

## MEMBER INFORMATION

Name:	Date of Birth: _		<del></del>
Home Address:	City:	State: Zip	o code:
Email:	Phone number	:	
ADDITIONAL MEMBERS			
Name:	Date of Birth:		
Name:	Date of Birth:		
Name:	Date of Birth:		
EMERGENCY INFORMATION			
Name/Relationship		Phone #:	
Name/Relationship		Phone #:	
I hereby authorize the Community Park Distance account on	trict of La Grange Park to w or around the 1 <sup>st</sup> of every m		from the stated
Credit Card or Checking Account Number:O			
at the end of my 1-year commitment. If you we time, though it is preferred in writing 30 days understand that declined payments for any it calendar year will result in my requirement to	s before your desired end of reason will result in a \$15 fe	the automatic moe and two (2) declir	nthly renewal. I also
using the facility of	registering for any park dis	•	• •
using the facility of X	registering for any park dis	trict program.	nbership in full before
	registering for any park dis	trict program.	nbership in full before
x	registering for any park dis  X.  Date	trict program.	nbership in full before
XAuthorized Signature (18 yrs or older)	x registering for any park dis  X.  Date  N (Office use only)	trict program.	nbership in full before
Authorized Signature (18 yrs or older)  MEMBERSHIP INFORMATION  Member ID: Member	x registering for any park dis  X.  Date  N (Office use only)	trict program.	nbership in full before
Authorized Signature (18 yrs or older)  MEMBERSHIP INFORMATION  Member ID: Member	XXDate  N (Office use only)  rship Type:	trict program.	nbership in full before
Authorized Signature (18 yrs or older)  MEMBERSHIP INFORMATION  Member ID: Member  Join Date: End Date:	registering for any park dis  X  Date  N (Office use only)  rship Type:	trict program.	nbership in full before
Authorized Signature (18 yrs or older)  MEMBERSHIP INFORMATION  Member ID: Member  Join Date: End Date:  MONTHLY AUTO WITHDRAWL: YES or NO	x registering for any park dis  X  Date  N (Office use only)  rship Type:	trict program.	nbership in full before

## Warning of Risk

Aerobic and other fitness activities such as passive/resistive weight training, use of stair machines, jogging, free weights, and other training devices are intended to challenge and engage the physical, mental and emotional resources of the participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries due to overexertion, improper technique, ignoring safety precautions, failing to follow instructions, slips and falls, unfamiliarity with the equipment and/or exercise, equipment failure, failure in supervision/instruction, premises defects and other risks inherent to the particular activity exist. In this regard, it is impossible for the Community Park District of La Grange Park to guarantee absolute safety.

Depending on a person's physical condition, age and/or skill level, aerobics and fitness activities can involve a substantial risk of the following types of injuries. This list is by no means complete, but includes some of the more common ones:

Heart attack, stroke and circulatory problems.	Shin splints.
Bone and joint injuries.	Muscle strain and other muscle injuries.
Back and neck injury.	Foot problems.

## Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Community Park District of La Grange Park, including its officials, agents, volunteers and employees.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Participants Name (print):
Date:
Participants Signature: