A retired kindergarten teacher, Carol Culberson Dalton, Alpha Sigma-UCLA, spends some of her “happiest days” volunteering at the Foundation for Blind Children in her hometown of Phoenix. She helps the kids with their morning routine, putting away their lunches, getting ready for the day.

When she read about an opportunity to volunteer at a summer camp through the Foundation-funded Fraternity program Hope Serving, she thought it was “right up her alley,” took a chance and applied. Carol, 72, traveled to Oklahoma with six collegians and three younger alumnae. There, she met and connected with another volunteer, a 62-year-old woman who has been blind since birth.

“We went down water slides together, she jumped on trampolines for the first time in her life, she went kayaking for the first time in her life … talk about someone who is inspiring.”

Carol encourages anybody of any age to volunteer because it is rewarding.

“I get more out of it than I give.”