

.....
MODULE THREE Lesson Two
.....

DISCOVERING YOUR POWERS & BLIND SPOTS

Discover Your Strengths, Powers and Talents



WHAT YOU WILL LEARN AND DO

- ▶ Use an easy read and reveal 5 step process worksheet to know your primary and secondary powers along with their blind spots.
- ▶ Review the power blind spots to develop an a plan to reclaim your powers.
- ▶ Do a meditation to Reclaim Your Powers

PRIMARY PASSION POWER DRIVES :

- ▶ Maybe you feel compelled to Change, Reform and have a desire to have everything be right and perfect. -1
- ▶ Do you desire to Help others and desire to have them validate you are loved? -2
- ▶ Maybe you're an Achiever and desire to have others approve of you. -3

PRIMARY PASSION POWER DRIVES(CONT.):

- ▶ Are you compelled to Create unique things and feel special? -4
- ▶ Maybe you can't help yourself and need to Research and think clearly before taking action. -5
- ▶ Do you try to make life safe and secure and express your loyalty to others by exposing the worst of what could go wrong? -6

PRIMARY PASSION POWER DRIVES(CONT.):

- ▶ Maybe you are driven to Adventure and fun and feel a need to be free of or avoid pain. -7
- ▶ Some of you may feel a need to Lead and be in charge, and be the person others can rely on. -8
- ▶ Are you a Peacemaker and a desire to heal, comfort and build community? -9

YOUR SECONDARY PASSION POWER DRIVE

- ▶ You also have a secondary power which is less intense. It is either directly after or before the primary power drive. Think of the 9 power drive numbers going in a circle from 1 to 9.
- ▶ If you have a Reform (1) primary, you will have either the next one, Helper (2) or prior one Peacemaker (9), as your secondary power drive
- ▶ If you have a Peacemaker (9) primary, you have either the next one, the Reform (1) or the prior one Lead (8) as your secondary power drive

POWER DRIVE BLIND SPOTS:

- ▶ Your passions compel you to act either in the direction of your power or giving away your power
- ▶ Your blind spots contain a core belief your ego comparative mind gives you each time you have the opportunity to express your power
- ▶ Understanding and changing these core beliefs of your blind spots can give you the core freedom you desire to live a fulfilled life



LESSON TWO Discover Your Powers & Blind Spots



STEP 1 DISCOVERING YOUR POWERS & BLIND SPOTS

READ & REVIEW LIST OF POWER PASSION DRIVES AND DESCRIPTIONS

Discover Your Strengths, Powers and Talents



STEP 2 DISCOVERING YOUR POWERS & BLIND SPOTS

NOW DISCOVER YOUR SECONDARY DRIVE

Discover Your Strengths, Powers and Talents



STEP 3 DISCOVERING YOUR POWERS & BLIND SPOTS

RECORD YOUR POWERS

Discover Your Strengths, Powers and Talents



STEP 4 DISCOVERING YOUR POWERS & BLIND SPOTS

REVIEW AND RECORD YOUR BLIND SPOTS

Discover Your Strengths, Powers and Talents



STEP 5 DISCOVERING YOUR POWERS & BLIND SPOTS

DEVELOPE AND RECORD AN ACTION PLAN TO TAKE YOUR POWER BACK

Discover Your Strengths, Powers and Talents

IMPORTANT POINTS:

- ▶ Don't forget to also download the bonus tip sheet - muscle test your power beliefs

and

- ▶ Reach deep theta by using ear listening devices.

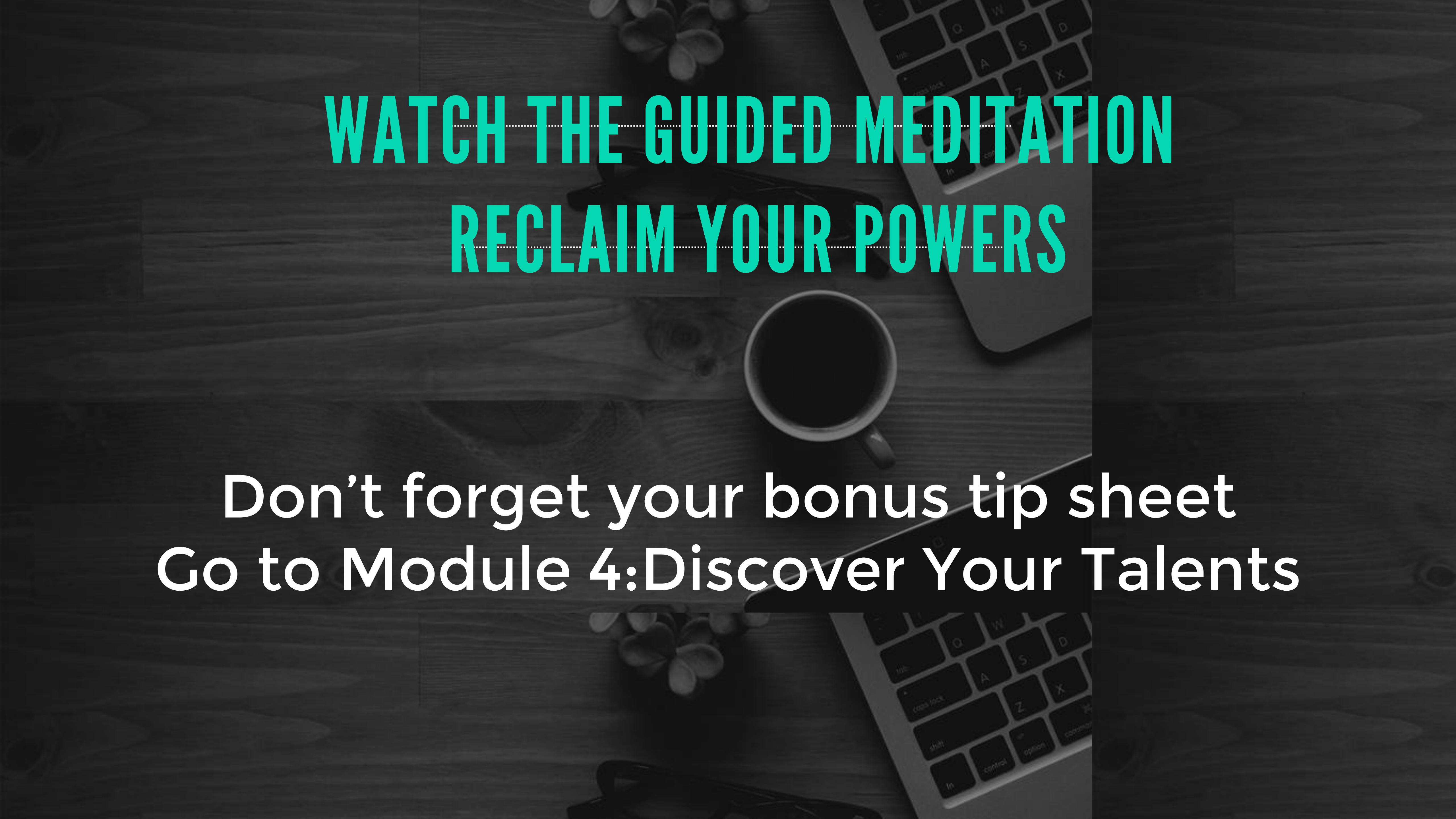
Discover Your Strengths, Powers and Talents



NOW

DOWNLOAD YOUR WORKSHEET AND COMPLETE IT

Discover Your Strengths, Powers and Talents



WATCH THE GUIDED MEDITATION RECLAIM YOUR POWERS

Don't forget your bonus tip sheet
Go to Module 4: Discover Your Talents