

# senior Newsletter

## Free Concert Series

We're keeping the good times going with MORE concerts in August at the Memorial Park Amphitheater:

- El Rando Band – Wednesday, August 13 | 7:00–8:30 PM
- The Wild Daisies – Monday, August 18 | 6:30–8:00 PM
- Sounds of Summer September 7, from 4:30–6:00. (Free concert featuring Chicago's City Lights Orchestra.)

## Movie Matinee Lunches

Matinee Movie Club invites you to join us for these monthly events. Whether this is your 1st time with us or your 10th, we are happy to have you join us. Seating begins at 11:30am at the Recreation Center at 1501 Barnsdale Road. This is approximately a 2-hour event. Pre-registration is required to attend; **call 708-354-4580** to be added to our list.

***Please make sure you register in advance to help us ensure this program runs.***



**Wednesday, September 17th, 12:00pm (Register by 9/12)**

**Movie:** The Last Rifleman

**Food:** Alpine Subs

**\$10/person**



## Let's Go Places

**Tuesday, September 9, 11:00–1:15**

We have a bus and we're ready to enjoy some outings! First up, we will be visiting **Freddy's Pizza**. Transportation is included in the cost of the trip; **\$15/Resident/ \$20/Nonresident** and includes bus pickup at the Recreation Center.. Please bring cash to cover meals and personal purchases. **Register by calling 708-354-4580 by 9/5.**

## Every Thursday - Pinochle Club!

Join fellow card players in this fun and FREE program. Runs every Thursday from 12:00–2:00 at the Recreation Center. This is a drop-in event; no need to register.



## Bada Bingo Bites

**Monday, September 8<sup>th</sup>, 12:00-2:00**

Get ready for an afternoon of fun, food and fantastic company! Enjoy a lively game of bingo, complete with prizes, laughter and good cheer. Plus, we'll be serving up delicious bites to keep the energy high and the conversation flowing. Additional bingo cards available to purchase. **Register by calling 708-354-4580 before 9/1. Cost is \$15/Resident, \$20/Nonresident.**

---

## Salt Creek Trekkers

Step into nature, embrace adventure and rediscover the joy of the great outdoors! Our hiking group is designed for seniors who love fresh air, scenic trails and good company. Whether you're a seasoned hiker or just starting out, we tailor our hikes to different ability levels. **Register by calling 708-354-4580. Cost is \$5/Resident, \$10 Nonresident and includes bus pickup at the Recreation Center.**

**Friday, 9/5 9:30-12:00**

**Friday, 9/19 9:30-12:00**

**Friday, 9/12 9:30-12:00**

**Friday, 9/26 9:30-12:00**

---

## Soda Pop Social - Grandparents Day

**Friday, August 29, 5:30-7:00pm**

Step back in time and celebrate the special bond between generations! Join us for a "back in the day" themed evening filled with retro fun, light dinner, and activities designed for grandparents and their grandchildren to enjoy together. Play classic games like Bingo, try your luck at "fishing", get crafty at the creation station, and make memories that last. Everyone attending MUST register. **Call 708-354-4580. Cost is \$40 Resident/\$50 Nonresident for adult and child. Each additional person is \$10/\$15.**

---

## Community Park Fitness is Now Open!

The Community Park District has officially resumed operations of the fitness center located at 1100 East 31st Street in La Grange Park. We're thrilled to offer a welcoming space focused on health and wellness for all. Our team is currently working to set up insurance-based memberships, including Silver Sneakers. Stop by or give us a call to learn more—we'd love to help you get started on your fitness journey with us at Community Park Fitness! **708-354-3580**

**Community starts at the Park District.**