



WITH GOD THROUGH PRAYER

"To be a Christian without prayer is no more possible than to be alive without breathing." – Martin Luther King Jr.

SCRIPTURE REFERENCES

Romans 12:2

"Be joyful in hope, patient in affliction, faithful in prayer."

Ephesians 6:18

"And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people."

James 4:3

"When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures."

James 5:16

"Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."

1 Thessalonians 5:16-18

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."



According to a Facebook press release, there are more than 500 million active users today on Facebook. Fifty percent of those log onto Facebook in any given day. The average user has 130 friends. People spend over 700 billion minutes per month on Facebook!

Twitter, a social networking and microblogging service, allows you to answer the question, "What are you doing?" and has also become a widely used social media tool. New statistics released by Twitter reveal that users now send out more than 50 million tweets per day. That means every second, 600 tweets fly through Twitter's network!



Given these statistics, it is evident that people are consumed by either informing people about what they are doing or trying to find out what it is that other people are doing in their day-to-day lives. They are consistently communicating the latest in their lives—latest events, feelings, thoughts, experiences, etc. So one has to ask, are you as excited to talk to God as you would be to post the latest on your status or tweet? Do you get excited to share the events, thoughts, and experiences with Him?

Your personal relationship with God can't be seen or touched by anyone else. It can't be posted online. It is a DIRECT RESULT of PRAYER.

WHAT IS PRAYER?

Prayer is keeping the communication lines open with God. *"Prayer is a relationship, wherein we humbly communicate, worship, and sincerely seek God's face, knowing that He hears us, loves us and will respond, though not always in a manner we may expect or desire. Prayer can encompass confession, praise, adoration, supplication, intercession and more."*
 – R. Velarde

WHY SHOULD YOU PRAY?

Jesus was constantly in prayer. Likewise, you too, need alone time with Him. Communicating with God actively demonstrates your desire for His presence in your life and your faith in His existence. He already knows the desires of your heart but wants you to make that effort to **COMMUNICATE** with Him.

*Prayer keeps you open to what God has for you. It allows him to **MOLD** you, **TEACH** you, and **GUIDE** you.*

HOW DO YOU PRAY?

There is no right or wrong way to pray; you are simply talking to Him. Talking to God is like talking to your best friend. You can express to Him your thoughts, desires, problems, and hurts, as well as give Him your thanks and praises.

Just as you would share your every-day events, thoughts, and experiences with your friends on Facebook or followers on Twitter, God wants to be the **FIRST** you share those experiences and thoughts with. He is your best friend and most interested follower when it comes to your life. He too wants to know what is going on. Although God is all-knowing, He wants you to **invite** Him to share in your glory and pain as well as your excitement and frustration.

F-A-C-T-S OF PRAYER

HANK HANEGRAAF

FAITH: For prayer to be meaningful, it must be founded on biblical faith.

ADORATION: Faith naturally leads to adoration that expresses our love and longing for God. Adoration in turn leads to praise and worship.

CONFESSION: Is acknowledging that we stand guilty before God. There is no place for self-righteousness. We develop intimacy with the Lord through prayer when we confess our need for His pardon.

THANKSGIVING: Nothing is more basic to prayer than to "enter his gates with thanksgiving" (Ps. 100:4). Giving thanks is a function of faith, not feelings. It flows from the assurance that our heavenly Father knows and provides exactly what we need.

SUPPLICATION: God desires His children to bring their requests with praise and thanksgiving. Despite His provision, the purpose of prayer is not to pressure God into providing us with pleasures, but to conform us to His will.







WHY AREN'T PRAYERS ANSWERED?

You may be wondering why all of your prayers aren't being answered (or haven't been answered yet). Waiting on God's timing is not always easy. However, even when it seems that nothing is happening, take comfort in knowing that something is happening. From your perspective you see unanswered prayer, but God knows how He's working in your life. He's preparing you to receive what's best, even if you've prayed for something else. God can see the bigger picture and knows ultimately what will be best for you.

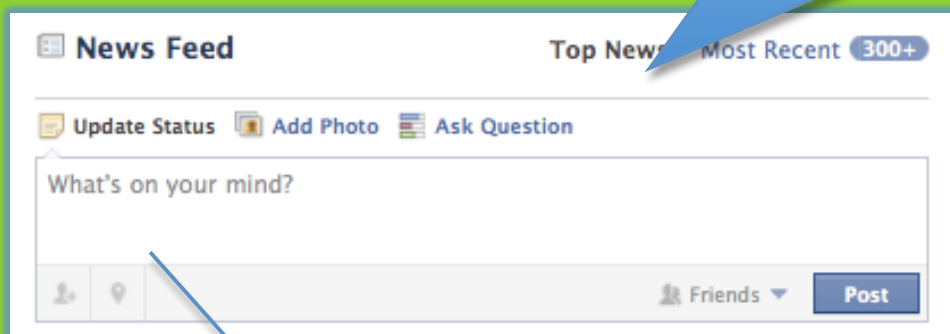
You need to **abide** in Christ. Remain in Him and allow His words to remain in you. Prayer will develop your relationship with Him. God listens to your prayers as you **FOCUS** your heart and mind on communicating with Him.

The more you seek time with God, the more you will see His power working through your life. It is a lifetime process that gets richer with each passing year.

ADDITIONAL RESOURCES

-  [Prayer as Breathing](#)
Mike DeVries
-  [F-A-C-T-S on Prayer](#)
Hank Hanegraaff
-  [Boiling Point Prayer](#)
Creflo Dollar
-  [Prayer and the Difference it Makes](#)
Robert Velarde
-  [What if His People Prayed?](#)
Casting Crowns
-  [Let Us Pray](#)
Steven Curtis Chapman

If you are like one of those people who are spending 700 billion minutes per month on Facebook... Then how much of your time are you spending in prayer with God?



God is waiting to hear your latest news! Invite Him to share in your glory and pain, your excitements and frustrations.