



Polsinelli Announces Release of 1st Quarter 2016 Polsinelli | TrBk Distress Indices

Indices Suggest Distress Increasing in US Economy

NEW YORK, NY (May 31, 2016) Polsinelli announced the release of the Polsinelli I TrBk Distress Indices for the First Quarter of 2016. The indices, unique in the industry and proprietary to Polsinelli, are published on a quarterly basis in conjunction with bankruptcy information provider TrollerBK.com. The Distress Indices are currently available at <https://www.distressindex.com>.

The **Chapter 11 Distress Research Index** was 44.98 for the first quarter of 2016. The index has increased in four out of the last five quarters, and is up by 2.5 points compared to one year ago, or approximately 5.5%.

The **Real Estate Distress Research Index** was 25.82 for the first quarter of 2016. The index increased by approximately 1 point since the last quarter, and is within 1 point of its position compared to one year ago. This is only the second time in its history that the index has increased, and both upward movements have been in the last year.

The **Healthcare Services Distress Research Index** was 151.67 for the first quarter of 2016. This is the highest the index has ever reached, and is a 30 point increase since the last quarter.

For the first time since 2010, all three of the Indices have increased in the same period. The Indices continue to suggest, as proxies for the U.S. market, that business distress among mid-market and bulge bracket companies is climbing in the U.S. for the first time since the Great Recession in 2008-09.

The Polsinelli I TrBk Distress Indices are research indices that use

Chapter 11 bankruptcy filing data as a proxy for measuring financial distress in the overall U.S. economy, the real estate sector, and the healthcare services sector. The indices are likely to be contrarian indicators of economic performance, so that a high index value reflects increasing financial distress in the economy. The indices track the increase or decrease in comparative Chapter 11 filings for prior quarters and years, based on a rolling four-quarter average.

A copy of the Q1 2016 can be found [here](#)

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About Polsinelli

Polsinelli is an Am Law 100 firm with 800 attorneys in 20 offices, serving corporations, institutions, entrepreneurs and individuals nationally. Polsinelli is ranked as the Number 1 law firm in Healthcare by U.S. News & World Report, Modern Healthcare, and the American Health Lawyers Association. Ranked in the top five percent of law firms for client service and top five percent of firms for innovating new and valuable services*, the firm has risen more than 100 spots in Am Law's annual firm ranking over the past six years. Polsinelli attorneys provide practical legal counsel infused with business insight, and focus on health care, financial services, real estate, life sciences and technology, and business litigation. Polsinelli attorneys have depth of experience in 100 service areas and 70 industries. The firm can be found online at www.polsinelli.com. Polsinelli PC. In California, Polsinelli LLP. *BTI Client Service A-Team 2015 and BTI Brand Elite 2015