

COMMUNITY PARK DISTRICT OF La Grange Park

WINTER/SPRING 2019



Community Park District
La Grange Park *Learn . Grow . Play*
communityparkdistrict.org



**RESIDENT REGISTRATION BEGINS
THURSDAY, DECEMBER 6 AT 8:30 AM**



Board of Park Commissioners

Karen Boyd	President
Jeff Kilrea	Vice President
Tim Ogden	Treasurer
Lucy Stastny	Secretary
Robert Corte	Commissioner

The Community Park District Board of Commissioners is comprised of five commissioners elected by Park District residents to serve unpaid, four-year terms. The Board governs, on behalf of residents, all activities of the Park District. Regular Park Board meetings are held on the second Monday of each month at the Recreation Center, 1501 Barnsdale Road, at 6:30 pm. Your attendance is both welcome and encouraged.

Staff

Aleks Briedis, CPRP	Executive Director
Martin Healy	Maintenance Supervisor
Dean Carrara, CPRP	Superintendent of Recreation
Ashley Jusk	Recreation Supervisor
Dave Romito	Recreation Supervisor
Nancy Daum	Office Manager
Filemon Sanchez-Rodriguez	Maintenance Assistant
Phil Mesi	Finance Consultant
Megan Jadron	Safety Coordinator

Park District Office Location

Recreation Center
1501 Barnsdale Road
La Grange Park, IL 60526
Phone: (708) 354-4580 Fax: (708) 354-4577
Website: www.communityparkdistrict.org

Park District Office Hours

Monday through Friday, 8:30 am - 5:00 pm
Saturday, 9:00 am - 12:00 pm

Park Locations

Memorial Park, 132 Oak Avenue
Robinhood Park, 30th and Robinhood Lane
Hanesworth Park, 26th and Barnsdale Road
Beach-Oak Park, Beach and Oak Avenues
William G. Yena Park, 29th and Harrison Avenue
Stone-Monroe Park, Stone and Monroe Avenues

Program Locations

Recreation Center/Park District Office (LP)
1501 Barnsdale Road, La Grange Park

Hanesworth Park

1545 Barnsdale Road, La Grange Park

Park Junior High School

333 N. Park Road, La Grange Park
Corner of Brainard and Ogden Avenues

Recreation Center, La Grange (LG)

536 East Avenue, La Grange

Western Springs Community Center

4211 Grand Avenue, Western Springs

Recreation Center, Western Springs (WS)

1500 Walker Street, Western Springs

Village Hall, La Grange Park

447 N. Catherine, La Grange Park

TABLE OF CONTENTS

STAFF/PROGRAM LOCATIONS	2
PRESIDENTS COLUMN	3
REGISTRATION INFORMATION	4
GENERAL INFORMATION	5
SPECIAL EVENTS	7
TRIPS	8
READY TEDDY PRESCHOOL	9
PERFORMING ARTS	11
PERFORMING ARTS PROGRAMS	12
EARLY CHILDHOOD	13

YOUTH	19
SENIOR INTERESTS/ADULT PROGRAMMING	24
FITNESS	26
SPORTS	28
CALENDAR OF EVENTS	38
VETERANS MEMORIAL	40
REGISTRATION	42
SEASPAR	43

Park Name	SPORT FIELDS			SPORT COURTS				OTHER FACILITIES						BUILDINGS
	Baseball	Softball	Soccer	Basketball	Multi-Use Play Court	Volleyball	Tennis	Playground	Picnic Shelter	Fitness Trail	Parking Spaces	Sleding Hill	Toilets	
Beach/Oak .6 Acre				2	1			2	1				YES	
Hanesworth 5.0 Acre	2 Lighted							1 Lighted		.3 Miles	94		YES	Rec Center Concessions
Memorial 7.0 Acre	1		1	1 Lighted	1 Lighted	2 Lighted	2 Lighted	1	1	.4 Miles	30	1	YES	Activity Bldg Ampitheatre
Robinhood 3.0 Acre	1	1					2	1	1		18		YES	
Stone/Monroe 2.5 Acre	0	2	1	1			2	1	1		10		YES	
William G.Yena 5.0 Acre	2	0	1	3		1	2	2	2				YES	

President's Column

A friend of mine is the mayor of a medium-sized city in Indiana. The City Council had approved a budget resolution that included a major capital expenditure for the police department and had taken competitive bids approved the contracts to purchase the item which was then ordered.

At this point, a group of citizens became aware of the purchase and began to protest at City Council meetings. Bullhorns were brought to the meeting and angry words were exchanged. The problem is, the residents were too late. The costs to the City if they were to cancel the contract, were substantial and, if the contract had been voided, the result to the City would have been not having the new vehicle for the police department and a substantially reduced amount of money to use elsewhere.

My point is not that the purchase was unwise or that the residents were wrong, I don't have enough information about it to state an opinion. Instead, it points out the importance of resident participation in local government. An informed citizenry must rely on the local press but also must look at local governments' websites to gain information. Another important step is to attend board meetings.

The Community Park District holds monthly meetings on the second Monday of each month at 6:30. A typical meeting involves a discussion of the reports delivered by each program head and by the Executive Director. We then discuss the expenditures made during the previous month and approve them, if appropriate. We then discuss old business and any new business. The Board makes time to take comments from any residents who are in attendance. Our budget process begins each March and we pass a final Budget Ordinance in May with the start of the new fiscal year. Any large expenditure requires discussion over the course of several months, and in the case of Memorial Park, years. The Park District is required to obtain multiple bids for any proposed expenditure that exceeds \$25,000. Such expenditures will be made only after multiple public discussions by Board members and careful research by the Executive Director and the individual Commissioners.

In the coming months, the Board will turn its attention to matters that do not involve spending money. We will be reviewing the policy manuals that govern the Park District's employment policies. We will also begin to discuss the development of a Master Plan to focus the discussion of future park development.

The Board is very interested in community input on future park development and would like to hear the thoughts of residents about what sorts of courses and activities should be offered by the Park District. Any such recommendations should be directed to our Executive Director, Aleks Briedis.

Every Commissioner has an email address. If you wish to contact anyone, please direct your email to: board@communityparkdistrict.org. It is the practice of each Board member to respond to emails as soon as possible.

Another important role that interested residents play is by voting for Board members. The next local election will be held on April 2, 2019. The seats of 2 current Board members will be on the ballot on April 30, 2019. It is important that residents exercise their right to vote and to cast a ballot in the spring elections.

Voting, attending monthly Board meetings, and reaching out to current Commissioners are all ways that the residents of La Grange Park can avoid the problems faced by that Indiana city.

Karen Boyd - President

Safety First!

Safety is of the utmost importance to us. Please report any safety hazards at any Park District property to the Park District office at 708-354-4580. In case of an immediate emergency and the Park District office is closed please call the La Grange Park Police at 708-352-2151, or dial 911.

Non-Discrimination

The Community Park District of La Grange Park is an Equal Opportunity Employer and does not discriminate based on race, color, national origin, sex, disability or age in the offering and administering any of its recreation programs, services, park areas, and facilities.

Resident Policy

Non-resident enrollment into any Community Park District program is gladly accepted, however, please make note of the following:

1. Non-residents will pay no more than \$10.00 additional for a program, or 50% of the program fee, whichever is the lesser amount (unless otherwise noted).
2. Non-resident registration begins one week after resident registration (based on availability).
3. Residents on a waiting list are given priority when an enrollment becomes available.

Do not know if you are a Park District resident? Any address within La Grange Park boundaries will have a 60526-zip code.

Registration Information:

1. Resident Registration: Online and walk-in resident registration will begin on Thursday, December 6, at 8:30 am. To register online to go www.communityparkdistrict.org. For walk-in registration, visit the Park District office at 1501 Barnsdale Road, during business hours. Residents may only register their own family members.
2. Non-resident Registration: Online and walk-in registration for non-residents begins Thursday, December 13, at 8:30 am. To register online, go to www.communityparkdistrict.org. For walk-in registration, visit the Park District office during normal business hours.
3. First Come, First Served: All programs have a minimum and maximum enrollment and will be filled on a first come, first served basis.
4. Program Waiting Lists: Maximum enrollments for programs ensure quality and safety for all participants. Waiting lists will be established. Program rosters are monitored for withdrawals and waiting lists are contacted as spots become available. Residents on a waiting list are given priority when an enrollment becomes available.
5. Cancellations: All classes are subject to cancellation if they do not meet the minimum enrollments a week before the class starts, unless otherwise noted. A full refund will be given.
6. Refund Policy: A full refund will be issued if requested within five business days prior to the start of the class. A 20% administrative fee will be applied if request is received within four or fewer business

days prior to the start of the class. Prorated refunds MAY be issued, once a class starts, in case of injury or illness. A physician's note may be required. No administrative fee will be applied for a medical release. The following EXCEPTIONS to all above rules apply: Ready Teddy Preschool registration fee and tuition, sports leagues fees, and contractual programs such as tickets to entertainment and special events and trips.

7. NSF: A non-sufficient fund fee will apply, in the event that a program is paid for by a check and that check is returned to the District stamped NSF or Closed Account. A full payment will be required in cash or cashier's check before attendance in a class can continue. A fee will be added, up to \$25.00 for all checks returned.
8. Proof of Residency: Proof of residency may be required to qualify for resident rates for program registration. A state ID or current utility bill will be acceptable.
9. Co-Op Programming: If the graphic symbol appears next to a program title, it is a cooperative program and resident rates will apply to all agencies included.
10. Proof of Age: The Community Park District reserves the right to require proof of age for participants when age is a factor.
11. Payment Methods: We accept VISA, MasterCard, Discover, American Express, cash and checks. Proper ID might be required.
12. Absolutely NO money or registration will be accepted at any class site. All registrations must be processed and completed either online or at the park district office during normal business hours.

Disclaimer

The Community Park District of La Grange Park makes every effort to provide complete and accurate information about our programs contained within this brochure. If any error has occurred, the Park District has the right to revise, delete, or change any information it deems necessary.

Fee Assistance-Scholarship Fund

If you are aware of any La Grange Park resident who is being denied the right to participate in recreation programs due to financial hardship, please call the Park District Office at (708) 354-4580. Requests will be considered on an individual basis and should be made as soon as possible. Funds are limited and distributed on an equal basis.

Code of Conduct

To ensure an enjoyable and safe program for all participants, the Community Park District has developed a code of conduct. Participants and spectators must:

- Show respect to all participants and staff
- Refrain from using foul language
- Refrain from causing bodily harm
- Treat equipment, supplies and facilities with respect

Temporary removal or permanent suspension from the program and/or facility may result if behavioral standards are not maintained.

Note to Parent or Guardian

When present in the classroom with the assigned teacher, children are under the instructor's supervision. In all cases, it is understood that children eight years and older are responsible for their own behavior and whereabouts while they are at a program site. Parents should establish and discuss with their children both drop-off and pick-up arrangements, and guidelines relative to expectations of on-site conduct.

Employment Opportunities

Stop by the Park District office and ask for an application. Available positions are based on programming needs.



Enrichment Classes

This icon represents a program that will extend the Ready Teddy Preschool day. These classes are either preceding or immediately following preschool. Class descriptions and times are detailed within this brochure. Classes are open to all preschoolers, whether or not they attend Ready Teddy Preschool.

Memorial Park Lighted Sign

Resident, non-profit groups may reserve a space on our lighted sign located on LaGrange Road and Woodlawn Avenue. You can download a lighted sign request form from our website at www.communityparkdistrict.org. If you need additional information, please call us at (708) 354-4580.

Living Tree Memorial/Bench Memorial

A tree or park bench is offered through the Community Park District. If you would like to commemorate a date, person, event, or organization, you may have a tree of your choice planted or a park bench installed in one of our six beautiful parks. It is a thoughtful way to remember a loved one as well as beautify a park site. A nameplate honoring your loved one will also be placed on our "Tree of Life" Memorial Wall located in the Recreation Center. The cost for a tree is \$400.00 and bench prices start at \$800.00. If you are interested or have any further questions, please contact Rachel Demes at (708) 354-4580 or email Rachel at rdemes@communityparkdistrict.org.

Pets in the Parks Policy

It is the policy of the Community Park District not to allow pets in our parks. Out of respect for the welfare and full enjoyment of other park patrons, we ask that you leave your pets at home when visiting the park.



Senior Friends

The Park District hosts a Senior Friends group, which meets once a month. A variety of activities are planned each month. Call 708-354-4580 and give us your email address. We will send you information about the next scheduled meeting. If you do not have an email address, simply leave us your name and address and we will mail you the information.

Friends of the Library, La Grange Park

The La Grange Park Friends of the Library Book Shop is staffed entirely by volunteers. Presently, we have 25 volunteers, but could always use more. We save and recycle books, magazines, DVD's and CD's, selling them at modest prices and providing unsold materials free to community institutions. The shop hours are the same as the library hours and open when there is a volunteer present. To be sure the shop is open, or if you would like to become a volunteer, please call the Library at 708-352-0100.

La Grange Park Little League

Contact Little League President Jim Biskupic at (773) 459-7213, or visit their website at www.lgplittleleague.com.

AYSO

American Youth Soccer Organization parent hotline (708) 930-3034, or visit their website at www.ayso300.org

Village Field Club (VFC)

Private Pool Organization

The Village Field Club is a private pool. E-mail them at villagefieldclub@yahoo.com

The Garden Club of La Grange Park

Club meetings are held at 12:00 on the first Monday of each month from October through June at the LaGrange Park Village Hall. Please call Judy Popernik at 708-352-2358 for membership information.

La Grange Area Newcomers and Neighbors Association

Welcome to La Grange Park! If you are a new resident and would like some additional information about La Grange Park or surrounding communities, please visit their website at www.lgnewcomers.com.

Greater La Grange Area Moms Club (GLAM)

This group welcomes working and at-home mothers in the La Grange Park area. This member-organized group holds activities during weekdays and in the evenings. They also lead several service projects throughout the year. For more information, please visit their website at: meetup.com/GLAM-Greater-La-Grange-Area-Moms-Club/.

The La Grange Area Historical Society

The society devoted to the collection and dissemination of the history of the La Grange area. The Vail House Museum located at 444 S. La Grange Road, La Grange is open each Wednesday from 1:00 to 4:00 pm. You can also make an appointment by calling 708-482-4248 for research, tours, and school groups. Please watch their website www.lagrangehistory.org, Facebook, and Twitter for information about the many special events. Join today and experience the many benefits of membership, including free admission to select programs and to receive their quarterly newsletter.

Interfaith Community Partners

We're here for you! The Interfaith Community Partners, a network of trained volunteers from local churches help older adults in the community maintain their independence and remain connected to the community. They assist through home visits, transportation to medical appointments, grocery shopping, and phone calls for reassurance. If you or a friend could benefit from these services, or if you are able to volunteer to help, please call Interfaith Community Partners at 708-579-8929.

Facility Rental

Basic resident room rental fees begin at \$70.00 per hour for groups of 80 or fewer, \$95.00 per hour for groups of 81 to 120 and \$110.00 per hour for groups of 121 to 200, with a minimum of two hours. Non-resident fees are slightly higher. Your fee includes the use of the room and kitchen plus the set-up and take-down of all tables and chairs. For additional information, please contact the Park District office at 708-354-4580. Additional fees will apply for additional services requested. Visit our website at www.communityparkdistrict.org and choose our forms library, Facility Rental.





Holiday in the Park

Saturday, December 8

Recreation Center, 1501 Barnsdale Road, La Grange Park

12:00 – 3:00 pm

This annual event is free of charge and a holiday hit for the entire family. The La Grange Park Chamber of Commerce sponsors the day's events and your Community Park District serves as host. Featured activities include a hayride, petting zoo, bonfire, holiday crafts, snacks and refreshments and, of course, pictures with Santa. The La Grange Park Chamber of Commerce can be reached at 708-354-4205 or by visiting www.lagrangeparkchamber.org.

Senior Breakfast & BINGO



Monday February 4

We'll enjoy a breakfast sandwich with fruit and coffee followed by games of BINGO. This is not a cash BINGO, but you can play for prizes. Breakfast is served at 9:00 am. Come and bring a friend. Join the fun and sign up today.

Registration deadline is January 28th.

AGE: 21 years and older

TIME: 9:00 – 10:30 am

FEE: \$9.00 per resident

LOCATION: \$13.50 per non-resident

Recreation Center, LG

Valentine Candy Carnival NEW



Friday February 8

Join us for a night of fun playing games to win candy. We will have a variety of games for children such as Sweethearts Bag Toss, Ring Toss, Knock Down, Ping Pong Toss, crafts, entertainment and tons of fun.

AGE: 12 years old and under accompanied by an adult

TIME: 6:00 – 7:30 pm

FEE: \$8.00 per resident

LOCATION: \$12.00 per non-resident

Recreation Center, LG

Daddy Daughter Date Night

Friday, February 22

Hear ye, hear ye! The Community Park District summons all Kings and their Princesses for a gala evening of fun. For one magical night, the Recreation Center will be transformed into a dreamy ballroom. Guests will enjoy pizza and other light refreshments as they dance the night away to music provided by a professional DJ. Don your finest attire, hop into your carriage, and join us for a memorable evening. A photo booth with fun props will also be available so you will have a keepsake to take home!

AGE: 3 - 8 years

TIME: 6:30 – 8:30 pm

FEE: \$35.00 Non-resident \$45.00

\$6.00 each additional girl

LOCATION: Recreation Center, LP



Easter Egg Hunt

Saturday, April 13

11:00 am SHARP!

Memorial Park

This free event is for children 8 years and younger. Kids bring your baskets and get ready for fun. The Easter Bunny will be on hand at Memorial Park to hand out goodies before the fun of hunting for eggs begins. Children will be grouped by age. Hop on down and join us at 11:00 am sharp, rain or shine.

Tween Flashlight Egg Hunt **Friday, April 12**

It's that time of year, so paint those eggs, keep an eye out for the bunny and grab a flashlight! Come join us for the 8th Annual Tween Flashlight Egg Hunt at Sedgwick Park. Bring your flashlight and baskets and get ready for a great night looking for eggs filled with candy and tickets that represent prizes too big to fit in an egg. Must be accompanied by an adult.

AGE: 8 - 14 years, with adult
TIME: 8:00 - 8:30 pm
FEE: \$5.00 Non-resident \$7.50
LOCATION: Sedgwick Park, LG

Mother Son Dance **Friday, March 8**

Come to the Recreation Center and enjoy a fantastic night out with your little guy! Dance to your favorite tunes, enjoy refreshments, and leave at the end of the evening with a photo memento and a special surprise. Each additional child is \$20.00. **Registration deadline is February 25th.**

AGE: 2 - 10 years
TIME: 6:00 - 8:00 pm
FEE: \$47.00 per couple resident
\$57.00 per couple non-resident
\$20.00 for each additional child
LOCATION: Recreation Center, LG

Kids Toys & Garage Sale NEW **Sunday, February 10**

Clean out those closets! Get rid of your old toys, books and things you no longer use and sell them at our Kids Toys and Garage Sale. Your fee includes one table to display your items. Someone must be present at the table throughout the event. A parent must be present for children under 12 years. **Registration deadline is January 30th.**

AGE: 6 - 18 years old
TIME: 10:00 - 12:00 pm
FEE: \$10.00 per resident
\$15.00 per non-resident
LOCATION: Recreation Center, LG

Four Winds Casino Trip NEW **Tuesday, April 9**

Hop aboard the PDLG Bus for a trip to Four Winds Casino in New Buffalo, Michigan. This trip includes transportation and lunch buffet, gaming is on your own. **Registration deadline is March 1st.** Bus departs from 536 East Avenue, LaGrange.

AGE: Adult
TIME: Bus leaves La Grange Recreation Center, LG
At 8:00 am and will return at 3:00 pm
FEE: \$39.00 Non-residents \$49.00

**Public House of Woodstock NEW** **Thursday, April 18**

Located in the Old Courthouse on the Historic Square in downtown Woodstock, IL. The old McHenry County Courthouse, in McHenry County, Illinois, was listed on the National Register of Historic Places on November 1, 1974. Once in the country seat of McHenry County, Woodstock, today the courthouse is occupied by the Public House of Woodstock. It is one of the key structures in the Woodstock Square Historic District. Enjoy traditional American Meals served in a renovated historic courthouse. **Registration Deadline is April 4th.** Bus departs from 536 East Avenue, LaGrange. Fee is for transportation only, lunch is on your own.

AGE: Adult
TIME: Bus departs LaGrange Recreation Center, LG
At 10:00 am and will return at 3:00 pm
FEE: \$15.00 Non-residents \$22.50

READY TEDDY PRESCHOOL**School Year September 10, 2018 – May 17, 2019**

Preschool Director: Ashley Jusk

Our preschool is designed for children ages 2 through 5 years old, including Pre-Kindergarten. Our curriculum is based on a non-repetitive four-year cycle.

The following is a brief outline of what the curriculum offers for each group.

Illinois Early Childhood Standards and Benchmarks are used for learning curriculum.

Additional information is available in our Parent Handbook, which can be found on our website www.communityparkdistrict.org

Ready Teddy Preschool

708-354-4157 • www.communityparkdistrict.org**Teddy Toddlers 2-Year-Old Program**

Tuition is paid per session

Each Session is 13 weeks

\$149.00 Non-resident \$159.00

Fridays

8:45 – 10:15 am

10:30 – 12:00 pm

Winter/Spring Session

January 18 – April 26

(skip March 29)

Here is the perfect opportunity to get your toddler acquainted with other children and take a small step into preschool. Socializing with others, music, and simple art projects will all be part of the fun. Children must be ready to stay in class without the assistance of a parent. Session is 13 weeks.

2 ½ Early 3-Year-Old Program

Tuition is paid monthly based on a full school year

\$114.00 Non-resident \$124.00

Mondays/Wednesdays

8:45 – 10:45 am

11:00 – 1:00 pm

Tuesdays/Thursdays

8:45 – 10:45 am

11:00 – 1:00 pm

Additional classes start January 8, 2019

Tuesdays/Thursdays

8:45 – 10:45 am

11:00 – 1:00 pm

Learning centered on play! In the early years, socializing with others is important in getting ready for school. Social skills and self-esteem will be enhanced. Alphabet time, counting time, painting, music, and colors are all part of the learning fun.

3-Year-Old Program

\$118.00 Non-resident \$128.00

Mondays/Wednesdays/Fridays

8:30 – 10:30 am

10:45 – 12:45 pm

1:30 – 3:30 pm

This three-day-a-week class has been designed for children who are 3 years of age. Focus is on readiness skills through small and large group activities. Social, emotional and physical needs of this age group will be developed. Art projects, music, letters, numbers, colors, and daily gym are all incorporated.

4, 5 and Pre-Kindergarten Program

Tuition is paid monthly based on a full school year

Mondays/Tuesdays/Wednesdays/Thursdays

3-hour mornings

\$202.00 Non-resident \$212.00

8:30 – 11:30 am

2 ½ hour afternoons

Tuition is paid monthly

\$186.00 Non-resident \$196.00

12:30 – 3:00 pm

Reading and math readiness skills are integrated into a program designed to stimulate learning and build self-confidence. Good work habits develop social and communication skills. Individual achievement is recognized, and creativity encouraged. Art, music, drama and tablet centers are all included. Gym is daily. "BookIt" and "Lets Find Out" are integrated into the Pre-Kindergarten curriculum. Five and five-year plus children will be preparing for kindergarten.

Registration for Preschool

Registration for Preschool is open throughout the year, as long as there are spaces available in the class. Call the park district office for availability. You may also make an appointment to see what is new and exciting at Ready Teddy Preschool. To schedule a tour or speak with the Preschool Director Ashley Jusk call 708-354-4157.

Fall 2019 Registration

Registration for School Year 2019-2020 requires a non-refundable registration fee of \$50.00.

Proof of residency is required for La Grange Park Residents. (ie: water, gas or electric bill)

All necessary paperwork can be picked up prior to registration at the Recreation Center.

Registration applications will be accepted as follows:

Current preschool class resident families will be on Monday, February 11 at 8:30 am.

All resident families will be on Tuesday, February 12 at 8:30 am.

Current preschool class non-resident families will be on Thursday, February 14 at 8:30 am.

Registration is open to all on Friday, February 15 at 8:30 am.

Spring Open House and Science Fair

Wednesday, March 20, 2019 from 6:30 – 8:00 pm.



Enrichment Classes

Our selection of enrichment classes will provide a focus for special interests. Additional fees vary. Class descriptions and times are detailed within this brochure. Children are supervised to and from classes. Select from the following to enrich and lengthen your preschooler's day: Cooking, Creative Arts, Spanish, Sports, Mickey Math and Rocket Readers.

Flex

Before and after school care is an optional program which can be combined with our Ready Teddy Preschool Classes and is available between 10:00 and 4:30 pm. Students of Ready Teddy can register for the flex program. Information is available by calling the Ready Teddy Preschool hotline at 708-354-4157.



THE FOOTLIGHT PLAYERS OF LA GRANGE PARK PRESENT...



A musical for ages 7 through 17 years! The 13th production from "The Footlight Players" travels down the rabbit hole to join Alice, one of literature's most beloved heroines, in her madcap adventures! The ever-curious Alice's journey begins innocently enough as she chases the White Rabbit. Her adventure becomes increasingly more strange as she races the Dodo Bird, gets tied up with Tweedle Dee and Tweedle Dum, raps with a bubble blowing Caterpillar and beats the Queen of Hearts at her own game! Featuring updated songs from Disney's thrilling animated motion picture, Disney's Alice in Wonderland Jr. is a fast-paced take on the classic tale.

Tech Week: April 9-11

Performance Dates: Friday, April 12 at 7:30 pm Saturday, April 13 at 2:00 pm and 7:30 pm Sunday, April 14 at 2:00 pm Performances will be located at Park Junior High School, LP

Auditions:

Saturday, January 26 from 11:00 am to 8:00 pm

Sunday, January 27 from 11:00 am to 8:00 pm

Monday, January 28 from 5:00 pm to 8:00 pm

NOTE: All auditions **MUST** be scheduled by Thursday, January 24. Auditions are scheduled on a first come first serve basis. We will have 10 auditions (individual) scheduled for each 1 hour time slot. Children are to come prepared with a song they will sing a cappella. We will also be doing cold readings from the script.

To schedule an audition and request a time slot, please email dromito@communityparkdistrict.org. Auditions will be held at the Community Park District Recreation Center (1501 Barnsdale Rd., LP). Call Backs for specific roles will be on Tuesday, January 29 from 5:15-8:15 pm.

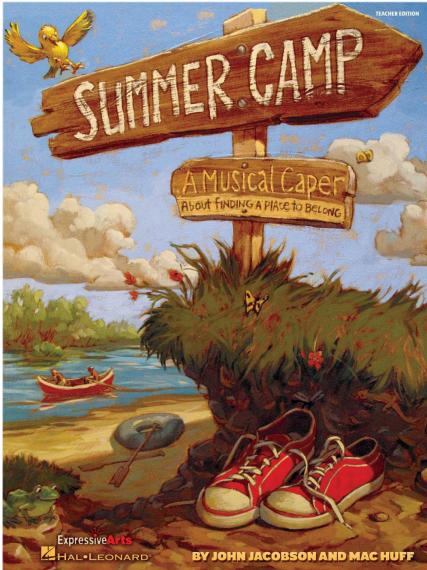
Rehearsals: Rehearsals will be held at the Community Park District Recreation Center and are typically on Fridays from 6:00-8:00pm, Saturdays from 12-4pm, and Sundays from 12:00-4:00pm. Not all characters are needed at all rehearsals. Conflicts should be stated on the rehearsal form filled out at time of audition. All undocumented conflicts will be counted as an absence. Cast members are allowed ONLY 2 unexcused absences. Tech week is MANDATORY. Rehearsal schedule will be handed out at the first full cast rehearsal on Sunday, February 3 from 12-2pm.

FEE: \$149.00 (due when cast) Directed by Dee Hamilton & Dave Romito

"Summer Camp" - Musical Theater

This musical has what kids may love and fear about the summer camp experience, from the morning routine to the corny camp skits – and of course, the ultimate talent show! Put away your technology and allow this nostalgic romp to take you on a journey of finding a place to belong, through the mighty highs and comic lows of summer camp. On the last day of class, our talented cast will perform a small show for their friends and family.

AGE: 8 - 16 years
DAY: Friday
TIME: 5:30 - 7:30 pm
FEE: \$85.00 Non-Resident \$95.00
INSTRUCTOR: D. Romito, D. Hamilton
DATES: January 18 - February 22



Youth Acting

This exciting class will begin to explore the world of live theatre! Introduction to acting, props, and costumes for play staging will all add to the fun. Learning theatre terms and working on themed scenes will encourage spontaneity and build self-esteem. Coaching is available for those scheduled to audition for the Footlight Players of La Grange Park's Spring production.

AGE: 7 - 13 years
DAY: Friday
TIME: 4:00 - 5:00 pm
FEE: \$50.00 Non-resident \$60.00
INSTRUCTOR: D. Hamilton
LOCATION: Recreation Center, LP
DATES: January 11 - February 15

Beginning Voice

In a non-competitive, nurturing environment, learn to sing great songs from musical theater, Disney, pop songs, etc. This voice class is perfect for kids who love to sing but may not be ready for private lessons. Young singers learn how to sing together, harmonize, and make beautiful music in a relaxing and healthy environment.

AGE: 6 - 12 years
DAY: Tuesday or Saturday
FEE: \$104.00 Non-resident \$114.00
INSTRUCTOR: American Music Institute
LOCATION: Recreation Center, LG
Tuesdays 4:30-5:30 pm
SESSION 1: January 8 - February 26
SESSION 2: March 5 - April 30
(skip March 26)
Saturdays 9:00 - 10:00 am
SESSION 3: January 12 - March 2
SESSION 4: March 9 - May 4
(skip March 30)

Little Active Actors

Dramatization and use of linguistic, bodily kinesthetic, musical, and spatial intelligences. It's also a ton of fun! Children will be introduced to acting through songs, dancing, costumes, theatre games, and much more! We will be acting out "A Soup Opera" and parents are invited for a performance during our last class.

AGE: 4 - 6 years
DAY: Thursday
TIME: 3:45 - 4:45 pm
FEE: \$41.00 Non-Resident \$51.00
INSTRUCTOR: D. Hamilton
LOCATION: Recreation Center, LP
DATES: April 4 - May 16
(skip April 11)

Guitar

No previous knowledge of guitar or music is necessary. Students will learn the fundamentals of guitar playing, including holding the guitar and pick, proper fret-hand finger position, sight reading, playing by ear and playing basic songs. Each student will receive a participation award and guitar-related prizes. The fee includes a textbook and CD. Students should bring their own guitar. It may be an acoustic, electric, or classical guitar.

AGE: 7 - 14 years
DAY: Thursday
TIME: 4:00 – 5:00 pm
FEE: \$99.00 Non-resident \$109.00
INSTRUCTOR: Guitar Stars
LOCATION: Recreation Center, LP

SESSION 1: January 17 – February 21
SESSION 2: February 28 – April 11
 (skip March 28)

Beginning Violin

Get started on learning violin fundamentals. Group violin classes provide a great introduction and foundation for future music instruction. Students will learn proper violin technique and music-reading skills in a group setting, where they will receive proper personal attention while allowing for small ensemble playing. Note: instruments not provided. For information on instrument purchase and/or rental options please contact La Grange Park District at 708-352-1762.

AGE: 6 - 12 years
DAY: Tuesday or Saturday
FEE: \$104.00 Non-resident \$114.00
INSTRUCTOR: American Music Institute
LOCATION: Recreation Center, LG
Tuesdays 5:30 – 6:30 pm
SESSION 1: January 8 – February 26
SESSION 2: March 5 – April 30
 (skip March 26)
Saturdays 10:00 – 11:00 am
SESSION 3: January 12 – March 2
SESSION 4: March 9 – May 4
 (skip March 30)

**Dance Express Spring Session**

Six weeks of dance fun! Learn some dance steps in a fun and exciting atmosphere. Anyone can join. Parents: During the last class, come and watch the short performance.

- Proper dance attire is required (leotard and tights, or dance top and pants for girls, shorts or sweat pants and tee shirts for boys).
- Proper footwear for each class required (ballet, jazz or tap shoes).
- No black soles.
- Creative Movement participants may wear ballet, jazz or gym shoes.

**Creative Movement (Ages 3-4)**

These classes offer younger children an exciting and fun introduction to the world of dance. Emphasis is on having fun through a variety of activities using music interpretation, movement, and imaginative thinking.

Ballet (Ages 5-7)

This is a unique and fun class where children will explore the wonderful world of dance through movement. The participants will learn how to follow direction, stretch, perform steps and combinations with emphasis on flexibility, rhythm, and dance positions.

Hip Hop (Ages 6-9)

Come and learn moves from some popular dances! This class will consist of warm ups and center floor hip hop. We'll learn a combination routine with steps from some of today's coolest stars! Gym shoes or jazz shoes are required.

DAY: Tuesdays
DATES: April 2 – May 7
INSTRUCTOR: Dance Techs, Inc.
FEE: 30 Minute Classes: Creative Movement: \$37.00
 Non-resident \$47.00
 40 Minute Classes: Ballet and Hip Hop
 \$46.00 Non-resident \$56.00

SESSION 1: 4:00 – 4:30 pm, Creative Movement 3 years
SESSION 2: 4:35 – 5:05 pm, Creative Movement 4 years
SESSION 3: 5:10 – 5:50 pm, Ballet 5-7 years
SESSION 4: 6:00 – 6:40 pm, Hip Hop, 6-9 years

Baby Tunes 

Music is one of the most fun and natural ways to bond a parent and child! Songs, poems, games, and playing of basic percussion instruments are all part of this 35-minute class. Activities will increase your child's curiosity about music, develop listening skills and sense of beat, and establish a foundation for singing and musical thought. Bouncing songs, rocking songs, wiggle and peek-a-boo games are featured. Class is designed for child and adult to participate together.

AGE: Birth to 12 months
FEE: \$57.00 Non-resident \$67.00
INSTRUCTOR: Miss Angie
LOCATION: Recreation Center, LP

Tuesdays, 9:00-9:35 am
SESSION 1: February 5 - March 12
SESSION 2: April 2 - May 7

Fridays, 9:00-9:35 am
SESSION 3: February 8 - March 15
SESSION 4: April 5 - May 17
 (skip April 19)

Miss Angie's Rocking Tots

Participate with your toddler in singing, chanting, moving, dancing, listening and playing percussion instruments. Activities will bridge the natural connection between music and movement; improve listening abilities and increase exposure and appreciation to different types of music. Class is designed for child and adult to participate together.

AGE: 13 months to 36 months
FEE: \$65.00 Non-resident \$75.00
INSTRUCTOR: Miss Angie
LOCATION: Recreation Center, LP

Tuesdays, 9:45-10:30
SESSION 1: February 5 - March 12
SESSION 2: April 2 - May 7

Fridays, February 8 - March 15
SESSION 3: 9:45 - 10:30 am
SESSION 4: 10:45 - 11:30 am

Fridays, April 5 - May 17
 (skip April 19)
SESSION 5: 9:45 - 10:30 am
SESSION 6: 10:45 - 11:30 am

Mighty Music Makers 

Celebrate your child's growing independence through fun music and movement activities. These classes will work on the child's attention and self-expression and include singing, chanting, moving, focused listening, musical games, exploring musical instruments, creative movement and storytelling. A variety of musical types will be included to widen your child's exposure and appreciation of different musical types. Class is designed for child to participate without parent.

AGE: 3-5 years
DAY: Tuesdays
TIME: 10:45-11:30 am
FEE: \$65.00 \$75.00 Non-resident
INSTRUCTOR: Miss Angie
LOCATION: Recreation Center, LP
SESSION 1: February 5 - March 12
SESSION 2: April 2 - May 7

 **Little Chefs**

Learn to handle basic kitchen tools and follow simple steps to create yummy healthy snacks and goodies! Safety and accuracy will be emphasized. Children must be able to participate without parent. Allergies must also be stated in writing and recorded on your family information page through our online registration program at CommunityPass.

AGE: 3 - 5 years
DAY: Wednesday
FEE: \$55.00 Non-resident \$65.00
INSTRUCTOR: M. Beyer
LOCATION: Recreation Center, LP

DATES: **January 9 – March 6**
 (skip February 20)
SESSION 1: 10:30 - 11:15 am
SESSION 2: 11:30 - 12:15 pm
SESSION 3: 12:45 - 1:30 pm

DATES: **March 13 – May 8**
 (skip March 27)
SESSION 4: 10:30 - 11:15 am
SESSION 5: 11:30 - 12:15 pm
SESSION 6: 12:45 - 1:30 pm





Rocket Readers



Empower emergent readers as they explore initial sound concepts. Phonics fun and language skills will be taught through games, rhymes, and dozens of hands-on activities. This class can be combined with Mickey Math on Fridays. Additional sessions feature new materials. Consecutive sessions recommended.

AGE: 4 - 6 years
FEE: \$45.00 Non-resident \$55.00
INSTRUCTOR: N. Brown
LOCATION: Recreation Center, LP

DAY: **Tuesday, 11:30 – 12:15 pm**
SESSION 1: January 8 – March 5
 (skip February 19)
SESSION 2: March 12 – May 7
 (skip March 26)

DAY: **Friday, 9:00 – 9:45 am**
SESSION 3: January 11 – March 8
 (skip February 22)
SESSION 4: March 15 – May 10
 (skip March 29 and April 19)

Creative Art for Preschoolers



Children love to paint and create! Boys and girls will mix their own colors, cut, shape, and mold as they experiment with all forms of art. Children should be able to participate without a parent.

AGES: 3 - 5 years
DAY: Monday
FEE: \$42.00 Non-resident \$52.00
INSTRUCTOR: M. Beyer
LOCATION: Recreation Center, LP

DATES: **January 7 – March 4**
 (skip January 21 and February 18)
SESSION 1: 10:30 – 11:15 am
SESSION 2: 11:30 – 12:15 pm
SESSION 3: 12:45 – 1:30 pm

DATES: **March 11 – May 6**
 (skip March 25 and April 22)
SESSION 4: 10:30 – 11:15 am
SESSION 5: 11:30 – 12:15 pm
SESSION 6: 12:45 – 1:30 pm



**Mickey Math**

Fun with numbers! Children can develop a positive attitude toward math and numbers at an early age. Games, experiments and hands-on learning activities designed just for this age group! This class can be combined with Rocket Readers on Fridays. Additional sessions feature new materials. Consecutive sessions recommended.

AGE: 4 - 6 years
FEE: \$45.00 Non-resident \$55.00
INSTRUCTOR: N. Brown
LOCATION: Recreation Center, LP

DAY: Thursday, 11:30 – 12:15 pm

SESSION 1: January 10 – March 7
 (skip February 21)
SESSION 2: March 14 – May 9
 (skip March 28)

DAY: Fridays, 10:00 – 10:45 am

SESSION 3: January 11 – March 8
 (skip February 22)
SESSION 4: March 15 – May 10
 (skip March 29 and April 19)

**Kiddie High Five Sports**

This class is just for the preschool age athlete. We will cover basic skills, which will be developed for future sports such as soccer, basketball, and volleyball. Sharing, throwing, catching, and dribbling will all be part of ball play for this beginning age group. Gym shoes are a must!

AGE: Boys and Girls, 3 – 5 years
DAY: Friday
FEE: \$47.00 Non-resident \$57.00
INSTRUCTOR: Staff
LOCATION: Recreation Center, LP

DATES: January 11 – March 8

SESSION 1: 10:30 – 11:15 am
SESSION 2: 12:45 – 1:30 pm

DATES: March 15 – May 10

SESSION 3: 10:30 – 11:15 am
SESSION 4: 12:45 – 1:30 pm

Tot Rock

Maracas and clackers and tambourines, too, it's musical fun just for you! Tot Rock is a unique music and learning program designed specifically for 1-year olds. Each session focuses on a new educational theme that incorporates hand held instruments, play props, sensory integration, coordination exercises, and socialization. Structured and unstructured time is included in each class. Sing, dance and play today!

AGE: One year old with parent/caregiver
INSTRUCTOR: Rock 'n Kids
LOCATION: Recreation Center, LG
DAY: Saturday
TIME: 9:30 – 10:10 am
SESSION 1: January 19 – March 9 (8 week session)
FEE: \$73.00 Non-resident \$83.00
SESSION 2: April 13 – May 18 (6 week session)
FEE: \$55.00 Non-resident \$65.00

**Kid Rock III**

Make it a musical day! Kid Rock is a music and movement program designed to stimulate development through interactive play. Fine and gross motor skills are improved through imagination exercises, and by using rhythm instruments and movement props such as tambourines, maracas, scarves and a parachute. Presented in a structured format, Kid Rock encourages cooperation and following directions. Each session focuses on a new educational theme. Sing, dance and play today!

LOCATION: Recreation Center, LG
DAY: Saturday
TIME: 10:15 – 10:55 am
AGE: 2 – 5-year olds with parent

SESSION 1: January 19 – March 9 (8 week session)
FEE: \$73.00 Non-resident \$83.00

SESSION 2: April 13 – May 18 (6 week session)
FEE: \$55.00 Non-resident \$65.00

Little Builders

This is a DUPLO and LEGO bricks class. In this session children will build a simple model of a different animal each week, practicing essential preschool skills including letter recognition, colors, counting, fine motor skills, position and ordering. Introduce your preschoolers to the fun of learning, building and playing with bricks.

AGE: 3 - 5 years
DAY: Monday
TIME: 10:00 – 10:45 am
FEE: \$75.00 Non-resident \$85.00
INSTRUCTOR: Bricks 4 Kidz
LOCATION: Recreation Center, LG

SESSION 1: January 28 – March 4
SESSION 2: April 8 – May

**Yoga for Youngsters NEW**

During this class we will explore yoga by learning basic poses. Stories and games will be included in every class to enhance the experience. Children will learn calming techniques, increase their strength and flexibility in addition to a variety of yoga poses. Join this exciting class!

AGE: 3 - 5 years
DAY: Wednesday or Thursday
TIME: Wednesday 9:00 – 9:30 am

Thursday 2:30 – 3:00 pm
FEE: \$62.00 Non-resident \$72.00

INSTRUCTOR: Bumble Bee Yoga/Mrs. Bee
LOCATION: Recreation Center, WS

SESSION 1: Wednesday January 9 – February 20

SESSION 2: Thursday January 10 – February 21

SESSION 3: Wednesday February 27 – April 17
(skip March 27)

SESSION 4: Thursday February 28 – April 18
(skip March 28)

SESSION 5: Wednesday April 24 – June 5
SESSION 6: Thursday April 25 – June 6

Tumbling

Introduce your child to tumbling and gymnastics skills. Kids move, stretch, jump and tumble! This program is non-competitive in nature, but children are encouraged to set goals and follow through to achieve them. Bring your active youngster to progress from the first somersault to the first cartwheel. *Parent assistance is optional.

DAY: Monday
FEE: \$58.00 Non-resident \$68.00 (2-3-year olds)
\$60.00 Non-resident \$70.00 (4-6-year olds)
INSTRUCTOR: Dance Techs
LOCATION: Recreation Center, WS

January 28 – March 4

(skip February 18)

SESSION 1: 2 - 3 years from 4:15 – 4:55 pm
SESSION 2: 4 - 6 years from 5:00 – 5:40 pm

April 8 – May 6

SESSION 3: 2 - 3 years from 4:15 – 4:45 pm
SESSION 4: 4 - 6 years from 5:00 – 5:40 pm

A Date with a Unicorn (Parent/Child) NEW

Does your daughter love UNICORNS? Our staff will give a mini make-over with a unicorn headband, hair sparkle and nail polish application. Each couple will decorate a wooden unicorn shape and unicorn embellishments and jewels. In addition, participants will design a beautiful beaded bracelet adorned with a unicorn charm. A date sure to be full of fantasy and fun!

AGE: 3 - 9 years
DAY: Friday
TIME: 6:00 – 7:15 pm
FEE: \$34.00 Non-resident \$44.00
Each additional sibling \$31.00
INSTRUCTOR: Glitz Girls
LOCATION: Recreation Center, WS
DATE: March 8

Teddy and Me Time NEW

In this class, participants will enjoy making the cutest bear you have ever seen! First, we will stuff your new friend, wish upon a star, and think of a unique name to place on his/her birth certificate. After your new bear comes to life, you will be designing a special T-shirt and soft cuddly blanket to carry your best friend home in. This is a simply adorable way for mom or dad to enjoy quality time with their child. Sign up today!

AGE: 2 - 8 years with parent
DAY: Thursday
TIME: 6:00 – 7:00 pm
FEE: \$34.00 Non-resident \$44.00
INSTRUCTOR: Ultimate Classes & Parties
LOCATION: Recreation Center, WS
DATE: April 11

My Funny Valentine

Nothing says I LOVE YOU like a gift with your own personal touch! Each child will be able to create a valentine gift for someone they love. A snack and drink will be included.

AGE:	4 - 7 years
DAY:	Wednesday
TIME:	3:30 - 4:45 pm
FEE:	\$16.00 Non-resident \$24.00
INSTRUCTOR:	Staff
LOCATION:	Recreation Center, LG
DATE:	February 13

American Girl Doll Valentine's Day

Come to this unique Valentines class and bring along your American Girl Doll or other similar sized doll. Enjoy decorating a special two-piece holiday outfit, adorable pink, red and white jewelry. Then take a trip to the beauty shop where we will add colorful clips and ribbons to your doll's hair just in time for valentines Day. Your favorite doll will look simply adorable!

AGE:	3 - 10 years (3-5-year olds must be accompanied by a parent)
DAY:	Tuesday
TIME:	6:30 - 7:30 pm
FEE:	\$34.00 Non-resident \$44.00
INSTRUCTOR:	Ultimate Classes & Parties
LOCATION:	Recreation Center, WS
DATE:	February 5

Lucky Leprechauns

Come out to the Park District of LaGrange to celebrate St. Patrick's Day and become a lucky leprechaun! During this afternoon event, we will make a creative St. Patrick's Day craft and play games! We may even find a pot of gold! Remember to wear green. A snack and drink are included.

AGE:	4 - 7 years
DAY:	Friday
TIME:	3:30 - 4:45 pm
FEE:	\$16.00 Non-resident \$24.00
INSTRUCTOR:	Staff
LOCATION:	Recreation Center, LG
DATE:	March 15

**Spring Break Escape**

No need to spend another Spring Break sitting at home watching TV. Let us entertain you! Our Spring Break Escape will be filled with a variety of games and activities. Escapers will be required to wear play clothes and bring a snack and a labeled water bottle to each class.

AGE:	3 - 6 years
DAY:	Monday, Wednesday and Friday
TIME:	9:00 - 11:30 am
FEE:	\$72.00 Non-resident \$82.00
INSTRUCTOR:	Staff
LOCATION:	Recreation Center, LG
DATE:	March 25, 27 & 29

Pom & Cheer

Girls, have you always wished you could learn cheers and pom routines just like the other girls, but there was not a class available for your age group? Now is your chance! Have a great time learning simple cheers, partner stunts and an awesome pom routine. No experience necessary. All you need to do is bring your strong voice and enthusiastic spirit. If you have taken our class in the past, rest assured, you will have a completely different program this time around. Each participant will need a set of poms by the second class. We will have inexpensive poms available for purchase.

AGE:	4 - 10 years
DAY:	Friday
TIME:	6:00 - 6:45 pm
FEE:	\$58.00 Non-resident \$68.00
INSTRUCTOR:	Ultimate Classes & Parties
LOCATION:	Grand Avenue, WS
DATE:	February 15 - March 15

**Bloomin' Bunnies**

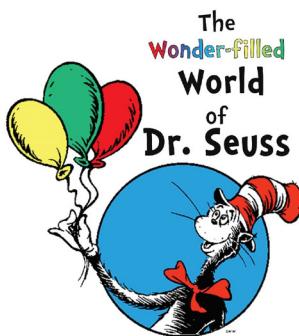
Spring time is full of bloomin' hop-enings! Do you know how to dance the bunny hop or sing "Here Comes Peter Cottontail"? After this class, you will also create a bloomin' spring time craft. A snack and drink are included.

AGE:	4 - 7 years
DAY:	Wednesday
TIME:	3:30 - 4:45 pm
FEE:	\$16.00 Non-resident \$24.00
INSTRUCTOR:	Staff
LOCATION:	Recreation Center, LG
DATE:	April 17

Mother's Day Sweets and Treats NEW

Kids treat your Moms to this special night and class! Each child will use their creative skills to create an entire tray of special cookies and cupcakes. The class will include: aprons (to protect clothing), a variety of frosting colors, a wide array of sprinkles and toppings to add to the fun. We will then add a candy border for a special masterpiece. Each child will go home with enough treats to feed the entire family. This is a perfect class for anyone who loves goodies. Sign up for this yummy class today!

AGE:	3 - 8 years with Mom
DAY:	Friday
TIME:	6:30 - 7:30 pm
FEE:	\$33.00 Non-resident \$43.00
INSTRUCTOR:	Ultimate Classes & Parties
LOCATION:	Recreation Center, WS
DATE:	May 10

**Dr. Seuss Birthday Bash NEW**

Let's celebrate Dr. Seuss with a birthday bash! From the Cat in the Hat to Horton Hears a Who we will share our favorite books and have a party to celebrate Dr. Seuss' Birthday! Each participant will create a special Dr. Seuss craft to take home. A snack and drink are included.

AGE:	4 - 7 years
DAY:	Friday
TIME:	3:30 - 4:45 pm
FEE:	\$16.00 Non-resident \$24.00
INSTRUCTOR:	Staff
LOCATION:	Recreation Center, WS
DATE:	March 1

Marvelous Moms

Kids, are you looking for a way to show mom how much you care? During this one-day event you will have the chance to create a one-of-a-kind gift that your mom is sure to love! Join us at the Park District of La Grange for your chance to make mom a gift she will want to keep forever. A snack and drink are included.

AGE:	4 - 7 years
DAY:	Wednesday
TIME:	3:30 - 4:45 pm
FEE:	\$16.00 Non-resident \$24.00
INSTRUCTOR:	Staff
LOCATION:	Recreation Center, LG
DATE:	May 8

Krafty Kids Art Camp

Looking for something to do during Spring Break? Let us help! This two day art camp will get your creative ideas flowing! We will be making a variety of crafts with paint, glitter and much more, so be sure to dress for a mess!

AGE:	3 - 6 years
DAY:	Tuesday & Thursday
TIME:	9:00 - 11:30 am
FEE:	\$37.00 Non-resident \$47.00
INSTRUCTOR:	Staff
LOCATION:	Recreation Center, LG
DATE:	March 26 & 28

**Chess**

Learn to play chess to improve your game. This program is designed to be maximally conducive to the student's chess growth, as well as providing a safe, stimulating and positive structured learning environment.

AGE:	6 - 13 years
DAY:	Saturday
TIME:	9:30 - 10:30 am
FEE:	\$75.00 Non-resident \$85.00
INSTRUCTOR:	Chess Scholars
LOCATION:	Recreation Center, LP
SESSION 1:	January 19 - February 23
SESSION 2:	March 2 - April 13 (skip March 30)

Elementary Drawing

Young Rembrandts teaches drawing, the basic of all visual arts, in a fun and nurturing setting that ensures success for every child. Each season we offer workshops that combine basic drawing techniques, portraiture and drawing skills by exploring different themes and subject matter. Students will improve core learning skills by delving into a favorite subject matter.

AGE:	6 - 12 years
DAY:	Monday
TIME:	4:00 - 4:45 pm
FEE:	\$45.00 Non-resident \$55.00
INSTRUTOR:	Young Rembrandts
LOCATION:	Recreation Center, LP
SESSION 1:	January 21 - February 11
SESSION 2:	April 1 - April 22

Cartoon Drawing

Learning to draw can be lots of fun! Especially if we're creating silly characters, funny expressions, and drawing sequences that tell jokes! This delightful program combines Young Rembrandts innovative step-by-step drawing method with light-hearted subject matter that engages children, their sense of humor, and vivid imaginations. All materials are supplied. Giggles guaranteed. All new lessons, each session!

AGE: 6 - 12 years
DAY: Monday
TIME: 4:00 - 4:45 pm
FEE: \$45.00 Non-resident \$55.00
INSTRUCTOR: Young Rembrandts
LOCATION: Recreation Center, LP
DATE: February 25 - March 18

**Spanish For Children**

Spanish is a fun and useful second language for children. Greetings, songs, games and stories are fun as you learn to speak Spanish as well as learning about a different culture. This class is an eight-week session.

AGE: 5 - 7 years
DAY: Tuesday
TIME: 5:00 - 6:00 pm
FEE: \$40.00 Non-resident \$50.00
INSTRUCTOR: G. Rocha
LOCATION: Recreation Center, LP
DATES: February 26 - April 23
 (skip March 26)

**Simply Sewing**

Hand sewing for beginners and those wanting to improve their skills. The object is to learn some basic skills such as placing patterns, cutting, marking, measuring and construction of a simple project. We may use needles, pins, scissors and a hot iron for pressing. Learn about different fabrics and patterns and how to follow directions to create your project. All materials and tools are provided.

AGE: 8 - 12 years
DAY: Tuesday
TIME: 4:00 - 5:30 pm
FEE: \$75.00 Non-resident \$85.00
INSTRUCTOR: D. Bobak
LOCATION: Recreation Center, WS

SESSION 1: February 5 - February 26
SESSION 2: March 5 - April 2
 (skip March 26)

Model Ship Building

Learn to assemble plastic ship models from kits and craft materials. You will have fun customizing your model and building a diorama to show it at sea. Each week, a different part of the model ship will be cut out, glued together and painted. Learn how to safely use simple tools, plastic cement and paint supplies (brush and spray).

AGE: 8 - 12 years
DAY: Wednesday
TIME: 4:00 - 5:00 pm
FEE: \$50.00 Non-resident \$60.00
INSTRUCTOR: R. Magin
LOCATION: Recreation Center, WS
DATES: February 27 - April 10
 (skip March 27)

Winter Blue Pajama Spa Night

Come join Glitz Girlz and shake your Winter "Blues"! Dress in your PJ's and be ready to pamper yourself. Our staff will lead a pedicure and manicure session with soaking, scrubbing, buffing, lotions and polish application on your nails and toes. Decorate a cute canvas bag to hold your fun take home goodies like nail polish and jewelry, then design a beaded dangle to add to anything to bling it up. Come relax with us!

AGE:	5 - 10 years
DAY:	Friday
TIME:	6:00 - 7:30 pm
FEE:	\$31.00 Non-resident \$41.00
INSTRUCTOR:	Glitz Girlz
LOCATION:	Recreation Center, WS
DATE:	February 1

**Magic Class**

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading and more. While tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and learn age appropriate tricks. Brand new tricks taught to each class.

AGE:	5 - 12 years
FEE:	\$21.00 Non-resident \$31.00
INSTRUCTOR:	G. Kantor
LOCATION:	Recreation Center, WS
SESSION 1:	Friday, February 8, 5:00 - 5:55 pm
SESSION 2:	Thursday March 21, 6:45 - 7:40 pm
SESSION 3:	Monday May 20, 6:45 - 7:40 pm

Superheroes Draw-Along NEW

Children will have a great time as we have a superhero draw-along! Join this class as we draw some of the greats: Batman! Wolverine! Spider-man! Wonder Woman! Black Panther! Iron Man! Captain America! And more.... here's how it works. First, the superhero of the day is presented to the class. Then step-by-step, the instructor redraws the picture, as the students draw along. All supplies are provided. You bring you and take home a masterpiece!

AGE:	8 - 11 years
DAY:	Sunday
TIME:	1:00 - 3:00 pm
FEE:	\$100.00 Non-resident \$110.00
INSTRUCTOR:	R. Lundeen
LOCATION:	Recreation Center, WS
SESSION 1:	February 3 - February 24
SESSION 2:	April 7 - April 28

Tween Clay Camp

Participants will have fun making unique treasures from clay. Class includes learning the process of hand-building by creating different forms and trying several decorating techniques. The small class size allows for individualized attention by a professional art instructor. All clay, tools, supplies and firings are included in this class. Kids supply the imagination!

AGE:	5th - 8th grade
DAY:	Friday
TIME:	3:45 - 5:15 pm
FEE:	Sessions 1 & 2 \$180.00 Non-resident \$190.00 Session 3 \$135.00 Non-resident \$145.00
LOCATION :	Village Potters 333 N. La Grange Road, Suite 2 La Grange Park
SESSION 1:	January 11 - March 1
SESSION 2:	March 8 - April 26
SESSION 3:	May 3 - June 14 (skip May 24)

Brick Critters

Ever wonder what your pets do while you are at school? In addition to imagining what pets do when left alone, build various critters, including motorized buzzing bees, fluttering butterflies, a slithering snake and more! Students will work in teams of two and each child will take home a custom mini-figure at the end of the session.

AGE:	6 - 12 years
DAY:	Tuesday
TIME:	5:00 - 6:00 pm
FEE:	\$101.00 Non-resident \$111.00
INSTRUCTOR:	Bricks 4 Kidz
LOCATION:	Recreation Center, LG
DATES:	January 29 - March 5

3D Video Game Design



Learn to create 3D games and challenge your friends. We will be creating games for the PC version of Kodu, Microsoft's award-winning game design platform. Students will learn the art of rapid game design and develop an understanding of underlying game mechanics. Students can choose from 20 different game characters including flying saucers, submarines, and a Pac-Man-like Kodu character then use interactive terrain editor, a bridge and path builder, and other tools to create their 3D game world. Kodu is available as a free download for Windows. Bring a USB drive on the last day or games can be emailed to parents.

AGE:	8 - 12 years
DAY:	Thursday
TIME:	4:30 - 6:00 pm
FEE:	\$85.00 Non-resident \$95.00
INSTRUCTOR:	Computer Explorers
LOCATION:	Recreation Center, LG
DATES:	January 10 - January 31

Jurassic Brick Land



You are about to enter Jurassic Brick Land! Students will build a world that comes to life with gentle Brontosaurus, ferocious Velociraptor, terrifying T. Rex, and more. We'll learn about amazing dinosaurs that lived during the Jurassic period, and other extinct, prehistoric animals that roamed the earth and swam the seas millions of years ago. Show us your building skills using our specialized project kits! Come, learn, build and play at Jurassic Brick Land. Students will work in pairs and at the end of each session each child will take home a customized mini-figure.

AGE:	6 - 12 years
DAY:	Tuesday
TIME:	5:00 - 6:00 pm
FEE:	\$101.00 Non-resident \$111.00
INSTRUCTOR:	Bricks 4 Kidz
LOCATION:	Recreation Center, LG
DATES:	April 9 - May 14

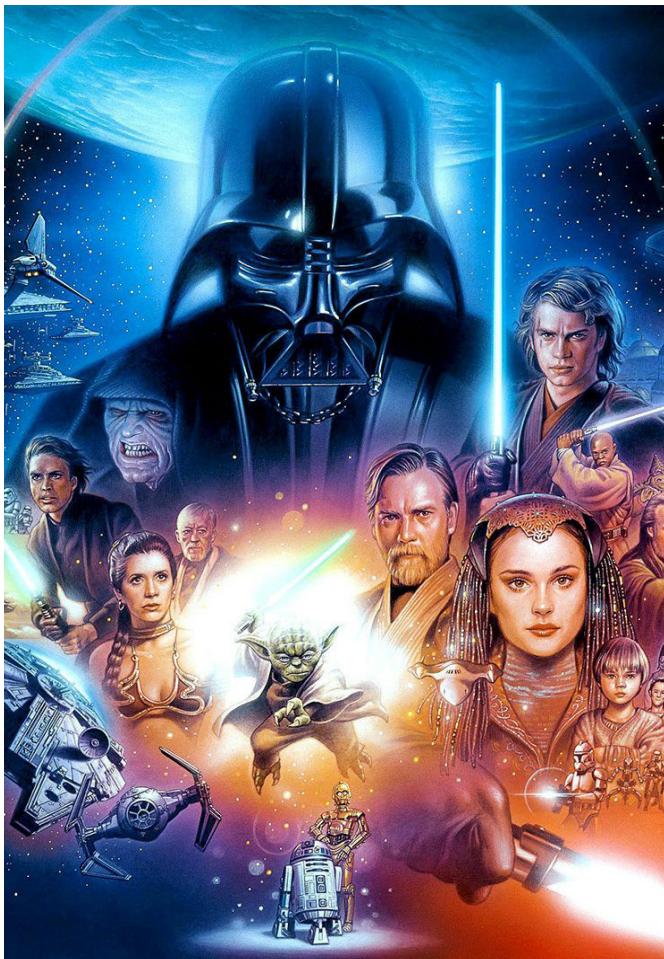


Lights, Camera, Action – Making Your Own Star Wars Movie



Do you want to be the next George Lucas? We will create our very own Star Wars movie using special digital movie making cameras and software. As directors and producers, we will work in teams to create our own story and script, build various Star Wars Lego scenes and film our own movie. We will use graphic editing techniques and stop motion animation, add background noise and music, and show our movie at a private screening on the last day of class. All students will get a copy of their movie after class is complete.

AGE:	8 - 12 years
DAY:	Thursday
TIME:	4:30 - 6:00 pm
FEE:	\$85.00 Non-resident \$95.00
INSTRUCTOR:	Computer Explorers
LOCATION:	Recreation Center, LG
DATES:	March 21 - April 18 (skip March 28)



Manners Matter

Looking to help your child gain the poise and confidence of social etiquette? Children will learn the basic skills needed to help them navigate in various social situations with ease and certainty. The focus is on teaching manners as a demonstration of kindness, consideration and respect towards others. This class offers the "other voice" to convey the common courtesies that parents try to teach at home. Topics include: introductions, conversations, telephone and technology manners, writing thank-you notes, and table manners. Dress code (optional): young ladies - dress/skirt and blouse, and young men - khakis and collared shirt.

AGE:	6 - 10 years
DAY:	Thursday
TIME:	4:30 - 5:30 pm
FEE:	\$50.00 Non-resident \$60.00
INSTRUCTOR:	L. Geneser
LOCATION:	Recreation Center, WS
SESSION 1:	January 10 - February 7
SESSION 2:	February 28 - April 4 (skip March 28)
SESSION 3:	April 25 - May 23

Harry Potter Science NEW

Come to Hogwarts school of witchcraft and wizardry! Go to Ollivander's where your wand will select you. Discover unique creatures. A bow truckle, anyone? Then, join the wizarding class and discover how to cast spells and create potions that work; some of them explode and change color and others you can actually drink.

AGE:	5 - 12 years
DAY:	Thursday
TIME:	3:30 - 4:30 pm
FEE:	\$98.00 Non-resident \$108.00
INSTRUCTOR:	The Whole Child
LOCATION:	Recreation Center, LG
DATES:	January 24 - February 28

**Culinary Science NEW**

Learn the science behind cooking and understanding chemical reactions! Practice knife skills, meal planning and of course, taste your creations! Each session will be unique recipes!

AGE:	5 - 12 years
DAY:	Monday
TIME:	3:30 - 4:45 pm
FEE:	\$117.00 Non-resident \$127.00
INSTRUCTOR:	The Whole Child
LOCATION:	Recreation Center, LG
DATES:	January 28 - March 11 (skip February 18)

Medical Science NEW

So, you want to be a doctor? This is the class for you. Learn about human anatomy, the systems of the body, and perform mock medical procedures. Build models and do chemistry experiments. Learn about first aid and preventative care too.

AGE:	6 - 13 years
DAY:	Tuesday
TIME:	3:30 - 4:30 pm
FEE:	\$98.00 Non-resident \$108.00
INSTRUCTOR:	The Whole Child
LOCATION:	Recreation Center, LG
DATES:	January 22 - February 26

Super Slime & Other Gooey Chemistry

It's time for SLIME! Become a mad scientist! Have a blast and maybe even an explosion or two. Brew up crazy concoctions and create a masterpiece! Be prepared to get messy and have a great time!

AGE:	5 - 12 years
DAY:	Wednesday
TIME:	3:30 - 4:30 pm
FEE:	\$98.00 Non-resident \$108.00
INSTRUCTOR:	The Whole Child
LOCATION:	Recreation Center, LG
DATES:	January 23 - February 27

Rock and Roll Robotics

Create robots that rock and robots that roll! Using LEGO WeDo Robotics System your robot will include a monkey who plays a drum to a rock & roll beat, a lion that roars, a bird that flaps its wings, a sleeping giant who will awaken on your command and a boat that will rock on rough seas. This course builds knowledge of simple machines, engineering, programming, and teamwork in an environment full of Rockin' Fun! Students will work in teams of two.

AGE:	8 - 12 years
DAY:	Thursday
TIME:	4:30 - 6:00 pm
FEE:	\$85.00 Non-resident \$95.00
INSTRUCTOR:	Computer Explorers
LOCATION:	Recreation Center, LG
DATES:	February 14 - March 7

Pinochle Club

Do you want to join fellow card players in a friendly game of Pinochle? Come to the Recreation Center and play a few hands of this very fun and social game. Nominal fees are collected on game day for weekly prizes. Room holds 36 people.

AGE: Adults
DAY: Thursday
TIME: 12:00 – 3:00 pm
LOCATION: Recreation Center, LP
DATES: January 3 – May 30



Senior Club

The Park District is hosting a Senior Club group, which is held once a month September through June. Please call our office at 708-354-4580 to place your name on the mailing list. Each month a mailer is sent out describing the activity or topic of that month. Past activities have included movies, Bingo, Bunco, and other entertainment, accompanied by lunch. Small fees are collected at each event to subsidize costs.

AGE: Seniors, 55 and older
DAY: Monday
DATES: January 21, February 18, March 25,
April 22 and June 3
TIME: 10:00 am to 12:00 pm
LOCATION: Recreation Center, LP

Dog Obedience



- Beginner Class

Dogs must be at least 4 months old

Handlers: Old enough to handle dog in a group setting.

Is your dog becoming a monster and driving you crazy? If you are tired of being kept up all night from constant barking, if your home furnishings and personal belongings are being chewed up, or just want basic commands mastered, sign up for this class. For beginners only, the first class will be a two-hour orientation from 7:00 – 9:00 pm, without your dog.

You must attend this informative meeting.*

- Intermediate Class

To qualify for the intermediate course, you must have completed the beginner course with our trainers Barb Clish/Mary Keeffe or elsewhere. Your dog will need to hold a solid sit stay, down stay and come on recall. Our trainers have the right to evaluate your dog, so they are placed in the proper training class.

DAY: Thursday
FEE: \$115.00 Non-resident \$125.00
INSTRUCTOR: Barb Clish
LOCATION: Recreation Center, LP

SESSION 1: January 10 – March 7
*Beginner Class 7:00 – 8:00 pm
SESSION 2: January 17 – March 7
Intermediate Class 8:00 – 9:00 pm
SESSION 3: March 14 – May 23 (skip March 28 & May 16)
*Beginner Class 7:00-8:00 pm
SESSION 4: March 21 – May 23 (skip March 28 & May 16)
Intermediate Class 8:00-9:00 pm



CPR

In compliance with the American Heart Association, the Heartsaver CPR certification is intended for people who need or desire certification in CPR but are not healthcare professionals. Taught by the members of the La Grange Park Fire Department, this class includes instruction, testing, and certification. Certification is good for two years. AEDs are demonstrated.

AGE: 16 years and older
 DAY: Wednesday
 TIME: 7:00 – 10:00 pm
 FEE: \$40.00 Non-resident \$50.00
 INSTRUCTOR: LaGrange Park Firefighters
 LOCATION: La Grange Park Village Hall
 447 N. Catherine, La Grange Park
 DATE: February 6

**Ballroom and Swing Dance**

Discover the wonderful world of ballroom dancing and swing dancing in this introductory/refresher course. Improve your skills, learn new steps and how to lead and follow. You will have fun dancing the Waltz, Foxtrot and Swing with just a few hours of enjoyable instruction. Couples will not rotate partners. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes. Price is per person, not per couple.

AGE: Adult
 DAY: Tuesday
 TIME: 7:30 – 8:50 pm
 FEE: \$46.00 Non-resident \$56.00
 INSTRUCTOR: Dance Techs, Inc.
 LOCATION: Recreation Center, LP
 DATE: February 5 – February 26

Wedding & Social Dance

This is the perfect class for anyone with any type of upcoming social engagement (wedding, birthdays and other parties). Come join us and you will learn the Waltz, Cha Cha and Swing. You will also learn some of the most popular dances that you see in shows and theaters today. Soon, you will be dancing to different types of music in this fun-filled dance class and WOWING them at parties. Couples will not rotate partners. Singles are not guaranteed a partner. Please wear comfortable clothing and shoes. Price is per person, not couple.

AGE: Adult
 DAY: Tuesday
 TIME: 7:30 – 8:50 pm
 FEE: \$46.00 Non-resident \$56.00
 INSTRUCTOR: Dance Techs, Inc.
 LOCATION: Recreation Center, LP
 DATE: April 2 - April 23



Basic Yoga

Yoga in the evening will produce a more restful night's sleep. Yoga brings tranquility, balance and strength to your life. We'll focus on meditation, breathing exercises, alignment, and basic yoga poses. Awaken your inner spirit with yoga philosophy and challenge your body to stretch. This class is suitable for all experience levels. Wear comfortable clothes. Bring a yoga mat, towel, and water bottle.

AGE:	Adult
DAY:	Wednesday
TIME:	6:30 - 7:30 pm
FEE:	\$39.00 Non-resident \$49.00
INSTRUCTOR:	T. Mikuls
LOCATION:	Recreation Center, LP
SESSION 1:	January 9 - February 20
SESSION 2:	February 27 - April 24 (skip March 20 and 27)

Yoga Fitness

Experience this slow flow yoga fitness class. The instructor leads you through a balanced approach to a toned and strong body. The class will begin with simple breathing exercises to release the thoughts and calm the mind. A warm-up of stretches will be followed by a slow stepping through yoga poses. We will work at the wall on balancing. Some Pilate's and fitness balls, blocks, and straps will be used to strengthen both small and large muscles. Dress for comfort; bring a sturdy mat, and a water bottle.

AGE:	Adult
DAY:	Thursday
TIME:	8:30 - 9:30 am
FEE:	\$39.00 Non-resident \$49.00
INSTRUCTOR:	T. Mikuls
LOCATION:	Recreation Center, LP
SESSION 1:	January 10 - February 21
SESSION 2:	February 28 - April 25 (skip March 28)

Zumba

Come Zumba with Michele and see what fun the dancers are having during the dance season. Zumba will inspire you to dance away the pounds while having fun! Class will incorporate Latin dances as well as some popular hip hop moves. Dance routines are easy to follow and can be modified for any level. Wear comfortable clothes, bring a water bottle and towel, and come join the party!

AGE:	Adult
DAY:	Monday
TIME:	6:15 - 7:15 pm
FEE:	\$42.00 Non-resident \$52.00
INSTRUCTOR:	M. Ritacco
LOCATION:	Recreation Center, LP
SESSION 1:	January 14 - March 4
SESSION 2:	March 11 - May 6 (skip March 25)

Gentle Tai Chi NEW

Lao Yang Tai Chi system provides the participant with the ability to reduce stress, improve balance and stimulate the systems in the body in each posture. Not your ordinary Tai Chi. This system brings both hemispheres of the brain into balance which contributes to the reduction of the left vs. right concept. Also increases the chi (energy) development and flow through the meridian and circulatory system when practiced. For ages 18 to 80. Master Teacher, Anpu Mfundishi has been teaching for 41 years.

AGE:	Adult
DAY:	Wednesday
TIME:	8:30 - 9:15 am
FEE:	\$48.00 Non-resident \$58.00
INSTRUCTOR:	S. Johnson
LOCATION:	Recreation Center, LP
SESSION 1:	January 9 - February 27
SESSION 2:	March 6 - May 1 (skip March 27)

Yoga

Experience the benefits of yoga: flexibility and strength, complimented with relaxation and calming. Bring a yoga mat and wear comfortable clothing.

AGE:	16 and older
FEE:	\$63.00 Non-resident \$73.00
INSTRUCTOR:	Monday, M. Mohrhuisen
	Tuesday, S. Chillton
LOCATION:	Saturday, T. Mikuls
	Recreation Center, LG
DAY/TIME:	Monday, 10:30 - 11:30 am
SESSION 1:	January 7 - February 25
SESSION 2:	March 4 - April 29 (skip March 25)

DAY/TIME:	Tuesday, 6:00 - 7:00 pm
SESSION 3:	January 8 - February 26
SESSION 4:	March 5 - April 30 (skip March 26)

DAY/TIME:	Saturday, 8:30 - 9:30 am
SESSION 5:	January 12 - March 2
SESSION 6:	March 9 - May 4 (skip March 30)

Gentle Yoga

This class is ideal for people of all sizes, ages, and fitness levels. Gain added flexibility, strength and calmness. And do it with the enjoyment that comes with doing things SLOWLY. Dress comfortably and bring an exercise mat.

AGE: 16 and older
 FEE: \$63.00 Non-resident \$73.00
 INSTRUCTOR: Tuesday AM & Friday, M. Mohrhusen
 LOCATION: Tuesday PM, S. Chilton
 Recreation Center, LG

DAY/TIME: Tuesday, 9:45-10:45 am

SESSION 1: January 8 – February 26
 SESSION 2: March 5 – April 30
 (skip March 26)

DAY/TIME: Tuesday, 7:15-8:15 pm

SESSION 3: January 8 – February 26
 SESSION 4: March 5 – April 30
 (skip March 26)

DAY/TIME: Friday, 9:45-10:45 am

SESSION 5: January 11 – March 1
 SESSION 6: March 8 – May 3
 (skip March 29)

Toned & Strong

Let us help you become toned and strong as we focus on firming all the muscles. Participants will learn the correct way to warm-up, stretch, and condition the major muscle groups. Xer-tubes and small weights will be provided. Bring a mat, water bottle, and resistance ball. Aerobic shoes are recommended.

AGE: 16 and older
 DAY: Monday
 TIME: 6:30 – 7:30 pm
 FEE: \$60.00 Non-resident \$70.00
 INSTRUCTOR: R. Rexing
 LOCATION: Recreation Center, LG
 SESSION 1: January 7 – February 25
 SESSION 2: March 4 – April 29
 (skip March 25)

**Barre Above**

Barre Above is a totally unique approach to barre workouts as you've seen them. Fusing the best of Pilates, yoga, aerobics, and elements of the strengthening exercises that dancers do, Barre Above delivers a results-driven workout that is not only fun and dynamic, but it will sculpt your body and get you into amazing shape. Designed for a wide range of fitness levels, ages and bodies, complete with progressions so those new to fitness feel successful their first time and seasoned Barre enthusiasts will always feel challenged.

AGE: 16 and older
 FEE: \$58.00 Non-resident \$68.00
 INSTRUCTOR: Monday, K. Duncan
 LOCATION: Wednesday, L. Mungai
 Recreation Center, LG

DAY/TIME: Monday, 9:15 – 10:15 am

SESSION 1: January 7 – February 25
 SESSION 2: March 4 – April 29
 (skip March 25)

DAY/TIME: Wednesday, 6:00 – 7:00 pm

SESSION 3: January 9 – February 27
 SESSION 4: March 6 – May 1
 (skip March 27)

Pilates

Come to a Pilates multilevel class to build core, strength, increase flexibility, improve balance and posture. Bring two thick Pilates/Yoga mats to class.

AGE: 16 and older
 DAY: Monday
 TIME: 6:00 – 7:00 pm
 INSTRUCTOR: S. Kafkes
 LOCATION: Grand Avenue Community Center Lower Level, WS
 SESSION 1: January 14 – February 18
 FEE: \$60.00 Non-resident \$70.00
 SESSION 2: February 25 – April 15
 FEE: (skip March 25)
 \$70.00 Non-resident \$80.00
 SESSION 3: April 22 – May 13
 FEE: \$40.00 Non-resident \$50.00

Women's 14" Slow-pitch

Summer Softball League

Women ages 16 and older.

Organizational meeting: Tuesday, April 23, 2019, Recreation Center, 1501 Barnsdale Road, La Grange Park 6:30 pm. League begins May 13.

Games will be played on Monday nights.

Cash prizes season and tournament winners, 1st and 2nd place.

FEE: \$460.00 (guarantees minimum of 10 games)

Co-Rec Volleyball



Come out and enjoy some friendly volleyball competition where exercise and fun will be the emphasis of the program. Experience is not required.

New teams will be formed each week.

AGE: 16 and older

DAY: Wednesday

TIME: 7:00 – 9:00 pm

FEE: \$32.00 per person

SUPERVISOR: LP Staff

LOCATION: Park Junior High School

DATES: January 16 – April 10
(skip March 27)

Men's Wiffleball League

Looking to play some ball during the off-season? Join us for some exciting wiffle ball. Sign up as a team today. An organizational meeting will be held on Tuesday, January 8, 2019 at 6:30 pm, Recreation Center, 1501 Barnsdale Road, LP. Rules and regulations will be discussed.

AGE: 16 and older

DAY: Wednesday

TIME: Game times start at 6:45 pm

FEE: \$120.00 resident team

\$145.00 non-resident team

SUPERVISOR: L. Grisafe

LOCATION: Park Junior High School

DATES: Starts January 16





Karate

Learn a new skill and have fun doing it. Children age six and up will develop self-confidence and learn the fundamentals of Karate. This course teaches the basics of self-confidence as well as simple exercises and drills to increase attention span, concentration and motor skills. Class content includes various blocks, kicks, punches, focus pad work and eventually light contact sparring. Individual students will build upon levels of accomplishments and classifications of belt. No special equipment necessary. (Uniforms required, see instructor on first day of class.)

AGE: 6 - 14 years
 DAY: Monday and Wednesday
 TIME: 5:00 – 6:00 pm
 FEE: \$109.00 Non-resident \$119.00
 INSTRUCTOR: M. Rivera
 LOCATION: Recreation Center, LP

SESSION 1: January 7 – February 27

SESSION 2: March 4 – May 6
 (skip March 20, 25 and 27)

Table Tennis

Join us on Monday evenings for two hours of open table tennis. The Edgeball Table Tennis Agency will provide all supplies needed for this activity. This is a twelve-week program that you must pre-register for, no drop-ins permitted.

AGE: 14 years and older
 DAY: Monday
 TIME: 7:30 – 9:30 pm
 FEE: \$42.00 Non-resident \$52.00
 SUPERVISOR: T. McCormack
 LOCATION: Recreation Center, LP
 DATES: January 14 – April 8
 (skip March 25)

Baseball

This program prepares and challenges all players through fun competitive baseball drills to develop skills that will maximize player potential. Players will experience batting, fielding, pitching, base running, and throwing, through proven baseball techniques.

AGE: 5 - 12 years
 DAY: Saturday
 FEE: \$64.00 Non-resident \$74.00
 INSTRUCTOR: Kids First
 LOCATION: Park Junior High School
January 12 – February 2
 SESSION 1: 5-6 years, 9:00 – 10:00 am
 SESSION 2: 7-11 years, 10:00 – 11:00 am
February 9 – March 2
 SESSION 3: 5-6 years, 9:00 – 10:00 am
 SESSION 4: 7-11 years, 10:00 – 11:00 am

Basketball

This program teaches proper techniques on shooting, dribbling, passing, speed, body balance, plus basketball safety awareness and sportsmanship. A series of drills will help develop ball control, first step directional movements, floor spacing, sharing and listening skills. Fundamentals, games and contests will be part of your time on the court.

AGE: 6 - 14 years
 DAY: Saturday
 INSTRUCTOR: Kids First
 LOCATION: Park Junior High School
 FEE: \$64.00 Non-resident \$74.00
January 12 – February 2
 SESSION 1: 6 – 8 years, 1:00 - 2:00 pm
 SESSION 2: 9 – 14 Years, 2:00 – 3:00 pm

February 9 – March 3

SESSION 3: 6 – 8 years, 1:00 - 2:00 pm
 SESSION 4: 9 – 14 years, 2:00 – 3:00 pm
 LOCATION: Memorial Park
 FEE: \$90.00 Non-resident \$100.00
April 6 – May 11
 SESSION 5: 6 – 14 years, 11:00 – 12:15 PM

Badminton



Learn basic training techniques such as handgrips, racket positioning, serving, spiking, body balance and sportsmanship. Instructors will plan strategic, preparation drills and games that will increase skills through fundamentals.

AGE: 7 - 14 years
DAY: Saturday
TIME: 12:00 - 1:00 pm
FEE: \$64.00 Non-resident \$74.00
INSTRUCTOR: Kids First
LOCATION: Park Junior High School

SESSION 1: January 12 - February 2
SESSION 2: February 9 - March 2



Cheerleading



If your child dreams of being on the cheerleading squad then this program is perfect. Experienced coaches will focus on the sport of teaching cheerleading skills that are fun, safe and fundamental. The program will also include drills to enhance cheerleading techniques, body balance movements, timing, rhythm, pompon bebop dance, jumps, stunts, cheers, rah-rah awareness and sportsmanship. The last day of class features a competitive cheer challenge contest.

DAY: Saturday
INSTRUCTOR: Kids First

LOCATION: Park Junior High School
AGE: 6 - 11 years
FEE: \$64.00 Non-resident \$74.00
TIME: 11:00 - 12:00 pm
SESSION 1: January 12 - February 2
SESSION 2: February 9 - March 2

LOCATION: Hanesworth Park
AGE: 6 - 14 Years
FEE: \$90.00 Non-resident \$100.00
TIME: 11:15 - 12:30 pm
SESSION 3: April 6 - May 11

Nerf Football



Tackle the fun with this instructional, non-contact class. Using mini-sized footballs along with the introduction of flags, players will learn the skills to get them started in football. Along with the core skills of passing and catching, players will learn the rules, positions on the field, as well as strategies for both offense and defense. Games will be played at the end of each class.

AGE: 4 - 6 years
DAY: Saturday
TIME: 10:00 - 10:50 am
FEE: \$47.00 Non-resident \$57.00
INSTRUCTOR: Sports R Us
LOCATION: Park Junior High School

SESSION 1: January 12 - February 2
SESSION 2: February 9 - March 2

Flag Football



A good old American classic! Enjoy the sport of football in a non-contact environment where junior sized footballs and flags are used as an aid for developing an understanding for teamwork and individual attitude. Players will learn the rules of the game as well as practice passing, catching, and kicking along with building strategies for both offense and defense. Games will be played at the end of each class.

AGE: 7 - 9 years
DAY: Saturdays
TIME: 12:00 - 1:00 pm
FEE: \$47.00 Non-resident \$57.00
INSTRUCTOR: Sports R Us
LOCATION: Park Junior High School

SESSION 1: January 12 - February 2
SESSION 2: February 9 - March 2





Pickle-Ball for Seniors

Join the pickle-ball craze. Pickle-ball, a game that combines elements of tennis, badminton and ping pong, is sweeping the country. Pickle-ball players use wooden paddles and whiffle balls to play on a badminton-sized court with a slightly modified tennis net. This low-impact sport is easier on the knees and shoulders than tennis as it does not involve as much running and arm strength. Pickle-ball is a recreational game that is designed to encourage an active lifestyle. All equipment provided. We are offering two levels of beginner classes: Beginner and Advanced Beginner. The Beginner Level is for those who have never played pickle-ball before or who have very limited experience with the sport. It will focus on pickle-ball basics such as forehand and backhand shots, serving, and court positioning. Players will also learn scoring and the rules of the game through drills and playing time. The slower pace of this class will give players the opportunity to develop the skills needed to play this fun and energetic game. The Advanced Beginner Level is for those who have some experience and want to move at a faster pace to improve their basic shots and strategy. Players will participate in challenging drills to work on consistency in forehand and backhand shots, serving, volleying, dinks and lobs. Through matches each week, players will get the chance to take their game to the next level by learning how to play smarter, not harder.

AGE: 55 and older

DAY: Monday

FEE: \$69.00 Non-resident \$79.00

INSTRUCTOR: Sports Kids Inc.

LOCATION: Recreation Center, LG

DATES: **January 7 – March 11**

(skip January 21 & February 18)

SESSION 1: Beginner, 9:45 – 10:45 am

SESSION 2: Advanced Beginner, 10:45 – 11:45 am

DATES: **April 1 – May 20**

SESSION 3: Beginner, 9:45 – 10:45 am

SESSION 4: Advanced Beginner, 10:45 – 11:45 am



Pickle-Ball Youth

This fun paddle sport combines the many elements of tennis, badminton and ping-pong. The rules for Pickle-Ball are simple and the game is easy for anyone to learn, but can develop into a quick, fast-paced, competitive game for kids to enjoy. Each session will include both instruction and game play.

AGE: Grades 2nd – 8th

DAY: Saturday

FEE: \$30.00 Non-resident \$40.00

INSTRUCTOR: L. Grisafe

LOCATION: Park Junior High School

DATES: **January 12 – February 2**

SESSION 1: Grades 2nd – 5th, 3:00 – 4:00 pm

SESSION 2: Grades 6th – 8th, 4:00 – 5:00 pm

DATES: **February 9 – March 2**

SESSION 3 : Grades 2nd – 5th, 3:00 – 4:00 pm

SESSION 4: Grades 6th - 8th, 4:00 – 5:00 pm



Archery for Seniors

Have you been looking for an activity that is relaxing, rewarding and fun? Then, come join the archery craze! Archery can be practiced by virtually anyone regardless of age, gender, skill, ability or experience. In this class for mature adults, instructors will teach the correct way to shoot a bow and arrow as well as emphasize safety and techniques of archery through practice shooting and exciting games. Archery helps challenge the mind, build upper body strength, enhance hand-eye coordination, get exercise through walking, and improve self-confidence. Don't miss an opportunity to learn more about this unique sport! All equipment will be provided; however, you may use your own equipment with instructor approval.

AGE: 55 years and older
DAY: Thursday
TIME: 3:00 - 4:00 pm
FEE: \$59.00 Non-resident \$69.00
INSTRUCTOR: Sports Kids Inc.
LOCATION: Gordon Park, LG
DATE: April 18 - May 23

Track and Field

Coaches will focus on teaching sprints, hurdles, jumps, distance running and throws in a safe and fundamental way. The program consists of body balance techniques, speed, quickness and agility drills, which will help produce a quicker, safer, more powerful performer. A wide variety of timed events will take place each day, with an event championship series on the final day.

AGE: 5 - 14 years
DAY: Saturday
FEE: \$64.00 Non-resident \$74.00
INSTRUCTOR: Kids First

LOCATION: Park Junior High School
TIME: 3:00 - 4:00 pm
SESSION 1: January 12 - February 2
SESSION 2: February 9 - March 2

LOCATION: Hanesworth Park
FEES: \$80.00 Non-resident \$90.00
TIME: 10:15 - 11:15 am
SESSION 3: April 6 - May 11

Soccer/T-Ball Combo

This class is a perfect class for toddlers who are full of energy and parents who are looking for an introduction to t-ball and soccer. Socialization, teamwork, following directions, key motor skills, and having fun will be the focus in this non-competitive environment. For the first two weeks of class we will focus on t-ball and the second two weeks we will work on soccer skills. A fun game will be played at the end of each class. Parent participation welcomed.

AGE: 3 - 4 years
DAY: Saturday
TIME: 9:00 - 9:50 am
FEE: \$47.00 Non-resident \$57.00
INSTRUCTOR: Sports R Us
LOCATION: Park Junior High School
SESSION 1: January 12 - February 2
SESSION 2: February 9 - March 2





Volleyball

Bump! Set! Spike! These and other skills are learned in this class for both boys and girls. This class starts off with the basic skills and will advance week-to-week accordingly. Teamwork, participation, and good sportsmanship are our top priorities. Games will be played at the end of each class.

AGE: 10 - 13 years
DAY: Saturday
TIME: 11:00 – 12:00 pm
FEE: \$47.00 Non-resident \$57.00
INSTRUCTOR: Sports R Us
LOCATION: Park Junior High School

SESSION 1: January 12 – February 2
SESSION 2: February 9 – March 2



Little Lyons Soccer Program

Little Lyons is a fun recreational soccer experience for boys and girls ages 3-8 years old. Little Lyons is aimed at continuing to develop each child's cognitive and motor abilities through dynamic, fun, and engaging soccer activities. Kids will learn the proper technical skills from our innovative coaches who enjoy working with young players and making everyone feel comfortable during the sessions. All Little Lyons participants also receive a free t-shirt with each program. Each player must bring a soccer ball.

AGE: Ages 3 - 8 years
FEE: \$45.00 Non-resident \$55.00
INSTRUCTOR: Lyons Township Soccer Club

DAY/DATE: Saturday, January 12 – February 2
LOCATION: Park Junior High School
SESSION 1: 3-5 years, 1:00 – 2:00 pm
SESSION 2: 6-8 years, 2:00 – 3:00 pm

DAY/DATE: Saturdays, February 9 – March 2
LOCATION: Park Junior High School
SESSION 3: 3-5 years, 1:00 - 2:00 pm
SESSION 4: 6-8 years, 2:00 – 3:00 pm

DAY/DATE: Wednesday, April 3 – April 24
LOCATION: Hanesworth Park
SESSION 5: 3-5 years, 4:00 – 5:00 pm
SESSION 6: 6-8 years, 5:00 – 6:00 pm

Kids First Flag Football

Combining preparation with games. The entire league will focus on safety and skills preparation for the first two weeks. Games will be played for 55 minutes starting week 3 and players will be assigned to a team they will stay on for weeks 5 and 6. A championship game will be played the last week.

AGE: 6 - 12 years
DAY: Saturday
TIME: 9:00 - 10:15 am
FEE: \$90.00 Non-resident \$100.00
INSTRUCTOR: Kids First
LOCATION: Hanesworth Park
DATES: April 6 - May 11



Kids First Sand Volleyball

This fun and instructional program prepares players to succeed in volleyball. The program offers competitive drills for skills training, serving, bumping, setting, spiking, techniques on speed & quickness, body balance, first directional movement, volleyball safety awareness and sportsmanship.

AGE: 7 - 13 years
DAY: Saturday
TIME: 9:45 - 11:00 am
FEE: \$90.00 Non-resident \$100.00
INSTRUCTOR: Kids First
LOCATION: Memorial Park
DATES: April 6 - May 11

Tennis/Youth

Learn the game of tennis and/or improve your skills. Our staff will combine instruction, drills, and game situations that will help players increase their appreciation for the game. Fundamentals, strokes, rules and scoring will all be taught. Participants must supply their own rackets. Weather may be a factor for this program and every attempt will be made to make up classes cancelled, including extending classes beyond May 4th or increasing class time.

AGE: Grades 1st - 8th
DAY: Saturday
FEE: \$35.00 Non-resident \$45.00
INSTRUCTOR: L. Grisafe
LOCATION: Stone-Monroe Park Tennis Courts
DATE: April 6 - May 4
SESSION 1: 9:30 - 10:30 am, Grades 1st - 3rd
SESSION 2: 10:30 - 11:30 am, Grades 4th - 8th



Tennis/Adult

This class is designed for adults that have some experience but are looking for some extra coaching tips to help them step up their game. Please bring a tennis racket to class.

AGE:	Adult
DAY:	Tuesday
TIME:	6:30 - 7:30 pm
FEE:	\$35.00 Non-resident \$45.00
INSTRUCTOR:	L. Grisafe
LOCATION:	Stone-Monroe Tennis Courts
DATE:	April 9 – May 7

Bullseye Archery

Learn the basics of a recurve bow or test your skills in our intermediate class in this fun and extremely safe environment. A nationally recognized 9-step program is taught. Blunt tipped arrows, bows and targets are provided. Technique will be stressed. Games will be played during every class.

AGE:	7 years and older
FEE:	\$59.00 Non-resident \$69.00
INSTRUCTOR:	Sports Kids, Inc.
LOCATION:	Denning Park, LG
DATES:	Monday, April 15 – May 20

SESSION 1: 7-10 years
4:45 – 5:30 pm

SESSION 2: 11 and older
5:30 – 6:15 pm

Skyhawks Beginning Golf

Skyhawks Golf focuses on building the confidence of young athletes through training in proper technique and foundational skills. Golf is a challenging and lifelong sport, so young athletes need proper focus on the essentials of good swing, putting, and body positioning. To assist in the training, Skyhawks has adopted the SNAG (Starting New at Golf) technology to its curriculum.

AGE:	6 - 12 years
DAY:	Wednesday
TIME:	5:30 – 6:30 pm
FEE:	\$69.00 Non-resident \$79.00
INSTRUCTOR:	Skyhawks
LOCATION:	Recreation Center, LG
DATE:	April 3 – May 1





BULLS / SOX ACADEMY



White Sox Hitting Club



The White Sox Hitting Club will present your hitter with a step-by-step approach to hitting like a Major League Player. The White Sox Hitting Club will cover plate coverage and stance, stepping into a hitting position, hand path and lower body mechanics. There are hitting absolutes that must be presented in each at bat to be successful. These absolutes make all the difference. We know them, and we will teach them to you.

AGE: 8 - 12 years

TIME: 5:00 – 6:00 pm (Sessions 1, 3, 5 & 7)
6:00 – 7:00 pm (Sessions 2, 4, 6 & 8)

FEE: \$100.00 Non-residents \$110.00

INSTRUCTOR: White Sox Academy

LOCATION: Recreation Center, LG

SESSION 1: Mondays, January 7 – January 28 (ages 8-10)

SESSION 2: Thursdays, January 10 – January 31 (ages 11-12)

SESSION 3: Tuesdays, February 5 – February 26 (ages 8-10)

SESSION 4: Thursdays, February 7 – February 28 (ages 11-12)

SESSION 5: Tuesdays March 5 – March 26 (ages 8-10)

SESSION 6: Thursdays, March 7 – March 28 (ages 11-12)

SESSION 7: Tuesdays, April 2 – April 23 (ages 8-10)

SESSION 8: Thursdays, April 4 – April 25 (ages 11-12)

White Sox Pitching Club



The White Sox Pitching Club will give you a first-hand look at the pitching mechanics that all great pitchers use. Pitching with accuracy, velocity and minimal arm strain is no accident. There is a process that should be followed from the Big Leagues to Little League and is exactly what White Sox players use. The White Sox Pitching Club will teach you that process. Even if pitching isn't in your plans, throwing correctly is critical to becoming a good baseball player. Get on the mound and get on the right track with the White Sox Pitching Club.

AGE: 8 - 12 years

TIME: 6:00 – 7:00 pm

FEE: \$100.00 Non-residents \$110.00

INSTRUCTOR: White Sox Academy

LOCATION: Recreation Center, LG

SESSION 1: Mondays, January 7 – January 28 (ages 8-10)

SESSION 2: Mondays, February 4 – February 25 (ages 11-12)

SESSION 3: Tuesdays, March 5 – March 26 (ages 8-10)

SESSION 4: Tuesdays, April 2 – April 23 (ages 11-12)



Baseball/Basketball Camp



Work on our game during your school day off! Whether you are a rookie or all-star, this camp will help you improve your game. These camps allow the two-sport athlete the ability to improve their offensive and defensive games in both basketball and baseball before heading back to school. Six hours of quality instruction in two sports is truly a one-of-a-kind camp experience. Please bring a sack lunch. Players will be grouped by age and ability level.

AGE: 5 - 14 years

DAY: Monday

INSTRUCTOR: Bulls/Sox Academy

LOCATION: Recreation Center, LG

Martin Luther King Day, January 21

FULL DAY CAMP

SESSION 1: 9:00 - 4:00 pm

FEE: \$100.00 Non-resident \$110.00

HALF DAY CAMP BASKETBALL ONLY

SESSION 2: 9:00 - 12:00 pm

FEE: \$55.00 Non-resident \$65.00

HALF DAY CAMP BASEBALL ONLY

SESSION 3: 1:00 - 4:00 pm

FEE: \$55.00 Non-resident \$65.00

Presidents Day, February 18

FULL DAY CAMP

SESSION 1: 9:00 - 4:00 pm

FEE: \$100.00 Non-resident \$110.00

HALF DAY CAMP BASKETBALL ONLY

SESSION 2: 9:00 - 12:00 pm

FEE: \$55.00 Non-resident \$65.00

HALF DAY CAMP BASEBALL ONLY

SESSION 3: 1:00 - 4:00 pm

FEE: \$55.00 Non-resident \$65.00

Spring Break 3 Day Camp, March 25th - March 27th

FULL DAY CAMP

SESSION 1: 9:00 - 4:00 pm

FEE: \$315.00 Non-resident \$325.00

HALF DAY CAMP BASKETBALL ONLY

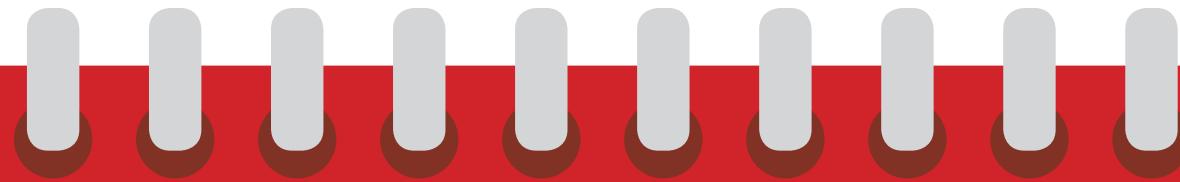
SESSION 2: 9:00 - 12:00 pm

FEE: \$175.00 Non-resident \$185.00

HALF DAY CAMP BASEBALL ONLY

SESSION 3: 1:00 - 4:00 pm

FEE: \$175.00 Non-resident \$185.00



Calendar of Events

Holiday in the Park
Saturday December 8

Madagascar
January 11-13

Alice in Wonderland Jr. Auditions
January 26-28

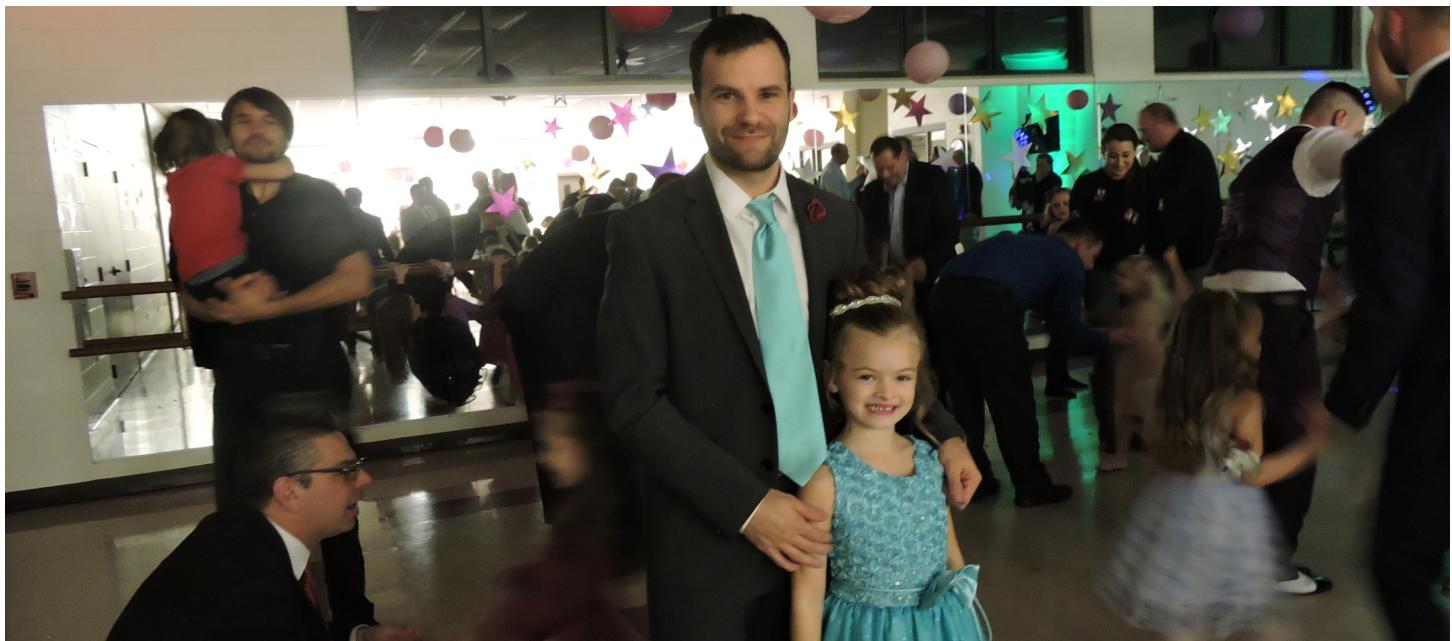
Ready Teddy Fall 2019 Registration
Monday, February 11

Daddy Daughter Date Night
Friday February 22

Ready Teddy Open House and Science Fair
Wednesday March 20

Easter Egg Hunt
Saturday April 13

Summer Brochure Mailed Out Week of March 25



VETERANS MEMORIAL

The Veterans Memorial was dedicated on September 20, 2014. Our Memorial is unlike many memorials in that it will continue to grow each year as memorial bricks are purchased and placed in the Memorial Plaza. The Community Park District of La Grange Park's Veterans Memorial was built to honor ALL active duty and military veterans whether they served in times of conflict or times of peace. We feel that it is important to recognize all our men and women who have served or are now serving because they never knew what tomorrow would bring as they protected America. There is no better way to honor your favorite active duty or military veteran than by placing a brick in his or her honor in our Plaza.

Memorial bricks can be purchased by submitting an order form found on page 42. You can also visit our website and download the form. If you have any questions you can call the park district office at 708-354-4580 and speak with Amanda Kennedy.

In response to community requests, donors who have purchased a memorial brick for the plaza will have the opportunity to buy a replica brick that can be given as a gift or kept for their own special memorial. Special prices for replica bricks are as follows: 4x8 Bricks are \$60.00 and 8x8 Bricks are \$75.00. Brick orders are placed twice during the year, with January 31st and June 30th as deadlines for all orders. A replica brick order form can be found on our website.

The Community Park District, in conjunction with longtime resident Jack Ryder are compiling a list of names for all La Grange Park residents who were killed (KIA) during any of our Wars, so that we may properly honor them at the Veteran's Memorial. We want to make sure that EVERY La Grange Park resident who made the ultimate sacrifice for our country is honored with a brick. If you know of anyone who fits this criteria, please email Amanda Kennedy at: akennedy@communityparkdistrict.org or call the Park District office at 708-354-4580.





VETERANS MEMORIAL FUND DONATION AND BRICK ORDER FORM

Donor's Name: _____ Phone # _____

Address: _____

Email Address: _____

Donation Amount (Check One) \$100 \$200 \$500 Other

Paid by (Check One) Check # _____ Visa Master Card

Check Payable To: Community Park District

(For security, we will phone you for credit card info.)

Any donation over \$500 will have On Site Recognition & Two 8x8 Bricks

\$ 200 One 8" x 8" or Two 4" x 8" Bricks
\$ 100 One 4" x 8" Brick

Any donation is greatly appreciated. Donations of \$100 or more are invited to order an engraved paver brick(s) to honor the contributions of a family member or friend. All inscriptions are in capital letters and centered for uniformity and readability. **Please use the correct grid below to provide your engraving instructions.**

Please use this form if ordering a 4"x8" brick

Please use this form if ordering an 8"x8" brick

NEW: Replica Brick(s) A Replica Brick may be added to your order. A 4x8 Brick will be \$60.00 and an 8x8 Brick will be \$75.00 You can also make arrangements to have your brick shipped to an alternate address. See Park District Staff for additional shipping and handling charges.

Replica Amount: _____ Shipping & Handling _____

PLEASE RETURN TO:
Community Park District of La Grange Park
Veterans Memorial Brick Order
1501 Barnsdale Road
La Grange Park, IL 60526
or: Fax: 708-354-4577
or: akennedy@communityparkdistrict.org



Registration Form Winter/Spring 2019

Insert this form, along with your check or money order payable to the Community Park District and drop off or mail to the Community Park District, 1501 Barnsdale Road, LaGrange Park, IL 60526. To pay by cash or credit card, visit the front desk during normal business hours. Credit cards are also accepted for most programs through on-line registration at www.communityparkdistrict.org.

PRIMARY CONTACT	EMAIL ADDRESS		
ADDRESS	CITY		ZIP
1ST NUMBER TO CALL	CIRCLE: <input type="radio"/> CELL <input type="radio"/> HOME <input type="radio"/> WORK	2ND NUMBER TO CALL	CIRCLE: <input type="radio"/> CELL <input type="radio"/> HOME <input type="radio"/> WORK
3RD NUMBER TO CALL	CIRCLE: <input type="radio"/> CELL <input type="radio"/> HOME <input type="radio"/> WORK	WOULD YOU LIKE TO RECEIVE TEXT ALERTS? <input type="radio"/> YES <input type="radio"/> NO IF YES, WHO IS YOUR CARRIER?	

Community Park District desires to meet the leisure needs of all our residents. We will do our best to accommodate requests.

1. Do you or a family member require special assistance? Yes No If Yes, please contact the office at 708-354-4580.
2. Are there any allergies the CPD needs to be aware of that would affect participation in class? Yes No
If Yes, please state allergies in writing and attach to the registration form.

PARTICIPANTS NAME	SEX	DATE OF BIRTH	AGE	PROGRAM NAME	SESSION (IF APPLICABLE)	FEES

PHOTO INFORMATION

On occasion, the park district staff or local newspaper photographers may take pictures of participants in our programs, classes or events. Please be aware that these pictures are only for Park District use, most likely in future catalogues, brochures, pamphlets, flyers, or for publication in a local newspaper including Facebook.

IMPORTANT INFORMATION

The Community Park District is committed to conducting its recreation program and activities in a safe manner and holds the safety of participants in high regard. The Community Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program.

Understandably, not all hazards and dangers can be foreseen.

Depending on the particular activity, participant must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to outdoor and indoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Community Park District to guarantee absolute safety.

Total Due _____

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the risk of any and all injuries, damages or loss regardless of severity, that my child/ward or I sustain as a result of said participation. I further agree to waive and relinquish all claims I or my child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Community Park District, including its officials, agents, volunteers, and the employees (herein collectively referred as Community Park District of LaGrange Park).

I do hereby fully release and forever discharge the Community Park District from any and all claims for injuries, damages, or loss that minor child/ward or I may have or which may accrue to my child/ward or me and arising out of or connected with, or in any way associated with this program/activity. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims.

Signature _____

(If under 18 years of age, this form must be signed by a parent or guardian)

Date _____

Receipt # (For office use) _____



discover abilities
achieve potential
realize dreams

SEASPAR (the South East Association for Special Parks And Recreation) provides recreational programs and services for individuals with disabilities served by the Community Park District of La Grange Park and eleven other communities.

Sports • Trips • Social Programs • Special Events • And More!

Special Olympics Athlete Training

Did you know that SEASPAR trains athletes for Special Olympics? Our dedicated coaches teach fundamentals, teamwork, and sportsmanship, and our ultimate goal is for our athletes to achieve their personal best! SEASPAR offers training in 16 individual and team sports, and athletes participate in local and state Special Olympics events and other competitions.



We're starting to build our SEASPAR Spartans Softball teams for the spring/summer season, so we're looking for residents ages 16 and older who qualify for Special Olympics to join us!

The season runs from May through July. Weekly practices and home games take place in Lemont. Transportation is provided for away games. No experience is required – just a love for being part of a team and the spirit of competition! Call us at 630.960.7600 for more information.

Programs for Children

SEASPAR offers weekly programs to keep kids active and engaged outside of school. Just a few of our selections are listed below – check out our program guide for all of this season's offerings!

Gymnastics • Holistic Riding Equestrian Therapy • Right Fit (Fitness Activities)
Teen Excursion • Wonders Multi-Sensory Room Programs

Look for our winter/spring program guide in December!

The South East Association for Special Parks And Recreation provides dynamic recreation programs and quality services for individuals with disabilities served by the park districts of Clarendon Hills, Darien, Downers Grove, La Grange, La Grange Park, Lemont, Lisle, Westmont, and Woodridge, and the villages of Brookfield, Indian Head Park, and Western Springs.

4500 Belmont Road
Downers Grove, IL 60515

630.960.7600

630.960.7605 TDD

Discover Us!

SEASPAR.org





PRST STD
US POSTAGE PAID
LAGRANGE PARK, IL
PERMIT NO 217

1501 Barnsdale Road
LaGrange Park, IL 60526



First National Bank of Brookfield

9136 Washington Avenue, Brookfield, Illinois (708) 485-2770

\$AVE IT

or

\$PEND IT

WE'RE BACK! ...as the local leader
in CD Pricing!

Your Friendly Hometown Community Bank
will once again be leading the market in
CD pricing. Please call or stop in to speak with
one of our friendly personal bankers for
current rates and terms.

Renovate...



Educate...

Consolidate...



Just don't hesitate...
Open a FNBB HELOC
today!



www.FNBB.com

