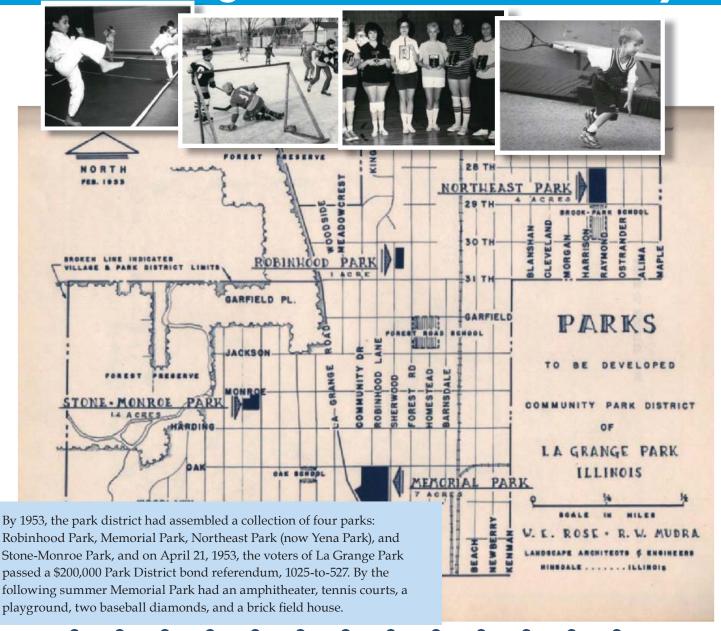
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La Grange Park

communityparkdistrict.org



## **Celebrating 75 Years of Community**



## Winter/Spring Special Event Calendar

Holiday in the Park	Saturday, December 14
Frozen, Jr	January 10 - 12
Ready Teddy Fall 2020 Registration	Monday, February 10
Daddy Daughter Date Night	Friday, February 21
Ready Teddy Open House and Science Fair	Wednesday, March 18
Seussical Jr	April 3 - 5
Easter Egg Hunt	Saturday, April 4
Spring Stories in Strollers!	Friday, April 17 at 10:30am at Beach Oak Park
Spring Stories in Strollers!	Friday, May 15 at 10:30am at Memorial Park
Summer Brochure mailed out week of March 23	



Board of Park Commissioners		
Tim Ogden	President	
Lucy Stastny	Vice President	
Peggy Ronovsky	Treasurer	
Karen Boyd	Secretary	
Robert Corte	Commissioner	

The Community Park District Board of Commissioners is comprised of five commissioners elected by Park District residents to serve unpaid, four-year terms. The Board governs, on behalf of residents, all activities of the Park District. Regular Park Board meetings are held on the second Monday of each month at the Recreation Center, 1501 Barnsdale Road, at 6:30 pm. Your attendance is both welcome and encouraged.

#### **Regular Park Board Meetings**

- Second Monday of each month at the Recreation Center
- 1501 Barnsdale Road, at 6:30 pm.
- Your attendance is both welcome and encouraged.

#### **President's Column**

It has been another great year at the Park District! It will be the 75th year of the Community Park District of La Grange Park, stay tuned for an event in the summer celebrating all of the great things and people that are and have been associated with the Park District!

Our new executive director, Jessica Cannaday, has hit the ground running these past few months. She and staff are reviewing all of our programs to bring to the Village the best that we can possibly offer.

The Park District has lot of exciting programs including looking into an all-day Summer Camp. If you have any ideas for new classes, programs or anything at our parks, please share with us.

The Community Park District's Footlight Theater Program has been popular with participants and parents alike.

Please visit our website at www.communityparkdistrict.org for more information about all the programs and great classes that are offered

Thank you for supporting the Community Park District and see you at the parks!

Sincerely,

Tim Ogden

Community Park District Board President

**January 1945** The first meeting of the board was held. First official acts were the drawing of lots to determine the Commissioners respective terms of office. A President & Vice President were elected & monthly meeting nights established.

## Thank you to all the residents that have served on the Community Park District Board of Commissioners since 1945!

Donald A. Campbell

Frank R. Chase

Randall H. Cooper

Mildred H. Krumnel

David E. White

Clifford W. Dorman

Edward D. Hendrickson

D. Harris Smith

Daniel J. Cronkhite

David K. Barth

Alice P. James

Mitchell Zack

Lee F. Shalhope

Peter L. Vissat

Herbert R. Pohl

Hooper

Joseph James

Rice

Rice

Rice

Lea Barth

Rice

Ric

Ralph E. Bowermaster

Robert F. Huson

Daniel J. Koller. Jr. James Peterson Joseph Ondrus Glenn F. Carlson **Guilford Hanesworth** Michael Kosin R. Dennis Lewis Jean Dreyer John Knauber Ken Wolf Mel Krejci Richard Jarom Beatrice Reinhold Richard Brown Elaine Layden William Johnson Raymond Wielgos

Gary Nolder
Ray Arndt, Sr.
James Discipio
Robert Lautner
Peter. B. Stojic
William G. Yena
Richard A. Ronovsky
Lou Ritten
Ted Popernik
Lucy Stastny
Karen Boyd
Jeffery S. Kilrea
Tim Ogden
Bob Corte
Peggy Ronovsky





#### **Staff**

Jessica Cannaday, CPRP	Executive Director
Martin Healy	Maintenance Supervisor
Dean Carrara, CPRP	Superintendent of Recreatior
Ashley Jusk	Recreation Supervisor
Nancy Daum	Office Manager
Filemon Sanchez-Rodriguez	Maintenance Assistant
Phil Mesi	Finance Consultant
Megan Jadron	Safety Coordinator
Amanda Kennedy	Office Assistant
Olga Viramontes	Facility Maintenance
Matt Smith	Parks Lahorer

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## Community Park District Recreation Center & Administrative Offices

1501 Barnsdale Road La Grange Park, Il 60526

Phone: (708) 354-4580 Fax: (708) 354-4577 Website: www.communityparkdistrict.org

#### **Administrative Office Hours**

Monday through Friday 8:30 am - 5:00 pm Saturday 9:00 am - 12:00 pm

#### **Program Locations**

#### Recreation Center/Park District Office (LP)

1501 Barnsdale Road, La Grange Park

#### **Hanesworth Park**

1545 Barnsdale Road, La Grange Park

#### **Park Junior High School**

333 N. Park Road, La Grange Park Corner of Brainard and Ogden Avenues

#### Recreation Center, La Grange (LG)

536 East Avenue, La Grange

#### **Western Springs Community Center**

4211 Grand Avenue, WS

#### Recreation Center, WS (WS)

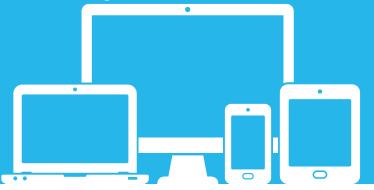
1500 Walker Street, WS

#### Village Hall, La Grange Park

447 N. Catherine, La Grange Park

## **Winter/Spring Registration Dates**

Resident Registration begins Thursday, December 5
Non-resident registration begins Thursday, December 12
For more information visit communityparkdistrict.org



#### **FREE! Holiday in the Park**

This annual event is free of charge and a holiday hit for the entire family. The La Grange Park Chamber of Commerce sponsors the day's events and your Community Park District serves as host. New this year! Meet the cast of Frozen Jr.! Featured activities include a hayride, petting zoo, bonfire, holiday crafts, snacks and refreshments and, of course, pictures with Santa. The La Grange Park Chamber of Commerce can be reached at 708-354-4205 or by visiting www.lagrangeparkchamber.org.

Date	Day	Time	R/NR
12/14	Sa	12-3pm	FREE

Location: Recreation Center, 1501 Barnsdale Road, LP

#### **Daddy Daughter Date Night**

Hear ye, hear ye! The Community Park District summons all Kings and their Princesses for a gala evening of fun. For one magical night, the Recreation Center will be transformed into a dreamy ballroom. Guests will enjoy pizza and other light refreshments as they dance the night away to music provided by a professional DJ. Don your finest attire, hop into your carriage, and join us for a memorable evening. A photo booth with fun props will also be available so you will have a keepsake to take home!

Age: 3-8 years with adult

Date	Day	Time	R/NR
2/21	F	6:30-8:30pm	\$35/\$45
(\$10 ea	ch addit	ional daughter)	

Location: Recreation Center, 1501 Barnsdale Road, LP

#### **FREE! Easter Egg Hunt**

Kids bring your baskets and get ready for fun. The Easter Bunny will be on hand at Memorial Park to dole out goodies before the fun of hunting for eggs begins. Children will be grouped by age. Hop on down and join us at 11am sharp, rain or shine.

Age: 8 and under.

<u>Date</u>	Day	Time	R/NR
4/4	Sa	11am SHARP!	FREE

**Location:** Memorial Park

#### **NEW! Stories in Strollers**

The Community Park District and La Grange Park Library are excited to provide this fun, and FREE new program. Caregivers and children from birth and up are invited to join a member of the La Grange Park Library for a fun storytime from your stroller at one of our beautiful parks!

#### **Spring Stories in Strollers!**

Friday, April 17 at 10:30am at Beach Oak Park Friday, May 15 at 10:30am at Memorial Park

All children must be accompanied by an adult caregiver.

Events are rain or shine. In case of lighting, Stories in Stollers will be moved to the Library.



**Community Footlight Players of La Grange Park Performances** 



#### Frozen, Jr. (Tickets are on sale now!)

Friday, January 10 at 7:30pm Saturday, January 11 at 2pm and 7:30pm Sunday, January 12 at 2pm All performances are at Park Jr. High

#### Save the Date! Seussical, Jr

Friday, April 3 at 7:30pm Saturday, April 4 at 2pm and 7:30pm Sunday, April 5 at 2pm All performances are at Park Jr. High

**Enjoy the Show and Support Community Theatre!** 



## **Cooperative Community Events:**

Co-Op Programming. If the graphic symbol appears next to a program title, it is a coop program and resident rates will apply to the residents of La Grange (LG), La Grange Park (LP), Western Springs (WS) and Brookfield!

#### Family BINGO Night



#### Friday, January 31

Get out of the house and enjoy an affordable, fun, family night of bingo! Children must be accompanied by an adult. Price listed per person.

<u>Date</u>	Day	Time	R/NR	Reg. By
1/31	F	6-7:30pm	\$4/\$6	1/20
Locatio	<b>on:</b> La Gr	ange Recreation	Center, LG	

#### Valentine Candy Carnival



Join us for a night of fun with crafts, entertainment and playing games to win candy and have tons of fun.

Age: 14 and under

<u>Date</u>	Day	Time	R/NR
2/7	F	6-7:30pm	\$5/\$7
Locatio	<b>on:</b> La Gr	ange Recreation	Center, LG

#### Kids Toys & Garage Sale



#### Sunday, February 9

Clean out those closets! Get rid of your old toys, books and things you no longer use and sell them at our Kids Toys and Garage Sale. Your fee includes one table to display your items. Someone must be present at the table throughout the event. A parent must be present for children under 12 years.

Age: 6-18 years old

<u>Date</u>	Day	<u>Time</u>	R/NR
2/9	Su	10-2pm	\$10/\$15
Locatio	<b>on:</b> La Gr	ange Recreation	n Center, LG

#### Mother Son Dance



Come to the Recreation Center and enjoy a fantastic night out with your little guy! Dance to your favorite tunes, enjoy refreshments, and leave at the end of the evening with a photo memento and a special surprise. Each additional child is \$20.00.

Age: 3-10 years old

<u>Date</u>	Day	Time	R/NR	Reg. By
3/6	F	6-8pm	\$47/\$57	2/19
Locatio	<b>n:</b> La Gr	ange Recreatio	n Center, LG	

#### Kids Luck of the Irish



Enjoy a night out while your children enjoy a night filled with St. Patrick's Day Fun! They'll make their own leprechaun hats and shamrocks, hunt for gold, make Root Beer Floats and more. A kid friendly dinner will be provided. Age: 6-14 years old

Date	Day	Time	R/NR
3/12	Th	6-7pm	\$26/\$36
Locatio	<b>n</b> • La Gr	ange Recreation	on Center I.G

#### Breakfast with the Easter Bunny



Hop on over to the Recreation Center for pancakes and sausage with the Easter Bunny! Breakfast will begin at 8:30 am. Each child will have an opportunity to sit on the bunny's lap and create some holiday crafts. Age: 2-17 years old

Date	Day	Time	R/NR	Reg. By
3/29	Su	8:30-10am	\$17/\$25	3/18
Location:	a Gran	ge Recreation Ca	enter IG	

#### Tween Flashlight Egg Hunt



It's that time of the year, so paint those eggs, keep an eye out for the bunny and.....grab a flashlight?? That right! Get ready for a great night looking for eggs filled with candy and tickets that represent prizes too big to fit in an egg. Each participant must be accompanied by a parent.

Age: 8-14 years old

Date	Day	Time	R/NR
4/3	F	8-8:30pm	\$5/\$7.50
Locatio	n. Seda	wick Park IG	

## **Trips**

#### Volo Car Museum



The Volo Auto Museum and Antique Malls showcase nearly 400 classic and muscle cars for sale, plus over 300 antique dealers. Experience this 35-acre antique themed park. Fee includes transportation and admission only. Bus departs from 536 East Avenue, La Grange.

Age: Adult

<u>Date</u>	Day	Time	R/NR	Reg. By
1/28	Tu	9-2pm	\$25/\$35	1/20
Locatio	on: Bus l	eaves La Grang	e Recreation Cent	ter. LG

#### Chicago Botanic Garden



The beautiful Botanic Gardens consists of 385 acres of vibrant specialty gardens, tranquil lakes and native woodlands and prairies, boasting the largest plant collection in the upper Midwest. Bus departs from 536 East Avenue, La Grange. Fee is for transportation only: lunch is on your own. Age: Adult

<u>Date</u>	Day	Time	R/NR	Reg. By
5/6	W	9-3pm	\$23/\$33	4/27
Location	ո: Bus lea	aves La Grange Re	creation Cente	r, LG



## READY TEDDY PRESCHOOL

#### School Year September 9, 2019 – May 15, 2020 Preschool Director: Ashley Jusk

Our preschool is designed for children ages 2-5 years old, including Pre-Kindergarten.

Our curriculum is based on a non-repetitive 4-year cycle.

Illinois Early Childhood Standards and Benchmarks are implemented in our innovative learning curriculum. Additional information is available in our Parent Handbook, which can be found on our website: www.communityparkdistrict.org

# Join us for our Spring Open House and Science Fair!

Wednesday, March 18, 2020 from 6 – 7pm Location: Community Park District Recreaton Center, 1501 Barnsdale Road

#### **Registration for Preschool**

Registration for Preschool is open throughout the year, as long as there are spaces available in the class. Call the park district office for availability. You may also make an appointment to see what is new and exciting at Ready Teddy Preschool. To schedule a tour or speak with the Preschool Director Ashley Jusk call 708-354-4157.

#### Fall 2020 Registration

Registration for School Year 2020-2021 requires a non-refundable registration fee of \$50.00.

Proof of residency is required for La Grange Park Residents. (ie: water, gas or electric bill)

All necessary paperwork can be picked up prior to registration at the Recreation Center.

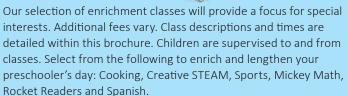
Registration applications will be accepted as follows:

Current preschool class resident families will be on Monday, February 10 at 8:30 am.

All resident families will be on Tuesday, February 11 at 8:30 am. Current preschool class non-resident families will be on Thursday, February 13 at 8:30 am.

Registration is open to all on Friday, February 14 at 8:30 am.

#### Add On Enrichment Classes 3



#### Flex

Before and after school care is an optional program which can be combined with our Ready Teddy Preschool Classes and is available between 10:45 and 5:00 pm. Students of Ready Teddy can register for the flex program. Information is available by calling the Ready Teddy Preschool hotline at 708-354-4157.

For over 25 years - Ready Teddy has been preparing the children of La Grange Park for successful academic journeys and life-long learning!









# READY TEDDY PRESCHOOL TEDDY TODDLERS

School Year September 9, 2019 – May 15, 2020 Preschool Director: Ashley Jusk ajusk@communityparkdistrict.org

Additional information is available in our Parent Handbook, which can be found at www.communityparkdistrict.org

## 2-Year-Old Program

January 17-April 14

Session is 13 weeks. No class 3/27 and 4/10 R/NR Fee: \$165/\$175 (Tuition is paid per session)

Here is the perfect opportunity to get your toddler acquainted with other children and take a small step into preschool. Socializing with others, music, and simple art projects will all be part of the fun. Children must be ready to stay in class without the assistance of a parent.

#### **Fridays**

8:45-10:15am 10:30am-12:00pm

## 2 1/2 Early 3-Year-Old Program

R/NR Fee: \$129/\$139

(Tuition is paid monthly based on a full school year)

Learning centered on play! In the early years, socializing with others is important in getting ready for school. Social skills and self-esteem will be enhanced. Alphabet time, counting time, painting, music, and colors are all part of the learning fun.

#### Mondays/Wednesdays

8:45-10:45am 11am-1:00pm

#### Tuesdays/Thursdays

8:45-10:45am 11am-1:00pm Additional classes start January 7, 2020 Tuesdays/Thursdays 8:45-10:45am

8:45-10:45am 11am-1:00pm





## READY TEDDY PRESCHOOL

School Year September 9, 2019 – May 15, 2020 Preschool Director: Ashley Jusk ajusk@communityparkdistrict.org

Additional information is available in our Parent Handbook, which can be found at www.communityparkdistrict.org

#### Join us for our Spring Open House and Science Fair!

Wednesday, March 18, 2020 from 6 – 7pm

#### 3-Year-Old Preschool

R/NR Tuition: \$133/\$143

(Tuition is paid monthly based on a full school year)

This three-day-a-week class has been designed for children who are 3 years of age. Focus is on readiness skills through small and large group activities. Social, emotional and physical needs of this age group will be developed. Art projects, music, letters, numbers, colors, and daily gym are all incorporated.

#### Monday, Wednesday, and Friday

8:30–10:30am 10:45–12:45pm 1:30–3:30pm

#### Fall 2020 Registration Information

#### Monday, February 10 at 8:30am

Priority registration opens for current **resident** preschool students

#### Tuesday, February 11 at 8:30am

Resident registration opens for all La Grange Park resident families

#### Thursday, February 13 at 8:30am

Registration opens for current **nonresident** preschool students

Registration is open to all on Friday, February 14 at 8:30am.

#### Ready Teddy Pre-K

(Tuition is paid monthly based on a full school year)

Reading and math readiness skills are integrated into a program designed to stimulate learning and build self-confidence. Good work habits develop social and communication skills. Individual achievement is recognized, and creativity encouraged. Art, music, drama and tablet centers are all included. Gym is daily. "Booklt" and "My Big World" are integrated into the Pre-Kindergarten curriculum.

Mon.-Thurs. Mornings

8:30-11:30am

12:30-3:30pm

R/NR Tuition: \$232/\$242

Mon.-Thurs. Afternoons

R/NR Tuition: \$232/\$242

**NEW! Mon.-Fri. Mornings** 

8:30am-11:30am

R/NR Tuition: \$290/\$300

**NEW! Mon.-Fri. Afternoons** 

12:30-3:30pm

R/NR Tuition: \$290/\$300



#### **Add On Enrichment Classes**



Look on the following pages for the Ready Teddy for our selection of enrichment classes that provide a focus for special interests.

#### 10 EARLY CHILDHOOD



## Creative STEAM Instructor: M. Bever

Science, Technology, Engineering, Arts and Math are infused together for a fun and interactive learning experience. Using a variety of materials with a hands-on, minds-on approach we will discover, create, experiment and design, all while preparing students for future concepts in the classroom. **Age: 3-5 years** 

Date	Day	Time	R/NR
1/6-3/2	M	10:30-11:15am	\$52/\$62
1/6-3/2	M	11:30-12:15pm	\$52/\$62
1/6-3/2	Μ	12:45-1:30pm	\$52/\$62
(skip Janua	ary 20 an	d February 17)	
3/9-5/4	M	10:30-11:15am	\$52/\$62
3/9-5/4 3/9-5/4	M M	10:30-11:15am 11:30-12:15pm	\$52/\$62 \$52/\$62

(skip March 23 and April 13)

Location: Recreation Center, 1501 Barnsdale Road, LP

#### **Rocket Readers**

Instructor: M. Beyer

Empower emergent readers as they explore initial sound concepts. Phonics fun and language skills will be taught through games, rhymes, and dozens of hands-on activities. This class can be combined with Mickey Math on Fridays. Additional sessions feature new materials. Consecutive sessions recommended. **Age: 4-6 years** 

Date	Day	Time	R/NR
1/7-3/3	Tu	11:30-12:15pm	\$50/\$60
(skip Febru	uary 18)		
3/10-5/5	Tu	11:30-12:15pm	\$50/\$60
(skip Marc	h 24)		
1/10-3/6	F	9-9 :45am	\$50/\$60
(skip Febru	uary 21)		
3/13-5/8	F	9-9 :45am	\$50/\$60
3/13-5/8	F	9-9 :45am	\$50/\$60

(skip March 27 and April 10)

Location: Recreation Center, 1501 Barnsdale Road, LP

#### Spanish For Children

Instructor: G. Rocha

Spanish is a fun and useful second language for children. Greetings, songs, games and stories are fun as you learn to speak Spanish as well as learning about a different culture. **Age: 4-5 years** 

Date	Day	Time	R/NR
1/7-3/3	Tu	3-3:45pm	\$45/\$55
(skip Febr	uary 18	3)	
3/10-5/5	Tu	3-3:45pm	\$45/\$55

(skip March 24)

Location: Recreation Center, 1501 Barnsdale Road, LP

## Little Chefs

Instructor: M. Beyer

Learn to handle basic kitchen tools and follow simple steps to create yummy healthy snacks and goodies! Safety and accuracy will be emphasized. Children must be able to participate without parent. Allergies must be stated in writing and noted on your family information page through our online registration program at

Community Pass. Age: 3-5 years

<u>Date</u>	Day	Time	R/NR
1/8-3/4	W	10:30-11:15am	\$55/\$65
1/8-3/4	W	11:30-12:15pm	\$55/\$65
1/8-3/4	W	12:45-1:30pm	\$55/\$65
(skip Febr	uary 19)		
3/11-5/6	W	10:30-11:15am	\$55/\$65
3/11-5/6	W	11:30-12:15pm	\$55/\$65
3/11-5/6	W	12:45-1:30pm	\$55/\$65
3/11-5/6 3/11-5/6	W W	11:30-12:15pm	\$55/\$65

#### (skip March 25)

Location: Recreation Center, 1501 Barnsdale Road, LP

\*If your child has a peanut or other allergy, please contact Ashley Jusk at 708-354-4580 to discuss possible accommodations. While we can take reasonable steps to make a specific program nut-free or to avoid other allergens, we cannot guarantee that the facility is 100% free from nuts or allergens. We do rent the same kitchen as event space and cannot guarantee that the rental group(s) did not bring nuts or other allergens in the facility. We are committed to implementing reasonable measures to minimize your child's contact with nut products or allergens and to maximize your child's safety and look forward to discussing your child's unique needs.

#### Mickey Math 4

Instructor: M. Beyer

Fun with numbers! Children can develop a positive attitude toward math and numbers at an early age. Games, experiments and hands-on learning activities designed just for this age group! This class can be combined with Rocket Readers on Fridays. Additional sessions feature new materials. Consecutive sessions recommended. **Age: 4-6 years** 

<u>Date</u>	Day	Time	R/NR
1/9-3/5	Th	11:30-12:15pm	\$50/\$60
(skip Febr	uary 20)		
3/12-5/7	Th	11:30-12:15pm	\$50/\$60
(skip Mar	ch 26)		
1/10-3/6	F	10-10:45am	\$50/\$60
(skip Febr	uary 21)		
3/13-5/8	F	10-10:45am	\$50/\$60

(skip March 27 and April 10)

Location: Recreation Center, 1501 Barnsdale Road, LP



## High Five Sports 3

Instructor: M. Beyer

This class is just for the preschool age athlete. We will cover basic skills, which will be developed for future sports such as soccer, basketball, and volleyball. Sharing, throwing, catching, and dribbling will all be part of ball play for this beginning age group. Gym shoes are a must! Age: 3-5 years

Date	Day	Time	R/NR
1/10-3/6	F	10:45-11:30am	\$47/\$57
1/10-3/6	F	12:45-1:30pm	\$47/\$57
(skip Febr	uary 21)		
3/13-5/8	F	10:45-11:30am	\$47/\$57
3/13-5/8	F	12:45-1:30pm	\$47/\$57

(skip March 27 and April 10)

Location: Recreation Center, 1501 Barnsdale Road, LP

#### Yoga for Youngsters



#### Instructor: Bumble Bee Yoga/Mrs. Bee

During this class we will explore yoga by learning basic poses. Stories and games will be included in every class to enhance the experience. Children will learn calming techniques, increase their strength and flexibility in addition to a variety of yoga poses. Join this exciting class!

Age: 3-5 years

Date	Day	Time	R/NR
1/8-2/19	W	9-9:30am	\$62/\$72
1/9-2/20	Th	2:30-3pm	\$62/\$72
2/26-4/15	W	9-9:30am	\$62/\$72
(skip Marc	h 25)		
2/27-4/16	Th	2:30-3pm	\$62/\$72
(skip Marc	h 26)		
4/22-6/3	W	9-9:30am	\$62/\$72
4/23-6/4	Th	2:30-3pm	\$62/\$72
Location:	Recreation	n Center, WS	

#### Kid Rock III



Instructor: Rock 'n Kids

Make it a musical day! Kid Rock is a music and movement program designed to stimulate development through interactive play. Fine and gross motor skills are improved through imagination exercises, and by using rhythm instruments and movement props such as tambourines, maracas, scarves and a parachute. Presented in a structured format, Kid Rock encourages cooperation and following directions. Each session focuses on a new educational theme. Sing, dance and play today! Age: 2-5 years with adult

Date	Day	Time	R/NR
1/18-3/7	Sa	10:15-10:55am	\$86/\$96
4/18-5/30	Sa	10:15-10:55am	\$65/\$75

(skip May 23)

Location: Recreation Center, LG

#### Tot Rock



Instructor: Rock 'n Kids

Maracas and clackers and tambourines, too, it's musical fun just for you! Tot Rock is a unique music and learning program designed specifically for 1-year olds. Each session focuses on a new educational theme that incorporates hand held instruments, play props, sensory integration, coordination exercises, and socialization. Structured and unstructured time is included in each class. Sing, dance and play today!

Age: 1 year old with adult

Date	Day	Time	R/NR
1/18-3/7	Sa	9:30-10:10am	\$86/\$96
4/18-5/30	Sa	9:30-10:10am	\$65/\$75

(skip May 23)

Location: Recreation Center, LG

#### **Little Builders**



Instructor: Brick 4 Kidz

Come learn, discover and play with DUPLO bricks and LEGO bricks! In this session children will build a simple model of a different zoo animal each week, practicing essential preschool skills including letter recognition, colors, counting, fine motor skills, and position and ordering. Introduce your preschoolers to the fun of learning, building and playing the Bricks 4 Kidz way! Age: 3-5 years

<u>Date</u>	Day	Time	R/NR
2/3-3/9	М	10-10:45am	\$78/\$88
4/6-5/11	Μ	10-10:45am	\$78/\$88
Location: R	ion Center, <b>LG</b>		

Cooperative Program Location Key



Recreation Center La Grange Park (LP) Recreation Center, La Grange (LG)





Music is one of the most fun and natural ways to bond a parent and child! Songs, poems, games, and playing of basic percussion instruments are all part of this 35-minute class. Activities will increase your child's curiosity about music, help to develop listening skills and sense of beat, and establish a foundation for singing and musical thought. Bouncing songs, rocking songs, wiggle and peek-a-boo games are featured. Class is designed for child and adult to participate together. **Age: Birth-12 months** 

Date	Day	Time	R/NR
2/4-3/17	Tu	9-9:35am	\$65/\$75
(skip February	18)		
3/31-5/5	Tu	9-9:35am	\$65/\$75
2/7-3/20	F	9-9:35am	\$65/\$75
(skip February	21)		
4/3-5/15	F	9-9:35am	\$65/\$75
(skip April 10)			

Location: Recreation Center, 1501 Barnsdale Road, LP

#### **Miss Angie's Rocking Tots**

**Instructor: Miss Angie** 

Participate with your toddler in singing, chanting, moving, dancing, listening and playing percussion instruments. Activities will bridge the natural connection between music and movement; improve listening abilities and increase exposure to and appreciation of different types of music. Class is designed for child and adult to participate together.

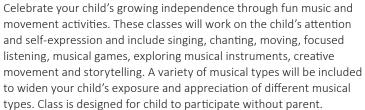
Age: 13-36 months

<u>Date</u>	<u>Day</u>	Time	R/NR	
2/4-3/17	Tu	9:45-10 :30am	\$70/\$80	
(skip Febru	ary 18	)		
3/31-5/5	Tu	9:45-10:30am	\$70/\$80	
2/7-3/20	F	9:45-10:30am	\$70/\$80	
(skip Febru	ary 21	)		
2/7-3/20	F	10:45-11:30am	\$70/\$80	
(skip Febru	uary 21	)		
4/3-5/15	F	9:45-10:30am	\$70/\$80	
(skip April 10)				
4/3-5/15	F	10:45-11:30am	\$70/\$80	
(skip April 10)				

Location: Recreation Center, 1501 Barnsdale Road, LP

#### Mighty Music Makers

Instructor: Miss Angie



Age: 3-5 years

Date	Day	Time	R/NR	
2/4-3/17	Tu	10:45-11:30am	\$70/\$80	
(skip February 18)				
3/31-5/5	Tu	10:45-11:30am	\$70/\$80	
Location:	Recreat	ion Center, 1501 B	Barnsdale Road, LF	



#### Yoga and Super Hero Workshop

Instructor: Bumble Bee Yoga/Mrs. Bee

This exciting workshop is a combination of Yoga and Super Herothemed activities. Participants will enjoy one hour of super hero activities including wearing super hero party masks and temporary tattoos to dress up as a super hero, choosing their own superpowers and making superhero crafts. Afterwards, participants will enjoy an hour of yoga instruction where they will enhance their flexibility and strength and learn a variety of yoga poses, or mudras, while playing fun yoga games. Must be fully potty trained. Age: 3-6 years

<u>Date</u>	Day	Time	R/NR
2/21	F	4:30-6:30pm	\$30/\$40
4/24	F	4:30-6:30pm	\$30/\$40

Location: Recreation Center, WS

#### Dr. Seuss Birthday Bash



Let's celebrate Dr. Seuss with a birthday bash! From the Cat in the Hat to Horton Hears a Who we will share our favorite books and have a party to celebrate Dr. Seuss' Birthday! Each participant will create a special Dr. Seuss craft to take home. A snack and drink are included.

Age: 5-7 years

Date	Day	Time	R/NR
3/2	M	3:30-4:45pm	\$16/\$24
Location	: Recreat	ion Center, WS	

#### **Bedtime Buddies**



#### **Instructor: Ultimate Classes & Parties**

Participants will enjoy making the cutest bear and snuggle friend you have ever seen. First, we will stuff your new friend, wish upon a star, and think of a unique name to place on his/her birth certificate. After your new bear comes to life, you will design a special T-shirt and soft cuddly blanket to carry your best friend home in. This is simply an adorable way for mom or dad to enjoy quality time with their child. Sign up today! Age: 2-8 with adult

Date	Day	Time	R/NR
3/12	Th	6:15-7:15pm	\$35/\$45
(Each addi			
<b>Location</b> : Recreation Center, WS			

#### Dinosaur Dig



Dig up some fun as children discover dinosaurs! We may even discover eggs! Don't miss out on the games, crafts and snacks. All supplies included on this excavation. Age: 3-5 years

Date	Day	Time	R/NR	
3/14	Sa	9:30-10:30am	\$23/\$33	
3/14	Sa	11-12pm	\$23/\$33	
<b>Location</b> : Recreation Center, <b>LG</b>				

#### **Spring Time Sweets and Treats**



**Instructor: Ultimate Classes & Parties** 

Do you have a sweet tooth? This is the perfect class for anyone who loves goodies. The class will include: Aprons (to protect clothing), a variety of frosting colors and a wide array of sprinkles and toppings to add to the fun. We will then add a candy border for a special masterpiece. Each child will go home with enough goodies to feed the entire family. Sign up for this yummy class today!

Age: 3-10 years, 3-5 yrs must be accompanied by a parent.

Date	Day	Time	R/NR
4/17	F	6:30-7:30pm	\$34/\$44

**Location**: Grand Avenue, WS

#### Spring Tea Time Glam Night



Join Glitzy Girlz and get pampered with a spring makeover complete with hair flowers, make-up and pretty nails. Each girl will decorate a ceramic "tea pot" flower planter complete with paints, iewels and embellishments as well as a beautiful bracelet with a choice of assorted spring charms. Our class ends with a cute fashion show. Sign up with friends! Age: 4-10 years

Date	Day	Time	R/NR
4/23	Th	6-7:15pm	\$32/\$42
(\$31.00 ea	ch addi	tional child)	

Location: Recreation Center, WS

#### Mom/Daughter Fun Updo's and Braids



**Instructor: Ultimate Classes & Parties** 

Moms bring your daughter to this amazing class and learn the skills in order to create a variety of simple updos and braids. Forget going to the beauty shop every time she needs her hair done for dance, cheer, gymnastics, school play or even the holidays. A variety of styles will be taught to accommodate different age groups. Each girl will choose from a sparkly collection of clips and glitters to polish off their new look. Goodie bags are included. Age 4-12 years with Mom

Date	Day	Time	R/NR
5/9	Sa	11-12pm	\$39/\$49
(\$24.00 6	each addi	tional child)	
Location	: Recreat	ion Center, WS	

#### Parent/Child May Flowers Bling Boutique



**Instructor: Glitzy Girls** 

Spring into flower season with BLING and make some beautiful jewelry pieces. Our flower theme will accent the pieces. Design a necklace and bracelet ensemble complete with assorted themed and flower beads and charms. Each couple decorates a wooden trinket box with flower accents. Paints, name stamps and blingy embellishments add flair. A great evening to start Spring! Age: 4-10 years with Mom

Date	Day	Time	R/NR
5/13	W	6-7:15pm	\$34/\$44

(\$31.00 each additional child) Location: Recreation Center, WS



## **Dance Express**

#### **Spring Session**

#### Instructor: Dance Techs, Inc.

Five weeks of dance fun! Learn some dance steps in a fun and exciting atmosphere. Anyone can join. Parents: During the last class, come and watch a short performance.

Proper dance attire is required (leotard and tights, or dance top and pants for girls, shorts or sweatpants and tee shirts for boys).

Proper footwear for each class required (ballet, jazz or tap shoes). No black soles. Creative Movement participants may wear ballet, jazz or gym shoes.

#### **Creative Movement (Ages 3-4)**

These classes offer younger children an exciting and fun introduction to the world of dance. Emphasis is on having fun through a variety of activities using music interpretation, movement, and imaginative thinking.

#### Ballet (Ages 5-7)

This is a unique and fun class where children will explore the wonderful world of dance through movement. Participants will learn how to follow direction, stretch, perform steps and combinations with emphasis on flexibility, rhythm, and dance positions.

#### Hip Hop (Ages 6-9)

Come and learn moves from some popular dances! This class will consist of warm ups and center floor hip hop. We'll learn a combination routine with steps from some of today's coolest stars! Gym shoes or jazz shoes are required.

Date	Class	Age	Day	Time	R/NR
4/7-5/5	Creative Movement	3	Tu	4-4:30pm	\$40/\$50
4/7-5/5	Creative Movement	4	Tu	4:35-5:05pm	\$40/\$50
4/7-5/5	Ballet	5-7	Tu	5:10-5:50pm	\$48/\$58
4/7-5/5	Нір-Нор	6-9	Tu	6-6:40pm	\$48/\$58

Location: Recreation Center, 1501 Barnsdale Road, LP





#### **Instructor: Dance Techs**

Introduce your child to tumbling and gymnastics skills. Kids move, stretch, jump and tumble! This program is non-competitive in nature, but children are encouraged to set goals and follow through to achieve them. Bring your active youngster to progress from the first somersault to the first cartwheel. Parent assistance is optional.

<u>Date</u>	Age	Day	Time	R/NR	
1/27-3/9	2-3 Parent/Tot	М	4:15-4:55pm	\$58/\$68	
1/27-3/9	4-6	М	5-5:40pm	\$60/\$70	
(skip February 17 and March 2)					
4/13-5/11	2-3 Parent/Tot	М	4:15-4:55pm	\$58/\$68	
4/13-5/11	4-6	М	5-5:40pm	\$60/\$70	
		1410			

Location: Recreation Center, WS

# Community Footlight Players Present: SEUSSIGNE

#### **Directed by Spencer Douglas Clark**

Horton the Elephant, the Cat in the Hat and all of your favorite Dr. Seuss characters spring to life onstage in Seussical JR., a fantastical musical extravaganza from Tony-winners, Lynn Ahrens and Stephen Flaherty.

Transporting audiences from the Jungle of Nool to the Circus McGurkus, the Cat in the Hat narrates the story of Horton the Elephant, who discovers a speck of dust containing tiny people call the Whos. Horton must protect the Whos from a world of naysayers and dangers, and he must also guard an abandoned egg that's been left in his care by the irresponsible Mayzie La Bird. Although Horton faces ridicule, danger and a trial, the intrepid Gertrude McFuzz never loses faith in him. Ultimately, the powers of friendship, loyalty and community are challenged and emerge triumphant!

Ages: 6-18 Fee: \$199.00 (Due by January 28)

#### Auditions:

Saturday, January 18th from 11:00 am - 5:00 pm Sunday, January 19th from 11:00 am - 5:00 pm Monday, January 20th from 6:00 pm - 9:00 pm

All auditions MUST be scheduled by Thurs., Jan. 16. Auditions are scheduled on a first come first serve basis. There will be 10 auditions (individual) scheduled for each 1-hour timeslot. Children should come prepared with a song they will sing a cappella. We will also be doing cold readings from the script.

To schedule an audition and request a time slot,
please email cpdLPtheatre@communityparkdistrict.org.
Auditions will be held at the Community
Park District Recreation Center (1501 Barnsdale Rd, LP).

#### Callbacks

Tuesday January 21 from 6:15-9:15 pm.



Rehearsals will be held at the Community Park District Recreation Center and are typically held on Saturdays from 10 am-2 pm and Sundays from 12-4 pm. Not all characters are needed at all rehearsals. Conflicts should be stated on the rehearsal form filled out at time of audition. All undocumented conflicts will be counted as an absence. Cast members are allowed ONLY 2 unexcused absences.

Rehearsal schedule will be handed out at the first full cast rehearsal on Friday, January 24th from 7:00 – 9:00 pm.

Tech Week: March 31st - April 2nd
Tech week is MANDATORY.

#### **Performance Dates:**

Friday, April 3rd 7:30 pm | Saturday, April 4th at 2:00 pm | Saturday, April 4th at 7:30 pm

Sunday, April 5th at 2:00 pm.

Performances will be located at Park Junior High School, La Grange Park.

#### 16 PERFORMING ARTS



#### Youth Acting

Instructor: G Metz

This exciting class will begin to explore the world of live theatre! Introduction to acting, props, and costumes for play staging will all add to the fun. Learning theatre terms and working on themed scenes will encourage spontaneity and build self-esteem.

Age: 7-13 years

<u>Dates</u>	Day	Time	R/NR
1/10-2/14	F	4-5pm	\$50/\$60

Location: Recreation Center, 1501 Barnsdale Road, LP

#### **Little Active Actors** Instructor: M. Gentile

Dramatization and use of linguistic, bodily kinesthetic, musical, and spatial intelligences. It's also a ton of fun! Children will be introduced to acting through songs, dancing, costumes, theatre games, and much more! We will be acting out "A Soup Opera" and parents are invited for a performance during our last class. Ages: 4-6 years

Dates	Day	Time	R/NR	
4/2-5/7	Th	3:45-4:45pm	\$41/\$51	
_				

Location: Recreation Center, 1501 Barnsdale Road, LP

#### Starring...You! Instructor: G. Metz

Everyone's a star in this acting class. The focus will be on character development and stage movement as students prepare and perform monologues. Students will also be paired with co-stars in short scenes. Final monologues and scenes will be presented for a live audience during the final class session. Age: 8-15 years

<u>Dates</u>	Day	Time	R/NR
2/12-3/20	W & F	4-5pm	\$50/\$60

(skip February 14 and February 21)

4/1-5/1 W & F 4-5pm \$50/\$60

(skip April 10)

Location: Recreation Center, 1501 Barnsdale Road, LP



#### **Beginning Voice**



#### **Instructor: American Music Institute**

In a non-competitive, nurturing environment, learn to sing great songs from musical theater, Disney, pop songs, etc. This voice class is perfect for kids who love to sing but may not be ready for private lessons. Young singers learn how to sing together, harmonize, and make beautiful music in a relaxing and healthy environment. Age: 6-12 years

Dates	Day	Time	R/NR
1/14-3/3	Tu	4:30-5:30pm	\$108/\$118
3/10-5/5	Tu	4:30-5:30pm	\$108/\$118

(skip March 24)

Location: Recreation Center, LG

#### Beginning Violin



#### **Instructor: American Music Institute**

Get started on learning violin fundamentals. Group violin classes provide a great introduction and foundation for future music instruction. Students will learn proper violin technique and music-reading skills in a group setting, where they will receive proper personal attention while allowing for small ensemble playing. Note: instruments not provided. For information on instrument purchase and/or rental options please contact La Grange Park District at 708-352-1762. Age: 6-12 years

<u>Dates</u>	Day	Time	R/NR
1/14-3/3	Tu	5:30-6:30pm	\$108/\$118
3/10-5/5	Tu	5:30-6:30pm	\$108/\$118

(skip March 24)

Location: Recreation Center, LG

#### **Spanish For Youth**

Instructor: G. Rocha

Learn to speak Spanish in a fun environment. This course is based on learning grammar and pronunciation through songs and activities. Children will learn basic words and vocabulary, including animals, family members, body parts and much more. **Age: 6-7 years** 

Date	Day	Time	R/NR
1/7-3/3	Tu	4-4:45pm	\$45/\$55
(skip Febr	uary 18	3)	
3/10-5/5	Tu	4-4:45pm	\$45/\$55

(skip March 24)

Location: Recreation Center, 1501 Barnsdale Road, LP

#### Simply Sewing

Instructor: D. Bobak

Hand sewing for beginners and those wanting to improve their skills. The object is to learn some basic skills such as placing patterns, cutting, marking, measuring and construction of a simple project. We may use needles, pins, scissors and a hot iron for pressing. Learn about different fabrics and patterns and how to follow directions to create your project. All materials and tools are provided. **Age: 8-12 years** 

Date	Day	Time	R/NR
1/7-1/28	Tu	4-5:30pm	\$75/\$85
2/4-2/25	Tu	4-5:30pm	\$75/\$85

Location: Recreation Center, WS

#### Tween Clay Camp



Participants will have fun making unique treasures from clay. Class includes learning the process of hand-building by creating different forms and trying several decorating techniques. The small class size allows for individualized attention by a professional art instructor. All clay, tools, supplies and firings are included in this class. Kids supply the imagination! **Grade: 5th-8th** 

Date	Day	Time	R/NR
1/13-3/2	Μ	3:45-5:15pm	\$180/\$190
3/9-4/27	Μ	3:45-5:15pm	\$180/\$190
5/4-6/15	Μ	3:45-5:15pm	\$135/\$145
(skip May 2	25)		
1/10-2/28	F	3:45-5:15pm	\$180/\$190
3/6-4/24	F	3:45-5:15pm	\$180/\$190
5/1-6/12	F	3:45-5:15pm	\$135/\$145

(skip May 22)

Location: Village Potters, 333 N. La Grange Road, Suite 2, LP

#### **3D Video Game Design**



#### **Instructor: Computer Explorers**

Learn to create 3D games and challenge your friends. We will be creating games for the PC version of Kodu, Microsoft's award-winning game design platform. Students will learn the art of rapid game design and develop an understanding of underlying game mechanics. Students can choose from 20 different game characters including flying saucers, submarines, and a Pac-Man-like Kodu character then use interactive terrain editor, a bridge and path builder, and other tools to create their 3D game world. Kodu is available as a free download for Windows. Bring a USB drive on the last day or games can be emailed to parents. **Age: 8-12 years** 

Date	Day	Time	R/NR
1/16-2/6	Th	4:30-6pm	\$88/\$98

Location: Recreation Center, LG

#### Chess



#### **Instructor: Chess Scholars**

Learn to play chess to improve your game. This program is designed to be maximally conducive to the student's chess growth, as well as providing a safe, stimulating and positive structured learning environment. **Age: 6-13 years** 

Date	Day	Time	R/NR
1/18-2/22	Sa	9:30-10:30am	\$77/\$87
2/29-4/11	Sa	9:30-10:30am	\$77/\$87

(skip March 28)

Location: Recreation Center, 1501 Barnsdale Road, LP

#### Let's Build It- Chain Reactions- Ready, Set, Roll!

#### **Instructor: Afterschool Enrichment**

See the laws of motion at work in this thrilling, hands-on course. Both new and returning participants are welcome. Students will construct machines, like the Heavyweight Hammer and the Spin-o-Matic, and then combine them to create exciting chain reactions! Each week, the chain reactions will become more complex with the introduction of new machines. The projects will afford students the opportunity to delve into concepts such as force, gravity, velocity, types of energy, and balance. At the end of the session, students will be challenged to create the Ultimate Chain Reaction by working cooperatively to see how many machines they can incorporate. No previous experience is necessary, just a desire to learn and build. Each participant will receive an award on the last day of the session and have the opportunity to earn Energy Belts by demonstrating their learned skills.

Grades: 1st-6th

Date	Day	Time	R/NR
1/18-2/22	Sa	10:30-11:30am	\$105/\$115
2/29-4/11	Sa	10:30-11:30am	\$105/\$115

(skip March 28)

Location: Recreation Center, 1501 Barnsdale Road, LP



#### Magic Class



#### Instructor: G. Kantor

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading and more. While tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and will learn age appropriate tricks. Brand new tricks taught to each class.

Age: 5-12 years

<u>Date</u>	Day	<u>Time</u>	R/NR
1/21	Tu	6:45-7:40pm	\$21/\$31
3/5	Th	5-5 :55pm	\$21/\$31
5/18	Μ	5-5:55pm	\$21/\$31

Location: Recreation Center, WS

#### Yoga and Slime Eclipse Workshop



#### Instructor: Bumble Bee Yoga/Mrs. Bee

This workshop incorporates both yoga as well as a slime-making workshop! The yoga session is an introductory course for beginners in where students will learn basic poses and calming techniques while increasing their strength and flexibility. Stories and games will be included to enhance the experience. Yoga mats will be provided. Participants should bring a water bottle. Age: 7-10 years

<u>Date</u>	Day	Time	R/NR
1/24	F	6-8pm	\$30/\$40
3/13	F	6-8pm	\$30/\$40

Location: Recreation Center, WS

#### **Cartoon Drawing**



#### **Instructor: Young Rembrandts**

Learning to draw can be lots of fun! Especially if we're creating silly characters, funny expressions, and drawing sequences that tell jokes! This delightful program combines Young Rembrandts innovative step-by-step drawing method with light-hearted subject matter that engages children, their sense of humor, and vivid imaginations. All materials are supplied. Giggles guaranteed. All new lessons, each session! Age: 6-12 years

Date	Day	Time	R/NR
1/27-2/24	М	4-4:45pm	\$46/\$56
4/6-2/27	M	4-4:45pm	\$46/\$56

Location: Recreation Center, 1501 Barnsdale Road, LP

#### Pom & Cheer



#### **Instructor: Ultimate Classes & Parties**

Girls, have you always wished you could learn cheers and pom routines just like the other girls, but there was not a class available for your age group? Now is your chance! Have a great time learning simple cheers, partner stunts and an awesome pom routine. No experience necessary. All you need to do is bring your strong voice and enthusiastic spirit. If you have taken our class in the past, rest assured, you will have a completely different program this time around. Each participant will need a set of poms by the second class. We will have inexpensive poms available for purchase. Age: 4-10 years

Date	Day	Time	R/NR
1/31-3/6	F	6-6:45pm	\$63/\$73

(skip February 14)

Location: Grand Avenue, WS

#### **Jurassic Brick Land**



#### Bricks 4 Kidz

You are about to enter Jurassic Brick Land! Students will build a world that comes to life with gentile Brontosaurus, ferocious Velociraptor, terrifying T. Rex, and more. We'll learn about amazing dinosaurs that lived during the Jurassic period, and other extinct, prehistoric animals that roamed the earth and swam the seas millions of years ago. Show us your building skills using our specialized project kits! Come, learn, build and play at Jurassic Brick Land. Students will work in pairs and at the end of each session each child will take home a customized mini-figure. Age: 6-11 years

<u>Date</u>	Day	Time	R/NR
2/4-3/10	Tu	5-6pm	\$105/\$115

Location: Recreation Center, LG

#### **Model Ship Building** Instructor: R. Magin



Learn to assemble plastic ship models from kits and craft materials. You will have fun customizing your model and building a diorama to show it at sea. Each week, a different part of the model ship will be cut out, glued together and painted. Learn how to safely use simple tools, plastic cement and paint supplies (brush and spray). Age: 8-12 years

<u>Date</u>	Day	Time	R/NR
2/5-3/11	W	4-5pm	\$45/\$55

Location: Recreation Center, WS

#### **American Girl Doll Valentine's Day**



**Instructor: Ultimate Classes & Parties** 

Come to this unique Valentine class and bring along your American Girl Doll or other similar sized doll. Enjoy decorating a special two-piece holiday outfit, adorable pink, red and white jewelry, then take a trip to the beauty shop where we will add colorful clips and ribbons to your doll's hair just in time for Valentine's Day. Your favorite doll will look simply adorable! Age: 3-10 years (3-5 with adult)

<u>Date</u>	Day	Time	R/NR
2/13	Th	6:30-7:30pm	\$35/\$45
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**Location**: Recreation Center, WS

#### Claymation Cinema



#### **Instructor: Computer Explorers**

Bring art and technology together and film your very own claymation animated movie! Students will work together in teams to create characters out of clay and bring their creations to life by using digital cameras and animation software programs. They will learn animation concepts, develop a plan for their story, storyboard the details of their animation movie, and discover creative ways to build the characters. Some popular claymation movies include: Coraline, Gumby and Wallace and Gromit. Students will get a copy of their movie after class is complete. Age: 8-12 years

<u>Date</u>	Day	Time	R/NR
2/20-3/12	Th	4:30-6pm	\$88/\$98

Location: Recreation Center, LG

## **Yoga and Super Hero Workshop**



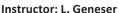
Instructor: Bumble Bee Yoga/Mrs. Bee

This exciting workshop is a combination of Yoga and Super Herothemed activities. Participants will enjoy one hour of super hero activities including wearing super hero party masks and temporary tattoos to dress up as a super hero, choosing their own superpowers and making superhero crafts. Afterwards, participants will enjoy an hour of yoga instruction where they will enhance their flexibility and strength and learn a variety of yoga poses, or mudras, while playing fun yoga games. Age: 7-10 years

<u>Date</u>	Day	Time	R/NR
2/21	F	6:30-8:30pm	\$30/\$40
4/24	F	6:30-8:30pm	\$30/\$40

**Location**: Recreation Center, WS

## Manners Matter



Looking to help your child gain the poise and confidence of social etiquette? Children will learn the basic skills needed to help them navigate in various social situations with ease and certainty. The focus is on teaching manners as a demonstration of kindness, consideration and respect towards others. This class offers the "other voice" to convey the common courtesies that parents try to teach at home. Topics include introductions, conversations, telephone and technology manners, writing thank-you notes, and table manners. Dress code (optional): young ladies – dress/skirt and blouse, and young men – khakis and collared shirt. Age: 7-11 years

Date	Day	Time	R/NR
2/25-3/31	Tu	4:30-5:30pm	\$50/\$60
(skip Marc	h 24)		
4/21-5/19	Tu	4:30-5:30pm	\$50/\$60
Location: F	Recreat	ion Center. WS	

#### **Manners Matter Etiquette for Teens**



Instructor: L. Geneser

Act and Dress for Success! Teens will learn how to make a great first impression, give a proper introduction, properly use telephone and email etiquette, write thank-you letters, make small talk, use technology and social media (netiquette) responsibly, and dress for the occasion. We will also review table manners and provide a dining tutorial. This class offers the "other voice" to convey the common courtesies that parents try to teach at home. Dress code: young ladies - dress/shirt/slacks and blouse, and young men - khakis/slacks and collared shirt. Age: 12-15 years

<u>Date</u>	Day	Time	R/NR
2/25-3/17	Tu	5:45-6:45pm	\$60/\$70
4/21-5/12	Tu	5:45-6:45pm	\$60/\$70
	_		

**Location**: Recreation Center, WS

#### **Elementary Drawing**



**Instructor: Young Rembrandts** 

Young Rembrandts teaches drawing, the basis of all visual arts, in a fun and nurturing setting that ensures success for every child. Each season we offer workshops that combine basic drawing techniques, portraiture and drawing skills by exploring different themes and subject matter. Students will improve core learning skills by delving into a favorite subject matter. Age: 6-12 years

Date	Day	Time	R/NR
3/2-3/30	М	4-4:45pm	\$46/\$56

(skip March 23)

Location: Recreation Center, 1501 Barnsdale Road, LP

#### Up, Up Away Model Airplanes



Instructor: R. Magin

Learn to make simple flying models from paper, styrofoam and balsa wood. Have fun designing and building your own model airplane. Learn how to fly them and how to fix them if they break. Each week a new model will be built using scissors, tape and glue. Age: 8-12 years

Date	Day	Time	R/NR
4/1-5/6	W	4-5pm	\$45/\$55

Location: Recreation Center, WS

#### **Cranium Contraptions**



**Instructor: Bricks 4 Kidz** 

Build and explore crazy contraptions that really work your brain! Students will use LEGO bricks, axles, pulleys, gears, and motors to create fun and interactive models. Compete with friends in a rousing game of Battle Tops or Foosball. Put your handeye coordination to the test with the Ping Pong Popper model. Experiment with the Mini Fig Mover to see how this model will send your mini fig for a ride. All this and more are waiting to be discovered as students learn and play with Cranium Contraptions! Children will work in teams of two and each child will take home a custom mini-figure at the end of the session. Age: 6-11 years

Date	Day	<u>Time</u>	R/NR
4/7-5/12	Tu	5-6pm	\$105/\$115
	_		

Location: Recreation Center, LG

## 20 SENIOR INTERESTS/ADULT



#### **Pinochle Club**

Do you want to join fellow card players in a friendly game of Pinochle? Come to the Recreation Center and play a few hands of this very fun and social game. Nominal fees are collected on game day for weekly prizes. Maximum 36 players. **Age: Adult** 

 Dates
 Day
 Time

 1/2-5/28
 Th
 12-3pm

Location: Recreation Center, 1501 Barnsdale Road, LP

#### Dog Obedience



Instructor: Barb Clish Beginner Class

Dogs must be at least 4 months old

Handlers: Old enough to handle dog in a group setting. Is your dog becoming a monster and driving you crazy? If you are tired of being kept up all night from constant barking, if your home furnishings and personal belongings are being chewed up, or just want basic commands mastered, sign up for this class. **For beginners only:** 

The first class will be a two-hour MANDATORY orientation from 7-9pm, without your dog. You must attend this informative meeting.

#### **Intermediate Class**

To qualify for the intermediate course, you must have completed the beginner course with our trainers Barb Clish/Mary Keeffe or elsewhere. Your dog will need to hold a solid sit stay, down stay and come on recall. Our trainers have the right to evaluate your dog, to ensure they are placed in the proper training class.

Dates	Class	Day	Time	R/NR
1/9-3/5	Beginner Class	Th	7-8pm	\$115/\$125
1/16-3/5	Intermediate	Th	8-9pm	\$115/\$125
3/12-5/21	Beginner Class	Th	7-8pm	\$115/\$125
(skip March	26 & May 14)			
3/19-5/21	Intermediate	Th	8-9pm	\$115/\$125

(skip March 26 & May 14)

Location: Recreation Center, 1501 Barnsdale Road, LP

#### My Plate. How Does My Family Rate?

Instructor: Tracy Williams

Tracy Williams is a graduate from Dominican University with a degree in Nutrition and Dietetics. She enjoys educating people on how to have a positive relationship with food as happy individuals and as families. My Plate is a diagram that symbolizes a meal plate and includes proper portion sizes for breakfast, lunch and dinner. It was designed and promoted by the United States Department of Agriculture in 2011. There are positive benefits to healthy eating, which come from consuming foods from all food groups and keeping a balanced diet. There are many components involved in planning nutritious meals. Positive parents can be awesome role models by evaluating nutritious diets and foods and making sure they provide their children with a sensible food consumption plan. There are many resources parents can access regarding healthy lifestyles: They just need to find out how to choose the best ones. This class will help you discern between resources written by nurses, doctors and registered dietitians or other nutrition professionals with the proper credentials instead of unqualified celebrities. Tracy Williams will provide you with appropriate educational guidelines to find great informative resources.

Age: Adult

<u>Dates</u>	Day	Time	R/NR
1/21	Tu	7-8pm	\$20/\$30

Location: Recreation Center, 1501 Barnsdale Road, LP

#### **CPR**

#### **Instructor: La Grange Park Firefighters**

In compliance with the American Heart Association, the Heartsaver CPR certification is intended for people who need or desire certification in CPR but are not healthcare professionals. Taught by the members of the La Grange Park Fire Department, this class includes instruction, testing, and certification. Certification is good for two years. AEDs are demonstrated. **Age: 16 and older** 

<u>Dates</u>	Day	Time	R/NR
2/5	W	7-10pm	\$40/\$50

**Location**: La Grange Park Village Hall 447 N. Catherine, La Grange Park

#### **Senior Club**

The Park District is hosting a Senior Club group, which is held once a month September through June. Please call our office at 708-354-4580 to place your name on the mailing list. Each month a mailer is sent out describing the activity or topic of that month. Past activities have included movies, Bingo, Bunco, and other entertainment, accompanied by lunch. Small fees are collected at each event to subsidize costs. **Age: 55 and older** 

 Dates
 Day
 Time

 1/20, 2/17, 3/23, 4/13, 6/1
 M
 10-12pm

 Location: Recreation Center, 1501 Barnsdale Road, LP



#### **Archery for Seniors**



#### Instructor: Sports Kids, Inc.

Have you been looking for an activity that is relaxing, rewarding and fun? Archery can be practiced by virtually anyone regardless of age, gender, skill, ability or experience. In this class for mature adults, instructors will teach the correct way to shoot a bow and arrow as well as emphasizing safety and the techniques of archery through practice shooting and exciting games. Archery helps to challenge the mind, build upper body strength, enhance hand-eye coordination, get exercise through walking, and improve self-confidence. All equipment will be provided; however, you may use your own equipment with instructor approval. Age: 55+ years.

Dates	Day	Time	R/NR
4/13-5/18	M	3:45-4:45pm	\$59/\$69

Location: Denning Park, LG

#### Salsa and Swing Dance



#### Instructor: Dance Techs, Inc

Learn how to Salsa and Swing dance in this introductory/refresher course. Learn new steps, improve your skills, and learn how to lead & follow. You will have fun dancing to music with just a few hours of enjoyable instruction. Couples recommended but not necessary. Couples will not rotate partners. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes. Age: Adult

<u>Dates</u>	Day	Time	R/NR
2/4-2/25	Tu	8-9:15pm	\$46/\$56

Location: Recreation Center, 1501 Barnsdale Road, LP

#### **Wedding & Social Dance**



#### Instructor: Dance Techs, Inc.

This is the perfect class for anyone with any type of upcoming social engagement (wedding, birthdays and other parties). Come join us and you will learn the Waltz, Cha Cha and Swing. You will also learn some of the most popular dances that you see in shows and theaters today. Soon, you will be dancing to different types of music in this fun-filled dance class and WOWING them at parties. Couples will not rotate partners. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes. Price is per person, not couple.

Age: Adult

<u>Dates</u>	Day	Time	R/NR
4/7-4/28	Tu	8-9:15pm	\$46/\$56

Location: Recreation Center, 1501 Barnsdale Road, LP









Experience the benefits of yoga: flexibility and strength, complimented with relaxation and calming. Bring a yoga mat and wear comfortable clothing. Age: 16 and older.

Dates	Day	Time	R/NR
1/6-2/24	M	10:30-11:30am	\$68/\$78
3/2-4/27	M	10:30-11:30am	\$68/\$78

(skip March 23)

Instructor: M. Mohrhusen

Dates	Day	Time	R/NR
1/7-2/25	Tu	6-7pm	\$68/\$78
3/3-4/28	Tu	6-7pm	\$68/\$78

(skip March 24) Instructor: S. Chillton

<u>Dates</u>	<u>Day</u>	<u>Time</u>	R/NR
1/11-2/29	Sa	8:30-9:30am	\$68/\$78
3/7-5/2	Sa	8:30-9:30am	\$68/\$78

(skip March 28) **Instructor**: T. Mikuls

Location: Recreation Center, LG



#### Toned & Strong



Let us help you become toned and strong as we focus on firming all the muscles. Participants will learn the correct way to warm-up, stretch, and condition the major muscle groups. Xer-tubes and small weights will be provided. Bring a mat, water bottle, and resistance ball. Aerobic shoes are recommended. Age: 16 and older

Dates	Day	Time	R/NR_
1/6-2/24	М	6:30-7:30pm	\$62/\$72
3/2-4/27	M	6:30-7:30pm	\$62/\$72

(skip March 23) Instructor: R. Rexing

Location: Recreation Center, LG





#### **Barre Above**



Barre Above is a totally unique approach to barre workouts as you've seen them. Fusing the best of Pilates, yoga, aerobics, and elements of the strengthening exercises that dancers do, Barre Above delivers a results-driven workout that is not only fun and dynamic, but it will sculpt your body and get you into amazing shape. Designed for a wide range of fitness levels, ages and bodies, complete with progressions so those new to fitness feel successful their first time and seasoned Barre enthusiasts will always feel challenged. Age: 16 and older

<u>Dates</u>	Day	Time	R/NR	
1/6-2/24	М	9:15-10:15am	\$60/\$70	
3/2-4/27	M	9:15-10:15am	\$60/\$70	

(skip March 23) Instructor: K. Duncan

Dates	Day	Time	R/NR
1/8-2/26	W	6-7pm	\$60/\$70
3/4-4/29	W	6-7pm	\$60/\$70

(skip March 25) Instructor: L Mungai

Location: Recreation Center, LG

#### **Gentle Yoga**



This class is ideal for people of all sizes, ages, and fitness levels. Gain added flexibility, strength and calmness. And do it with the enjoyment that comes with doing things SLOWLY. Dress comfortably and bring an exercise mat. Age: 16 and older

Dates	Day	Time	R/NR
1/7-2/25	Tu	9:45-10:45am	\$68/\$78
3/3-4/28	Tu	9:45-10:45am	\$68/\$78

(skip March 24)

**Instructor**: M. Mohrhusen

<u>Dates</u>	<u>Day</u>	Time	R/NR
1/7-2/25	Tu	7:15-8:15pm	\$68/\$78
3/3-4/28	Tu	7:15-8:15pm	\$68/\$78

(skip March 24) Instructor: S. Chillton

<u>vates</u>	<u>Day</u>	<u> i ime</u>	<u> K/NK</u>
1/10-2/28	F	9:45-10:45am	\$68/\$78
3/6-5/1	F	9:45-10:45am	\$68/\$78

(skip March 27) Instructor: S. Chillton

Location: Recreation Center, LG

#### **Basic Yoga**

#### Instructor: T. Mikuls

Yoga in the evening will produce a more restful night's sleep. Yoga brings tranquility, balance and strength to your life. We'll focus on meditation, breathing exercises, alignment, and basic yoga poses. Awaken your inner spirit with yoga philosophy and challenge your body to stretch. This class is suitable for all experience levels. Wear comfortable clothes. Bring a yoga mat, towel, and water bottle.

Age: Adult

Dates	Day	Time	R/NR
1/8-2/12	W	6:30-7:30pm	\$34/\$44
2/19-4/8	W	6:30-7:30pm	\$34/\$44
(skip Marc	h 18 aı	nd 25)	
4/15-5/27	W	6:30-7:30pm	\$34/\$44
(skip May	13)		

Location: Recreation Center, 1501 Barnsdale Road, LP

#### **Yoga Fitness**

#### Instructor: T. Mikuls

Experience this slow flow yoga fitness class. The instructor leads you through a balanced approach to a toned and strong body. The class will begin with simple breathing exercises to release the thoughts and calm the mind. A warm-up of stretches will be followed by a slow stepping through yoga poses. We will work at the wall on balancing. Some Pilates and fitness balls, blocks, and straps will be used to strengthen both small and large muscles. Dress for comfort; bring a sturdy mat, and a water bottle. **Age: Adult** 

Dates	Day	Time	R/NR
1/9-2/13	Th	8:30-9:30am	\$34/\$44
2/20-4/2	Th	8:30-9:30am	\$34/\$44
(skip Marc	h 26)		
4/9-5/21	Th	8:30-9:30am	\$34/\$44

(skip May 14)

Location: Recreation Center, 1501 Barnsdale Road, LP

#### Pilates \*



#### Instructor: S. Kafkes

Come to a Pilates multilevel class to build core, strength, increase flexibility, improve balance and posture. Bring two thick Pilates/Yoga mats to class. **Age: 16 and older** 

Dates	Day	Time	R/NR	
1/13-2/10	Μ	6-7pm	\$50/\$60	
2/24-4/13	Μ	6-7pm	\$60/\$70	
(skip March 9 and March 23)				
4/20-6/1	Μ	6-7pm	\$40/\$50	

(skip May 18 and May 25)

Location: Grand Avenue Community Center Lower Level, WS



## 24 SPORTS & LEAGUES



#### Women's 14" Slow-pitch **Summer Softball League**

#### Women ages 16 and older.

Organizational meeting: Tuesday, April 21, 2020, Recreation Center, 1501 Barnsdale Road, La Grange Park 6:30 pm. League begins May 11. Games will be played on Monday nights. Age: 16 years and older

Cash prizes season and tournament winners, 1st and 2nd place.

\$460.00 (guarantees minimum of 10 games)

**Location**: Hanesworth Park

#### Men's Wiffleball League

#### Instructor: L. Grisafe

Looking to play some ball during the off-season? Join us for some exciting wiffle ball. Sign up as a team today. An organizational meeting will be held on Tuesday, January 7, 2020 at 6:30 pm, Recreation Center, 1501 Barnsdale Road, LP. Rules and regulations will be discussed.

Age: 16 and older

<u>Date</u>	Day	Time	R/NR
1/15	W	6:45pm	\$120/\$145

Location: Park Junior High School

#### Karate

#### Instructor: M. Rivera

Learn a new skill and have fun doing it. Children age six and up will develop self-confidence and learn the fundamentals of Karate. This course teaches the basics of self-confidence as well as simple exercises and drills to increase attention span, concentration and motor skills. Class content includes various blocks, kicks, punches, focus pad work and eventually light contact sparring. Individual students will build upon levels of accomplishments and classifications of belt. No special equipment necessary. (Uniforms required, see instructor on first day of class.) Age: 6-14 years

Date	Day	Time	R/NR
1/6-2/26	M/W	5-6pm	\$109/\$119
3/2-5/4	M/W	5-6am	\$109/\$119

(skip March 18, 23 and 25)

Location: Recreation Center, 1501 Barnsdale Road, LP

#### White Sox Hitting Club



#### Instructor: White Sox Academy

The White Sox Hitting Club will present your hitter with a step-by-step approach to hitting like a Major League Player. The White Sox Hitting Club will cover plate coverage and stance, stepping into a hitting position, hand path and lower body mechanics. There are hitting absolutes that must be presented in each at bat to be successful. These absolutes make all the difference. We know them, and we will teach them to you. Age: 8-12 years

Date	Day	Time	R/NR
1/6-1/27	Μ	5-6pm	\$100/\$110
2/3-2/24	M	5-6pm	\$100/\$110
3/2-3/23	M	5-6pm	\$100/\$110
4/6-4/27	M	5-6pm	\$100/\$110
1/9-3/26	Th	5-6pm	\$300/\$310

Location: Recreation Center, LG

#### White Sox Pitching Club



**Instructor: White Sox Academy** 

The White Sox Pitching Club will give you a first-hand look at the pitching mechanics that all great pitchers use. Pitching with accuracy, velocity and minimal arm strain is no accident. There is a process that should be followed from the Big Leagues to Little League and is exactly what White Sox players use. The White Sox Pitching Club will teach you that process. Even if pitching isn't in your plans, throwing correctly is critical to becoming a good baseball player. Get on the mound and get on the right track with the White Sox Pitching Club. Age: 8-10 years

Date	Day	Time	R/NR
1/6-1/27	М	6-7pm	\$100/\$110
2/3-2/24	M	6-7pm	\$100/\$110
3/2-3/23	M	6-7pm	\$100/\$110
4/6-4/27	М	6-7pm	\$100/\$110

Location: Recreation Center, LG

#### **Badminton**



**Instructor: Kids First** 

Learn basic training techniques such as handgrips, racket positioning, serving, spiking, body balance and sportsmanship. Instructors will plan strategic, preparation drills and games that will increase skills through fundamentals. Age: 6-14 years

Date	Day	Time	R/NR
1/11-2/8	Sa	12-1pm	\$67/\$77
(skip Febru	ıary 1)		
2/15-3/7	Sa	12-1pm	\$67/\$77

Location: Park Junior High School

#### Baseball I

Instructor: Kids First

This program prepares and challenges all players through fun competitive baseball drills to develop skills that will maximize player potential. Players will experience batting, fielding, pitching, base running, and throwing, through proven baseball techniques. Age: 5-11 years

Date	Age	Day	Time	R/NR
1/11-2/8	5-6	Sa	9-10am	\$67/\$77
1/11-2/8	7-11	Sa	10-11am	\$67/\$77
(skip Februa	ry 1)			
2/15-3/7	5-6	Sa	9-10am	\$67/\$77
2/15-3/7	7-11	Sa	10-11am	\$67/\$77

Location: Park Junior High School

#### Volleyball -



Instructor: Sports R Us

Bump! Set! Spike! These and other skills are learned in this class for both boys and girls. This class starts off with the basic skills and will advance week-to-week accordingly. Teamwork, participation, and good sportsmanship are our top priorities. Games will be played at the end of each class. Age: 10-13 years

Date	Day	Time	R/NR
1/11-2/8	Sa	12-1pm	\$47/\$57
(skip Febru	ary 1)		
2/15-3/7	Sa	12-1pm	\$47/\$57
Location: P	ark Juni	or High School	

#### Flag Football



#### Instructor: Sports R Us

A good old American classic! Enjoy the sport of football in a non-contact environment where junior sized footballs and flags are used as an aid for developing an understanding for teamwork and individual attitude. Players will learn the rules of the game as well as practice passing, catching, and kicking along with building strategies for both offense and defense. Games will be played at the end of each class. **Age: 7-9 years** 

Date	Day	Time	R/NR
1/11-2/8	Sa	11-12pm	\$47/\$57
(skip Febru	iary 1)		
2/15-3/7	Sa	11-12pm	\$47/\$57

Location: Park Junior High School

#### Basketball



#### **Instructor: Kids First**

This program teaches proper techniques on shooting, dribbling, passing, speed, body balance, plus basketball safety awareness and sportsmanship. A series of drills will help develop ball control, first step directional movements, floor spacing, sharing and listening skills. Fundamentals, games and contests will be part of your time on the court.

Date	Age	Day	Time	R/NR
1/11-2/8	6-8	Sa	1-2pm	\$67/\$77
1/11-2/8	9-14	Sa	2-3pm	\$67/\$77
(skip Febru	ıary 1)			
2/15-3/7	6-8	Sa	1-2pm	\$67/\$77
2/15-3/7	9-14	Sa	2-3pm	\$67/\$77

**Location**: Park Junior High School

<u>Date</u>	Age	Day	Time	R/NR
4/4-5/16	6-14	Sa	9-10:15am	\$93/\$103

(skip April 11)

**Location:** Memorial Park

#### Cheerleading



#### **Instructor: Kids First**

If your child dreams of being on the cheerleading squad then this program is perfect. Experienced coaches will focus on the sport of teaching cheerleading skills that are fun, safe and fundamental. The program will also include drills to enhance cheerleading techniques, body balance movements, timing, rhythm, pompom bebop dance, jumps, stunts, cheers, rah-rah awareness and sportsmanship. The last day of class features a competitive cheer challenge contest.

Date	Age	Day	Time	R/NR
1/11-2/8	6-11	Sa	11-12pm	\$67/\$77
(skip Febru	ıary 1)			
2/15-3/7	6-11	Sa	11-12pm	\$67/\$77

Location: Park Junior High School

<u>Date</u>	Age	Day	Time	R/NR
4/4-5/16	6-14	Sa	9-10:15am	\$93/\$103

(skip April 11)

**Location**: Hanesworth Park

#### Nerf Football



#### Instructor: Sports R Us

Tackle the fun with this instructional, non-contact class. Using mini-sized footballs along with the introduction of flags, players will learn the skills to get them started in football. Along with the core skills of passing and catching, players will learn the rules, positions on the field, as well as strategies for both offense and defense. Games will be played at the end of each class. **Age: 4-6 years** 

Date	Day	Time	R/NR
1/11-2/8	Sa	10-10:50am	\$47/\$57
(skip Februa	ry 1)		
2/15-3/7	Sa	10-10:50am	\$47/\$57

#### Little Lyons Soccer Program

Location: Park Junior High School



#### **Instructor: Lyons Township Soccer Club**

Little Lyons is a fun recreational soccer experience for boys and girls ages 3-8 years old. Little Lyons is aimed at continuing to develop each child's cognitive and motor abilities through dynamic, fun, and engaging soccer activities. Kids will learn the proper technical skills from our innovative coaches who enjoy working with young players and making everyone feel comfortable during the sessions. All Little Lyons participants also receive a free t-shirt with each program. Each player must bring a soccer ball. **Age: 3-8 years** 

<u>Date</u>	Age	Day	Time	R/NR
1/11-2/8	3-5	Sa	1-2pm	\$45/\$55
1/11-2/8	6-8	Sa	2-3pm	\$45/\$55

#### (skip February 1)

Location: Park Junior High School

<u>Date</u>	Age	Day	Time	R/NR
2/15-3/7	3-5	Sa	1-2pm	\$45/\$55
2/15-3/7	6-8	Sa	2-3pm	\$45/\$55

**Location**: Park Junior High School

<u>Date</u>	Age	Day	Time	R/NR
4/1-4/22	3-5	W	4-5pm	\$45/\$55
4/1-4/22	6-8	W	5-6pm	\$45/\$55

**Location**: Hanesworth Park

#### Soccer/T-Ball Combo



**Instructor: Sports R Us** 

This class is a perfect class for toddlers who are full of energy and parents who are looking for an introduction to t-ball and soccer. Socialization, teamwork, following directions, key motor skills, and having fun will be the focus in this non-competitive environment. For the first two weeks of class we will focus on t-ball and the second two weeks we will work on soccer skills. A fun game will be played at the end of each class. Parent participation welcomed. Age: 3-4 years

<u>Date</u>	Day	Time	R/NR
1/11-2/8	Sa	9-9:50am	\$47/\$57
(skip Febru	uary 1)		
2/15-3/7	Sa	9-9:50am	\$47/\$57
Location: F	Park Juni	or High School	

## **26 SPORTS & LEAGUES**



#### **Track and Field**



Coaches will focus on teaching sprints, hurdles, jumps, distance running and throws in a safe and fundamental way. The program consists of body balance techniques, speed, quickness and agility drills, which will help produce a quicker, safer, more powerful performer. A wide variety of timed events will take place each day, with an event championship series on the final day. Age: 5-14 years

Date	Day	Time	R/NR
1/11-2/8	Sa	3-4pm	\$67/\$77
(skip Februa	ry 1)		
2/15-3/7	Sa	3-4pm	\$67/\$77

Location: Park Junior High School

Date	Day	Time	R/NR	
4/4-5/16	Sa	10:15-11:15am	\$84/\$94	

(skip April 11)

Location: Hanesworth Park

#### **Table Tennis**

#### Instructor: T. McCormack

Join us on Monday evenings for two hours of open table tennis. The Edgeball Table Tennis Agency will provide all supplies needed for this activity. This is a twelve-week program that you must pre-register for, no drop-ins permitted. Age: 14 years and older

Date	Day	Time	R/NR
1/13-4/6	Μ	7:30-9:30pm	\$42/\$52

(skip March 23)

Location: Recreation Center, 1501 Barnsdale Road, LP

#### **Chicago White Sox Baseball Camps**



#### Instructor: White Sox Academy

Work on your game during your day off of school! Whether you are a rookie or all-star, this camp will help you improve your game. Open to both boys and girls, this camp allows the athlete the ability to improve their offensive and defensive games in baseball before heading back to school. Three hours...quality instruction in baseball...this is truly a one of a kind camp! Please bring a snack. Players will be grouped by age and ability level.

Age: 5-14 years

Date	Day	Time	R/NR
1/20, Martin Luther King Day	M	1-4pm	\$55/\$65
2/17, Presidents Day	M	1-4pm	\$55/\$65
3/23-3/25, Spring Break 3 Day Camp	M Tu W	1-4pm	\$175/\$185

Location: Recreation Center, LG

#### Kids First Flag Football



**Instructor: Kids First** 

Combining preparation with games. The entire league will focus on safety and skills preparation for the first two weeks. Games will be played for 55 minutes starting week three and players will be assigned to a team they will stay on for weeks five and six. A championship game will be played the last week. Age: 6-12 years

Date	Day	Time	R/NR
4/4-5/16	Sa	9-10:15am	\$93/\$103

(skip April 11)

**Location**: Hanesworth Park

#### Kids First Sand Volleyball



**Instructor: Kids First** 

This fun and instructional program prepares players to succeed in volleyball. The program offers competitive drills for skills training, serving, bumping, setting, spiking, techniques on speed & quickness, body balance, first directional movement, volleyball safety awareness and sportsmanship.

Age: 7-13 years

<u>Date</u>	Day	Time	R/NR
4/4-5/16	Sa	10:15-11:30am	\$93/\$103

(skip April 11)

Location: Memorial Park

#### **Bullseye Archery**



Instructor: Sports Kids, Inc

Learn the basics of a recurve bow in this beginning class in this fun and extremely safe environment. A nationally recognized nine-step program is taught. Blunt tipped arrows, bows and targets are provided. Technique will be stressed. Games will be played during every class. Age: 7-12 years

Date	Day	Time	R/NR
4/13-5/18	M	4:45-5:30pm	\$59/\$69

Location: Denning Park, LG

#### **Tennis/Youth**

#### Instructor: L. Grisafe

Learn the game of tennis and/or improve your skills. Our staff will combine instruction, drills, and game situations that will help players increase their appreciation for the game. Fundamentals, strokes, rules and scoring will all be taught. Participants must supply their own rackets. Weather may be a factor for this program and every attempt will be made to make up cancelled classes, including extending classes beyond May 4th or increasing class time. Age: Grades 1st-8th

<u>Date</u>	Grade	Day	Time	R/NR
4/18-5/16	1st-3rd	Sa	9:30-10:30am	\$35/\$45
4/18-5/16	4th-8th	Sa	10:30-11:30am	\$35/\$45

**Location**: Stone-Monroe Park Tennis Courts

#### PARTY RENTALS/FACILITY INFORMATION 27

#### **2020 WINTER/SPRING PROGRAMS & EVENTS**

## Book your next party or special event at the Community Park District! Facility Rental Information:

Basic resident room rental fees begin at \$70.00 per hour for groups of 80 or fewer, \$95.00 per hour for groups of 81 to 120 and \$110.00 per hour for groups of 121 to 200, with a minimum of two hours. Non-resident fees are slightly higher.

Your fee includes the use of the room and kitchen plus the set-up and take-down of all tables and chairs. For additional information, please contact the Park District office at 708-354-4580.

Additional fees will apply for additional services requested.

Visit our website at www.communityparkdistrict.org and choose our forms library, Facility Rental.



- 1. Resident Registration: Online and walk-in resident registration will begin on Thursday, December 5, at 8:30 am. To register online to go www. communityparkdistrict.org. For walk-in registration, visit the Park District office at 1501 Barnsdale Road, during business hours. Residents may only register their own family members.
- 2. Non-resident Registration: Online and walk-in registration for non-residents begins Thursday, December 12, at 8:30 am. To register online, go to www.communityparkdistrict.org. For walk-in registration, visit the Park District office during normal business hours.
- 3. First Come, First Served: All programs have a minimum and maximum enrollment and will be filled on a first come, first served basis.
- 4. Program Waiting Lists: Maximum enrollments for programs ensure quality and safety for all participants. Waiting lists will be established.

  Program rosters are monitored for withdrawals and waiting lists are contacted as spots become available. Residents on a waiting list are given priority when an enrollment becomes available.
- 5. Cancellations: All classes are subject to cancellation if they do not meet the minimum enrollments a week before the class starts, unless otherwise noted. A full refund will be given.
- 6. Refund Policy: A full refund will be issued if requested within five business days prior to the start of the class. A 20% administrative fee will be applied if request is received within four or fewer business days prior to the start of the class. Prorated refunds MAY be issued, once a class starts, in case of injury or illness. A physician's note may be required. No administrative fee will be applied for a medical release. The following EXCEPTIONS to all above rules apply: Ready Teddy Preschool registration fee and tuition, sports leagues fees, and contractual programs such as tickets to entertainment and special events and trips.
- 7. NSF: In the event that a program is paid for by check and that check is returned to the District stamped NSF or Closed Account, an additional fee will be added. A full payment will be required in cash or cashier's check before attendance can continue. A fee of up to \$25.00 will be added for all returned checks.
- 8. Proof of Residency: Proof of residency may be required to qualify for resident rates for program registration. A state ID or current utility bill is acceptable.
- 9. Co-Op Programming: If the graphic symbol appears next to a program title, it is a cooperative program and resident rates will apply to all agencies included.
- 10. Proof of Age: The Community Park District reserves the right to require proof of age for participants when age is a factor.
- 11. Payment Methods: We accept VISA, MasterCard, Discover, American Express, cash and checks. Proper ID may be required.
- 12. Absolutely NO money or registration will be accepted at any class site. All registrations must be processed and completed either online or at the Park District office during normal business hours.
- 13.If your child has a peanut or other allergy, please contact the front desk at 708-354-4580 to discuss possible accommodations. While we can take reasonable steps to make a specific program nut-free or to avoid other allergens, we cannot guarantee that the facility is 100% free from nuts or allergens. We do rent the same kitchen as event space and cannot guarantee that the rental group(s) did not bring nuts or other allergens in the facility. We are committed to implementing reasonable measures to minimize your child's contact with nut products or allergens and to maximize your child's safety and look forward to discussing your child's unique needs.



#### 28 REGISTRATION INFORMATION



#### Disclaimer

The Community Park District of La Grange Park makes every effort to provide complete and accurate information about our programs contained within this brochure. If any error has occurred, the Park District has the right to revise, delete, or change any information it deems necessary.

#### Fee Assistance-Scholarship Fund

If you are aware of any La Grange Park resident who is being denied the right to participate in recreation programs due to financial hardship, please call the Park District Office at (708) 354-4580. Requests will be considered on an individual basis and should be made as soon as possible. Funds are limited and distributed on an equal basis.

#### **Code of Conduct**

To ensure an enjoyable and safe program for all participants, the Community Park District has developed a code of conduct. Participants and spectators must:

- Show respect to all participants and staff
- Refrain from using foul language
- Refrain from causing bodily harm
- Treat equipment, supplies and facilities with respect

Temporary removal or permanent suspension from the program and/ or facility may result if behavioral standards are not maintained.

#### **Note to Parent or Guardian**

When present in the classroom with the assigned teacher, children are under the instructor's supervision. In all cases, it is understood that children eight years and older are responsible for their own behavior and whereabouts while they are at a program site. Parents should establish and discuss with their children both drop-off and pick-up arrangements, and guidelines relative to expectations of on-site conduct.

#### **Employment Opportunities**

Stop by the Park District office and ask for an application. Available positions are based on programming needs.

#### **Enrichment Classes**



This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschoolers, whether or not they attend Ready Teddy Preschool.

#### **Memorial Park Lighted Sign**

Resident, non-profit groups may reserve a space on our lighted sign located on LaGrange Road and Woodlawn Avenue. You can download a lighted sign request form from our website at communityparkdistrict.org. If you need additional information, please call us at (708) 354-4580.

#### **Living Tree Memorial/Bench Memorial**

A tree or park bench is offered through the Community Park District. If you would like to commemorate a date, person, event, or organization, you may have a tree of your choice planted or a park bench installed in one of our six beautiful parks. It is a thoughtful way to remember a loved one as well as beautify a park site. A nameplate honoring your loved one will also be placed on our "Tree of Life" Memorial located in the Recreation Center. The cost for a tree is \$400.00 and bench prices start at \$800.00. If you are interested, please contact us at 708-354-4580.

#### **Pets in the Parks Policy**

It is the policy of the Community Park District not to allow pets in our parks. Out of respect for the welfare and full enjoyment of other park patrons, we ask that you leave your pets at home when visiting the park.

#### **Senior Friends**

The Park District hosts a Senior Friends group, which meets once a month. A variety of activities are planned each month. Call 708-354-4580 and give us your email address. We will send you information about the next scheduled meeting. If you do not have an email address, simply leave us your name and address and we will mail you the information.

#### Did You Know...

## The "Library of Things" Makes a Day at Memorial Park a Breeze

From yoga mats and bocce balls to bubble machines, if you're spending a day at Memorial Park, the La Grange Park Library's Library of Things may have what you need to help you make the best of your visit. Do you need a karaoke machine for a party, want some binoculars for a ball game, or have interest in Instant Pots or air fryers? Check them (along with dozens of other cool things) out from the La Grange Park Library's Library of Things! Visit Iplibrary.org/things to see a complete list and check on availability. Visit our Children's Services Department for a list of items for children.



## **Registration Form Winter/Spring 2020**

Insert this form, along with your check or money order payable to the Community Park District and drop off or mail to the Community Park District, 1501 Barnsdale Road, LaGrange Park, IL 60526. To pay by cash or credit card, visit the front desk during normal business hours. Credit cards are also accepted for most programs through on-line registration at <a href="https://www.communityparkdistrict.org">www.communityparkdistrict.org</a>.

PRIMARY CONTACT		EMAIL ADDRE	SS				
ADDRESS			CITY		Z	IP	
1 <sup>ST</sup> NUMBER TO CALL	CIRCLE: OCELL OHOME OWORK	2 <sup>ND</sup> NUMBER 1	TO CALL	CIRCLE: OCELL OHOME OWORK	ER TO CA	ALL	CIRCLE: OCELL OHOME OWORK
WOULD YOU LIKE TO RECEIVE TE	XT ALERTS	S? OYES O	NO	IF YES, WHO IS YOUR CARRIER?			
Community Park District de	esires to me	et the leisure nee	ds of all c	ur residents. We will do our best to	accommo	date requests.	
1. Do you or a family mem						he office at 70	
,	he CPD nee	ds to be aware of	that wou	ld affect participation in class?	Yes		0-334-4360.
PARTICIPANTS NAME	SEX	DATE OF	AGE	PROGRAM NAME		SSION	FEE
		BIRTH			(IF AP	PLICABLE)	
of participants in our programs, classes or even are only for Park District use, most likely in future flyers, or for publication in a local newspaper in IMPORTANT INFORMATION  The Community Park District is committed to continuously comments of the community Park District is committed to continuously strives to reparticipants follow safety rules and instructions participants follow safety rules and instructions participants and for this program/activity must recognize that the choosing to participate in recreational activities You are solely responsible for determining if you fit and/or skilled for the activities contemplated advisable, especially if the participant is pregnated advisable, especially if the participant is pregnated activity.  WARNING OF RISK  Recreational activities/programs are intended to mental and emotional resources of each participartion, instruction, medical advice, condition of serious injury when participating in any recreational control of the participating in any recreational programs are intended to the participating in any recreation of the participating and the participating in any recreation of the	are catalogues, acluding Faceboonducting its re- of participants educe such risk is that are design parents/guardinere is an inherior in the same of t	brochures, pamphlets, bok.  creation program and in high regard. The sand insists that all ned to protect the ians of minors registerient risk of injury when r child/ward are physicanent. It is always any way or recently e undertaking any physical, tareful and proper ipment, there is still a t/program.	ing cally sical	WAIVER AND RELEASE OF ALL CLAIMS AN Please read this form carefully and be awa program/activity, you will be expressly ass and releasing all claims for injuries, damag might sustain as a result of participating ir associated with this program/activity (incl operation, when provided).  I recognize and acknowledge that there are in this program/activity, and I voluntarily a damages or loss regardless of severity, the participation. I further agree to waive and have (or accrue to me or my child/ward) a program/activity against the Community F volunteers, and the employees (herein col of LaGrange Park).  I do hereby fully release and forever disch and all claims for injuries, damages, or los may accrue to my child/ward or me and a associated with this program/activity. I ha important information, warning of risk, as claims.	re that in sig uming the ristes or loss whany and all a uding transport e certain risk agree to assu t my child/w relinquish all s a result of park District, it lectively refer arge the Comes that minor or isting out or over ead and for	gning up and partic sk and legal liabilithich you or your mactivities connected ortation services/ sks of physical injury and or I sustain as Il claims I or my che participating in the including its officierred as Communi onmunity Park Districhild/ward or I macconnected with, of fully understand the	ty and waiving ninor child/ward ed with and vehicle  by to participant: and all injuries is a result of said nild/ward may is als, agents, ty Park District from any ay have or which ir in any way he above
dangers and injuries due to inclement weather, conditioning, carelessness, horseplay, unsports				Signature			
inadequate or defective equipment, inadequate carelessness, horseplay, unsportsmanlike conditions			ng,	(If under 18 years of age, this form m			
defective equipment, inadequate supervision, i circumstances inherent to outdoor and indoor	nstruction or o	fficiating, and all other					
this regard, it must be recognized that it is impo				Date		Receipt # (For c	office use)
to guarantee absolute safety.							cc usej





# VETERANS MEMORIAL FUND DONATION AND BRICK ORDER FORM

Donor's Name:	Phone #											
ddress:												
Email Address:												
Donation Amount (Check One) \$100	\$200 S500 Other											
Paid by (Check One) Check # Check Payable To: Community Park Dis												
Any donation over \$500 will have On Site Recognition & Two 8x8 Bricks  \$ 200 One 8" x 8" or Two 4" x 8" Bricks \$ 100 One 4" x 8" Brick  Please use this form if ordering a 4"x8" brick	Any donation is greatly appreciated. Donations of \$100 or more are invited to order an engraved paver brick(s) to honor the contributions of a family member or friend. All inscriptions are in capital letters and centered for uniformity and readability. Please use the correct grid below to provide your engraving instructions.											
Please use this form if ordering an 8"x8" brick												
NEW: Replica Brick(s) A Replica Brick m	nay be added to											

NEW: Replica Brick(s) A Replica Brick may be added to your order. A 4x8 Brick will be \$60.00 and an 8x8 Brick will be \$75.00 You can also-make arrangements to have your brick shipped to an alternate address. See Park District Staff for additional shipping and handling charges.

Replica Amount: \_\_\_\_\_ Shipping & Handling\_\_\_\_\_

#### PLEASE RETURN TO:

Community Park District of La Grange Park Veterans Memorial Brick Order 1501 Barnsdale Road La Grange Park, IL 60526 or: Fax: 708-354-4577

or: akennedy@communityparkdistrict.org

#### **VETERAN'S MEMORIAL**

The Veterans Memorial was dedicated on September 20, 2014. Our Memorial is unlike many Memorials in that it will continue to grow each year as memorial bricks are purchased and placed in the Memorial Plaza. The Community Park District of La Grange Park's Veterans Memorial was built to honor ALL active duty and military veterans whether they served in times of conflict or times of peace. We feel that it is important to recognize all our men and women who have served or are now serving because they never knew what tomorrow would bring as they protected America. There is no better way to honor your favorite active duty or military veteran than by placing a brick in his or her honor in our Plaza.

Need Christmas gift ideas for your favorite military veteran? A brick in the La Grange Park Veteran's Memorial is the perfect gift. Purchase a brick to personalize yourself or we can provide you with a gift card for your veteran to personalize their own brick. Memorial bricks can be purchased by submitting an order form found on page 30. You can also visit our website www.communityparkdistrict.org and download the form. If you have any questions you can call the park district office at 708-354-4580 and speak with Amanda Kennedy.

In response to community requests, donors who have purchased a memorial brick for the plaza will have the opportunity to buy a replica brick that can be given as a gift or kept for their own special memorial. Special prices for replica bricks are as follows: 4x8 Bricks are \$60.00 and 8x8 Bricks are \$75.00. Brick orders will be placed once a year, with a January 31st deadline for all orders. A replica brick order form can be found on our website.







	SPORT FIELDS			SPORT COURTS				BUILDINGS						
Park Name	Baseball	Softball	Soccer	Basketball	Multi-Use Play Court	Volleyball	Tennis	Playground	Picnic Shelter	Fitness Trail	Parking Spaces	Sleding Hill	Toilets	
Beach/Oak .6 Acre				2	1			2	1				YES	
Hanesworth 5.0 Acre	2 Lighted							1 Lighted		.3 Miles	94		YES	Rec Center Concessions
Memorial 7.0 Acre	1		1	1 Lighted	1 Lighted	2 Lighted	2 Lighted	1	1	.4 Miles	30	1	YES	Activity Bldg Ampitheatre
Robinhood 3.0 Acre	1	1					2	1	1		18		YES	
Stone/Monroe 2.5 Acre	0	2	1	1			2	1	1		10		YES	
William G. Yena 5.0 Acre	2	0	1	3		1	2	2	2				YES	

## Community Park District General Information: Safety First!

Safety is of the utmost importance to us. Please report any safety hazards at any Park District property to the Park District office at 708-354-4580. If there is an immediate emergency and the Park District office is closed, please call the La Grange Park Police at 708-352-2151 or dial 911.

#### **Non-Discrimination**

The Community Park District of La Grange Park is an Equal Opportunity Employer and does not discriminate based on race, color, national origin, sex, disability or age in the offering and administering any of its recreation programs, services, park areas, and facilities.

#### **Resident Policy**

Non-resident enrollment into any Community Park District program is gladly accepted. Please make note of the following:

- 1. Non-residents will pay no more then \$10.00 additional for a program, or 50% of the program fee, whichever is the lesser amount (unless otherwise noted).
- 2. Non-resident registration begins one week after resident registration.
- 3. Residents on a waiting list are given priority when an enrollment becomes available.

Do not know if you are a Park District resident? Any address within La Grange Park boundaries will have a 60526 zip code.

#### Did You Know... The "Library of Things" Makes a Day at Memorial Park a Breeze

From yoga mats and bocce balls to bubble machines, if you're spending a day at Memorial Park, the La Grange Park Library's Library of Things may have what you need to help you make the best of your visit. Do you need a karaoke machine for a party, want some binoculars for a ball game, or have interest in Instant Pots or air fryers? Check them (along with dozens of other cool things) out from the La Grange Park Library's Library of Things! Visit Iplibrary.org/things to see a complete list and check on availability. Visit our Children's Services Department for a list of items for children.

#### Friends of the Library, La Grange Park

The La Grange Park Friends of the Library Book Shop is staffed entirely by volunteers. Presently, we have 25 volunteers, but could always use more. We save and recycle books, magazines, DVD's and CD's, selling them at modest prices and providing unsold materials free to community institutions. The shop hours are the same as the library hours and open when there is a volunteer present. To be sure the shop is open, or if you would like to become a volunteer, please call the Library at 708-352-0100.

#### La Grange Park Little League

Contact Little League President Michael Cusack, at mcusack@sbcglobal.net or (312) 296-0381, or visit their website at www.LPlittleleague.com

#### **AYSO**

American Youth Soccer Organization parent hotline (708) 930-3034, or visit their website at www.ayso300.org

#### Village Field Club (VFC)

The Village Field Club is a private pool. E-mail them at villagefieldclub@yahoo.com

#### The Garden Club of La Grange Park

Club meetings are held at 12:00 on the first Monday of each month from October through June at the La Grange Park Village Hall. Please call Irene Deyoung at 708-531-1143 for membership information.

#### La Grange Area Newcomers and Neighbors Association

Welcome to La Grange Park! If you are a new resident and would like some additional information about La Grange Park or surrounding communities, please visit their web site at www.lgnewcomers.com.

#### **Greater La Grange Area Moms Club (GLAM)**

This group welcomes working and at-home mothers in the La Grange Park area. This member-organized group holds activities during weekdays and in the evenings. They also lead several service projects throughout the year. For more information, please visit their website at:

meetup.com/GLAM-Greater-La-Grange-Area-Moms-Club/

#### The La Grange Area Historical Society

The society is devoted to the collection and dissemination of the history of the LaGrange area. The Vial House Museum is located at 444 S. La Grange Road, La Grange is open each Wednesday 9:30am-12pm & the last Sunday of the month 1pm-4pm. You can also make an appointment by using the contact form on their website or by calling 708-482-4248 for research, tours, and school groups. Please watch their website www.lagrangehistory.org or Facebook for information about the many special events they host throughout the year. Join today and experience the many benefits of membership including free admission to select programs and to receive their monthly newsletter.

#### **Interfaith Community Partners**

Interfaith Community Partners is a non-profit organization which provides transportation to older adults to physician appointments, grocery shopping, and other quality life errands like trips to the bank, hairdresser, and church. If you or a friend could benefit from these services or if you are able to volunteer to drive, please call Interfaith Community Partners at (708) 354-9328 or visit their website at http: www.interfaithcommunitypartners.org.

#### **Facility Rental**

Basic resident room rental fees begin at \$70.00 per hour for groups of 80 or fewer, \$95.00 per hour for groups of 81 to 120 and \$110.00 per hour for groups of 121 to 200, with a minimum of two hours. Non-resident fees are slightly higher. Your fee includes the use of the room and kitchen plus the set-up and take-down of all tables and chairs. For additional information, please contact the Park District office at 708-354-4580. Additional fees will apply for additional services requested. Visit our website at www.communityparkdistrict.org and choose our forms library, Facility Rental.

#### **Aging Care Connections**

Located in La Grange, Aging Care Connections is a private, not-for-profit organization dedicated to making a difference in the lives of older adults and their families through community-based services that promote dignity, self-respect and independence. Aging Care Connections provides comprehensive services to adults age 60 and older, their caregivers, and their families in La Grange Park and 37 other communities in suburban Cook County. Our mission is "to enrich the quality of life in our community by providing older adults and their families with guidance and support that enhance the ability to age well" through programs delivered by a team of highly skilled, objective and unbiased experts. Aging Care Connections is located at 111 West Harris Avenue, La Grange and is open Monday – Friday, 8:30 a.m. to 4:30 p.m. If you have a question about aging, please stop by, call 708-354-1323 or email www.agingcareconnections.org for more information.



Sports • Trips • Social Programs • Special Events • And More!



**SEASPAR** (the South East Association for Special Parks And Recreation) provides recreational programs and services for individuals with disabilities served by the Community Park District of La Grange Park and eleven other communities.

Vonders

A MULTI-SENSORY ROOM

One of SEASPAR's most exciting amenities is the Wonders Multi-Sensory Room, located at the Lisle Recreation Center. The room offers specially-designed interactive equipment that appeals to the auditory, tactile, olfactory, and visual senses. Wonders primarily benefits individuals with autism, sensory processing disorders, and ADHD. La Grange Park residents are invited to participate!

Programs offered at **Wonders** include:

**SENSORY SUNDAY:** A weekly program that gives families a flexible option to enjoy Wonders. Programs are available for children and adults.

**EARLY CHILDHOOD PLAYGROUP:** A monthly program for families with children ages 2-5 that incorporates Wonders into a social experience.

ADAPTED MUSIC LESSONS: An all-ages, multi-week program that enables individuals with limited mobility to create music with movement sensory technology at Wonders.

#### **WEEKLY PROGRAMS & SPECIAL EVENTS:**

Multi-sensory elements are incorporated into many of our weekly programs and special events, especially for children.

#### **Serving your Community**

Brookfield • Clarendon Hills • Darien • Downers Grove • Indian Head Park • La Grange La Grange Park • Lemont • Lisle • Western Springs • Westmont • Woodridge

Look for our winter/spring program guide in December!

For more information about **Wonders**, visit SEASPAR.org or call **SEASPAR** at 630.960.7600 • 630.960.7605 TDD

4500 Belmont Road, Downers Grove, IL 60515

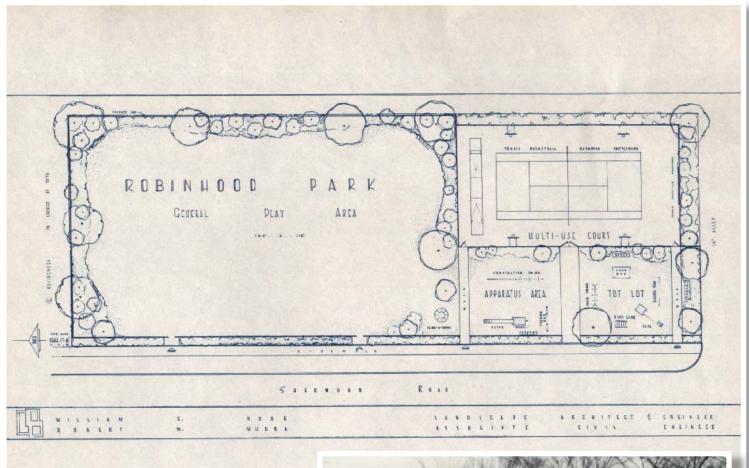
**SEASPAR.org** 











Outdoor skating rinks were maintained at Beach-Oak, Robinhood, Northeast, and Stone-Monroe parks. A fifth rink, and the second devoted to hockey, was opened in 1973 when the Park District leased land from the Stewart-Warner Company at 26th and Barnsdale and the Cook County Highway department graded the area.





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